

Llanelli Autumn Meet 2022
Session Times (Updated 24/10/22)

Date	Session	Warmup	Start	Estimated Finish	Events
Sat 29th Oct.	1	8.00am	9.10am	10.50am	1 - 8
	2	11.00am	12.00pm	1.15pm	9 - 16
	3	1.25pm	2.25pm	3.25pm	17 - 22