

## West Wales Regionals 2023 - 10/02/2023 to 12/02/2023

## Results - Session 1 - Warmup 5.30 - 5.55 pm

## Event 101 Girls 11-12 1500 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Galdes-Cutting, Daisy	12	HAVY	19:27.76
	34.86	37.64	38.43
	39.03	38.75	38.60
	39.39	39.24	39.09
	39.51	39.24	39.44
	39.47	39.44	39.48
	39.61	39.32	39.12
	39.45	39.81	39.26
	39.24	36.04	

## Event 101 Girls 13-14 1500 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Griffiths, Cerys	13	HAVY	20:08.31
	34.73	37.36	38.50
	39.07	39.81	39.92
	40.33	40.55	40.29
	40.18	41.40	41.38
	41.59	41.26	41.16
	41.81	42.56	42.25
	41.59	41.14	40.06
	39.74	37.08	
2 Black, Hollie M	14	SWAY	20:17.64
	35.12	38.07	38.52
	39.78	39.94	40.66
	41.01	41.81	41.87
	41.69	42.52	42.00
	40.80	41.83	41.81
	41.31	42.38	40.75
	40.29	41.17	40.10
	41.52	38.17	

## Event 101 Girls 15-16 1500 SC Meter Freestyle

Name	Age	Team	Finals Time
1 O'Mahoney, Kaitlin	15	NEAY	18:42.23
	31.88	35.96	36.90
	37.19	37.52	37.19
	37.22	37.19	38.40
	37.18	37.70	38.41
	37.64	38.18	38.62
	38.60	38.78	38.42
	38.40	38.50	38.27
	36.40	34.04	

## Event 101 Girls 17 &amp; Over 1500 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Clissold, Elizabeth	17	TENY	19:17.97
	33.50	36.86	37.90
	38.16	38.38	38.70
	38.52	38.61	39.00
	39.27	39.10	38.89
	38.56	39.16	38.87
	39.21	39.20	39.53
	39.24	38.78	39.34
	39.11	38.11	

2 White, Eleanor R	17	HAVY	20:07.37
	34.17	37.60	37.81
	39.17	38.54	39.07
	40.06	40.37	40.03
	40.55	40.88	40.85
	41.37	41.78	41.33
	41.47	41.32	41.56
	41.48	41.55	41.36
	41.04	40.47	

3 Thomas, Abigail	18	NEAY	22:31.54
	36.22	41.28	42.79
	43.83	44.45	45.24
	46.24	45.55	45.84
	45.64	46.23	46.30
	46.53	45.93	46.06
	44.92	46.77	46.69
	45.55	45.86	45.41
	45.36	44.23	

## Event 102 Boys 13-14 1500 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Twigger, Owen	14	SWAY	18:09.52
	32.59	35.20	36.15
	36.45	36.66	36.47
	36.45	36.98	37.04
	36.66	36.56	36.81
	36.65	36.81	36.29
	36.75	36.72	36.69
	36.75	36.78	36.54
	35.90	32.93	
2 Thomas, Iolo	13	NEAY	19:32.52
	34.74	38.47	38.89
	39.66	40.10	39.90
	39.72	39.77	39.80
	40.36	39.27	39.10
	38.14	38.55	39.16
	39.48	39.37	39.09
	39.69	38.96	39.62
	38.78	36.65	
3 Morgan, Ben	14	PEMY	21:13.31
	36.03	40.50	41.74
	42.37	43.38	42.46
	42.60	43.09	42.63
	42.88	42.30	43.22
	43.10	42.99	43.08
	43.00	43.16	43.25
	42.95	42.89	42.64
	42.64	41.03	

## Event 102 Boys 15-16 1500 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Richardson, Osian	15	SWAY	18:42.75
	31.87	37.15	35.82
	37.23	37.19	36.66
	36.15	37.50	37.55
	37.60	37.77	37.93
	37.57	38.37	37.73
	37.46	37.92	38.19
	38.07	38.33	38.20
	38.15	36.76	

## West Wales Regionals 2023 - 10/02/2023 to 12/02/2023

## Results - Session 1 - Warmup 5.30 - 5.55 pm

## Event 102 Boys 17 &amp; Over 1500 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Carver, Wil	17	SWAY	17:27.73
	30.34	33.06	34.29
	34.61	34.89	35.12
	35.17	35.18	35.00
	35.07	34.97	35.23
	35.32	35.42	35.20
	35.47	35.43	35.01
	35.67	36.06	35.95
	35.36	33.45	
2 Southam, Jack	20	LLLY	18:00.62
	29.44	33.72	34.74
	35.41	34.33	36.11
	35.93	36.68	36.40
	36.42	36.16	37.12
	36.75	36.47	36.54
	36.90	37.02	36.62
	36.61	36.78	36.87
	36.59	36.70	

## Event 103 Girls 11-12 800 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Dash, Amelie	12	MILY	11:06.26
	36.53	40.26	41.69
	41.51	41.72	42.78
	42.99	42.81	43.50
	42.91	41.57	41.67

## Event 103 Girls 13-14 800 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Nichols, Grace	13	HAVY	9:54.35
	32.88	36.25	37.08
	37.52	37.90	37.17
	37.50	38.15	37.00
	39.25	37.58	37.53
2 Williams, Marys E	14	SWAY	10:12.62
	35.09	38.80	39.13
	38.25	39.06	38.60
	39.34	38.99	38.75
	38.26	38.44	37.76
3 Philpott, Ffion	14	LLLY	10:45.22
	36.69	39.84	41.21
	40.68	40.80	40.97
	40.61	40.62	40.76
	40.29	40.92	40.13
4 Coffey, Cora-leigh K	13	SWAY	11:02.19
	36.42	40.01	41.15
	41.45	43.33	42.56
	41.68	42.98	41.58
	41.17	41.92	41.26
5 Richards, Amber	14	CEDY	12:17.27
	40.38	45.01	45.50
	46.82	47.07	46.54
	48.37	46.40	1:34.76
	47.03	45.83	44.38

## Event 103 Girls 15-16 800 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Owen, Gracie	15	NEAY	9:23.62
	30.90	35.00	35.67
	35.71	35.30	35.58
	36.17	36.07	35.74
	36.15	35.98	35.71
2 Hatton-Ellis, Isabelle L	15	SWAY	9:28.90
	31.35	34.60	35.23
	35.47	35.72	36.06
	36.40	36.41	36.27
	37.16	36.73	35.39
3 Williams, Hollie	16	LLLY	9:49.55
	32.83	36.45	37.08
	37.43	37.47	37.37
	37.29	37.36	37.22
	36.74	37.34	36.68
4 Sullivan, Katie L	16	SWAY	10:11.37
	33.80	36.64	37.57
	38.49	38.43	38.57
	38.43	38.84	38.71
	39.20	39.28	39.11
5 Kovachev, Georgie	16	FISY	10:30.75
	34.60	39.10	39.74
	39.65	40.30	40.42
	40.65	40.18	40.01
	40.23	39.10	39.61
6 Cooper, Megan	15	NEAY	10:37.93
	35.87	39.70	39.72
	40.26	40.27	40.43
	40.80	40.26	40.29
	40.21	40.34	39.89
7 Clifford, Bethany	16	NEAY	10:40.68
	35.03	39.41	40.35
	40.46	40.37	40.81
	40.85	40.42	40.42
	40.50	40.92	40.31
8 Ley, Lucy	15	SWAY	11:04.11
	35.84	39.20	40.56
	41.37	41.93	42.15
	42.50	42.36	42.35
	42.54	42.54	42.44
9 Edwards, Izzy	16	SWAY	11:32.16
	37.93	42.22	43.27
	43.63	44.16	44.02
	44.00	44.34	44.24
	44.13	43.96	43.26

## Event 103 Girls 17 &amp; Over 800 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Gillett, Keira	18	SWAY	9:37.96
	32.75	35.47	36.35
	36.30	36.28	36.35
	36.07	36.23	36.61
	36.79	36.97	36.66
2 Phillips, Rhianna	18	CAMY	10:07.12
	33.27	36.35	37.38
	37.82	37.94	38.20
	38.51	38.48	38.76
	38.96	39.21	38.92

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## Results - Session 1 - Warmup 5.30 - 5.55 pm

**(Event 103 Girls 17 & Over 800 SC Meter Freestyle)**

Name	Age	Team	Finals Time
3 Selby, Cerys	17	NEAY	10:40.21
34.73	38.86	39.15	39.57
39.63	39.89	40.27	41.06
41.56	40.60	41.89	42.19
41.92	40.90	40.56	37.43
4 Bray, Bethan	17	CEDY	11:15.68
36.24	39.94	41.75	42.69
42.73	43.20	43.30	43.48
43.81	43.43	43.08	43.32
43.16	42.59	42.39	40.57

**Event 104 Boys 17 & Over 800 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Willis, Morgan M	17	NEAY	10:00.80
31.46	35.08	36.70	37.35
37.55	37.81	37.87	37.75
38.22	38.83	38.96	38.55
39.45	39.33	38.59	37.30
2 Jones, Joseph	17	NEAY	10:01.77
30.98	36.50	37.30	38.22
38.14	37.80	38.08	38.30
38.86	38.27	38.98	38.68
38.62	37.98	37.81	37.25

**Event 104 Boys 11-12 800 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Douglas, Lucas	12	CAMY	10:29.62
33.29	37.41	39.34	39.62
40.26	39.45	40.41	40.52
39.46	40.29	40.32	40.41
40.06	39.76	39.90	39.12

**Event 104 Boys 13-14 800 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Bennett, Finley	14	HAVY	9:52.93
33.36	35.99	37.02	37.09
37.16	37.81	37.56	37.82
37.99	38.36	37.11	37.10
36.94	37.23	37.57	36.82
2 Cleave, Joshua	14	CEDY	10:17.98
34.71	38.62	39.31	39.13
39.50	39.61	39.99	39.50
39.44	39.61	39.37	39.68
38.54	38.52	37.83	34.62
3 Phillips, Finley	13	CAMY	10:39.87
35.97	40.18	40.44	40.80
41.22	41.13	41.50	40.75
40.61	40.35	40.57	40.81
39.78	39.91	39.04	36.81
4 Williams, Thomas	13	LLLY	10:51.96
37.32	39.79	41.31	41.04
40.95	41.72	41.36	41.20
41.19	40.79	41.48	41.31
41.71	41.18	40.75	38.86

**Event 104 Boys 15-16 800 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Gillett, Oliver	16	SWAY	9:02.26
29.32	33.17	33.38	33.84
33.85	33.96	34.38	34.65
35.22	34.83	34.89	34.85
34.70	34.56	34.67	31.99
2 Upton-Boorman, Liam	16	CAMY	9:12.82
30.06	33.87	34.60	34.64
34.73	34.38	35.03	35.65
34.74	35.13	35.40	35.28
35.32	35.01	34.95	34.03
3 Montague, Mason	15	HAVY	9:40.03
31.30	34.88	36.31	37.07
36.89	36.54	36.86	37.06
36.93	36.61	37.33	36.92
36.94	36.83	36.36	35.20