

# West Wales Sub Regionals 2022

## Session Times

Date	Session	Warm-up Time	Start Time	Estimated Finish	Events
Fri 25 <sup>th</sup> Nov	1	5.30 pm	6.00 pm	8.45 pm	101 - 104
Sat 26 <sup>th</sup> Nov	2	8.00 am	9.10 am	10.25 am	201 - 205
	3	10.40 am	11.50 am	1.10 pm	301 - 305
	4	1.30 pm	2.40 pm	4.15 pm	401 - 405
Sun 27 <sup>th</sup> Nov	5	8.00 am	9.10 am	10.10 am	501 - 505
	6	10.25 am	11.35 am	12.50 pm	601 - 605
	7	1.10 pm	2.20 pm	3.30 pm	701 - 705