

## West Wales Sub Regionals 2022 - 25/11/2022 to 27/11/2022

## Meet Program - Session 6 - Warmup 10.25 am - 11.25 pm

**Event 601 Girls 10 & Over 50 SC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 9 Finals</b>				
1				___
2				___
3	Gardner-Rolfe, Mia G	10	Swansea Aq	NT ___
4	Williams, Eirwen N	10	Swansea Aq	NT ___
5	Leane, Megan	10	Haverfordwes	NT ___
6	Hnoiana, Valentyna	10	Swansea Aq	NT ___
7				___
8				___
<b>Heat 2 of 9 Finals</b>				
1	Stoddart, Imogen	11	Haverfordwes	NT ___
2	Goss, Lucia	10	C Dolphins	1:12.42 ___
3	Philpott, Lowri	11	Llanelli	1:07.23 ___
4	Massey, Mia	10	C Dolphins	59.87 ___
5	Davies, Anni	11	Aberystwyth	1:04.07 ___
6	Scott, Georgia	10	Fishguard	1:11.06 ___
7	Parker, Calleigh	10	PembrokeDist	1:15.62 ___
8	Berner, Kiana	11	Aberystwyth	NT ___
<b>Heat 3 of 9 Finals</b>				
1	Jewitt, Anya	11	Llanelli	58.45 ___
2	John, Rebekah	11	PembrokeDist	57.28 ___
3	Jewitt, Sophia	11	Llanelli	52.94 ___
4	Mason, Phoebe	12	Haverfordwes	50.50 ___
5	Dyde, Pheobe	10	PembrokeDist	50.99 ___
6	Griffiths, Elizabeth	11	Fishguard	53.69 ___
7	Price, Seren-louise	10	Carmarthen	57.31 ___
8	May, Gwen A	10	NexusValleys	58.89 ___
<b>Heat 4 of 9 Finals</b>				
1	Howell, Sophie	11	Haverfordwes	50.27 ___
2	Roberts, Grace	10	C Dolphins	49.56 ___
3	Lyseight-Jones, Indya	10	PembrokeDist	48.49 ___
4	Jenkins, Cadi	11	NexusValleys	48.02 ___
5	Montgomery, Sofia	10	Haverfordwes	48.25 ___
6	Thomas, Grace	11	Carmarthen	48.75 ___
7	Bowen, Seren E	12	Carmarthen	50.02 ___
8	Plimmer, Betsan M	12	Carmarthen	50.50 ___
<b>Heat 5 of 9 Finals</b>				
1	Armstrong, Holly	14	Milford Havn	46.80 ___
2	Williams-Kivell, Izabella	14	Swansea Aq	46.60 ___
3	Richards, Amber	13	C Dolphins	46.52 ___
4	Davies, Erin	11	C Dolphins	46.09 ___
5	Williams, Paige T	10	Swansea Aq	46.10 ___
6	Thomas, Carys	11	Penyrheol Asc	46.59 ___
7	Harwood, Amelia	15	Haverfordwes	46.66 ___
8	Scully, Emersyn	11	Swansea Aq	47.50 ___
<b>Heat 6 of 9 Finals</b>				
1	Hughes, Mollie	11	C Dolphins	45.69 ___
2	Evans, Cadi R	10	Swansea Aq	45.10 ___
3	Wilcockson, Alys	12	Aberystwyth	44.40 ___
4	Macy, Peni	13	Aberystwyth	43.13 ___
5	Edwards, Ffion	11	Swansea Aq	44.35 ___
6	Davies, Lowri	14	C Dolphins	45.05 ___
7	Griffiths, Ffion	11	Tenby	45.58 ___
8	Murphy, Alys	13	Haverfordwes	45.70 ___

**Heat 7 of 9 Finals**

1	Green, Ellie	14	Haverfordwes	41.70 ___
2	Page, Jessica	12	Tenby	41.05 ___
3	Stark, Tala	12	Fishguard	40.74 ___
4	Griffiths, Gwenan M	12	Swansea Aq	40.66 ___
5	O'Connell, Cerys E	14	NexusValleys	40.71 ___
6	Scully, Freya A	15	Swansea Aq	40.90 ___
7	Giles, Seren M	12	NexusValleys	41.60 ___
8	Thompson, Freya	12	Haverfordwes	42.11 ___

**Heat 8 of 9 Finals**

1	Kovachev, Georgie	15	Fishguard	40.28 ___
2	Bruce, Keira	12	PembrokeDist	40.11 ___
3	Richardson, Beca	12	Swansea Aq	39.80 ___
4	Edwards, Isabel	13	Swansea Aq	38.72 ___
5	Ostrowski, Julia	13	PembrokeDist	38.83 ___
6	Li, Lucy Xinshi	12	Swansea Aq	40.00 ___
7	Hanna, Shelby	13	Haverfordwes	40.15 ___
8	Peach, Eliza M	14	Haverfordwes	40.49 ___

**Heat 9 of 9 Finals**

1	Clissold, Bronwyn	14	Tenby	38.44 ___
2	Beynon, Chloe	15	Fishguard	38.11 ___
3	Huws, Awen G	14	NexusValleys	37.74 ___
4	King, Marley	14	Penyrheol Asc	36.57 ___
5	Marsh, Nina	14	Milford Havn	36.84 ___
6	Green, Matilda	13	Haverfordwes	37.80 ___
7	Perrott, Niamh	13	C Dolphins	38.37 ___
8	Thomas, Caitlin	14	Penyrheol Asc	38.56 ___

**Event 602 Boys 10 & Over 200 SC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
1	Noden, Rory	10	Milford Havn	NT ___
2	Elmes, Max	11	Carmarthen	NT ___
3	Lerigo, Oli	12	Aberystwyth	NT ___
4	Patterson, Ollie	12	Milford Havn	NT ___
5	Phillips, Finley	12	Carmarthen	NT ___
6	Davies, Ellis V	11	Llanelli	NT ___
7	Davies, Tyler	11	Milford Havn	NT ___
8				___
<b>Heat 2 of 2 Finals</b>				
1	Lewis, Iestyn	11	Haverfordwes	3:35.87 ___
2	Morgan, Ben	13	PembrokeDist	3:02.90 ___
3	Silverstone, Sol	13	Haverfordwes	3:00.80 ___
4	Upton-Boorman, Liam	15	Carmarthen	2:46.52 ___
5	Chapman, Coby L	13	Penyrheol Asc	2:54.00 ___
6	Harris, Osian	13	Fishguard	3:02.57 ___
7	Thomson, Jacob	15	Haverfordwes	3:28.99 ___
8	Bennett, Finley	13	Haverfordwes	NT ___

**Event 603 Girls 10 & Over 200 SC Meter IM**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 7 Finals</b>				
1	Williams, Paige T	10	Swansea Aq	NT ___
2	Thomas, Carys	11	Penyrheol Asc	NT ___
3	Thomas, Leah	11	Haverfordwes	NT ___
4	Jewitt, Sophia	11	Llanelli	NT ___
5	Jewitt, Anya	11	Llanelli	NT ___
6	David, Emily	11	Haverfordwes	NT ___
7	Williams, Fay P	10	Swansea Aq	NT ___
8				___

## West Wales Sub Regionals 2022 - 25/11/2022 to 27/11/2022

## Meet Program - Session 6 - Warmup 10.25 am - 11.25 pm

**Heat 2 Finals (#603 Girls 10 & Over 200 SC Meter IM)**

1	John, Rebekah	11	PembrokeDist	NT	___
2	Hall, Isabelle	11	Fishguard	NT	___
3	Bruce, Keira	12	PembrokeDist	NT	___
4	Williams, Ffion	13	Milford Havn	NT	___
5	Davies, Amelia F	12	Swansea Aq	NT	___
6	Howell, Sophie	11	Haverfordwes	NT	___
7	Kenny, Jemima	11	Milford Havn	NT	___
8	Davies, Anni	11	Aberystwyth	NT	___

**Heat 3 of 7 Finals**

1	Koo, Kathryn	13	Tenby	NT	___
2	Fyfe, Nell	13	Haverfordwes	NT	___
3	Dyde, Pheobe	10	PembrokeDist	4:30.50	___
4	McFarlane, Una	11	Milford Havn	3:55.09	___
5	Edwards, Ffion	11	Swansea Aq	3:59.10	___
6	Diamond, Ellie M	14	NexusValleys	NT	___
7	James, Sara	13	Haverfordwes	NT	___
8	Ostrowski, Julia	13	PembrokeDist	NT	___

**Heat 4 of 7 Finals**

1	Griffiths, Ffion	11	Tenby	3:52.77	___
2	Gobbi, Roma	13	Haverfordwes	3:47.09	___
3	Mason, Phoebe	12	Haverfordwes	3:39.82	___
4	Taffetsauffer, Isabella	11	Llanelli	3:29.56	___
5	Hall, Ellena	11	Fishguard	3:39.09	___
6	Murphy, Alys	13	Haverfordwes	3:41.70	___
7	Scully, Emersyn	11	Swansea Aq	3:50.20	___
8	Doncaster, Lily S	12	Haverfordwes	3:52.83	___

**Heat 5 of 7 Finals**

1	Page, Jessica	12	Tenby	3:26.88	___
2	Phillips, Ellie R	15	Haverfordwes	3:23.00	___
3	Knight, Lily	12	C Dolphins	3:19.07	___
4	Griffiths, Gwenan M	12	Swansea Aq	3:14.92	___
5	Li, Lucy Xinshi	12	Swansea Aq	3:18.03	___
6	Macy, Peni	13	Aberystwyth	3:23.00	___
7	Davies, Erin	11	C Dolphins	3:26.31	___
8	Williams-Kivell, Izabella	14	Swansea Aq	3:29.20	___

**Heat 6 of 7 Finals**

1	Edwards, Isabel	13	Swansea Aq	3:13.90	___
2	Montague, Keira	13	Haverfordwes	3:11.46	___
3	Miles, Megan	14	Fishguard	3:05.59	___
4	Philpott, Ffion	13	Llanelli	3:01.06	___
5	Stark, Tala	12	Fishguard	3:02.46	___
6	Bruce, Skye	13	PembrokeDist	3:07.17	___
7	Bissicks, Cari H	11	Swansea Aq	3:12.50	___
8	Peach, Eliza M	14	Haverfordwes	3:14.43	___

**Heat 7 of 7 Finals**

1	John, Holly	15	Haverfordwes	2:54.65	___
2	Marsh, Nina	14	Milford Havn	2:51.23	___
3	Knight, Cari	14	Penyrheol Asc	2:49.36	___
4	Williams, Hollie	15	Llanelli	2:45.56	___
5	Knight, Ffion L	17	Penyrheol Asc	2:48.50	___
6	Hanna, Jazmine	14	Haverfordwes	2:50.80	___
7	Pickersgill, Aoife	14	Carmarthen	2:53.12	___
8	Clissold, Bronwyn	14	Tenby	3:00.24	___

**Event 604 Boys 10 & Over 100 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Finals**

1				___	
2	Lummis, Oscar D	10	NexusValleys	NT	___
3	Petrie, Jaden	11	Haverfordwes	NT	___
4	Hnoiany, Andrii	13	Swansea Aq	NT	___
5	Thomas, Harry	12	Haverfordwes	NT	___
6	Thomas, Wilf	10	Aberystwyth	NT	___
7	Napieralla, Jacob	10	Penyrheol Asc	NT	___
8				___	

**Heat 2 of 6 Finals**

1	Santos, Liam	13	Milford Havn	NT	___
2	Phillips, Lucas	11	Haverfordwes	2:01.96	___
3	Lummis, Ralph J	11	NexusValleys	1:43.37	___
4	Chapman, Henry	11	Carmarthen	1:38.70	___
5	Lewis, Callum	13	Milford Havn	1:40.01	___
6	Beynon, Aaron	12	Fishguard	1:54.03	___
7	Crotty, Beau	11	PembrokeDist	2:22.32	___
8	Griffiths, Lloyd	13	Haverfordwes	NT	___

**Heat 3 of 6 Finals**

1	Cleave, Ben	12	C Dolphins	1:32.56	___
2	Smith, Herbie C	12	Swansea Aq	1:30.93	___
3	Diouf, Jegan W	10	Swansea Aq	1:29.65	___
4	Johns, Rory	11	Swansea Aq	1:28.70	___
5	Hall, Ethan	13	Fishguard	1:28.83	___
6	Tytler, Leo	14	Milford Havn	1:30.31	___
7	Lerigo, Oli	12	Aberystwyth	1:31.93	___
8	Davies, Ellis V	11	Llanelli	1:32.57	___

**Heat 4 of 6 Finals**

1	Elmes, Max	11	Carmarthen	1:25.68	___
2	Price, Cayle	15	Llanelli	1:24.88	___
3	Gouda, ali	13	Haverfordwes	1:23.93	___
4	Smedley, Jack	15	C Dolphins	1:21.18	___
5	Jones, Jack	13	Tenby	1:22.93	___
6	Davies, Gethin	13	Milford Havn	1:24.43	___
7	Harwood, Jack	11	Haverfordwes	1:25.61	___
8	Smudzinski, Max M	10	Swansea Aq	1:27.20	___

**Heat 5 of 6 Finals**

1	Backen, Henry	14	Fishguard	1:18.02	___
2	Johns, Cody	13	Swansea Aq	1:15.12	___
3	Marshall, Finley	13	Aberystwyth	1:13.23	___
4	Cleave, Joshua	13	C Dolphins	1:10.39	___
5	Scott, Andrew	16	Fishguard	1:11.72	___
6	Morgan, Ben	13	PembrokeDist	1:14.93	___
7	Grugel, Sam	12	C Dolphins	1:15.98	___
8	Gottwaltz, Euan	13	Tenby	1:19.68	___

**Heat 6 of 6 Finals**

1	Harris, Osian	13	Fishguard	1:09.70	___
2	Read, William	14	Swansea Aq	1:07.60	___
3	Davies, Matthew	14	Swansea Aq	1:05.80	___
4	Porter, Sior	16	Carmarthen	1:04.49	___
5	Price, George	14	Penyrheol Asc	1:05.79	___
6	Bowen, Ifan	16	Carmarthen	1:07.02	___
7	Belanger, Jayden	15	Milford Havn	1:08.86	___
8	Grogan, Adam	16	Carmarthen	1:10.04	___

**West Wales Sub Regionals 2022 - 25/11/2022 to 27/11/2022****Meet Program - Session 6 - Warmup 10.25 am - 11.25 pm****Event 605 Girls 10 & Over 200 SC Meter Butterfly**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>Heat 1 of 2 Finals</b>				
1				___
2				___
3	Dash, Amelie	11	Milford Havn	NT ___
4	Griffiths, Cerys	12	Haverfordwes	NT ___
5	Richardson, Beca	12	Swansea Aq	NT ___
6				___
7				___
8				___
<b>Heat 2 of 2 Finals</b>				
1	Thomas, Rhian	14	Haverfordwes	NT ___
2	Arnold, Lily	14	Milford Havn	3:02.10 ___
3	White, Eleanor R	16	Haverfordwes	3:00.42 ___
4	Thomas, Grace	15	Milford Havn	2:50.84 ___
5	Kovachev, Georgie	15	Fishguard	2:56.46 ___
6	Devonald, Niamh	15	Haverfordwes	3:01.60 ___
7	Thompson, Freya	12	Haverfordwes	3:26.78 ___
8				___