

West Wales Regionals 2023 - 10/02/2023 to 12/02/2023

Results - Session 5 - Warmup 08.00 - 9.00 am

Event 501 Boys 11-12 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Elmes, Max	12 CAMY	36.36
2 Hale, Oliver S	12 SWAY	39.92
3 Smith, Jacob	11 HAVY	40.82
4 Johns, Rory	12 SWAY	43.23
--- Harwood, Jack	12 HAVY	DQ

Event 501 Boys 13-14 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 West, Dexter	14 FISY	29.61
2 Hnoiany, Andrii	14 SWAY	31.76
3 Silverstone, Sol	14 HAVY	32.69
4 Thomas, Iolo	13 NEAY	33.03
5 Morgan, Ben	14 PEMY	36.54
6 Williams, Thomas	13 LLLY	37.70
7 Johns, Cody	14 SWAY	37.82
8 Smith, Benjamin	14 HAVY	38.39
9 Gouda, Ali	14 HAVY	41.13
10 Hall, Ethan	14 FISY	42.49

Event 501 Boys 15-16 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Prysor, Sami	16 HAVY	27.83
2 Gillett, Oliver	16 SWAY	27.88
3 Sellick, Fenn	15 SWAY	29.38
4 Montgomery, Sammy	15 HAVY	29.54
5 Koriakovtsev, Illia	16 SWAY	30.21
6 Morgan, Jack	16 PEMY	31.30
7 Richards, Aled	16 CEDY	32.07
8 Belanger, Jayden	16 MILY	33.02
9 Thomas, Cameron	16 NEAY	33.34
10 Diouf, Kaden S	15 SWAY	33.78
11 Hedge, William	15 SWAY	34.82
12 Backen, Henry	15 FISY	37.16

Event 501 Boys 17 & Over 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Thomas, Rhys A	18 SWAY	27.23
2 Thomas, Daniel J	26 PEMY	28.04
3 Gubb, Harvey	17 NEAY	29.07
4 Hedge, Thomas	18 SWAY	29.12
5 West, Zac	17 FISY	29.49
6 Andrews, Rory	18 HAVY	29.54
7 Carver, Wil	17 SWAY	29.61
8 Job, Kyle	25 PEHY	29.88
9 Williams, Corey B	17 SWAY	30.56
10 Jones, Garyn	18 NEAY	31.19

Event 502 Girls 11-12 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Galdes-Cutting, Daisy	12 HAVY	31.78
2 Burns, Freya	12 SWAY	31.85
3 Dash, Amelie	12 MILY	32.23
4 Hughes, Tirion H	12 SWAY	33.31
5 Bissicks, Cari H	12 SWAY	33.49
6 Sedgemore, Lola A	11 NTVY	34.82
7 Morgan, Evelyn	12 LLLY	35.36
8 Puglia-Walburg, Penelope	12 HAVY	35.52
9 Davies, Erin	12 CEDY	35.72
10 Thomas, Grace	12 CAMY	35.94
11 Lyseight-Jones, Indya	11 PEMY	36.07
12 Taffetsauffer, Isabella	12 LLLY	36.17

13 Hnoiana, Valentyna	11 SWAY	36.25
14 Hall, Ellena	12 FISY	36.27
15 Williams, Sophie	12 NEAY	36.35
16 Hughes, Mollie	12 CEDY	36.58
17 Griffiths, Ffion	12 TENY	36.61
18 Evans, Cadi R	11 SWAY	36.68
19 Patterson, Hollie M	12 CAMY	36.89
20 Williams, Paige T	11 SWAY	37.06
21 Evans, Annie	12 NEAY	37.14
22 Hall, Isabelle	12 FISY	37.19
23 Graham, Fallon	11 TENY	37.36
24 Scully, Emersyn	12 SWAY	37.40
25 Jenkins, Isabella	11 LLLY	37.54
26 Wells, Iris	12 CEDY	37.67
27 Filmer, Gwennan	11 ABRY	38.21
28 Jenkins, Elli	12 SWAY	38.67
29 O'Connell, Cari F	11 NTVY	38.74
30 McFarlane, Una	12 MILY	39.45
31 Thomas, Leah	12 HAVY	39.63
32 Kenny, Jemima	12 MILY	40.18
33 Howell, Sophie	12 HAVY	40.94
34 Rogers, Sadie	11 NEAY	41.07
35 Joseph, Ellie	11 CEDY	41.20
36 Snelgrove, Scarlett	11 NEAY	41.70
37 Berner, Kiana	12 ABRY	41.72
38 Gardner-Rolfe, Mia G	11 SWAY	41.89
39 Price, Seren-louise	11 CAMY	42.04
40 Roberts, Grace	11 CEDY	42.25
41 May, Gwen A	11 NTVY	44.67
42 Ellis, Eve	11 CEDY	47.28
43 Powell, Nina	11 FISY	48.44

Event 502 Girls 13-14 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Geach, Libbie	14 SWAY	28.54
2 Nichols, Grace	13 HAVY	28.61
3 Jones, Eryn	14 NEAY	29.99
4 Williams, Marys E	14 SWAY	30.50
5 Ostrowski, Julia	14 PEMY	30.72
6 Koo, Kathryn	14 TENY	30.92
7 Coffey, Cora-leigh K	13 SWAY	31.05
8 Hurley, Sienna	13 NEAY	31.37
9 Webb, Efa	13 AMMY	31.62
10 Montague, Keira	14 HAVY	31.67
11 Green, Matilda	14 HAVY	31.75
12 Perrott, Niamh	14 CEDY	32.04
13 Thomas, Nikita	14 LLLY	32.58
*14 Griffiths, Amelia	13 FISY	32.67
*14 Jenkins, Alexandra	14 SWAY	32.67
16 Bruce, Skye	14 PEMY	32.74
17 Cressey-Rodgers, Gwenllian F	13 CAMY	33.10
18 Hughes, Nancy J	14 NTVY	33.16
19 Page, Jessica	13 TENY	33.19
20 John, Annabel	14 PEMY	33.38
21 Holmes, Seren	14 NEAY	33.85
22 Thompson, Freya	13 HAVY	33.90
23 Morgan, Lily	13 TENY	33.95
24 Upton-Boorman, Isabella	13 CAMY	34.16
25 Williams, Annabelle	14 ABRY	34.22
26 Griffiths, Gwenan M	13 SWAY	34.28
27 Giles, Seren M	13 NTVY	34.36
28 Bruce, Keira	13 PEMY	34.37

West Wales Regionals 2023 - 10/02/2023 to 12/02/2023

Results - Session 5 - Warmup 08.00 - 9.00 am

(Event 502 Girls 13-14 50 SC Meter Freestyle)

Name	AgeTeam	Finals Time
29 Stark, Tala	13 FISY	34.61
30 Thomas, Caitlyn	14 NEAY	34.79
31 Mason, Phoebe	13 HAVY	34.98
32 Richardson, Beca	13 SWAY	35.22
33 Stacey, Jessica	13 SWAY	35.27
34 Macy, Peni	14 ABRY	35.42
35 Murphy, Alys	14 HAVY	35.53
36 Knight, Lily	13 CEDY	35.71
37 Chapman, Olivia	13 SWAY	36.27
38 Bowen, Seren E	13 CAMY	36.44
39 Cooper, Daisy	13 FISY	37.05
40 Doncaster, Lily S	13 HAVY	39.20
--- Perrott, Hannah	13 CEDY	DQ

Event 502 Girls 15-16 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Owen, Gracie	15 NEAY	28.05
2 Evans, Mali R	16 SWAY	29.14
3 Welsby, Lily-May	16 ABRY	29.26
4 Williams, Hollie	16 LLLY	29.49
5 David, Isabelle	16 SWAY	29.73
6 Arnold, Lily	15 MILY	29.93
7 Humphreys, Holly	15 SWAY	30.10
8 Hale, Gemma N	16 SWAY	30.30
9 Kovachev, Georgie	16 FISY	30.33
10 Owen, Kessie	15 NEAY	30.39
11 Hanna, Jazmine	15 HAVY	30.45
12 Davies, Rhian	16 SWAY	30.50
13 Pickersgill, Aoife	15 CAMY	30.59
14 Devonald, Niamh	16 HAVY	30.73
15 Brown, Caitlin	16 AMMY	30.76
16 Woodward, Angharad	15 NEAY	30.86
17 Thomas, Nyla	16 NEAY	31.22
18 Clissold, Bronwyn	15 TENY	31.31
19 Phillips, Ellie R	16 HAVY	31.54
20 Huws, Awen G	15 NTVY	31.66
21 Ley, Lucy	15 SWAY	31.82
22 Miles, Megan	15 FISY	32.06
23 Spsychka, Sofiia	15 SWAY	32.68
24 Puglia-Walburg, Alessia	16 HAVY	32.71
25 Beynon, Chloe	16 FISY	32.73
26 Williams, Efa	15 NEAY	32.78
27 Marsh, Nina	15 MILY	32.90
28 Marques-Jones, Neve	16 AMMY	33.43
29 Edwards, Izzy	16 SWAY	33.71
30 Snelgrove, Violet	15 NEAY	33.77
31 Baker, Chloe	15 SWAY	35.03
32 O'Connell, Cerys E	15 NTVY	35.10
33 Green, Ellie	15 HAVY	35.14
34 Hiles, Annabelle Z	15 SWAY	35.84

Event 502 Girls 17 & Over 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Morgan, Elen M	18 ABRY	28.04
2 Lewis, Lowri	17 NEAY	28.21
3 Clissold, Elizabeth	17 TENY	28.85
4 Evans, Caitlin R	19 SWAY	28.87
5 Lewis, Rachael E	19 FISY	28.92
6 White, Eleanor R	17 HAVY	29.14
7 Clapham, Rhiannon m	18 FISY	29.17

8 Evans, Bethan	18 NEAY	29.42
9 Phillips, Rhianna	18 CAMY	29.63
10 Lewis, Abigail	18 NEAY	30.58
11 Cundy, Erin	17 SWAY	30.71
12 Thomas, Abigail G	17 PEMY	30.90
13 Evans, Caitlin	17 NEAY	31.15
14 Selby, Cerys	17 NEAY	31.48
15 Davies, Helena	17 NEAY	31.58
16 Thomas, Abigail	18 NEAY	33.37

Event 503 Boys 13-14 400 SC Meter IM

Name	AgeTeam	Finals Time	
1 West, Dexter	14 FISY	5:09.85	
32.07	37.04	39.16	37.04
45.69	46.15	37.14	35.56
2 Twigger, Owen	14 SWAY	5:13.79	
33.17	39.03	40.25	37.64
46.56	47.35	36.07	33.72
3 Bennett, Finley	14 HAVY	5:34.93	
36.16	44.28	42.23	42.04
47.96	50.12	36.44	35.70
4 Morgan, Ben	14 PEMY	6:28.19	
39.71	1:39.08	48.77	
	58.41	43.23	41.81
--- Silverstone, Sol	14 HAVY	DQ	
36.48	46.09	44.94	43.97
53.41	53.29	40.78	37.93

Event 503 Boys 15-16 400 SC Meter IM

Name	AgeTeam	Finals Time	
1 Montague, Mason	15 HAVY	5:03.82	
31.76	37.47	40.75	39.38
41.65	42.50	36.10	34.21
2 Richardson, Osian	15 SWAY	5:13.44	
35.37	41.17	40.80	38.55
43.20	44.27	36.56	33.52

Event 504 Girls 11-12 400 SC Meter Freestyle

Name	AgeTeam	Finals Time	
1 Galdes-Cutting, Daisy	12 HAVY	5:07.24	
34.41	38.32	39.37	39.69
39.74	39.40	38.91	37.40
2 Morgan, Evelyn	12 LLLY	6:03.66	
40.06	44.71	47.31	48.13
46.89	47.55	47.75	41.26

Event 504 Girls 13-14 400 SC Meter Freestyle

Name	AgeTeam	Finals Time	
1 Griffiths, Cerys	13 HAVY	4:54.29	
35.00	37.60	37.33	37.34
37.03	36.89	36.89	36.21
2 Nichols, Grace	13 HAVY	4:57.13	
34.10	37.00	37.78	37.72
38.30	37.80	34.83	39.60
3 Williams, Marys E	14 SWAY	5:00.37	
34.65	37.89	38.35	38.45
38.60	37.87	38.24	36.32
4 Philpott, Ffion	14 LLLY	5:11.90	
35.20	38.47	39.74	40.36
40.78	40.33	39.26	37.76
5 Cressey-Rodgers, Gwenllian F	13 CAMY	5:28.87	
35.49	39.89	40.47	42.74
42.63	43.17	42.18	42.30

West Wales Regionals 2023 - 10/02/2023 to 12/02/2023

Results - Session 5 - Warmup 08.00 - 9.00 am

(Event 504 Girls 13-14 400 SC Meter Freestyle)

Name	Age	Team	Finals Time	
6 Thompson, Freya	13	HAVY	5:38.45	
	38.16	42.40	43.27	43.42
	43.71	43.84	43.25	40.40
7 Green, Matilda	14	HAVY	5:38.73	
	38.18	42.96	43.23	43.18
	43.76	43.64	42.71	41.07
8 Chapman, Olivia	13	SWAY	5:47.09	
	37.91	1:28.01	44.71	1:29.90
	44.72	41.84		
9 Richards, Amber	14	CEDY	5:53.84	
	38.86	42.99	44.36	45.15
	45.62	46.46	46.22	44.18
10 Mason, Phoebe	13	HAVY	5:55.04	
	38.51	43.68	44.59	45.31
	45.98	46.50	46.59	43.88

Event 504 Girls 15-16 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 O'Mahoney, Kaitlin	15	NEAY	4:42.06	
	31.08	34.63	35.42	35.87
	36.54	36.48	36.65	35.39
2 Williams, Hollie	16	LLLY	4:48.64	
	32.61	36.38	37.43	37.03
	36.77	36.69	36.68	35.05
3 Sullivan, Katie L	16	SWAY	4:52.85	
	33.27	37.01	37.91	37.75
	37.36	37.58	37.11	34.86
4 Humphreys, Holly	15	SWAY	4:57.90	
	33.27	37.52	38.49	38.29
	38.66	38.09	37.34	36.24
5 Kovachev, Georgie	16	FISY	5:05.51	
	33.17	37.72	38.94	39.33
	39.55	39.14	39.74	37.92
6 Davies, Rhian	16	SWAY	5:07.46	
	34.43	37.95	38.91	38.92
	39.57	39.47	39.63	38.58
7 Cooper, Megan	15	NEAY	5:13.24	
	34.73	38.78	40.08	39.87
	40.24	40.43	40.13	38.98
8 Huws, Awen G	15	NTVY	5:14.26	
	33.00	38.40	41.16	41.27
	41.15	41.64	40.57	37.07
9 Clifford, Bethany	16	NEAY	5:16.16	
	34.27	38.18	39.97	41.21
	41.11	41.48	41.03	38.91
10 Ley, Lucy	15	SWAY	5:17.25	
	35.08	38.59	40.06	40.62
	40.71	41.05	40.83	40.31
11 Clissold, Bronwyn	15	TENY	5:23.30	
	35.33	40.22	41.42	41.41
	41.85	41.81	41.84	39.42
12 Pickersgill, Aoife	15	CAMY	5:24.06	
	35.47	39.42	41.64	42.04
	41.93	41.67	41.99	39.90
13 Edwards, Izzy	16	SWAY	5:34.58	
	37.77	41.41	42.86	42.95
	43.13	43.10	42.17	41.19

Event 504 Girls 17 & Over 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Gillett, Keira	18	SWAY	4:44.70	
	32.37	35.60	35.97	36.03
	36.42	36.75	36.32	35.24
2 Phillips, Rhianna	18	CAMY	4:52.05	
	32.31	35.66	36.96	37.04
	37.40	37.72	37.81	37.15
3 Clissold, Elizabeth	17	TENY	4:56.48	
	32.58	35.56	37.03	38.00
	38.05	39.04	38.35	37.87
4 White, Eleanor R	17	HAVY	5:05.55	
	33.16	37.44	37.94	38.75
	38.87	40.02	40.11	39.26
5 Cundy, Erin	17	SWAY	5:13.71	
	35.59	38.24	39.73	40.29
	40.61	40.20	39.84	39.21
6 Bray, Bethan	17	CEDY	5:24.13	
	36.27	39.64	41.14	42.40
	41.28	42.13	41.23	40.04

Event 505 Boys 11-12 100 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Hale, Oliver S	12	SWAY	1:45.42	
	50.78	54.64		
2 Smith, Jacob	11	HAVY	1:45.45	
	50.09	55.36		
3 Gibbs, Jenson	12	AMMY	1:51.21	
	50.99	1:00.22		
4 Smudzinski, Max M	11	SWAY	1:51.70	
	52.44	59.26		
5 Noden, Rory	11	MILY	1:57.66	
	56.99	1:00.67		
--- Harwood, Jack	12	HAVY	DQ	
	54.56	58.91		

Event 505 Boys 13-14 100 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Phillips, Finley	13	CAMY	1:21.90	
	38.86	43.04		
2 Phillips, Ioan	13	NEAY	1:26.02	
	40.46	45.56		
3 Ismail, Zarya	14	SWAY	1:30.80	
	42.99	47.81		
4 Davies, Gethin	14	MILY	1:32.97	
	42.99	49.98		
5 Hetherington, Trystan	14	NEAY	1:33.85	
	43.17	50.68		
6 Cleave, Joshua	14	CEDY	1:34.09	
	45.20	48.89		
7 Hall, Ethan	14	FISY	1:36.21	
	44.96	51.25		
8 Lewis, Cian	14	NEAY	1:38.53	
	45.62	52.91		
9 Jones, Jack	14	TENY	1:38.68	
	46.88	51.80		
10 Peach, Henry	13	HAVY	1:41.00	
	47.09	53.91		
11 Gouda, Ali	14	HAVY	1:42.36	
	48.02	54.34		
12 Santos, Liam	14	MILY	1:42.74	
	47.05	55.69		

West Wales Regionals 2023 - 10/02/2023 to 12/02/2023

Results - Session 5 - Warmup 08.00 - 9.00 am

(Event 505 Boys 13-14 100 SC Meter Breaststroke)

	Name	AgeTeam	Finals Time
13	Smith, Benjamin	14 HAVY	1:43.30
	47.62	55.68	

Event 505 Boys 15-16 100 SC Meter Breaststroke

	Name	AgeTeam	Finals Time
1	Montague, Mason	15 HAVY	1:13.32
	34.73	38.59	
2	Upton-Boorman, Liam	16 CAMY	1:14.12
	34.57	39.55	
3	Richards, Aled	16 CEDY	1:21.43
	37.70	43.73	
4	Diouf, Kaden S	15 SWAY	1:24.10
	39.40	44.70	
5	Belanger, Jayden	16 MILY	1:25.24
	39.24	46.00	
6	Thomas, Cameron	16 NEAY	1:31.98
	42.52	49.46	
7	Stewart, Finlay	15 LLLY	1:37.09
	46.94	50.15	
8	Backen, Henry	15 FISY	1:37.71
	46.53	51.18	

Event 505 Boys 17 & Over 100 SC Meter Breaststroke

	Name	AgeTeam	Finals Time
1	Lewis, Matthew D	38 HAVY	1:12.99
	33.89	39.10	
2	Thomas, Rhys A	18 SWAY	1:13.14
	34.39	38.75	
3	Rogers, Logan A	17 NEAY	1:16.39
	35.29	41.10	