

**Nofio Sir Gar Development Meet 2023 - 13/05/2023**  
**Meet Program - Session 2 (Warmup 10.45 - 11.45)**

**Event 201 Mixed 8 & Over 50 SC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 16 Finals</b>				
1	Lewis, Gethin R	M8	Swansea Aq	NT
2	Clay, Emelia S	W8	Swansea Aq	NT
3	Nash, Sylvia	W8	Haverfordwes	NT
4	Snellgrove, Madelaine	W8	Amman Valley	NT
5	Prince, Edith S	W8	Swansea Aq	NT
6	Cutting, Beatrice	W8	Haverfordwes	NT
7	Scully, Quinn I	W8	Swansea Aq	NT
8				
<b>Heat 2 of 16 Finals</b>				
1	Williams, Lucas C	M8	Swansea Aq	NT
2	Carrozza Kail, Morlo	M9	Haverfordwes	NT
3	Elmes, Samuel	M9	Carmarthen	NT
4	Lloyd, Vincent-Owen N	M9	Swansea Aq	NT
5	Green, Freya	W9	Haverfordwes	NT
6	Williams, April M	W9	Swansea Aq	NT
7	Antwhistle, Esm�� W	W9	Swansea Aq	NT
8	Murphy, Ifan	M8	Haverfordwes	NT
<b>Heat 3 of 16 Finals</b>				
1	Lewis, Kathryn	W10	NEAY	NT
2	Barn, Freya	W10	Milford Havn	NT
3	Emam, Lina	W10	Swansea Aq	NT
4	Phillips, Isabella	W10	Haverfordwes	NT
5	Pitans, Caitlin R	W10	Swansea Aq	NT
6	David, Ioan	M10	Haverfordwes	NT
7	Marques Jones, Felix	M10	Amman Valley	NT
8	Arnold, Olivia	W9	Milford Havn	NT
<b>Heat 4 of 16 Finals</b>				
1	Bowes, James F	M11	Carmarthen	NT
2	Prosser, Harri	M12	Llanelli	NT
3	Welsby, Amelia Elen	W13	Aberystwyth	NT
4	Richards, Eva	W12	NEAY	1:15.88
5	Prosser, Eleri	W15	Llanelli	NT
6	Conway, Erin J	W13	Swansea Aq	NT
7	Lake, Freddie	M11	Haverfordwes	NT
8	Slowgrove, Toby	M11	Haverfordwes	NT
<b>Heat 5 of 16 Finals</b>				
1	Burt, Gwion	M9	Llanelli	1:06.53
2	Philpott, Lowri	W12	Llanelli	1:04.39
3	Lloyd Roberts, Harry	M10	Milford Havn	1:03.70
4	Davies, Lucy-Anne	W10	Amman Valley	1:02.76
5	Mason, Ezmee	W10	Haverfordwes	1:02.92
6	Williams, Eirwen N	W10	Swansea Aq	1:04.14
7	Rossiter Wargent, Mia	W10	Milford Havn	1:05.29
8	George, Erin	W10	Llanelli	1:10.89
<b>Heat 6 of 16 Finals</b>				
1	Sheridan, Isla	W10	Llanelli	1:01.34
2	Gil Wood, Elena	W10	Swansea Aq	59.74
3	Curtis, Carly	W10	Milford Havn	59.49
4	Leane, Megan	W10	Haverfordwes	59.05
5	James, Evie	W10	Milford Havn	59.35
6	Batcup, Oliver J	M11	Swansea Aq	59.52
7	Cousins, Rya	W9	NEAY	1:00.15
8	Jenkins, Olivia I	W10	Swansea Aq	1:01.75

**Heat 7 of 16 Finals**

1	Sharpe, Lillie	W10	Llanelli	58.23
2	Polverino, Tilly M	W9	Swansea Aq	57.85
3	Mekael, Beshoy A	M13	Swansea Aq	55.75
4	Davies, Harrison L	M9	Swansea Aq	54.51
5	Pirmohamed, Eshan A	M9	Swansea Aq	55.11
6	Mekael, John A	M13	Swansea Aq	55.77
7	Selby, Chloe	W12	NEAY	57.91
8	Edmunds, Freya	W9	Llanelli	58.79

**Heat 8 of 16 Finals**

1	Heron, Edith	W10	Aberystwyth	54.15
2	Malough, Holly V	W11	Swansea Aq	53.63
3	Cousins, Rory	M11	NEAY	53.23
4	Snelgrove, Scarlett	W11	NEAY	52.79
5	Fry, Tilly	W11	Llanelli	52.92
6	Higgins, Finley J	M11	Swansea Aq	53.59
7	Thomas, Lili-rose	W9	NEAY	53.83
8	Williams, Lois G	W11	Swansea Aq	54.19

**Heat 9 of 16 Finals**

1	Thomas, Eden	W9	NEAY	52.13
2	David, Emily	W12	Haverfordwes	50.79
3	McAdie, Isaac	M11	Swansea Aq	50.15
4	Williams, Ffion	W13	Milford Havn	49.72
5	Berner, Kiana	W11	Aberystwyth	50.00
6	Smith, Declan	M11	Amman Valley	50.61
7	Roberts Mylan, Sophie I	W10	Swansea Aq	51.50
8	O'Mahoney, Cameron P	M9	NEAY	52.79

**Heat 10 of 16 Finals**

1	Beasley, Evaleigh D	W9	Swansea Aq	49.62
2	Chan, Sheung Yin Zoe	W12	Swansea Aq	49.19
3	Parry, Abigail	W10	Carmarthen	48.30
4	Antwhistle, Isaac J	M10	Swansea Aq	47.78
5	Gardner-Rolfe, Mia G	W10	Swansea Aq	47.93
6	Wood, Lilly	W9	NEAY	48.88
7	Davis, Oliver J	M12	Carmarthen	49.54
8	Packer, Grace	W13	NEAY	49.69

**Heat 11 of 16 Finals**

1	Patterson, Ollie	M12	Milford Havn	47.49
2	Peach, Olly	M12	Haverfordwes	47.29
3	Chapman, Henry	M11	Carmarthen	47.02
4	McAdie, Imogen	W14	Swansea Aq	46.83
5	Williams, Fay P	W10	Swansea Aq	46.91
6	Williams, Efan	M11	NEAY	47.24
7	Vlasceanu, Maia	W12	Carmarthen	47.41
8	Patterson, Hollie M	W11	Carmarthen	47.50

**Heat 12 of 16 Finals**

1	Williams, Ryan	M14	Llanelli	46.57
2	Thomas, Grace	W11	Carmarthen	45.73
3	Peach, Henry	M12	Haverfordwes	45.54
4	Williams, Sophie	W11	NEAY	45.23
5	Abell, Eve	W15	NEAY	45.38
6	Kasto, Evie T	W12	Swansea Aq	45.67
7	Jones, Alexa	W10	Llanelli	46.18
8	Lloyd-West, Finley	M15	NEAY	46.61

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**Meet Program - Session 2 (Warmup 10.45 - 11.45)**

**Heat 13 Finals (#201 Mixed 8 & Over 50 SC Meter Backstroke)**

1	Burt, Caio	M12	Llanelli	44.93	___
2	Filmer, Gwennan	W11	Aberystwyth	44.75	___
3	Bowen, Seren E	W12	Carmarthen	44.36	___
4	Davies, Tyler	M12	Milford Havn	44.13	___
5	Goodman, Lola	W11	Swansea Aq	44.30	___
6	Davies, Isabella	W11	Llanelli	44.52	___
7	Morgan, Gwerfyl	W11	Aberystwyth	44.86	___
8	Kenny, Jemima	W12	Milford Havn	45.05	___

**Heat 14 of 16 Finals**

1	Goodman, Evie	W11	Swansea Aq	43.82	___
2	Murphy, Alys	W13	Haverfordwes	43.60	___
3	Diouf, Jegan W	M11	Swansea Aq	43.48	___
4	Wilcockson, Alys	W12	Aberystwyth	42.98	___
5	Davies, Elin	W13	Carmarthen	43.31	___
6	Mason, Phoebe	W12	Haverfordwes	43.58	___
7	Berner, Iyla	W9	Aberystwyth	43.79	___
8	Morgan, Evelyn	W12	Llanelli	43.91	___

**Heat 15 of 16 Finals**

1	Baker, Chloe	W14	Swansea Aq	42.36	___
2	Hall, Ethan	M13	Fishguard	42.14	___
3	Davies, Gethin	M14	Milford Havn	41.95	___
4	Jones, Aaron	M15	Aberystwyth	40.76	___
5	Harwood, Jack	M11	Haverfordwes	41.82	___
6	Santos, Liam	M13	Milford Havn	42.11	___
7	Hnoiana, Valentyna	W11	Swansea Aq	42.16	___
8	Noden, Rory	M10	Milford Havn	42.55	___

**Heat 16 of 16 Finals**

1	Snelgrove, Violet	W14	NEAY	40.00	___
2	Phelps, Lucy	W16	NEAY	39.19	___
3	Norgrove, Ffion	W15	Carmarthen	38.18	___
4	Marsh, Nina	W15	Milford Havn	36.82	___
5	Harwood, Amelia	W15	Haverfordwes	37.79	___
6	Thomas, Nikita	W14	Llanelli	38.51	___
7	Frost, Charlie B	M14	Swansea Aq	39.86	___
8	Peach, Eliza M	W14	Haverfordwes	40.49	___

**Event 202 Mixed 9 & Over 200 SC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 1 Finals**

1					___
2	Mason, Phoebe	W12	Haverfordwes	NT	___
3	Galbraith, Elian	M13	Llanelli	3:23.34	___
4	Selby, Cerys	W16	NEAY	3:05.77	___
5	Hnoianyi, Andrii	M14	Swansea Aq	3:12.57	___
6	Williams, Hollie	W15	Nofio S Gar	NT	___
7					___
8					___

**Event 203 Mixed 9 & Over 200 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 8 Finals**

1	Bool, Iolo	M9	Haverfordwes	NT	___
2	Price, Seren-louise	W10	Carmarthen	NT	___
3	Mason, Ezmee	W10	Haverfordwes	NT	___
4	Jones, Alexa	W10	Llanelli	NT	___
5	Williams, Evie	W10	Milford Havn	NT	___
6	Griffiths, Scarlet	W10	Haverfordwes	NT	___
7	Roberts Mylan, Ffion C	W10	Swansea Aq	NT	___
8	Berner, Iyla	W9	Aberystwyth	NT	___

**Heat 2 of 8 Finals**

1	Goodman, Evie	W11	Swansea Aq	NT	___
2	Jenkins, Isabella	W11	Llanelli	NT	___
3	Goodman, Lola	W11	Swansea Aq	NT	___
4	Andreassen, Freya	W12	Amman Valley	NT	___
5	Chan, Sheung Yin Zoe	W12	Swansea Aq	NT	___
6	Williams, Sophie	W11	NEAY	NT	___
7	Roberts, Molly	W11	Llanelli	NT	___
8	Patterson, Hollie M	W11	Carmarthen	NT	___

**Heat 3 of 8 Finals**

1	Vlasceanu, Maia	W12	Carmarthen	NT	___
2	Francis, Emily-Rose	W12	Haverfordwes	NT	___
3	Blue, Macy	W14	Carmarthen	NT	___
4	Williams, Fay P	W10	Swansea Aq	3:38.78	___
5	McAdie, Isaac	M11	Swansea Aq	3:40.69	___
6	Davies, Elin	W13	Carmarthen	NT	___
7	Stuart-Lavender, Jac	M12	Llanelli	NT	___
8	Kazmiruk, Anastasia	W12	Amman Valley	NT	___

**Heat 4 of 8 Finals**

1	Gardner-Rolfe, Mia G	W10	Swansea Aq	3:31.48	___
2	Lewis, Evie	W9	Haverfordwes	3:26.98	___
3	Scully, Emersyn	W11	Swansea Aq	3:22.24	___
4	Jenkins, Elli	W12	Swansea Aq	3:21.02	___
5	Packer, Grace	W13	NEAY	3:21.57	___
6	Parry, Abigail	W10	Carmarthen	3:24.80	___
7	Kenny, Jemima	W12	Milford Havn	3:27.69	___
8	Lewis, Callum	M14	Milford Havn	3:35.46	___

**Heat 5 of 8 Finals**

1	Smith, Declan	M11	Amman Valley	3:14.82	___
2	Taffetsauffer, Isabella	W11	Llanelli	3:13.24	___
3	Davies, Ava-Rose	W10	Llanelli	3:09.61	___
4	Jones, Aaron	M15	Aberystwyth	3:08.40	___
5	Summerfield, Lucy	W11	Llanelli	3:08.66	___
6	McAdie, Imogen	W14	Swansea Aq	3:10.77	___
7	Chapman, Henry	M11	Carmarthen	3:13.90	___
8	Bowen, Seren E	W12	Carmarthen	3:18.81	___

**Heat 6 of 8 Finals**

1	Lewis, Cian	M13	NEAY	3:06.59	___
2	Jewitt, Sophia	W11	Llanelli	3:05.32	___
3	Murphy, Alys	W13	Haverfordwes	3:02.41	___
4	Hall, Isabelle	W12	Fishguard	2:57.53	___
5	Knight, Cerys	W13	Haverfordwes	3:00.52	___
6	Tytler, Leo	M14	Milford Havn	3:02.47	___
7	Williams, Paige T	W11	Swansea Aq	3:06.13	___
8	Snellgrove, Chloe	W13	Amman Valley	3:07.17	___

**Heat 7 of 8 Finals**

1	Jones, Hunydd	W11	Carmarthen	2:55.51	___
2	Harwood, Jack	M11	Haverfordwes	2:52.59	___
3	Morgan, Evelyn	W12	Llanelli	2:50.32	___
4	Smith, Benjamin	M13	Haverfordwes	2:49.45	___
5	Hall, Ellena	W12	Fishguard	2:49.83	___
6	Davies, Ellis V	M11	Llanelli	2:52.41	___
7	George, Eilir	W12	Llanelli	2:54.52	___
8	Smudzinski, Max M	M11	Swansea Aq	2:57.37	___

**Nofio Sir Gar Development Meet 2023 - 13/05/2023**  
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**Heat 8 Finals (#203 Mixed 9 & Over 200 SC Meter Freestyle)**

1	Harwood, Amelia	W15	Haverfordwes	2:43.76	___
2	Green, Matilda	W13	Haverfordwes	2:38.20	___
3	Phelps, Lucy	W16	NEAY	2:36.01	___
4	Williams, Iestyn	M16	NEAY	2:27.89	___
5	Thomas, Nikita	W14	Llanelli	2:34.91	___
6	Belanger, Jayden	M16	Milford Havn	2:36.22	___
7	Marques-Jones, Neve	W15	Amman Valley	2:43.00	___
8	Holmes, Seren	W14	NEAY	2:46.08	___

**Event 204 Mixed 9 & Over 100 SC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 12 Finals**

1					___
2					___
3	Beasley, Evaleigh D	W9	Swansea Aq	NT	___
4	Carrozza Kaill, Morlo	M9	Haverfordwes	NT	___
5	Bowen, Ella	W9	Llanelli	NT	___
6					___
7					___
8					___

**Heat 2 of 12 Finals**

1	Rees, Oscar	M10	Llanelli	NT	___
2	Leane, Megan	W10	Haverfordwes	NT	___
3	Goodman, Lola	W11	Swansea Aq	NT	___
4	Bowes, James F	M11	Carmarthen	NT	___
5	Goodman, Evie	W11	Swansea Aq	NT	___
6	Emam, Lina	W10	Swansea Aq	NT	___
7	Davies, Zara	W10	Llanelli	NT	___
8	Lloyd, Vincent-Owen N	M9	Swansea Aq	NT	___

**Heat 3 of 12 Finals**

1	David, Emily	W12	Haverfordwes	NT	___
2	Maclean, Daichi	M13	Llanelli	NT	___
3	Philpott, Ffion	W13	Nofio S Gar	NT	___
4	Gardner-Rolfe, Mia G	W10	Swansea Aq	2:30.98	___
5	Roberts Mylan, Sophie I	W10	Swansea Aq	2:43.01	___
6	Middleton, Caitlin	W13	Aberystwyth	NT	___
7	Jones, Ashleigh	W12	Amman Valley	NT	___
8	Snelgrove, Scarlett	W11	NEAY	NT	___

**Heat 4 of 12 Finals**

1	Williams, Lois G	W11	Swansea Aq	2:21.94	___
2	Dallimore, Austin	M14	Llanelli	2:19.51	___
3	Selby, Chloe	W12	NEAY	2:15.59	___
4	Pirmohamed, Eshan A	M9	Swansea Aq	2:14.11	___
5	Lloyd Roberts, Harry	M10	Milford Havn	2:14.70	___
6	Polverino, Tilly M	W9	Swansea Aq	2:16.82	___
7	Cousins, Rory	M11	NEAY	2:19.97	___
8	Roberts Mylan, Ffion C	W10	Swansea Aq	2:24.33	___

**Heat 5 of 12 Finals**

1	Malough, Holly V	W11	Swansea Aq	2:13.38	___
2	Fry, Tilly	W11	Llanelli	2:09.98	___
3	Heron, Edith	W10	Aberystwyth	2:05.08	___
4	Batcup, Oliver J	M11	Swansea Aq	2:03.49	___
5	Rossiter Wargent, Mia	W10	Milford Havn	2:04.56	___
6	Petrie, Jaden	M11	Haverfordwes	2:06.26	___
7	Morgan, Seren	W11	Haverfordwes	2:13.37	___
8	Knight, Tom	M11	Haverfordwes	2:13.80	___

**Heat 6 of 12 Finals**

1	Davies, Tyler	M12	Milford Havn	2:01.25	___
2	Clift, Meghan	W11	Swansea Aq	1:58.72	___
3	Antwhistle, Isaac J	M10	Swansea Aq	1:57.88	___
4	Lewis, Evie	W9	Haverfordwes	1:57.46	___
5	Noden, Rory	M10	Milford Havn	1:57.66	___
6	Kasto, Evie T	W12	Swansea Aq	1:58.26	___
7	McDonnell, Megan C	W11	Swansea Aq	1:58.73	___
8	Griffiths, Evan	M13	Haverfordwes	2:01.95	___

**Heat 7 of 12 Finals**

1	Williams, Efa	W15	NEAY	1:56.46	___
2	Patterson, Ollie	M12	Milford Havn	1:55.19	___
3	Snellgrove, Chloe	W13	Amman Valley	1:54.30	___
4	Rees-Davies, Saoirse	W11	Llanelli	1:53.67	___
5	Bowen, Seren E	W12	Carmarthen	1:53.94	___
6	Gibbs, Jenson	M11	Amman Valley	1:54.59	___
7	Summerfield, Lucy	W11	Llanelli	1:56.43	___
8	Chan, Sheung Yin Zoe	W12	Swansea Aq	1:57.36	___

**Heat 8 of 12 Finals**

1	Wilcockson, Alys	W12	Aberystwyth	1:52.71	___
2	Williams, Paige T	W11	Swansea Aq	1:50.99	___
3	Edwards, Alice	W12	Carmarthen	1:50.03	___
4	Hnoiana, Valentyna	W11	Swansea Aq	1:47.26	___
5	Davis, Oliver J	M12	Carmarthen	1:49.39	___
6	Knight, Cerys	W13	Haverfordwes	1:50.89	___
7	Smudzinski, Max M	M11	Swansea Aq	1:51.70	___
8	Rogers, Sadie	W10	NEAY	1:53.66	___

**Heat 9 of 12 Finals**

1	Blyth, Isobelle	W13	Haverfordwes	1:47.02	___
2	Dallimore, Emily	W14	Llanelli	1:46.41	___
3	Peach, Olly	M12	Haverfordwes	1:44.80	___
4	Hall, Ellena	W12	Fishguard	1:44.06	___
5	Filmer, Gwennan	W11	Aberystwyth	1:44.58	___
6	Smith, Jacob	M11	Haverfordwes	1:45.45	___
7	Stuart-Lavender, Jac	M12	Llanelli	1:46.53	___
8	Jewitt, Anya	W11	Llanelli	1:47.19	___

**Heat 10 of 12 Finals**

1	Parton, Frankie F	M14	Carmarthen	1:43.81	___
2	Mason, Phoebe	W12	Haverfordwes	1:43.38	___
3	Thomas, Caitlyn	W14	NEAY	1:41.01	___
4	Thomas, Grace	W11	Carmarthen	1:40.97	___
5	Peach, Henry	M12	Haverfordwes	1:41.00	___
6	Santos, Liam	M13	Milford Havn	1:42.74	___
7	Upton-Boorman, Isabella	W12	Carmarthen	1:43.67	___
8	Harwood, Amelia	W15	Haverfordwes	1:44.01	___

**Heat 11 of 12 Finals**

1	Cooper, Megan	W14	NEAY	1:40.19	___
2	Lewis, Cian	M13	NEAY	1:38.53	___
3	Frost, Charlie B	M14	Swansea Aq	1:36.68	___
4	Peach, Eliza M	W14	Haverfordwes	1:35.64	___
5	Lewis, Ryan	M13	Llanelli	1:36.49	___
6	Snelgrove, Violet	W14	NEAY	1:38.12	___
7	Smith, Benjamin	M13	Haverfordwes	1:40.13	___
8	Burt, Teyan	M15	Llanelli	1:40.50	___

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**Heat 12 Finals (#204 Mixed 9 & Over 100 SC Meter Breaststroke)**

1	Davies, Gethin	M14	Milford Havn	1:32.97	___
2	Galbraith, Elian	M13	Llanelli	1:32.40	___
3	Marsh, Nina	W15	Milford Havn	1:30.03	___
4	Belanger, Jayden	M16	Milford Havn	1:25.24	___
5	Williams, Iestyn	M16	NEAY	1:29.78	___
6	Blue, Macy	W14	Carmarthen	1:32.33	___
7	Hall, Ethan	M13	Fishguard	1:32.53	___
8	Spychka, Sofiiia	W14	Swansea Aq	1:35.03	___