

**Nofio Sir Gar Development Meet 2023 - 13/05/2023**  
**Meet Program - Session 3 (Warmup 1.45 - 2.45)**

**Event 301 Mixed 8 & Over 50 SC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 18 Finals**

1	Murphy, Ifan	M8	Haverfordwes	NT
2	Lewis, Gethin R	M8	Swansea Aq	NT
3	Prince, Edith S	W8	Swansea Aq	NT
4	Scully, Quinn I	W8	Swansea Aq	NT
5	Snellgrove, Madelaine	W8	Amman Valley	NT
6	Cutting, Beatrice	W8	Haverfordwes	NT
7	Williams, Lucas C	M8	Swansea Aq	NT
8				

**Heat 2 of 18 Finals**

1	Antwhistle, Esm�� W	W9	Swansea Aq	NT
2	Lloyd, Vincent-Owen N	M9	Swansea Aq	NT
3	Carrozza Kaill, Morlo	M9	Haverfordwes	NT
4	Powell, Poppy	W9	Llanelli	NT
5	Williams, April M	W9	Swansea Aq	NT
6	Elmes, Samuel	M9	Carmarthen	NT
7	Green, Freya	W9	Haverfordwes	NT
8	Nash, Sylvia	W8	Haverfordwes	NT

**Heat 3 of 18 Finals**

1	Bool, Iolo	M9	Haverfordwes	NT
2	Jenkins, Olivia I	W10	Swansea Aq	NT
3	Fenemore, Emily G	W10	Carmarthen	NT
4	David, Ioan	M10	Haverfordwes	NT
5	Williams, Evie	W10	Milford Havn	NT
6	Phillips, Isabella	W10	Haverfordwes	NT
7	Davis, Max G	M10	Carmarthen	NT
8	Francis, Mia	W9	Haverfordwes	NT

**Heat 4 of 18 Finals**

1	Bevan, Gwenllian	W10	Aberystwyth	NT
2	James, Josie	W10	Llanelli	NT
3	Bowes, James F	M11	Carmarthen	NT
4	Francis, Emily-Rose	W12	Haverfordwes	NT
5	Sysuieva, Oleksandra	W12	Swansea Aq	NT
6	Curtis, Carly	W10	Milford Havn	NT
7	Barn, Freya	W10	Milford Havn	NT
8	Sysuieva, Anna	W10	Swansea Aq	NT

**Heat 5 of 18 Finals**

1	Richards, Eva	W12	NEAY	NT
2	Jones, Matilda T	W13	Swansea Aq	NT
3	Cartwright, Stanley E	M14	Carmarthen	NT
4	Lloyd-West, Finley	M15	NEAY	NT
5	Prosser, Eleri	W15	Llanelli	NT
6	Thomas, Nikita	W14	Llanelli	NT
7	Welsby, Amelia Elen	W13	Aberystwyth	NT
8	Grehan, Rebecca M	W12	Carmarthen	NT

**Heat 6 of 18 Finals**

1	James, Evie	W10	Milford Havn	1:32.17
2	Giffard, Alyssa	W11	NEAY	1:21.62
3	Davies, Harrison L	M9	Swansea Aq	1:14.17
4	Thomas, Lili-rose	W9	NEAY	1:12.35
5	Mason, Ezmee	W10	Haverfordwes	1:13.16
6	Edmunds, Paige P	W13	Llanelli	1:18.86
7	Pitans, Caitlin R	W10	Swansea Aq	1:27.30
8	Cousins, Rya	W9	NEAY	1:32.78

**Heat 7 of 18 Finals**

1	Davies, Zara	W10	Llanelli	1:09.30
2	Bowen, Ella	W9	Llanelli	1:08.59
3	Williams, Lois G	W11	Swansea Aq	1:07.98
4	Haslam, Tia	W12	Carmarthen	1:07.70
5	Gardner-Rolfe, Mia G	W10	Swansea Aq	1:07.91
6	Philpott, Lowri	W12	Llanelli	1:08.09
7	Lake, Freddie	M11	Haverfordwes	1:09.20
8	Higgins, Finley J	M11	Swansea Aq	1:11.27

**Heat 8 of 18 Finals**

1	George, Erin	W10	Llanelli	1:06.98
2	Gil Wood, Elena	W10	Swansea Aq	1:06.44
3	Cartwright, Nicholas J	M12	Carmarthen	1:05.50
4	Foale, Jack	M12	Aberystwyth	1:04.31
5	Pirmohamed, Eshan A	M9	Swansea Aq	1:04.89
6	McAdie, Isaac	M11	Swansea Aq	1:06.31
7	Maclean, Daichi	M13	Llanelli	1:06.76
8	Mekael, John A	M13	Swansea Aq	1:07.27

**Heat 9 of 18 Finals**

1	Selby, Chloe	W12	NEAY	1:02.96
2	Williams, Fay P	W10	Swansea Aq	1:01.59
3	Price, Seren-louise	W10	Carmarthen	1:01.00
4	Leane, Megan	W10	Haverfordwes	1:00.39
5	Lloyd Roberts, Harry	M10	Milford Havn	1:00.63
6	Snelgrove, Scarlett	W11	NEAY	1:01.35
7	Mekael, Beshoy A	M13	Swansea Aq	1:02.20
8	Davies, Lucy-Anne	W10	Amman Valley	1:03.19

**Heat 10 of 18 Finals**

1	Morgan, Evelyn	W12	Llanelli	59.77
2	Diouf, Jegan W	M11	Swansea Aq	58.82
3	Heron, Edith	W10	Aberystwyth	57.59
4	Middleton, Caitlin	W13	Aberystwyth	56.96
5	Longar, Miriam E	W11	Carmarthen	57.12
6	Smith, Declan	M11	Amman Valley	57.65
7	Morgan, Gwerfyl	W11	Aberystwyth	58.85
8	Beasley, Evaleigh D	W9	Swansea Aq	59.93

**Heat 11 of 18 Finals**

1	Goodman, Evie	W11	Swansea Aq	56.82
2	Petrie, Jaden	M11	Haverfordwes	56.69
3	Thomas, Wilf	M10	Aberystwyth	56.37
4	Hawkins, Betsy-May	W11	Llanelli	56.19
5	Goodman, Lola	W11	Swansea Aq	56.20
6	Lewis, Martha F	W11	Carmarthen	56.40
7	Lewis, Evie	W9	Haverfordwes	56.81
8	Batcup, Oliver J	M11	Swansea Aq	56.82

**Heat 12 of 18 Finals**

1	Griffiths, Evan	M13	Haverfordwes	55.79
2	David, Emily	W12	Haverfordwes	55.72
3	Blue, Harri O	M11	Carmarthen	55.07
4	Patterson, Ollie	M12	Milford Havn	53.96
5	Jones, Hunydd	W11	Carmarthen	54.82
6	Kenny, Jemima	W12	Milford Havn	55.19
7	Williams, Ffion	W13	Milford Havn	55.78
8	Davies, Ava-Rose	W10	Llanelli	55.92

## Nofio Sir Gar Development Meet 2023 - 13/05/2023

## Meet Program - Session 3 (Warmup 1.45 - 2.45)

**Heat 13 Finals (#301 Mixed 8 & Over 50 SC Meter Breaststroke)**

1	Davies, Tyler	M12	Milford Havn	53.86	___
2	Noden, Rory	M10	Milford Havn	53.59	___
3	Harwood, Jack	M11	Haverfordwes	52.63	___
4	Rogers, Sadie	W10	NEAY	52.50	___
5	Clift, Meghan	W11	Swansea Aq	52.56	___
6	Kasto, Evie T	W12	Swansea Aq	53.20	___
7	Berner, Iyla	W9	Aberystwyth	53.84	___
8	Rossiter Wargent, Mia	W10	Milford Havn	53.93	___

**Heat 14 of 18 Finals**

1	Rees-Davies, Saoirse	W11	Llanelli	52.23	___
2	Patterson, Hollie M	W11	Carmarthen	52.02	___
3	Bowen, Seren E	W12	Carmarthen	51.43	___
4	Gibbs, Jenson	M11	Amman Valley	50.41	___
5	Tytler, Leo	M14	Milford Havn	50.78	___
6	Conway, Erin J	W13	Swansea Aq	52.01	___
7	Richards, Kira M	W12	Carmarthen	52.10	___
8	Wilcockson, Alys	W12	Aberystwyth	52.27	___

**Heat 15 of 18 Finals**

1	Burt, Caio	M12	Llanelli	49.52	___
2	Scully, Emersyn	W11	Swansea Aq	49.48	___
3	Morgan, Catrin	W15	Amman Valley	48.90	___
4	Green, Matilda	W13	Haverfordwes	48.57	___
5	Filmer, Gwennan	W11	Aberystwyth	48.78	___
6	Davies, Isabella	W11	Llanelli	49.07	___
7	Davis, Oliver J	M12	Carmarthen	49.51	___
8	Roberts, Molly	W11	Llanelli	49.84	___

**Heat 16 of 18 Finals**

1	Parry, Abigail	W10	Carmarthen	48.50	___
2	Williams, Efa	W15	NEAY	48.26	___
3	Hnoiana, Valentyna	W11	Swansea Aq	47.42	___
4	Upton-Boorman, Isabella	W12	Carmarthen	47.09	___
5	Harwood, Amelia	W15	Haverfordwes	47.24	___
6	Baker, Chloe	W14	Swansea Aq	47.81	___
7	Parton, Frankie F	M14	Carmarthen	48.35	___
8	Dallimore, Emily	W14	Llanelli	48.54	___

**Heat 17 of 18 Finals**

1	Philpott, Ffion	W13	Nofio S Gar	46.61	___
2	Thomas, Grace	W11	Carmarthen	46.53	___
3	Norgrove, Ffion	W15	Carmarthen	45.87	___
4	Santos, Liam	M13	Milford Havn	45.11	___
5	Davies, Elin	W13	Carmarthen	45.27	___
6	Thomas, Caitlyn	W14	NEAY	46.29	___
7	Elias, Ruben	M12	Carmarthen	46.57	___
8	Mason, Phoebe	W12	Haverfordwes	47.06	___

**Heat 18 of 18 Finals**

1	Lewis, Ryan	M13	Llanelli	43.84	___
2	Galbraith, Elian	M13	Llanelli	43.39	___
3	Frost, Charlie B	M14	Swansea Aq	43.22	___
4	Belanger, Jayden	M16	Milford Havn	37.81	___
5	Marsh, Nina	W15	Milford Havn	41.72	___
6	Spychka, Sofiia	W14	Swansea Aq	43.25	___
7	Davies, Gethin	M14	Milford Havn	43.78	___
8	Stewart, Finlay	M15	Llanelli	44.02	___

**Event 302 Mixed 9 & Over 200 SC Meter Backstroke**

Lane	Name	Age	Team	Seed Time	
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**Heat 1 of 2 Finals**

1	Roberts Mylan, Sophie I	W10	Swansea Aq	NT	___
2	Morgan, Gwerfyl	W11	Aberystwyth	NT	___
3	Andreassen, Freya	W12	Amman Valley	NT	___
4	Smith, Benjamin	M13	Haverfordwes	NT	___
5	Hall, Ethan	M13	Fishguard	NT	___
6	Williams, Thomas	M12	Llanelli	NT	___
7	Jenkins, Isabella	W11	Llanelli	NT	___
8	Antwhistle, Isaac J	M10	Swansea Aq	NT	___

**Heat 2 of 2 Finals**

1	Williams, Fay P	W10	Swansea Aq	3:33.10	___
2	George, Eilir	W12	Llanelli	3:23.86	___
3	Williams, Paige T	W11	Swansea Aq	3:13.46	___
4	Davies, Ellis V	M11	Llanelli	3:08.27	___
5	Blyth, Isobelle	W13	Haverfordwes	3:11.57	___
6	Harwood, Jack	M11	Haverfordwes	3:14.91	___
7	Williams, Ryan	M14	Llanelli	3:28.02	___
8	Jenkins, Elli	W12	Swansea Aq	3:47.96	___

**Event 303 Mixed 9 & Over 100 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time	
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**Heat 1 of 15 Finals**

1					___
2					___
3	Thomas, Eden	W9	NEAY	NT	___
4	Beasley, Evaleigh D	W9	Swansea Aq	NT	___
5	Bool, Iolo	M9	Haverfordwes	NT	___
6	Arnold, Olivia	W9	Milford Havn	NT	___
7					___
8					___

**Heat 2 of 15 Finals**

1	Carrozza Kaill, Morlo	M9	Haverfordwes	NT	___
2	Davies, Harrison L	M9	Swansea Aq	NT	___
3	Sheridan, Isla	W10	Llanelli	NT	___
4	Fenemore, Emily G	W10	Carmarthen	NT	___
5	Gil Wood, Elena	W10	Swansea Aq	NT	___
6	David, Ioan	M10	Haverfordwes	NT	___
7	Bowen, Ella	W9	Llanelli	NT	___
8	Williams, April M	W9	Swansea Aq	NT	___

**Heat 3 of 15 Finals**

1	Bowes, James F	M11	Carmarthen	NT	___
2	Foale, Jack	M12	Aberystwyth	NT	___
3	Sysuieva, Oleksandra	W12	Swansea Aq	NT	___
4	Jones, Matilda T	W13	Swansea Aq	NT	___
5	Welsby, Amelia Elen	W13	Aberystwyth	NT	___
6	Davis, Oliver J	M12	Carmarthen	NT	___
7	Blue, Harri O	M11	Carmarthen	NT	___
8	Rees, Oscar	M10	Llanelli	NT	___

**Heat 4 of 15 Finals**

1	O'Mahoney, Cameron P	M9	NEAY	2:07.72	___
2	Filmer, Gwennan	W11	Aberystwyth	2:05.78	___
3	Berner, Kiana	W11	Aberystwyth	2:04.40	___
4	Polverino, Tilly M	W9	Swansea Aq	1:58.86	___
5	Lake, Freddie	M11	Haverfordwes	2:01.30	___
6	Philpott, Lowri	W12	Llanelli	2:05.49	___
7	Cousins, Rya	W9	NEAY	2:06.25	___
8	Jones, Ashleigh	W12	Amman Valley	2:38.29	___

## Nofio Sir Gar Development Meet 2023 - 13/05/2023

## Meet Program - Session 3 (Warmup 1.45 - 2.45)

**Heat 5 Finals (#303 Mixed 9 & Over 100 SC Meter Freestyle)**

1	Higgins, Finley J	M11	Swansea Aq	1:50.31	___
2	Fry, Tilly	W11	Llanelli	1:49.01	___
3	Roberts Mylan, Sophie I	W10	Swansea Aq	1:47.56	___
4	Williams, Lois G	W11	Swansea Aq	1:46.45	___
5	Mason, Ezmee	W10	Haverfordwes	1:47.30	___
6	Pirmohamed, Eshan A	M9	Swansea Aq	1:48.68	___
7	Lewis, Martha F	W11	Carmarthen	1:49.30	___
8	Griffiths, Scarlet	W10	Haverfordwes	1:55.51	___

**Heat 6 of 15 Finals**

1	Roberts Mylan, Ffion C	W10	Swansea Aq	1:45.54	___
2	Edmunds, Freya	W9	Llanelli	1:43.96	___
3	Cartwright, Nicholas J	M12	Carmarthen	1:39.60	___
4	Patterson, Ollie	M12	Milford Havn	1:36.45	___
5	Chan, Sheung Yin Zoe	W12	Swansea Aq	1:37.02	___
6	Thomas, Wilf	M10	Aberystwyth	1:40.26	___
7	Batcup, Oliver J	M11	Swansea Aq	1:44.45	___
8	Knight, Tom	M11	Haverfordwes	1:46.31	___

**Heat 7 of 15 Finals**

1	Williams, Ryan	M14	Llanelli	1:35.96	___
2	Gardner-Rolfe, Mia G	W10	Swansea Aq	1:35.65	___
3	Richards, Kira M	W12	Carmarthen	1:33.40	___
4	Lewis, Evie	W9	Haverfordwes	1:32.86	___
5	Goodman, Lola	W11	Swansea Aq	1:32.99	___
6	Clift, Meghan	W11	Swansea Aq	1:35.00	___
7	Williams, Ffion	W13	Milford Havn	1:35.76	___
8	Williams, Fay P	W10	Swansea Aq	1:36.05	___

**Heat 8 of 15 Finals**

1	Santos, Liam	M13	Milford Havn	1:31.06	___
2	Noden, Rory	M10	Milford Havn	1:29.88	___
3	Maclean, Daichi	M13	Llanelli	1:29.68	___
4	Packer, Grace	W13	NEAY	1:29.49	___
5	Diouf, Jegan W	M11	Swansea Aq	1:29.65	___
6	Edwards, Alice	W12	Carmarthen	1:29.69	___
7	Goodman, Evie	W11	Swansea Aq	1:30.28	___
8	Wood, Lilly	W9	NEAY	1:31.06	___

**Heat 9 of 15 Finals**

1	Davies, Ava-Rose	W10	Llanelli	1:28.77	___
2	Smith, Declan	M11	Amman Valley	1:28.60	___
3	Cousins, Rory	M11	NEAY	1:28.21	___
4	Norgrove, Ffion	W15	Carmarthen	1:27.86	___
5	Hawkins, Betsy-May	W11	Llanelli	1:28.02	___
6	Scully, Emersyn	W11	Swansea Aq	1:28.35	___
7	Gibbs, Jenson	M11	Amman Valley	1:28.63	___
8	Rees-Davies, Saoirse	W11	Llanelli	1:28.96	___

**Heat 10 of 15 Finals**

1	Davies, Tyler	M12	Milford Havn	1:27.24	___
2	Lewis, Callum	M14	Milford Havn	1:27.01	___
3	Jewitt, Sophia	W11	Llanelli	1:25.18	___
4	Taffetsauffer, Isabella	W11	Llanelli	1:24.05	___
5	Bowen, Seren E	W12	Carmarthen	1:24.96	___
6	Kasto, Evie T	W12	Swansea Aq	1:26.23	___
7	Patterson, Hollie M	W11	Carmarthen	1:27.13	___
8	Snellgrove, Chloe	W13	Amman Valley	1:27.44	___

**Heat 11 of 15 Finals**

1	Conway, Erin J	W13	Swansea Aq	1:23.91	___
2	Stuart-Lavender, Jac	M12	Llanelli	1:23.66	___
3	Davies, Ellis V	M11	Llanelli	1:21.84	___
4	Thomas, Grace	W11	Carmarthen	1:21.04	___
5	Lloyd-West, Finley	M15	NEAY	1:21.68	___
6	Abell, Eve	W15	NEAY	1:23.19	___
7	Smith, Jacob	M11	Haverfordwes	1:23.74	___
8	Williams, Paige T	W11	Swansea Aq	1:23.95	___

**Heat 12 of 15 Finals**

1	Berner, Lyla	W9	Aberystwyth	1:20.84	___
2	Tytler, Leo	M14	Milford Havn	1:20.55	___
3	Wilcockson, Alys	W12	Aberystwyth	1:19.78	___
4	Andreassen, Freya	W12	Amman Valley	1:18.46	___
5	Murphy, Alys	W13	Haverfordwes	1:18.60	___
6	Smudzinski, Max M	M11	Swansea Aq	1:19.95	___
7	Knight, Cerys	W13	Haverfordwes	1:20.71	___
8	Hall, Isabelle	W12	Fishguard	1:21.02	___

**Heat 13 of 15 Finals**

1	Hall, Ellena	W12	Fishguard	1:18.11	___
2	Burt, Caio	M12	Llanelli	1:17.31	___
3	Snelgrove, Violet	W14	NEAY	1:17.01	___
4	Cartwright, Stanley E	M14	Carmarthen	1:16.83	___
5	Holmes, Seren	W14	NEAY	1:16.86	___
6	George, Eilir	W12	Llanelli	1:17.29	___
7	Davies, Gethin	M14	Milford Havn	1:17.45	___
8	Davies, Elin	W13	Carmarthen	1:18.37	___

**Heat 14 of 15 Finals**

1	Williams, Efa	W15	NEAY	1:15.29	___
2	Stewart, Finlay	M15	Llanelli	1:14.98	___
3	Harwood, Amelia	W15	Haverfordwes	1:13.67	___
4	Blue, Macy	W14	Carmarthen	1:13.36	___
5	Spychka, Sofiia	W14	Swansea Aq	1:13.52	___
6	Jones, Aaron	M15	Aberystwyth	1:14.59	___
7	Thomas, Caitlyn	W14	NEAY	1:15.29	___
8	Baker, Chloe	W14	Swansea Aq	1:15.83	___

**Heat 15 of 15 Finals**

1	Thomas, Nikita	W14	Llanelli	1:11.20	___
2	Dallimore, Austin	M14	Llanelli	1:08.07	___
3	Burt, Teyan	M15	Llanelli	1:06.59	___
4	Williams, Iestyn	M16	NEAY	1:05.31	___
5	Belanger, Jayden	M16	Milford Havn	1:05.83	___
6	Hnoianyi, Andrii	M14	Swansea Aq	1:07.97	___
7	Selby, Cerys	W16	NEAY	1:08.64	___
8	Phelps, Lucy	W16	NEAY	1:11.29	___

**Event 304 Mixed 8 & Over 50 SC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 12 Finals**

1				___
2				___
3	Prince, Edith S	W8	Swansea Aq	NT
4	Murphy, Ifan	M8	Haverfordwes	NT
5	Scully, Quinn I	W8	Swansea Aq	NT
6				___
7				___
8				___

## Nofio Sir Gar Development Meet 2023 - 13/05/2023

## Meet Program - Session 3 (Warmup 1.45 - 2.45)

**Heat 2 Finals (#304 Mixed 8 & Over 50 SC Meter Butterfly)**

1	Williams, Lucas C	M8	Swansea Aq	NT	___
2	Lewis, Gethin R	M8	Swansea Aq	NT	___
3	Williams, April M	W9	Swansea Aq	NT	___
4	Burt, Gwion	M9	Llanelli	NT	___
5	Davies, Harrison L	M9	Swansea Aq	NT	___
6	Snellgrove, Madelaine	W8	Amman Valley	NT	___
7	Nash, Sylvia	W8	Haverfordwes	NT	___
8					___

**Heat 3 of 12 Finals**

1	Leane, Megan	W10	Haverfordwes	NT	___
2	Barn, Freya	W10	Milford Havn	NT	___
3	James, Evie	W10	Milford Havn	NT	___
4	Filmer, Gwennan	W11	Aberystwyth	NT	___
5	Williams, Eirwen N	W10	Swansea Aq	NT	___
6	Williams, Evie	W10	Milford Havn	NT	___
7	Curtis, Carly	W10	Milford Havn	NT	___
8	Polverino, Tilly M	W9	Swansea Aq	NT	___

**Heat 4 of 12 Finals**

1	Berner, Kiana	W11	Aberystwyth	NT	___
2	Kazmiruk, Anastasia	W12	Amman Valley	NT	___
3	Thomas, Nikita	W14	Llanelli	NT	___
4	McAdie, Isaac	M11	Swansea Aq	1:24.40	___
5	Lloyd-West, Finley	M15	NEAY	NT	___
6	Sysuieva, Oleksandra	W12	Swansea Aq	NT	___
7	Knight, Tom	M11	Haverfordwes	NT	___
8	Williams, Lois G	W11	Swansea Aq	NT	___

**Heat 5 of 12 Finals**

1	Higgins, Finley J	M11	Swansea Aq	1:18.58	___
2	Selby, Chloe	W12	NEAY	1:13.78	___
3	Rossiter Wargent, Mia	W10	Milford Havn	1:08.02	___
4	Batcup, Oliver J	M11	Swansea Aq	1:07.17	___
5	Thomas, Eden	W9	NEAY	1:07.20	___
6	Mason, Ezmee	W10	Haverfordwes	1:08.03	___
7	George, Erin	W10	Llanelli	1:17.19	___
8	Thomas, Lili-rose	W9	NEAY	1:19.48	___

**Heat 6 of 12 Finals**

1	Snelgrove, Scarlett	W11	NEAY	1:01.28	___
2	Smith, Declan	M11	Amman Valley	59.06	___
3	Gardner-Rolfe, Mia G	W10	Swansea Aq	58.85	___
4	Roberts Mylan, Sophie I	W10	Swansea Aq	58.19	___
5	Gil Wood, Elena	W10	Swansea Aq	58.30	___
6	Beasley, Evaleigh D	W9	Swansea Aq	58.92	___
7	Price, Seren-louise	W10	Carmarthen	1:00.24	___
8	Haslam, Tia	W12	Carmarthen	1:05.04	___

**Heat 7 of 12 Finals**

1	Rogers, Sadie	W10	NEAY	53.96	___
2	Kenny, Jemima	W12	Milford Havn	53.30	___
3	Jones, Hunydd	W11	Carmarthen	52.50	___
4	Chan, Sheung Yin Zoe	W12	Swansea Aq	51.81	___
5	Richards, Kira M	W12	Carmarthen	52.25	___
6	Lewis, Callum	M14	Milford Havn	53.00	___
7	Edmunds, Freya	W9	Llanelli	53.41	___
8	Cousins, Rory	M11	NEAY	56.39	___

**Heat 8 of 12 Finals**

1	Williams, Fay P	W10	Swansea Aq	51.51	___
2	Fry, Tilly	W11	Llanelli	49.85	___
3	Morgan, Gwerfyl	W11	Aberystwyth	49.58	___
4	Patterson, Ollie	M12	Milford Havn	48.87	___
5	Snellgrove, Chloe	W13	Amman Valley	49.03	___
6	Antwhistle, Isaac J	M10	Swansea Aq	49.80	___
7	Roberts Mylan, Ffion C	W10	Swansea Aq	51.50	___
8	Packer, Grace	W13	NEAY	51.55	___

**Heat 9 of 12 Finals**

1	Jones, Alexa	W10	Llanelli	46.97	___
2	Roberts, Molly	W11	Llanelli	46.54	___
3	Bowen, Seren E	W12	Carmarthen	45.66	___
4	Morgan, Catrin	W15	Amman Valley	45.49	___
5	Davies, Elin	W13	Carmarthen	45.54	___
6	McAdie, Imogen	W14	Swansea Aq	46.29	___
7	Goodman, Evie	W11	Swansea Aq	46.76	___
8	Hawkins, Betsy-May	W11	Llanelli	47.87	___

**Heat 10 of 12 Finals**

1	Goodman, Lola	W11	Swansea Aq	45.40	___
2	Jewitt, Anya	W11	Llanelli	44.73	___
3	Burt, Caio	M12	Llanelli	44.32	___
4	Kasto, Evie T	W12	Swansea Aq	43.61	___
5	Thomas, Grace	W11	Carmarthen	43.97	___
6	Williams, Paige T	W11	Swansea Aq	44.48	___
7	Berner, Iyla	W9	Aberystwyth	44.88	___
8	Diouf, Jegan W	M11	Swansea Aq	45.43	___

**Heat 11 of 12 Finals**

1	Harwood, Jack	M11	Haverfordwes	43.03	___
2	Wilcockson, Alys	W12	Aberystwyth	40.68	___
3	George, Eilir	W12	Llanelli	40.25	___
4	Cooper, Megan	W14	NEAY	39.37	___
5	Upton-Boorman, Isabella	W12	Carmarthen	40.04	___
6	Hall, Isabelle	W12	Fishguard	40.32	___
7	Holmes, Seren	W14	NEAY	40.89	___
8	Morgan, Evelyn	W12	Llanelli	43.12	___

**Heat 12 of 12 Finals**

1	Cressey-Rodgers, Gwenllian	W13	Nofio S Gar	39.06	___
2	Williams, Efa	W15	NEAY	37.50	___
3	Frost, Charlie B	M14	Swansea Aq	35.50	___
4	Marsh, Nina	W15	Milford Havn	34.67	___
5	Selby, Cerys	W16	NEAY	34.67	___
6	Burt, Teyan	M15	Llanelli	37.39	___
7	Harwood, Amelia	W15	Haverfordwes	38.23	___
8	Green, Matilda	W13	Haverfordwes	39.22	___

**Event 305 Mixed 9 & Over 200 SC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

1				___	
2	Beasley, Evaleigh D	W9	Swansea Aq	NT	___
3	Clift, Meghan	W11	Swansea Aq	NT	___
4	Batcup, Oliver J	M11	Swansea Aq	NT	___
5	Jewitt, Anya	W11	Llanelli	NT	___
6	Heron, Edith	W10	Aberystwyth	NT	___
7				___	
8				___	

**Nofio Sir Gar Development Meet 2023 - 13/05/2023****Meet Program - Session 3 (Warmup 1.45 - 2.45)****Heat 2 Finals (#305 Mixed 9 & Over 200 SC Meter Breaststroke)**

1	Lewis, Martha F	W11	Carmarthen	NT	___
2	Chan, Sheung Yin Zoe	W12	Swansea Aq	NT	___
3	Edwards, Alice	W12	Carmarthen	NT	___
4	Haslam, Tia	W12	Carmarthen	NT	___
5	Jones, Ashleigh	W12	Amman Valley	NT	___
6	Williams, Thomas	M12	Llanelli	NT	___
7	Smith, Jacob	M11	Haverfordwes	NT	___
8	Rees-Davies, Saoirse	W11	Llanelli	NT	___

**Heat 3 of 4 Finals**

1	Philpott, Ffion	W13	Nofio S Gar	NT	___
2	Morgan, Catrin	W15	Amman Valley	NT	___
3	Hall, Ellena	W12	Fishguard	4:00.87	___
4	Davis, Oliver J	M12	Carmarthen	3:56.03	___
5	Davies, Isabella	W11	Llanelli	3:59.95	___
6	Williams, Iestyn	M16	NEAY	NT	___
7	Parton, Frankie F	M14	Carmarthen	NT	___
8	Stuart-Lavender, Jac	M12	Llanelli	NT	___

**Heat 4 of 4 Finals**

1	Blyth, Isobelle	W13	Haverfordwes	3:47.15	___
2	Mason, Phoebe	W12	Haverfordwes	3:36.70	___
3	Murphy, Alys	W13	Haverfordwes	3:26.36	___
4	Belanger, Jayden	M16	Milford Havn	3:05.37	___
5	Upton-Boorman, Liam	M15	Nofio S Gar	3:20.79	___
6	Jones, Aaron	M15	Aberystwyth	3:27.92	___
7	Filmer, Gwennan	W11	Aberystwyth	3:41.19	___
8	Parry, Abigail	W10	Carmarthen	3:52.96	___