

## West Wales Regionals 2023 - 10/02/2023 to 12/02/2023

## Results - Session 4 - Warmup 1.45 - 2.45pm

## Event 401 Girls 11-12 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Dash, Amelie	12	MILY	1:27.29
	39.83	47.46	
2 Galdes-Cutting, Daisy	12	HAVY	1:29.01
	41.67	47.34	
3 Sedgemore, Lola A	11	NTVY	1:37.91
	46.14	51.77	
4 Summerfield, Lucy	11	LLLY	1:39.13
	46.33	52.80	

## Event 401 Girls 13-14 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Geach, Libbie	14	SWAY	1:09.00
	32.81	36.19	
2 Williams, Marys E	14	SWAY	1:15.39
	35.07	40.32	
3 Coffey, Cora-leigh K	13	SWAY	1:15.95
	34.98	40.97	
4 Jones, Eryn	14	NEAY	1:16.57
	34.99	41.58	
5 Griffiths, Cerys	13	HAVY	1:19.62
	37.36	42.26	
6 Hurley, Sienna	13	NEAY	1:20.80
	36.83	43.97	
7 David, Ava G	13	SWAY	1:24.64
	37.15	47.49	
8 Thompson, Freya	13	HAVY	1:27.87
	41.52	46.35	
9 Richardson, Beca	13	SWAY	1:28.41
	40.61	47.80	
10 Powell, Lottie	13	SWAY	1:30.75
	42.33	48.42	

## Event 401 Girls 15-16 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Owen, Gracie	15	NEAY	1:06.32
	30.96	35.36	
2 Smart, Charlotte E	16	SWAY	1:10.26
	33.60	36.66	
3 Kovachev, Georgie	16	FISY	1:13.43
	32.99	40.44	
4 Catling, Freya	15	CEDY	1:13.54
	34.82	38.72	
5 Sullivan, Katie L	16	SWAY	1:14.12
	34.06	40.06	
6 David, Isabelle	16	SWAY	1:15.21
	34.16	41.05	
7 Peter, Sophie	16	SWAY	1:15.77
	34.48	41.29	
8 Arnold, Lily	15	MILY	1:17.72
	35.52	42.20	
9 Devonald, Niamh	16	HAVY	1:18.08
	33.63	44.45	
10 Huws, Awen G	15	NTVY	1:21.02
	35.67	45.35	
11 Hanna, Jazmine	15	HAVY	1:22.07
	35.76	46.31	
12 Cooper, Megan	15	NEAY	1:22.30
	15.03	1:07.27	
13 Thomas, Rhian	15	HAVY	1:26.07
	38.86	47.21	

---	Tucker, Holly	15	SWAY	DQ
	33.24	37.58		

## Event 401 Girls 17 &amp; Over 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Lewis, Lowri	17	NEAY	1:06.35
	31.32	35.03	
2 White, Eleanor R	17	HAVY	1:10.35
	32.41	37.94	
3 Lewis, Rachael E	19	FISY	1:10.53
	33.46	37.07	
4 Morgan, Elen M	18	ABRY	1:10.85
	33.32	37.53	
5 Selby, Cerys	17	NEAY	1:15.21
	35.34	39.87	
6 Turatto-Owen, Morgan L	17	SWAY	1:16.06
	34.22	41.84	
7 Thomas, Abigail G	17	PEMY	1:22.22
	36.76	45.46	

## Event 402 Boys 13-14 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 West, Dexter	14	FISY	2:48.31	
	38.45	43.91	42.82	
			43.13	
2 Phillips, Finley	13	CAMY	2:56.39	
	39.51	45.45	45.81	
			45.62	
3 Bennett, Finley	14	HAVY	3:01.07	
	39.78	46.58	47.33	
			47.38	
4 Phillips, Ioan	13	NEAY	3:05.64	
	42.41	47.61	48.55	
			47.07	
5 Davies, Gethin	14	MILY	3:21.62	
	42.04	50.81	54.94	
			53.83	
6 Thomas, Rhys	13	HAVY	3:24.83	
	46.37	52.69	52.94	
			52.83	
7 Hall, Ethan	14	FISY	3:27.89	
	44.50	53.38	57.72	
			52.29	
---	Song, Guangping	14	SWAY	DQ
	39.96	44.06	45.04	
			43.99	

## Event 402 Boys 15-16 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Clarke, Henry	16	SWAY	2:41.02
	35.79	40.92	42.22
			42.09
2 Montague, Mason	15	HAVY	2:43.06
	36.65	42.31	43.45
			40.65
3 Richardson, Osian	15	SWAY	2:43.46
	36.72	42.71	42.74
			41.29
4 Belanger, Jayden	16	MILY	3:05.37
	39.53	45.81	49.42
			50.61

## Event 402 Boys 17 &amp; Over 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Burkett, Maximus	18	SWAY	2:43.88
	37.17	42.84	43.12
			40.75

## Event 403 Girls 11-12 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Burns, Freya	12	SWAY	1:19.64
	38.16	41.48	
2 Galdes-Cutting, Daisy	12	HAVY	1:22.13
	40.83	41.30	
3 Dash, Amelie	12	MILY	1:23.27
	40.86	42.41	

## West Wales Regionals 2023 - 10/02/2023 to 12/02/2023

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**(Event 403 Girls 11-12 100 SC Meter Backstroke)**

Name	Age	Team	Finals Time
4 Bissicks, Cari H	12	SWAY	1:26.32
42.83	43.49		
5 Hughes, Tirion H	12	SWAY	1:26.86
41.73	45.13		
6 Taffetsauffer, Isabella	12	LLLY	1:28.22
43.78	44.44		
7 Jones, Hunydd	12	CAMY	1:28.71
42.81	45.90		
8 Williams, Paige T	11	SWAY	1:31.29
44.68	46.61		
9 Hall, Isabelle	12	FISY	1:31.99
44.02	47.97		
10 Morgan, Evelyn	12	LLLY	1:34.07
45.51	48.56		
11 McFarlane, Una	12	MILY	1:34.17
47.24	46.93		
12 Wells, Iris	12	CEDY	1:34.85
46.26	48.59		
13 Lyseight-Jones, Indya	11	PEMY	1:39.65
49.42	50.23		
14 Morgan, Gwerfyl	12	ABRY	1:39.97
48.06	51.91		
15 Kasto, Evie T	12	SWAY	1:40.57
48.10	52.47		
16 Thomas, Leah	12	HAVY	1:41.05
49.08	51.97		
17 Jenkins, Elli	12	SWAY	1:42.25
52.72	49.53		
18 Jenkins, Isabella	11	LLLY	1:42.67
---			DQ
Graham, Fallon	11	TENY	
47.43	50.02		
---			DQ
Percival, Bella	11	CEDY	

**Event 403 Girls 13-14 100 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Nichols, Grace	13	HAVY	1:08.41
33.83	34.58		
2 Geach, Libbie	14	SWAY	1:09.51
33.76	35.75		
3 Black, Hollie M	14	SWAY	1:16.38
37.42	38.96		
4 Bruce, Skye	14	PEMY	1:17.60
38.27	39.33		
5 Philpott, Ffion	14	LLLY	1:17.93
38.13	39.80		
6 Edwards, Isabel	14	SWAY	1:18.73
39.09	39.64		
7 Lythgoe, Manon H	14	SWAY	1:18.79
38.08	40.71		
8 Arnold, Jessica R	13	SWAY	1:19.24
37.86	41.38		
9 Koo, Kathryn	14	TENY	1:19.94
38.36	41.58		
10 Cressey-Rodgers, Gwenllian F	13	CAMY	1:20.95
39.62	41.33		
11 Upton-Boorman, Isabella	13	CAMY	1:21.97
41.60	40.37		
12 David, Ava G	13	SWAY	1:22.01
40.24	41.77		

13 Davies, Amelia F	13	SWAY	1:22.03
40.20	41.83		
14 Chapman, Olivia	13	SWAY	1:22.20
40.65	41.55		
15 Montague, Keira	14	HAVY	1:22.55
41.52	41.03		
16 Thompson, Freya	13	HAVY	1:23.20
40.03	43.17		
17 Jenkins, Alexandra	14	SWAY	1:23.37
40.31	43.06		
18 Holmes, Seren	14	NEAY	1:24.38
40.98	43.40		
19 Page, Jessica	13	TENY	1:24.45
41.95	42.50		
20 Richardson, Beca	13	SWAY	1:24.65
43.13	41.52		
21 Hughes, Nancy J	14	NTVY	1:25.17
42.07	43.10		
22 Green, Matilda	14	HAVY	1:25.18
1:25.18			
23 Griffiths, Amelia	13	FISY	1:25.43
40.84	44.59		
24 Morgan, Lily	13	TENY	1:25.54
41.54	44.00		
25 Griffiths, Gwenan M	13	SWAY	1:25.60
41.71	43.89		
26 Li, Lucy Xinshi	13	SWAY	1:28.22
42.39	45.83		
27 Martin, Phoebe O	13	SWAY	1:28.65
44.05	44.60		
28 Williams, Annabelle	14	ABRY	1:29.04
44.20	44.84		
29 Macy, Peni	14	ABRY	1:31.31
45.60	45.71		
---			DQ
Thomas, Nikita	14	LLLY	
40.79	42.88		

**Event 403 Girls 15-16 100 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Hatton-Ellis, Isabelle L	15	SWAY	1:07.17
32.90	34.27		
2 Smart, Charlotte E	16	SWAY	1:09.30
33.50	35.80		
3 Evans, Mali R	16	SWAY	1:09.83
34.08	35.75		
4 O'Mahoney, Kaitlin	15	NEAY	1:14.09
35.88	38.21		
5 Gibbs, Harriet	15	AMMY	1:14.92
35.52	39.40		
6 Catling, Freya	15	CEDY	1:15.34
37.35	37.99		
7 Woodward, Angharad	15	NEAY	1:15.52
37.14	38.38		
8 Welsby, Lily-May	16	ABRY	1:15.75
36.46	39.29		
9 Peter, Sophie	16	SWAY	1:19.03
37.46	41.57		
10 Thomas, Rhian	15	HAVY	1:19.64
38.73	40.91		
11 Hanna, Jazmine	15	HAVY	1:20.17
38.14	42.03		

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## Results - Session 4 - Warmup 1.45 - 2.45pm

**(Event 403 Girls 15-16 100 SC Meter Backstroke)**

Name	Age	Team	Finals Time
12 Thomas, Grace	16	MILY	1:20.61
38.45	42.16		
13 Clissold, Bronwyn	15	TENY	1:21.59
40.07	41.52		
14 Miles, Megan	15	FISY	1:22.75
40.50	42.25		
15 Lawler, Sadie	15	NEAY	1:23.01
39.42	43.59		
16 Edwards, Izzy	16	SWAY	1:23.03
40.44	42.59		
17 Harwood, Amelia	16	HAVY	1:23.62
41.31	42.31		
18 Peach, Eliza M	15	HAVY	1:29.51
43.09	46.42		
19 O'Connell, Cerys E	15	NTVY	1:34.14
44.73	49.41		

**Event 403 Girls 17 & Over 100 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Evans, Bethan	18	NEAY	1:08.38
33.62	34.76		
2 Evans, Caitlin R	19	SWAY	1:09.76
34.01	35.75		
3 Morgan, Elen M	18	ABRY	1:11.72
35.65	36.07		
4 Lewis, Abigail	18	NEAY	1:15.30
36.49	38.81		
5 Evans, Caitlin	17	NEAY	1:15.80
36.93	38.87		
6 Clapham, Rhiannon m	18	FISY	1:16.31
36.68	39.63		
7 Clissold, Elizabeth	17	TENY	1:19.19
38.69	40.50		
8 Phelps, Lucy	17	NEAY	1:23.75
40.33	43.42		

**Event 404 Boys 11-12 200 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Douglas, Lucas	12	CAMY	2:20.95
32.67	35.80	36.80	35.68
2 Elmes, Max	12	CAMY	2:45.93
39.24	42.68	44.03	39.98
3 Harwood, Jack	12	HAVY	2:52.59
40.56	44.23	45.85	41.95
4 Smudzinski, Max M	11	SWAY	2:57.37
39.78	46.71	47.59	43.29
5 Evans, Rhys D	11	NTVY	3:01.88
42.05	47.43	47.83	44.57
6 Smith, Jacob	11	HAVY	3:02.35
43.55	47.09	46.71	45.00
7 Lewis, Iestyn	12	HAVY	3:07.74
41.11	48.60	49.14	48.89

**Event 404 Boys 13-14 200 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Bennett, Finley	14	HAVY	2:17.01
31.50	34.14	35.48	35.89
2 Cleave, Joshua	14	CEDY	2:21.54
34.48	37.00	36.19	33.87
3 Thomas, Iolo	13	NEAY	2:23.20
32.51	37.38	37.83	35.48

4 West, Dexter	14	FISY	2:23.62
30.84	36.07	37.79	38.92
5 Galbraith, Elian	14	LLLY	2:28.63
33.90	37.95	39.80	36.98
6 Williams, Thomas	13	LLLY	2:29.26
35.02	38.04	38.82	37.38
7 Hetherington, Trystan	14	NEAY	2:31.39
31.85	37.62	41.18	40.74
8 Hnoianyi, Andrii	14	SWAY	2:31.99
35.08	40.04	39.70	37.17
9 Morgan, Ben	14	PEMY	2:32.45
33.90	39.20	40.31	39.04
10 Roberts-Truman, Harri	13	NEAY	2:36.20
35.27	40.09	42.90	37.94
11 Smith, Benjamin	14	HAVY	2:52.36
39.13	44.50	46.08	42.65

**Event 404 Boys 15-16 200 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Prysor, Sami	16	HAVY	2:00.64
28.62	30.79	31.03	30.20
2 Upton-Boorman, Liam	16	CAMY	2:05.92
28.71	32.23	32.66	32.32
3 Sellick, Fenn	15	SWAY	2:06.17
29.57	32.44	32.57	31.59
4 Montague, Mason	15	HAVY	2:13.31
30.21	33.33	35.05	34.72
5 Montgomery, Sammy	15	HAVY	2:14.21
29.70	33.71	35.88	34.92
6 Rukov, Ivan	16	ABRY	2:26.29
31.19	36.99	39.22	38.89
7 Burt, Teyan	16	LLLY	2:28.89
32.83	38.25	39.35	38.46

**Event 404 Boys 17 & Over 200 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Edwards, Sam	17	NEAY	2:09.07
28.51	32.10	34.09	34.37
2 Gubb, Harvey	17	NEAY	2:09.15
29.41	32.68	33.98	33.08
3 Jones, Joseph	17	NEAY	2:10.01
29.10	33.10	34.62	33.19
4 Willis, Morgan M	17	NEAY	2:11.37
28.84	32.41	35.11	35.01

**Event 405 Girls 11-12 50 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Hughes, Tirion H	12	SWAY	43.74
2 Hall, Isabelle	12	FISY	44.80
3 Bissicks, Cari H	12	SWAY	45.41
4 Puglia-Walburg, Penelope	12	HAVY	46.01
5 Thomas, Grace	12	CAMY	46.53
6 Hall, Ellena	12	FISY	47.85
7 Hughes, Mollie	12	CEDY	48.00
8 Hnoiana, Valentyna	11	SWAY	48.14
9 Filmer, Gwennan	11	ABRY	49.25
10 Scully, Emersyn	12	SWAY	49.48
11 Evans, Cadi R	11	SWAY	49.67
12 Clift, Meghan	12	SWAY	52.56
13 Williams, Paige T	11	SWAY	52.94
14 Davies, Erin	12	CEDY	53.02
15 Stevens, Alice	11	CEDY	53.08
16 Kasto, Evie T	12	SWAY	53.20

## West Wales Regionals 2023 - 10/02/2023 to 12/02/2023

## Results - Session 4 - Warmup 1.45 - 2.45pm

**(Event 405 Girls 11-12 50 SC Meter Breaststroke)**

Name	AgeTeam	Finals Time
17 O'Connell, Cari F	11 NTVY	54.06
18 Howell, Sophie	12 HAVY	54.10
19 Percival, Bella	11 CEDY	54.18
20 Wells, Iris	12 CEDY	54.30
21 Rogers, Sadie	11 NEAY	54.61
22 Kaill-Franks, Nia	12 FISY	54.63
23 McFarlane, Una	12 MILY	54.76
24 Thomas, Leah	12 HAVY	54.93
25 Kenny, Jemima	12 MILY	55.19
26 Edwards, Ffion	12 SWAY	55.32
27 David, Emily	12 HAVY	55.72
28 Graham, Fallon	11 TENY	56.18
29 Ellis, Eve	11 CEDY	56.97
30 Lyseight-Jones, Indya	11 PEMY	57.30
31 Dyde, Pheobe	11 PEMY	57.87
32 Lewis, Martha F	12 CAMY	58.00
33 Massey, Mia	11 CEDY	59.58
34 Davies, Betsi	11 FISY	59.64
35 Powell, Nina	11 FISY	59.84
36 Morgan, Gwerfyl	12 ABRY	59.89
37 May, Gwen A	11 NTVY	1:00.19
38 Jenkins, Isabella	11 LLLY	1:00.24
39 Leane, Megan	11 HAVY	1:00.39
40 Patterson, Hollie M	12 CAMY	1:04.62
--- Goss, Lucia	11 CEDY	DQ
--- Couzens, Sibylla	12 FISY	DQ

**Event 405 Girls 13-14 50 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Jones, Eryn	14 NEAY	36.37
2 Geach, Libbie	14 SWAY	39.58
3 Davies, Amelia F	13 SWAY	40.66
4 Williams, Marys E	14 SWAY	40.82
5 Lythgoe, Manon H	14 SWAY	41.18
6 Webb, Efa	13 AMMY	41.26
7 Ostrowski, Julia	14 PEMY	41.41
8 Montague, Keira	14 HAVY	41.43
9 Knight, Lily	13 CEDY	41.79
10 Dafydd, Iola	14 FISY	42.84
11 Koo, Kathryn	14 TENY	43.17
12 Hurley, Sienna	13 NEAY	43.43
13 Stark, Tala	13 FISY	43.89
14 Giles, Seren M	13 NTVY	43.93
15 Coffey, Cora-leigh K	13 SWAY	44.04
16 Murphy, Alys	14 HAVY	44.79
17 Gobbi, Roma	14 HAVY	44.97
18 Dafydd, Mali	13 FISY	45.29
19 Bruce, Skye	14 PEMY	45.53
20 Li, Lucy Xinshi	13 SWAY	45.91
21 Thomas, Caitlyn	14 NEAY	46.46
22 Hughes, Nancy J	14 NTVY	46.62
23 Mason, Phoebe	13 HAVY	47.06
24 Upton-Boorman, Isabella	13 CAMY	47.09
25 Holmes, Seren	14 NEAY	47.41
26 Griffiths, Gwenan M	13 SWAY	47.67
27 Richards, Amber	14 CEDY	48.24
28 Martin, Phoebe O	13 SWAY	48.74
29 Griffiths, Amelia	13 FISY	49.83
30 Chapman, Olivia	13 SWAY	51.02
31 Bowen, Seren E	13 CAMY	51.43

32 Kaill-Franks, Eira	13 FISY	51.93
33 Penfold, Freya	13 FISY	52.27
34 Wilcockson, Alys	13 ABRY	52.57
35 Penfold, Robyn	13 FISY	55.01
36 Doncaster, Lily S	13 HAVY	55.30
--- John, Annabel	14 PEMY	DQ

**Event 405 Girls 15-16 50 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Owen, Gracie	15 NEAY	36.12
2 Welsby, Lily-May	16 ABRY	36.13
3 Gibbs, Harriet	15 AMMY	37.09
4 Phillips, Emily	15 NEAY	37.29
5 Owen, Kessie	15 NEAY	37.90
6 John, Holly	16 HAVY	38.05
7 Davies, Rhian	16 SWAY	40.12
8 Thomas, Medi A	15 SWAY	41.27
9 Miles, Megan	15 FISY	41.42
10 Marsh, Nina	15 MILY	41.72
11 Ley, Lucy	15 SWAY	41.96
12 Hanna, Jazmine	15 HAVY	42.29
13 Huws, Awen G	15 NTVY	42.54
14 Spychka, Sofiiia	15 SWAY	43.31
15 Lawler, Sadie	15 NEAY	44.06
16 Douglas, Fabiana	15 CAMY	44.34
17 Snelgrove, Violet	15 NEAY	45.31
18 Scully, Freya A	16 SWAY	46.42
19 Harwood, Amelia	16 HAVY	48.07
20 O'Connell, Cerys E	15 NTVY	51.94

**Event 405 Girls 17 & Over 50 SC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Phillips, Rhianna	18 CAMY	36.08
2 Lewis, Rachael E	19 FISY	36.54
3 White, Eleanor R	17 HAVY	37.26
4 Wilkins, Maia	18 SWAY	38.02
5 Lewis, Abigail	18 NEAY	39.06
6 Evans, Caitlin	17 NEAY	39.36
7 James, Dempsey	17 NEAY	40.04
8 Thomas, Abigail	18 NEAY	40.96
9 Clapham, Rhiannon m	18 FISY	41.48
10 Selby, Cerys	17 NEAY	43.07
11 Jones, Beca	17 CAMY	47.67
--- Lewis, Lowri	17 NEAY	DQ