

Nofio Sir Gar Invitational Meet 2023 - 14/01/2023 to 15/01/2023

Meet Program - NSG Invitational Meet 2023 (Warmup 8.00 - 8.25)

Event 401 Mixed 9 & Over 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

1	Kenny, Jemima	W11	Milford Havn	NT
2	Morgan, Evelyn	W11	Llanelli	NT
3	Griffiths, Amelia	W12	Fishguard	NT
4	Upton-Boorman, Isabella	W12	Carmarthen	NT
5	Griffiths, Gwenan M	W12	Swansea Aq	NT
6	George, Eilir	W12	Llanelli	NT
7	Harwood, Jack	M11	Haverfordwes	NT
8	Eyre, Gracie	W10	Co Cardiff	NT

Heat 2 of 5 Finals

1	Twigger, Owen	M14	Swansea Aq	NT
2	Doncaster, Lily S	W12	Haverfordwes	3:52.13
3	McFarlane, Una	W11	Milford Havn	3:40.96
4	Davies, Tyler	M11	Milford Havn	3:34.36
5	Hall, Ellena	W11	Fishguard	3:38.05
6	Thomas, Leah	W11	Haverfordwes	3:41.67
7	Koriakovtsev, Illia	M16	C Dolphins	NT
8	Thomas, Nikita	W13	Llanelli	NT

Heat 3 of 5 Finals

1	Williams, Paige T	W10	Swansea Aq	3:27.88
2	Jones, Ffion	W11	Co Cardiff	3:22.88
3	Taffetsauffer, Isabella	W11	Llanelli	3:12.88
4	Bryant, Penelope	W12	Co Cardiff	3:08.78
5	Price, George	M14	Penyrheol	3:10.72
6	Edge, Emily	W12	Co Cardiff	3:18.53
7	Hall, Isabelle	W11	Fishguard	3:26.05
8	Williams, Fay P	W10	Swansea Aq	3:33.86

Heat 4 of 5 Finals

1	Huang, Felix	M12	Swansea Aq	3:03.59
2	Cressey-Rodgers, Gwenllian	W12	Nofio S Gar	3:00.24
3	Hedge, William	M14	Swansea Aq	2:47.80
4	Phillips, Finley	M12	Carmarthen	2:44.96
5	Philpott, Ffion	W13	Nofio S Gar	2:46.93
6	Wilson, Ellie	W12	Co Cardiff	2:54.06
7	Chapman, Olivia	W12	Swansea Aq	3:01.77
8	Gray, Gruff	M13	C Dolphins	3:04.73

Heat 5 of 5 Finals

1	Chapman, Coby L	M13	Penyrheol	2:44.61
2	Hatton-Ellis, Isabelle L	W14	Swansea Aq	2:32.20
3	Patterson, Millie E	W16	Swansea Aq	2:20.89
4	Cressey-Rodgers, Ioan	M17	Nofio S Gar	2:09.39
5	Johnstone, Daniel	M15	Nofio S Gar	2:14.70
6	Cleave, Mia	W15	C Dolphins	2:30.82
7	Grogan, Adam	M16	Carmarthen	2:37.19
8	Arnold, Jessica R	W12	Swansea Aq	2:44.79

Event 402 Mixed 9 & Over 400 SC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1				
2				
3	Pickersgill, Aoife	W14	Carmarthen	NT
4	Porter, Sior	M16	Carmarthen	NT
5	Phillips, Ellie R	W15	Haverfordwes	NT
6				
7				
8				

Heat 2 of 2 Finals

1	Jones, Ffion	W11	Co Cardiff	7:20.64
2	Coffey, Cora-leigh K	W12	Swansea Aq	6:10.42
3	Phillips, Rhianna	W17	Nofio S Gar	5:35.02
4	Cressey-Rodgers, Huw	M15	Nofio S Gar	5:06.37
5	Bissicks, Ella	W15	Swansea Aq	5:16.40
6	Williams, Hollie	W15	Nofio S Gar	5:49.44
7	Bryant, Penelope	W12	Co Cardiff	6:31.20
8	Mason, Phoebe	W12	Haverfordwes	7:28.09

Event 403 Mixed 9 & Over 1500 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1				
2				
3	Robinson, Ellis	M17	Haverfordwes	NT
4	Williams, Thomas	M12	Llanelli	21:02.95
5	Burt, Teyan	M15	Llanelli	21:28.43
6				
7				
8				

Heat 2 of 2 Finals

1	Cleave, Joshua	M14	C Dolphins	20:32.78
2	Williams, Marys E	W13	Swansea Aq	19:45.85
3	Bowen, Ifan	M16	Carmarthen	18:41.67
4	Carver, Wil	M16	Swansea Aq	17:59.21
5	Cressey-Rodgers, Deryn H	W19	Nofio S Gar	18:28.58
6	Davies, Dominic	M18	Llanelli	18:50.98
7	Sullivan, Katie L	W15	Swansea Aq	19:59.48
8				