

West Wales Regionals 2023 - 10/02/2023 to 12/02/2023

Meet Program - Session 6 - Warmup 11.00 am - 12.00 pm

Event 601 Girls 11 & Over 50 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 17 Finals

1				—
2				—
3	Price, Seren-louise	11	Carmarthen	53.80
4	Dyde, Pheobe	11	PembrokeDist	50.99
5	May, Gwen A	11	NexusValleys	53.46
6				—
7				—
8				—

Heat 2 of 17 Finals

1	Gardner-Rolfe, Mia G	11	Swansea Aq	50.96
2	Howell, Sophie	12	Haverfordwes	50.27
3	Morgan, Gwerfyl	12	Aberystwyth	49.59
4	Griffiths, Elizabeth	12	Fishguard	48.86
5	Roberts, Grace	11	C Dolphins	49.56
6	Kenny, Jemima	12	Milford Havn	49.60
7	David, Emily	12	Haverfordwes	50.79
8				—

Heat 3 of 17 Finals

1	Filmer, Gwennan	11	Aberystwyth	48.75
2	Joseph, Ellie	11	C Dolphins	48.36
3	Scully, Emersyn	12	Swansea Aq	47.50
4	Williams, Sophie	12	Neath	47.35
5	Macy, Lili A	12	Aberystwyth	47.39
6	Sedgemore, Lola A	11	NexusValleys	47.51
7	Rogers, Sadie	11	Neath	48.36
8	Thomas, Leah	12	Haverfordwes	48.77

Heat 4 of 17 Finals

1	Morgan, Evelyn	12	Llanelli	47.13
2	Doncaster, Lily S	13	Haverfordwes	46.94
3	Lyseight-Jones, Indya	11	PembrokeDist	46.55
4	Graham, Fallon	11	Tenby	46.05
5	Knight, Cerys	14	Haverfordwes	46.20
6	Puglia-Walburg, Penelope	12	Haverfordwes	46.63
7	Jenkins, Isabella	11	Llanelli	46.94
8	McFarlane, Una	12	Milford Havn	47.29

Heat 5 of 17 Finals

1	James, Maisie	15	Neath	45.84
2	Hughes, Mollie	12	C Dolphins	45.69
3	Griffiths, Ffion	12	Tenby	45.58
4	Stacey, Jessica	13	Swansea Aq	45.38
5	Wells, Iris	12	C Dolphins	45.57
6	Evans, Annie	12	Neath	45.60
7	Murphy, Alys	14	Haverfordwes	45.70
8	Jenkins, Elli	12	Swansea Aq	45.98

Heat 6 of 17 Finals

1	Williams-Kivell, Izabella	15	Swansea Aq	44.43
2	Bowen, Seren E	13	Carmarthen	44.36
3	Mason, Phoebe	13	Haverfordwes	44.20
4	Hughes, Tirion H	12	Swansea Aq	43.75
5	Williams, Paige T	11	Swansea Aq	43.84
6	Davies, Erin	12	C Dolphins	44.26
7	Hall, Ellena	12	Fishguard	44.39
8	Perrott, Hannah	13	C Dolphins	44.43

Heat 7 of 17 Finals

1	Gobbi, Roma	14	Haverfordwes	43.33
2	Taffetsauffer, Isabella	12	Llanelli	43.00
3	Hall, Isabelle	12	Fishguard	42.81
4	Hiles, Annabelle Z	15	Swansea Aq	42.50
5	Baker, Chloe	15	Swansea Aq	42.70
6	Lord, Fleur	16	PembrokeDist	42.86
7	Thomas, Caitlyn	14	Neath	43.23
8	Cooper, Daisy	13	Fishguard	43.39

Heat 8 of 17 Finals

1	Evans, Cadi R	11	Swansea Aq	42.19
2	Harris, Lili	16	Carmarthen	41.67
3	Morgan, Lily	13	Tenby	41.50
4	Scully, Freya A	16	Swansea Aq	40.90
5	Bissicks, Cari H	12	Swansea Aq	41.20
6	Giles, Seren M	13	NexusValleys	41.60
7	Hnoiana, Valentyna	11	Swansea Aq	42.16
8	Macy, Peni	14	Aberystwyth	42.36

Heat 9 of 17 Finals

1	Hughes, Nancy J	14	NexusValleys	40.52
2	Upton-Boorman, Isabella	13	Carmarthen	40.42
3	Hanna, Shelby	14	Haverfordwes	40.15
4	Phelps, Lucy	17	Neath	40.00
5	Snelgrove, Violet	15	Neath	40.00
6	Cooper, Megan	15	Neath	40.37
7	Peach, Eliza M	15	Haverfordwes	40.49
8	O'Connell, Cerys E	15	NexusValleys	40.71

Heat 10 of 17 Finals

1	Chapman, Olivia	13	Swansea Aq	39.70
2	Thompson, Freya	13	Haverfordwes	39.60
3	Bruce, Keira	13	PembrokeDist	39.52
4	Harwood, Amelia	16	Haverfordwes	39.40
5	Griffiths, Gwenan M	13	Swansea Aq	39.49
6	Griffiths, Amelia	13	Fishguard	39.54
7	Richardson, Beca	13	Swansea Aq	39.62
8	Williams, Annabelle	14	Aberystwyth	39.83

Heat 11 of 17 Finals

1	Page, Jessica	13	Tenby	39.20
2	Holmes, Seren	14	Neath	38.90
3	Thomas, Nikita	14	Llanelli	38.78
4	Montague, Keira	14	Haverfordwes	38.30
5	Cundy, Erin	17	Swansea Aq	38.53
6	Ostrowski, Julia	14	PembrokeDist	38.83
7	Dash, Amelie	12	Milford Havn	39.18
8	Cressey-Rodgers, Gwenllian	13	Carmarthen	39.22

Heat 12 of 17 Finals

1	Burns, Freya	12	Swansea Aq	38.05
2	Clissold, Bronwen	15	Tenby	37.95
3	Green, Matilda	14	Haverfordwes	37.80
4	Perrott, Niamh	14	C Dolphins	37.43
5	Bruce, Skye	14	PembrokeDist	37.58
6	Davies, Rhian	16	Swansea Aq	37.90
7	Edwards (New), Izzy	16	Swansea Aq	38.03
8	Beynon, Chloe	16	Fishguard	38.11

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Meet Program - Session 6 - Warmup 11.00 am - 12.00 pm

Heat 13 Finals (#601 Girls 11 & Over 50 SC Meter Backstroke)

1	Thomas, Medi A	15	Swansea Aq	37.22	___
2	Collyer, Tirion B	12	Swansea Aq	37.16	___
3	Thomas, Abigail	18	Neath	37.13	___
4	Ley, Lucy	15	Swansea Aq	37.11	___
5	Bray, Bethan	17	C Dolphins	37.12	___
6	Miles, Megan	15	Fishguard	37.15	___
7	Koo, Kathryn	14	Tenby	37.21	___
8	Marques-Jones, Neve	16	Amman Valley	37.31	___

Heat 14 of 17 Finals

1	Huws, Awen G	15	NexusValleys	36.93	___
2	Clissold, Elizabeth	17	Tenby	36.81	___
3	Humphreys, Holly	15	Swansea Aq	36.31	___
4	Thomas, Nyla	16	Neath	36.18	___
5	Wilkins, Maia	18	Swansea Aq	36.20	___
6	Davies, Amelia F	13	Swansea Aq	36.42	___
7	Marsh, Nina	15	Milford Havn	36.82	___
8	Philpott, Ffion	14	Llanelli	37.11	___

Heat 15 of 17 Finals

1	Davies, Helena	17	Neath	35.48	___
2	Arnold, Lily	15	Milford Havn	35.36	___
3	Evans, Caitlin	17	Neath	35.00	___
4	Devonald, Niamh	16	Haverfordwes	34.90	___
5	Hanna, Jazmine	15	Haverfordwes	34.96	___
6	Clapham, Rhiannon m	18	Fishguard	35.16	___
7	Arnold, Jessica R	13	Swansea Aq	35.44	___
8	Morgan, Elen M	18	Aberystwyth	35.80	___

Heat 16 of 17 Finals

1	Lewis, Abigail	18	Neath	34.75	___
2	O'Mahoney, Kaitlin	15	Neath	34.58	___
3	Peter, Sophie	16	Swansea Aq	34.40	___
4	Pickersgill, Aoife	15	Carmarthen	33.67	___
5	Thomas, Grace	16	Milford Havn	34.18	___
6	Thomas, Rhian	15	Haverfordwes	34.41	___
7	Geach, Libbie	14	Swansea Aq	34.60	___
8	Jones, Eryn	14	Neath	34.89	___

Heat 17 of 17 Finals

1	Welsby, Lily-May	16	Aberystwyth	33.57	___
2	Evans, Mali R	16	Swansea Aq	32.39	___
3	Smart, Charlotte E	16	Swansea Aq	32.18	___
4	Evans, Bethan	18	Neath	30.58	___
5	Nichols, Grace	13	Haverfordwes	30.84	___
6	Evans, Caitlin R	19	Swansea Aq	32.30	___
7	Cleave, Mia	16	C Dolphins	33.04	___
8	Woodward, Angharad	15	Neath	33.65	___

Event 602 Boys 11 & Over 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1					___
2	Noden, Rory	11	Milford Havn	3:31.98	___
3	Davies, Ellis V	12	Llanelli	3:24.56	___
4	Johns, Cody	14	Swansea Aq	2:56.10	___
5	Hale, Oliver S	12	Swansea Aq	3:08.75	___
6	Harwood, Jack	12	Haverfordwes	3:25.34	___
7					___
8					___

Heat 2 of 2 Finals

1	Diouf, Kaden S	15	Swansea Aq	2:47.37	___
2	Phillips, Finley	13	Carmarthen	2:41.50	___
3	Jones, Joseph	17	Neath	2:26.40	___
4	Montgomery, Sammy	15	Haverfordwes	2:13.78	___
5	West, Dexter	14	Fishguard	2:25.01	___
6	Thomas, Iolo	13	Neath	2:38.39	___
7	Hedge, William	15	Swansea Aq	2:45.76	___
8	Harris, Osian	14	Fishguard	2:54.60	___

Event 603 Girls 11 & Over 200 SC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

1	Hall, Ellena	12	Fishguard	3:27.42	___
2	Thomas, Grace	12	Carmarthen	3:25.25	___
3	Hall, Isabelle	12	Fishguard	3:20.55	___
4	Perrott, Niamh	14	C Dolphins	3:18.84	___
5	Williams-Kivell, Izabella	15	Swansea Aq	3:19.35	___
6	Mason, Phoebe	13	Haverfordwes	3:22.19	___
7	Bruce, Keira	13	PembrokeDist	3:25.26	___
8	Williams, Paige T	11	Swansea Aq	3:39.98	___

Heat 2 of 8 Finals

1	Chapman, Olivia	13	Swansea Aq	3:18.60	___
2	Phillips, Ellie R	16	Haverfordwes	3:16.33	___
3	Richardson, Beca	13	Swansea Aq	3:14.40	___
4	Harwood, Amelia	16	Haverfordwes	3:12.42	___
5	Davies, Amelia F	13	Swansea Aq	3:12.87	___
6	Peach, Eliza M	15	Haverfordwes	3:14.43	___
7	Morgan, Lily	13	Tenby	3:18.19	___
8	Hiles, Annabelle Z	15	Swansea Aq	3:18.60	___

Heat 3 of 8 Finals

1	Li, Lucy Xinshi	13	Swansea Aq	3:08.69	___
2	Baker, Chloe	15	Swansea Aq	3:08.27	___
3	Ostrowski, Julia	14	PembrokeDist	3:06.91	___
4	Griffiths, Gwenan M	13	Swansea Aq	3:06.38	___
5	Upton-Boorman, Isabella	13	Carmarthen	3:06.88	___
6	Bissicks, Cari H	12	Swansea Aq	3:07.66	___
7	Knight, Lily	13	C Dolphins	3:08.33	___
8	Cressey-Rodgers, Gwenllian	13	Carmarthen	3:08.90	___

Heat 4 of 8 Finals

1	Jenkins, Alexandra	14	Swansea Aq	3:04.59	___
2	Montague, Keira	14	Haverfordwes	3:04.09	___
3	Miles, Megan	15	Fishguard	3:02.71	___
4	Philpott, Ffion	14	Llanelli	3:01.06	___
5	Stark, Tala	13	Fishguard	3:02.45	___
6	Collyer, Tirion B	12	Swansea Aq	3:03.37	___
7	Holmes, Seren	14	Neath	3:04.20	___
8	Bruce, Skye	14	PembrokeDist	3:05.18	___

Heat 5 of 8 Finals

1	Galdes-Cutting, Daisy	12	Haverfordwes	2:57.28	___
2	Hurley, Sienna	13	Neath	2:55.36	___
3	Huws, Awen G	15	NexusValleys	2:53.31	___
4	Owen, Kessie	15	Neath	2:51.07	___
5	Coffey, Cora-leigh K	13	Swansea Aq	2:53.25	___
6	Koo, Kathryn	14	Tenby	2:53.64	___
7	Burns, Freya	12	Swansea Aq	2:56.03	___
8	Dash, Amelie	12	Milford Havn	2:57.36	___

West Wales Regionals 2023 - 10/02/2023 to 12/02/2023

Meet Program - Session 6 - Warmup 11.00 am - 12.00 pm

Heat 6 Finals (#603 Girls 11 & Over 200 SC Meter IM)

1	Cundy, Erin	17	Swansea Aq	2:49.21	___
2	Ley, Lucy	15	Swansea Aq	2:48.20	___
3	Brown, Caitlin	16	Amman Valley	2:47.44	___
4	Catling, Freya	15	C Dolphins	2:47.19	___
5	Welsby, Lily-May	16	Aberystwyth	2:47.35	___
6	Pickersgill, Aoife	15	Carmarthen	2:48.11	___
7	Selby, Cerys	17	Neath	2:48.83	___
8	Hanna, Jazmine	15	Haverfordwes	2:50.80	___

Heat 7 of 8 Finals

1	Humphreys, Holly	15	Swansea Aq	2:46.03	___
2	Jones, Eryn	14	Neath	2:40.78	___
3	Williams, Marys E	14	Swansea Aq	2:38.10	___
4	Nichols, Grace	13	Haverfordwes	2:36.80	___
5	Lewis, Abigail	18	Neath	2:38.04	___
6	Davies, Rhian	16	Swansea Aq	2:40.40	___
7	Griffiths, Cerys	13	Haverfordwes	2:41.83	___
8	Gilderdale, Celyn	15	Haverfordwes	2:46.90	___

Heat 8 of 8 Finals

1	Phillips, Rhianna	18	Carmarthen	2:35.85	___
2	Evans, Caitlin R	19	Swansea Aq	2:35.26	___
3	Gillett, Keira	18	Swansea Aq	2:33.49	___
4	Lewis, Lowri	17	Neath	2:25.89	___
5	Owen, Gracie	15	Neath	2:27.40	___
6	Geach, Libbie	14	Swansea Aq	2:33.70	___
7	Hale, Gemma N	16	Swansea Aq	2:35.75	___
8	Evans, Mali R	16	Swansea Aq	2:36.24	___

Event 604 Boys 11 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

1					___
2					___
3	Smudzinski, Max M	11	Swansea Aq	1:27.20	___
4	Harwood, Jack	12	Haverfordwes	1:25.61	___
5	Davies, Ellis V	12	Llanelli	1:25.73	___
6					___
7					___
8					___

Heat 2 of 8 Finals

1					___
2	Thomas, Rhys	13	Haverfordwes	1:19.74	___
3	Cleave, Ben	13	C Dolphins	1:16.68	___
4	Morgan, Ben	14	PembrokeDist	1:14.23	___
5	Smith, Benjamin	14	Haverfordwes	1:16.41	___
6	Elmes, Max	12	Carmarthen	1:19.27	___
7	Smith, Jacob	11	Haverfordwes	1:24.16	___
8					___

Heat 3 of 8 Finals

1	Backen, Henry	15	Fishguard	1:13.11	___
2	Marshall, Finley	14	Aberystwyth	1:12.35	___
3	Williams, Thomas	13	Llanelli	1:11.85	___
4	Johns, Cody	14	Swansea Aq	1:11.39	___
5	Hedge, William	15	Swansea Aq	1:11.69	___
6	Hale, Oliver S	12	Swansea Aq	1:12.16	___
7	Ismail, Zarya	14	Swansea Aq	1:12.52	___
8	Grugel, Sam	13	C Dolphins	1:14.13	___

Heat 4 of 8 Finals

1	Harris, Osian	14	Fishguard	1:08.97	___
2	Galbraith, Elian	14	Llanelli	1:08.48	___
3	Hnoianyi, Andrii	14	Swansea Aq	1:07.97	___
4	Diouf, Kaden S	15	Swansea Aq	1:07.54	___
5	Phillips, Ioan	13	Neath	1:07.95	___
6	Hetherington, Trystan	14	Neath	1:08.09	___
7	Phillips, Finley	13	Carmarthen	1:08.95	___
8	Song, Guangping	14	Swansea Aq	1:09.42	___

Heat 5 of 8 Finals

1	Bennett, Finley	14	Haverfordwes	1:06.60	___
2	Thomson, Jacob	16	Haverfordwes	1:06.37	___
3	Jones, Garyn	18	Neath	1:04.86	___
4	Thomas, Sion	14	Haverfordwes	1:03.97	___
5	Lloyd-Roberts, Rhys	16	Milford Havn	1:04.17	___
6	Williams, Iestyn	16	Neath	1:05.31	___
7	Belanger, Jayden	16	Milford Havn	1:06.43	___
8	Cleave, Joshua	14	C Dolphins	1:07.05	___

Heat 6 of 8 Finals

1	Morgan, Jack	16	PembrokeDist	1:02.87	___
2	Koriakovtsev, Illia	16	Swansea Aq	1:02.31	___
3	Williams, Corey B	17	Swansea Aq	1:00.85	___
4	Fitzsimmons, Arron	19	PembrokeDist	1:00.19	___
5	Richardson, Osian	15	Swansea Aq	1:00.42	___
6	Cressey-Rodgers, Huw	16	Carmarthen	1:01.98	___
7	Rogers, Logan A	17	Neath	1:02.47	___
8	Silverstone, Sol	14	Haverfordwes	1:03.45	___

Heat 7 of 8 Finals

1	Carver, Wil	17	Swansea Aq	58.98	___
2	Sellick, Fenn	15	Swansea Aq	58.90	___
3	Hedge, Thomas	18	Swansea Aq	58.70	___
4	Andrews, Rory	18	Haverfordwes	58.50	___
5	Fletcher, Owen	16	Haverfordwes	58.65	___
6	Montague, Mason	15	Haverfordwes	58.72	___
7	Willis, Morgan M	17	Neath	58.95	___
8	West, Zac	17	Fishguard	59.21	___

Heat 8 of 8 Finals

1	Montgomery, Sammy	15	Haverfordwes	57.84	___
2	Cressey-Rodgers, Ioan	18	Carmarthen	55.61	___
3	Hillary, Benjamin	17	PembrokeDist	55.32	___
4	Prysor, Sami	16	Haverfordwes	54.70	___
5	Gillett, Oliver	16	Swansea Aq	55.14	___
6	Thomas, Rhys A	18	Swansea Aq	55.50	___
7	Upton-Boorman, Liam	16	Carmarthen	56.83	___
8	Twigger, Owen	14	Swansea Aq	58.48	___

Event 605 Girls 11 & Over 200 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1					___
2					___
3	Thompson, Freya	13	Haverfordwes	3:23.26	___
4	Griffiths, Cerys	13	Haverfordwes	3:02.54	___
5	Thomas, Rhian	15	Haverfordwes	3:04.77	___
6					___
7					___
8					___

West Wales Regionals 2023 - 10/02/2023 to 12/02/2023**Meet Program - Session 6 - Warmup 11.00 am - 12.00 pm****Heat 2 Finals (#605 Girls 11 & Over 200 SC Meter Butterfly)**

1	Thomas, Grace	16	Milford Havn	2:49.72	___
2	Hale, Gemma N	16	Swansea Aq	2:43.92	___
3	David, Isabelle	16	Swansea Aq	2:41.62	___
4	Lewis, Rachael E	19	Fishguard	2:32.62	___
5	Tucker, Holly	15	Swansea Aq	2:40.82	___
6	White, Eleanor R	17	Haverfordwes	2:41.98	___
7	Webb, Saskia	16	Haverfordwes	2:46.57	___
8	Kovachev, Georgie	16	Fishguard	2:50.02	___