

Nofio Sir Gar Invitational Meet 2023 - 14/01/2023 to 15/01/2023
Meet Program - NSG Invitational Meet 2023 (Warmup 10.15 - 11.15)

Event 501 Girls 9 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 17 Finals

1				—
2				—
3	Williams, Evie	9	Milford Havn	NT
4	Evans, Mari	9	Aberystwyth	NT
5	Rossiter Wargent, Mia	9	Milford Havn	NT
6	Alexander, Fflur	9	Aberystwyth	NT
7				—
8				—

Heat 2 of 17 Finals

1	Berner, Iyla	9	Aberystwyth	NT
2	Kinnaird, Darcy	10	Co Cardiff	NT
3	Roberts, Grace	10	C Dolphins	NT
4	Heron, Edith	10	Aberystwyth	NT
5	Percival, Bella	10	C Dolphins	NT
6	Buckley, Ava	10	Co Cardiff	NT
7	Barry, Isabella	10	Co Cardiff	NT
8	Davies, Lottie	9	C Dolphins	NT

Heat 3 of 17 Finals

1	Davies, Cadi	11	C Dolphins	NT
2	Williams, Summer	11	C Dolphins	NT
3	Snelgrove, Chloe	12	Amman Valley	NT
4	Harris, Lili	15	Carmarthen	NT
5	Ball, Violet C	13	Swansea Aq	NT
6	Carrozza Kaill, Seren	12	Haverfordwes	NT
7	Kazmiruk, Anastasia	11	Amman Valley	NT
8	Andreassen, Freya	11	Amman Valley	NT

Heat 4 of 17 Finals

1	Roberts Mylan, Sophie I	10	Swansea Aq	2:17.03
2	Goss, Lucia	10	C Dolphins	2:03.72
3	O'Keefe, Isabella	9	Co Cardiff	1:58.71
4	Roberts Mylan, Ffion C	10	Swansea Aq	1:55.63
5	Boyle, Taya L	12	Carmarthen	1:56.75
6	Polverino, Tilly M	9	Swansea Aq	1:58.86
7	Haslam, Tia	12	Carmarthen	2:03.90
8	Lewis, Megan	11	Co Cardiff	2:18.18

Heat 5 of 17 Finals

1	Price, Seren-louise	10	Carmarthen	1:51.73
2	Williams, Lois G	10	Swansea Aq	1:46.45
3	Thomas, Angharad	12	Fishguard	1:44.66
4	Jones, Alexa	9	Llanelli	1:44.44
5	Alexander, Seren	12	Aberystwyth	1:44.57
6	Williams, Nel	10	Co Cardiff	1:46.22
7	David, Emily	11	Haverfordwes	1:47.32
8	Thomas, Leah	11	Haverfordwes	1:52.46

Heat 6 of 17 Finals

1	Wilsher, Suki	11	Co Cardiff	1:40.93
2	Roberts, Molly	11	Llanelli	1:39.88
3	Clift, Meghan	11	Swansea Aq	1:39.70
4	Lewis, Evie	9	Haverfordwes	1:39.43
5	Williams, Fay P	10	Swansea Aq	1:39.50
6	Francis, Emily-Rose	12	Haverfordwes	1:39.80
7	White, Mollie	9	Co Cardiff	1:40.89
8	Adams, Tilly	11	Co Cardiff	1:41.23

Heat 7 of 17 Finals

1	Gobbi, Roma	13	Haverfordwes	1:38.49
2	Davies, Ava-Rose	10	Llanelli	1:37.37
3	Jewitt, Sophia	11	Llanelli	1:36.70
4	Hawkins, Betsy-May	11	Llanelli	1:35.97
5	Jewitt, Anya	11	Llanelli	1:36.63
6	McFarlane, Una	11	Milford Havn	1:37.30
7	Gardner-Rolfe, Mia G	10	Swansea Aq	1:37.46
8	Howell, Sophie	11	Haverfordwes	1:39.13

Heat 8 of 17 Finals

1	Williams, Ffion	13	Milford Havn	1:35.76
2	James, Sara	13	Haverfordwes	1:35.46
3	Jenkins, Emily	11	Co Cardiff	1:35.25
4	Hughes, Megan	9	C Dolphins	1:33.25
5	Joseph, Ellie	10	C Dolphins	1:35.17
6	Wells, Iris	11	C Dolphins	1:35.42
7	Vlasceanu, Maia	11	Carmarthen	1:35.47
8	Pitt, Seren	10	Co Cardiff	1:35.86

Heat 9 of 17 Finals

1	Williams, Paige T	10	Swansea Aq	1:31.56
2	Summerfield, Lucy	10	Llanelli	1:31.23
3	Griffiths, Gwenan M	12	Swansea Aq	1:30.34
4	Harris, Chloe	10	C Dolphins	1:28.96
5	Davies, Isabella	11	Llanelli	1:30.16
6	Doncaster, Lily S	12	Haverfordwes	1:30.80
7	Edwards, Alice	12	Carmarthen	1:31.30
8	Edge, Emily	12	Co Cardiff	1:32.30

Heat 10 of 17 Finals

1	Eyre, Gracie	10	Co Cardiff	1:28.73
2	Jones, Ffion	11	Co Cardiff	1:27.35
3	Thomas, Grace	11	Carmarthen	1:26.31
4	Wilcockson, Alys	12	Aberystwyth	1:25.13
5	Williams, Carys	13	Carmarthen	1:25.59
6	George, Eilir	12	Llanelli	1:27.03
7	Kasto, Evie T	11	Swansea Aq	1:28.19
8	Thomas, Carys	11	Penyrheol	1:28.89

Heat 11 of 17 Finals

1	Davies, Erin	11	C Dolphins	1:24.36
2	Taffetsauffer, Isabella	11	Llanelli	1:24.05
3	Murphy, Alys	13	Haverfordwes	1:23.54
4	Jones, Hunydd	11	Carmarthen	1:23.27
5	Hall, Isabelle	11	Fishguard	1:23.27
6	Conway, Erin J	13	Swansea Aq	1:23.91
7	Hughes, Mollie	11	C Dolphins	1:24.10
8	Bowen, Seren E	12	Carmarthen	1:24.96

Heat 12 of 17 Finals

1	Mason, Phoebe	12	Haverfordwes	1:22.72
2	Webb, Efa M	12	Amman Valley	1:21.29
3	Beall, Magi	12	Penyrheol	1:19.97
4	Hall, Ellena	11	Fishguard	1:19.20
5	Knight, Lily	12	C Dolphins	1:19.46
6	Chapman, Olivia	12	Swansea Aq	1:21.03
7	Williams-Kivell, Izabella	14	Swansea Aq	1:21.31
8	Bryant, Penelope	12	Co Cardiff	1:23.14

Nofio Sir Gar Invitational Meet 2023 - 14/01/2023 to 15/01/2023
Meet Program - NSG Invitational Meet 2023 (Warmup 10.15 - 11.15)

Heat 13 Finals (#501 Girls 9 & Over 100 SC Meter Freestyle)

1	Davies, Lowri	14	C Dolphins	1:18.88	___
2	Boyd, Chloe	12	Co Cardiff	1:16.94	___
3	Baker, Chloe	14	Swansea Aq	1:16.40	___
4	Collyer, Tirion B	11	Swansea Aq	1:15.34	___
5	Hughes, Tirion H	12	Swansea Aq	1:16.31	___
6	Griffiths, Amelia	12	Fishguard	1:16.71	___
7	Bissicks, Cari H	11	Swansea Aq	1:17.50	___
8	Richards, Amber	13	C Dolphins	1:18.99	___

Heat 14 of 17 Finals

1	Lewis, Harriet	10	Co Cardiff	1:14.88	___
2	Spychka, Sofiia	14	Swansea Aq	1:14.59	___
3	Phillips, Ellie R	15	Haverfordwes	1:13.79	___
4	Davies, Kirsty	19	Amman Valley	1:13.17	___
5	Davies, Amelia F	12	Swansea Aq	1:13.35	___
6	Marquis-Jones, Neve	15	Amman Valley	1:13.84	___
7	Davies, Isla F	9	Swansea Aq	1:14.81	___
8	Blue, Macy	13	Carmarthen	1:15.15	___

Heat 15 of 17 Finals

1	Lythgoe, Manon H	13	Swansea Aq	1:12.90	___
2	Perrott, Niamh	13	C Dolphins	1:12.50	___
3	Philpott, Ffion	13	Nofio S Gar	1:10.26	___
4	Pickersgill, Aoife	14	Carmarthen	1:09.00	___
5	Coffey, Cora-leigh K	12	Swansea Aq	1:09.50	___
6	Thomas, Nikita	13	Llanelli	1:11.75	___
7	Cressey-Rodgers, Gwenllian	12	Nofio S Gar	1:12.73	___
8	Wilson, Ellie	12	Co Cardiff	1:12.90	___

Heat 16 of 17 Finals

1	Ley, Lucy	14	Swansea Aq	1:06.90	___
2	Gibbs, Harriet	14	Nofio S Gar	1:06.19	___
3	Brown, Caitlin	15	Nofio S Gar	1:05.08	___
4	Grigg-Williams, Chloe	19	Penyrheol	1:05.00	___
5	David, Isabelle	15	Swansea Aq	1:05.07	___
6	Davies, Rhian	15	Swansea Aq	1:06.13	___
7	Carter, Ava	14	C Dolphins	1:06.53	___
8	Thomas, Caitlin	14	Penyrheol	1:07.69	___

Heat 17 of 17 Finals

1	Hale, Gemma N	15	Swansea Aq	1:04.58	___
2	Knight, Ffion L	17	Penyrheol	1:04.00	___
3	King, Marley	14	Penyrheol	1:01.20	___
4	Geach, Libbie	13	Swansea Aq	1:00.80	___
5	Tucker, Holly	14	Swansea Aq	1:01.10	___
6	Williams, Hollie	15	Nofio S Gar	1:04.00	___
7	Turatto-Owen, Morgan L	16	Swansea Aq	1:04.40	___
8	Fox, Eve	17	Swansea Aq	1:04.70	___

Event 502 Boys 9 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Finals

1					___
2	James, Arwel	10	Amman Valley	NT	___
3	Gibbs, Jenson	11	Amman Valley	NT	___
4	El Saghir, Mohamed S	11	Carmarthen	NT	___
5	Rowan, Dylan	11	Co Cardiff	NT	___
6	Jones, Dafydd	10	Amman Valley	NT	___
7	Pirmohamed, Eshan A	9	Swansea Aq	NT	___
8					___

Heat 2 of 11 Finals

1	Peach, Henry	12	Haverfordwes	NT	___
2	Parton, Frankie F	13	Carmarthen	NT	___
3	Mekael, Beshoy A	13	Swansea Aq	NT	___
4	Richards, Aled	15	C Dolphins	NT	___
5	Davies-Thomas, Cai J	13	Swansea Aq	NT	___
6	Mekael, John A	13	Swansea Aq	NT	___
7	Davis, Oliver J	12	Carmarthen	NT	___
8	Smith, Declan	11	Amman Valley	NT	___

Heat 3 of 11 Finals

1	Blassberg, Jordan	16	C Dolphins	NT	___
2	Jenkins, Rhys	9	Co Cardiff	2:02.15	___
3	Clarander, William	10	Co Cardiff	1:56.69	___
4	Boyd, Isaac	9	Co Cardiff	1:51.27	___
5	Higgins, Finley J	11	Swansea Aq	1:51.75	___
6	Green, William	10	Aberystwyth	2:01.65	___
7	Thomas, Ethan H	11	Amman Valley	2:08.68	___
8	Koriakovtsev, Illia	16	C Dolphins	NT	___

Heat 4 of 11 Finals

1	Knight, Tom	11	Haverfordwes	1:46.31	___
2	Patterson, Ollie	12	Milford Havn	1:36.45	___
3	Peach, Oly	12	Haverfordwes	1:31.90	___
4	Diouf, Jegan W	10	Swansea Aq	1:29.65	___
5	Chapman, Henry	11	Carmarthen	1:31.40	___
6	Noden, Rory	10	Milford Havn	1:32.79	___
7	Petrie, Jaden	11	Haverfordwes	1:41.73	___
8	Batcup, Oliver J	10	Swansea Aq	1:49.78	___

Heat 5 of 11 Finals

1	Lewis, Iestyn	11	Haverfordwes	1:28.61	___
2	Lewis, Callum	13	Milford Havn	1:27.96	___
3	Duffy, Isaac	12	Co Cardiff	1:26.35	___
4	Davies, Ellis V	11	Llanelli	1:25.73	___
5	Burt, Caio	12	Llanelli	1:26.08	___
6	Davies, Tyler	11	Milford Havn	1:27.24	___
7	Smith, Herbie C	12	Swansea Aq	1:28.46	___
8	Hall, Ethan	13	Fishguard	1:28.83	___

Heat 6 of 11 Finals

1	Davies, Bradley	14	Llanelli	1:23.62	___
2	King, Ethan	10	Penyrheol	1:22.25	___
3	Elmes, Max	11	Carmarthen	1:21.83	___
4	Tytler, Leo	14	Milford Havn	1:20.55	___
5	Price, Cayle	15	Llanelli	1:20.67	___
6	Stewart, Finlay	14	Llanelli	1:22.20	___
7	Gouda, ali	13	Haverfordwes	1:23.48	___
8	Smith, Jacob	11	Haverfordwes	1:24.16	___

Heat 7 of 11 Finals

1	Cleave, Ben	12	C Dolphins	1:17.06	___
2	Smith, Benjamin	13	Haverfordwes	1:16.41	___
3	Chan, Carlton	12	Swansea Aq	1:15.91	___
4	Hale, Oliver S	11	Swansea Aq	1:15.56	___
5	Gray, Gruff	13	C Dolphins	1:15.62	___
6	Jones, Aaron	15	Aberystwyth	1:15.92	___
7	Castillo, Airam	11	Co Cardiff	1:16.75	___
8	Huang, Felix	12	Swansea Aq	1:19.78	___

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Heat 8 Finals (#502 Boys 9 & Over 100 SC Meter Freestyle)

1	Grugel, Sam	12	C Dolphins	1:14.13	___
2	Thomas, Noah	17	Llanelli	1:13.62	___
3	Marshall, Finley	13	Aberystwyth	1:12.68	___
4	Galbraith, Elian	13	Llanelli	1:10.57	___
5	Williams, Thomas	12	Llanelli	1:11.85	___
6	Hedge, William	14	Swansea Aq	1:13.40	___
7	Backen, Henry	14	Fishguard	1:13.65	___
8	Smedley, Jack	15	C Dolphins	1:15.29	___

Heat 9 of 11 Finals

1	Harris, Osian	13	Fishguard	1:09.70	___
2	Hnoianyi, Andrii	13	Swansea Aq	1:07.97	___
3	Read, William	15	Swansea Aq	1:07.60	___
4	Rukov, Ivan	15	Aberystwyth	1:05.07	___
5	Lloyd-Roberts, Rhys	15	Milford Havn	1:07.06	___
6	Bowen, Llyr O	14	Carmarthen	1:07.73	___
7	Burt, Teyan	15	Llanelli	1:08.31	___
8	Phillips, Finley	12	Carmarthen	1:10.31	___

Heat 10 of 11 Finals

1	Price, George	14	Penyrheol	1:04.60	___
2	Porter, Sior	16	Carmarthen	1:03.92	___
3	Clarke, Henry	15	Swansea Aq	1:02.70	___
4	Twigger, Owen	14	Swansea Aq	1:00.70	___
5	O'Brien, Tomos J	17	Swansea Aq	1:00.84	___
6	Grogan, Adam	16	Carmarthen	1:03.77	___
7	Cressey-Rodgers, Huw	15	Nofio S Gar	1:04.05	___
8	Chapman, Coby L	13	Penyrheol	1:04.80	___

Heat 11 of 11 Finals

1	Swinton, Christopher J	16	Swansea Aq	58.82	___
2	Sparks, Harry	16	Nofio S Gar	58.48	___
3	Upton-Boorman, Liam	15	Nofio S Gar	56.83	___
4	Thomas, Rhys A	17	Swansea Aq	55.50	___
5	Cressey-Rodgers, Ioan	17	Nofio S Gar	55.90	___
6	Johnstone, Daniel	15	Nofio S Gar	57.30	___
7	Davies, Dominic	18	Llanelli	58.54	___
8	Carver, Wil	16	Swansea Aq	59.46	___

Event 503 Girls 9 & Over 50 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 18 Finals

1	Davies, Lottie	9	C Dolphins	NT	___
2	Morris, Brooke	10	Penyrheol	NT	___
3	Sharpe, Lillie	10	Llanelli	NT	___
4	Titley, Lola	10	Milford Havn	NT	___
5	Williams, Eve	10	Penyrheol	NT	___
6	Beall, Isabelle	10	Penyrheol	NT	___
7	Blassberg, Phoebe	9	C Dolphins	NT	___
8	Alexander, Fflur	9	Aberystwyth	NT	___

Heat 2 of 18 Finals

1	Mirghany, Bushra	10	Penyrheol	NT	___
2	Malough, Holly V	11	Swansea Aq	NT	___
3	Boyle, Taya L	12	Carmarthen	NT	___
4	Owen, Annabelle	12	Penyrheol	NT	___
5	Carrozza Kaill, Seren	12	Haverfordwes	NT	___
6	Kazmiruk, Anastasia	11	Amman Valley	NT	___
7	Davies, Lucy-Anne	10	Amman Valley	NT	___
8	Baylis, Ellie	10	Penyrheol	NT	___

Heat 3 of 18 Finals

1	Stacey, Jessica	12	Swansea Aq	NT	___
2	Kaill-Franks, Eira	12	Fishguard	NT	___
3	Folaranmi, Eliora	9	Co Cardiff	1:17.84	___
4	Mason, Ezmee	9	Haverfordwes	1:11.04	___
5	Snelgrove, Chloe	12	Amman Valley	1:12.16	___
6	Dafydd, Iola	13	Fishguard	NT	___
7	Ebenezer, Anni	12	Co Cardiff	NT	___
8	Perrott, Hannah	12	C Dolphins	NT	___

Heat 4 of 18 Finals

1	Davies, Zara	10	Llanelli	1:08.97	___
2	O'Keefe, Isabella	9	Co Cardiff	1:07.77	___
3	Philpott, Lowri	11	Llanelli	1:06.14	___
4	Williams, Eirwen N	10	Swansea Aq	1:04.14	___
5	Buckley, Ava	10	Co Cardiff	1:04.93	___
6	James, Evie	10	Milford Havn	1:06.40	___
7	McBurnie, Mia	10	Aberystwyth	1:08.56	___
8	Rossiter Wargent, Mia	9	Milford Havn	1:08.99	___

Heat 5 of 18 Finals

1	Evans, Mari	9	Aberystwyth	1:02.13	___
2	Leane, Megan	10	Haverfordwes	1:01.12	___
3	Ellis, Eve	10	C Dolphins	59.87	___
4	Haslam, Tia	12	Carmarthen	59.70	___
5	Roberts Mylan, Ffion C	10	Swansea Aq	59.83	___
6	Goss, Lucia	10	C Dolphins	1:01.11	___
7	Griffiths, Lilia-Rose	9	Fishguard	1:01.84	___
8	Williams, Evie	9	Milford Havn	1:03.17	___

Heat 6 of 18 Finals

1	Curtis, Carly	10	Milford Havn	59.53	___
2	Heron, Edith	10	Aberystwyth	58.10	___
3	Osell, Alice	9	C Dolphins	55.08	___
4	Davies, Cadi	11	C Dolphins	54.87	___
5	Massey, Mia	10	C Dolphins	55.05	___
6	Berner, Kiana	11	Aberystwyth	55.76	___
7	Polverino, Tilly M	9	Swansea Aq	59.00	___
8	Kinnaird, Darcy	10	Co Cardiff	59.60	___

Heat 7 of 18 Finals

1	Alexander, Seren	12	Aberystwyth	54.30	___
2	Roberts Mylan, Sophie I	10	Swansea Aq	54.13	___
3	Percival, Bella	10	C Dolphins	53.28	___
4	Lewis, Evie	9	Haverfordwes	52.13	___
5	Gardner-Rolfe, Mia G	10	Swansea Aq	52.80	___
6	Edwards, Alice	12	Carmarthen	53.67	___
7	Williams, Lois G	10	Swansea Aq	54.19	___
8	James, Sara	13	Haverfordwes	54.46	___

Heat 8 of 18 Finals

1	David, Emily	11	Haverfordwes	51.84	___
2	Pitt, Seren	10	Co Cardiff	51.75	___
3	Williams, Nel	10	Co Cardiff	51.25	___
4	Jenkins, Isabella	10	Llanelli	51.10	___
5	Beasley, Evaleigh D	9	Swansea Aq	51.15	___
6	Griffiths, Elizabeth	11	Fishguard	51.49	___
7	Berner, Iyla	9	Aberystwyth	51.78	___
8	Clift, Meghan	11	Swansea Aq	52.08	___

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Heat 9 Finals (#503 Girls 9 & Over 50 SC Meter Backstroke)

1	Parry, Abigail	10	Carmarthen	50.28	___
2	White, Mollie	9	Co Cardiff	49.80	___
3	Kaill-Franks, Nia	11	Fishguard	49.26	___
4	Davies, Isabella	11	Llanelli	48.78	___
5	Jones, Alexa	9	Llanelli	48.86	___
6	Ball, Violet C	13	Swansea Aq	49.63	___
7	Williams, Ffion	13	Milford Havn	49.99	___
8	Thomas, Angharad	12	Fishguard	50.64	___

Heat 10 of 18 Finals

1	Joseph, Ellie	10	C Dolphins	48.36	___
2	Roberts, Molly	11	Llanelli	47.65	___
3	Vlasceanu, Maia	11	Carmarthen	47.41	___
4	Williams, Fay P	10	Swansea Aq	46.91	___
5	Thomas, Carys	11	Penyrheol	47.10	___
6	Doncaster, Lily S	12	Haverfordwes	47.50	___
7	Adams, Tilly	11	Co Cardiff	48.07	___
8	Davies, Ava-Rose	10	Llanelli	48.50	___

Heat 11 of 18 Finals

1	Edge, Emily	12	Co Cardiff	46.33	___
2	Thomas, Grace	11	Carmarthen	45.94	___
3	Kasto, Evie T	11	Swansea Aq	45.67	___
4	Gobbi, Roma	13	Haverfordwes	44.81	___
5	Williams, Carys	13	Carmarthen	44.95	___
6	Wells, Iris	11	C Dolphins	45.73	___
7	Wilsher, Suki	11	Co Cardiff	46.05	___
8	Hall, Ellena	11	Fishguard	46.46	___

Heat 12 of 18 Finals

1	Jones, Hunydd	11	Carmarthen	44.68	___
2	Jones, Ffion	11	Co Cardiff	44.40	___
3	Goodman, Lola	11	Swansea Aq	44.30	___
4	Goodman, Evie	11	Swansea Aq	44.20	___
5	Davies, Erin	11	C Dolphins	44.26	___
6	Bowen, Seren E	12	Carmarthen	44.36	___
7	Williams-Kivell, Izabella	14	Swansea Aq	44.43	___
8	Webb, Efa M	12	Amman Valley	44.71	___

Heat 13 of 18 Finals

1	Williams, Paige T	10	Swansea Aq	44.08	___
2	Andreassen, Freya	11	Amman Valley	43.38	___
3	Hall, Isabelle	11	Fishguard	42.81	___
4	Eyre, Gracie	10	Co Cardiff	42.52	___
5	Porter, Cerys	13	Carmarthen	42.73	___
6	Evans, Cadi R	10	Swansea Aq	42.89	___
7	Harris, Lili	15	Carmarthen	43.91	___
8	Wilcockson, Alys	12	Aberystwyth	44.09	___

Heat 14 of 18 Finals

1	Hnoiana, Valentyna	10	Swansea Aq	42.27	___
2	Boyd, Chloe	12	Co Cardiff	40.65	___
3	Chapman, Olivia	12	Swansea Aq	39.70	___
4	Gibbs, Harriet	14	Nofio S Gar	39.60	___
5	Cressey-Rodgers, Gwenllian	12	Nofio S Gar	39.67	___
6	Griffiths, Amelia	12	Fishguard	40.44	___
7	Dafydd, Mali	12	Fishguard	42.01	___
8	George, Eilir	12	Llanelli	42.34	___

Heat 15 of 18 Finals

1	Marquis-Jones, Neve	15	Amman Valley	39.28	___
2	Lythgoe, Manon H	13	Swansea Aq	39.13	___
3	Davies, Isla F	9	Swansea Aq	39.00	___
4	Davies, Kirsty	19	Amman Valley	38.88	___
5	Collyer, Tirion B	11	Swansea Aq	38.90	___
6	Brown, Caitlin	15	Nofio S Gar	39.13	___
7	Thomas, Nikita	13	Llanelli	39.21	___
8	Griffiths, Gwenan M	12	Swansea Aq	39.49	___

Heat 16 of 18 Finals

1	Bryant, Penelope	12	Co Cardiff	38.32	___
2	Burns, Freya	11	Swansea Aq	38.05	___
3	Bray, Bethan	16	C Dolphins	37.78	___
4	Thomas, Medi A	14	Swansea Aq	37.30	___
5	Perrott, Niamh	13	C Dolphins	37.43	___
6	Wilson, Ellie	12	Co Cardiff	38.00	___
7	Norgrove, Ffion	14	Carmarthen	38.18	___
8	Lewis, Harriet	10	Co Cardiff	38.87	___

Heat 17 of 18 Finals

1	Ley, Lucy	14	Swansea Aq	37.11	___
2	Davies, Amelia F	12	Swansea Aq	36.94	___
3	Marsh, Nina	14	Milford Havn	36.82	___
4	Pickersgill, Aoife	14	Carmarthen	35.70	___
5	Arnold, Jessica R	12	Swansea Aq	36.19	___
6	Phillips, Rhianna	17	Nofio S Gar	36.91	___
7	Philpott, Ffion	13	Nofio S Gar	37.11	___
8	Thomas, Caitlin	14	Penyrheol	37.27	___

Heat 18 of 18 Finals

1	Knight, Cari	14	Penyrheol	35.11	___
2	Bissicks, Ella	15	Swansea Aq	34.07	___
3	Cleave, Mia	15	C Dolphins	33.04	___
4	Goodliffe, Faith	22	Swansea Uni	32.28	___
5	Hatton-Ellis, Isabelle L	14	Swansea Aq	32.78	___
6	Grigg-Williams, Chloe	19	Penyrheol	33.11	___
7	Lewis, Imogen	14	Co Cardiff	35.10	___
8	Carter, Ava	14	C Dolphins	35.11	___

Event 504 Boys 9 & Over 50 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Finals

1				___
2				___
3	Rewbridge, Will	9	Llanelli	NT
4	Jones, Dafydd	10	Amman Valley	NT
5	Carrozza Kaill, Morlo	9	Haverfordwes	NT
6	Navaratnam, Aron	9	Co Cardiff	NT
7				___
8				___

Heat 2 of 9 Finals

1	Thomas, Ethan H	11	Amman Valley	NT
2	Blue, Harri O	11	Carmarthen	NT
3	Foale, Jack	12	Aberystwyth	NT
4	Backen, Henry	14	Fishguard	NT
5	Stewart, Finlay	14	Llanelli	NT
6	Soosainathan, Joel	12	Aberystwyth	NT
7	Smith, Declan	11	Amman Valley	NT
8	Bray, Gwilym	10	C Dolphins	NT

Nofio Sir Gar Invitational Meet 2023 - 14/01/2023 to 15/01/2023
Meet Program - NSG Invitational Meet 2023 (Warmup 10.15 - 11.15)

Heat 3 Finals (#504 Boys 9 & Over 50 SC Meter Backstroke)

1	Holland, Owain Rhys	9	Co Cardiff	1:30.48	___
2	Backen, Frederick	10	Fishguard	1:05.55	___
3	Clarander, William	10	Co Cardiff	1:03.69	___
4	Mekael, John A	13	Swansea Aq	1:01.96	___
5	Batcup, Oliver J	10	Swansea Aq	1:03.37	___
6	Lloyd Roberts, Harry	10	Milford Havn	1:04.78	___
7	Burt, Gwion	9	Llanelli	1:09.98	___
8	Koriakovtsev, Illia	16	C Dolphins	NT	___

Heat 9 of 9 Finals

1	Galbraith, Elian	13	Llanelli	35.27	___
2	Grogan, Adam	16	Carmarthen	33.17	___
3	Sparks, Harry	16	Nofio S Gar	30.58	___
4	Johnstone, Daniel	15	Nofio S Gar	28.23	___
5	Cressey-Rodgers, Ioan	17	Nofio S Gar	29.56	___
6	Upton-Boorman, Liam	15	Nofio S Gar	30.65	___
7	Rukov, Ivan	15	Aberystwyth	33.33	___
8	Read, William	15	Swansea Aq	35.41	___

Heat 4 of 9 Finals

1	Davis, Oliver J	12	Carmarthen	59.85	___
2	Mekael, Beshoy A	13	Swansea Aq	57.55	___
3	Jenkins, Rhys	9	Co Cardiff	56.45	___
4	Pirmohamed, Eshan A	9	Swansea Aq	55.64	___
5	Phillips, Lucas	11	Haverfordwes	56.36	___
6	Davies, Harrison L	9	Swansea Aq	56.99	___
7	Green, William	10	Aberystwyth	59.20	___
8	Rowan, Dylan	11	Co Cardiff	1:00.15	___

Heat 5 of 9 Finals

1	Higgins, Finley J	11	Swansea Aq	54.30	___
2	Thomas, Wilf	10	Aberystwyth	53.19	___
3	Knight, Tom	11	Haverfordwes	51.57	___
4	Chapman, Henry	11	Carmarthen	48.15	___
5	Miles, Gethin	12	Fishguard	50.21	___
6	El Saghir, Mohamed S	11	Carmarthen	52.77	___
7	Gibbs, Jenson	11	Amman Valley	53.97	___
8	Boyd, Isaac	9	Co Cardiff	55.45	___

Heat 6 of 9 Finals

1	Peach, Olly	12	Haverfordwes	47.29	___
2	Peach, Henry	12	Haverfordwes	47.04	___
3	Lewis, Iestyn	11	Haverfordwes	46.63	___
4	Duffy, Isaac	12	Co Cardiff	44.34	___
5	Santos, Liam	13	Milford Havn	45.19	___
6	Davies-Thomas, Cai J	13	Swansea Aq	46.90	___
7	Smith, Herbie C	12	Swansea Aq	47.28	___
8	Patterson, Ollie	12	Milford Havn	47.49	___

Heat 7 of 9 Finals

1	Gouda, ali	13	Haverfordwes	44.18	___
2	King, Ethan	10	Penyrheol	41.90	___
3	Castillo, Airam	11	Co Cardiff	41.24	___
4	Williams, Thomas	12	Llanelli	41.17	___
5	Jones, Aaron	15	Aberystwyth	41.20	___
6	Hale, Oliver S	11	Swansea Aq	41.44	___
7	Diouf, Jegan W	10	Swansea Aq	43.48	___
8	Davies, Ellis V	11	Llanelli	44.28	___

Heat 8 of 9 Finals

1	Huang, Felix	12	Swansea Aq	39.33	___
2	Marshall, Finley	13	Aberystwyth	37.98	___
3	Price, George	14	Penyrheol	35.71	___
4	Harris, Osian	13	Fishguard	35.59	___
5	Lloyd-Roberts, Rhys	15	Milford Havn	35.65	___
6	Hedge, William	14	Swansea Aq	36.02	___
7	Davies, Bradley	14	Llanelli	38.56	___
8	Elmes, Max	11	Carmarthen	40.89	___