

# Llanelli Open Meet 2023

## Session Times

<b>Date</b>	<b>Session</b>	<b>Warm-up Time</b>	<b>Start Time</b>	<b>Events</b>	<b>ETF</b>
Sunday 26 <sup>th</sup> February	1	8.00am	9.05am	1 - 8	10.40am
	2	10.55am	12.00pm	9 – 16	2.00pm
	3	2.15pm	3.20pm	17 – 24	5.10pm