

## West Wales Sub Regionals 2022 - 25/11/2022 to 27/11/2022

## Meet Program - Session 3 - Warmup 10.40 - 11.40am

**Event 301 Boys 10 & Over 50 SC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Finals**

1				___
2	Backen, Frederick	10	Fishguard	NT ___
3	Crotty, Beau	11	PembrokeDist	NT ___
4	Hnoianyi, Andrii	13	Swansea Aq	NT ___
5	Gottwaltz, Euan	13	Tenby	NT ___
6	Collins, Thomas	10	Penyrheol Asc	NT ___
7	Lummis, Oscar D	10	NexusValleys	NT ___
8				___

**Heat 2 of 5 Finals**

1	Green, William	10	Aberystwyth	1:05.64 ___
2	El Saghir, Mohamed S	11	Carmarthen	56.34 ___
3	Piotrowski, Bartosz	13	Fishguard	53.56 ___
4	Santos, Liam	13	Milford Havn	52.04 ___
5	Scott, Andrew	16	Fishguard	52.04 ___
6	Higgins, Finley J	11	Swansea Aq	54.30 ___
7	Hughes, Freddy J	10	NexusValleys	56.62 ___
8	Rees, Tomos P	15	Swansea Aq	NT ___

**Heat 3 of 5 Finals**

1	Miles, Gethin	12	Fishguard	51.78 ___
2	Lummis, Ralph J	11	NexusValleys	50.67 ___
3	Chapman, Henry	11	Carmarthen	48.90 ___
4	Burt, Caio	12	Llanelli	48.16 ___
5	Hall, Ethan	13	Fishguard	48.31 ___
6	Antwhistle, Isaac J	10	Swansea Aq	50.43 ___
7	Evans, Evan L	12	NexusValleys	51.09 ___
8	Knight, Tom	11	Haverfordwes	51.96 ___

**Heat 4 of 5 Finals**

1	Shelmerdine, Cory	12	PembrokeDist	45.24 ___
2	Tytler, Leo	14	Milford Havn	44.85 ___
3	Beynon, Aaron	12	Fishguard	44.25 ___
4	Elmes, Max	11	Carmarthen	41.70 ___
5	Rukov, Ivan	15	Aberystwyth	43.91 ___
6	Davies, Ellis V	11	Llanelli	44.28 ___
7	Cleave, Ben	12	C Dolphins	44.86 ___
8	Evans, Rhys D	10	NexusValleys	47.59 ___

**Heat 5 of 5 Finals**

1	Gray, Gruff	13	C Dolphins	38.74 ___
2	Chapman, Coby L	13	Penyrheol Asc	37.52 ___
3	Read, William	14	Swansea Aq	35.41 ___
4	Richards, Aled	15	C Dolphins	33.96 ___
5	Morgan, Jack	15	PembrokeDist	34.52 ___
6	Davies, Matthew	14	Swansea Aq	36.40 ___
7	Marshall, Finley	13	Aberystwyth	37.98 ___
8	Jones, Jack	13	Tenby	40.51 ___

**Event 302 Girls 10 & Over 200 SC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

1				___
2				___
3	Kenny, Jemima	11	Milford Havn	NT ___
4	Roberts, Molly	11	Llanelli	NT ___
5	Scully, Emersyn	11	Swansea Aq	NT ___
6	Williams, Paige T	10	Swansea Aq	NT ___
7				___
8				___

**Heat 2 of 4 Finals**

1	Taffetsauffer, Isabella	11	Llanelli	NT ___
2	King, Marley	14	Penyrheol Asc	NT ___
3	Williams, Hollie	15	Llanelli	NT ___
4	Murphy, Alys	13	Haverfordwes	3:36.81 ___
5	Thomas, Leah	11	Haverfordwes	3:41.67 ___
6	Carter, Ava	14	C Dolphins	NT ___
7	Knight, Cerys	13	Haverfordwes	NT ___
8	McFarlane, Una	11	Milford Havn	NT ___

**Heat 3 of 4 Finals**

1	Hanna, Shelby	13	Haverfordwes	3:13.98 ___
2	Blyth, Isobelle	12	Haverfordwes	3:11.57 ___
3	Philpott, Ffion	13	Llanelli	3:04.65 ___
4	Peach, Eliza M	14	Haverfordwes	3:02.29 ___
5	Chapman, Olivia	12	Swansea Aq	3:02.55 ___
6	Stark, Tala	12	Fishguard	3:06.89 ___
7	Bruce, Keira	12	PembrokeDist	3:13.31 ___
8	Williams, Fay P	10	Swansea Aq	3:33.86 ___

**Heat 4 of 4 Finals**

1	Bruce, Skye	13	PembrokeDist	2:57.14 ___
2	Black, Hollie M	13	Swansea Aq	2:54.80 ___
3	Gilderdale, Celyn	14	Haverfordwes	2:53.30 ___
4	Devonald, Niamh	15	Haverfordwes	2:46.37 ___
5	Thomas, Caitlin	14	Penyrheol Asc	2:50.64 ___
6	Miles, Megan	14	Fishguard	2:54.76 ___
7	Lewis, Rachael E	18	Fishguard	2:56.65 ___
8	Green, Matilda	13	Haverfordwes	3:01.91 ___

**Event 303 Boys 10 & Over 200 SC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Finals**

1				___
2				___
3	Antwhistle, Isaac J	10	Swansea Aq	NT ___
4	Knight, Tom	11	Haverfordwes	NT ___
5	Harwood, Jack	11	Haverfordwes	NT ___
6				___
7				___
8				___

**Heat 2 of 6 Finals**

1	Peach, Henry	12	Haverfordwes	NT ___
2	Peach, Olly	12	Haverfordwes	NT ___
3	Hnoianyi, Andrii	13	Swansea Aq	NT ___
4	Gottwaltz, Euan	13	Tenby	NT ___
5	Piotrowski, Bartosz	13	Fishguard	NT ___
6	Thomas, Harry	12	Haverfordwes	NT ___
7	Shelmerdine, Cory	12	PembrokeDist	NT ___
8				___

**Heat 3 of 6 Finals**

1	Gouda, ali	13	Haverfordwes	NT ___
2	Lewis, Callum	13	Milford Havn	4:13.55 ___
3	Noden, Rory	10	Milford Havn	3:58.76 ___
4	Rukov, Ivan	15	Aberystwyth	3:54.96 ___
5	Davies, Tyler	11	Milford Havn	3:56.90 ___
6	Lewis, Iestyn	11	Haverfordwes	4:09.90 ___
7	Koriakovtsev, Illia	15	C Dolphins	NT ___
8	Griffiths, Lloyd	13	Haverfordwes	NT ___

## West Wales Sub Regionals 2022 - 25/11/2022 to 27/11/2022

## Meet Program - Session 3 - Warmup 10.40 - 11.40am

**Heat 4 Finals (#303 Boys 10 & Over 200 SC Meter IM)**

1	Harris, Toby	13	PembrokeDist	3:51.92	___
2	Patterson, Ollie	12	Milford Havn	3:49.86	___
3	Thomas, Rhys	12	Haverfordwes	3:28.77	___
4	Hall, Ethan	13	Fishguard	3:22.44	___
5	Cleave, Joshua	13	C Dolphins	3:23.62	___
6	Smudzinski, Max M	10	Swansea Aq	3:38.90	___
7	Smith, Herbie C	12	Swansea Aq	3:50.20	___
8	Evans, Rhys D	10	NexusValleys	3:54.10	___

**Heat 5 of 6 Finals**

1	Richards, Aled	15	C Dolphins	3:20.47	___
2	Harris, Osian	13	Fishguard	3:04.85	___
3	Chapman, Coby L	13	Penyrheol Asc	2:59.27	___
4	Thomson, Jacob	15	Haverfordwes	2:57.61	___
5	Song, Guangping	13	Swansea Aq	2:58.40	___
6	Williams, Thomas	12	Llanelli	3:03.24	___
7	Morgan, Ben	13	PembrokeDist	3:05.90	___
8	Davies, Gethin	13	Milford Havn	3:21.62	___

**Heat 6 of 6 Finals**

1	Read, William	14	Swansea Aq	2:54.85	___
2	Belanger, Jayden	15	Milford Havn	2:51.88	___
3	Price, George	14	Penyrheol Asc	2:45.22	___
4	Porter, Sior	16	Carmarthen	2:39.97	___
5	Morgan, Jack	15	PembrokeDist	2:40.21	___
6	Davies, Matthew	14	Swansea Aq	2:45.60	___
7	Burt, Teyan	15	Llanelli	2:54.34	___
8	Scott, Andrew	16	Fishguard	2:57.28	___

**Event 304 Girls 10 & Over 100 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 11 Finals**

1	Gardner-Rolfe, Mia G	10	Swansea Aq	NT	___
2	Joseph, Ellie	10	C Dolphins	NT	___
3	Parker, Calleigh	10	PembrokeDist	NT	___
4	Hnoiana, Valentyna	10	Swansea Aq	NT	___
5	Morgan, Seren	10	Haverfordwes	NT	___
6	Harris, Chloe	10	C Dolphins	NT	___
7	Evans, Cadi R	10	Swansea Aq	NT	___
8					___

**Heat 2 of 11 Finals**

1	Lyseight-Jones, Indya	10	PembrokeDist	NT	___
2	Philpott, Lowri	11	Llanelli	NT	___
3	Evans, Beca	12	Aberystwyth	NT	___
4	Boggis, Mali I	12	NexusValleys	NT	___
5	Davies, Amelia F	12	Swansea Aq	NT	___
6	Williams, Grace O	11	NexusValleys	NT	___
7	Chan, Sheung Yin Zoe	11	Swansea Aq	NT	___
8	Griffiths, Scarlet	10	Haverfordwes	NT	___

**Heat 3 of 11 Finals**

1	Plimmer, Betsan M	12	Carmarthen	NT	___
2	Doncaster, Lily S	12	Haverfordwes	NT	___
3	Spychka, Sofiiia	14	Swansea Aq	NT	___
4	Roberts Mylan, Sophie I	10	Swansea Aq	2:36.40	___
5	Mills, Molly	14	Haverfordwes	NT	___
6	Tilling, Evie G	14	NexusValleys	NT	___
7	Page, Jessica	12	Tenby	NT	___
8	Stacey, Jessica	12	Swansea Aq	NT	___

**Heat 4 of 11 Finals**

1	Roberts Mylan, Ffion C	10	Swansea Aq	2:05.50	___
2	Blyth, Isobelle	12	Haverfordwes	1:56.65	___
3	Dyde, Pheobe	10	PembrokeDist	1:45.50	___
4	Clift, Meghan	11	Swansea Aq	1:42.40	___
5	May, Gwen A	10	NexusValleys	1:45.37	___
6	Williams, Lois G	10	Swansea Aq	1:52.20	___
7	Davies, Anni	11	Aberystwyth	2:01.78	___
8	Hounsell, Isla	10	PembrokeDist	2:14.97	___

**Heat 5 of 11 Finals**

1	Williams, Ffion	13	Milford Havn	1:40.74	___
2	Jewitt, Sophia	11	Llanelli	1:40.35	___
3	Williams, Fay P	10	Swansea Aq	1:39.50	___
4	Bowen, Seren E	12	Carmarthen	1:37.68	___
5	Iddon, Steph	14	Tenby	1:38.67	___
6	Francis, Emily-Rose	12	Haverfordwes	1:39.80	___
7	Jewitt, Anya	11	Llanelli	1:40.56	___
8	Moseley, Emily	12	PembrokeDist	1:41.66	___

**Heat 6 of 11 Finals**

1	Edwards, Alice	12	Carmarthen	1:35.78	___
2	Jenkins, Cadi	11	NexusValleys	1:34.09	___
3	Kasto, Evie T	11	Swansea Aq	1:31.51	___
4	Thomas, Carys	11	Penyrheol Asc	1:30.88	___
5	Hughes, Tirion H	11	Swansea Aq	1:31.31	___
6	Summerfield, Lucy	10	Llanelli	1:32.55	___
7	Scully, Emersyn	11	Swansea Aq	1:34.77	___
8	Williams, Paige T	10	Swansea Aq	1:36.26	___

**Heat 7 of 11 Finals**

1	Armstrong, Holly	14	Milford Havn	1:28.05	___
2	Jones, Hunydd	11	Carmarthen	1:27.75	___
3	Davies, Lowri	14	C Dolphins	1:25.81	___
4	Griffiths, Ffion	11	Tenby	1:24.54	___
5	Hughes, Mollie	11	C Dolphins	1:24.62	___
6	Elcock, Freya	12	Fishguard	1:27.45	___
7	Thomas, Grace	11	Carmarthen	1:27.88	___
8	Wilcockson, Alys	12	Aberystwyth	1:29.92	___

**Heat 8 of 11 Finals**

1	Powell, Lottie	12	Swansea Aq	1:24.40	___
2	Li, Lucy Xinshi	12	Swansea Aq	1:23.10	___
3	Knight, Lily	12	C Dolphins	1:22.03	___
4	Richardson, Beca	12	Swansea Aq	1:21.79	___
5	Richards, Amber	13	C Dolphins	1:21.80	___
6	Green, Ellie	14	Haverfordwes	1:22.75	___
7	Davies, Erin	11	C Dolphins	1:24.36	___
8	Lord, Fleur	15	PembrokeDist	1:24.43	___

**Heat 9 of 11 Finals**

1	Chapman, Olivia	12	Swansea Aq	1:21.03	___
2	Harwood, Amelia	15	Haverfordwes	1:20.65	___
3	Moseley, Sophie	16	PembrokeDist	1:19.11	___
4	Hanna, Shelby	13	Haverfordwes	1:18.37	___
5	Giles, Seren M	12	NexusValleys	1:19.08	___
6	O'Connell, Cerys E	14	NexusValleys	1:19.12	___
7	Knight, Cerys	13	Haverfordwes	1:20.71	___
8	Bruce, Keira	12	PembrokeDist	1:21.37	___

**West Wales Sub Regionals 2022 - 25/11/2022 to 27/11/2022****Meet Program - Session 3 - Warmup 10.40 - 11.40am****Heat 10 Finals (#304 Girls 10 & Over 100 SC Meter Freestyle)**

1	Bissicks, Cari H	11	Swansea Aq	1:17.50	___
2	Thompson, Freya	12	Haverfordwes	1:17.34	___
3	Montague, Keira	13	Haverfordwes	1:15.66	___
4	Bruce, Skye	13	PembrokeDist	1:14.82	___
5	Perrott, Niamh	13	C Dolphins	1:15.42	___
6	Dafydd, Mali	12	Fishguard	1:17.14	___
7	Scully, Freya A	15	Swansea Aq	1:17.39	___
8	Hughes, Nancy J	13	NexusValleys	1:18.30	___

**Heat 11 of 11 Finals**

1	Beynon, Chloe	15	Fishguard	1:12.78	___
2	Douglas, Fabiana	14	Carmarthen	1:12.70	___
3	Thomas, Caitlin	14	Penyrheol Asc	1:10.37	___
4	Huws, Awen G	14	NexusValleys	1:07.76	___
5	Hale, Chloe	16	Haverfordwes	1:09.49	___
6	Marsh, Nina	14	Milford Havn	1:10.53	___
7	Clissold, Bronwyn	14	Tenby	1:12.74	___
8	Green, Matilda	13	Haverfordwes	1:13.60	___

**Event 305 Boys 10 & Over 200 SC Meter Butterfly**

Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 1 Finals</b>					
1					___
2					___
3	West, Dexter	13	Fishguard	NT	___
4	Morgan, Ben	13	PembrokeDist	3:24.68	___
5	Bennett, Finley	13	Haverfordwes	NT	___
6	Douglas, Lucas	11	Carmarthen	NT	___
7					___
8					___