

West Wales Regional SC Championships 2023 - 24/11/2023 to 26/11/2023

Meet Program - Session 2 (Warmup 8.00 - 8.50)

Event 211 Boys 11 & Over 200 SC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Finals				
1				___
2	Collins, Thomas	11	Penyrheol	3:42.02 ___
3	Chapman, Henry	12	Carmarthen	3:32.76 ___
4	Sekula, Mateusz J	12	NexusValleys	3:23.82 ___
5	Taylor, Joshua M	11	NexusValleys	3:29.80 ___
6	Hughes, Freddy J	11	NexusValleys	3:41.14 ___
7				___
8				___
Heat 2 of 6 Finals				
1	Flynn, Asten P	13	NexusValleys	3:17.66 ___
2	Davies, Ellis V	12	Llanelli	3:16.11 ___
3	Sekula, Szymon A	12	NexusValleys	3:14.41 ___
4	Smith, Declan	12	Amman Valley	3:07.99 ___
5	Antwhistle, Isaac J	11	Swansea Aq	3:13.42 ___
6	Smith, Jacob	11	Haverfordwes	3:14.70 ___
7	Patterson, Ollie	13	Milford Havn	3:16.54 ___
8	Noden, Rory	11	Milford Havn	3:20.65 ___
Heat 3 of 6 Finals				
1	Harwood, Jack	12	Haverfordwes	3:01.46 ___
2	Hall, Ethan	14	Fishguard	3:00.28 ___
3	Smith, Benjamin	14	Haverfordwes	2:52.91 ___
4	Morgan, Ben	14	PembrokeDist	2:49.01 ___
5	Jones, Jack	14	Tenby	2:49.33 ___
6	Elmes, Max	12	Carmarthen	2:56.20 ___
7	Burt, Caio	13	Llanelli	3:00.87 ___
8	Smudzinski, Max M	11	Swansea Aq	3:04.11 ___
Heat 4 of 6 Finals				
1	Davies, Gethin	14	Milford Havn	2:46.32 ___
2	Thomas, Iolo	13	Neath	2:42.59 ___
3	Chapman, Coby L	14	Penyrheol	2:41.10 ___
4	Price, George	15	Penyrheol	2:39.22 ___
5	Galbraith, Elian	14	Llanelli	2:41.05 ___
6	Douglas, Lucas	12	Neath	2:41.83 ___
7	Burt, Teyan	16	Llanelli	2:44.48 ___
8	Harris, Osian	14	Fishguard	2:48.50 ___
Heat 5 of 6 Finals				
1	Williams, Thomas	13	Nofio Sir Gar	2:36.78 ___
2	Phillips, Finley	13	Nofio Sir Gar	2:31.31 ___
3	Jones, Joseph	17	Neath	2:31.11 ___
4	Fletcher, Owen	16	Haverfordwes	2:26.22 ___
5	Bennett, Finley	14	Haverfordwes	2:26.89 ___
6	Silverstone, Solomon	14	Haverfordwes	2:31.11 ___
7	Koriakovtsev, Illia	16	Swansea Aq	2:34.28 ___
8	Richards, Aled	16	C Dolphins	2:38.20 ___
Heat 6 of 6 Finals				
1	Gubb, Harvey	17	Neath	2:23.01 ___
2	Upton-Boorman, Liam	16	Nofio Sir Gar	2:22.92 ___
3	Montague, Mason	15	Haverfordwes	2:22.76 ___
4	Gillett, Oliver	16	Swansea Aq	2:12.73 ___
5	Thomas, Rhys A	18	Swansea Aq	2:18.61 ___
6	Williams, Corey B	17	Swansea Aq	2:22.79 ___
7	West, Dexter	14	Fishguard	2:22.92 ___
8	Sellick, Fenn	15	Swansea Aq	2:24.74 ___

Event 212 Girls 11 & Over 400 SC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
1				___
2	Jenkins, Elli J	12	Swansea Aq	7:17.22 ___
3	Hall, Ellena	12	Fishguard	6:33.14 ___
4	Mason, Phoebe	13	Haverfordwes	6:17.14 ___
5	Hall, Isabelle	12	Fishguard	6:23.43 ___
6	Blyth, Isobelle	13	Haverfordwes	6:53.38 ___
7	Dyde, Pheobe	11	PembrokeDist	7:17.35 ___
8				___
Heat 2 of 2 Finals				
1	Coffey, Cora-leigh K	13	Swansea Aq	6:00.44 ___
2	Galdes-Cutting, Daisy	12	Haverfordwes	5:41.60 ___
3	Nichols, Grace	13	Haverfordwes	5:29.58 ___
4	Lewis, Lowri	17	Neath	5:24.71 ___
5	Williams, Marys E	14	Swansea Aq	5:29.04 ___
6	Griffiths, Cerys	13	Haverfordwes	5:34.63 ___
7	Knight, Cari	15	Penyrheol	5:55.63 ___
8	Stark, Tala	13	Fishguard	6:10.25 ___

Event 213 Boys 11 & Over 100 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals				
1				___
2	Thomas, Wilf	11	Aberystwyth	1:50.09 ___
3	Antwhistle, Isaac J	11	Swansea Aq	1:46.64 ___
4	Peach, Olly	13	Haverfordwes	1:40.67 ___
5	Patterson, Ollie	13	Milford Havn	1:43.43 ___
6	Smith, Declan	12	Amman Valley	1:46.71 ___
7				___
8				___
Heat 2 of 3 Finals				
1	Smith, Jacob	11	Haverfordwes	1:37.78 ___
2	Thomas, Rhys	13	Haverfordwes	1:35.93 ___
3	Stuart-Lavender, Jac	13	Llanelli	1:32.57 ___
4	Richards, Aled	16	C Dolphins	1:21.43 ___
5	Hall, Ethan	14	Fishguard	1:29.41 ___
6	Sekula, Mateusz J	12	NexusValleys	1:35.90 ___
7	Peach, Henry	13	Haverfordwes	1:36.31 ___
8	Sekula, Szymon A	12	NexusValleys	1:39.51 ___
Heat 3 of 3 Finals				
1	Rogers, Logan L	17	Penyrheol	1:18.27 ___
2	Phillips, Finley	13	Nofio Sir Gar	1:13.79 ___
3	Bennett, Finley	14	Haverfordwes	1:12.65 ___
4	Clarke, Henry	16	Swansea Aq	1:09.20 ___
5	Gillett, Oliver	16	Swansea Aq	1:09.42 ___
6	Lewis, Matthew D	38	Haverfordwes	1:12.99 ___
7	Richardson, Osian	15	Swansea Aq	1:15.30 ___
8	Twigger, Owen	14	Swansea Aq	1:19.71 ___

West Wales Regional SC Championships 2023 - 24/11/2023 to 26/11/2023

Meet Program - Session 2 (Warmup 8.00 - 8.50)

Event 214 Girls 11 & Over 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

1				—
2	Wells, Iris	12	C Dolphins	3:17.26
3	Hanna, Shelby	14	Haverfordwes	3:13.98
4	Blyth, Isobelle	13	Haverfordwes	3:11.57
5	Andreassen, Freya	12	Amman Valley	3:12.86
6	Kenny, Jemima	12	Milford Havn	3:15.76
7				—
8				—

Heat 2 of 5 Finals

1	Green, Matilda	14	Haverfordwes	3:01.91
2	Griffiths, Amelia	13	Fishguard	2:57.10
3	Williams, Paige T	11	Swansea Aq	2:56.02
4	Clissold, Bronwyn	15	Tenby	2:55.16
5	Rice, Lily	19	PembrokeDist	2:55.80
6	Douglas, Fabiana	15	Neath	2:56.70
7	McFarlane, Una	12	Milford Havn	2:57.94
8	Griffiths, Ffion	12	Tenby	3:06.58

Heat 3 of 5 Finals

1	Thompson, Freya	13	Haverfordwes	2:53.85
2	Hanna, Jazmine	15	Haverfordwes	2:50.51
3	Thomas, Caitlin	15	Penyrheol	2:48.45
4	Clissold, Elizabeth	17	Tenby	2:46.45
5	Miles, Megan	15	Fishguard	2:47.62
6	Bruce, Keira	13	PembrokeDist	2:49.98
7	Taffetsauffer, Isabella	12	Llanelli	2:52.76
8	Morgan, Lily	13	Tenby	2:54.56

Heat 4 of 5 Finals

1	Bruce, Skye	14	PembrokeDist	2:44.96
2	Carter, Ava	15	Penyrheol	2:42.80
3	Dash, Amelie	12	Milford Havn	2:42.57
4	Williams, Hollie	16	Nofio Sir Gar	2:39.94
5	Upton-Boorman, Isabella	13	Carmarthen	2:41.84
6	Koo, Kathryn	14	Tenby	2:42.72
7	Holmes, Seren	14	Neath	2:43.22
8	Cressey-Rodgers, Gwenllian	13	Nofio Sir Gar	2:45.14

Heat 5 of 5 Finals

1	King, Marley	15	Penyrheol	2:37.19
2	Arnold, Jessica R	13	Swansea Aq	2:36.06
3	Thomas, Rhian	15	Haverfordwes	2:30.90
4	Hatton-Ellis, Isabelle L	15	Swansea Aq	2:22.24
5	Nichols, Grace	13	Haverfordwes	2:24.91
6	Geach, Libbie	14	Swansea Aq	2:31.80
7	Philpott, Ffion	14	Nofio Sir Gar	2:36.86
8	Webb, Saskia	16	Haverfordwes	2:37.29

Event 215 Boys 11 & Over 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Finals

1	Lake, Freddie	11	Haverfordwes	42.08
2	Lummis, Oscar D	11	NexusValleys	41.53
3	Thomas, Wilf	11	Aberystwyth	40.62
4	Sekula, Szymon A	12	NexusValleys	39.13
5	Collins, Thomas	11	Penyrheol	40.08
6	David, Ioan	11	Haverfordwes	40.99
7	Fogarty, Oliver	11	Fishguard	41.62
8				—

Heat 2 of 10 Finals

1	Chapman, Henry	12	Carmarthen	38.07
2	Taylor, Joshua M	11	NexusValleys	37.60
3	Antwhistle, Isaac J	11	Swansea Aq	36.96
4	Chadwick, Thomas	13	Neath	36.76
5	Abraham, A-Jay	12	Neath	36.93
6	Williams, Efan	11	Neath	37.23
7	Hughes, Freddy J	11	NexusValleys	37.69
8	Sekula, Mateusz J	12	NexusValleys	38.74

Heat 3 of 10 Finals

1	Patterson, Ollie	13	Milford Havn	36.74
2	Mills, Thomas	12	Llanelli	36.62
3	Lummis, Ralph J	12	NexusValleys	36.40
4	Flynn, Asten P	13	NexusValleys	35.65
5	Griffiths, Harri	13	C Dolphins	35.96
6	Noden, Rory	11	Milford Havn	36.51
7	Peach, Olly	13	Haverfordwes	36.68
8	Peach, Henry	13	Haverfordwes	36.74

Heat 4 of 10 Finals

1	Shelmerdine, Cory	13	PembrokeDist	34.67
2	Lewis, Callum	14	Milford Havn	34.39
3	Grugel, Sam	13	C Dolphins	33.39
4	Harwood, Jack	12	Haverfordwes	33.08
5	Stuart-Lavender, Jac	13	Llanelli	33.29
6	Elias, Ruben	13	Carmarthen	34.30
7	Smudzinski, Max M	11	Swansea Aq	34.39
8	Beynon, Aaron	13	Fishguard	35.61

Heat 5 of 10 Finals

1	Thomas, Rhys	13	Haverfordwes	32.40
2	Jones, Aaron	16	Aberystwyth	31.96
3	King, Ethan	11	Penyrheol	31.70
4	Smedley, Jack	16	C Dolphins	31.59
5	Warrender, Daniel I	15	Aberystwyth	31.65
6	Hedge, William	15	Swansea Aq	31.72
7	Huang, Peidong	13	Swansea Aq	32.04
8	Gray, Gruff	14	C Dolphins	33.04

Heat 6 of 10 Finals

1	Morgan, Ben	14	PembrokeDist	31.25
2	Jones, Jack	14	Tenby	30.63
3	Burt, Teyan	16	Llanelli	30.12
4	Williams, Thomas	13	Nofio Sir Gar	29.97
5	Phillips, Finley	13	Nofio Sir Gar	30.03
6	Davies, Gethin	14	Milford Havn	30.44
7	Elmes, Max	12	Carmarthen	30.95
8	Smith, Benjamin	14	Haverfordwes	31.49

Heat 7 of 10 Finals

1	Harris, Osian	14	Fishguard	29.47
2	Galbraith, Elian	14	Llanelli	29.38
3	Hnoianyi, Andrii	14	Swansea Aq	29.30
4	Rogers, Logan L	17	Penyrheol	29.01
5	Richards, Aled	16	C Dolphins	29.15
6	Hetherington, Trystan	14	Neath	29.36
7	Backen, Henry	15	Fishguard	29.47
8	Roberts-Truman, Harri	13	Neath	29.82

West Wales Regional SC Championships 2023 - 24/11/2023 to 26/11/2023**Meet Program - Session 2 (Warmup 8.00 - 8.50)****Heat 8 Finals (#215 Boys 11 & Over 50 SC Meter Freestyle)**

1	Price, George	15	Penyrheol	28.58	___
2	Belanger, Jayden	16	Milford Havn	28.12	___
3	Douglas, Lucas	12	Neath	27.60	___
4	Gubb, Harvey	17	Neath	26.92	___
5	Chapman, Coby L	14	Penyrheol	27.50	___
6	Rukov, Ivan	16	Aberystwyth	27.96	___
7	Thomas, Iolo	13	Neath	28.25	___
8	Dallimore, Austin	14	Llanelli	28.70	___

Heat 9 of 10 Finals

1	Hedge, Thomas	18	Swansea Aq	26.80	___
2	Twigger, Owen	14	Swansea Aq	26.73	___
3	Jones, Joseph	17	Neath	26.68	___
4	Clarke, Henry	16	Swansea Aq	26.40	___
5	Williams, Corey B	17	Swansea Aq	26.53	___
6	Willis, Morgan M	17	Neath	26.73	___
7	Montague, Mason	15	Haverfordwes	26.75	___
8	Robinson, Ellis	18	Haverfordwes	26.90	___

Heat 10 of 10 Finals

1	Silverstone, Solomon	14	Haverfordwes	26.20	___
2	Upton-Boorman, Liam	16	Nofio Sir Gar	25.59	___
3	Edwards, Sam	17	Neath	25.40	___
4	Thomas, Rhys A	18	Swansea Aq	24.20	___
5	Johnstone, Daniel	16	Nofio Sir Gar	24.51	___
6	Montgomery, Samuel	15	Haverfordwes	25.50	___
7	Sellick, Fenn	15	Swansea Aq	26.20	___
8	Koriakovtsev, Illia	16	Swansea Aq	26.21	___