

## Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

## Results - Session 3 (Warmup 3.50 - 4.50)

Event 301 Girls 9-10 100 SC Meter Backstroke					Event 301 Girls 11-12 100 SC Meter Backstroke				
Name	Age	Team	Finals Time		Name	Age	Team	Finals Time	
1 Davies, Isla F	10	SWAY	1:17.04	8	1 Fowler, Maisie	12	RCTY	1:14.42	8
36.85	40.19				36.31	38.11			
2 Berner, Iyla	10	ABRY	1:18.78	7	2 Taffetsauffer, Isabella	12	LLLY	1:15.77	7
38.67	40.11				37.34	38.43			
3 Beasley, Evaleigh D	10	SWAY	1:24.09	6	3 Galdes-Cutting, Daisy	12	PCPY	1:18.10	6
41.89	42.20				38.43	39.67			
4 Jones, Alexa	10	LLLY	1:29.82	5	4 Kazmiruk, Anastasiia	12	AMMY	1:19.61	5
43.57	46.25				38.96	40.65			
5 Williams, April M	9	SWAY	1:33.43	4	5 Jones, Hunydd	12	CAMY	1:19.84	4
45.52	47.91				38.55	41.29			
6 Lewis, Evie	10	PCPY	1:35.00	3	6 Scofield, Niamh	12	RCTY	1:19.96	3
44.65	50.35				39.03	40.93			
7 Hopkins, Darcy	10	PEHY	1:42.00	2	7 Mcfarlane, Una	12	PCPY	1:21.56	2
49.15	52.85				39.48	42.08			
8 Williams, Evie	10	MILY	1:42.30	1	8 Williams, Lili	12	RCTY	1:23.22	1
9 Clay, Emelia S	9	SWAY	1:50.35		41.12	42.10			
53.25	57.10				9 Andreassen, Freya	12	AMMY	1:26.65	
10 Dobson, Megan	9	COCY	1:50.47		42.95	43.70			
52.94	57.53				10 Jenkins, Elli J	12	SWAY	1:28.99	
11 Antwhistle, Esme W	9	SWAY	1:51.83		44.74	44.25			
56.70	55.13				11 Pinnock, Betsan R	11	SWAY	1:29.32	
12 Evans, Mari	10	ABRY	1:52.75		43.07	46.25			
56.19	56.56				12 Summerfield, Lucy	11	LLLY	1:29.68	
13 Wilsher, Mali	9	COCY	1:52.82		43.94	45.74			
53.36	59.46				13 Berner, Kiana	12	ABRY	1:30.19	
14 Nicholas, Evie	9	COCY	1:53.25		43.99	46.20			
56.42	56.83				14 Williams, Fay P	11	SWAY	1:30.45	
15 Tooze, Moli	9	ABRY	1:53.27		43.85	46.60			
55.36	57.91				15 Parry, Abigail	11	CAMY	1:31.56	
16 Snellgrove, Madelaine	9	NEAY	1:53.46		44.14	47.42			
52.47	1:00.99				16 Morgan, Gwerfyl	12	ABRY	1:32.59	
17 Rossiter Wargent, Mia	10	MILY	1:56.25		45.74	46.85			
55.94	1:00.31				17 Edwards, Ffion	12	SWAY	1:33.89	
18 Francis, Mia	10	HAVY	1:56.56		45.00	48.89			
1:56.56					18 Bessent, Mia	12	PEHY	1:35.49	
19 Arnold, Olivia	10	MILY	2:01.25		46.32	49.17			
59.11	1:02.14				19 Heron, Edith	11	ABRY	1:39.51	
20 Griffiths, Lilia-Rose	10	FISY	2:01.27		49.21	50.30			
1:00.35	1:00.92				20 Lewis, Martha F	12	CAMY	1:42.78	
21 Emam, Lina	10	SWAY	2:01.70		49.32	53.46			
59.73	1:01.97				21 Kasto, Evie T	12	SWAY	1:42.84	
22 Folaranmi, Eliora	10	COCY	2:03.81		49.36	53.48			
1:02.55	1:01.26				22 Baylis, Ellie	11	PEHY	1:44.09	
23 McFarlane, Mali	9	MILY	2:11.63		49.01	55.08			
24 Nash, Sylvia	9	MILY	2:12.08		51.15	53.16			
1:03.06	1:09.02				24 Gil Wood, Elena	11	SWAY	1:45.91	
25 Dallimore, Seren	9	COCY	2:24.05		51.93	53.98			
1:11.60	1:12.45				25 Titley, Lola	11	MILY	1:46.39	
--- Jenkins, Olivia I	10	SWAY	DQ		52.73	53.66			
58.65	1:09.31				26 Leane, Megan	11	HAVY	1:47.25	
--- Hawkins, Charlotte	10	HAVY	DQ		51.20	56.05			
--- Coates, Betsy	10	HAVY	DQ		53.52	54.94			
56.44	1:01.50				27 Buckley, Ava	11	COCY	1:48.46	
--- Scully, Quinn I	9	SWAY	NS		52.69	56.41			
--- Williams, Megan H	9	LLLY	NS		28 Sysuieva, Anna	11	SWAY	1:49.10	
--- Oseng-Rees, Eira	10	SWAY	NS		52.60	56.61			
--- Green, Freya	10	HAVY	NS		29 Dennison, Evie	11	MILY	1:49.21	

## Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

## Results - Session 3 (Warmup 3.50 - 4.50)

**(Event 301 Girls 11-12 100 SC Meter Backstroke)**

Name	Age	Team	Finals Time
30 Griffiths, Scarlet	11	HAVY	1:49.53
53.39	56.14		
31 Curtis, Carley	11	MILY	1:50.41
52.16	58.25		
32 Fenemore, Emily G	11	CAMY	1:54.10
54.84	59.26		
33 Phillips, Isabella	11	HAVY	1:54.28
58.33	55.95		
34 Sharpe, Lillie	11	LLLY	2:00.53
59.37	1:01.16		
35 Thomas, Millie	12	AMMY	2:00.58
57.12	1:03.46		
--- Morgan, Evelyn	12	LLLY	DQ
40.12	42.09		
--- Lewis, Kathryn	11	NEAY	NS
--- Thompson, Isla	12	COCY	NS
--- Foldi, Kristina	11	HAVY	NS
--- Howell, Sophie	12	HAVY	NS
--- Barn, Freya	11	MILY	NS

**Event 301 Girls 13-14 100 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Geach, Libbie	14	SWAY	1:10.36 8
33.48	36.88		
2 Arnold, Jessica R	13	SWAY	1:11.63 7
34.94	36.69		
3 Philpott, Ffion	14	NSGY	1:14.14 6
35.94	38.20		
4 Coffey, Cora-leigh K	13	SWAY	1:15.16 5
36.54	38.62		
5 Upton-Boorman, Isabella	13	CAMY	1:15.21 4
37.71	37.50		
6 Williams, Marys E	14	SWAY	1:15.68 3
36.96	38.72		
7 Richardson, Beca	13	SWAY	1:20.63 2
39.18	41.45		
8 Webb, Efa M	13	AMMY	1:21.33 1
40.20	41.13		
9 Thomas, Nikita	14	LLLY	1:21.39
39.33	42.06		
10 George, Eilir	13	LLLY	1:26.95
41.47	45.48		
11 Sysuieva, Oleksandra	13	SWAY	1:30.11
44.63	45.48		
12 Perrott, Hannah	13	CEDY	1:31.29
44.33	46.96		
13 Snellgrove, Chloe	13	NEAY	1:36.07
45.46	50.61		
14 Williams, Ffion	14	MILY	1:43.13
51.16	51.97		
15 Gambell, Lowri	14	PEHY	1:43.92
47.87	56.05		
16 Jones, Ashleigh R	13	CAMY	1:46.35
50.33	56.02		
17 Jones, Talia	13	ABRY	1:49.47
52.32	57.15		
18 Thomas, Angharad	13	FISY	1:52.11
54.74	57.37		
19 Haslam, Tia	13	CAMY	2:00.02
57.22	1:02.80		

20 Edmunds, Paige P	14	LLLY	2:24.14
1:08.54	1:15.60		
--- Cressey-Rodgers, Gwenllian F	13	NSGY	NS
--- Moseley, Emily	13	PEMY	NS
--- Lloyd-Williams, Elen	14	ABRY	NS
--- Doncaster, Lily S	13	HAVY	NS

**Event 301 Women 15 & Over 100 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Froom, Tia C	20	TDOY	1:09.36 8
33.50	35.86		
2 Pickersgill, Aoife	15	CAMY	1:13.78 7
35.09	38.69		
3 Gilligan, Gracie	16	NEAY	1:13.96 6
35.52	38.44		
4 Humphreys, Holly	15	SWAY	1:14.34 5
36.23	38.11		
5 Goodliffe, Faith	23	CEDY	1:14.48 4
35.92	38.56		
6 Carter, Ava	15	PEHY	1:14.55 3
35.95	38.60		
7 Williams, Hollie	16	NSGY	1:14.72 2
36.24	38.48		
8 Williams-Kivell, Izabella	15	SWAY	1:26.00 1
41.37	44.63		
9 Harris, Lili	16	CAMY	1:26.25
41.79	44.46		
10 Moseley, Sophie	17	PEMY	1:33.60
45.95	47.65		
11 Prosser, Eleri	15	LLLY	2:22.43
1:07.76	1:14.67		

**Event 301 Women 100 SC Meter Backstroke Multi-Class**

Name	Age	Team	Finals Time
1 %Philpott, Lowri S14	12	LLLY	1:59.41 8
56.31	1:03.10		

**Event 301 Boys 9-10 100 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Lloyd, Vincent-Owen N	10	SWAY	1:39.27 8
48.37	50.90		
2 Treinis, Lucian	9	PEMY	1:42.19 7
49.23	52.96		
3 Bool, Iolo	10	HAVY	1:45.57 6
52.06	53.51		
4 Thain, Carter	10	COCY	1:48.68 5
53.32	55.36		
5 Leigh, Jacob	10	COCY	1:49.09 4
53.91	55.18		
6 Navaratnam, Aron	10	COCY	1:49.63 3
53.36	56.27		
7 El Saghir, Karim S	9	CAMY	1:51.55 2
55.69	55.86		
8 Lewis, Gethin R	9	SWAY	1:57.32 1
9 Dadswell, Harry	10	HAVY	1:59.57
58.76	1:00.81		
10 Burt, Gwion	10	LLLY	2:03.07
59.49	1:03.58		

**Event 301 Boys 11-12 100 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Elmes, Max	12	CAMY	1:14.77 8
36.13	38.64		

## Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

## Results - Session 3 (Warmup 3.50 - 4.50)

**(Event 301 Boys 11-12 100 SC Meter Backstroke)**

Name	Age	Team	Finals Time	
2 King, Ethan	11	PEHY	1:18.01	7
37.86	40.15			
3 Waters, Toby	12	SWAY	1:21.02	6
39.22	41.80			
4 Davies, Ellis V	12	LLLY	1:22.63	5
40.43	42.20			
5 Mills, Thomas	12	LLLY	1:25.52	4
41.72	43.80			
6 Morgan, Cole	12	CEDY	1:27.05	3
41.89	45.16			
7 Smudzinski, Max M	11	SWAY	1:27.25	2
42.45	44.80			
8 Banner, Harry	11	PEHY	1:30.16	1
43.96	46.20			
9 Kelly, Henri J	11	CAMY	1:30.44	
44.87	45.57			
10 Smith, Declan	12	AMMY	1:30.58	
45.37	45.21			
11 Jones, Dafydd	11	AMMY	1:31.93	
44.94	46.99			
12 Marques Jones, Felix	11	AMMY	1:42.04	
49.79	52.25			
13 Williams-Powell, Ieuan	11	CEDY	1:44.46	
48.84	55.62			
14 Bowes, James F	11	CAMY	1:49.11	
54.37	54.74			
15 Higgins, Finley J	12	SWAY	1:50.92	
55.54	55.38			
16 Lloyd Roberts, Harry	11	MILY	1:53.62	
55.95	57.67			
17 Donaldson, Jack	11	AMMY	2:05.40	
1:01.56	1:03.84			
18 Prosser, Harri	12	LLLY	2:45.45	
1:18.07	1:27.38			
--- Harwood, Jack	12	PCPY	NS	
--- Morgan, Thomas W	11	SWAY	NS	
--- Rhead, Alex	11	HAVY	NS	

**Event 301 Boys 13-14 100 SC Meter Backstroke**

Name	Age	Team	Finals Time	
1 Silverstone, Sol	14	PCPY	1:09.69	8
32.93	36.76			
2 Galbraith, Elian	14	LLLY	1:11.76	7
34.31	37.45			
3 Williams, Thomas	13	NSGY	1:16.83	6
37.89	38.94			
4 Burt, Caio	13	LLLY	1:23.44	5
40.84	42.60			
5 Hughes-Llewellyn, David	13	LLLY	1:25.35	4
41.89	43.46			
6 Smith, Herbie C	13	SWAY	1:25.90	3
43.49	42.41			
7 Lerigo, Oli	13	ABRY	1:26.73	2
43.10	43.63			
8 Chadwick, Thomas	13	NEAY	1:32.87	1
45.67	47.20			
9 Harris, Toby	14	PEMY	1:34.54	
45.57	48.97			
10 Ni, Yongtang	13	SWAY	1:35.77	
43.77	52.00			

11 Smith, Caelan	13	HAVY	2:07.58
57.63	1:09.95		
--- Price, Harry	13	CAMY	DQ
49.94	50.39		
--- Davies, Cai J	14	SWAY	NS
--- Hetherington, Trystan	14	NEAY	NS

**Event 301 Men 15 & Over 100 SC Meter Backstroke**

Name	Age	Team	Finals Time	
1 Johnstone, Daniel	16	NSGY	57.99	8
28.47	29.52			
2 Upton-Boorman, Liam	16	NSGY	1:05.37	7
31.54	33.83			
3 Twigger, Owen	15	SWAY	1:06.00	6
32.26	33.74			
4 Richardson, Osian	15	SWAY	1:09.63	5
33.50	36.13			
5 Richards, Aled	16	CEDY	1:11.29	4
34.33	36.96			
6 Stewart, Finlay	15	LLLY	1:22.00	3
39.22	42.78			
7 Backen, Henry	15	FISY	1:22.02	2
40.20	41.82			
8 Bawden, Lewis J	15	PEHY	1:31.69	1
44.30	47.39			
9 Lloyd-West, Finley	15	NEAY	1:33.71	
45.54	48.17			
--- Hedge, William	15	SWAY	NS	
--- Jones, Aaron	16	ABRY	NS	
--- Koriakovtsev, Illia	17	SWAY	NS	

**Event 302 Girls 9-10 200 SC Meter IM**

Name	Age	Team	Finals Time	
1 Berner, Iyla	10	ABRY	2:46.79	8
34.81	43.24	52.07	36.67	
2 Davies, Isla F	10	SWAY	2:52.39	7
37.94	44.31	52.16	37.98	
3 Beasley, Evaleigh D	10	SWAY	3:06.86	6
44.01	46.88	55.50	40.47	
4 Davies, Elizabeth	10	PCPY	3:08.56	5
42.37	46.09	59.54	40.56	
5 Brown, Alyssa	10	RCTY	3:15.47	4
44.58	50.93	57.31	42.65	
6 Lewis, Evie	10	PCPY	3:24.09	3
46.60	53.86	59.41	44.22	
7 Henson, Jessica	10	PCPY	3:25.82	2
46.64	51.48	1:02.10	45.60	
8 Williams, Evie	10	MILY	3:44.65	1
56.33	53.26	1:07.21	47.85	
9 Morgan, Iolah	9	PCPY	3:49.82	
58.27	53.64	1:09.47	48.44	
10 Mason, Ezmee	10	PCPY	3:55.87	
58.25	58.93	1:11.53	47.16	
11 Wilsher, Mali	9	COCY	3:57.82	
57.41	59.89	1:07.35	53.17	
12 Edmunds, Freya	10	LLLY	3:59.61	
53.95	59.18	1:17.85	48.63	
13 Dobson, Megan	9	COCY	4:02.83	
57.84	1:03.59	1:06.97	54.43	
14 Clay, Emelia S	9	SWAY	4:10.71	
56.70	1:02.99	1:14.99	56.03	

## Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

## Results - Session 3 (Warmup 3.50 - 4.50)

**(Event 302 Girls 9-10 200 SC Meter IM)**

Name	Age	Team	Finals Time
15 Folaranmi, Eliora	10	COCY	4:19.75
1:02.30	1:07.89	1:14.11	55.45
16 Harvey, Olivia	9	PEMY	4:42.89
1:09.06	1:06.27	1:27.25	1:00.31
17 Smudzinska, Olivia M	10	SWAY	4:46.41
2:25.64			1:00.36
--- Prince, Edith S	9	SWAY	NS
--- Hopkins, Darcy	10	PEHY	NS
--- Nicholas, Evie	9	COCY	NS
--- Humphreys, Mali G	10	SWAY	NS
--- Scully, Quinn I	9	SWAY	NS

**Event 302 Girls 11-12 200 SC Meter IM**

Name	Age	Team	Finals Time
1 George, Ellie	12	RCTY	2:42.11 8
35.98	40.50	49.18	36.45
2 Galdes-Cutting, Daisy	12	PCPY	2:48.49 7
37.91	43.80	50.02	36.76
3 Jones, Hunydd	12	CAMY	2:59.05 6
39.86	45.98	54.06	39.15
4 Mcfarlane, Una	12	PCPY	3:00.06 5
38.65	43.58	58.81	39.02
5 Jones, Jessica .	11	RCTY	3:02.03 4
41.07	44.61	57.99	38.36
6 Scofield, Niamh	12	RCTY	3:02.41 3
38.73	43.35	56.69	43.64
7 Patterson, Hollie M	12	CAMY	3:02.72 2
44.19	45.92	51.22	41.39
8 Evans, Cadi R	11	SWAY	3:04.46 1
40.48	46.94	54.78	42.26
9 Kaill-Franks, Nia	12	PCPY	3:14.23
41.61	50.47	55.79	46.36
10 Parry, Abigail	11	CAMY	3:17.54
47.02	52.44	54.28	43.80
11 Powell, Nina	11	PCPY	3:18.27
45.06	49.76	59.01	44.44
12 Morris, Ffion H	11	PCPY	3:20.89
46.63	50.76	59.33	44.17
13 Hawkins, Betsy-May	12	LLLY	3:26.71
45.08	55.89	59.63	46.11
14 Edwards, Ffion	12	SWAY	3:26.82
48.29	48.54	1:03.54	46.45
15 Pinnock, Betsan R	11	SWAY	3:27.50
51.46	49.45	1:03.13	43.46
16 Jenkins, Isabella	11	LLLY	3:28.05
45.99	57.41	1:02.65	42.00
17 Dyde, Phoebe	11	PCPY	3:32.08
49.20	55.96	1:00.40	46.52
18 Gardner-Rolfe, Mia G	11	SWAY	3:32.62
47.43	51.10	1:08.39	45.70
19 Morgan, Gwerfyl	12	ABRY	3:33.22
51.13	54.15	1:01.87	46.07
20 Griffiths, Elizabeth	12	PCPY	3:35.10
54.35	55.15	1:00.40	45.20
21 Sysuieva, Anna	11	SWAY	3:39.25
45.80	58.53	1:03.44	51.48
22 Gil Wood, Elena	11	SWAY	3:41.11
50.93	59.95	1:05.15	45.08
23 Davies, Betsi	11	PCPY	3:48.72
55.85	57.45	1:05.82	49.60

24 Pitans, Caitlin R	11	SWAY	3:48.77
53.42	1:00.12	1:07.00	48.23
25 Couzens, Sibylla	12	PCPY	3:50.55
50.48	1:00.67	1:04.21	55.19
26 Lloyd-Taylor, Cali	12	PCPY	3:51.10
52.03	58.20	1:11.40	49.47
27 Buckley, Ava	11	COCY	3:51.66
56.55	59.38	1:06.89	48.84
28 Fenemore, Emily G	11	CAMY	3:55.68
56.76	1:01.17	1:05.28	52.47
29 Atkinson, Anna	11	COCY	3:55.98
55.57	1:00.69	1:07.85	51.87
30 Williams, Eirwen N	11	SWAY	3:57.50
52.30			
31 Morris, Brooke	11	PEHY	3:58.91
58.88	55.79	1:09.86	54.38
32 Williams, Lois G	11	SWAY	4:00.64
56.23	1:02.78	1:08.20	53.43
33 Curtis, Carley	11	MILY	4:10.26
1:00.46	59.93	1:09.55	1:00.32
34 Williams, Eve	11	PEHY	4:11.63
1:03.10	1:01.06	1:11.10	56.37
--- Lewis, Kathryn	11	NEAY	NS
--- Richards, Kira M	12	CAMY	NS
--- Rowland, Scarlett	11	NEAY	NS
--- Howell, Sophie	12	HAVY	NS
--- Williams, Paige T	11	SWAY	NS
--- Summerfield, Lucy	11	LLLY	NS
--- Thomas, Grace	12	CAMY	NS

**Event 302 Girls 13-14 200 SC Meter IM**

Name	Age	Team	Finals Time
1 Williams, Marys E	14	SWAY	2:37.78 8
34.62	41.54	46.32	35.30
2 Hale, Libby R	14	SWAY	2:48.95 7
36.41	44.28	50.95	37.31
3 Perrott, Niamh	14	CEDY	2:50.27 6
35.59	43.44	52.58	38.66
4 Davies, Darcey	14	RCTY	2:50.43 5
37.50	42.02	52.60	38.31
5 Hughes, Tirion H	13	SWAY	2:50.62 4
37.72	44.82	49.07	39.01
6 Upton-Boorman, Isabella	13	CAMY	2:51.81 3
38.24	43.06	52.51	38.00
7 Edwards, Isabel	14	SWAY	2:55.01 2
37.09	44.69	53.70	39.53
8 Jenkins, Alexandra G	14	SWAY	2:56.81 1
35.49	43.39	55.64	42.29
9 Jones, Madison	13	RCTY	3:04.16
41.76	46.06	56.91	39.43
10 John, Annabel	14	PCPY	3:12.26
44.13	52.11	54.90	41.12
11 Thomas, Tristan	13	PCPY	3:34.83
49.74	52.03	1:06.24	46.82
12 Selby, Chloe	13	NEAY	4:06.87
1:04.44	2:04.63	57.80	
--- Cressey-Rodgers, Gwenllian F	13	NSGY	NS
--- Doncaster, Lily S	13	HAVY	NS
--- Sysuieva, Oleksandra	13	SWAY	NS
--- Scarrott, Alysha	14	ABRY	NS
--- Jones, Hannah	13	SWAY	NS
--- Chapman, Olivia	13	SWAY	NS

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<b>(Event 302 Girls 13-14 200 SC Meter IM)</b>					
Name	Age	Team	Finals Time		
---	Francis, Emily-Rose	13 PCPY	NS		
<b>Event 302 Women 15 &amp; Over 200 SC Meter IM</b>					
Name	Age	Team	Finals Time		
1	Gibbs, Harriet	15 NSGY	2:32.95	8	
	34.76	40.86	40.97	36.36	
2	Smart, Charlotte E	16 SWAY	2:35.03	7	
	32.65	38.14	47.55	36.69	
3	Froom, Tia C	20 TDOY	2:35.58	6	
	35.29	38.41	46.23	35.65	
4	Humphreys, Holly	15 SWAY	2:38.81	5	
	35.09	39.80	47.75	36.17	
5	Williams, Hollie	16 NSGY	2:40.60	4	
	35.67	41.51	47.15	36.27	
6	David, Isabelle	16 SWAY	2:45.06	3	
	34.27	41.90	49.79	39.10	
7	Knight, Cari	15 PEHY	2:48.66	2	
	34.65	42.91	52.48	38.62	
8	Ley, Lucy	15 SWAY	2:50.38	1	
	36.53	42.99	51.07	39.79	
9	Thomas, Medi A	15 LLLY	2:54.83		
	36.85	45.23	51.91	40.84	
10	Selby, Cerys	17 NEAY	2:55.87		
	36.53	43.94	53.70	41.70	
11	Owens, Annie	16 NEAY	3:00.35		
	36.63	45.05	56.80	41.87	
12	Williams-Kivell, Izabella	15 SWAY	3:05.38		
	43.58	45.42	54.99	41.39	
---	Morgan, Catrin	16 AMMY			DQ
	42.06	49.00	54.41	45.09	
---	Davies, Rhian	16 SWAY			NS
<b>Event 302 Boys 9-10 200 SC Meter IM</b>					
Name	Age	Team	Finals Time		
1	Lloyd, Vincent-Owen N	10 SWAY	3:42.26	8	
	57.33	53.02	1:00.46	51.45	
2	Treinis, Lucian	9 PEMY	3:59.06	7	
	1:57.08	1:10.13	51.85		
3	Thain, Carter	10 COCY	4:02.94	6	
		1:10.98	49.17		
4	Navaratnam, Aron	10 COCY	4:14.94	5	
5	Bool, Iolo	10 HAVY	4:26.15	4	
	1:20.11	58.68	1:15.99	51.37	
---	Evans, Wolfgang	10 PCPY			DQ
	50.00	52.37	1:07.07	47.04	
---	Monan, Euan	10 PCPY			DQ
	51.85	49.38	1:02.06	46.19	
<b>Event 302 Boys 11-12 200 SC Meter IM</b>					
Name	Age	Team	Finals Time		
1	Elmes, Max	12 CAMY	2:46.18	8	
	36.48	41.73	52.91	35.06	
2	Hale, Oliver S	12 SWAY	2:58.63	7	
	39.64	45.31	55.69	37.99	
3	Frampton, Rhydian	11 RCTY	2:59.36	6	
	39.43	47.43	54.10	38.40	
4	Waters, Toby	12 SWAY	3:03.20	5	
	39.26	45.40	57.55	40.99	
5	Noden, Rory	11 PCPY	3:04.46	4	
	43.86	46.68	56.63	37.29	
6	Smudzinski, Max M	11 SWAY	3:04.78	3	
	42.43	47.67	53.86	40.82	
7	D'Cruz, Dylan	12 RCTY	3:17.25	2	
	45.98	53.55	55.01	42.71	
8	Kelly, Henri J	11 CAMY	3:20.80	1	
	43.51	50.90	1:04.38	42.01	
9	George, Kieran	12 PCPY	3:25.98		
	49.64	48.88	1:03.27	44.19	
10	Marques Jones, Felix	11 AMMY	3:33.58		
	48.96	54.55	1:00.18	49.89	
11	Evans, Sam	11 PEMY	3:49.18		
	52.65	1:03.45	1:05.90	47.18	
12	Backen, Freddie	11 PCPY	3:49.42		
	53.81	56.43	1:06.39	52.79	
13	Bowes, James F	11 CAMY	3:53.56		
	54.95	58.30	1:10.12	50.19	
---	Lake, Freddie	11 HAVY			DQ
	1:10.93	1:10.46	1:14.48	58.21	
---	Jones, Dafydd	11 AMMY			DQ
	54.30	49.59	1:00.06	45.41	
---	Higgins, Finley J	12 SWAY			DQ
	1:02.16	1:02.16	1:15.28	48.53	
---	Morgan, Thomas W	11 SWAY			NS
<b>Event 302 Boys 13-14 200 SC Meter IM</b>					
Name	Age	Team	Finals Time		
1	Phillips, Finley	13 NSGY	2:29.59	8	
	33.19	38.90	42.10	35.40	
2	James, Rhys	14 RCTY	2:33.45	7	
	33.35	40.58	43.47	36.05	
3	Silverstone, Sol	14 PCPY	2:33.64	6	
	32.40	40.23	46.24	34.77	
4	Williams, Thomas	13 NSGY	2:35.66	5	
	33.40	40.95	46.31	35.00	
5	Galbraith, Elian	14 LLLY	2:36.26	4	
	33.48	39.76	48.04	34.98	
6	Hnoianyi, Andrii	14 SWAY	2:43.79	3	
	33.72	43.83	49.09	37.15	
7	Thomas, Rhys	13 PCPY	3:00.10	2	
	42.93	47.93	50.71	38.53	
8	Hughes-Llewellyn, David	13 LLLY	3:03.21	1	
	39.95	46.58	55.98	40.70	
9	Smith, Herbie C	13 SWAY	3:04.89		
	41.57	46.75	56.04	40.53	
10	Patterson, Ollie	13 PCPY	3:05.31		
	40.99	50.32	52.92	41.08	
11	Lerigo, Oli	13 ABRY	3:07.97		
	42.86	48.25	53.46	43.40	
12	Lewis, Callum	14 MILY	3:09.70		
	39.57	49.81	57.07	43.25	
13	Santos, Liam	14 MILY	3:10.56		
	43.84	48.39	54.40	43.93	
14	Robinson, Oshan	13 FISY	3:40.27		
	45.15	55.93	1:08.18	51.01	
15	Griffiths, Harri	13 CEDY	3:52.96		
	53.33	1:05.39	1:08.05	46.19	
---	Harris, Toby	14 PEMY			DQ
	42.50	54.77	55.70	43.32	
---	Foale, Jack	13 ABRY			NS

## Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

## Results - Session 3 (Warmup 3.50 - 4.50)

## Event 302 Men 15 &amp; Over 200 SC Meter IM

	Name	Age	Team	Finals Time	
1	Thomas, Rhys A	18	SWAY	2:19.25	8
	29.10	35.73	41.86	32.56	
2	Clarke, Henry	16	SWAY	2:21.81	7
	30.44	39.27	38.20	33.90	
3	Twigger, Owen	15	SWAY	2:22.89	6
	32.13	36.08	42.17	32.51	
4	James, Owain	15	RCTY	2:41.14	5
	34.07	41.21	49.61	36.25	
5	Frost, Charlie B	15	SWAY	2:59.36	4
	35.58	45.42	54.52	43.84	
6	Bawden, Lewis J	15	PEHY	3:31.41	3
	48.43	50.79	1:00.02	52.17	
---	Backen, Henry	15	FISY		NS