

West Wales Regional SC Championships 2023 - 24/11/2023 to 26/11/2023

Meet Program - Session 4 (Warmup 1.45 - 2.35)

Event 231 Girls 11 & Over 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Finals

1				—
2				—
3	Snelgrove, Scarlett	11	Neath	54.60
4	Ellis, Eve	11	C Dolphins	53.22
5	Leane, Megan	11	Haverfordwes	53.83
6	Heron, Edith	11	Aberystwyth	54.66
7				—
8				—

Heat 2 of 10 Finals

1	Dennison, Evie	11	Milford Havn	51.31
2	Rowland, Scarlett	11	Neath	50.75
3	Williams, Fay P	11	Swansea Aq	50.65
4	Hughes, Seren	12	Neath	49.78
5	Doncaster, Lily S	13	Haverfordwes	50.27
6	Thomas, Carys	12	Penyrheol	50.73
7	Dyde, Pheobe	11	PembrokeDist	51.02
8	Massey, Mia	11	C Dolphins	52.96

Heat 3 of 10 Finals

1	Andreassen, Freya	12	Amman Valley	49.49
2	Howell, Sophie	12	Haverfordwes	49.29
3	Davies, Cadi	12	C Dolphins	49.06
4	Martin, Phoebe O	13	Swansea Aq	48.74
5	Davies, Erin	12	C Dolphins	48.75
6	Rice, Lily X SB7	19	PembrokeDist/A, 12, +	49.24
7	Penfold, Robyn	13	Fishguard	49.48
8	Kaill-Franks, Nia	12	Fishguard	49.75

Heat 4 of 10 Finals

1	Stevens, Alice	11	C Dolphins	47.60
2	McFarlane, Una	12	Milford Havn	47.21
3	Scully, Emersyn	12	Llanelli	46.40
4	Richards, Amber	14	C Dolphins	46.28
5	Thomas, Caitlyn	14	Neath	46.29
6	Hnoiana, Valentyna	11	Swansea Aq	46.68
7	Perrott, Niamh	14	C Dolphins	47.53
8	Sedgemore, Lola A	11	NexusValleys	48.62

Heat 5 of 10 Finals

1	Snellgrove, Chloe	13	Amman Valley	46.19
2	Filmer, Gwennan	11	Aberystwyth	45.91
3	Peach, Eliza M	15	Haverfordwes	45.15
4	Thomas, Nikita	14	Llanelli	44.78
5	Collyer, Tirion	12	Swansea Aq	45.02
6	John, Annabel	14	PembrokeDist	45.26
7	Rogers, Sadie	11	Penyrheol	46.18
8	Williams, Paige T	11	Swansea Aq	46.25

Heat 6 of 10 Finals

1	Richardson, Beca	13	Swansea Aq	44.54
2	Philpott, Ffion	14	Nofio Sir Gar	44.44
3	Thomas, Grace	12	Carmarthen	43.88
4	Evans, Cadi R	11	Swansea Aq	43.60
5	Hall, Isabelle	12	Fishguard	43.63
6	Hall, Ellena	12	Fishguard	44.07
7	Dafydd, Mali	13	Fishguard	44.46
8	Joyce, Lily K	14	Swansea Aq	44.60

Heat 7 of 10 Finals

1	Patterson, Hollie M	12	Carmarthen	43.45
2	Williams, Efa	15	Neath	42.73
3	Hanna, Jazmine	15	Haverfordwes	41.95
4	Giles, Seren M	13	NexusValleys	41.68
5	Brown, Caitlin	16	Nofio Sir Gar	41.81
6	Ley, Lucy	15	Swansea Aq	41.96
7	Murphy, Alys	14	Haverfordwes	43.10
8	Hughes, Mollie	12	C Dolphins	43.60

Heat 8 of 10 Finals

1	Williams, Marys E	14	Swansea Aq	40.82
2	Webb, Efa M	13	Amman Valley	40.49
3	Miles, Megan	15	Fishguard	40.41
4	Dafydd, Iola	14	Fishguard	40.34
5	Montague, Keira	14	Haverfordwes	40.35
6	Smart, Charlotte E	16	Swansea Aq	40.48
7	Ostrowski, Julia	14	PembrokeDist	40.74
8	Bissicks, Cari H	12	Swansea Aq	41.20

Heat 9 of 10 Finals

1	Knight, Lily	13	C Dolphins	39.91
2	Geach, Libbie	14	Swansea Aq	39.58
3	Lewis, Abigail	18	Neath	37.92
4	John, Holly	16	Haverfordwes	36.58
5	Evans, Caitlin	17	Neath	37.00
6	Mountain, Sophie	36	Haverfordwes	38.22
7	Stark, Tala	13	Fishguard	39.80
8	Thomas, Medi A	15	Llanelli	40.09

Heat 10 of 10 Finals

1	Goodliffe, Faith R	23	C Dolphins	36.37
2	Lewis, Lowri	17	Neath	36.01
3	Phillips, Rhianna	18	Nofio Sir Gar	35.57
4	Gibbs, Harriet	15	Nofio Sir Gar	34.01
5	Jones, Eryn	14	Neath	35.13
6	Owen, Kessie	15	Neath	35.88
7	Welsby, Lily-May	16	Aberystwyth	36.13
8	Lythgoe, Manon H	14	Swansea Aq	36.40

Event 232 Boys 11 & Over 200 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

1				—
2	Smudzinski, Max M	11	Swansea Aq	3:36.65
3	Bennett, Finley	14	Haverfordwes	2:37.83
4	Fletcher, Owen	16	Haverfordwes	2:31.00
5	West, Dexter	14	Fishguard	2:34.54
6	Hnoianyi, Andrii	14	Swansea Aq	2:55.16
7				—
8				—

Event 233 Girls 11 & Over 100 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1	Hnoiana, Valentyna	11	Swansea Aq	1:41.50
2	Hall, Isabelle	12	Fishguard	1:29.82
3	Bissicks, Cari H	12	Swansea Aq	1:27.60
4	Mason, Phoebe	13	Haverfordwes	1:25.87
5	Taffetsauffer, Isabella	12	Llanelli	1:26.09
6	Martin, Phoebe O	13	Swansea Aq	1:28.00
7	Summerfield, Lucy	11	Llanelli	1:35.63
8	Dyde, Pheobe	11	PembrokeDist	1:41.74

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Meet Program - Session 4 (Warmup 1.45 - 2.35)

Heat 2 Finals (#233 Girls 11 & Over 100 SC Meter Butterfly)

1	Hughes, Nancy J	14	NexusValleys	1:25.22	___
2	Jenkins, Alexandra G	14	Swansea Aq	1:22.38	___
3	Dash, Amelie	12	Milford Havn	1:21.25	___
4	Thomas, Grace	16	Milford Havn	1:19.05	___
5	Hanna, Jazmine	15	Haverfordwes	1:20.92	___
6	Stark, Tala	13	Fishguard	1:21.58	___
7	Thomas, Medi A	15	Llanelli	1:24.44	___
8	Richardson, Beca	13	Swansea Aq	1:25.23	___

Heat 3 of 4 Finals

1	Clissold, Elizabeth	17	Tenby	1:16.18	___
2	Devonald, Niamh	16	Haverfordwes	1:15.61	___
3	Selby, Cerys	17	Neath	1:15.21	___
4	Pickersgill, Aoife	15	Carmarthen	1:14.02	___
5	Sullivan, Katie	16	Neath	1:14.12	___
6	David, Isabelle	16	Swansea Aq	1:15.21	___
7	Knight, Cari	15	Penyrheol	1:15.69	___
8	Jones, Eryn	14	Neath	1:16.57	___

Heat 4 of 4 Finals

1	Kovachev, Georgie	16	Fishguard	1:13.43	___
2	Catling, Freya	15	C Dolphins	1:12.22	___
3	White, Eleanor R	17	Haverfordwes	1:10.20	___
4	Lewis, Lowri	17	Neath	1:04.64	___
5	Goodliffe, Faith R	23	C Dolphins	1:08.44	___
6	Lythgoe, Manon H	14	Swansea Aq	1:11.90	___
7	Coffey, Cora-leigh K	13	Swansea Aq	1:12.71	___
8	Webb, Saskia	16	Haverfordwes	1:13.63	___

Event 234 Boys 11 & Over 400 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 3 Finals

1	Noden, Rory	11	Milford Havn	6:16.17	___
2	Davies, Ellis V	12	Llanelli	6:06.02	___
3	Harwood, Jack	12	Haverfordwes	5:51.74	___
4	Huang, Peidong	13	Swansea Aq	5:33.19	___
5	Jones, Jack	14	Tenby	5:38.34	___
6	Thomas, Rhys	13	Haverfordwes	6:05.56	___
7	Smith, Jacob	11	Haverfordwes	6:12.01	___
8					___

Heat 2 of 3 Finals

1	Morgan, Ben	14	PembrokeDist	5:07.97	___
2	Robinson, Ellis	18	Haverfordwes	4:57.16	___
3	Galbraith, Elian	14	Llanelli	4:50.29	___
4	Willis, Morgan M	17	Neath	4:45.00	___
5	Douglas, Lucas	12	Neath	4:45.89	___
6	Williams, Thomas	13	Nofio Sir Gar	4:51.33	___
7	Price, George	15	Penyrheol	5:00.41	___
8	Davies, Gethin	14	Milford Havn	5:15.06	___

Heat 3 of 3 Finals

1	Gubb, Harvey	17	Neath	4:37.25	___
2	Fletcher, Owen	16	Haverfordwes	4:29.52	___
3	Twigger, Owen	14	Swansea Aq	4:25.50	___
4	Gillett, Oliver	16	Swansea Aq	4:11.85	___
5	Carver, Wil	17	Swansea Aq	4:24.10	___
6	Sellick, Fenn	15	Swansea Aq	4:29.50	___
7	Bennett, Finley	14	Haverfordwes	4:35.14	___
8	Silverstone, Solomon	14	Haverfordwes	4:42.47	___

Event 235 Girls 11 & Over 200 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 11 Finals

1					___
2					___
3	Rowland, Scarlett	11	Neath	3:14.91	___
4	Thomas, Carys	12	Penyrheol	3:08.33	___
5	Gardner-Rolfe, Mia G	11	Swansea Aq	3:12.63	___
6	Percival, Bella	11	C Dolphins	3:26.28	___
7					___
8					___

Heat 2 of 11 Finals

1	Kasto, Evie T	12	Swansea Aq	3:05.22	___
2	Dyde, Pheobe	11	PembrokeDist	3:04.48	___
3	Price, Seren -louise	11	Carmarthen	3:00.94	___
4	Kenny, Jemima	12	Milford Havn	2:58.25	___
5	May, Gwen A	11	NexusValleys	3:00.64	___
6	Patterson, Hollie M	12	Carmarthen	3:02.26	___
7	Summerfield, Lucy	11	Llanelli	3:05.09	___
8	Howell, Sophie	12	Haverfordwes	3:07.27	___

Heat 3 of 11 Finals

1	Murphy, Alys	14	Haverfordwes	2:50.50	___
2	McFarlane, Una	12	Milford Havn	2:50.07	___
3	Andreassen, Freya	12	Amman Valley	2:49.28	___
4	Griffiths, Ffion	12	Tenby	2:46.21	___
5	Hanna, Shelby	14	Haverfordwes	2:47.46	___
6	Snellgrove, Chloe	13	Amman Valley	2:49.48	___
7	Scully, Emersyn	12	Llanelli	2:50.22	___
8	Jenkins, Elli J	12	Swansea Aq	2:58.19	___

Heat 4 of 11 Finals

1	Davies, Erin	12	C Dolphins	2:44.92	___
2	Morgan, Lily	13	Tenby	2:40.98	___
3	Williams, Paige T	11	Swansea Aq	2:40.12	___
4	Knight, Lily	13	C Dolphins	2:38.85	___
5	Martin, Phoebe O	13	Swansea Aq	2:39.74	___
6	Macy, Peni	14	Aberystwyth	2:40.14	___
7	Kazmiruk, Anastasiia	12	Amman Valley	2:43.19	___
8	Davies, Lowri	15	C Dolphins	2:45.60	___

Heat 5 of 11 Finals

1	Hall, Ellena	12	Fishguard	2:38.00	___
2	Jenkins, Alexandra G	14	Swansea Aq	2:37.16	___
3	Hughes, Nancy J	14	NexusValleys	2:35.90	___
4	Giles, Seren M	13	NexusValleys	2:35.59	___
5	Thompson, Freya	13	Haverfordwes	2:35.60	___
6	Griffiths, Amelia	13	Fishguard	2:36.78	___
7	Blue, Macy	14	Carmarthen	2:37.99	___
8	Sedgemore, Lola A	11	NexusValleys	2:38.08	___

Heat 6 of 11 Finals

1	Bissicks, Cari H	12	Swansea Aq	2:34.74	___
2	Rice, Lily	19	PembrokeDist	2:34.69	___
3	Hughes, Tirion H	12	Swansea Aq	2:33.16	___
4	Thomas, Nikita	14	Llanelli	2:32.91	___
5	Thomas, Caitlin	15	Penyrheol	2:33.05	___
6	Morgan, Evelyn	12	Llanelli	2:33.66	___
7	Webb, Efa M	13	Amman Valley	2:34.73	___
8	Ostrowski, Julia	14	PembrokeDist	2:35.43	___

West Wales Regional SC Championships 2023 - 24/11/2023 to 26/11/2023

Meet Program - Session 4 (Warmup 1.45 - 2.35)

Heat 7 Finals (#235 Girls 11 & Over 200 SC Meter Freestyle)

1	Mason, Phoebe	13	Haverfordwes	2:31.99	___
2	Bray, Bethan	17	C Dolphins	2:31.19	___
3	Cressey-Rodgers, Gwenllian	13	Nofio Sir Gar	2:30.55	___
4	Green, Matilda	14	Haverfordwes	2:29.84	___
5	Dash, Amelie	12	Milford Havn	2:30.11	___
6	Lythgoe, Manon H	14	Swansea Aq	2:30.70	___
7	Coffey, Cora-leigh K	13	Swansea Aq	2:31.52	___
8	Bruce, Skye	14	PembrokeDist	2:32.07	___

Heat 8 of 11 Finals

1	Owen, Kessie	15	Neath	2:29.22	___
2	Clifford, Bethany	16	Neath	2:28.55	___
3	Clissold, Bronwyn	15	Tenby	2:25.24	___
4	Gilderdale, Celyn	15	Haverfordwes	2:24.34	___
5	Koo, Kathryn	14	Tenby	2:25.04	___
6	Thomas, Rhian	15	Haverfordwes	2:28.22	___
7	Ley, Lucy	15	Swansea Aq	2:28.85	___
8	Cooper, Megan	15	Neath	2:29.34	___

Heat 9 of 11 Finals

1	Pickersgill, Aoife	15	Carmarthen	2:24.25	___
2	Kovachev, Georgie	16	Fishguard	2:21.52	___
3	Williams, Marys E	14	Swansea Aq	2:21.16	___
4	Arnold, Lily	15	Milford Havn	2:20.30	___
5	Philpott, Ffion	14	Nofio Sir Gar	2:21.13	___
6	Carter, Ava	15	Penyrheol	2:21.36	___
7	Lewis, Abigail	18	Neath	2:22.28	___
8	Turatto-Owen, Morgan L	17	Swansea Aq	2:24.30	___

Heat 10 of 11 Finals

1	Sullivan, Katie	16	Neath	2:19.87	___
2	Gibbs, Harriet	15	Nofio Sir Gar	2:19.52	___
3	Clapham, Rhiannon m	18	Fishguard	2:18.98	___
4	Huws, Awen G	15	NexusValleys	2:16.93	___
5	Galdes-Cutting, Daisy	12	Haverfordwes	2:17.60	___
6	Webb, Saskia	16	Haverfordwes	2:19.51	___
7	Clissold, Elizabeth	17	Tenby	2:19.73	___
8	Brown, Caitlin	16	Nofio Sir Gar	2:20.06	___

Heat 11 of 11 Finals

1	Nichols, Grace	13	Haverfordwes	2:15.80	___
2	King, Marley	15	Penyrheol	2:12.98	___
3	Griffiths, Cerys	13	Haverfordwes	2:10.80	___
4	Stokes, Aimee	19	Swansea Uni	2:06.17	___
5	Hatton-Ellis, Isabelle L	15	Swansea Aq	2:10.50	___
6	Geach, Libbie	14	Swansea Aq	2:11.45	___
7	O'Mahoney, Kaitlin	15	Neath	2:13.88	___
8	Williams, Hollie	16	Nofio Sir Gar	2:16.39	___