

## Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

## Meet Program - Session 4 (Warmup 8.00 - 8.45)

**Event 401 Mixed 9 & Over 200 SC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 10 Finals**

1	Wilsher, Mali	W9	Co Cardiff	NT
2	Antwhistle, Esme W	W9	Swansea Aq	NT
3	Scully, Quinn I	W9	Swansea Aq	NT
4	Mason, Ezmee	W10	Pembs Cty	NT
5	Evans, Mari	W10	Aberystwyth	NT
6	Snellgrove, Madelaine	W9	Neath	NT
7	Foxwell, Emilia	W9	Co Cardiff	NT
8	Treinis, Lucian	M9	PembrokeDist	NT

**Heat 2 of 10 Finals**

1	Davies, Betsi	W11	Pembs Cty	NT
2	Heron, Edith	W11	Aberystwyth	NT
3	Smith, Declan	M12	Amman Valley	NT
4	Kaill-Franks, Nia	W12	Pembs Cty	NT
5	Patterson, Hollie M	W12	Carmarthen	NT
6	Bowes, James F	M11	Carmarthen	NT
7	Kelly, Henri J	M11	Carmarthen	NT
8	Williams-Powell, Ieuan	M11	C Dolphins	NT

**Heat 3 of 10 Finals**

1	Berner, Kiana	W12	Aberystwyth	NT
2	Lloyd-Taylor, Cali	W12	Pembs Cty	NT
3	Francis, Emily-Rose	W13	Pembs Cty	NT
4	Snellgrove, Chloe	W13	Amman Valley	NT
5	Thomas, Tristan	W13	Pembs Cty	NT
6	Jones, Ashleigh R	W13	Carmarthen	NT
7	Philpott, Lowri	W12	Llanelli	NT
8	Thomas, Carys	W12	Penyrheol	NT

**Heat 4 of 10 Finals**

1	Santos, Liam	M14	Milford Havn	NT
2	Jones, Aaron	M16	Aberystwyth	NT
3	Phillips, Rhianna	W18	Nofio S Gar	NT
4	Buckley, Ava	W11	Co Cardiff	3:56.21
5	Jenkins, Olivia I	W10	Swansea Aq	4:25.28
6	Koriakovtsev, Illia	M17	Swansea Aq	NT
7	Jones, Alanna	W14	Aberystwyth	NT
8	Perrott, Niamh	W14	C Dolphins	NT

**Heat 5 of 10 Finals**

1	Howell, Sophie	W12	Haverfordwes	3:46.84
2	Lewis, Gethin R	M9	Swansea Aq	3:39.20
3	Williams, Evie	W10	Milford Havn	3:34.99
4	Powell, Nina	W11	Pembs Cty	3:32.11
5	Williams, April M	W9	Swansea Aq	3:34.84
6	Patterson, Ollie	M13	Pembs Cty	3:38.39
7	Griffiths, Elizabeth	W12	Pembs Cty	3:40.50
8	Backen, Freddie	M11	Pembs Cty	3:52.30

**Heat 6 of 10 Finals**

1	Evans, Wolfgang	W10	Pembs Cty	3:26.96
2	Morris, Ffion H	W11	Pembs Cty	3:22.31
3	Pinnock, Betsan R	W11	Swansea Aq	3:19.75
4	Williams, Fay P	W11	Swansea Aq	3:16.12
5	Edwards, Ffion	W12	Swansea Aq	3:17.82
6	Henson, Jessica	W10	Pembs Cty	3:22.24
7	Morgan, Iolah	W9	Pembs Cty	3:26.11
8	Dyde, Phoebe	W11	Pembs Cty	3:30.32

**Heat 7 of 10 Finals**

1	George, Kieran	M12	Pembs Cty	3:13.11
2	Thomas, Rhys	M13	Pembs Cty	3:08.36
3	Smudzinski, Max M	M11	Swansea Aq	3:06.00
4	Gray, Gruff	M14	C Dolphins	3:00.38
5	Mills, Thomas	M12	Llanelli	3:02.86
6	Parry, Abigail	W11	Carmarthen	3:07.56
7	Jones, Alexa	W10	Llanelli	3:11.27
8	Monan, Euan	M10	Pembs Cty	3:15.21

**Heat 8 of 10 Finals**

1	Thomas, Nikita	W14	Llanelli	2:56.84
2	Richardson, Beca	W13	Swansea Aq	2:54.67
3	Coffey, Cora-leigh K	W13	Swansea Aq	2:52.10
4	Chapman, Olivia	W13	Swansea Aq	2:51.77
5	Davies, Ellis V	M12	Llanelli	2:52.00
6	Williams, Paige T	W11	Swansea Aq	2:53.38
7	Powell, Lottie	W14	Swansea Aq	2:54.81
8	Davies, Elizabeth	W10	Pembs Cty	2:57.77

**Heat 9 of 10 Finals**

1	Mcfarlane, Una	W12	Pembs Cty	2:50.17
2	Thomas, Caitlin	W15	Penyrheol	2:48.45
3	Taffetsauffer, Isabella	W12	Llanelli	2:43.89
4	Upton-Boorman, Isabella	W13	Carmarthen	2:41.84
5	Carter, Ava	W15	Penyrheol	2:42.80
6	Bruce, Kiera	W13	Pembs Cty	2:48.28
7	Jenkins, Alexandra G	W14	Swansea Aq	2:49.36
8	Harwood, Jack	M12	Pembs Cty	2:51.73

**Heat 10 of 10 Finals**

1	Hedge, William	M15	Swansea Aq	2:40.65
2	Arnold, Jessica R	W13	Swansea Aq	2:36.06
3	Humphreys, Holly	W15	Swansea Aq	2:33.53
4	Johnstone, Daniel	M16	Nofio S Gar	2:05.89
5	Cleave, Mia	W16	C Dolphins	2:30.82
6	Williams, Hollie	W16	Nofio S Gar	2:34.85
7	Richards, Aled	M16	C Dolphins	2:38.25
8	Pickersgill, Aoife	W15	Carmarthen	2:41.02

**Event 402 Mixed 9 & Over 400 SC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

1				
2				
3	Beasley, Evaleigh D	W10	Swansea Aq	NT
4	Noden, Rory	M11	Pembs Cty	NT
5	Banner, Harry	M11	Penyrheol	NT
6				
7				
8				

**Heat 2 of 4 Finals**

1	Gil Wood, Elena	W11	Swansea Aq	NT
2	Antwhistle, Isaac J	M11	Swansea Aq	NT
3	Phillips, Finley	M13	Nofio S Gar	NT
4	Webb, Efa M	W13	Amman Valley	NT
5	Williams, Thomas	M13	Nofio S Gar	NT
6	Bissicks, Cari H	W12	Swansea Aq	NT
7	Summerfield, Lucy	W11	Llanelli	NT
8				

**Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024****Meet Program - Session 4 (Warmup 8.00 - 8.45)****Heat 3 Finals (#402 Mixed 9 & Over 400 SC Meter IM)**

1	Lythgoe, Manon H	W14	Swansea Aq	NT	___
2	Chapman, Coby L	M14	Penyrheol	NT	___
3	Gillett, Oliver	M16	Swansea Aq	NT	___
4	Berner, Iyla	W10	Aberystwyth	6:23.04	___
5	Jenkins, Elli J	W12	Swansea Aq	7:17.22	___
6	Philpott, Ffion	W14	Nofio S Gar	NT	___
7	Hall, Ethan	M14	Fishguard	NT	___
8	John, Annabel	W14	Pembs Cty	NT	___

**Heat 4 of 4 Finals**

1	Geach, Libbie	W14	Swansea Aq	5:53.79	___
2	Hatton-Ellis, Isabelle L	W15	Swansea Aq	5:19.83	___
3	Richardson, Osian	M15	Swansea Aq	5:13.44	___
4	Bissicks, Ella	W16	Swansea Aq	5:04.59	___
5	Upton-Boorman, Liam	M16	Nofio S Gar	5:06.89	___
6	Twigger, Owen	M15	Swansea Aq	5:13.79	___
7	Galbraith, Elian	M14	Llanelli	5:37.33	___
8	Edwards, Isabel	W14	Swansea Aq	6:04.54	___

**Event 403 Mixed 9 & Over 1500 SC Meter Freestyle****'Sign in' required for this event.**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	
1	Lewis, Hollie	W16	Bridgend SC	19:12.28	___
2	Humphreys, Holly	W15	Swansea Aq	19:38.70	___
3	Gibbs, Harriet	W15	Nofio S Gar	20:59.06	___
4	Cressey-Rodgers, Gwenllian	W13	Nofio S Gar	21:02.04	___
5	Robinson, Ellis	M18	Haverfordwes	21:02.82	___
6	Hall, Ellena	W12	Pembs Cty	21:06.92	___
7	Burt, Teyan	M16	Llanelli	21:28.43	___
8	Morgan, Evelyn	W12	Llanelli	21:32.04	___
9	Burt, Caio	M13	Llanelli	21:40.32	___
10	Bray, Bethan	W17	C Dolphins	21:54.90	___
11	Mason, Phoebe	W13	Pembs Cty	21:58.28	___
12	Mulford, Ffion	W14	Rct Squad	21:59.36	___
13	Howe, Albie S	M16	Torfaen D	22:23.30	___
14	Griffiths, Amelia	W13	Pembs Cty	22:24.92	___
15	Harwood, Jack	M12	Pembs Cty	22:28.04	___
16	Thomas, Rhys	M13	Pembs Cty	22:43.96	___
17	Heredia-Rowe, Rhiannon A	W17	Neath	22:45.97	___
18	Hall, Isabelle	W12	Pembs Cty	22:54.08	___
19	Backen, Henry	M15	Fishguard	22:57.68	___
20	Williams, Iestyn	M16	Neath	23:10.41	___
21	Davies, Elizabeth	W10	Pembs Cty	23:31.04	___
22	Richards, Amber	W14	C Dolphins	23:35.36	___
23	Gardner-Rolfe, Mia G	W11	Swansea Aq	27:39.76	___
24	Smudzinski, Max M	M11	Swansea Aq	27:59.76	___