

West Wales Regional SC Championships 2023 - 24/11/2023 to 26/11/2023

Meet Program - Session 3 (Warmup 10.35 - 11.25)

Event 221 Boys 11 & Over 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1				___
2	Hughes, Freddy J	11	NexusValleys	1:38.29 ___
3	Knight, Tom	12	Haverfordwes	1:35.17 ___
4	Antwhistle, Isaac J	11	Swansea Aq	1:31.50 ___
5	Taylor, Joshua M	11	NexusValleys	1:32.74 ___
6	Lummis, Ralph J	12	NexusValleys	1:36.08 ___
7				___
8				___

Heat 2 of 4 Finals

1	Smudzinski, Max M	11	Swansea Aq	1:28.05 ___
2	Jones, Jack	14	Tenby	1:20.25 ___
3	Gray, Gruff	14	C Dolphins	1:19.25 ___
4	Harwood, Jack	12	Haverfordwes	1:18.91 ___
5	Elmes, Max	12	Carmarthen	1:19.18 ___
6	Davies, Gethin	14	Milford Havn	1:20.17 ___
7	Davies, Ellis V	12	Llanelli	1:26.17 ___
8	Mills, Thomas	12	Llanelli	1:29.53 ___

Heat 3 of 4 Finals

1	Harris, Osian	14	Fishguard	1:15.12 ___
2	Galbraith, Elian	14	Llanelli	1:14.22 ___
3	Price, George	15	Penyrheol	1:13.31 ___
4	Rukov, Ivan	16	Aberystwyth	1:11.52 ___
5	Richards, Aled	16	C Dolphins	1:12.07 ___
6	Dallimore, Austin	14	Llanelli	1:13.32 ___
7	Phillips, Finley	13	Nofio Sir Gar	1:14.74 ___
8	Hedge, William	15	Swansea Aq	1:16.22 ___

Heat 4 of 4 Finals

1	Thomas, Iolo	13	Neath	1:09.34 ___
2	West, Dexter	14	Fishguard	1:06.79 ___
3	Montague, Mason	15	Haverfordwes	1:02.90 ___
4	Johnstone, Daniel	16	Nofio Sir Gar	59.41 ___
5	Montgomery, Samuel	15	Haverfordwes	1:01.34 ___
6	Jones, Joseph	17	Neath	1:04.21 ___
7	Twigger, Owen	14	Swansea Aq	1:07.40 ___
8	Koriakovtsev, Illia	16	Swansea Aq	1:09.85 ___

Event 222 Girls 11 & Over 800 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Richards, Amber	14	C Dolphins	12:17.27 ___
2	Thompson, Freya	13	Haverfordwes	11:49.95 ___
3	Thomas, Rhian	15	Haverfordwes	11:08.20 ___
4	Arnold, Lily	15	Milford Havn	10:46.77 ___
5	Dash, Amelie	12	Milford Havn	11:06.26 ___
6	Bray, Bethan	17	C Dolphins	11:15.68 ___
7	Green, Matilda	14	Haverfordwes	12:11.67 ___
8				___

Heat 2 of 2 Finals

1	Selby, Cerys	17	Neath	10:40.21 ___
2	Kovachev, Georgie	16	Fishguard	10:25.87 ___
3	O'Mahoney, Kaitlin	15	Neath	9:43.21 ___
4	Stokes, Aimee	19	Swansea Uni	9:16.73 ___
5	Hatton-Ellis, Isabelle L	15	Swansea Aq	9:28.90 ___
6	Williams, Marys E	14	Swansea Aq	10:12.62 ___
7	Huws, Awen G	15	NexusValleys	10:28.70 ___
8	Clifford, Bethany	16	Neath	10:40.68 ___

Event 223 Boys 11 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

1				___
2	Hughes, Freddy J	11	NexusValleys	1:25.30 ___
3	Chapman, Henry	12	Carmarthen	1:24.70 ___
4	Noden, Rory	11	Milford Havn	1:24.14 ___
5	Lummis, Ralph J	12	NexusValleys	1:24.60 ___
6	Taylor, Joshua M	11	NexusValleys	1:24.80 ___
7				___
8				___

Heat 2 of 8 Finals

1	Smith, Declan	12	Amman Valley	1:20.89 ___
2	Mills, Thomas	12	Llanelli	1:18.88 ___
3	Smudzinski, Max M	11	Swansea Aq	1:17.07 ___
4	Harwood, Jack	12	Haverfordwes	1:14.70 ___
5	Thomas, Rhys	13	Haverfordwes	1:15.37 ___
6	Smith, Jacob	11	Haverfordwes	1:18.42 ___
7	Flynn, Asten P	13	NexusValleys	1:19.29 ___
8	Antwhistle, Isaac J	11	Swansea Aq	1:22.83 ___

Heat 3 of 8 Finals

1	Gray, Gruff	14	C Dolphins	1:13.25 ___
2	Burt, Caio	13	Llanelli	1:12.74 ___
3	Elmes, Max	12	Carmarthen	1:10.90 ___
4	Morgan, Ben	14	PembrokeDist	1:09.93 ___
5	King, Ethan	11	Penyrheol	1:10.80 ___
6	Huang, Peidong	13	Swansea Aq	1:12.10 ___
7	Grugel, Sam	13	C Dolphins	1:13.16 ___
8	Stuart-Lavender, Jac	13	Llanelli	1:13.80 ___

Heat 4 of 8 Finals

1	Jones, Jack	14	Tenby	1:09.22 ___
2	Dallimore, Austin	14	Llanelli	1:08.07 ___
3	Davies, Gethin	14	Milford Havn	1:06.91 ___
4	Roberts-Truman, Harri	13	Neath	1:06.23 ___
5	Hnoianyi, Andrii	14	Swansea Aq	1:06.40 ___
6	Harris, Osian	14	Fishguard	1:07.52 ___
7	Warrender, Daniel I	15	Aberystwyth	1:08.95 ___
8	Hedge, William	15	Swansea Aq	1:09.80 ___

Heat 5 of 8 Finals

1	Hetherington, Trystan	14	Neath	1:05.04 ___
2	Burt, Teyan	16	Llanelli	1:04.42 ___
3	Phillips, Finley	13	Nofio Sir Gar	1:03.49 ___
4	Rogers, Logan L	17	Penyrheol	1:02.67 ___
5	West, Dexter	14	Fishguard	1:03.29 ___
6	Rukov, Ivan	16	Aberystwyth	1:03.63 ___
7	Williams, Thomas	13	Nofio Sir Gar	1:04.54 ___
8	Backen, Henry	15	Fishguard	1:06.12 ___

Heat 6 of 8 Finals

1	Thomas, Iolo	13	Neath	1:01.80 ___
2	Williams, Corey B	17	Swansea Aq	1:00.36 ___
3	Chapman, Coby L	14	Penyrheol	1:00.10 ___
4	Robinson, Ellis	18	Haverfordwes	59.58 ___
5	Douglas, Lucas	12	Neath	59.82 ___
6	Koriakovtsev, Illia	16	Swansea Aq	1:00.14 ___
7	Bennett, Finley	14	Haverfordwes	1:01.10 ___
8	Galbraith, Elian	14	Llanelli	1:02.13 ___

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Meet Program - Session 3 (Warmup 10.35 - 11.25)

Heat 7 Finals (#223 Boys 11 & Over 100 SC Meter Freestyle)

1	Hedge, Thomas	18	Swansea Aq	59.00	___
2	Fletcher, Owen	16	Haverfordwes	58.63	___
3	Gubb, Harvey	17	Neath	58.17	___
4	Montgomery, Samuel	15	Haverfordwes	57.84	___
5	Silverstone, Solomon	14	Haverfordwes	57.88	___
6	Richardson, Osian	15	Swansea Aq	58.50	___
7	Jones, Joseph	17	Neath	58.99	___
8	Clarke, Henry	16	Swansea Aq	59.01	___

Heat 8 of 8 Finals

1	Carver, Wil	17	Swansea Aq	57.40	___
2	Sellick, Fenn	15	Swansea Aq	56.69	___
3	Johnstone, Daniel	16	Nofio Sir Gar	55.57	___
4	Gillett, Oliver	16	Swansea Aq	52.28	___
5	Thomas, Rhys A	18	Swansea Aq	53.50	___
6	Edwards, Sam	17	Neath	55.70	___
7	Upton-Boorman, Liam	16	Nofio Sir Gar	56.83	___
8	Willis, Morgan M	17	Neath	57.68	___

Event 224 Girls 11 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

1					___
2					___
3	Williams, Fay P	11	Swansea Aq	4:09.67	___
4	May, Gwen A	11	NexusValleys	4:06.75	___
5	Ellis, Eve	11	C Dolphins	4:08.35	___
6	Stevens, Alice	11	C Dolphins	4:17.12	___
7					___
8					___

Heat 2 of 5 Finals

1	Williams, Paige T	11	Swansea Aq	3:49.40	___
2	McFarlane, Una	12	Milford Havn	3:45.34	___
3	Filmer, Gwennan	11	Aberystwyth	3:41.19	___
4	Thomas, Caitlyn	14	Neath	3:36.79	___
5	Evans, Cadi R	11	Swansea Aq	3:37.94	___
6	Patterson, Hollie M	12	Carmarthen	3:41.36	___
7	Blyth, Isobelle	13	Haverfordwes	3:45.70	___
8	Percival, Bella	11	C Dolphins	4:03.19	___

Heat 3 of 5 Finals

1	Hughes, Mollie	12	C Dolphins	3:32.20	___
2	Hall, Ellena	12	Fishguard	3:29.41	___
3	Murphy, Alys	14	Haverfordwes	3:25.43	___
4	Hall, Isabelle	12	Fishguard	3:21.41	___
5	Dafydd, Iola	14	Fishguard	3:22.67	___
6	Webb, Efa M	13	Amman Valley	3:28.65	___
7	Bissicks, Cari H	12	Swansea Aq	3:31.40	___
8	Francis, Emily-Rose	13	Haverfordwes	3:34.34	___

Heat 4 of 5 Finals

1	Galdes-Cutting, Daisy	12	Haverfordwes	3:17.26	___
2	Ostrowski, Julia	14	PembrokeDist	3:14.98	___
3	Griffiths, Cerys	13	Haverfordwes	3:09.48	___
4	Stark, Tala	13	Fishguard	3:06.94	___
5	Hughes, Tirion H	12	Swansea Aq	3:09.30	___
6	Taffetsauffer, Isabella	12	Llanelli	3:13.75	___
7	Miles, Megan	15	Fishguard	3:15.60	___
8	Montague, Keira	14	Haverfordwes	3:17.40	___

Heat 5 of 5 Finals

1	Thomas, Grace	16	Milford Havn	3:04.37	___
2	Jones, Eryn	14	Neath	2:55.01	___
3	Evans, Caitlin	17	Neath	2:50.76	___
4	Phillips, Rhianna	18	Nofio Sir Gar	2:45.58	___
5	Gibbs, Harriet	15	Nofio Sir Gar	2:49.46	___
6	Owen, Kessie	15	Neath	2:52.37	___
7	Lewis, Abigail	18	Neath	2:58.78	___
8	Knight, Lily	13	C Dolphins	3:05.05	___

Event 225 Boys 11-12 50 SC Meter Freestyle (Skins)

Name	Age	Team	Seed Time
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--- No entries for event

Event 226 Boys 13-14 50 SC Meter Freestyle (Skins)

Name	Age	Team	Seed Time
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--- No entries for event

Event 227 Boys 15-16 50 SC Meter Freestyle (Skins)

Name	Age	Team	Seed Time
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--- No entries for event

Event 228 Boys 17 & Over 50 SC Meter Freestyle (Skins)

Name	Age	Team	Seed Time
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--- No entries for event