

## Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

## Meet Program - Session 2 (Warmup 12.00 - 1.00)

**Event 201 Mixed 9 & Over 50 SC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 25 Finals**

1	Morgan, Iolah	W9	Pembs Cty	NT	___
2	Owen, Molly	W9	Penyrheol	NT	___
3	James, Nansi	W9	Co Cardiff	NT	___
4	Nicholas, Evie	W9	Co Cardiff	NT	___
5	Williams, Megan H	W9	Llanelli	NT	___
6	Clissett, Finley	M9	Co Cardiff	NT	___
7	Wilsher, Mali	W9	Co Cardiff	NT	___
8					___

**Heat 2 of 25 Finals**

1	Green, Freya	W10	Haverfordwes	NT	___
2	Thompson, Finley	M10	Co Cardiff	NT	___
3	Monan, Euan	M10	Pembs Cty	NT	___
4	Nash, Oliver J	M10	Carmarthen	NT	___
5	Evans, Mari	W10	Aberystwyth	NT	___
6	Griffiths, Lilia-Rose	W10	Fishguard	NT	___
7	Edwards, Isla	W10	C Dolphins	NT	___
8	Hawkins, Charlotte	W10	Haverfordwes	NT	___

**Heat 3 of 25 Finals**

1	Coates, Betsy	W10	Haverfordwes	NT	___
2	Evans, Sam	M11	PembrokeDist	NT	___
3	Morris, Ffion H	W11	Pembs Cty	NT	___
4	Harris, Chloe	W11	C Dolphins	NT	___
5	Owen, Charlotte	W11	Penyrheol	NT	___
6	Heron, Edith	W11	Aberystwyth	NT	___
7	Emam, Lina	W10	Swansea Aq	NT	___
8	Lloyd, Vincent-Owen N	M10	Swansea Aq	NT	___

**Heat 4 of 25 Finals**

1	Sysuieva, Anna	W11	Swansea Aq	NT	___
2	Beall, Isabelle	W11	Penyrheol	NT	___
3	Robinson, Isla	W12	Co Cardiff	NT	___
4	Couzens, Sibylla	W12	Pembs Cty	NT	___
5	Mills, Thomas	M12	Llanelli	NT	___
6	Powell, Nina	W11	Pembs Cty	NT	___
7	Lake, Freddie	M11	Haverfordwes	NT	___
8	Dennison, Evie	W11	Milford Havn	NT	___

**Heat 5 of 25 Finals**

1	Andrassen, Freya	W12	Amman Valley	NT	___
2	Owen, Annabelle	W13	Penyrheol	NT	___
3	Harris, Caio N	M13	Carmarthen	NT	___
4	Thomas, Tristan	W13	Pembs Cty	NT	___
5	Thomas, Harry	M13	Haverfordwes	NT	___
6	Smith, Caelan	M13	Haverfordwes	NT	___
7	Griffiths, Elizabeth	W12	Pembs Cty	NT	___
8	George, Kieran	M12	Pembs Cty	NT	___

**Heat 6 of 25 Finals**

1	Penfold, Robyn	W13	Fishguard	NT	___
2	Gourley, Ethan	M14	Penyrheol	NT	___
3	Antwhistle, Esme W	W9	Swansea Aq	1:23.46	___
4	Prosser, Eleri	W15	Llanelli	1:20.07	___
5	Dallimore, Seren	W9	Co Cardiff	1:23.24	___
6	Jones, Aaron	M16	Aberystwyth	NT	___
7	Gambell, Lowri	W14	Penyrheol	NT	___
8	Ni, Yongtang	M13	Swansea Aq	NT	___

**Heat 7 of 25 Finals**

1	Shepherd, Amelia H	W9	C Dolphins	1:12.33	___
2	Scully, Quinn I	W9	Swansea Aq	1:10.35	___
3	Shi, Ethan	M9	Co Cardiff	1:09.71	___
4	Harvey, Olivia	W9	PembrokeDist	1:08.15	___
5	Nash, Sylvia	W9	Milford Havn	1:08.62	___
6	Navaratnam, Aron	M10	Co Cardiff	1:09.93	___
7	Leane, Megan	W11	Haverfordwes	1:10.90	___
8	Hughes-Llewellyn, Alfie	M9	Llanelli	1:12.89	___

**Heat 8 of 25 Finals**

1	Curtis, Carley	W11	Milford Havn	1:07.31	___
2	Barn, Freya	W11	Milford Havn	1:06.51	___
3	Ellis, Eve	W11	C Dolphins	1:03.24	___
4	Batcup, Oliver J	M11	Swansea Aq	1:01.02	___
5	Selby, Chloe	W13	Neath	1:01.93	___
6	Kaill-Franks, Eira	W13	Fishguard	1:03.51	___
7	Smudzinska, Olivia M	W10	Swansea Aq	1:06.87	___
8	Bray, Gwilym	M11	C Dolphins	1:07.79	___

**Heat 9 of 25 Finals**

1	Jones, Carter A	M10	Swansea Aq	1:00.33	___
2	El Saghir, Karim S	M9	Carmarthen	58.92	___
3	Thain, Carter	M10	Co Cardiff	58.70	___
4	Evans, Ela	W9	Co Cardiff	58.18	___
5	Price, Harry	M13	Carmarthen	58.58	___
6	Dobson, Megan	W9	Co Cardiff	58.77	___
7	Mason, Ezmee	W10	Pembs Cty	1:00.03	___
8	Fenemore, Emily G	W11	Carmarthen	1:01.01	___

**Heat 10 of 25 Finals**

1	Arnold, Olivia	W10	Milford Havn	56.83	___
2	Buckley, Ava	W11	Co Cardiff	56.79	___
3	Bowes, James F	M11	Carmarthen	56.15	___
4	Howell, Sophie	W12	Haverfordwes	55.40	___
5	Lewis, Gethin R	M9	Swansea Aq	55.66	___
6	Moseley, Emily	W13	PembrokeDist	56.55	___
7	Baylis, Ellie	W11	Penyrheol	56.82	___
8	Davies, Betsi	W11	Pembs Cty	57.20	___

**Heat 11 of 25 Finals**

1	Davies, Alana	W11	Neath	54.94	___
2	Backen, Freddie	M11	Pembs Cty	54.80	___
3	Robinson, Oshan	M13	Fishguard	53.48	___
4	Lewis, Kathryn	W11	Neath	52.44	___
5	El Saghir, Mohamed S	M12	Carmarthen	53.20	___
6	Treinis, Lucian	M9	PembrokeDist	54.40	___
7	Williams, Eve	W11	Penyrheol	54.80	___
8	Marques Jones, Felix	M11	Amman Valley	55.26	___

**Heat 12 of 25 Finals**

1	Doncaster, Lily S	W13	Haverfordwes	52.07	___
2	Foale, Jack	M13	Aberystwyth	50.99	___
3	Edmunds, Freya	W10	Llanelli	50.68	___
4	Henson, Jessica	W10	Pembs Cty	49.89	___
5	Pitans, Caitlin R	W11	Swansea Aq	50.34	___
6	Atkinson, Anna	W11	Co Cardiff	50.80	___
7	Jermin, Morgan	M10	Llanelli	51.01	___
8	Richards, Kira M	W12	Carmarthen	52.25	___

## Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

## Meet Program - Session 2 (Warmup 12.00 - 1.00)

**Heat 13 Finals (#201 Mixed 9 & Over 50 SC Meter Butterfly)**

1	Gil Wood, Elena	W11	Swansea Aq	48.94	___
2	Gardner-Rolfe, Mia G	W11	Swansea Aq	48.86	___
3	Pinnock, Betsan R	W11	Swansea Aq	48.68	___
4	Thomas, Carys	W12	Penyrheol	48.40	___
5	Aggett, Coraline	W11	Amman Valley	48.63	___
6	Williams, Ffion	W14	Milford Havn	48.84	___
7	Jenkins, Isabella	W11	Llanelli	48.93	___
8	Lerigo, Oli	M13	Aberystwyth	49.28	___

**Heat 14 of 25 Finals**

1	Malough, Holly V	W12	Swansea Aq	47.80	___
2	Griffiths, Harri	M13	C Dolphins	46.65	___
3	Williams, Lois G	W11	Swansea Aq	46.53	___
4	Snelgrove, Violet	W15	Neath	46.37	___
5	Berner, Kiana	W12	Aberystwyth	46.41	___
6	Lewis, Evie	W10	Pembs Cty	46.60	___
7	Williams, Eirwen N	W11	Swansea Aq	47.44	___
8	Evans, Wolfgang	W10	Pembs Cty	48.35	___

**Heat 15 of 25 Finals**

1	Phillips, Lucas	M12	Haverfordwes	46.08	___
2	Hawkins, Betsy-May	W12	Llanelli	45.79	___
3	Williams-Kivell, Izabella	W15	Swansea Aq	44.24	___
4	Jones, Alexa	W10	Llanelli	43.63	___
5	Price, Seren -louise	W11	Carmarthen	43.93	___
6	Bawden, Lewis J	M15	Penyrheol	44.78	___
7	Fry, Tilly	W11	Llanelli	46.07	___
8	Clift, Meghan	W12	Swansea Aq	46.17	___

**Heat 16 of 25 Finals**

1	Kelly, Henri J	M11	Carmarthen	43.16	___
2	Kasto, Evie T	W12	Swansea Aq	42.80	___
3	Dyde, Phoebe	W11	Pembs Cty	42.33	___
4	Morgan, Catrin	W16	Amman Valley	41.93	___
5	Noden, Rory	M11	Pembs Cty	42.15	___
6	Harris, Toby	M14	PembrokeDist	42.64	___
7	Jones, Hunydd	W12	Carmarthen	42.89	___
8	Morgan, Gwerfyl	W12	Aberystwyth	43.44	___

**Heat 17 of 25 Finals**

1	Davies, Cai J	M14	Swansea Aq	41.06	___
2	Smith, Herbie C	M13	Swansea Aq	40.74	___
3	Bowen, Seren E	W13	Carmarthen	40.23	___
4	Lloyd-West, Finley	M15	Neath	40.07	___
5	Wood, Lilly	W10	Neath	40.20	___
6	Sysuieva, Oleksandra	W13	Swansea Aq	40.45	___
7	Lewis, Callum	M14	Milford Havn	41.05	___
8	Kaill-Franks, Nia	W12	Pembs Cty	41.14	___

**Heat 18 of 25 Finals**

1	Davies, Lowri	W15	C Dolphins	39.79	___
2	Rowland, Scarlett	W11	Neath	39.46	___
3	Davis, Olivia	W14	Penyrheol	39.24	___
4	Hnoiana, Valentyna	W11	Swansea Aq	38.63	___
5	Patterson, Ollie	M13	Pembs Cty	39.19	___
6	Waters, Toby	M12	Swansea Aq	39.25	___
7	George, Eilir	W13	Llanelli	39.77	___
8	Thomas, Grace	W12	Carmarthen	40.02	___

**Heat 19 of 25 Finals**

1	Hughes-Llewellyn, David	M13	Llanelli	37.88	___
2	Grugel, Sam	M13	C Dolphins	37.51	___
3	Chapman, Olivia	W13	Swansea Aq	37.22	___
4	Richardson, Beca	W13	Swansea Aq	36.95	___
5	Thomas, Nikita	W14	Llanelli	36.97	___
6	Upton-Boorman, Isabella	W13	Carmarthen	37.36	___
7	Smith, Declan	M12	Amman Valley	37.57	___
8	Knight, Lily	W13	C Dolphins	38.61	___

**Heat 20 of 25 Finals**

1	Kazmiruk, Anastasiia	W12	Amman Valley	36.61	___
2	Brady, Grace	W14	Rct Squad	35.94	___
3	Taffetsauffer, Isabella	W12	Llanelli	35.57	___
4	Galdes-Cutting, Daisy	W12	Pembs Cty	35.34	___
5	Davies, Isla F	W10	Swansea Aq	35.50	___
6	Elmes, Max	M12	Carmarthen	35.78	___
7	Jones, Adam	M14	Penyrheol	36.07	___
8	Williams, Efa	W15	Neath	36.79	___

**Heat 21 of 25 Finals**

1	Thomas, Medi A	W15	Llanelli	35.04	___
2	Jones, Matthew	M16	Penyrheol	34.84	___
3	Burt, Teyan	M16	Llanelli	34.78	___
4	Selby, Cerys	W17	Neath	34.38	___
5	Thomas, Caitlin	W15	Penyrheol	34.70	___
6	Hedge, William	M15	Swansea Aq	34.82	___
7	Berner, Iyla	W10	Aberystwyth	34.92	___
8	Frost, Charlie B	M15	Swansea Aq	35.04	___

**Heat 22 of 25 Finals**

1	Phillips, Rhianna	W18	Nofio S Gar	34.21	___
2	Phillips, Ellie R	W16	Haverfordwes	33.94	___
3	Backen, Henry	M15	Fishguard	33.65	___
4	Knight, Cari	W15	Penyrheol	33.33	___
5	Perrott, Niamh	W14	C Dolphins	33.40	___
6	Owens, Annie	W16	Neath	33.69	___
7	Gilligan, Gracie	W16	Neath	34.17	___
8	Carter, Ava	W15	Penyrheol	34.32	___

**Heat 23 of 25 Finals**

1	Coffey, Cora-leigh K	W13	Swansea Aq	32.47	___
2	John, Holly	W16	Haverfordwes	32.25	___
3	Galbraith, Elian	M14	Llanelli	32.18	___
4	Pickersgill, Aoife	W15	Carmarthen	31.68	___
5	Williams, Thomas	M13	Nofio S Gar	32.08	___
6	Fudge, Marcus	M15	Rct Squad	32.23	___
7	Phillips, Finley	M13	Nofio S Gar	32.47	___
8	Sullivan, Katie	W16	Neath	32.64	___

**Heat 24 of 25 Finals**

1	David, Isabelle	W16	Swansea Aq	31.40	___
2	James, Rhys	M14	Rct Squad	30.55	___
3	Hnoianyi, Andrii	M14	Swansea Aq	30.40	___
4	Richards, Aled	M16	C Dolphins	30.15	___
5	Goodliffe, Faith	W23	C Dolphins	30.26	___
6	Geach, Libbie	W14	Swansea Aq	30.50	___
7	Chapman, Coby L	M14	Penyrheol	31.09	___
8	Williams, Hollie	W16	Nofio S Gar	31.65	___

## Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

## Meet Program - Session 2 (Warmup 12.00 - 1.00)

**Heat 25 Finals (#201 Mixed 9 & Over 50 SC Meter Butterfly)**

1	Williams, Corey B	M17	Swansea Aq	29.80	___
2	Smart, Charlotte E	W16	Swansea Aq	29.50	___
3	Koriakovtsev, Illia	M17	Swansea Aq	28.75	___
4	Johnstone, Daniel	M16	Nofio S Gar	27.99	___
5	Job, Kyle	M25	Penyrheol	28.30	___
6	Sanorjo, Angelo A	M18	Swansea Aq	29.34	___
7	Upton-Boorman, Liam	M16	Nofio S Gar	29.53	___
8	Silverstone, Sol	M14	Pembs Cty	30.08	___

**Event 202 Mixed 9 & Over 100 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time	
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**Heat 1 of 33 Finals**

1					___
2	James, Nansi	W9	Co Cardiff	NT	___
3	Hughes-Llewellyn, Alfie	M9	Llanelli	NT	___
4	Tooze, Moli	W9	Aberystwyth	NT	___
5	Clissett, Finley	M9	Co Cardiff	NT	___
6	Dalton, Daisy	W9	Haverfordwes	NT	___
7					___
8					___

**Heat 2 of 33 Finals**

1	Morris, Besi-Jane	W10	Amman Valley	NT	___
2	Dadswell, Harry	M10	Haverfordwes	NT	___
3	Burt, Gwion	M10	Llanelli	NT	___
4	Jones, Catrin H	W10	Swansea Aq	NT	___
5	Lloyd, Vincent-Owen N	M10	Swansea Aq	NT	___
6	Davis, Max G	M10	Carmarthen	NT	___
7	Evans, Gwendolyn J	W10	Swansea Aq	NT	___
8	Rasheed, Leah	W9	Swansea Aq	NT	___

**Heat 3 of 33 Finals**

1	Thompson, Finley	M10	Co Cardiff	NT	___
2	Morgan, Thomas W	M11	Swansea Aq	NT	___
3	Owen, Charlotte	W11	Penyrheol	NT	___
4	Aggett, Coraline	W11	Amman Valley	NT	___
5	Donaldson, Jack	M11	Amman Valley	NT	___
6	Cullen, Elwen	W11	Co Cardiff	NT	___
7	Smudzinska, Olivia M	W10	Swansea Aq	NT	___
8	Francis, Mia	W10	Haverfordwes	NT	___

**Heat 4 of 33 Finals**

1	Morris, Ffion H	W11	Pembs Cty	NT	___
2	Sysuieva, Anna	W11	Swansea Aq	NT	___
3	Rhead, Alex	M11	Haverfordwes	NT	___
4	Harris, Macsen S	M11	Carmarthen	NT	___
5	Davies, Alana	W11	Neath	NT	___
6	Jones, Tomi M	M11	Swansea Aq	NT	___
7	Fogarty, Oliver	M11	Fishguard	NT	___
8	Noble, Reuben	M11	Haverfordwes	NT	___

**Heat 5 of 33 Finals**

1	Sharpe, Lillie	W11	Llanelli	NT	___
2	Prosser, Harri	M12	Llanelli	NT	___
3	Couzens, Sibylla	W12	Pembs Cty	NT	___
4	Lloyd-Taylor, Cali	W12	Pembs Cty	NT	___
5	Thompson, Isla	W12	Co Cardiff	NT	___
6	Morgan, Gwerfyl	W12	Aberystwyth	NT	___
7	Foldi, Kristina	W11	Haverfordwes	NT	___
8	Jeanes, Sienna	W11	Co Cardiff	NT	___

**Heat 6 of 33 Finals**

1	Grehan, Rebecca M	W13	Carmarthen	NT	___
2	Jones, Hannah	W13	Swansea Aq	NT	___
3	Pompa, Molly	W13	Penyrheol	NT	___
4	Jones, Elisa	W13	Aberystwyth	NT	___
5	Thomas, Tristan	W13	Pembs Cty	NT	___
6	Griffiths, Harri	M13	C Dolphins	NT	___
7	Owen, Annabelle	W13	Penyrheol	NT	___
8	Jones, Talia	W13	Aberystwyth	NT	___

**Heat 7 of 33 Finals**

1	Strong, Dylan	M14	Amman Valley	NT	___
2	Tucker, Lowri	W14	Llanelli	NT	___
3	Prosser, Eleri	W15	Llanelli	NT	___
4	McFarlane, Mali	W9	Milford Havn	2:10.89	___
5	Rees, Tomos	M16	Penyrheol	NT	___
6	Scarrott, Alysha	W14	Aberystwyth	NT	___
7	Edmunds, Paige P	W14	Llanelli	NT	___
8	Smith, Caelan	M13	Haverfordwes	NT	___

**Heat 8 of 33 Finals**

1	Dallimore, Seren	W9	Co Cardiff	2:03.34	___
2	Lake, Freddie	M11	Haverfordwes	1:57.86	___
3	Oseng-Rees, Eira	W10	Swansea Aq	1:53.50	___
4	Dennison, Evie	W11	Milford Havn	1:51.85	___
5	Owen, Molly	W9	Penyrheol	1:53.10	___
6	Philpott, Lowri	W12	Llanelli	1:54.21	___
7	Murphy, Ifan	M9	Haverfordwes	1:59.69	___
8	Nash, Sylvia	W9	Milford Havn	2:04.42	___

**Heat 9 of 33 Finals**

1	Harvey, Olivia	W9	PembrokeDist	1:50.41	___
2	Folaranmi, Eliora	W10	Co Cardiff	1:49.21	___
3	Navaratnam, Aron	M10	Co Cardiff	1:48.83	___
4	Emam, Lina	W10	Swansea Aq	1:47.95	___
5	Clay, Emelia S	W9	Swansea Aq	1:48.43	___
6	Williams, Eirwen N	W11	Swansea Aq	1:49.00	___
7	Griffiths, Lilia-Rose	W10	Fishguard	1:50.25	___
8	Jones, Carter A	M10	Swansea Aq	1:50.46	___

**Heat 10 of 33 Finals**

1	Fenemore, Emily G	W11	Carmarthen	1:47.64	___
2	Prince, Edith S	W9	Swansea Aq	1:46.79	___
3	Rossiter Wargent, Mia	W10	Milford Havn	1:45.77	___
4	Snellgrove, Madelaine	W9	Neath	1:44.97	___
5	O Sullivan, Anwen	W9	Co Cardiff	1:45.49	___
6	Phillips, Isabella	W11	Haverfordwes	1:46.04	___
7	Barn, Freya	W11	Milford Havn	1:47.04	___
8	Lloyd Roberts, Harry	M11	Milford Havn	1:47.95	___

**Heat 11 of 33 Finals**

1	Curtis, Carley	W11	Milford Havn	1:44.83	___
2	Haslam, Tia	W13	Carmarthen	1:44.15	___
3	Nicholas, Evie	W9	Co Cardiff	1:43.71	___
4	Elmes, Samuel	M10	Carmarthen	1:42.86	___
5	Humphreys, Mali G	W10	Swansea Aq	1:42.98	___
6	Titely, Lola	W11	Milford Havn	1:44.11	___
7	Bool, Iolo	M10	Haverfordwes	1:44.60	___
8	Arnold, Olivia	W10	Milford Havn	1:44.85	___

## Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

## Meet Program - Session 2 (Warmup 12.00 - 1.00)

**Heat 12 Finals (#202 Mixed 9 & Over 100 SC Meter Freestyle)**

1	Dobson, Megan	W9	Co Cardiff	1:42.32	___
2	Evans, Mari	W10	Aberystwyth	1:41.42	___
3	Wilsher, Mali	W9	Co Cardiff	1:40.20	___
4	Jones, Ashleigh R	W13	Carmarthen	1:39.77	___
5	Francis, Emily-Rose	W13	Pembs Cty	1:39.80	___
6	Edmunds, Freya	W10	Llanelli	1:40.51	___
7	Treinis, Lucian	M9	PembrokeDist	1:42.21	___
8	Hopkins, Darcy	W10	Penyrheol	1:42.75	___

**Heat 13 of 33 Finals**

1	David, Ioan	M11	Haverfordwes	1:39.34	___
2	Backen, Freddie	M11	Pembs Cty	1:38.71	___
3	Crotty, Beau	M13	PembrokeDist	1:37.87	___
4	Baylis, Ellie	W11	Penyrheol	1:37.70	___
5	Batcup, Oliver J	M11	Swansea Aq	1:37.84	___
6	Roberts-Truman, Betsan H	W11	Neath	1:37.93	___
7	Thain, Carter	M10	Co Cardiff	1:38.89	___
8	Leigh, Jacob	M10	Co Cardiff	1:39.60	___

**Heat 14 of 33 Finals**

1	Chadwick, Thomas	M13	Neath	1:36.83	___
2	Goss, Lucia	W11	C Dolphins	1:36.39	___
3	Williams, Lois G	W11	Swansea Aq	1:35.80	___
4	Higgins, Finley J	M12	Swansea Aq	1:35.66	___
5	Price, Harry	M13	Carmarthen	1:35.69	___
6	Pitans, Caitlin R	W11	Swansea Aq	1:36.06	___
7	Lewis, Gethin R	M9	Swansea Aq	1:36.75	___
8	Beall, Isabelle	W11	Penyrheol	1:36.98	___

**Heat 15 of 33 Finals**

1	Moseley, Emily	W13	PembrokeDist	1:35.37	___
2	Thomas, Angharad	W13	Fishguard	1:35.04	___
3	Buckley, Ava	W11	Co Cardiff	1:34.82	___
4	Davies, Betsi	W11	Pembs Cty	1:34.53	___
5	Jermin, Morgan	M10	Llanelli	1:34.58	___
6	David, Emily	W12	Haverfordwes	1:34.84	___
7	Pinnock, Betsan R	W11	Swansea Aq	1:35.30	___
8	Morgan, Iolah	W9	Pembs Cty	1:35.55	___

**Heat 16 of 33 Finals**

1	Marques Jones, Felix	M11	Amman Valley	1:34.14	___
2	Williams, Evie	W10	Milford Havn	1:33.43	___
3	Bowes, James F	M11	Carmarthen	1:32.86	___
4	Gambell, Lowri	W14	Penyrheol	1:32.09	___
5	Bawden, Lewis J	M15	Penyrheol	1:32.54	___
6	Richards, Kira M	W12	Carmarthen	1:33.40	___
7	Davis, Oliver J	M13	Carmarthen	1:33.80	___
8	Howell, Sophie	W12	Haverfordwes	1:34.16	___

**Heat 17 of 33 Finals**

1	Malough, Holly V	W12	Swansea Aq	1:31.70	___
2	Evans, Wolfgang	W10	Pembs Cty	1:31.18	___
3	George, Kieran	M12	Pembs Cty	1:30.09	___
4	Atkinson, Anna	W11	Co Cardiff	1:29.39	___
5	Mason, Ezmee	W10	Pembs Cty	1:29.55	___
6	Williams, Ffion	W14	Milford Havn	1:30.62	___
7	Lewis, Kathryn	W11	Neath	1:31.30	___
8	Gil Wood, Elena	W11	Swansea Aq	1:31.81	___

**Heat 18 of 33 Finals**

1	Lloyd-Williams, Elen	W14	Aberystwyth	1:27.65	___
2	Gardner-Rolfe, Mia G	W11	Swansea Aq	1:27.06	___
3	Rowland, Scarlett	W11	Neath	1:26.85	___
4	Edwards, Ffion	W12	Swansea Aq	1:26.60	___
5	Hawkins, Betsy-May	W12	Llanelli	1:26.78	___
6	Parry, Abigail	W11	Carmarthen	1:26.96	___
7	Robinson, Oshan	M13	Fishguard	1:27.62	___
8	Williams, April M	W9	Swansea Aq	1:29.36	___

**Heat 19 of 33 Finals**

1	Henson, Jessica	W10	Pembs Cty	1:26.40	___
2	Deganello, Isabella S	W12	Swansea Aq	1:26.01	___
3	Griffiths, Elizabeth	W12	Pembs Cty	1:25.69	___
4	Davies, Cai J	M14	Swansea Aq	1:24.54	___
5	Monan, Euan	M10	Pembs Cty	1:25.53	___
6	Brown, Alyssa	W10	Rct Squad	1:25.71	___
7	Harris, Chloe	W11	C Dolphins	1:26.21	___
8	Lewis, Evie	W10	Pembs Cty	1:26.50	___

**Heat 20 of 33 Finals**

1	Kaill-Franks, Nia	W12	Pembs Cty	1:24.48	___
2	Lerigo, Oli	M13	Aberystwyth	1:24.14	___
3	Edwards, Alice R	W13	Carmarthen	1:23.92	___
4	Clift, Meghan	W12	Swansea Aq	1:22.98	___
5	Beasley, Evaleigh D	W10	Swansea Aq	1:23.37	___
6	Bessent, Mia	W12	Penyrheol	1:24.00	___
7	Jones, Dafydd	M11	Amman Valley	1:24.37	___
8	Patterson, Ollie	M13	Pembs Cty	1:24.54	___

**Heat 21 of 33 Finals**

1	Dyde, Phoebe	W11	Pembs Cty	1:21.94	___
2	Kelly, Henri J	M11	Carmarthen	1:20.70	___
3	Powell, Nina	W11	Pembs Cty	1:20.30	___
4	Sysuieva, Oleksandra	W13	Swansea Aq	1:19.61	___
5	Berner, Kiana	W12	Aberystwyth	1:20.25	___
6	Williams, Fay P	W11	Swansea Aq	1:20.61	___
7	Santos, Liam	M14	Milford Havn	1:21.38	___
8	Smith, Herbie C	M13	Swansea Aq	1:22.91	___

**Heat 22 of 33 Finals**

1	Lloyd-West, Finley	M15	Neath	1:19.34	___
2	Hughes, Mollie	W12	C Dolphins	1:19.03	___
3	Lewis, Callum	M14	Milford Havn	1:18.98	___
4	Moseley, Sophie	W17	PembrokeDist	1:18.84	___
5	Kasto, Evie T	W12	Swansea Aq	1:18.87	___
6	Frost, Charlie B	M15	Swansea Aq	1:19.00	___
7	Williams, Ryan	M15	Llanelli	1:19.21	___
8	D'Cruz, Dylan	M12	Rct Squad	1:19.42	___

**Heat 23 of 33 Finals**

1	Tytler, Leo	M15	Haverfordwes	1:18.53	___
2	Evans, Cadi R	W11	Swansea Aq	1:17.72	___
3	Davies, Lowri	W15	C Dolphins	1:17.44	___
4	Bowen, Seren E	W13	Carmarthen	1:17.23	___
5	Davies, Ava-Rose	W11	Llanelli	1:17.34	___
6	Noden, Rory	M11	Pembs Cty	1:17.65	___
7	Mcfarlane, Una	W12	Pembs Cty	1:18.35	___
8	Wood, Lilly	W10	Neath	1:18.78	___

## Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

## Meet Program - Session 2 (Warmup 12.00 - 1.00)

**Heat 24 Finals (#202 Mixed 9 & Over 100 SC Meter Freestyle)**

1	Harris, James	M16	C Dolphins	1:16.97	___
2	Morgan, Cole	M12	C Dolphins	1:16.81	___
3	Davies, Ellis V	M12	Llanelli	1:16.58	___
4	George, Eilir	W13	Llanelli	1:16.47	___
5	Davis, Olivia	W14	Penyrheol	1:16.49	___
6	Jones, Matthew	M16	Penyrheol	1:16.59	___
7	James, Maisie	W15	Neath	1:16.87	___
8	Smudzinski, Max M	M11	Swansea Aq	1:17.07	___

**Heat 25 of 33 Finals**

1	Andreassen, Freya	W12	Amman Valley	1:15.75	___
2	Patterson, Hollie M	W12	Carmarthen	1:15.65	___
3	Harris, Toby	M14	PembrokeDist	1:14.96	___
4	Snellgrove, Chloe	W13	Amman Valley	1:14.68	___
5	Stewart, Finlay	M15	Llanelli	1:14.71	___
6	Waters, Toby	M12	Swansea Aq	1:15.32	___
7	Davies, Isabella	W12	Llanelli	1:15.72	___
8	Perrott, Hannah	W13	C Dolphins	1:15.77	___

**Heat 26 of 33 Finals**

1	Frampton, Rhydian	M11	Rct Squad	1:14.02	___
2	Williams, Lili	W12	Rct Squad	1:13.67	___
3	Scotfield, Niamh	W12	Rct Squad	1:13.45	___
4	Williams-Kivell, Izabella	W15	Swansea Aq	1:13.36	___
5	Stuart-Lavender, Jac	M13	Llanelli	1:13.39	___
6	Mills, Thomas	M12	Llanelli	1:13.66	___
7	Jones, Hunydd	W12	Carmarthen	1:13.95	___
8	John, Annabel	W14	Pembs Cty	1:14.24	___

**Heat 27 of 33 Finals**

1	Davies, Elizabeth	W10	Pembs Cty	1:13.11	___
2	Jones, Jessica .	W11	Rct Squad	1:13.02	___
3	Jones, Madison	W13	Rct Squad	1:12.10	___
4	Jones, Aaron	M16	Aberystwyth	1:11.49	___
5	Harwood, Jack	M12	Pembs Cty	1:11.57	___
6	Upton-Boorman, Isabella	W13	Carmarthen	1:12.47	___
7	Thomas, Rhys	M13	Pembs Cty	1:13.07	___
8	Grugel, Sam	M13	C Dolphins	1:13.16	___

**Heat 28 of 33 Finals**

1	King, Ethan	M11	Penyrheol	1:10.80	___
2	Edwards, Isabel	W14	Swansea Aq	1:10.00	___
3	Elmes, Max	M12	Carmarthen	1:09.54	___
4	Morgan, Evelyn	W12	Llanelli	1:09.38	___
5	Jones, Adam	M14	Penyrheol	1:09.38	___
6	Hedge, William	M15	Swansea Aq	1:09.80	___
7	Hughes, Tirion H	W13	Swansea Aq	1:10.55	___
8	Smedley, Jack	M16	C Dolphins	1:11.22	___

**Heat 29 of 33 Finals**

1	Cressey-Rodgers, Gwenllian	W13	Nofio S Gar	1:08.50	___
2	Davies, Isla F	W10	Swansea Aq	1:08.20	___
3	Fowler, Maisie	W12	Rct Squad	1:07.33	___
4	Ley, Lucy	W15	Swansea Aq	1:06.90	___
5	George, Ellie	W12	Rct Squad	1:07.11	___
6	Davies, Darcey	W14	Rct Squad	1:07.96	___
7	Thomas, Nikita	W14	Llanelli	1:08.32	___
8	Berner, Iyla	W10	Aberystwyth	1:09.29	___

**Heat 30 of 33 Finals**

1	Philpott, Ffion	W14	Nofio S Gar	1:06.56	___
2	Hnoianyi, Andrii	M14	Swansea Aq	1:06.16	___
3	Williams, Marys E	W14	Swansea Aq	1:05.65	___
4	Pickersgill, Aoife	W15	Carmarthen	1:05.39	___
5	Fudge, Marcus	M15	Rct Squad	1:05.58	___
6	Davies, Rhian	W16	Swansea Aq	1:06.10	___
7	Lythgoe, Manon H	W14	Swansea Aq	1:06.33	___
8	Reilly, Manon	W15	Rct Squad	1:06.56	___

**Heat 31 of 33 Finals**

1	David, Isabelle	W16	Swansea Aq	1:05.07	___
2	John, Holly	W16	Haverfordwes	1:04.79	___
3	Bowen, Ifan	M17	Carmarthen	1:04.33	___
4	James, Owain	M15	Rct Squad	1:04.14	___
5	Hale, Libby R	W14	Swansea Aq	1:04.20	___
6	Carter, Ava	W15	Penyrheol	1:04.40	___
7	Hetherington, Trystan	M14	Neath	1:05.04	___
8	Sullivan, Katie	W16	Neath	1:05.09	___

**Heat 32 of 33 Finals**

1	Humphreys, Holly	W15	Swansea Aq	1:04.00	___
2	Froom, Tia C	W20	Torfaen D	1:03.67	___
3	Hatton-Ellis, Isabelle L	W15	Swansea Aq	1:01.30	___
4	King, Marley	W15	Penyrheol	1:00.90	___
5	Jay, Dafyd R	M22	Torfaen D	1:01.00	___
6	Williams, Hollie	W16	Nofio S Gar	1:02.18	___
7	Kay, Isabelle	W15	Rct Squad	1:03.91	___
8	Williams, Thomas	M13	Nofio S Gar	1:04.09	___

**Heat 33 of 33 Finals**

1	Williams, Corey B	M17	Swansea Aq	1:00.36	___
2	Chapman, Coby L	M14	Penyrheol	1:00.10	___
3	Silverstone, Sol	M14	Pembs Cty	57.45	___
4	Johnstone, Daniel	M16	Nofio S Gar	54.12	___
5	Upton-Boorman, Liam	M16	Nofio S Gar	56.39	___
6	Sanorjo, Angelo A	M18	Swansea Aq	1:00.00	___
7	Koriakovtsev, Illia	M17	Swansea Aq	1:00.14	___
8	Galbraith, Elian	M14	Llanelli	1:00.66	___

**Event 203 Mixed 9 & Over 50 SC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 27 Finals**

1				___
2				___
3	Coker, Noah	M9	Co Cardiff	NT
4	Clissett, Finley	M9	Co Cardiff	NT
5	Enoch, Erin L	W9	Carmarthen	NT
6	Nicholas, Evie	W9	Co Cardiff	NT
7				___
8				___

**Heat 2 of 27 Finals**

1	Shi, Ethan	M9	Co Cardiff	NT
2	Edwards, Isla	W10	C Dolphins	NT
3	Nash, Oliver J	M10	Carmarthen	NT
4	Morris, Besi-Jane	W10	Amman Valley	NT
5	Thompson, Finley	M10	Co Cardiff	NT
6	Oseng-Rees, Eira	W10	Swansea Aq	NT
7	Dalton, Daisy	W9	Haverfordwes	NT
8	Harris, Aimee	W9	C Dolphins	NT

## Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

## Meet Program - Session 2 (Warmup 12.00 - 1.00)

**Heat 3 Finals (#203 Mixed 9 & Over 50 SC Meter Breaststroke)**

1	David, Ioan	M11	Haverfordwes	NT	_____
2	Jeanes, Sienna	W11	Co Cardiff	NT	_____
3	Morgan, Thomas W	M11	Swansea Aq	NT	_____
4	Thomas, Millie	W12	Amman Valley	NT	_____
5	Rhead, Alex	M11	Haverfordwes	NT	_____
6	Owen, Charlotte	W11	Penyrheol	NT	_____
7	Evans, Sam	M11	PembrokeDist	NT	_____
8	Dadswell, Harry	M10	Haverfordwes	NT	_____

**Heat 4 of 27 Finals**

1	Robinson, Isla	W12	Co Cardiff	NT	_____
2	Jones, Elisa	W13	Aberystwyth	NT	_____
3	Robinson, Oshan	M13	Fishguard	NT	_____
4	Jones, Adam	M14	Penyrheol	NT	_____
5	Strong, Dylan	M14	Amman Valley	NT	_____
6	Ni, Yongtang	M13	Swansea Aq	NT	_____
7	Jones, Talia	W13	Aberystwyth	NT	_____
8	Thompson, Isla	W12	Co Cardiff	NT	_____

**Heat 5 of 27 Finals**

1	Scarrott, Alysha	W14	Aberystwyth	NT	_____
2	Jones, Matthew	M16	Penyrheol	NT	_____
3	Prosser, Eleri	W15	Llanelli	1:19.55	_____
4	Griffiths, Scarlet	W11	Haverfordwes	1:17.63	_____
5	Green, Freya	W10	Haverfordwes	1:18.22	_____
6	Goma Camps Jaimes, Jordi	M9	Co Cardiff	1:25.27	_____
7	Harris, James	M16	C Dolphins	NT	_____
8	Tucker, Lowri	W14	Llanelli	NT	_____

**Heat 6 of 27 Finals**

1	Owen, Molly	W9	Penyrheol	1:16.32	_____
2	McFarlane, Mali	W9	Milford Havn	1:13.25	_____
3	Bray, Gwilym	M11	C Dolphins	1:10.14	_____
4	Jenkins, Olivia I	W10	Swansea Aq	1:08.84	_____
5	Prince, Edith S	W9	Swansea Aq	1:09.34	_____
6	Jones, Hannah	W13	Swansea Aq	1:11.13	_____
7	Murphy, Ifan	M9	Haverfordwes	1:15.03	_____
8	Harvey, Olivia	W9	PembrokeDist	1:17.19	_____

**Heat 7 of 27 Finals**

1	Owen, Annabelle	W13	Penyrheol	1:08.46	_____
2	Thain, Carter	M10	Co Cardiff	1:07.90	_____
3	Antwhistle, Esme W	W9	Swansea Aq	1:06.81	_____
4	Lake, Freddie	M11	Haverfordwes	1:05.98	_____
5	Nash, Sylvia	W9	Milford Havn	1:06.64	_____
6	Hawkins, Charlotte	W10	Haverfordwes	1:07.30	_____
7	Evans, Ela	W9	Co Cardiff	1:08.38	_____
8	Dallimore, Seren	W9	Co Cardiff	1:08.75	_____

**Heat 8 of 27 Finals**

1	Davis, Max G	M10	Carmarthen	1:05.08	_____
2	Smudzinska, Olivia M	W10	Swansea Aq	1:04.70	_____
3	Cullen, Elwen	W11	Co Cardiff	1:04.44	_____
4	Wilsher, Mali	W9	Co Cardiff	1:04.24	_____
5	Titley, Lola	W11	Milford Havn	1:04.36	_____
6	Emam, Lina	W10	Swansea Aq	1:04.45	_____
7	Deganello, Isabella S	W12	Swansea Aq	1:04.99	_____
8	Williams, Eirwen N	W11	Swansea Aq	1:05.82	_____

**Heat 9 of 27 Finals**

1	Noble, Reuben	M11	Haverfordwes	1:03.57	_____
2	Dobson, Megan	W9	Co Cardiff	1:03.18	_____
3	Davies, Isaac	M11	C Dolphins	1:02.55	_____
4	Bowes, James F	M11	Carmarthen	1:01.35	_____
5	Rasheed, Leah	W9	Swansea Aq	1:02.22	_____
6	O Sullivan, Anwen	W9	Co Cardiff	1:02.90	_____
7	Fenemore, Emily G	W11	Carmarthen	1:03.33	_____
8	Folaranmi, Eliora	W10	Co Cardiff	1:03.89	_____

**Heat 10 of 27 Finals**

1	Pitans, Caitlin R	W11	Swansea Aq	1:00.79	_____
2	Williams, Eve	W11	Penyrheol	1:00.64	_____
3	Holland, Owain Rhys	M10	Co Cardiff	1:00.42	_____
4	Hopkins, Darcy	W10	Penyrheol	1:00.11	_____
5	Jenkins, Isabella	W11	Llanelli	1:00.24	_____
6	Foale, Jack	M13	Aberystwyth	1:00.52	_____
7	Evans, Mari	W10	Aberystwyth	1:00.77	_____
8	Buckley, Ava	W11	Co Cardiff	1:01.23	_____

**Heat 11 of 27 Finals**

1	Rudder, Frankie	M11	Haverfordwes	59.52	_____
2	Jones, Carter A	M10	Swansea Aq	58.84	_____
3	Elmes, Samuel	M10	Carmarthen	58.63	_____
4	Jones, Catrin H	W10	Swansea Aq	58.59	_____
5	Thomas, Angharad	W13	Fishguard	58.60	_____
6	Williams, Lois G	W11	Swansea Aq	58.70	_____
7	Haslam, Tia	W13	Carmarthen	59.47	_____
8	Williams, Ryan	M15	Llanelli	59.93	_____

**Heat 12 of 27 Finals**

1	Humphreys, Mali G	W10	Swansea Aq	58.33	_____
2	Gardner-Rolfe, Mia G	W11	Swansea Aq	57.77	_____
3	Beall, Isabelle	W11	Penyrheol	57.57	_____
4	Gil Wood, Elena	W11	Swansea Aq	57.22	_____
5	Treinis, Lucian	M9	PembrokeDist	57.44	_____
6	Goss, Lucia	W11	C Dolphins	57.69	_____
7	Moseley, Emily	W13	PembrokeDist	57.97	_____
8	Aggett, Coraline	W11	Amman Valley	58.52	_____

**Heat 13 of 27 Finals**

1	Pinnock, Betsan R	W11	Swansea Aq	56.52	_____
2	Perrott, Hannah	W13	C Dolphins	56.16	_____
3	Roberts-Truman, Betsan H	W11	Neath	55.39	_____
4	Davies, Alana	W11	Neath	55.29	_____
5	Sysuieva, Anna	W11	Swansea Aq	55.31	_____
6	Lloyd Roberts, Harry	M11	Milford Havn	55.99	_____
7	Rees, Oscar	M10	Llanelli	56.24	_____
8	Atkinson, Anna	W11	Co Cardiff	56.90	_____

**Heat 14 of 27 Finals**

1	El Saghir, Mohamed S	M12	Carmarthen	55.08	_____
2	Clement, Darcey	W11	Afan Valley	54.74	_____
3	Koszalski, Soffia L	W11	Llanelli	54.61	_____
4	Leigh, Jacob	M10	Co Cardiff	53.84	_____
5	Berner, Kiana	W12	Aberystwyth	54.06	_____
6	Heron, Edith	W11	Aberystwyth	54.66	_____
7	Williams, Ffion	W14	Milford Havn	54.90	_____
8	Harris, Chloe	W11	C Dolphins	55.23	_____

## Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

## Meet Program - Session 2 (Warmup 12.00 - 1.00)

**Heat 15 Finals (#203 Mixed 9 & Over 50 SC Meter Breaststroke)**

1	Williams, Lucas C	M9	Swansea Aq	53.56	_____
2	Davies, Ava-Rose	W11	Llanelli	53.46	_____
3	Kasto, Evie T	W12	Swansea Aq	53.20	_____
4	Longar, Miriam E	W11	Carmarthen	53.08	_____
5	Gambell, Lowri	W14	Penyrheol	53.18	_____
6	Ellis, Eve	W11	C Dolphins	53.22	_____
7	Beasley, Evaleigh D	W10	Swansea Aq	53.50	_____
8	Edwards, Ffion	W12	Swansea Aq	53.58	_____

**Heat 16 of 27 Finals**

1	Harris, Caio N	M13	Carmarthen	53.00	_____
2	Griffiths, Harri	M13	C Dolphins	52.70	_____
3	Leane, Megan	W11	Haverfordwes	52.28	_____
4	Wood, Lilly	W10	Neath	52.15	_____
5	Morgan, Gwerfyl	W12	Aberystwyth	52.27	_____
6	Marques Jones, Felix	M11	Amman Valley	52.49	_____
7	Selby, Chloe	W13	Neath	52.73	_____
8	Jones, Dafydd	M11	Amman Valley	53.06	_____

**Heat 17 of 27 Finals**

1	Galdes-Cutting, Daisy	W12	Pembs Cty	51.81	_____
2	Hawkins, Betsy-May	W12	Llanelli	51.58	_____
3	Francis, Emily-Rose	W13	Pembs Cty	51.34	_____
4	Lewis, Martha F	W12	Carmarthen	51.16	_____
5	Navaratnam, Aron	M10	Co Cardiff	51.17	_____
6	Thomas, Wilf	M11	Aberystwyth	51.51	_____
7	Fogarty, Oliver	M11	Fishguard	51.72	_____
8	Kaill-Franks, Eira	W13	Fishguard	51.93	_____

**Heat 18 of 27 Finals**

1	Chapman, Olivia	W13	Swansea Aq	51.02	_____
2	Thomas, Harry	M13	Haverfordwes	50.90	_____
3	Doncaster, Lily S	W13	Haverfordwes	50.27	_____
4	Lloyd, Vincent-Owen N	M10	Swansea Aq	49.75	_____
5	Grehan, Rebecca M	W13	Carmarthen	50.20	_____
6	Harris, Lili	W16	Carmarthen	50.65	_____
7	Richards, Kira M	W12	Carmarthen	50.98	_____
8	Penfold, Freya	W13	Fishguard	51.09	_____

**Heat 19 of 27 Finals**

1	Clift, Meghan	W12	Swansea Aq	49.37	_____
2	Malough, Holly V	W12	Swansea Aq	48.31	_____
3	Sysuieva, Oleksandra	W13	Swansea Aq	48.20	_____
4	Chadwick, Thomas	M13	Neath	47.99	_____
5	Howell, Sophie	W12	Haverfordwes	48.16	_____
6	Crotty, Beau	M13	PembrokeDist	48.22	_____
7	Fry, Tilly	W11	Llanelli	49.24	_____
8	Rossiter Wargent, Mia	W10	Milford Havn	49.72	_____

**Heat 20 of 27 Finals**

1	Davis, Oliver J	M13	Carmarthen	47.43	_____
2	Lloyd-West, Finley	M15	Neath	47.00	_____
3	Batcup, Oliver J	M11	Swansea Aq	46.48	_____
4	Smith, Herbie C	M13	Swansea Aq	46.28	_____
5	Richards, Amber	W14	C Dolphins	46.28	_____
6	Stephens, Charlie	M13	Neath	46.65	_____
7	Lewis, Callum	M14	Milford Havn	47.15	_____
8	Waters, Toby	M12	Swansea Aq	47.80	_____

**Heat 21 of 27 Finals**

1	Hughes, Megan	W10	C Dolphins	45.65	_____
2	Snelgrove, Violet	W15	Neath	45.31	_____
3	Lerigo, Oli	M13	Aberystwyth	45.08	_____
4	Hnoiana, Valentyna	W11	Swansea Aq	44.96	_____
5	Harris, Toby	M14	PembrokeDist	45.03	_____
6	Williams-Kivell, Izabella	W15	Swansea Aq	45.28	_____
7	Jenkins, Alexandra G	W14	Swansea Aq	45.53	_____
8	Davies, Cai J	M14	Swansea Aq	45.70	_____

**Heat 22 of 27 Finals**

1	Elmes, Max	M12	Carmarthen	44.67	_____
2	Coffey, Cora-leigh K	W13	Swansea Aq	44.04	_____
3	Williams, Lili	W12	Rct Squad	43.69	_____
4	Evans, Cadi R	W11	Swansea Aq	43.60	_____
5	Hughes, Mollie	W12	C Dolphins	43.60	_____
6	Gourley, Ethan	M14	Penyrheol	43.78	_____
7	Richardson, Beca	W13	Swansea Aq	44.54	_____
8	John, Annabel	W14	Pembs Cty	44.87	_____

**Heat 23 of 27 Finals**

1	Patterson, Hollie M	W12	Carmarthen	43.45	_____
2	Burt, Caio	M13	Llanelli	42.90	_____
3	Stuart-Lavender, Jac	M13	Llanelli	42.75	_____
4	Smedley, Jack	M16	C Dolphins	42.65	_____
5	Williams, Efa	W15	Neath	42.73	_____
6	Frost, Charlie B	M15	Swansea Aq	42.85	_____
7	Edwards, Isabel	W14	Swansea Aq	43.00	_____
8	Thomas, Grace	W12	Carmarthen	43.51	_____

**Heat 24 of 27 Finals**

1	Owens, Annie	W16	Neath	42.46	_____
2	Parry, Abigail	W11	Carmarthen	42.23	_____
3	Taffetsauffer, Isabella	W12	Llanelli	41.03	_____
4	Jones, Aaron	M16	Aberystwyth	40.83	_____
5	Berner, Iyla	W10	Aberystwyth	40.99	_____
6	Hughes, Tirion H	W13	Swansea Aq	41.85	_____
7	Selby, Cerys	W17	Neath	42.32	_____
8	Burt, Teyan	M16	Llanelli	42.52	_____

**Heat 25 of 27 Finals**

1	Webb, Efa M	W13	Amman Valley	40.27	_____
2	Santos, Liam	M14	Milford Havn	40.08	_____
3	Williams, Corey B	M17	Swansea Aq	39.95	_____
4	Williams, Marys E	W14	Swansea Aq	39.71	_____
5	Knight, Lily	W13	C Dolphins	39.91	_____
6	Davies, Isabella	W12	Llanelli	40.05	_____
7	Reilly, Manon	W15	Rct Squad	40.26	_____
8	Smart, Charlotte E	W16	Swansea Aq	40.48	_____

**Heat 26 of 27 Finals**

1	Gilligan, Gracie	W16	Neath	38.92	_____
2	Fudge, Marcus	M15	Rct Squad	36.82	_____
3	John, Holly	W16	Haverfordwes	36.58	_____
4	Twigger, Owen	M15	Swansea Aq	36.35	_____
5	Goodliffe, Faith	W23	C Dolphins	36.57	_____
6	David, Isabelle	W16	Swansea Aq	36.60	_____
7	Koriakovtsev, Illia	M17	Swansea Aq	37.40	_____
8	Backen, Henry	M15	Fishguard	39.43	_____

**Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024****Meet Program - Session 2 (Warmup 12.00 - 1.00)****Heat 27 Finals (#203 Mixed 9 & Over 50 SC Meter Breaststroke)**

1	Richards, Aled	M16	C Dolphins	35.47	___
2	Phillips, Finley	M13	Nofio S Gar	34.15	___
3	Richardson, Osian	M15	Swansea Aq	33.50	___
4	Clarke, Henry	M16	Swansea Aq	31.70	___
5	James, Rhys	M14	Rct Squad	33.16	___
6	Upton-Boorman, Liam	M16	Nofio S Gar	34.01	___
7	Gibbs, Harriet	W15	Nofio S Gar	34.70	___
8	Phillips, Rhianna	W18	Nofio S Gar	35.57	___