

West Wales Regionals 2023 - 10/02/2023 to 12/02/2023

Results - Session 3 - Warmup 10.50 - 11.50am

Event 301 Boys 11-12 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Douglas, Lucas	12 CAMY	32.81
2 Elmes, Max	12 CAMY	38.89
3 Harwood, Jack	12 HAVY	41.82
4 Noden, Rory	11 MILY	42.55
5 Smith, Jacob	11 HAVY	43.02
6 Davies, Ellis V	12 LLLY	43.50
7 Davies, Tyler	12 MILY	44.13
8 Lummis, Ralph J	12 NTVY	44.37
9 Lewis, Iestyn	12 HAVY	45.66
10 Gibbs, Jenson	12 AMMY	46.74
11 Williams, Efan	11 NEAY	48.02
12 Chapman, Henry	12 CAMY	48.45

Event 301 Boys 13-14 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 West, Dexter	14 FISY	30.97
2 Twigger, Owen	14 SWAY	32.35
3 Thomas, Iolo	13 NEAY	33.46
4 Dallimore, Austin	14 LLLY	34.59
5 Johns, Cody	14 SWAY	35.08
6 Galbraith, Elian	14 LLLY	35.68
7 Hetherington, Trystan	14 NEAY	38.11
8 Smith, Benjamin	14 HAVY	38.51
9 Morgan, Ben	14 PEMY	38.90
10 Jones, Jack	14 TENY	38.93
11 Gouda, Ali	14 HAVY	39.48
12 Thomas, Rhys	13 HAVY	39.86
13 Beynon, Aaron	13 FISY	44.94

Event 301 Boys 15-16 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Montgomery, Sammy	15 HAVY	29.48
2 Upton-Boorman, Liam	16 CAMY	29.85
3 Montague, Mason	15 HAVY	30.52
*4 Richardson, Osian	15 SWAY	32.56
*4 Rukov, Ivan	16 ABRY	32.56
6 Koriakovtsev, Illia	16 SWAY	32.92
7 Lloyd-Roberts, Rhys	16 MILY	32.99
8 Richards, Aled	16 CEDY	33.36
9 Diouf, Kaden S	15 SWAY	33.89
10 Belanger, Jayden	16 MILY	34.98
11 Hedge, William	15 SWAY	35.64
12 Griffiths, Harry	16 HAVY	35.91
13 Davies, Bradley	15 LLLY	36.65

Event 301 Boys 17 & Over 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 West, Zac	17 FISY	27.90
2 Burkett, Maximus	18 SWAY	29.60
3 Jones, Joseph	17 NEAY	30.72
4 Thomas, Daniel J	26 PEMY	30.80
5 Jones, Garyn	18 NEAY	33.19
6 Davies, Dominic	19 LLLY	33.44
7 Hedge, Thomas	18 SWAY	33.59
8 Rogers, Logan A	17 NEAY	33.69

Event 302 Girls 11-12 200 SC Meter Backstroke

Name	AgeTeam	Finals Time		
1 Dash, Amelie	12 MILY	2:50.18		
	39.75	43.71	44.61	42.11

2 Taffetsauffer, Isabella	12 LLLY	3:05.98		
	44.67	47.80	48.23	45.28
3 Williams, Paige T	11 SWAY	3:13.46		
	44.81	49.00	50.73	48.92
4 Morgan, Evelyn	12 LLLY	3:16.69		
	46.50	49.56	51.59	49.04
5 McFarlane, Una	12 MILY	3:18.94		
	47.30	51.85	52.15	47.64

Event 302 Girls 13-14 200 SC Meter Backstroke

Name	AgeTeam	Finals Time		
1 Nichols, Grace	13 HAVY	2:26.42		
	34.95	36.95	37.98	36.54
2 Geach, Libbie	14 SWAY	2:31.80		
	36.92	39.09	38.37	37.42
3 Griffiths, Cerys	13 HAVY	2:37.95		
	37.35	39.88	40.96	39.76
4 Arnold, Jessica R	13 SWAY	2:41.50		
	38.23	41.33	41.58	40.36
5 Black, Hollie M	14 SWAY	2:43.55		
	36.88	41.11	43.05	42.51
6 Philpott, Ffion	14 LLLY	2:44.67		
	38.99	41.57	42.67	41.44
7 Lythgoe, Manon H	14 SWAY	2:45.75		
	38.96	42.16	42.95	41.68
8 Cressey-Rodgers, Gwenllian F	13 CAMY	2:46.20		
	39.38	41.48	43.05	42.29
9 Bruce, Skye	14 PEMY	2:48.33		
	38.65	43.52	44.00	42.16
10 Holmes, Seren	14 NEAY	2:49.72		
	39.13	43.69	44.13	42.77
11 Koo, Kathryn	14 TENY	2:53.53		
	39.75	44.18	45.39	44.21
12 Chapman, Olivia	13 SWAY	2:54.06		
	41.14	44.75	45.20	42.97
13 Thompson, Freya	13 HAVY	2:56.79		
	40.91	45.12	44.28	46.48
14 Thomas, Nikita	14 LLLY	2:57.78		
	41.78	45.10	46.75	44.15
15 Montague, Keira	14 HAVY	3:01.39		
	44.20	46.38	47.59	43.22
16 Green, Matilda	14 HAVY	3:02.10		
	43.64	45.93	1:32.53	
17 Williams, Annabelle	14 ABRY	3:09.17		
	44.65	48.63	49.23	46.66

Event 302 Girls 15-16 200 SC Meter Backstroke

Name	AgeTeam	Finals Time		
1 Hatton-Ellis, Isabelle L	15 SWAY	2:22.24		
	33.35	35.54	36.92	36.43
2 Evans, Mali R	16 SWAY	2:31.81		
	35.01	38.32	39.61	38.87
3 Thomas, Rhian	15 HAVY	2:42.11		
	37.65	40.81	42.37	41.28
4 Hanna, Jazmine	15 HAVY	2:50.51		
	38.70	42.95	44.34	44.52
5 Clissold, Bronwyn	15 TENY	2:52.24		
	40.72	43.43	44.48	43.61
6 Miles, Megan	15 FISY	2:55.57		
	40.32	2:15.25		
7 Marques-Jones, Neve	16 AMMY	2:57.09		
	38.96	45.23	46.89	46.01

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(Event 302 Girls 15-16 200 SC Meter Backstroke)

Name	Age	Team	Finals Time
8 Marsh, Nina	15	MILY	3:01.35
41.39	45.87	47.85	46.24
9 Scully, Freya A	16	SWAY	3:19.65
44.95	2:34.70		

Event 302 Girls 17 & Over 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Evans, Bethan	18	NEAY	2:30.04
34.15	37.99	39.17	38.73
2 Phelps, Lucy	17	NEAY	2:54.97
40.49	43.94	45.75	44.79
3 Moseley, Sophie	17	PEMY	3:08.68
42.99	46.17	50.18	49.34

Event 303 Boys 11-12 200 SC Meter IM

Name	Age	Team	Finals Time
1 Douglas, Lucas	12	CAMY	2:41.83
34.26	42.04	50.00	35.53
2 Elmes, Max	12	CAMY	3:11.73
43.07	46.38	1:01.73	40.55
3 Harwood, Jack	12	HAVY	3:18.94
46.70	49.50	1:02.30	40.44
4 Smudzinski, Max M	11	SWAY	3:21.63
48.36	49.39	58.91	44.97
5 Smith, Jacob	11	HAVY	3:27.47
46.31	53.31	1:01.44	46.41

Event 303 Boys 13-14 200 SC Meter IM

Name	Age	Team	Finals Time
1 West, Dexter	14	FISY	2:29.42
31.15	38.22	45.09	34.96
2 Bennett, Finley	14	HAVY	2:34.61
35.04	41.54	42.53	35.50
3 Phillips, Finley	13	CAMY	2:41.68
37.84	41.04	45.83	36.97
4 Thomas, Iolo	13	NEAY	2:42.59
34.20	40.24	51.71	36.44
5 Hnoianyi, Andrii	14	SWAY	2:50.32
34.67	48.44	49.55	37.66
6 Galbraith, Elian	14	LLLY	2:50.42
37.82	44.84	50.24	37.52
7 Williams, Thomas	13	LLLY	2:52.27
37.38	45.28	50.64	38.97

Event 303 Boys 15-16 200 SC Meter IM

Name	Age	Team	Finals Time
1 Prysor, Sami	16	HAVY	2:17.04
29.47	36.11	41.63	29.83
2 Sellick, Fenn	15	SWAY	2:24.74
31.71	37.26	44.38	31.39
3 Clarke, Henry	16	SWAY	2:27.06
32.21	39.42	40.62	34.81
4 Montague, Mason	15	HAVY	2:27.42
31.61	38.26	43.35	34.20
5 Koriakovtsev, Illia	16	SWAY	2:36.94
32.09	40.51	47.38	36.96
6 Diouf, Kaden S	15	SWAY	2:38.89
33.99	41.36	48.79	34.75
7 Rukov, Ivan	16	ABRY	2:39.69
32.39	39.17	50.39	37.74

8 Belanger, Jayden	16	MILY	2:49.57
34.37	44.49	48.92	41.79
9 Burt, Teyan	16	LLLY	2:54.08
39.06	43.90	51.90	39.22

Event 303 Boys 17 & Over 200 SC Meter IM

Name	Age	Team	Finals Time
1 Thomas, Rhys A	18	SWAY	2:18.61
28.66	35.04	41.98	32.93
2 Gubb, Harvey	17	NEAY	2:24.61
30.61	36.63	44.76	32.61
3 Burkett, Maximus	18	SWAY	2:25.67
30.41	36.36	42.52	36.38
4 Edwards, Sam	17	NEAY	2:29.53
30.21	40.23	43.75	35.34
5 Williams, Corey B	17	SWAY	2:30.32
31.12	38.34	45.11	35.75

Event 304 Girls 11-12 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Galdes-Cutting, Daisy	12	HAVY	1:08.80
33.05	35.75		
2 Burns, Freya	12	SWAY	1:09.40
32.79	36.61		
3 Bissicks, Cari H	12	SWAY	1:14.00
35.85	38.15		
4 Hughes, Tirion H	12	SWAY	1:14.84
36.21	38.63		
5 Sedgemore, Lola A	11	NTVY	1:14.85
36.25	38.60		
6 Morgan, Evelyn	12	LLLY	1:16.91
36.35	40.56		
7 Davies, Erin	12	CEDY	1:17.94
37.11	40.83		
8 Hall, Ellena	12	FISY	1:18.11
36.98	41.13		
9 Puglia-Walburg, Penelope	12	HAVY	1:19.78
36.87	42.91		
10 Hall, Isabelle	12	FISY	1:21.02
38.76	42.26		
11 Jones, Hunydd	12	CAMY	1:21.09
38.02	43.07		
12 Hughes, Mollie	12	CEDY	1:21.60
39.15	42.45		
13 Williams, Sophie	12	NEAY	1:23.35
39.66	43.69		
14 Hnoiana, Valentyna	11	SWAY	1:23.51
38.43	45.08		
15 Williams, Paige T	11	SWAY	1:23.95
40.43	43.52		
16 Evans, Cadi R	11	SWAY	1:24.64
40.62	44.02		
17 Wells, Iris	12	CEDY	1:24.78
40.35	44.43		
18 Graham, Fallon	11	TENY	1:25.08
40.85	44.23		
19 Griffiths, Ffion	12	TENY	1:25.59
40.93	44.66		
20 Lyseight-Jones, Indya	11	PEMY	1:25.61
40.54	45.07		
21 Kasto, Evie T	12	SWAY	1:26.23
39.34	46.89		

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Name	Age	Team	Finals Time
22 Summerfield, Lucy	11	LLLY	1:27.17
41.19	45.98		
23 Jenkins, Elli	12	SWAY	1:27.25
43.25	44.00		
24 O'Connell, Cari F	11	NTVY	1:28.19
43.25	44.94		
25 Scully, Emersyn	12	SWAY	1:28.35
40.76	47.59		
26 Kenny, Jemima	12	MILY	1:33.59
45.10	48.49		
27 McFarlane, Una	12	MILY	1:33.97
43.84	50.13		

Event 304 Girls 13-14 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Geach, Libbie	14	SWAY	1:01.29
29.34	31.95		
2 Griffiths, Cerys	13	HAVY	1:05.25
31.90	33.35		
3 Jones, Eryn	14	NEAY	1:05.89
31.28	34.61		
4 Williams, Marys E	14	SWAY	1:06.25
32.11	34.14		
5 Black, Hollie M	14	SWAY	1:07.83
32.46	35.37		
6 Hurley, Sienna	13	NEAY	1:07.85
32.45	35.40		
7 Coffey, Cora-leigh K	13	SWAY	1:08.80
33.05	35.75		
8 Koo, Kathryn	14	TENY	1:08.90
32.56	36.34		
9 Perrott, Niamh	14	CEDY	1:09.14
33.08	36.06		
10 Ostrowski, Julia	14	PEMY	1:09.74
32.40	37.34		
11 Philpott, Ffion	14	LLLY	1:10.72
33.85	36.87		
12 Bruce, Skye	14	PEMY	1:10.82
35.30	35.52		
13 Lythgoe, Manon H	14	SWAY	1:11.37
33.47	37.90		
14 Edwards, Isabel	14	SWAY	1:11.48
35.38	36.10		
15 Webb, Efa	13	AMMY	1:11.89
32.40	39.49		
16 Cressey-Rodgers, Gwenllian F	13	CAMY	1:11.92
35.34	36.58		
17 Thomas, Nikita	14	LLLY	1:11.98
34.32	37.66		
18 Green, Matilda	14	HAVY	1:12.42
34.71	37.71		
19 David, Ava G	13	SWAY	1:12.43
34.58	37.85		
20 Hughes, Nancy J	14	NTVY	1:12.91
34.58	38.33		
21 Davies, Amelia F	13	SWAY	1:13.48
34.90	38.58		
22 Thompson, Freya	13	HAVY	1:14.28
35.64	38.64		

23 Griffiths, Amelia	13	FISY	1:14.43
34.71	39.72		
24 Powell, Lottie	13	SWAY	1:14.93
35.11	39.82		
25 Thomas, Caitlyn	14	NEAY	1:15.29
36.37	38.92		
26 John, Annabel	14	PEMY	1:15.32
35.89	39.43		
27 Morgan, Lily	13	TENY	1:15.46
36.36	39.10		
28 Dafydd, Mali	13	FISY	1:15.93
35.64	40.29		
29 Mason, Phoebe	13	HAVY	1:16.21
36.46	39.75		
30 Martin, Phoebe O	13	SWAY	1:16.30
38.73	37.57		
31 Stark, Tala	13	FISY	1:17.76
36.25	41.51		
32 Knight, Lily	13	CEDY	1:17.94
37.47	40.47		
33 Murphy, Alys	14	HAVY	1:18.60
38.20	40.40		
34 Williams, Annabelle	14	ABRY	1:19.17
38.24	40.93		
35 Richardson, Beca	13	SWAY	1:19.62
38.36	41.26		
36 Richards, Amber	14	CEDY	1:20.04
38.26	41.78		
37 Chapman, Olivia	13	SWAY	1:20.17
37.93	42.24		
38 Macy, Peni	14	ABRY	1:22.50
40.32	42.18		
39 Wilcockson, Alys	13	ABRY	1:23.45
38.16	45.29		
40 Doncaster, Lily S	13	HAVY	1:30.32
42.63	47.69		

Event 304 Girls 15-16 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Owen, Gracie	15	NEAY	1:01.16
29.81	31.35		
2 Tucker, Holly	15	SWAY	1:01.19
29.69	31.50		
3 O'Mahoney, Kaitlin	15	NEAY	1:03.13
30.32	32.81		
4 Welsby, Lily-May	16	ABRY	1:03.83
30.31	33.52		
5 Williams, Hollie	16	LLLY	1:03.94
30.72	33.22		
6 Sullivan, Katie L	16	SWAY	1:04.95
31.42	33.53		
7 Kovachev, Georgie	16	FISY	1:05.68
31.53	34.15		
8 Huws, Awen G	15	NTVY	1:05.74
31.11	34.63		
9 Gibbs, Harriet	15	AMMY	1:06.22
32.20	34.02		
10 Woodward, Angharad	15	NEAY	1:06.24
31.68	34.56		
11 David, Isabelle	16	SWAY	1:06.59
31.89	34.70		

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(Event 304 Girls 15-16 100 SC Meter Freestyle)

Name	Age	Team	Finals Time
12 John, Holly	16	HAVY	1:06.80
31.80	35.00		
13 Owen, Kessie	15	NEAY	1:07.06
32.11	34.95		
14 Brown, Caitlin	16	AMMY	1:07.11
32.29	34.82		
15 Davies, Rhian	16	SWAY	1:07.30
32.01	35.29		
16 Thomas, Grace	16	MILY	1:08.92
32.70	36.22		
*17 Peter, Sophie	16	SWAY	1:09.29
33.07	36.22		
*17 Ley, Lucy	15	SWAY	1:09.29
33.34	35.95		
19 Clissold, Bronwyn	15	TENY	1:09.58
33.67	35.91		
20 Devonald, Niamh	16	HAVY	1:09.66
32.05	37.61		
21 Hanna, Jazmine	15	HAVY	1:09.68
32.96	36.72		
22 Thomas, Rhian	15	HAVY	1:10.16
33.65	36.51		
23 Douglas, Fabiana	15	CAMY	1:10.71
33.54	37.17		
24 Cooper, Megan	15	NEAY	1:11.04
33.84	37.20		
25 Thomas, Medi A	15	SWAY	1:12.20
34.86	37.34		
26 Spychka, Sofiia	15	SWAY	1:13.52
35.40	38.12		
27 Harwood, Amelia	16	HAVY	1:13.67
35.32	38.35		
28 Lawler, Sadie	15	NEAY	1:13.81
34.89	38.92		
29 Puglia-Walburg, Alessia	16	HAVY	1:15.76
35.73	40.03		
30 Marques-Jones, Neve	16	AMMY	1:15.99
34.59	41.40		
31 Edwards, Izzy	16	SWAY	1:16.34
35.66	40.68		
32 Peach, Eliza M	15	HAVY	1:17.48
35.52	41.96		
33 O'Connell, Cerys E	15	NTVY	1:17.54
36.10	41.44		
34 Lord, Fleur	16	PEMY	1:21.07
38.28	42.79		
35 Green, Ellie	15	HAVY	1:22.42
38.26	44.16		

5 Clapham, Rhiannon m	18	FISY	1:03.85
30.20	33.65		
6 Clissold, Elizabeth	17	TENY	1:03.91
30.70	33.21		
7 Phillips, Rhianna	18	CAMY	1:04.24
31.39	32.85		
8 Turatto-Owen, Morgan L	17	SWAY	1:05.22
30.88	34.34		
9 White, Eleanor R	17	HAVY	1:05.59
31.27	34.32		
10 Lewis, Abigail	18	NEAY	1:05.84
31.77	34.07		
11 Thomas, Abigail G	17	PEMY	1:08.17
32.85	35.32		
12 Cundy, Erin	17	SWAY	1:08.23
32.64	35.59		
13 Evans, Caitlin	17	NEAY	1:08.62
32.99	35.63		
14 James, Dempsey	17	NEAY	1:08.97
33.05	35.92		
15 Selby, Cerys	17	NEAY	1:09.69
32.78	36.91		
16 Moseley, Sophie	17	PEMY	1:18.84
37.19	41.65		

Event 305 Boys 15-16 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Prysor, Sami	16	HAVY	2:15.31
30.78	34.95	35.30	34.28
2 Richardson, Osian	15	SWAY	2:41.70
34.28	41.42	42.41	43.59

Event 305 Boys 17 & Over 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Andrews, Rory	18	HAVY	2:29.40
31.25	36.77	39.15	42.23

Event 304 Girls 17 & Over 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Evans, Caitlin R	19	SWAY	1:01.97
30.27	31.70		
2 Morgan, Elen M	18	ABRY	1:02.11
29.75	32.36		
3 Lewis, Lowri	17	NEAY	1:02.33
30.35	31.98		
4 Lewis, Rachael E	19	FISY	1:02.98
30.63	32.35		