

## West Wales Regionals 2022 - 11/02/2022 to 13/02/2022

## Results - Session 1 - Warmup 5.30pm

## Event 101 Girls 13 Year Olds 800 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Geach, Libbie	13	City of Swansea Aquatics Club	10:24.82	10:08.86
34.16	1:11.93 (37.77)	1:50.39 (38.46)	2:28.88 (38.49)	
3:07.24 (38.36)	3:45.31 (38.07)	4:23.72 (38.41)	5:02.10 (38.38)	
5:40.98 (38.88)	6:19.77 (38.79)	6:58.80 (39.03)	7:37.70 (38.90)	
8:16.46 (38.76)	8:55.61 (39.15)	9:33.67 (38.06)	10:08.86 (35.19)	
2 Williams, Marys E	13	City of Swansea Aquatics Club	11:02.31	10:25.94
35.26	1:13.24 (37.98)	1:53.16 (39.92)	2:32.30 (39.14)	
3:13.18 (40.88)	3:53.26 (40.08)	4:32.93 (39.67)	5:11.96 (39.03)	
5:51.58 (39.62)	6:31.14 (39.56)	7:10.88 (39.74)	7:50.13 (39.25)	
8:30.24 (40.11)	9:10.25 (40.01)	9:49.02 (38.77)	10:25.94 (36.92)	

## Event 101 Girls 14 Year Olds 800 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Owen, Gracie	14	Neath SC	9:38.14	9:22.68
31.24	1:05.86 (34.62)	1:41.21 (35.35)	2:16.75 (35.54)	
2:52.58 (35.83)	3:28.49 (35.91)	4:04.44 (35.95)	4:40.23 (35.79)	
5:16.26 (36.03)	5:51.83 (35.57)	6:27.61 (35.78)	7:03.37 (35.76)	
7:39.18 (35.81)	8:14.78 (35.60)	8:50.03 (35.25)	9:22.68 (32.65)	
2 O'Mahoney, Kaitlin	14	Neath SC	10:15.01	10:06.08
32.72	1:09.23 (36.51)	1:46.64 (37.41)	2:24.02 (37.38)	
3:02.13 (38.11)	3:40.47 (38.34)	4:19.01 (38.54)	4:58.00 (38.99)	
5:37.13 (39.13)	6:15.98 (38.85)	6:54.93 (38.95)	7:33.93 (39.00)	
8:12.64 (38.71)	8:51.51 (38.87)	9:30.43 (38.92)	10:06.08 (35.65)	
3 Ley, Lucy	14	City of Swansea Aquatics Club	12:12.73	10:46.01
34.64	1:13.26 (38.62)	1:53.31 (40.05)	2:34.19 (40.88)	
3:14.80 (40.61)	3:55.20 (40.40)	4:36.27 (41.07)	5:17.57 (41.30)	
5:58.67 (41.10)	6:39.89 (41.22)	7:21.29 (41.40)	8:02.77 (41.48)	
8:44.22 (41.45)	9:25.97 (41.75)	10:07.23 (41.26)	10:46.01 (38.78)	
4 Cooper, Megan	14	Neath SC	12:37.76	11:11.77
37.53			8:22.02 ( )	
9:05.57 (43.55)	9:48.44 (42.87)	10:31.21 (42.77)	11:11.77 (40.56)	
5 Page, Ann	14	Carmarthen	12:36.32	12:42.53
41.40	1:27.74 (46.34)	2:15.72 (47.98)	3:04.02 (48.30)	
3:52.56 (48.54)	4:42.17 (49.61)	5:31.26 (49.09)	6:19.77 (48.51)	
7:08.48 (48.71)	7:57.27 (48.79)	8:46.40 (49.13)	9:35.11 (48.71)	
10:23.40 (48.29)	11:11.06 (47.66)	11:58.33 (47.27)	12:42.53 (44.20)	

## Event 101 Girls 15 Year Olds 800 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Williams, Hollie	15	Llanelli	10:20.49	10:01.47
33.98	1:11.36 (37.38)	1:49.72 (38.36)	2:28.36 (38.64)	
3:06.78 (38.42)	3:44.71 (37.93)	4:22.86 (38.15)	5:00.85 (37.99)	
5:38.90 (38.05)	6:16.24 (37.34)	6:53.45 (37.21)	7:31.32 (37.87)	
8:09.53 (38.21)	8:47.69 (38.16)	9:25.28 (37.59)	10:01.47 (36.19)	
2 Evans, Mali R	15	City of Swansea Aquatics Club	12:01.85	10:08.07
33.10	1:10.05 (36.95)	1:47.98 (37.93)	2:26.02 (38.04)	
3:04.25 (38.23)	3:43.16 (38.91)	4:21.86 (38.70)	5:00.26 (38.40)	
5:38.89 (38.63)	6:17.75 (38.86)	6:56.45 (38.70)	7:35.42 (38.97)	
8:14.38 (38.96)	8:53.17 (38.79)	9:31.85 (38.68)	10:08.07 (36.22)	
3 Davies, Rhian	15	City of Swansea Aquatics Club	11:01.80	10:17.00
34.18	1:10.70 (36.52)	1:49.12 (38.42)	2:27.96 (38.84)	
3:07.01 (39.05)	3:45.57 (38.56)	4:24.77 (39.20)	5:03.44 (38.67)	
5:42.82 (39.38)	6:22.58 (39.76)	7:02.47 (39.89)	7:42.42 (39.95)	
8:21.42 (39.00)	9:00.85 (39.43)	9:39.99 (39.14)	10:17.00 (37.01)	

**West Wales Regionals 2022 - 11/02/2022 to 13/02/2022****Results - Session 1 - Warmup 5.30pm****(Event 101 Girls 15 Year Olds 800 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
4 Hale, Gemma N	15	City of Swansea Aquatics Club	10:12.70	10:24.98
33.38	1:10.44 (37.06)	1:48.48 (38.04)	2:27.04 (38.56)	
3:05.73 (38.69)	3:45.48 (39.75)	4:25.15 (39.67)	5:05.57 (40.42)	
5:45.79 (40.22)	6:26.20 (40.41)	7:06.52 (40.32)	7:46.40 (39.88)	
8:26.52 (40.12)	9:06.66 (40.14)	9:46.45 (39.79)	10:24.98 (38.53)	
5 Edwards, Izzy M	15	City of Swansea Aquatics Club	11:09.23	11:05.25
36.24	1:16.72 (40.48)	1:58.16 (41.44)	2:39.79 (41.63)	
3:21.86 (42.07)	4:04.00 (42.14)	4:46.22 (42.22)	5:28.48 (42.26)	
6:10.60 (42.12)	6:53.35 (42.75)	7:35.68 (42.33)	8:18.37 (42.69)	
9:00.84 (42.47)	9:42.89 (42.05)	10:24.64 (41.75)	11:05.25 (40.61)	
6 Clifford, Bethany	15	Neath SC	11:39.94	11:07.85
35.81	1:15.56 (39.75)	1:56.44 (40.88)	2:37.27 (40.83)	
3:18.42 (41.15)	4:00.55 (42.13)	4:42.98 (42.43)	5:25.40 (42.42)	
6:08.67 (43.27)	6:51.79 (43.12)	7:34.04 (42.25)	8:17.63 (43.59)	
9:00.48 (42.85)	9:44.07 (43.59)	10:27.35 (43.28)	11:07.85 (40.50)	

**Event 101 Girls 16 Year Olds 800 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Lewis, Caera	16	Haverfordwest	10:14.49	9:54.40
32.74	1:09.28 (36.54)	1:46.91 (37.63)	3:00.75 (1:13.84)	
3:37.72 (36.97)	4:15.22 (37.50)	4:52.74 (37.52)	5:30.37 (37.63)	
6:08.05 (37.68)	6:45.71 (37.66)	7:23.70 (37.99)	8:02.02 (38.32)	
8:40.34 (38.32)	9:18.20 (37.86)	9:54.40 (36.20)	9:54.40 ( )	
2 Thomas, Seren	16	City of Swansea Aquatics Club	10:25.15	10:32.63
34.68	1:12.34 (37.66)	1:51.08 (38.74)	2:29.96 (38.88)	
3:09.01 (39.05)	3:48.33 (39.32)	4:28.22 (39.89)	5:08.30 (40.08)	
5:48.76 (40.46)	6:29.42 (40.66)	7:10.20 (40.78)	7:50.64 (40.44)	
8:31.46 (40.82)	9:12.18 (40.72)	9:53.17 (40.99)	10:32.63 (39.46)	
3 Cundy, Erin	16	City of Swansea Aquatics Club	11:18.76	10:44.51
36.14	1:16.14 (40.00)	1:55.81 (39.67)	2:35.93 (40.12)	
3:15.86 (39.93)	3:55.70 (39.84)	4:35.94 (40.24)	5:16.38 (40.44)	
5:57.59 (41.21)	6:38.86 (41.27)	7:20.46 (41.60)	8:02.25 (41.79)	
8:44.22 (41.97)	9:25.08 (40.86)	10:05.75 (40.67)	10:44.51 (38.76)	
4 Bray, Bethan	16	Celtic Dolphins	11:13.74	11:09.32
37.24	1:17.19 (39.95)	1:58.56 (41.37)	2:40.35 (41.79)	
3:22.64 (42.29)	4:05.23 (42.59)	4:47.49 (42.26)	5:30.84 (43.35)	
6:13.87 (43.03)	6:56.49 (42.62)	7:39.91 (43.42)	8:23.28 (43.37)	
9:05.95 (42.67)	9:48.83 (42.88)	10:30.14 (41.31)	11:09.32 (39.18)	
5 Selby, Cerys	16	Neath SC	11:18.56	11:09.61
36.01	1:16.59 (40.58)	1:58.39 (41.80)	2:40.71 (42.32)	
3:23.23 (42.52)	4:05.81 (42.58)	4:48.04 (42.23)	5:31.01 (42.97)	
6:13.49 (42.48)	6:56.81 (43.32)	7:40.31 (43.50)	8:23.98 (43.67)	
9:06.29 (42.31)	9:48.81 (42.52)	10:29.72 (40.91)	11:09.61 (39.89)	
6 Phelps, Lucy	16	Neath SC	11:29.75	11:17.58
36.53	1:17.15 (40.62)	1:58.98 (41.83)	2:41.21 (42.23)	
3:23.81 (42.60)	4:06.43 (42.62)	4:49.36 (42.93)	5:32.55 (43.19)	
6:16.22 (43.67)	6:59.44 (43.22)	7:43.32 (43.88)	8:26.63 (43.31)	
9:10.28 (43.65)	9:53.96 (43.68)	10:37.80 (43.84)	11:17.58 (39.78)	

**Event 101 Girls 17 & Over 800 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Stokes, Aimee L	18	City of Swansea Aquatics Club	9:16.73	9:22.87
31.31	1:06.08 (34.77)	1:41.09 (35.01)	2:16.74 (35.65)	
2:52.31 (35.57)	3:28.06 (35.75)	4:03.49 (35.43)	4:39.31 (35.82)	
5:15.09 (35.78)	5:51.15 (36.06)	6:26.86 (35.71)	7:02.48 (35.62)	
7:38.43 (35.95)	8:14.54 (36.11)	8:49.68 (35.14)	9:22.87 (33.19)	

## West Wales Regionals 2022 - 11/02/2022 to 13/02/2022

## Results - Session 1 - Warmup 5.30pm

**(Event 101 Girls 17 & Over 800 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
2 Evans, Bethan	17	Neath SC	9:37.50	9:43.63
32.39	1:08.53 (36.14)	1:45.41 (36.88)	2:22.52 (37.11)	
2:59.92 (37.40)	3:36.99 (37.07)	4:13.79 (36.80)	4:50.96 (37.17)	
5:28.94 (37.98)	6:06.40 (37.46)	6:43.73 (37.33)	7:21.21 (37.48)	
7:57.96 (36.75)	8:33.57 (35.61)	9:08.98 (35.41)	9:43.63 (34.65)	
3 Gillett, Keira	17	City of Swansea Aquatics Club	9:57.25	9:45.54
33.01	1:08.76 (35.75)	1:44.86 (36.10)	2:20.96 (36.10)	
2:57.14 (36.18)	3:33.43 (36.29)	4:10.29 (36.86)	4:46.91 (36.62)	
5:23.76 (36.85)	6:00.71 (36.95)	6:37.64 (36.93)	7:15.53 (37.89)	
7:53.26 (37.73)	8:31.20 (37.94)	9:08.72 (37.52)	9:45.54 (36.82)	
4 Phillips, Rhianna	17	Carmarthen	10:22.97	10:09.69
33.61	1:11.01 (37.40)	1:49.00 (37.99)	2:27.13 (38.13)	
3:06.42 (39.29)	3:44.57 (38.15)	4:22.68 (38.11)	5:00.83 (38.15)	
5:38.77 (37.94)	6:16.97 (38.20)	6:55.03 (38.06)	7:34.01 (38.98)	
8:12.83 (38.82)	8:52.64 (39.81)	9:31.74 (39.10)	10:09.69 (37.95)	

**Event 102 Boys 13 Year Olds 1500 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Cleave, Joshua	13	Celtic Dolphins	22:12.30	20:32.78
36.32	1:15.74 (39.42)	1:55.83 (40.09)	2:36.15 (40.32)	
3:17.06 (40.91)	3:58.38 (41.32)	4:39.94 (41.56)	5:21.73 (41.79)	
6:03.10 (41.37)	6:44.61 (41.51)	7:26.07 (41.46)	8:07.46 (41.39)	
8:49.53 (42.07)	9:31.40 (41.87)	10:13.43 (42.03)	10:55.12 (41.69)	
11:37.06 (41.94)	12:19.10 (42.04)	13:00.95 (41.85)	13:43.32 (42.37)	
14:25.35 (42.03)	15:07.43 (42.08)	15:48.90 (41.47)	16:30.97 (42.07)	
17:12.99 (42.02)	17:54.29 (41.30)	18:35.26 (40.97)	19:15.84 (40.58)	
19:56.03 (40.19)	20:32.78 (36.75)			
2 Twigger, Owen	13	City of Swansea Aquatics Club	22:40.80	21:21.45
35.55	1:15.90 (40.35)	1:57.15 (41.25)	2:39.20 (42.05)	
3:22.35 (43.15)	4:04.69 (42.34)	4:47.40 (42.71)	5:31.13 (43.73)	
6:14.58 (43.45)	6:58.05 (43.47)	7:41.14 (43.09)	8:24.66 (43.52)	
9:08.20 (43.54)	9:50.94 (42.74)	10:35.46 (44.52)	11:19.43 (43.97)	
12:03.49 (44.06)	12:47.11 (43.62)	13:30.66 (43.55)	14:15.75 (45.09)	
14:59.17 (43.42)	15:43.25 (44.08)	16:27.29 (44.04)	17:11.39 (44.10)	
17:56.02 (44.63)	18:38.72 (42.70)	19:21.33 (42.61)	20:03.03 (41.70)	
20:43.92 (40.89)	21:21.45 (37.53)			

**Event 102 Boys 14 Year Olds 1500 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Richardson, Osian	14	City of Swansea Aquatics Club	20:27.49	19:23.65
32.38	1:10.02 (37.64)	1:48.17 (38.15)	2:26.56 (38.39)	
3:04.80 (38.24)	3:43.91 (39.11)	4:22.22 (38.31)	5:00.85 (38.63)	
5:40.30 (39.45)	6:19.96 (39.66)	6:59.20 (39.24)	7:37.94 (38.74)	
8:18.01 (40.07)	8:57.12 (39.11)	9:36.54 (39.42)	10:15.47 (38.93)	
10:54.37 (38.90)	11:33.45 (39.08)	12:13.11 (39.66)	12:51.84 (38.73)	
13:31.47 (39.63)	14:10.91 (39.44)	14:50.72 (39.81)	15:30.47 (39.75)	
16:09.99 (39.52)	16:49.62 (39.63)	17:28.90 (39.28)	18:08.21 (39.31)	
18:46.20 (37.99)	19:23.65 (37.45)			

**Event 102 Boys 15 Year Olds 1500 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Fletcher, Owen	15	Haverfordwest	19:07.70	17:56.99
30.55	1:04.78 (34.23)	1:39.99 (35.21)	2:15.61 (35.62)	
2:51.06 (35.45)	3:26.49 (35.43)	4:02.18 (35.69)	4:37.72 (35.54)	
5:13.11 (35.39)	5:49.07 (35.96)	6:25.16 (36.09)	7:01.54 (36.38)	
7:37.65 (36.11)	8:13.91 (36.26)	8:50.41 (36.50)	9:26.69 (36.28)	
10:03.46 (36.77)	10:39.46 (36.00)	11:16.02 (36.56)	11:52.57 (36.55)	
12:29.08 (36.51)	13:05.74 (36.66)	13:41.68 (35.94)	14:18.56 (36.88)	
14:54.98 (36.42)	15:31.37 (36.39)	16:07.55 (36.18)	16:44.55 (37.00)	
17:21.14 (36.59)	17:56.99 (35.85)			

## West Wales Regionals 2022 - 11/02/2022 to 13/02/2022

## Results - Session 1 - Warmup 5.30pm

**(Event 102 Boys 15 Year Olds 1500 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
2 Morgan, Jack	15	Pembroke & District Asc	21:55.96	20:29.36
32.41	1:09.84 (37.43)	1:49.00 (39.16)	2:28.01 (39.01)	
3:09.75 (41.74)	3:51.02 (41.27)	4:33.17 (42.15)	5:15.81 (42.64)	
5:57.64 (41.83)	6:39.68 (42.04)	7:21.09 (41.41)	8:03.61 (42.52)	
8:45.83 (42.22)	9:27.08 (41.25)	10:08.64 (41.56)	10:50.74 (42.10)	
11:32.38 (41.64)	12:13.70 (41.32)	12:54.25 (40.55)	13:35.40 (41.15)	
14:17.26 (41.86)	14:58.58 (41.32)	15:40.70 (42.12)	16:22.81 (42.11)	
17:04.83 (42.02)	17:46.42 (41.59)	18:28.29 (41.87)	19:10.19 (41.90)	
19:50.49 (40.30)	20:29.36 (38.87)			

**Event 102 Boys 16 Year Olds 1500 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Jones, Joseph	16	Neath SC	19:42.53	19:32.41
32.90	1:10.13 (37.23)	1:47.85 (37.72)	2:25.76 (37.91)	
3:04.36 (38.60)	3:43.05 (38.69)	4:22.19 (39.14)	5:01.95 (39.76)	
5:41.24 (39.29)	6:20.64 (39.40)	7:00.29 (39.65)	7:39.30 (39.01)	
8:19.07 (39.77)	8:58.33 (39.26)	9:37.86 (39.53)	10:17.53 (39.67)	
10:57.41 (39.88)	11:37.13 (39.72)	12:17.05 (39.92)	12:56.83 (39.78)	
13:36.42 (39.59)	14:15.68 (39.26)	14:55.42 (39.74)	15:35.66 (40.24)	
16:15.90 (40.24)	16:56.14 (40.24)	17:35.76 (39.62)	18:15.39 (39.63)	
18:54.72 (39.33)	19:32.41 (37.69)			

**Event 102 Boys 17 & Over 1500 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Edwards, Liam	18	Carmarthen	20:07.13	17:51.71
32.03	1:06.75 (34.72)	1:41.93 (35.18)	2:17.45 (35.52)	
2:53.41 (35.96)	3:29.07 (35.66)	4:05.27 (36.20)	4:41.22 (35.95)	
5:17.40 (36.18)	5:53.54 (36.14)	6:29.57 (36.03)	7:05.52 (35.95)	
7:41.70 (36.18)	8:17.64 (35.94)	8:53.77 (36.13)	9:30.11 (36.34)	
10:06.61 (36.50)	10:42.85 (36.24)	11:19.24 (36.39)	11:55.74 (36.50)	
12:32.03 (36.29)	13:08.35 (36.32)	13:44.96 (36.61)	14:20.52 (35.56)	
14:56.54 (36.02)	15:32.52 (35.98)	16:08.13 (35.61)	16:44.32 (36.19)	
17:19.66 (35.34)	17:51.71 (32.05)			
2 Davies, Dominic	18	Llanelli	18:50.98	18:51.78
30.78	1:05.41 (34.63)	1:40.92 (35.51)	2:17.23 (36.31)	
2:53.37 (36.14)	3:29.88 (36.51)	4:06.94 (37.06)	4:43.91 (36.97)	
5:21.65 (37.74)	5:58.90 (37.25)	6:37.50 (38.60)	7:14.95 (37.45)	
7:53.41 (38.46)	8:31.74 (38.33)	9:10.61 (38.87)	9:49.31 (38.70)	
10:28.36 (39.05)	11:07.13 (38.77)	11:45.97 (38.84)	12:24.38 (38.41)	
13:03.39 (39.01)	13:42.26 (38.87)	14:20.91 (38.65)	15:00.34 (39.43)	
15:39.95 (39.61)	16:18.64 (38.69)	16:58.12 (39.48)	17:37.33 (39.21)	
18:15.36 (38.03)	18:51.78 (36.42)			
--- Southam, Jack	19	Llanelli	17:06.65	DNF
29.48	1:01.55 (32.07)	1:35.61 (34.06)	2:10.58 (34.97)	
2:44.94 (34.36)	3:19.59 (34.65)	3:54.39 (34.80)	4:29.52 (35.13)	
5:03.93 (34.41)	5:39.15 (35.22)	7:24.03 (1:44.88)	7:58.75 (34.72)	
8:33.35 (34.60)	9:08.48 (35.13)	10:18.73 (1:10.25)	10:54.01 (35.28)	
11:29.35 (35.34)	12:04.24 (34.89)	12:40.43 (36.19)	13:15.85 (35.42)	
13:50.79 (34.94)	14:26.40 (35.61)	15:02.10 (35.70)	15:38.43 (36.33)	
16:14.76 (36.33)				