

Amman Valley Open Meet 2023 - 23/04/2023
Meet Program - Session 1 (Warmup 8.00 - 9.00)

Event 1 Girls 9 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

1				___
2	Henson, Jess	9	Tenby Dolphins	NT ___
3	Evans, Amya	10	Pembroke	NT ___
4	Patterson, Hollie M	11	Carmarthen	NT ___
5	Vlasceanu, Maia	11	Carmarthen	NT ___
6	Dyde, Pheobe	10	Pembroke	NT ___
7				___
8				___

Heat 2 of 3 Finals

1	Webb, Efa M	12	Amman Valley	NT ___
2	Lloyd, Erin	12	Penyrheol Asc	NT ___
3	Massey, Mia	10	CEDY	4:39.68 ___
4	Hall, Ellena	12	Fishguard	4:00.87 ___
5	Hughes, Mollie	12	CEDY	4:04.74 ___
6	Snelgrove, Chloe	13	Amman Valley	NT ___
7	Edwards, Alice	12	Carmarthen	NT ___
8	Jewitt, Anya	11	Llanelli	NT ___

Heat 3 of 3 Finals

1	Mason, Phoebe	12	Hsc	3:36.70 ___
2	Murphy, Alys	13	Hsc	3:26.36 ___
3	Stark, Tala	12	Fishguard	3:17.91 ___
4	Gibbs, Harriet	14	Amman Valley	2:58.31 ___
5	Knight, Lily	12	CEDY	3:13.11 ___
6	Hall, Isabelle	12	Fishguard	3:25.77 ___
7	Thomas, Grace	11	Carmarthen	3:31.14 ___
8	Parry, Abigail	10	Carmarthen	3:52.96 ___

Event 2 Boys 8 & Over 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Finals

1	Murphy, Ifan	8	Hsc	NT ___
2	Davies, Morgan	8	Tenby Dolphins	NT ___
3	Elmes, Samuel	9	Carmarthen	NT ___
4	Lloyd, Elliot	10	Penyrheol Asc	NT ___
5	Treinis, Lucian	9	Pembroke	NT ___
6	Hughes-Llewellyn, Alfie	8	Llanelli	NT ___
7	Price, Riley	8	Pembroke	NT ___
8				___

Heat 2 of 9 Finals

1	Jesson, Takeo	10	Tenby Dolphins	NT ___
2	Bowes, James F	11	Carmarthen	NT ___
3	Prosser, Harri	12	Llanelli	NT ___
4	Davies, Levi	14	PTSY	NT ___
5	Griffiths, Harri	12	CEDY	NT ___
6	Mirza, Idris	11	Amman Valley	NT ___
7	Tipping, Henry	10	Amman Valley	NT ___
8	Donaldson, Jack	10	Amman Valley	NT ___

Heat 3 of 9 Finals

1	Jones, Matthew	15	Penyrheol Asc	NT ___
2	Hearne, Logan	8	Pembroke	1:34.22 ___
3	Crotty, Beau	12	Pembroke	58.04 ___
4	Prevel, Sebastian	11	Pembroke	52.25 ___
5	Thomas, Ethan H	11	Amman Valley	54.91 ___
6	Burt, Gwion	9	Llanelli	1:02.58 ___
7	Tweed, Ifan	15	CEDY	NT ___
8	Jones, Adam	14	Penyrheol Asc	NT ___

Heat 4 of 9 Finals

1	Weston, Ben	12	Pembroke	50.37 ___
2	Evans, Wolfgang	9	Pembroke	49.77 ___
3	James, Arwel	10	Amman Valley	48.49 ___
4	Thomas, Tristan	12	Milford Havn	46.64 ___
5	Green, William	10	Aberystwyth	46.76 ___
6	Lee, Rowan	10	Llanelli	49.14 ___
7	Bowen, Cai	11	Fishguard	50.20 ___
8	Rees, Oscar	10	Llanelli	50.74 ___

Heat 5 of 9 Finals

1	Napieralla, Jacob	10	Penyrheol Asc	45.18 ___
2	Jones, Dafydd	11	Amman Valley	44.46 ___
3	Collins, Thomas	10	Penyrheol Asc	41.61 ___
4	Smith, Declan	11	Amman Valley	40.96 ___
5	Twynam, Philip	12	Pembroke	41.54 ___
6	Chapman, Henry	11	Carmarthen	41.97 ___
7	Bawden, Lewis J	14	Penyrheol Asc	44.47 ___
8	Mills, Thomas	12	Llanelli	45.97 ___

Heat 6 of 9 Finals

1	Blue, Harri O	11	Carmarthen	39.47 ___
2	Gibbs, Jenson	11	Amman Valley	39.25 ___
3	Tytler, Leo	14	Milford Havn	38.18 ___
4	Davies, Ellis V	11	Llanelli	37.59 ___
5	Noden, Rory	10	Milford Havn	37.63 ___
6	Peach, Olly	12	Hsc	38.95 ___
7	Hughes-Llewellyn, David	12	Llanelli	39.28 ___
8	Price, Harry J	12	Carmarthen	40.93 ___

Heat 7 of 9 Finals

1	Stuart-Lavender, Jac	12	Llanelli	37.52 ___
2	Peach, Henry	12	Hsc	36.91 ___
3	Beynon, Aaron	12	Fishguard	36.46 ___
4	Cleave, Ben	12	CEDY	34.56 ___
5	Grugel, Sam	12	CEDY	34.59 ___
6	Santos, Liam	13	Milford Havn	36.69 ___
7	Davies, Tyler	12	Milford Havn	37.15 ___
8	Morris, Leo	11	Llanelli	37.58 ___

Heat 8 of 9 Finals

1	Elias, Ruben	12	Carmarthen	34.10 ___
2	Elmes, Max	12	Carmarthen	33.12 ___
3	Backen, Henry	14	Fishguard	32.49 ___
4	Davies, Gethin	14	Milford Havn	32.13 ___
5	Williams, Thomas	12	Llanelli	32.26 ___
6	Smedley, Jack	16	CEDY	33.10 ___
7	Harris, Toby	13	Pembroke	34.09 ___
8	King, Ethan	10	Penyrheol Asc	34.18 ___

Heat 9 of 9 Finals

1	Harris, Osian	14	Fishguard	30.70 ___
2	Price, George	14	Penyrheol Asc	30.15 ___
3	Galbraith, Elian	13	Llanelli	29.97 ___
4	Job, Kyle	24	Penyrheol Asc	26.47 ___
5	Grogan, Adam	16	Carmarthen	28.62 ___
6	Dallimore, Austin	14	Llanelli	30.00 ___
7	Burt, Teyan	15	Llanelli	30.44 ___
8	Cleave, Joshua	14	CEDY	30.99 ___

Amman Valley Open Meet 2023 - 23/04/2023
Meet Program - Session 1 (Warmup 8.00 - 9.00)

Event 3 Girls 9 & Over 100 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 9 Finals				
1				—
2				—
3	Evans, Amya	10	Pembroke	NT
4	Davies, Betsi	10	Fishguard	NT
5	Griffiths, Isla	10	Tenby Dolphins	NT
6	Bowen, Ella	9	Llanelli	NT
7				—
8				—
Heat 2 of 9 Finals				
1	Davies, Elizabeth	10	Tenby Dolphins	NT
2	Ellis, Eve	10	CEDY	NT
3	Prevel, Tilly	10	Pembroke	NT
4	Singleton, Sienna	11	Amman Valley	NT
5	Stevens, Alice	10	CEDY	NT
6	Graham, Fallon	10	Tenby Dolphins	NT
7	Williams, Eve	10	Penyrheol Asc	NT
8	Powell, Nina	10	Fishguard	NT
Heat 3 of 9 Finals				
1	Lewis, Martha F	11	Carmarthen	NT
2	Jewitt, Sophia	11	Llanelli	NT
3	Jones, Ashleigh	12	Amman Valley	NT
4	Penfold, Robyn	12	Fishguard	NT
5	Penfold, Freya	12	Fishguard	NT
6	Andreassen, Freya	12	Amman Valley	NT
7	Stanley, Amelia	11	Tenby Dolphins	NT
8	Griffiths, Ffion	11	Tenby Dolphins	NT
Heat 4 of 9 Finals				
1	Williams, Summer	12	CEDY	NT
2	Prosser, Eleri	15	Llanelli	NT
3	Philpott, Lowri	12	Llanelli	2:39.03
4	Titley, Lola	10	Milford Havn	2:24.13
5	Moseley, Emily	12	Pembroke	2:25.34
6	Mason, Ezmee	10	Hsc	2:56.83
7	Morgan, Catrin	15	Amman Valley	NT
8	Morgan, Lily	12	Tenby Dolphins	NT
Heat 5 of 9 Finals				
1	Jenkins, Isabella	11	Llanelli	2:10.95
2	Millard, Effi-Mai	11	Llanelli	2:08.89
3	Massey, Mia	10	CEDY	2:06.60
4	Griffiths, Elizabeth	11	Fishguard	2:03.85
5	Rossiter Wargent, Mia	10	Milford Havn	2:04.56
6	Wells, Iris	11	CEDY	2:07.27
7	Thomas, Angharad	13	Fishguard	2:10.50
8	Williams, Evie	10	Milford Havn	2:15.57
Heat 6 of 9 Finals				
1	Kenny, Jemima	12	Milford Havn	2:02.37
2	McFarlane, Una	11	Milford Havn	2:00.70
3	Richards, Amber	14	CEDY	2:00.52
4	Kaill-Franks, Nia	11	Fishguard	1:57.62
5	Howell, Sophie	11	Hsc	1:58.69
6	Percival, Bella	10	CEDY	2:00.55
7	Doncaster, Lily S	12	Hsc	2:02.02
8	Osell, Alice	10	CEDY	2:03.52

Heat 7 of 9 Finals

1	Osell, Leila	12	CEDY	1:54.90
2	Bowen, Seren E	12	Carmarthen	1:53.94
3	Edwards, Alice	12	Carmarthen	1:50.03
4	Jewitt, Anya	11	Llanelli	1:47.19
5	Hughes, Megan	9	CEDY	1:48.12
6	Rees-Davies, Saoirse	11	Llanelli	1:53.67
7	Snelgrove, Chloe	13	Amman Valley	1:54.30
8	Kaill-Franks, Eira	13	Fishguard	1:56.19

Heat 8 of 9 Finals

1	Jones, Poppy	11	Penyrheol Asc	1:42.26
2	Thomas, Grace	11	Carmarthen	1:40.97
3	Taffetsauffer, Isabella	11	Llanelli	1:38.87
4	Dafydd, Iola	13	Fishguard	1:36.49
5	Webb, Efa M	12	Amman Valley	1:36.65
6	Murphy, Alys	13	Hsc	1:39.23
7	Hughes, Mollie	12	CEDY	1:41.83
8	James-Evans, Lowri	14	Carmarthen	1:43.08

Heat 9 of 9 Finals

1	Hall, Isabelle	12	Fishguard	1:34.02
2	Davies, Kirsty	19	Amman Valley	1:32.91
3	King, Marley	14	Penyrheol Asc	1:32.02
4	Knight, Lily	12	CEDY	1:30.02
5	Miles, Megan	14	Fishguard	1:30.98
6	Blue, Macy	14	Carmarthen	1:32.33
7	Stark, Tala	12	Fishguard	1:33.84
8	Peach, Eliza M	14	Hsc	1:35.64

Event 4 Boys 9 & Over 100 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Finals				
1				—
2	Rees, Oscar	10	Llanelli	NT
3	Lee, Rowan	10	Llanelli	NT
4	George, Kieran	11	Pembroke	NT
5	Banner, Harry	11	Penyrheol Asc	NT
6	Backen, Frederick	10	Fishguard	NT
7				—
8				—
Heat 2 of 4 Finals				
1	Thomas, Ethan H	11	Amman Valley	NT
2	Griffiths, Harri	12	CEDY	NT
3	Vardill, Hedd D	13	Carmarthen	NT
4	Bawden, Lewis J	14	Penyrheol Asc	NT
5	Jones, Jack	13	Tenby Dolphins	NT
6	Twynam, Philip	12	Pembroke	NT
7	Weston, Ben	12	Pembroke	NT
8	Prevel, Sebastian	11	Pembroke	NT
Heat 3 of 4 Finals				
1	Crotty, Beau	12	Pembroke	2:18.00
2	Beynon, Aaron	12	Fishguard	2:07.51
3	Miles, Gethin	12	Fishguard	1:56.11
4	Gibbs, Jenson	11	Amman Valley	1:54.59
5	Burt, Caio	12	Llanelli	1:54.99
6	Morris, Leo	11	Llanelli	1:58.99
7	Jones, Dafydd	11	Amman Valley	2:13.13
8	Smedley, Jack	16	CEDY	NT

Amman Valley Open Meet 2023 - 23/04/2023
Meet Program - Session 1 (Warmup 8.00 - 9.00)

Heat 4 Finals (#4 Boys 9 & Over 100 SC Meter Breaststroke)

1	Lewis, Callum	13	Milford Havn	1:50.46	___
2	Green, Charley	12	Llanelli	1:42.59	___
3	Hall, Ethan	13	Fishguard	1:32.53	___
4	Richards, Aled	15	CEDY	1:21.43	___
5	Chapman, Coby L	13	Penyrheol Asc	1:30.38	___
6	Backen, Henry	14	Fishguard	1:36.36	___
7	Stuart-Lavender, Jac	12	Llanelli	1:46.53	___
8	Napieralla, Jacob	10	Penyrheol Asc	1:53.62	___

Event 5 Girls 8 & Over 50 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 9 Finals

1					___
2	Sheppard, Amelia H	8	CEDY	NT	___
3	Henson, Jess	9	Tenby Dolphins	NT	___
4	Evans, Amya	10	Pembroke	NT	___
5	Griffiths, Isla	10	Tenby Dolphins	NT	___
6	Williams, Megan H	8	Llanelli	NT	___
7	Snelgrove, Maddison	8	Amman Valley	NT	___
8					___

Heat 2 of 9 Finals

1	Percival, Bella	10	CEDY	NT	___
2	Graham, Fallon	10	Tenby Dolphins	NT	___
3	Griffiths, Ffion	11	Tenby Dolphins	NT	___
4	Aggett, Coraline	11	Amman Valley	NT	___
5	Patterson, Hollie M	11	Carmarthen	NT	___
6	Davies, Elizabeth	10	Tenby Dolphins	NT	___
7	Davies, Betsi	10	Fishguard	NT	___
8	Sheridan, Isla	10	Llanelli	NT	___

Heat 3 of 9 Finals

1	Jones, Ashleigh	12	Amman Valley	NT	___
2	Morgan, Lily	12	Tenby Dolphins	NT	___
3	John, Annabel	13	Pembroke	NT	___
4	Davis, Olivia	13	Penyrheol Asc	NT	___
5	Kaill-Franks, Eira	13	Fishguard	NT	___
6	Page, Jess	12	Tenby Dolphins	NT	___
7	Webb, Efa M	12	Amman Valley	NT	___
8	Perrott, Hannah	12	CEDY	NT	___

Heat 4 of 9 Finals

1	Clissold, Bronwyn	14	Tenby Dolphins	NT	___
2	Prosser, Eleri	15	Llanelli	NT	___
3	Morgan, Iolah	8	Pembroke	1:10.37	___
4	Arnold, Olivia	9	Milford Havn	1:08.13	___
5	Baylis, Ellie	10	Penyrheol Asc	1:08.44	___
6	George, Erin	10	Llanelli	1:17.19	___
7	Thomas, Nikita	14	Llanelli	NT	___
8	Holloway, Olivia	14	PTSY	NT	___

Heat 5 of 9 Finals

1	Price, Seren-louise	10	Carmarthen	1:00.24	___
2	Thomas, Cara	13	Llanelli	54.54	___
3	Williams, Ffion	13	Milford Havn	53.52	___
4	Williams, Summer	12	CEDY	53.28	___
5	Edmunds, Freya	9	Llanelli	53.41	___
6	Lewis, Martha F	11	Carmarthen	53.92	___
7	Thomas, Angharad	13	Fishguard	1:00.09	___
8	Mason, Ezmee	10	Hsc	1:08.03	___

Heat 6 of 9 Finals

1	Doncaster, Lily S	12	Hsc	52.28	___
2	Dyde, Pheobe	10	Pembroke	51.54	___
3	Snelgrove, Chloe	13	Amman Valley	49.03	___
4	Griffiths, Elin	13	Brecon	47.95	___
5	McFarlane, Una	11	Milford Havn	48.10	___
6	Davies, Cadi	11	CEDY	51.17	___
7	Thomas, Carys	11	Penyrheol Asc	51.79	___
8	Jones, Hunydd	11	Carmarthen	52.50	___

Heat 7 of 9 Finals

1	Morgan, Catrin	15	Amman Valley	45.49	___
2	Jewitt, Anya	11	Llanelli	44.73	___
3	Morgan, Evelyn	12	Llanelli	43.12	___
4	Dafydd, Mali	12	Fishguard	41.76	___
5	Summerfield, Lucy	11	Llanelli	42.79	___
6	Bruce, Keira	12	Pembroke	44.02	___
7	Davies, Erin	11	CEDY	45.28	___
8	Bowen, Seren E	12	Carmarthen	45.66	___

Heat 8 of 9 Finals

1	Peach, Eliza M	14	Hsc	40.49	___
2	Mason, Phoebe	12	Hsc	39.45	___
3	Marques-Jones, Neve	15	Amman Valley	37.51	___
4	Miles, Megan	14	Fishguard	36.81	___
5	Davies, Kirsty	19	Amman Valley	37.25	___
6	Stark, Tala	12	Fishguard	38.64	___
7	George, Eilir	12	Llanelli	40.25	___
8	Place, Seren	15	Amman Valley	41.02	___

Heat 9 of 9 Finals

1	Grigg-Williams, Chloe	19	Penyrheol Asc	36.16	___
2	Perrott, Niamh	13	CEDY	34.56	___
3	Baylis, Sophie	17	Penyrheol Asc	33.79	___
4	Pickersgill, Aoife	14	Carmarthen	32.24	___
5	Knight, Ffion L	17	Penyrheol Asc	32.77	___
6	Knight, Cari	14	Penyrheol Asc	33.84	___
7	Carter, Ava	14	Penyrheol Asc	35.67	___
8	Thomas, Caitlin	14	Penyrheol Asc	36.80	___

Event 6 Boys 8 & Over 50 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 5 Finals

1	Murphy, Ifan	8	Hsc	NT	___
2	Davies, Morgan	8	Tenby Dolphins	NT	___
3	Jesson, Takeo	10	Tenby Dolphins	NT	___
4	Bowen, Cai	11	Fishguard	NT	___
5	Green, William	10	Aberystwyth	NT	___
6	Lee, Rowan	10	Llanelli	NT	___
7	Hughes-Llewellyn, Alfie	8	Llanelli	NT	___
8					___

Heat 2 of 5 Finals

1	Thomas, Ethan H	11	Amman Valley	NT	___
2	Thomas, Tristan	12	Milford Havn	NT	___
3	Jones, Adam	14	Penyrheol Asc	NT	___
4	Jones, Matthew	15	Penyrheol Asc	NT	___
5	Tweed, Ifan	15	CEDY	NT	___
6	Santos, Liam	13	Milford Havn	NT	___
7	Smith, Declan	11	Amman Valley	NT	___
8	George, Kieran	11	Pembroke	NT	___

Amman Valley Open Meet 2023 - 23/04/2023

Meet Program - Session 1 (Warmup 8.00 - 9.00)

Heat 3 Finals (#6 Boys 8 & Over 50 SC Meter Butterfly)

1	Evans, Wolfgang	9	Pembroke	57.53	___
2	Price, Harry J	12	Carmarthen	54.20	___
3	Davies, Tyler	12	Milford Havn	50.98	___
4	Collins, Thomas	10	Penyrheol Asc	49.27	___
5	Noden, Rory	10	Milford Havn	50.41	___
6	Lewis, Callum	13	Milford Havn	53.00	___
7	Bawden, Lewis J	14	Penyrheol Asc	56.61	___
8	Backen, Frederick	10	Fishguard	1:00.20	___

Heat 4 of 5 Finals

1	Peach, Henry	12	Hsc	48.98	___
2	Davies, Gethin	14	Milford Havn	44.33	___
3	Hall, Ethan	13	Fishguard	39.96	___
4	Grugel, Sam	12	CEDY	38.04	___
5	Smedley, Jack	16	CEDY	39.43	___
6	Stewart, Finlay	14	Llanelli	43.11	___
7	Peach, Olly	12	Hsc	44.60	___
8	Hughes-Llewellyn, David	12	Llanelli	49.11	___

Heat 5 of 5 Finals

1	Galbraith, Elian	13	Llanelli	37.13	___
2	Williams, Thomas	12	Llanelli	35.30	___
3	Harris, Osian	14	Fishguard	32.99	___
4	Job, Kyle	24	Penyrheol Asc	29.07	___
5	Richards, Aled	15	CEDY	31.94	___
6	Dallimore, Austin	14	Llanelli	33.67	___
7	Elmes, Max	12	Carmarthen	35.90	___
8	Backen, Henry	14	Fishguard	37.16	___

Event 7 Girls 9 & Over 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 3 Finals

1	Jones, Alexa	10	Llanelli	NT	___
2	Jenkins, Isabella	11	Llanelli	NT	___
3	Vlasceanu, Maia	11	Carmarthen	NT	___
4	Page, Jess	12	Tenby Dolphins	NT	___
5	Howell, Sophie	11	Hsc	NT	___
6	Wells, Iris	11	CEDY	NT	___
7	Dyde, Pheobe	10	Pembroke	NT	___
8	Parry, Abigail	10	Carmarthen	NT	___

Heat 2 of 3 Finals

1	Doncaster, Lily S	12	Hsc	3:49.62	___
2	Roberts, Molly	11	Llanelli	3:41.79	___
3	George, Eilir	12	Llanelli	3:23.86	___
4	Bruce, Keira	12	Pembroke	3:13.31	___
5	Morgan, Evelyn	12	Llanelli	3:16.69	___
6	Hall, Ellena	12	Fishguard	3:32.67	___
7	Kenny, Jemima	12	Milford Havn	3:46.76	___
8	Gibbs, Harriet	14	Amman Valley	NT	___

Heat 3 of 3 Finals

1	Upton-Boorman, Isabella	12	Carmarthen	3:02.46	___
2	Thomas, Nikita	14	Llanelli	2:57.78	___
3	Pickersgill, Aoife	14	Carmarthen	2:44.10	___
4	Cleave, Mia	16	CEDY	2:30.82	___
5	King, Marley	14	Penyrheol Asc	2:38.91	___
6	Thomas, Caitlin	14	Penyrheol Asc	2:48.97	___
7	Beynon, Chloe	16	Fishguard	3:01.47	___
8	Griffiths, Amelia	12	Fishguard	3:13.22	___

Event 8 Boys 9 & Over 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 2 Finals

1	Evans, Wolfgang	9	Pembroke	NT	___
2	King, Ethan	10	Penyrheol Asc	NT	___
3	Chapman, Henry	11	Carmarthen	NT	___
4	Mills, Thomas	12	Llanelli	NT	___
5	Hughes-Llewellyn, David	12	Llanelli	NT	___
6	George, Kieran	11	Pembroke	NT	___
7	Green, William	10	Aberystwyth	NT	___
8					___

Heat 2 of 2 Finals

1	Tytler, Leo	14	Milford Havn	NT	___
2	Burt, Teyan	15	Llanelli	3:13.50	___
3	Davies, Ellis V	11	Llanelli	3:08.27	___
4	Grogan, Adam	16	Carmarthen	2:37.19	___
5	Chapman, Coby L	13	Penyrheol Asc	2:44.61	___
6	Price, George	14	Penyrheol Asc	3:10.72	___
7	Burt, Caio	12	Llanelli	4:11.03	___
8	Jones, Jack	13	Tenby Dolphins	NT	___