

Amman Valley Open Meet 2017

**Combined Level 2 and Junior Development Level 3 Meet
License Nos: 2WL170775 & 3WL170776**

Swum under the following rules and conditions:
FINA Technical Rules, Swim Wales Laws,
Amman Valley Open Meet Conditions.

SUNDAY, 7th May 2017

at

Carmarthen Leisure Centre

**CLOSING DATE:
WEDNESDAY, 12th April 2017**

EVENT INFORMATION AND ENTRY FORMS

Please note that each Level 2 event in this competition has a qualifying time and a consideration time. Those who meet the qualifying time will be guaranteed an entry. Where possible, the faster times within the consideration range may also be accepted. Swimmers who meet the consideration time, but due to lack of space are not accepted, will have their entry fees refunded.

Also, please note that each Junior Development Level 3 event has an UPPER cut off time. Submitted entry times for this section must be SLOWER than the upper cut off times. A swimmer who has already achieved a time FASTER than or EQUAL TO the cut off time for a particular event is not eligible to swim in that event.

Amman Valley Swimming Club

Combined Level 2 and Junior Development Level 3 Open Meet 2017

(Meet License Nos.: 2WL170775 & 3WL170776)

SUNDAY 7th May, 2017 at CARMARTHEN Leisure Centre

1. The meet will be swum under the following rules and conditions:

FINA Technical Rules, Swim Wales Laws, Amman Valley Open Meet Conditions.

2. All entrants must be members of an Affiliated Club

3. **PLEASE USE A SEPARATE ENTRY FORM FOR EACH SWIMMER, AND GROUP ENTRY FORMS INTO MALE AND FEMALE BEFORE SUBMITTING.**

4. ***Electronic entries from the Hy-Tek Team Manager software would be most welcome. The events file for input into TM is available upon request or may be downloaded from the West Wales Swimming web site at:***

www.westwalesswim.org.uk

Copies of Hy-Tek Team Manager Lite can also be provided if required.

5. Please note that entries will be refused if: -

- they are received without the relevant fee
- they are completed incorrectly (Membership number must be included)
- they are received after the closing date of Wednesday, 12th April 2017.

6. Age groups for boys:

Level 2 events: 10/11, 12/13, 14/15, 16/OV.

Level 3 events: 9, 10, 11, 12.

Age groups for girls:

Level 2 events: 10/11, 12/13, 14/15, 16/OV.

Level 3 events: 9, 10, 11, 12.

7. All events will be Heat Declared Winner.

8. Please note that each Level 2 event in this competition has a qualifying time and a consideration time. Entry times faster than or equal to the QT will be guaranteed an entry. Entry times falling between the QT and CT will be included provided the meet is not oversubscribed, with the faster times being given priority.

Also, please note that each Junior Development Level 3 event has an UPPER cut off time. Submitted entry times for this section must be SLOWER than the upper cut off times. A swimmer who has already achieved a time FASTER than or EQUAL TO the cut off time for a particular event is not eligible to swim in that event.

The Amman Valley Open Meet Management Committee reserves the right to return entries. Should this situation arise, refunds will be available on the day of the meet in the form of a single cheque payable to each club.

9. No swimmers may enter events "Out of Age".

10. Enter event numbers and latest times (converted to a short course pool) in the appropriate boxes on the correct entry form. NB For the Level 3 events an entry time of 'NT' will be accepted.

11. All entries to be accompanied by the correct fee (**£4.50** per event), a payment summary sheet and completed coach/chaperone accreditation forms where appropriate. Cheques should be made payable to "Amman Valley Swimming club".
12. Closing date for entries: **Wednesday, 12th April 2017.**
13. Poolside passes – Coaches, chaperones, team managers, etc. will only be admitted to the poolside with a special pass ordered beforehand - £10.00 per person, to include access to the poolside and programmes for each session. Passes may be collected on the morning of the meet and will be in the form of a badge that must be worn at all times. Please note that Coaches/Managers without a pass will not be allowed onto the poolside.

All Coaches and Chaperones who will be on the poolside at any time during the competition, must have individual accreditation obtained by completing the official form enclosed in this Information Pack. Completed forms must be accompanied by a passport size photograph.

Poolside passes will be transferrable between coaches and chaperones *from the same club* who have completed an official accreditation form.

Accredited coaches and chaperones *from the same club* may use purchased poolside passes 'on rota', although the number of coaches and/or chaperones on poolside at any one time must not exceed the number of passes that have been paid for.

Passes will need to be worn at all times. Anyone without a pass will be asked to leave poolside/changing area.

The closing date for passes will be the same as the closing date for entries. Applications will not be accepted on the day.

14. Team managers must ensure that swimmers are available to the marshals two heats before their swim.
15. Awards to the first three in all events.
16. Award to the overall best visiting club.
17. All swimmers must be amateurs as defined by Swim Wales law.
18. Ages as at the day of the meet. i.e 7th May 2017.
19. Clubs will be sent confirmation of the entries entered into the computer.
20. Programmes for the meet will be printed in advance showing the heat & lane allocation of each swimmer for each event. When a swimmer fails to show in the marshalling area prior to the start of the race then that lane will be left empty. No substitute swimmers will be allowed.
21. The first session will have Warm up at 8.00am for a 9.00am start. Warm up and start times for sessions 2 & 3 will be confirmed when all entries have been received and processed. Details will be returned with the confirmation of entries.
22. Mobile phones must not be used in the building at all.

Health and Safety

All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times.

It is the responsibility of the swimmer and/or parent/guardian to declare to the referee any disability or medical condition that could present a health or safety risk.

If such a disability or medical condition exists, swimmers must produce a medical note confirming that their participation presents no health or safety problems.

All swimmers, officials, volunteers, spectators, and visitors are required, at all times, to abide by the rules set out in the Pool Operating Procedures and / or the Normal Operating Procedures & Emergency Action Plan for the facility hired for the meet.

Unacceptable Behaviour

Behaviour becomes “unacceptable” when it is considered “Offensive” to others; this includes, but is not limited to, the following:

Theft, wilful damage to property and / or equipment, acts of vandalism, abuse of alcohol and / or drugs, bullying, offensive language, aggressive / violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions / directions, actions that bring the sport of swimming into disrepute.

Competitive Start Award

Swimmers must have attained the standard of the Competitive Start Award in order to start from the blocks; (this is the responsibility of the club coach).

Swimmers who have not attained the standard of the Competitive Start Award must lower themselves over the side into the water, on the long whistle of the Referee before starting at an appropriate place.

Jewellery

“For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands).

Neither Swim Wales nor Amman Valley will not be responsible for any jewellery brought to the meet and will not be liable if such jewellery is lost or damaged.”

Video and Photography.

Please see attached appendix - Swim Wales Photography Policy.

23. All correspondence to:

Rob Williams, 12 Park Terrace, Pontarddulais, Swansea. SA4 8HS.
Email: robwilliams1145@gmail.com

Amman Valley Open Meet 2017

SUNDAY, 7th May 2017 at CARMARTHEN Leisure Centre

Programme of Events – All Events HDW.

Session 1 – Warm 8.00am, Start 9.00am				
Event No	B/G	Age Groups	Dist.	Stroke
Level 2				
1	Boys	10/11, 12/13, 14/15, 16/Ov	100	Backstroke
2	Girls	10/11, 12/13, 14/15, 16/Ov	100	Backstroke
3	Boys	10/11, 12/13, 14/15, 16/Ov	100	Breaststroke
4	Girls	10/11, 12/13, 14/15, 16/Ov	100	Breaststroke
Level 3				
5	Boys	9, 10	50	Butterfly
6	Girls	9, 10	50	Butterfly
7	Boys	11, 12	100	I.M.
8	Girls	11, 12	100	I.M.
9	Boys	9, 10	50	Freestyle
10	Girls	9, 10	50	Freestyle
Level 2				
11	Boys	10/11, 12/13, 14/15, 16/Ov	400	I.M.

Session 2 – Warm up TBA, Start TBA				
Event No	B/G	Age Groups	Dist.	Stroke
Level 2				
12	Boys	10/11, 12/13, 14/15, 16/Ov	100	Freestyle
13	Girls	10/11, 12/13, 14/15, 16/Ov	100	Freestyle
14	Boys	10/11, 12/13, 14/15, 16/Ov	100	Butterfly
15	Girls	10/11, 12/13, 14/15, 16/Ov	100	Butterfly
Level 3				
16	Boys	11, 12	50	Backstroke
17	Girls	11,12	50	Backstroke
18	Boys	9, 10	100	I.M.
19	Girls	9, 10	100	I.M.
20	Boys	11, 12	50	Breaststroke
21	Girls	11, 12	50	Breaststroke
Level 2				
22	Girls	10/11, 12/13, 14/15, 16/Ov	400	I.M.

Session 3 – Warm up TBA, Start TBA				
Event No	B/G	Age Groups	Dist.	Stroke
Level 2				
23	Boys	10/11, 12/13, 14/15, 16/Ov	200	I.M.
24	Girls	10/11, 12/13, 14/15, 16/Ov	200	I.M.
Level 3				
25	Boys	9, 10	50	Backstroke
26	Girls	9, 10	50	Backstroke
27	Boys	11, 12	50	Butterfly
28	Girls	11, 12	50	Butterfly
29	Boys	9, 10	50	Breaststroke
30	Girls	9, 10	50	Breaststroke
31	Boys	11, 12	50	Freestyle
32	Girls	11, 12	50	Freestyle

Warm up and start times for Sessions 2 & 3 will be confirmed when all entries have been received and processed. Details will be returned with the confirmation of entries.

Amman Valley Open Meet 2017 – Level 2 Events

Short Course Qualifying & Consideration Times

	GIRLS					BOYS				
	10/11	12/13	14/15	16/OV		10/12	13/14	15/16	17/OV	
QT	1.18.70	1.11.50	1.08.30	1.06.90	100m Freestyle	1.13.20	1.05.40	1.01.20	1.00.10	QT
CT	1.45.82	1.37.54	1.24.56	1.17.54		1.45.26	1.21.81	1.14.32	1.11.74	CT
QT	1.40.20	1.29.80	1.25.10	1.23.10	100m Breaststroke	1.33.80	1.22.70	1.16.60	1.15.10	QT
CT	2.19.42	1.58.28	1.43.98	1.40.87		2.10.50	1.47.31	1.35.48	1.33.50	CT
QT	1.28.00	1.19.00	1.15.10	1.13.30	100m Butterfly	1.22.00	1.12.30	1.07.30	1.05.60	QT
CT	1.56.74	1.46.06	1.36.35	1.28.60		1.55.64	1.42.70	1.30.86	1.19.40	CT
QT	1.28.10	1.19.0	1.15.30	1.14.00	100m Backstroke	1.22.50	1.13.00	1.07.80	1.06.30	QT
CT	1.57.34	1.45.85	1.30.44	1.28.47		1.53.76	1.37.54	1.26.78	1.21.88	CT
QT	3.11.40	2.53.80	2.45.50	2.42.00	200m Ind. Medley	3.00.50	2.40.70	2.30.30	2.27.30	QT
CT	3.43.86	3.34.99	3.21.86	3.10.77		3.36.75	3.22.48	3.01.84	2.45.30	CT
QT	6.43.60	6.03.90	5.47.30	5.40.60	400m Ind. Medley	6.20.90	5.40.60	5.18.10	5.12.20	QT
CT	8.15.00	7.15.00	6.55.00	6.45.00		8.08.00	6.57.00	6.28.00	6.18.00	CT

QT = Qualifying Time

CT = Consideration Time

Entry times faster than or equal to the QT will be guaranteed an entry. Entry times falling between the QT and CT will be included provided the meet is not oversubscribed, with the faster times being given priority. Entry times submitted as NT will not be accepted. The Amman Valley Open Meet Management Committee reserves the right to return entries

Amman Valley Open Meet 2017

Level 3 - Junior Development Events

Upper Cut Off Times

GIRLS					BOYS			
9 Years	10 Years	11 Years	12 Years		9 Years	10 Years	11 Years	12 Years
37.80	35.30	33.60	32.00	50m Freestyle	37.30	34.70	33.00	31.10
50.00	45.90	43.00	40.60	50m Breaststroke	49.10	45.50	42.80	40.20
42.90	39.00	36.90	35.00	50m Butterfly	42.30	38.90	36.50	34.60
43.60	40.20	38.10	36.20	50m Backstroke	43.30	40.10	37.90	36.00
1.36.90	1.27.00	1.23.80	1.19.70	100m Ind. Medley	1.35.60	1.28.30	1.23.80	1.19.10

Submitted entry times must be SLOWER than the upper cut off times shown above. A swimmer who has already achieved a time FASTER than or EQUAL TO the cut off time for a particular event is not eligible to swim in that event. Entry times of 'NT' are accepted.

Amman Valley Swimming Club - Open Meet 2017 (At CARMARTHEN Leisure Centre)

Entry Form

For all events in this meet, age groups will be as of 7th May 2017

Name: _____ Date of Birth: ___/___/___ Gender: Male Female

Swim Wales/ASA Registration No: _____ Club: _____ Contact Name: _____

Contact Telephone Number: _____ Contact Email Address: _____

Enter event numbers and latest times (converted to a short course pool) in the appropriate boxes below. Please note the qualifying and consideration times for the Level 2 events and the Upper Qualifying Times for the Level 3 events. See separate sheets.

	Backstroke		Breaststroke		Butterfly		Freestyle		Individual Medley	
	Event No	Time	Event No	Time	Event No	Time	Event No	Time	Event No	Time
50m (Jnr. Dev. Only)		(Jnr. Dev. Only)		(Jnr. Dev. Only)		(Jnr. Dev. Only)		(Jnr. Dev. Only)		
100m										(Jnr. Dev. Only)
200m										
400m										

Total number of entries on this sheet: x £4.50 = £

Entry fee: £4.50 per individual event. Cheques payable to "Amman Valley Swimming Club.". Please enclose a SAE for confirmation of entries.

Closing Date for Entries: Wednesday, 12th April 2017

Entries to: Rob Williams, 12 Park Terrace, Pontarddulais, Swansea. SA4 8HS. Email: robwilliams1145@gmail.com

**Amman Valley Swimming Club
Open Meet 2017
SUNDAY, 7th May 2017**

Affix passport style
photograph here.

COACH/CHAPERONE ACCREDITATION FORM

PLEASE COMPLETE THIS FORM IN BLOCK CAPITALS

FULL NAME: _____

CLUB: _____

POSITION (e.g. Club Coach) _____

ADDRESS: _____

POST CODE: _____

TEL. NO. _____

EMAIL: _____

SWIM WALES OR ASA REG. NO. _____

CRB NUMBER: _____

Please note only members registered with Swim Wales or the ASA and having a current CRB check are eligible for a coach/chaperone pass.

No passes will be available on the day and must be purchased beforehand.

There will be no access to the poolside without a coach/chaperone pass.

All completed forms to be returned to Rob Williams.

Closing Date: Wednesday, 12th April 2017

Amman Valley S.C. – Open Meet 2017

Payment Summary Sheet

Please complete the following Payment Summary Sheet and return with entries.

Club: _____

Contact Name _____

Telephone Number: _____

Email Address: _____

No Coach Passes X £10.00 = £

Total Individual Entries X £4.50 = £

Total Amount Enclosed: £

Please return with entries to:

Rob Williams,
12 Park Terrace,
Pontarddulais,
Swansea.
SA4 8HS

Email: robwilliams1145@gmail.com

Swim Wales Photography Guidance

SWIM WALES
WALES NATIONAL POOL SWANSEA
SKETTY LANE
SWANSEA
SA2 8QG



Swim Wales Photography Guidance

Following consultation and to ensure consistency across the ASA and Swim Wales events, Swim Wales have made the decision to adopt the same 'photography at events' guidelines as the ASA Wave Power.

This guidance applies to all images and videos taken on any type of camera or recording device (including mobile phones). It applies to all training sessions, activities and events run by a Swim Wales affiliated organisation. It should be acknowledged that although the majority of images taken are appropriate and in good faith, images can be misused and children can be put at risk if common sense procedures are not observed.

Aims

The Swim Wales Photography Guidance aims to help organisations avoid three potential sources of child abuse:

- The use, adaptation, sharing or copying of images for child abuse purposes, either electronically or in print.
- The possible identification of a child when an image is accompanied by significant personal information, which can lead to the child being 'groomed'.
- The identification and locating of children where there are safeguarding concerns; such cases would include, for example, children who could be compromised by an image because:
 - They have been removed from their family for their own safety.
 - There are restrictions on their contact with one parent following a parental separation.
 - They are a witness in criminal proceedings.

Recommended best practice

- The publishing of a photograph of a member under 18, either on a notice board or in a published article or video recording (including video streaming) of a competition ('Publication') should only be done with parental consent and in line with Swim Wales guidelines.
- A parent or guardian has a right to refuse to have their child photographed. The exercise of this right of refusal should not be used as grounds for refusing entry into a competition. Therefore, any photo that may go to press or on a notice board, be it through a member of the organisation or an official photographer, should receive parental consent before being published or displayed, preferably in writing. A suggested template allowing parents to indicate refusal of consent is provided on the ASA Wave power document p. 117.
- In the case of any event or competition where the host organisation has an official photographer, all parents of members who are attending should be made aware of this in the event details. If photos are to be published anywhere, each individual parent

Swim Wales Photography Guidance

SWIM WALES
WALES NATIONAL POOL SWANSEA
SKETTY LANE
SWANSEA
SA2 8QG



should be given the opportunity to withhold their consent. Their right to do so should be specifically drawn to their attention.

The Swim Wales guidelines state that all photographs for publication must observe generally accepted standards of decency, particularly:

- Action shots should be a celebration of the sporting activity and not a sexualised image in a sporting context. • Action shots should not be taken or retained where the photograph reveals a torn or displaced swimming costume.
- Poolside shots of children should be above the waist only in a swimming costume, though full length tracksuit shots are approved.
- Photographs should not be taken from behind the starting blocks or that show young participants climbing out of the pool.

Published photographs may identify the individual by name and organisation but should not state the member's place of residence or school attended. The Swim Wales does not wish to stop parents photographing their child if they wish, but all organisations must ensure they do all they can to safeguard each child's wellbeing.

The official photographer

In some cases, the organisation will ask a member or officer to act as an official photographer for an event and in some cases they may employ a specialist photographer. Their role is to take appropriate photos that celebrate and promote aquatics.

When taking any image, they should be asked to:

- Focus on the activity rather than the individual child.
- Include groups of children rather than individuals, if possible.
- Ensure all those featured are appropriately dressed.
- Represent the broad range of youngsters participating in swimming - boys and girls, children with disabilities, members of minority ethnic communities, etc.
- Organisations should screen applicants for their suitability (just as they would check any other member of staff or volunteer working with children) and then provide training and information on the organisation's child safeguarding policies and procedures.
- The official photographer (whether a professional photographer or a member of staff) should receive clear instructions, preferably in writing, from the organisation at an early stage.
- The organisation should provide them with a copy of this guidance and a clear brief about what is appropriate in terms of content.
- Images should not be allowed to be taken outside the activity being covered.
- The organisation should determine who will hold the images recorded and what is to be done with them after they have served their purpose.

Swim Wales Photography Guidance

SWIM WALES
WALES NATIONAL POOL SWANSEA
SKETTY LANE
SWANSEA
SA2 8QG



Guidance on filming children during training sessions

The filming of children during training sessions is not recommended. The requirement for any filming must be justified by the organisation, (e.g. to assist in stroke development).

Assuming filming is justified, written consent is required from the parents of each child who should then be invited to attend the filming and to subsequently view the video.

The individual who is responsible for filming should exercise caution when recording and ensure the content of the footage is appropriate, following the advice outlined above. Filming should cease and/ or the footage destroyed should any concerns be raised or if consent is withdrawn.

Once the footage has served its purpose, it should always be destroyed, unless the need to keep it can be justified.

Mobile phones

Mobile phones should be registered as a camera if it has that facility in order to adhere to our policy on cameras. All organisations need to make their members aware that while the Swim Wales does not support the banning of phones, as children need them to keep in touch with parents, particularly in emergencies, we do support the requirement that phones should emit a 'noticeable sound' if the camera facility is used.

Organisations should also remind members that any photos taken should fall within our guidelines and that if mobile phones are taken into changing rooms, the facility to take photos must not be used.

Please refer to the ASA Wave Power Changing Room Policy (p. 65) in addition to the guidance on child abuse images on p. 67 and on the use of electronic information on p. 70.

Should photographs or footage of children be posted on an organisation's website?

It is recommended that photographs or footage of individual children should not be kept on an organisation's website, and certainly not with the child's name as this could lead to the child being identified, approached and placed in a vulnerable position. The same applies to printed materials such as an organisation's annual report or kit. Many organisations will use a child's first name, surname or nickname only, with parental consent, so as not to identify them fully.

Parental consent may be withdrawn at any time and the organisation should take all reasonable steps to respect the wishes of the parent/carer.