

## West Wales Sub Regionals 2022 - 25/11/2022 to 27/11/2022

## Meet Program - Session 5 - Warmup 08.00 - 9.00 am

**Event 501 Boys 10 & Over 50 SC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

1				—
2				—
3	Bray, Gwilym	10	C Dolphins	NT
4	Gottwaltz, Euan	13	Tenby	NT
5	Griffiths, Lloyd	13	Haverfordwes	NT
6				—
7				—
8				—

**Heat 2 of 4 Finals**

1	Koriakovtsev, Illia	15	C Dolphins	NT
2	Lummis, Ralph J	11	NexusValleys	58.59
3	Diouf, Jegan W	10	Swansea Aq	50.20
4	King, Ethan	10	Penyrheol Asc	45.31
5	Lerigo, Oli	12	Aberystwyth	49.28
6	El Saghir, Mohamed S	11	Carmarthen	57.80
7	Scott, Andrew	16	Fishguard	1:10.69
8	Hnoianyi, Andrii	13	Swansea Aq	NT

**Heat 3 of 4 Finals**

1	Smedley, Jack	15	C Dolphins	44.11
2	Elmes, Max	11	Carmarthen	41.90
3	Hall, Ethan	13	Fishguard	40.33
4	Grugel, Sam	12	C Dolphins	38.70
5	Gouda, ali	13	Haverfordwes	40.12
6	Backen, Henry	14	Fishguard	40.94
7	Thomson, Jacob	15	Haverfordwes	42.50
8	Johns, Rory	11	Swansea Aq	44.56

**Heat 4 of 4 Finals**

1	Morgan, Ben	13	PembrokeDist	38.05
2	Davies, Matthew	14	Swansea Aq	35.30
3	Price, George	14	Penyrheol Asc	34.47
4	Richards, Aled	15	C Dolphins	32.08
5	Upton-Boorman, Liam	15	Carmarthen	33.26
6	Belanger, Jayden	15	Milford Havn	34.94
7	Marshall, Finley	13	Aberystwyth	36.14
8	Read, William	14	Swansea Aq	38.30

**Event 502 Girls 10 & Over 50 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 8 Finals**

1				—
2	Leane, Megan	10	Haverfordwes	NT
3	Kent, Florence	11	Aberystwyth	NT
4	Stoddart, Imogen	11	Haverfordwes	NT
5	Berner, Kiana	11	Aberystwyth	NT
6	Williams, Eirwen N	10	Swansea Aq	NT
7	Hnoiana, Valentyna	10	Swansea Aq	NT
8				—

**Heat 2 of 8 Finals**

1	Iddon, Steph	14	Tenby	NT
2	Parker, Calleigh	10	PembrokeDist	1:11.60
3	Scott, Georgia	10	Fishguard	1:01.15
4	Davies, Anni	11	Aberystwyth	52.80
5	Philpott, Lowri	11	Llanelli	56.95
6	Goss, Lucia	10	C Dolphins	1:11.48
7	Spychka, Sofiiia	14	Swansea Aq	NT
8	Dafydd, Iola	13	Fishguard	NT

**Heat 3 of 8 Finals**

1	Griffiths, Elizabeth	11	Fishguard	47.85
2	Gardner-Rolfe, Mia G	10	Swansea Aq	46.59
3	May, Gwen A	10	NexusValleys	45.77
4	Jewitt, Anya	11	Llanelli	44.59
5	Williams, Fay P	10	Swansea Aq	44.61
6	Harwood, Amelia	15	Haverfordwes	45.99
7	Massey, Mia	10	C Dolphins	47.55
8	Price, Seren-louise	10	Carmarthen	49.28

**Heat 4 of 8 Finals**

1	Roberts, Grace	10	C Dolphins	43.74
2	Jewitt, Sophia	11	Llanelli	42.81
3	Montgomery, Sofia	10	Haverfordwes	42.53
4	Williams, Ffion	13	Milford Havn	41.68
5	Plimmer, Betsan M	12	Carmarthen	41.90
6	Wilcockson, Alys	12	Aberystwyth	42.68
7	Howell, Sophie	11	Haverfordwes	43.70
8	Dyde, Pheobe	10	PembrokeDist	44.32

**Heat 5 of 8 Finals**

1	Jenkins, Cadi	11	NexusValleys	41.05
2	Williams-Kivell, Izabella	14	Swansea Aq	40.15
3	Evans, Cadi R	10	Swansea Aq	39.32
4	Thomas, Grace	11	Carmarthen	38.35
5	Armstrong, Holly	14	Milford Havn	38.90
6	Thomas, Carys	11	Penyrheol Asc	39.69
7	Scully, Emersyn	11	Swansea Aq	40.40
8	Williams, Paige T	10	Swansea Aq	41.30

**Heat 6 of 8 Finals**

1	Mason, Phoebe	12	Haverfordwes	38.26
2	Hall, Isabelle	11	Fishguard	38.03
3	Curtis, Tabitha	11	Fishguard	37.89
4	Griffiths, Ffion	11	Tenby	37.47
5	Lord, Fleur	15	PembrokeDist	37.54
6	Hall, Ellena	11	Fishguard	37.91
7	Diamond, Ellie M	14	NexusValleys	38.13
8	Taffetsauffer, Isabella	11	Llanelli	38.33

**Heat 7 of 8 Finals**

1	Davies, Lowri	14	C Dolphins	37.06
2	Dafydd, Mali	12	Fishguard	36.81
3	Knight, Lily	12	C Dolphins	36.65
4	Hanna, Shelby	13	Haverfordwes	35.74
5	Green, Ellie	14	Haverfordwes	36.32
6	Macy, Peni	13	Aberystwyth	36.78
7	Li, Lucy Xinshi	12	Swansea Aq	36.90
8	Hughes, Mollie	11	C Dolphins	37.46

**Heat 8 of 8 Finals**

1	Richardson, Beca	12	Swansea Aq	35.50
2	Giles, Seren M	12	NexusValleys	35.21
3	Scully, Freya A	15	Swansea Aq	34.90
4	Beynon, Chloe	15	Fishguard	32.22
5	O'Connell, Cerys E	14	NexusValleys	34.24
6	Griffiths, Gwenan M	12	Swansea Aq	34.90
7	Page, Jessica	12	Tenby	35.48
8	Murphy, Alys	13	Haverfordwes	35.67

## West Wales Sub Regionals 2022 - 25/11/2022 to 27/11/2022

## Meet Program - Session 5 - Warmup 08.00 - 9.00 am

**Event 503 Boys 10 & Over 400 SC Meter IM**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals</b>				
1				___
2				___
3	Porter, Sior	16	Carmarthen	NT
4	Price, George	14	Penyrheol Asc	5:54.16
5	Morgan, Ben	13	PembrokeDist	6:32.73
6				___
7				___
8				___

**Event 504 Girls 10 & Over 400 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Finals</b>				
1				___
2				___
3	Upton-Boorman, Isabella	12	Carmarthen	NT
4	Williams-Kivell, Izabella	14	Swansea Aq	NT
5	Evans, Katie	12	C Dolphins	NT
6	Scully, Emersyn	11	Swansea Aq	NT
7				___
8				___
<b>Heat 2 of 3 Finals</b>				
1	Carter, Ava	14	C Dolphins	NT
2	Peach, Eliza M	14	Haverfordwes	NT
3	Richards, Amber	13	C Dolphins	6:21.45
4	Thompson, Freya	12	Haverfordwes	5:48.58
5	Green, Matilda	13	Haverfordwes	5:50.65
6	Lord, Fleur	15	PembrokeDist	7:19.82
7	Thomas, Caitlin	14	Penyrheol Asc	NT
8	Pickersgill, Aoife	14	Carmarthen	NT
<b>Heat 3 of 3 Finals</b>				
1	Clissold, Bronwyn	14	Tenby	5:42.08
2	Bray, Bethan	16	C Dolphins	5:24.50
3	White, Eleanor R	16	Haverfordwes	5:09.35
4	Kovachev, Georgie	15	Fishguard	5:07.75
5	Thomas, Grace	15	Milford Havn	5:09.10
6	Thomas, Rhian	14	Haverfordwes	5:19.21
7	Philpott, Ffion	13	Llanelli	5:39.67
8	John, Holly	15	Haverfordwes	5:46.00

**Event 505 Boys 10 & Over 100 SC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 5 Finals</b>				
1				___
2	Noden, Rory	10	Milford Havn	NT
3	Lumms, Oscar D	10	NexusValleys	NT
4	Petrie, Jaden	11	Haverfordwes	NT
5	Napieralla, Jacob	10	Penyrheol Asc	NT
6	King, Ethan	10	Penyrheol Asc	NT
7	Thomas, Wilf	10	Aberystwyth	NT
8				___

**Heat 2 of 5 Finals**

1	Lewis, Iestyn	11	Haverfordwes	NT
2	Thomas, Harry	12	Haverfordwes	NT
3	Gottwaltz, Euan	13	Tenby	NT
4	Hnoianyi, Andrii	13	Swansea Aq	NT
5	Santos, Liam	13	Milford Havn	NT
6	Marshall, Finley	13	Aberystwyth	NT
7	Crotty, Beau	11	PembrokeDist	NT
8	El Saghir, Mohamed S	11	Carmarthen	NT

**Heat 3 of 5 Finals**

1	Lewis, Callum	13	Milford Havn	2:12.24
2	Davies, Tyler	11	Milford Havn	2:03.81
3	Miles, Gethin	12	Fishguard	2:03.30
4	Scott, Andrew	16	Fishguard	1:59.94
5	Griffiths, Evan	13	Haverfordwes	2:01.95
6	Lumms, Ralph J	11	NexusValleys	2:03.80
7	Chapman, Henry	11	Carmarthen	2:11.10
8	Read, William	14	Swansea Aq	NT

**Heat 4 of 5 Finals**

1	Harwood, Jack	11	Haverfordwes	1:58.15
2	Gouda, ali	13	Haverfordwes	1:48.69
3	Jones, Jack	13	Tenby	1:44.36
4	Price, Cayle	15	Llanelli	1:43.31
5	Harris, Osian	13	Fishguard	1:44.12
6	Chapman, Coby L	13	Penyrheol Asc	1:48.49
7	Lerigo, Oli	12	Aberystwyth	1:57.36
8	Smudzinski, Max M	10	Swansea Aq	1:59.37

**Heat 5 of 5 Finals**

1	Hall, Ethan	13	Fishguard	1:38.75
2	Davies, Gethin	13	Milford Havn	1:36.20
3	Richards, Aled	15	C Dolphins	1:26.78
4	Cressey-Rodgers, Huw	15	Carmarthen	1:20.95
5	Belanger, Jayden	15	Milford Havn	1:25.28
6	Upton-Boorman, Liam	15	Carmarthen	1:31.34
7	Cleave, Joshua	13	C Dolphins	1:36.44
8	Backen, Henry	14	Fishguard	1:39.13