

Swansea University LC Sprint 2023 - 05/02/2023

Meet Program - Session 1 (Warmup 8.00 - 8.50)

Event 1 Boys 12 & Over 200 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 5 Finals

| | | | | | |
|---|-----------------------|----|------------|---------|-----|
| 2 | Smith, Ben | 13 | Pembs Cty | 2:59.39 | ___ |
| 3 | Roberts-Truman, Harri | 12 | Neath | 2:49.44 | ___ |
| 4 | Watkins, Murphy T | 14 | Swansea Aq | 2:47.00 | ___ |
| 5 | Hale, Oliver S | 12 | Swansea Aq | 2:48.10 | ___ |
| 6 | O'Hara, Corey | 13 | ABVY | 2:57.84 | ___ |
| 7 | Thomas, Rhys | 12 | Pembs Cty | 3:05.96 | ___ |

Heat 2 of 5 Finals

| | | | | | |
|---|----------------------|----|--------------|---------|-----|
| 1 | Diouf, Kaden S | 14 | Swansea Aq | 2:36.80 | ___ |
| 2 | Bennett, Finley | 13 | Pembs Cty | 2:26.83 | ___ |
| 3 | Jones, Lloyd D | 19 | Merthyr Tydf | 2:20.64 | ___ |
| 4 | Sellick, Fenn | 14 | Swansea Aq | 2:13.00 | ___ |
| 5 | Cressey-Rodgers, Huw | 15 | Nofio S Gar | 2:15.54 | ___ |
| 6 | Stefanski, Oskar | 21 | Swansea Uni | 2:25.00 | ___ |
| 7 | Chapman, Coby L | 13 | Penyrheol | 2:29.96 | ___ |
| 8 | Morgan, Ben | 13 | Pembs Cty | 2:42.10 | ___ |

Heat 3 of 5 Finals

| | | | | | |
|---|---------------------|----|-------------|---------|-----|
| 1 | Richardson, Osian | 14 | Swansea Aq | 2:12.10 | ___ |
| 2 | Fletcher, Owen T | 15 | Pembs Cty | 2:11.70 | ___ |
| 3 | Montgomery, Sammy | 14 | Pembs Cty | 2:11.00 | ___ |
| 4 | Upton-Boorman, Liam | 15 | Nofio S Gar | 2:08.13 | ___ |
| 5 | Thomas, Rhys A | 17 | Swansea Aq | 2:08.60 | ___ |
| 6 | Carver, Wil | 16 | Swansea Aq | 2:11.14 | ___ |
| 7 | Hedge, Thomas | 17 | Swansea Aq | 2:11.70 | ___ |
| 8 | Twigger, Owen | 14 | Swansea Aq | 2:12.80 | ___ |

Heat 4 of 5 Finals

| | | | | | |
|---|-----------------------|----|-------------|---------|-----|
| 1 | Palmer, Charlie | 20 | Swansea Uni | 2:03.13 | ___ |
| 2 | Cressey-Rodgers, Ioan | 17 | Nofio S Gar | 2:00.80 | ___ |
| 3 | Gillett, Oliver | 15 | Swansea Aq | 2:00.70 | ___ |
| 4 | Kendrick, Elijah | 18 | Swansea Uni | 1:58.75 | ___ |
| 5 | Wells, Oliver S | 16 | Swansea Aq | 2:00.60 | ___ |
| 6 | Staines, Luke | 18 | Swansea Uni | 2:00.76 | ___ |
| 7 | Stratton, Joe | 18 | Swansea Uni | 2:02.30 | ___ |
| 8 | Sparks, Harry | 16 | Nofio S Gar | 2:06.95 | ___ |

Heat 5 of 5 Finals

| | | | | | |
|---|--------------------|----|-------------|---------|-----|
| 1 | Tippin, Joey | 19 | Swansea Uni | 1:58.46 | ___ |
| 2 | Raffill, Daniel | 19 | Swansea Uni | 1:57.00 | ___ |
| 3 | Trebilcock, Thomas | 19 | Swansea Uni | 1:54.09 | ___ |
| 4 | Williams, Joshua | 20 | Swansea Uni | 1:50.67 | ___ |
| 5 | Ryley, William | 24 | Co Cardiff | 1:51.12 | ___ |
| 6 | Adams, Max | 18 | Swansea Uni | 1:54.26 | ___ |
| 7 | Stewart, Toby | 19 | Swansea Uni | 1:57.94 | ___ |
| 8 | Burton, Luke | 19 | Swansea Uni | 1:58.53 | ___ |

Event 2 Girls 12 & Over 200 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 7 Finals

| | | | | | |
|---|----------------------------|----|-------------|---------|-----|
| 3 | Griffiths, Amelia | 12 | Pembs Cty | 3:00.82 | ___ |
| 4 | Cressey-Rodgers, Gwenllian | 12 | Nofio S Gar | 2:48.00 | ___ |
| 5 | James, Maisie | 15 | Neath | 2:59.61 | ___ |
| 6 | Bruce, Kiera | 12 | Pembs Cty | 3:03.40 | ___ |

Heat 2 of 7 Finals

| | | | | | |
|---|------------------|----|------------|---------|-----|
| 1 | Thompson, Freya | 12 | Pembs Cty | 2:45.64 | ___ |
| 2 | Green, Matilda | 13 | Pembs Cty | 2:41.13 | ___ |
| 3 | Lythgoe, Manon H | 13 | Swansea Aq | 2:39.50 | ___ |
| 4 | Thomas, Caitlin | 14 | Penyrheol | 2:38.82 | ___ |
| 5 | Bruce, Skye | 13 | Pembs Cty | 2:39.49 | ___ |
| 6 | Thomas, Medi A | 14 | Swansea Aq | 2:39.70 | ___ |
| 7 | Ostrowski, Julia | 14 | Pembs Cty | 2:45.10 | ___ |
| 8 | Peach, Eliza M | 14 | Pembs Cty | 2:47.50 | ___ |

Heat 3 of 7 Finals

| | | | | | |
|---|----------------------|----|-------------|---------|-----|
| 1 | Coffey, Cora-leigh K | 12 | Swansea Aq | 2:36.70 | ___ |
| 2 | Hurley, Sienna | 12 | Neath | 2:33.35 | ___ |
| 3 | Cooper, Megan | 14 | Neath | 2:32.54 | ___ |
| 4 | Carter, Ava | 14 | Penyrheol | 2:30.86 | ___ |
| 5 | Ley, Lucy | 14 | Swansea Aq | 2:30.98 | ___ |
| 6 | Owens, Annie | 15 | Neath | 2:32.61 | ___ |
| 7 | Philpott, Ffion | 13 | Nofio S Gar | 2:35.69 | ___ |
| 8 | Selby, Cerys | 16 | Neath | 2:38.75 | ___ |

Heat 4 of 7 Finals

| | | | | | |
|---|-------------------|----|-------------|---------|-----|
| 1 | Hale, Libby | 13 | Swansea Aq | 2:27.98 | ___ |
| 2 | Davies, Rhian | 16 | Swansea Aq | 2:26.41 | ___ |
| 3 | Gilderdale, Celyn | 14 | Pembs Cty | 2:25.47 | ___ |
| 4 | Williams, Marys E | 13 | Swansea Aq | 2:24.63 | ___ |
| 5 | Williams, Hollie | 15 | Nofio S Gar | 2:25.01 | ___ |
| 6 | Griffiths, Cerys | 12 | Pembs Cty | 2:26.08 | ___ |
| 7 | Kovachev, Georgie | 16 | Pembs Cty | 2:26.90 | ___ |
| 8 | Knight, Grace | 14 | Bournemouth | 2:29.30 | ___ |

Heat 5 of 7 Finals

| | | | | | |
|---|---------------------|----|-------------|---------|-----|
| 1 | Webb, Saskia | 15 | Pembs Cty | 2:23.30 | ___ |
| 2 | Lewis, Rachael E | 18 | Pembs Cty | 2:21.70 | ___ |
| 3 | Lush, Emily | 20 | Swansea Uni | 2:19.99 | ___ |
| 4 | Gillett, Keira | 17 | Swansea Aq | 2:18.80 | ___ |
| 5 | Chayka, Sofia | 16 | Swansea Aq | 2:19.40 | ___ |
| 6 | Clissold, Elizabeth | 16 | Pembs Cty | 2:21.69 | ___ |
| 7 | Arnold, Lily | 15 | Pembs Cty | 2:22.80 | ___ |
| 8 | Sullivan, Katie L | 15 | Swansea Aq | 2:23.60 | ___ |

Heat 6 of 7 Finals

| | | | | | |
|---|--------------------------|----|-------------|---------|-----|
| 1 | Wyatt, Gemma | 19 | Swansea Uni | 2:18.24 | ___ |
| 2 | Tucker, Holly | 14 | Swansea Aq | 2:17.90 | ___ |
| 3 | Hatton-Ellis, Isabelle L | 14 | Swansea Aq | 2:15.56 | ___ |
| 4 | Fry, Caitlyn | 19 | Swansea Uni | 2:13.57 | ___ |
| 5 | Roberts, Catherine | 19 | Swansea Uni | 2:13.94 | ___ |
| 6 | Payne, Sophie | 20 | Swansea Uni | 2:16.47 | ___ |
| 7 | O'Mahoney, Kaitlin | 14 | Neath | 2:18.15 | ___ |
| 8 | King, Marley | 14 | Penyrheol | 2:18.60 | ___ |

Heat 7 of 7 Finals

| | | | | | |
|---|---------------------|----|-------------|---------|-----|
| 1 | Stokes, Aimee L | 18 | Swansea Uni | 2:10.62 | ___ |
| 2 | Johnson, Charlotte | 19 | Swansea Uni | 2:09.44 | ___ |
| 3 | Sharp, Laura | 20 | Swansea Uni | 2:08.03 | ___ |
| 4 | Dickinson, Jessica | 17 | Swansea Aq | 2:05.37 | ___ |
| 5 | Grover, Lillie | 15 | Wyre Forest | 2:07.81 | ___ |
| 6 | Patterson, Millie E | 16 | Swansea Aq | 2:09.00 | ___ |
| 7 | Lloyd, Ruby | 17 | Swansea Aq | 2:09.71 | ___ |
| 8 | Geach, Libbie | 13 | Swansea Aq | 2:13.10 | ___ |

Swansea University LC Sprint 2023 - 05/02/2023

Meet Program - Session 1 (Warmup 8.00 - 8.50)

Event 3 Boys 12 & Over 50 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|---|-----------------------|----|--------------|-------|
| 1 | Lewis, Cian | 13 | Neath | 45.90 |
| 2 | Harris, Osian | 13 | Pembs Cty | 43.50 |
| 3 | Silverstone, Sol | 13 | Pembs Cty | 39.70 |
| 4 | Jones, Lloyd D | 19 | Merthyr Tydf | 37.64 |
| 5 | Bennett, Finley | 13 | Pembs Cty | 39.42 |
| 6 | Phillips, Ioan | 12 | Neath | 40.78 |
| 7 | Hetherington, Trystan | 13 | Neath | 43.57 |
| 8 | O'Hara, Corey | 13 | ABVY | 49.09 |

Heat 2 of 4 Finals

| | | | | |
|---|------------------------|----|-------------|-------|
| 1 | Andrews, Rory | 18 | Pembs Cty | 36.40 |
| 2 | Clarke, Henry | 15 | Swansea Aq | 35.50 |
| 3 | Ardern, James | 15 | Pembs Cty | 34.00 |
| 4 | Swinton, Christopher J | 16 | Swansea Aq | 33.50 |
| 5 | Greenway, Morgan | 19 | Swansea Uni | 33.89 |
| 6 | Ferguson, Lucas | 18 | Neath | 35.24 |
| 7 | Cressey-Rodgers, Huw | 15 | Nofio S Gar | 35.80 |
| 8 | West, Dexter | 13 | Pembs Cty | 37.08 |

Heat 3 of 4 Finals

| | | | | |
|---|---------------------|----|-------------|-------|
| 1 | Sparks, Harry | 16 | Nofio S Gar | 33.26 |
| 2 | Park, James | 19 | Swansea Uni | 31.25 |
| 3 | Patsalides, Antonis | 20 | Swansea Uni | 31.00 |
| 4 | Minshull, Callum | 18 | Swansea Uni | 30.69 |
| 5 | Hoey, Luke | 20 | Swansea Uni | 30.99 |
| 6 | Elkin, Max | 18 | Swansea Uni | 31.16 |
| 7 | Braddock, Patrick | 19 | Swansea Uni | 32.32 |
| 8 | Lee, Jason | 19 | Swansea Uni | 33.46 |

Heat 4 of 4 Finals

| | | | | |
|---|-----------------------|----|-------------|-------|
| 1 | Larking, Ryan | 21 | Swansea Uni | 30.59 |
| 2 | Armon, Jacob | 20 | Swansea Uni | 30.40 |
| 3 | Davies, Aneurin L | 18 | Swansea Aq | 29.25 |
| 4 | Newman, Bradley | 21 | Co Cardiff | 28.09 |
| 5 | Panaretos, Panayiotis | 20 | Swansea Uni | 28.22 |
| 6 | Stratton, Joe | 18 | Swansea Uni | 30.18 |
| 7 | Halliwell, Thomas | 18 | Swansea Uni | 30.49 |
| 8 | King, Henry | 19 | Swansea Uni | 30.65 |

Event 4 Girls 12 & Over 50 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|---|-----------------|----|-----------|-------|
| 3 | Thompson, Freya | 12 | Pembs Cty | 51.30 |
| 4 | Thomas, Caitlyn | 13 | Neath | 47.87 |
| 5 | Blyth, Isobelle | 13 | Pembs Cty | 49.20 |
| 6 | Chanfi, Nina | 12 | ABVY | 52.06 |

Heat 2 of 4 Finals

| | | | | |
|---|------------------|----|------------|-------|
| 1 | Beynon, Chloe | 15 | Pembs Cty | 45.70 |
| 2 | Lewis, Alisha | 15 | ABVY | 44.15 |
| 3 | Montague, Keira | 13 | Pembs Cty | 41.10 |
| 4 | Hale, Gemma N | 15 | Swansea Aq | 38.70 |
| 5 | Thomas, Medi A | 14 | Swansea Aq | 41.00 |
| 6 | Miles, Megan | 14 | Pembs Cty | 41.80 |
| 7 | Peach, Eliza M | 14 | Pembs Cty | 44.30 |
| 8 | Griffiths, Lacey | 14 | Neath | 46.35 |

Heat 3 of 4 Finals

| | | | | |
|---|-------------------|----|-------------|-------|
| 1 | Gilligan, Gracie | 15 | Neath | 38.21 |
| 2 | Jones, Sophie | 20 | Swansea Uni | 37.62 |
| 3 | Gibbs, Harriet | 14 | Nofio S Gar | 36.83 |
| 4 | Minogue, Ella | 19 | Swansea Uni | 36.07 |
| 5 | Phillips, Rhianna | 17 | Nofio S Gar | 36.28 |
| 6 | John, Holly | 15 | Pembs Cty | 37.37 |
| 7 | Evans, Caitlin | 16 | Neath | 38.00 |
| 8 | Phillips, Emily | 14 | Neath | 38.22 |

Heat 4 of 4 Finals

| | | | | |
|---|----------------------|----|-------------|-------|
| 1 | Phillips, Erin M | 16 | Swansea Aq | 35.59 |
| 2 | Butler, Georgina | 21 | Swansea Uni | 33.80 |
| 3 | Payne, Sophie | 20 | Swansea Uni | 33.66 |
| 4 | Collyer, Mabli | 14 | Swansea Aq | 33.40 |
| 5 | Major, Scarlet | 19 | Swansea Uni | 33.54 |
| 6 | Stoimenova, Kameliya | 19 | Swansea Uni | 33.73 |
| 7 | Bissicks, Ella | 15 | Swansea Aq | 33.90 |
| 8 | Cranch, Molly | 19 | Swansea Uni | 35.77 |

Event 5 Boys 12 & Over 100 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|---|-----------------|----|-----------|---------|
| 3 | O'Hara, Corey | 13 | ABVY | 1:37.92 |
| 4 | Chapman, Coby L | 13 | Penyrheol | 1:21.50 |
| 5 | Morgan, Ben | 13 | Pembs Cty | 1:37.00 |

Heat 2 of 4 Finals

| | | | | |
|---|-------------------|----|--------------|---------|
| 2 | Silverstone, Sol | 13 | Pembs Cty | 1:18.80 |
| 3 | Thomas, Iolo | 13 | Neath | 1:13.91 |
| 4 | Halliwell, Thomas | 18 | Swansea Uni | 1:11.60 |
| 5 | Jones, Lloyd D | 19 | Merthyr Tydf | 1:13.26 |
| 6 | Hedge, William | 14 | Swansea Aq | 1:18.70 |
| 7 | Harris, Osian | 13 | Pembs Cty | 1:20.39 |

Heat 3 of 4 Finals

| | | | | |
|---|---------------------|----|-------------|---------|
| 1 | West, Dexter | 13 | Pembs Cty | 1:08.00 |
| 2 | Upton-Boorman, Liam | 15 | Nofio S Gar | 1:07.11 |
| 3 | West, Zac | 16 | Pembs Cty | 1:05.50 |
| 4 | Montgomery, Sammy | 14 | Pembs Cty | 1:02.60 |
| 5 | Staines, Luke | 18 | Swansea Uni | 1:03.20 |
| 6 | Gillett, Oliver | 15 | Swansea Aq | 1:06.40 |
| 7 | Jones, Joseph | 16 | Neath | 1:07.13 |
| 8 | Pegg, Cieran | 19 | Swansea Uni | 1:11.08 |

Heat 4 of 4 Finals

| | | | | |
|---|-----------------------|----|-------------|---------|
| 1 | Johnstone, Daniel | 15 | Nofio S Gar | 1:00.93 |
| 2 | Stewart, Toby | 19 | Swansea Uni | 59.01 |
| 3 | Taylor, Matthew | 19 | Swansea Uni | 58.48 |
| 4 | White, Liam | 24 | Swansea Uni | 55.19 |
| 5 | Nikolaou, Antonio | 19 | Swansea Uni | 58.17 |
| 6 | Ryley, William | 24 | Co Cardiff | 58.98 |
| 7 | Knight, Gabriel | 17 | Bournemouth | 1:00.26 |
| 8 | Cressey-Rodgers, Ioan | 17 | Nofio S Gar | 1:02.30 |

Swansea University LC Sprint 2023 - 05/02/2023

Meet Program - Session 1 (Warmup 8.00 - 8.50)

Event 6 Girls 12 & Over 100 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-------------------|-----|-----------|-----------|
| Heat 1 of 5 Finals | | | | |
| 1 | Bruce, Kiera | 12 | Pembs Cty | 1:31.50 |
| 2 | Green, Matilda | 13 | Pembs Cty | 1:28.30 |
| 3 | Beynon, Chloe | 15 | Pembs Cty | 1:24.20 |
| 4 | Lewis, Alisha | 15 | ABVY | 1:22.51 |
| 5 | Holmes, Seren | 13 | Neath | 1:23.87 |
| 6 | Montague, Keira | 13 | Pembs Cty | 1:26.00 |
| 7 | Griffiths, Amelia | 12 | Pembs Cty | 1:31.50 |
| 8 | Morgan, Lily E | 12 | Pembs Cty | 1:32.60 |

Heat 2 of 5 Finals

| | | | | |
|---|----------------------------|----|-------------|---------|
| 1 | Cressey-Rodgers, Gwenllian | 12 | Nofio S Gar | 1:21.90 |
| 2 | Baker, Seren | 14 | Swansea Aq | 1:20.80 |
| 3 | Bruce, Skye | 13 | Pembs Cty | 1:19.70 |
| 4 | Philpott, Ffion | 13 | Nofio S Gar | 1:19.36 |
| 5 | John, Holly | 15 | Pembs Cty | 1:19.60 |
| 6 | Clissold, Elizabeth | 16 | Pembs Cty | 1:19.70 |
| 7 | Thomas, Caitlin | 14 | Penyrheol | 1:21.20 |
| 8 | Miles, Megan | 14 | Pembs Cty | 1:22.50 |

Heat 3 of 5 Finals

| | | | | |
|---|-------------------|----|------------|---------|
| 1 | Arnold, Lily | 15 | Pembs Cty | 1:18.90 |
| 2 | Gilderdale, Celyn | 14 | Pembs Cty | 1:18.49 |
| 3 | Knight, Cari | 14 | Penyrheol | 1:16.10 |
| 4 | Webb, Saskia | 15 | Pembs Cty | 1:15.30 |
| 5 | Geach, Libbie | 13 | Swansea Aq | 1:15.53 |
| 6 | Devonald, Niamh | 15 | Pembs Cty | 1:17.99 |
| 7 | Arnold, Jessica R | 12 | Swansea Aq | 1:18.70 |
| 8 | Black, Hollie M | 13 | Swansea Aq | 1:19.30 |

Heat 4 of 5 Finals

| | | | | |
|---|-----------------------|----|-------------|---------|
| 1 | Gilligan, Gracie | 15 | Neath | 1:14.16 |
| 2 | Grigg-Williams, Chloe | 19 | Penyrheol | 1:11.10 |
| 3 | Jones, Neve | 17 | Neath | 1:09.45 |
| 4 | Evans, Bethan | 18 | Neath | 1:08.67 |
| 5 | Colley, Lily | 14 | Wyre Forest | 1:08.80 |
| 6 | Smart, Charlotte E | 15 | Swansea Aq | 1:10.40 |
| 7 | Goodliffe, Faith | 22 | Swansea Aq | 1:11.48 |
| 8 | Clapham, Rhiannon m | 17 | Pembs Cty | 1:14.20 |

Heat 5 of 5 Finals

| | | | | |
|---|--------------------------|----|-------------|---------|
| 1 | Leggott, Holly | 20 | Swansea Uni | 1:08.34 |
| 2 | Nichols, Grace | 12 | Pembs Cty | 1:07.50 |
| 3 | Patterson, Millie E | 16 | Swansea Aq | 1:05.30 |
| 4 | Harris, Medi | 20 | Swansea Uni | 59.24 |
| 5 | Grover, Lillie | 15 | Wyre Forest | 1:05.30 |
| 6 | Butcher, Katherine | 18 | Swansea Uni | 1:06.31 |
| 7 | Linton, Sophie | 19 | Swansea Uni | 1:07.61 |
| 8 | Hatton-Ellis, Isabelle L | 14 | Swansea Aq | 1:08.51 |

Event 7 Boys 14 & Under 200 LC Meter Freestyle Relay

| Lane | Team | Relay | Seed Time |
|---------------------------|-----------------------------|-----------------------------|-----------|
| Heat 1 of 1 Finals | | | |
| 2 | Swansea Aq | B | NT |
| 3 | Neath | A | NT |
| | 1) Hetherington, Trystan 13 | 2) Roberts-Truman, Harri 12 | |
| | 3) Phillips, Ioan 12 | 4) Thomas, Iolo 13 | |
| 4 | Pembs Cty | A | 1:55.00 |
| 5 | Pembs Cty | B | 2:10.00 |
| 6 | Swansea Aq | A | NT |

Event 8 Boys 15 & Over 200 LC Meter Freestyle Relay

| Lane | Team | Relay | Seed Time |
|---------------------------|------------------------|-----------------------|-----------|
| Heat 1 of 1 Finals | | | |
| 1 | Swansea Uni | C | NT |
| 2 | Swansea Aq | B | NT |
| 3 | Neath | A | NT |
| | 1) Gubb, Harvey 16 | 2) Jones, Joseph 16 | |
| | 3) Williams, Iestyn 15 | 4) Ferguson, Flynn 15 | |
| 4 | Pembs Cty | A | 1:50.00 |
| 5 | Swansea Aq | A | NT |
| 6 | Swansea Uni | A | NT |
| 7 | Swansea Uni | B | NT |
| 8 | Swansea Uni | D | NT |

Event 9 Girls 14 & Under 200 LC Meter Medley Relay

| Lane | Team | Relay | Seed Time |
|---------------------------|--------------------------|--------------------------|-----------|
| Heat 1 of 1 Finals | | | |
| 1 | Swansea Aq | B | NT |
| 2 | Neath | A | NT |
| | 1) Woodward, Angharad 14 | 2) Jones, Eryn 14 | |
| | 3) Owen, Gracie 14 | 4) O'Mahoney, Kaitlin 14 | |
| 3 | Pembs Cty | C | 2:38.44 |
| 4 | Pembs Cty | A | 2:17.23 |
| 5 | Pembs Cty | B | 2:26.84 |
| 6 | Penyrheol | A | NT |
| | 1) Thomas, Caitlin 14 | 2) King, Marley 14 | |
| | 3) Knight, Cari 14 | 4) Carter, Ava 14 | |
| 7 | Swansea Aq | A | NT |
| 8 | Neath | B | NT |
| | 1) Holmes, Seren 13 | 2) Phillips, Emily 14 | |
| | 3) Hurley, Sienna 12 | 4) Cooper, Megan 14 | |

Event 10 Girls 15 & Over 200 LC Meter Medley Relay

| Lane | Team | Relay | Seed Time |
|---------------------------|------------------------|------------------------|-----------|
| Heat 1 of 2 Finals | | | |
| 3 | Swansea Uni | D | NT |
| 4 | Swansea Uni | C | NT |
| 5 | Neath | C | NT |
| | 1) Griffiths, Darcy 15 | 2) Thomas, Abigail 17 | |
| | 3) Phelps, Lucy 16 | 4) James, Maisie 15 | |
| Heat 2 of 2 Finals | | | |
| 1 | Swansea Uni | B | NT |
| 2 | Neath | A | NT |
| | 1) Jones, Neve 17 | 2) Gilligan, Gracie 15 | |
| | 3) Lewis, Lowri 16 | 4) Evans, Bethan 18 | |
| 3 | Swansea Aq | A | NT |
| 4 | Pembs Cty | A | 2:12.44 |
| 5 | Pembs Cty | B | 2:19.08 |
| 6 | Swansea Uni | A | NT |
| 7 | Swansea Aq | B | NT |
| 8 | Neath | B | NT |
| | 1) Owens, Annie 15 | 2) Evans, Caitlin 16 | |
| | 3) Selby, Cerys 16 | 4) Thomas, Nyla 16 | |