

## West Wales Sub Regionals 2022 - 25/11/2022 to 27/11/2022

## Meet Program - Session 7 - Warmup 1.10 - 2.10 pm

**Event 701 Boys 10 & Over 100 SC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Finals**

1				___
2				___
3	Noden, Rory	10	Milford Havn	NT ___
4	Davies, Tyler	11	Milford Havn	NT ___
5	Lummis, Ralph J	11	NexusValleys	NT ___
6				___
7				___
8				___

**Heat 2 of 3 Finals**

1	Patterson, Ollie	12	Milford Havn	NT ___
2	Silverstone, Sol	13	Haverfordwes	NT ___
3	Chapman, Coby L	13	Penyrheol Asc	NT ___
4	Smith, Herbie C	12	Swansea Aq	1:50.27 ___
5	Gouda, ali	13	Haverfordwes	NT ___
6	Harris, Osian	13	Fishguard	NT ___
7	Thomas, Rhys	12	Haverfordwes	NT ___
8				___

**Heat 3 of 3 Finals**

1	Williams, Thomas	12	Llanelli	1:33.71 ___
2	Morgan, Ben	13	PembrokeDist	1:29.93 ___
3	Bennett, Finley	13	Haverfordwes	1:19.00 ___
4	Morgan, Jack	15	PembrokeDist	1:15.96 ___
5	West, Zac	16	Fishguard	1:17.40 ___
6	Belanger, Jayden	15	Milford Havn	1:25.31 ___
7	Grugel, Sam	12	C Dolphins	1:32.68 ___
8	Smedley, Jack	15	C Dolphins	1:38.23 ___

**Event 702 Girls 10 & Over 200 SC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Finals**

1	May, Gwen A	10	NexusValleys	NT ___
2	Dash, Amelie	11	Milford Havn	NT ___
3	Taffetsauffer, Isabella	11	Llanelli	NT ___
4	Giles, Seren M	12	NexusValleys	NT ___
5	Mason, Phoebe	12	Haverfordwes	NT ___
6	Thomas, Grace	11	Carmarthen	NT ___
7	Wells, Iris	11	C Dolphins	NT ___
8				___

**Heat 2 of 3 Finals**

1	Fyfe, Nell	13	Haverfordwes	NT ___
2	Murphy, Alys	13	Haverfordwes	4:07.53 ___
3	Evans, Cadi R	10	Swansea Aq	3:54.87 ___
4	Hall, Isabelle	11	Fishguard	3:41.83 ___
5	Blyth, Isobelle	12	Haverfordwes	3:47.15 ___
6	Williams-Kivell, Izabella	14	Swansea Aq	3:57.50 ___
7	Scully, Emersyn	11	Swansea Aq	4:13.83 ___
8	Griffiths, Cerys	12	Haverfordwes	NT ___

**Heat 3 of 3 Finals**

1	Curtis, Tabitha	11	Fishguard	3:40.67 ___
2	Montague, Keira	13	Haverfordwes	3:23.66 ___
3	Williams, Hollie	15	Llanelli	3:11.72 ___
4	Thomas, Grace	15	Milford Havn	3:04.37 ___
5	Marsh, Nina	14	Milford Havn	3:11.18 ___
6	Miles, Megan	14	Fishguard	3:18.79 ___
7	Knight, Lily	12	C Dolphins	3:35.72 ___
8	Li, Lucy Xinshi	12	Swansea Aq	3:41.71 ___

**Event 703 Boys 10 & Over 100 SC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

1				___
2	Diouf, Jegan W	10	Swansea Aq	NT ___
3	Petrie, Jaden	11	Haverfordwes	NT ___
4	Beynon, Aaron	12	Fishguard	NT ___
5	Crotty, Beau	11	PembrokeDist	NT ___
6	King, Ethan	10	Penyrheol Asc	NT ___
7				___
8				___

**Heat 2 of 4 Finals**

1	Santos, Liam	13	Milford Havn	NT ___
2	Griffiths, Lloyd	13	Haverfordwes	NT ___
3	Davies, Gethin	13	Milford Havn	NT ___
4	Belanger, Jayden	15	Milford Havn	NT ___
5	Marshall, Finley	13	Aberystwyth	NT ___
6	Lewis, Callum	13	Milford Havn	NT ___
7	Jones, Jack	13	Tenby	NT ___
8	Patterson, Ollie	12	Milford Havn	NT ___

**Heat 3 of 4 Finals**

1	Davies, Ellis V	11	Llanelli	2:04.45 ___
2	Chapman, Henry	11	Carmarthen	1:46.90 ___
3	Smith, Herbie C	12	Swansea Aq	1:43.90 ___
4	Harris, Toby	13	PembrokeDist	1:39.75 ___
5	Harwood, Jack	11	Haverfordwes	1:42.65 ___
6	Lewis, Iestyn	11	Haverfordwes	1:43.97 ___
7	Lerigo, Oli	12	Aberystwyth	1:53.40 ___
8	Koriakovtsev, Illia	15	C Dolphins	NT ___

**Heat 4 of 4 Finals**

1	Adams, Noah	12	Fishguard	1:35.28 ___
2	Harris, Osian	13	Fishguard	1:19.63 ___
3	Davies, Matthew	14	Swansea Aq	1:18.80 ___
4	Grogan, Adam	16	Carmarthen	1:12.60 ___
5	Price, George	14	Penyrheol Asc	1:18.35 ___
6	Johns, Cody	13	Swansea Aq	1:19.29 ___
7	Read, William	14	Swansea Aq	1:20.20 ___
8	Thomas, Rhys	12	Haverfordwes	1:38.20 ___

**Event 704 Girls 10 & Over 200 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

1				___
2				___
3	Lyseight-Jones, Indya	10	PembrokeDist	NT ___
4	Williams, Paige T	10	Swansea Aq	NT ___
5	Montgomery, Sofia	10	Haverfordwes	NT ___
6				___
7				___
8				___

**Heat 2 of 7 Finals**

1	Williams, Fay P	10	Swansea Aq	NT ___
2	Wells, Iris	11	C Dolphins	NT ___
3	Edwards, Ffion	11	Swansea Aq	NT ___
4	Thomas, Leah	11	Haverfordwes	NT ___
5	Curtis, Tabitha	11	Fishguard	NT ___
6	Kenny, Jemima	11	Milford Havn	NT ___
7	David, Emily	11	Haverfordwes	NT ___
8	May, Gwen A	10	NexusValleys	NT ___

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**Heat 3 Finals (#704 Girls 10 & Over 200 SC Meter Freestyle)**

1	Li, Lucy Xinshi	12	Swansea Aq	NT	___
2	Perrott, Niamh	13	C Dolphins	NT	___
3	Fyfe, Nell	13	Haverfordwes	NT	___
4	Davies, Lowri	14	C Dolphins	NT	___
5	Spychka, Sofiiia	14	Swansea Aq	NT	___
6	Gobbi, Roma	13	Haverfordwes	NT	___
7	Doncaster, Lily S	12	Haverfordwes	NT	___
8	Davies, Amelia F	12	Swansea Aq	NT	___

**Heat 4 of 7 Finals**

1	Summerfield, Lucy	10	Llanelli	3:49.09	___
2	McFarlane, Una	11	Milford Havn	3:37.43	___
3	Blyth, Isobelle	12	Haverfordwes	3:23.19	___
4	Armstrong, Holly	14	Milford Havn	3:18.16	___
5	Scully, Emersyn	11	Swansea Aq	3:22.24	___
6	Williams, Ffion	13	Milford Havn	3:34.57	___
7	Huws, Awen G	14	NexusValleys	3:40.18	___
8	Dyde, Pheobe	10	PembrokeDist	4:12.41	___

**Heat 5 of 7 Finals**

1	Mason, Phoebe	12	Haverfordwes	3:15.66	___
2	Murphy, Alys	13	Haverfordwes	3:07.77	___
3	Bruce, Keira	12	PembrokeDist	3:00.87	___
4	Ostrowski, Julia	13	PembrokeDist	3:00.04	___
5	Hall, Ellena	11	Fishguard	3:00.05	___
6	O'Connell, Cerys E	14	NexusValleys	3:07.30	___
7	Williams-Kivell, Izabella	14	Swansea Aq	3:08.50	___
8	Griffiths, Ffion	11	Tenby	3:16.24	___

**Heat 6 of 7 Finals**

1	Phillips, Ellie R	15	Haverfordwes	2:56.09	___
2	Harwood, Amelia	15	Haverfordwes	2:52.97	___
3	Bissicks, Cari H	11	Swansea Aq	2:50.73	___
4	Stark, Tala	12	Fishguard	2:47.56	___
5	Thompson, Freya	12	Haverfordwes	2:49.08	___
6	Edwards, Isabel	13	Swansea Aq	2:51.10	___
7	Macy, Peni	13	Aberystwyth	2:54.86	___
8	Hughes, Mollie	11	C Dolphins	2:59.99	___

**Heat 7 of 7 Finals**

1	Beynon, Chloe	15	Fishguard	2:39.36	___
2	Clissold, Bronwyn	14	Tenby	2:37.10	___
3	Carter, Ava	14	C Dolphins	2:35.29	___
4	White, Eleanor R	16	Haverfordwes	2:25.35	___
5	Pickersgill, Aoife	14	Carmarthen	2:34.30	___
6	Koo, Kathryn	13	Tenby	2:36.91	___
7	Devonald, Niamh	15	Haverfordwes	2:38.70	___
8	Bruce, Skye	13	PembrokeDist	2:43.77	___

**Event 705 Boys 10 & Over 50 SC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Finals**

1				___	
2				___	
3	Lummis, Oscar D	10	NexusValleys	NT	___
4	Thomas, Wilf	10	Aberystwyth	NT	___
5	Backen, Frederick	10	Fishguard	NT	___
6				___	
7				___	
8				___	

**Heat 2 of 5 Finals**

1	Beynon, Aaron	12	Fishguard	1:11.71	___
2	Tytler, Leo	14	Milford Havn	1:06.70	___
3	Crotty, Beau	11	PembrokeDist	1:03.63	___
4	Petrie, Jaden	11	Haverfordwes	1:01.30	___
5	Phillips, Lucas	11	Haverfordwes	1:02.78	___
6	Napieralla, Jacob	10	Penyrheol Asc	1:05.46	___
7	Harris, Emyr	10	Fishguard	1:08.88	___
8	Jones, Jack	13	Tenby	NT	___

**Heat 3 of 5 Finals**

1	Chapman, Henry	11	Carmarthen	59.48	___
2	Miles, Gethin	12	Fishguard	57.73	___
3	Lummis, Ralph J	11	NexusValleys	55.50	___
4	Johns, Rory	11	Swansea Aq	54.93	___
5	Adams, Noah	12	Fishguard	55.02	___
6	El Saghir, Mohamed S	11	Carmarthen	56.96	___
7	Smith, Herbie C	12	Swansea Aq	58.30	___
8	Lewis, Callum	13	Milford Havn	1:00.37	___

**Heat 4 of 5 Finals**

1	Johns, Cody	13	Swansea Aq	48.69	___
2	Gottwaltz, Euan	13	Tenby	47.86	___
3	Smedley, Jack	15	C Dolphins	47.41	___
4	Harris, Osian	13	Fishguard	46.47	___
5	Elias, Ruben	12	Carmarthen	46.57	___
6	Price, Cayle	15	Llanelli	47.86	___
7	Gouda, ali	13	Haverfordwes	48.60	___
8	Santos, Liam	13	Milford Havn	49.23	___

**Heat 5 of 5 Finals**

1	Cleave, Joshua	13	C Dolphins	43.23	___
2	Marshall, Finley	13	Aberystwyth	42.43	___
3	Thomson, Jacob	15	Haverfordwes	40.54	___
4	Porter, Sior	16	Carmarthen	36.71	___
5	Richards, Aled	15	C Dolphins	37.64	___
6	Grogan, Adam	16	Carmarthen	41.43	___
7	Hall, Ethan	13	Fishguard	42.61	___
8	Read, William	14	Swansea Aq	43.42	___