

Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

Meet Program - Session 5 (Warmup 11.35 - 12.35)

Event 501 Mixed 9 & Over 50 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 30 Finals

1				___
2	Enoch, Erin L	W9	Carmarthen	NT ___
3	Madge, Brianna	W9	C Dolphins	NT ___
4	Evans, Ela	W9	Co Cardiff	NT ___
5	Scarrott, James	M9	Aberystwyth	NT ___
6	Davies, Halle R	W9	Swansea Aq	NT ___
7	Fretwell, Logan	M9	Milford Havn	NT ___
8				___

Heat 2 of 30 Finals

1	Roberts, Nesta	W9	Aberystwyth	NT ___
2	Goma Camps Jaimes, Jordi	M9	Co Cardiff	NT ___
3	Falconer, Jacob	M9	Neath	NT ___
4	Mills, Flynn	M10	Milford Havn	NT ___
5	Beynon, Eila	W10	Penyrheol	NT ___
6	Goss, Leo	M9	C Dolphins	NT ___
7	Davies, Gruffydd R	M9	Carmarthen	NT ___
8	Dalton, Daisy	W9	Haverfordwes	NT ___

Heat 3 of 30 Finals

1	James, Lola	W10	Milford Havn	NT ___
2	Alexander, Megan	W10	Co Cardiff	NT ___
3	Jones, Carter A	M10	Swansea Aq	NT ___
4	Sysuieva, Anna	W11	Swansea Aq	NT ___
5	Edwards, Isla	W10	C Dolphins	NT ___
6	Nash, Oliver J	M10	Carmarthen	NT ___
7	Lewis, Evie	W10	Pembs Cty	NT ___
8	Morris, Besi-Jane	W10	Amman Valley	NT ___

Heat 4 of 30 Finals

1	Jones, Gethin Wyn	M11	Aberystwyth	NT ___
2	Richards, Chloe-Elin	W11	C Dolphins	NT ___
3	Robinson, Isla	W12	Co Cardiff	NT ___
4	Lloyd-Taylor, Cali	W12	Pembs Cty	NT ___
5	Kaill-Franks, Nia	W12	Pembs Cty	NT ___
6	Fogarty, Oliver	M11	Fishguard	NT ___
7	Evans, Sam	M11	PembrokeDist	NT ___
8	Hill, Lilliann	W11	C Dolphins	NT ___

Heat 5 of 30 Finals

1	Jones, Elisa	W13	Aberystwyth	NT ___
2	Harris, Caio N	M13	Carmarthen	NT ___
3	Stuart-Lavender, Jac	M13	Llanelli	NT ___
4	Rees, Tomos	M16	Penyrheol	NT ___
5	Scarrott, Alysha	W14	Aberystwyth	NT ___
6	Thomas, Tristan	W13	Pembs Cty	NT ___
7	Francis, Emily-Rose	W13	Pembs Cty	NT ___
8	Abell, Ronan	M12	Neath	NT ___

Heat 6 of 30 Finals

1	Prosser, Harri	M12	Llanelli	1:09.91 ___
2	Murphy, Ifan	M9	Haverfordwes	1:09.35 ___
3	Taylor, Jasper B	M11	Swansea Aq	1:05.55 ___
4	Rewbridge, Will	M10	Llanelli	1:02.54 ___
5	Prosser, Eleri	W15	Llanelli	1:04.58 ___
6	Dallimore, Seren	W9	Co Cardiff	1:08.28 ___
7	Richards, Kira M	W12	Carmarthen	1:09.52 ___
8	Morgan, Catrin	W16	Amman Valley	NT ___

Heat 7 of 30 Finals

1	Nash, Sylvia	W9	Milford Havn	1:02.29 ___
2	Edmunds, Paige P	W14	Llanelli	1:01.08 ___
3	Burt, Gwion	M10	Llanelli	59.13 ___
4	Holland, Owain Rhys	M10	Co Cardiff	59.00 ___
5	Fenemore, Emily G	W11	Carmarthen	59.11 ___
6	McFarlane, Mali	W9	Milford Havn	1:00.24 ___
7	Noble, Reuben	M11	Haverfordwes	1:02.06 ___
8	Owen, Molly	W9	Penyrheol	1:02.51 ___

Heat 8 of 30 Finals

1	Emam, Lina	W10	Swansea Aq	58.02 ___
2	Hughes-Llewellyn, Alfie	M9	Llanelli	57.73 ___
3	James, Nansi	W9	Co Cardiff	56.80 ___
4	Owen, Annabelle	W13	Penyrheol	56.50 ___
5	Bray, Gwilym	M11	C Dolphins	56.72 ___
6	Cullen, Elwen	W11	Co Cardiff	56.87 ___
7	Owen, Charlotte	W11	Penyrheol	57.84 ___
8	Smudzinska, Olivia M	W10	Swansea Aq	58.52 ___

Heat 9 of 30 Finals

1	Morris, Ffion H	W11	Pembs Cty	56.26 ___
2	Felton, Gwennan	W11	C Dolphins	55.72 ___
3	Shepherd, Amelia H	W9	C Dolphins	55.58 ___
4	Griffiths, Lilia-Rose	W10	Fishguard	55.21 ___
5	Jenkins, Olivia I	W10	Swansea Aq	55.42 ___
6	Harris, Macsen S	M11	Carmarthen	55.70 ___
7	James, Scarlett	W9	Co Cardiff	55.80 ___
8	Rossiter Wargent, Mia	W10	Milford Havn	56.41 ___

Heat 10 of 30 Finals

1	Holness, Camille S	W9	Swansea Aq	55.03 ___
2	Crotty, Beau	M13	PembrokeDist	54.82 ___
3	Lloyd Roberts, Harry	M11	Milford Havn	54.33 ___
4	Alexander, Fflur	W10	Aberystwyth	54.09 ___
5	Foale, Jack	M13	Aberystwyth	54.12 ___
6	Backen, Freddie	M11	Pembs Cty	54.66 ___
7	Davies, Lucy-Anne	W11	Amman Valley	54.82 ___
8	Evans, Mari	W10	Aberystwyth	55.13 ___

Heat 11 of 30 Finals

1	O Sullivan, Anwen	W9	Co Cardiff	53.73 ___
2	Hawkins, Charlotte	W10	Haverfordwes	53.66 ___
3	Barn, Freya	W11	Milford Havn	53.21 ___
4	Selby, Chloe	W13	Neath	52.55 ___
5	James, Riley	M11	Penyrheol	52.80 ___
6	Kaill-Franks, Eira	W13	Fishguard	53.49 ___
7	Jeanes, Sienna	W11	Co Cardiff	53.71 ___
8	Pitans, Caitlin R	W11	Swansea Aq	53.96 ___

Heat 12 of 30 Finals

1	Goss, Lucia	W11	C Dolphins	52.45 ___
2	Scully, Quinn I	W9	Swansea Aq	52.08 ___
3	Antwhistle, Esme W	W9	Swansea Aq	51.85 ___
4	Prince, Edith S	W9	Swansea Aq	50.78 ___
5	Leigh, Jacob	M10	Co Cardiff	51.52 ___
6	Snellgrove, Madelaine	W9	Neath	51.94 ___
7	Sharpe, Lillie	W11	Llanelli	52.19 ___
8	Buckley, Ava	W11	Co Cardiff	52.50 ___

Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

Meet Program - Session 5 (Warmup 11.35 - 12.35)

Heat 13 Finals (#501 Mixed 9 & Over 50 SC Meter Backstroke)

1	Dennison, Evie	W11	Milford Havn	50.61	___
2	Bowes, James F	M11	Carmarthen	50.42	___
3	Treinis, Lucian	M9	PembrokeDist	50.14	___
4	Penfold, Freya	W13	Fishguard	49.70	___
5	Aggett, Coraline	W11	Amman Valley	50.12	___
6	McAdie, Isaac	M11	Swansea Aq	50.15	___
7	Jones, Alanna	W14	Aberystwyth	50.50	___
8	Arnold, Olivia	W10	Milford Havn	50.73	___

Heat 14 of 30 Finals

1	Boyle, Samantha J	W10	Carmarthen	49.34	___
2	Price, Harry	M13	Carmarthen	49.07	___
3	Gil Wood, Elena	W11	Swansea Aq	48.90	___
4	Baylis, Ellie	W11	Penyrheol	48.84	___
5	Blue, Harri O	M12	Carmarthen	48.85	___
6	Morgan, Iolah	W9	Pembs Cty	48.95	___
7	David, Emily	W12	Haverfordwes	49.28	___
8	Wilsher, Mali	W9	Co Cardiff	49.36	___

Heat 15 of 30 Finals

1	Grehan, Rebecca M	W13	Carmarthen	48.62	___
2	Mason, Ezmee	W10	Pembs Cty	48.25	___
3	Penfold, Robyn	W13	Fishguard	47.72	___
4	Williams, Ffion	W14	Milford Havn	47.63	___
5	Fry, Tilly	W11	Llanelli	47.71	___
6	Davies, Betsi	W11	Pembs Cty	47.80	___
7	Thomas, Cara	W14	Llanelli	48.27	___
8	Hopkins, Darcy	W10	Penyrheol	48.80	___

Heat 16 of 30 Finals

1	Malough, Holly V	W12	Swansea Aq	47.47	___
2	Griffiths, Harri	M13	C Dolphins	47.36	___
3	Thomas, Angharad	W13	Fishguard	47.15	___
4	Jenkins, Isabella	W11	Llanelli	46.94	___
5	Titley, Lola	W11	Milford Havn	47.01	___
6	Boyle, Taya L	W13	Carmarthen	47.24	___
7	Curtis, Carley	W11	Milford Havn	47.38	___
8	Lewis, Gethin R	M9	Swansea Aq	47.62	___

Heat 17 of 30 Finals

1	Williams, Lois G	W11	Swansea Aq	46.56	___
2	Doncaster, Lily S	W13	Haverfordwes	46.53	___
3	Foxwell, Emilia	W9	Co Cardiff	46.47	___
4	George, Kieran	M12	Pembs Cty	46.25	___
5	Bawden, Lewis J	M15	Penyrheol	46.30	___
6	Lloyd, Vincent-Owen N	M10	Swansea Aq	46.48	___
7	Henson, Jessica	W10	Pembs Cty	46.55	___
8	Davies, Ava-Rose	W11	Llanelli	46.78	___

Heat 18 of 30 Finals

1	Percival, Bella	W11	C Dolphins	46.19	___
2	Joseph, Ellie	W11	C Dolphins	46.11	___
3	Lewis, Kathryn	W11	Neath	45.82	___
4	Dyde, Phoebe	W11	Pembs Cty	45.36	___
5	Williams, April M	W9	Swansea Aq	45.39	___
6	Williams, Summer	W12	C Dolphins	45.85	___
7	Morris, Brooke	W11	Penyrheol	46.14	___
8	McAdie, Imogen	W14	Swansea Aq	46.21	___

Heat 19 of 30 Finals

1	Lloyd-Williams, Elen	W14	Aberystwyth	45.15	___
2	Williams, Lucas C	M9	Swansea Aq	44.72	___
3	Chapman, Henry	M12	Carmarthen	44.42	___
4	David, Ioan	M11	Haverfordwes	44.28	___
5	Griffiths, Elizabeth	W12	Pembs Cty	44.30	___
6	Abell, Eve	W16	Neath	44.58	___
7	Massey, Mia	W11	C Dolphins	44.78	___
8	Gardner-Rolfe, Mia G	W11	Swansea Aq	45.18	___

Heat 20 of 30 Finals

1	Bessent, Mia	W12	Penyrheol	43.80	___
2	Jones, Alexa	W10	Llanelli	43.71	___
3	Harris, Toby	M14	PembrokeDist	43.44	___
4	Abraham, A-Jay	M12	Neath	43.33	___
5	Dafydd, Iola	W14	Fishguard	43.40	___
6	Williams, Efan	M11	Neath	43.57	___
7	Berner, Kiana	W12	Aberystwyth	43.80	___
8	Evans, Wolfgang	W10	Pembs Cty	44.19	___

Heat 21 of 30 Finals

1	Elcock, Freya	W13	Fishguard	43.12	___
2	Price, Seren -louise	W11	Carmarthen	42.87	___
3	Powell, Nina	W11	Pembs Cty	42.62	___
4	Perrott, Hannah	W13	C Dolphins	42.39	___
5	Kasto, Evie T	W12	Swansea Aq	42.52	___
6	Edwards, Ffion	W12	Swansea Aq	42.65	___
7	Clifford, Hannah	W13	PembrokeDist	42.95	___
8	Pinnock, Betsan R	W11	Swansea Aq	43.22	___

Heat 22 of 30 Finals

1	Snellgrove, Chloe	W13	Amman Valley	42.20	___
2	Smudzinski, Max M	M11	Swansea Aq	42.04	___
3	Monan, Euan	M10	Pembs Cty	41.78	___
4	Lewis, Callum	M14	Milford Havn	41.68	___
5	Patterson, Hollie M	W12	Carmarthen	41.73	___
6	Antwhistle, Isaac J	M11	Swansea Aq	41.85	___
7	Davies, Isabella	W12	Llanelli	42.08	___
8	Davies, Ellis V	M12	Llanelli	42.30	___

Heat 23 of 30 Finals

1	Harris, Lili	W16	Carmarthen	41.67	___
2	Lerigo, Oli	M13	Aberystwyth	41.53	___
3	Tytler, Leo	M15	Haverfordwes	41.25	___
4	Jenkins, Elli J	W12	Swansea Aq	41.03	___
5	Burt, Caio	M13	Llanelli	41.20	___
6	Backen, Henry	M15	Fishguard	41.50	___
7	Wood, Lilly	W10	Neath	41.59	___
8	Williams, Fay P	W11	Swansea Aq	41.67	___

Heat 24 of 30 Finals

1	Hughes-Llewellyn, David	M13	Llanelli	40.54	___
2	Sysuieva, Oleksandra	W13	Swansea Aq	39.69	___
3	Evans, Cadi R	W11	Swansea Aq	39.52	___
4	Snelgrove, Violet	W15	Neath	39.22	___
5	George, Eilir	W13	Llanelli	39.24	___
6	Thomas, Grace	W12	Carmarthen	39.62	___
7	Smith, Herbie C	M13	Swansea Aq	39.86	___
8	Patterson, Ollie	M13	Pembs Cty	40.64	___

Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

Meet Program - Session 5 (Warmup 11.35 - 12.35)

Heat 25 Finals (#501 Mixed 9 & Over 50 SC Meter Backstroke)

1	Hall, Ethan	M14	Fishguard	39.07	___
2	Mcfarlane, Una	W12	Pembs Cty	39.00	___
3	Hnoiana, Valentyna	W11	Swansea Aq	38.96	___
4	Jones, Hunydd	W12	Carmarthen	38.75	___
5	Tweed, Ifan	M15	C Dolphins	38.95	___
6	Jones, Aaron	M16	Aberystwyth	38.98	___
7	Noden, Rory	M11	Pembs Cty	39.04	___
8	Davies, Elizabeth	W10	Pembs Cty	39.07	___

Heat 26 of 30 Finals

1	Chapman, Olivia	W13	Swansea Aq	37.97	___
2	Thomas, Nikita	W14	Llanelli	37.42	___
3	Griffiths, Amelia	W13	Pembs Cty	37.29	___
4	Bruce, Kiera	W13	Pembs Cty	36.98	___
5	Gray, Gruff	M14	C Dolphins	37.24	___
6	Williams, Paige T	W11	Swansea Aq	37.37	___
7	Davies, Rhian	W16	Swansea Aq	37.50	___
8	Selby, Cerys	W17	Neath	38.72	___

Heat 27 of 30 Finals

1	Burt, Teyan	M16	Llanelli	36.92	___
2	Berner, Iyla	W10	Aberystwyth	36.78	___
3	Richardson, Beca	W13	Swansea Aq	36.30	___
4	Taffetsauffer, Isabella	W12	Llanelli	36.13	___
5	Thomas, Caitlin	W15	Penyrheol	36.19	___
6	Elmes, Max	M12	Carmarthen	36.33	___
7	Coffey, Cora-leigh K	W13	Swansea Aq	36.80	___
8	Thomas, Medi A	W15	Llanelli	36.94	___

Heat 28 of 30 Finals

1	King, Ethan	M11	Penyrheol	35.94	___
2	Hetherington, Trystan	M14	Neath	35.90	___
3	Davies, Isla F	W10	Swansea Aq	35.63	___
4	Phillips, Rhianna	W18	Nofio S Gar	35.24	___
5	Lythgoe, Manon H	W14	Swansea Aq	35.59	___
6	Philpott, Ffion	W14	Nofio S Gar	35.87	___
7	Cressey-Rodgers, Gwenllian	W13	Nofio S Gar	35.93	___
8	Upton-Boorman, Isabella	W13	Carmarthen	36.08	___

Heat 29 of 30 Finals

1	Hedge, William	M15	Swansea Aq	34.57	___
2	Carter, Ava	W15	Penyrheol	34.25	___
3	Williams, Hollie	W16	Nofio S Gar	33.30	___
4	Cleave, Mia	W16	C Dolphins	33.04	___
5	Richards, Aled	M16	C Dolphins	33.12	___
6	Froom, Tia C	W20	Torfaen D	33.50	___
7	King, Marley	W15	Penyrheol	34.50	___
8	Arnold, Jessica R	W13	Swansea Aq	34.86	___

Heat 30 of 30 Finals

1	Galbraith, Elian	M14	Llanelli	32.38	___
2	Koriakovtsev, Illia	M17	Swansea Aq	30.91	___
3	Upton-Boorman, Liam	M16	Nofio S Gar	29.84	___
4	Howell, Sophie	W12	Haverfordwes	25.32	___
5	Thomas, Rhys A	M18	Swansea Aq	28.10	___
6	Twigger, Owen	M15	Swansea Aq	30.85	___
7	Goodliffe, Faith	W23	C Dolphins	32.04	___
8	Geach, Libbie	W14	Swansea Aq	32.91	___

Event 502 Mixed 9 & Over 100 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 8 Finals

1	Treinis, Lucian	M9	PembrokeDist	NT	___
2	Jermin, Morgan	M10	Llanelli	NT	___
3	Kelly, Henri J	M11	Carmarthen	NT	___
4	Harwood, Jack	M12	Pembs Cty	NT	___
5	Williams-Powell, Ieuan	M11	C Dolphins	NT	___
6	Williams, Lois G	W11	Swansea Aq	NT	___
7	Boyle, Samantha J	W10	Carmarthen	NT	___
8	Holness, Camille S	W9	Swansea Aq	NT	___

Heat 2 of 8 Finals

1	Morgan, Cole	M12	C Dolphins	NT	___
2	Mcfarlane, Una	W12	Pembs Cty	NT	___
3	Howell, Sophie	W12	Haverfordwes	NT	___
4	Hughes-Llewellyn, David	M13	Llanelli	NT	___
5	Wells, Iris	W12	C Dolphins	NT	___
6	Jones, Hunydd	W12	Carmarthen	NT	___
7	Lloyd-Taylor, Cali	W12	Pembs Cty	NT	___
8	Davies, Erin	W12	C Dolphins	NT	___

Heat 3 of 8 Finals

1	Sysuieva, Oleksandra	W13	Swansea Aq	NT	___
2	John, Annabel	W14	Pembs Cty	NT	___
3	Tweed, Ifan	M15	C Dolphins	NT	___
4	Johnstone, Daniel	M16	Nofio S Gar	NT	___
5	Backen, Henry	M15	Fishguard	NT	___
6	Santos, Liam	M14	Milford Havn	NT	___
7	Griffiths, Harri	M13	C Dolphins	NT	___
8	Robinson, Oshan	M13	Fishguard	NT	___

Heat 4 of 8 Finals

1	Haslam, Tia	W13	Carmarthen	2:13.63	___
2	Gil Wood, Elena	W11	Swansea Aq	2:04.12	___
3	Edmunds, Freya	W10	Llanelli	1:57.27	___
4	Williams, Summer	W12	C Dolphins	1:50.26	___
5	Boyle, Taya L	W13	Carmarthen	1:52.47	___
6	Williams, Eirwen N	W11	Swansea Aq	2:04.02	___
7	Buckley, Ava	W11	Co Cardiff	2:09.10	___
8	Higgins, Finley J	M12	Swansea Aq	2:19.74	___

Heat 5 of 8 Finals

1	Bawden, Lewis J	M15	Penyrheol	1:46.87	___
2	Beasley, Evaleigh D	W10	Swansea Aq	1:42.73	___
3	Jones, Alexa	W10	Llanelli	1:42.10	___
4	Baker, Chloe	W15	Swansea Aq	1:38.30	___
5	Stewart, Finlay	M15	Llanelli	1:38.83	___
6	Smith, Herbie C	M13	Swansea Aq	1:42.37	___
7	Phillips, Finley	M13	Nofio S Gar	1:45.84	___
8	Antwhistle, Isaac J	M11	Swansea Aq	1:47.96	___

Heat 6 of 8 Finals

1	Dafydd, Mali	W13	Fishguard	1:37.38	___
2	Burt, Caio	M13	Llanelli	1:32.15	___
3	George, Eilir	W13	Llanelli	1:30.26	___
4	Elmes, Max	M12	Carmarthen	1:28.84	___
5	Bowen, Seren E	W13	Carmarthen	1:28.85	___
6	Davies, Lowri	W15	C Dolphins	1:30.88	___
7	Parry, Abigail	W11	Carmarthen	1:35.47	___
8	Thomas, Rhys	M13	Pembs Cty	1:37.95	___

Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

Meet Program - Session 5 (Warmup 11.35 - 12.35)

Heat 7 Finals (#502 Mixed 9 & Over 100 SC Meter Butterfly)

1	Davies, Isla F	W10	Swansea Aq	1:20.74	___
2	Jenkins, Alexandra G	W14	Swansea Aq	1:19.65	___
3	Pickersgill, Aoife	W15	Carmarthen	1:14.02	___
4	Galbraith, Elian	M14	Llanelli	1:12.93	___
5	Hatton-Ellis, Isabelle L	W15	Swansea Aq	1:14.00	___
6	Sullivan, Katie	W16	Neath	1:15.50	___
7	Berner, Iyla	W10	Aberystwyth	1:20.72	___
8	Grugel, Sam	M13	C Dolphins	1:23.67	___

Heat 8 of 8 Finals

1	Catling, Freya	W15	C Dolphins	1:12.22	___
2	Hnoianyi, Andrii	M14	Swansea Aq	1:10.07	___
3	Goodliffe, Faith	W23	C Dolphins	1:08.44	___
4	Sanorjo, Angelo A	M18	Swansea Aq	1:04.64	___
5	Smart, Charlotte E	W16	Swansea Aq	1:06.70	___
6	Richardson, Osian	M15	Swansea Aq	1:08.61	___
7	Williams, Thomas	M13	Nofio S Gar	1:11.75	___
8	David, Isabelle	W16	Swansea Aq	1:12.30	___

Event 503 Mixed 9 & Over 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 38 Finals

1	Fretwell, Logan	M9	Milford Havn	NT	___
2	Falconer, Jacob	M9	Neath	NT	___
3	Roberts, Nesta	W9	Aberystwyth	NT	___
4	Dalton, Daisy	W9	Haverfordwes	NT	___
5	Enoch, Erin L	W9	Carmarthen	NT	___
6	Madge, Brianna	W9	C Dolphins	NT	___
7	Scarrott, James	M9	Aberystwyth	NT	___
8					___

Heat 2 of 38 Finals

1	Goss, Leo	M9	C Dolphins	NT	___
2	Evans, Gwendolyn J	W10	Swansea Aq	NT	___
3	Rewbridge, Will	M10	Llanelli	NT	___
4	Edwards, Isla	W10	C Dolphins	NT	___
5	James, Lola	W10	Milford Havn	NT	___
6	Morris, Besi-Jane	W10	Amman Valley	NT	___
7	Davies, Halle R	W9	Swansea Aq	NT	___
8	Holness, Camille S	W9	Swansea Aq	NT	___

Heat 3 of 38 Finals

1	Beynon, Eila	W10	Penyrheol	NT	___
2	Mills, Flynn	M10	Milford Havn	NT	___
3	Koszalski, Soffia L	W11	Llanelli	NT	___
4	Evans, Sam	M11	PembrokeDist	NT	___
5	Cullen, Elwen	W11	Co Cardiff	NT	___
6	James, Riley	M11	Penyrheol	NT	___
7	Boyle, Samantha J	W10	Carmarthen	NT	___
8	Nash, Oliver J	M10	Carmarthen	NT	___

Heat 4 of 38 Finals

1	Jones, Tomi M	M11	Swansea Aq	NT	___
2	Jones, Gethin Wyn	M11	Aberystwyth	NT	___
3	Lloyd-Taylor, Cali	W12	Pembs Cty	NT	___
4	Thomas, Tristan	W13	Pembs Cty	NT	___
5	Robinson, Isla	W12	Co Cardiff	NT	___
6	Richards, Chloe-Elin	W11	C Dolphins	NT	___
7	Hill, Lilliann	W11	C Dolphins	NT	___
8	Jones, Alaw R	W11	Carmarthen	NT	___

Heat 5 of 38 Finals

1	Tucker, Lowri	W14	Llanelli	NT	___
2	Lloyd-Williams, Elen	W14	Aberystwyth	NT	___
3	Gourley, Ethan	M14	Penyrheol	NT	___
4	Davies, Alice	W15	Fishguard	NT	___
5	Scarrott, Alysha	W14	Aberystwyth	NT	___
6	Finney, Elsa	W14	Aberystwyth	NT	___
7	Strong, Dylan	M14	Amman Valley	NT	___
8	Jones, Elisa	W13	Aberystwyth	NT	___

Heat 6 of 38 Finals

1	Prosser, Harri	M12	Llanelli	1:09.63	___
2	Burt, Gwion	M10	Llanelli	1:01.53	___
3	Percival, Kitty-Rae	W9	C Dolphins	59.53	___
4	Abell, Ronan	M12	Neath	57.10	___
5	James, Scarlett	W9	Co Cardiff	59.10	___
6	McFarlane, Mali	W9	Milford Havn	1:00.43	___
7	Edmunds, Paige P	W14	Llanelli	1:01.64	___
8	Rees, Tomos	M16	Penyrheol	NT	___

Heat 7 of 38 Finals

1	Dallimore, Seren	W9	Co Cardiff	54.88	___
2	Davis, Max G	M10	Carmarthen	53.52	___
3	Antwhistle, Esme W	W9	Swansea Aq	52.66	___
4	Davies, Isaac	M11	C Dolphins	52.25	___
5	Prosser, Eleri	W15	Llanelli	52.39	___
6	Rudder, Frankie	M11	Haverfordwes	52.83	___
7	Alexander, Megan	W10	Co Cardiff	54.54	___
8	Murphy, Ifan	M9	Haverfordwes	56.58	___

Heat 8 of 38 Finals

1	Holland, Owain Rhys	M10	Co Cardiff	51.70	___
2	Taylor, Jasper B	M11	Swansea Aq	50.92	___
3	Evans, Ela	W9	Co Cardiff	50.41	___
4	Williams, Megan H	W9	Llanelli	50.28	___
5	Evans, Gwenllian	W9	Fishguard	50.38	___
6	Griffiths, Lilia-Rose	W10	Fishguard	50.56	___
7	Jones, Hannah	W13	Swansea Aq	51.05	___
8	Nash, Sylvia	W9	Milford Havn	51.92	___

Heat 9 of 38 Finals

1	Scully, Quinn I	W9	Swansea Aq	50.05	___
2	Sharpe, Lillie	W11	Llanelli	48.56	___
3	Felton, Gwennan	W11	C Dolphins	48.13	___
4	Selby, Chloe	W13	Neath	47.78	___
5	Jenkins, Olivia I	W10	Swansea Aq	48.12	___
6	Jones, Carter A	M10	Swansea Aq	48.15	___
7	Bray, Gwilym	M11	C Dolphins	49.00	___
8	Goss, Lucia	W11	C Dolphins	50.11	___

Heat 10 of 38 Finals

1	Owen, Charlotte	W11	Penyrheol	47.47	___
2	James, Nansi	W9	Co Cardiff	47.35	___
3	Alexander, Fflur	W10	Aberystwyth	46.95	___
4	Jones, Catrin H	W10	Swansea Aq	46.79	___
5	Curtis, Carley	W11	Milford Havn	46.91	___
6	Bryn, Teifi	W9	Co Cardiff	47.16	___
7	Goma Camps Jaimes, Jordi	M9	Co Cardiff	47.36	___
8	Owen, Molly	W9	Penyrheol	47.61	___

Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

Meet Program - Session 5 (Warmup 11.35 - 12.35)

Heat 11 Finals (#503 Mixed 9 & Over 50 SC Meter Freestyle)

1	Snellgrove, Madelaine	W9	Neath	46.60	___
2	Fenemore, Emily G	W11	Carmarthen	46.30	___
3	Hawkins, Charlotte	W10	Haverfordwes	46.28	___
4	Jones, Alanna	W14	Aberystwyth	46.04	___
5	Philpott, Lowri	W12	Llanelli	46.04	___
6	Prince, Edith S	W9	Swansea Aq	46.30	___
7	Barn, Freya	W11	Milford Havn	46.53	___
8	Morris, Ffion H	W11	Pembs Cty	46.71	___

Heat 12 of 38 Finals

1	Hughes-Llewellyn, Alfie	M9	Llanelli	45.95	___
2	Backen, Freddie	M11	Pembs Cty	45.62	___
3	Francis, Emily-Rose	W13	Pembs Cty	45.46	___
4	Harris, Macsen S	M11	Carmarthen	44.95	___
5	Smudzinska, Olivia M	W10	Swansea Aq	45.25	___
6	Owen, Annabelle	W13	Penyrheol	45.49	___
7	Emam, Lina	W10	Swansea Aq	45.68	___
8	Shepherd, Amelia H	W9	C Dolphins	45.99	___

Heat 13 of 38 Finals

1	Lloyd Roberts, Harry	M11	Milford Havn	44.91	___
2	Davies, Lucy-Anne	W11	Amman Valley	44.64	___
3	Sysuieva, Anna	W11	Swansea Aq	44.49	___
4	Arnold, Olivia	W10	Milford Havn	44.30	___
5	McAdie, Isaac	M11	Swansea Aq	44.48	___
6	Davies, Gruffydd R	M9	Carmarthen	44.55	___
7	Rees, Oscar	M10	Llanelli	44.69	___
8	Kaill-Franks, Eira	W13	Fishguard	44.91	___

Heat 14 of 38 Finals

1	Titley, Lola	W11	Milford Havn	44.02	___
2	Dennison, Evie	W11	Milford Havn	43.97	___
3	Elmes, Samuel	M10	Carmarthen	43.86	___
4	Foxwell, Emilia	W9	Co Cardiff	43.71	___
5	Wilsher, Mali	W9	Co Cardiff	43.72	___
6	Humphreys, Mali G	W10	Swansea Aq	43.88	___
7	Rosster Wargent, Mia	W10	Milford Havn	44.01	___
8	O Sullivan, Anwen	W9	Co Cardiff	44.07	___

Heat 15 of 38 Finals

1	Longar, Miriam E	W11	Carmarthen	43.40	___
2	Jones, Ashleigh R	W13	Carmarthen	43.07	___
3	Baylis, Ellie	W11	Penyrheol	42.91	___
4	Edmunds, Freya	W10	Llanelli	42.72	___
5	Pitans, Caitlin R	W11	Swansea Aq	42.88	___
6	Crotty, Beau	M13	PembrokeDist	42.94	___
7	Williams, Evie	W10	Milford Havn	43.18	___
8	Boyle, Taya L	W13	Carmarthen	43.49	___

Heat 16 of 38 Finals

1	Treinis, Lucian	M9	PembrokeDist	42.69	___
2	Heron, Edith	W11	Aberystwyth	42.61	___
3	Jermin, Morgan	M10	Llanelli	42.09	___
4	Morgan, Iolah	W9	Pembs Cty	41.80	___
5	Lewis, Gethin R	M9	Swansea Aq	41.86	___
6	Evans, Mari	W10	Aberystwyth	42.55	___
7	Jeanes, Sienna	W11	Co Cardiff	42.65	___
8	Bowes, James F	M11	Carmarthen	42.71	___

Heat 17 of 38 Finals

1	Morris, Brooke	W11	Penyrheol	41.70	___
2	Hopkins, Darcy	W10	Penyrheol	41.63	___
3	Pinnock, Betsan R	W11	Swansea Aq	41.29	___
4	Phillips, Gethin	M12	Haverfordwes	40.95	___
5	Lewis, Kathryn	W11	Neath	41.18	___
6	Leigh, Jacob	M10	Co Cardiff	41.36	___
7	Buckley, Ava	W11	Co Cardiff	41.65	___
8	Thomas, Harry	M13	Haverfordwes	41.77	___

Heat 18 of 38 Finals

1	Gil Wood, Elena	W11	Swansea Aq	40.71	___
2	James, Josie	W11	Llanelli	40.61	___
3	Price, Harry	M13	Carmarthen	40.58	___
4	George, Kieran	M12	Pembs Cty	40.54	___
5	Williams, Lois G	W11	Swansea Aq	40.56	___
6	Harris, Caio N	M13	Carmarthen	40.58	___
7	Robinson, Oshan	M13	Fishguard	40.71	___
8	Williams, Eirwen N	W11	Swansea Aq	40.88	___

Heat 19 of 38 Finals

1	Howell, Sophie	W12	Haverfordwes	40.32	___
2	Aggett, Coraline	W11	Amman Valley	40.15	___
3	Foale, Jack	M13	Aberystwyth	39.81	___
4	Massey, Mia	W11	C Dolphins	39.65	___
5	Davies, Betsi	W11	Pembs Cty	39.80	___
6	Hughes, Megan	W10	C Dolphins	39.83	___
7	Malough, Holly V	W12	Swansea Aq	40.29	___
8	Thomas, Angharad	W13	Fishguard	40.52	___

Heat 20 of 38 Finals

1	Mason, Ezmee	W10	Pembs Cty	39.32	___
2	Doncaster, Lily S	W13	Haverfordwes	39.20	___
3	Penfold, Freya	W13	Fishguard	39.16	___
4	Gardner-Rolfe, Mia G	W11	Swansea Aq	39.06	___
5	Percival, Bella	W11	C Dolphins	39.09	___
6	Evans, Wolfgang	W10	Pembs Cty	39.20	___
7	David, Ioan	M11	Haverfordwes	39.28	___
8	Richards, Kira M	W12	Carmarthen	39.38	___

Heat 21 of 38 Finals

1	Edwards, Ffion	W12	Swansea Aq	38.89	___
2	Williams, Ffion	W14	Milford Havn	38.72	___
3	Grehan, Rebecca M	W13	Carmarthen	38.69	___
4	Joseph, Ellie	W11	C Dolphins	38.50	___
5	Fogarty, Oliver	M11	Fishguard	38.57	___
6	Lloyd, Vincent-Owen N	M10	Swansea Aq	38.72	___
7	Henson, Jessica	W10	Pembs Cty	38.83	___
8	Monan, Euan	M10	Pembs Cty	38.95	___

Heat 22 of 38 Finals

1	Williams, Summer	W12	C Dolphins	38.24	___
2	Davies, Cai J	M14	Swansea Aq	38.17	___
3	Lewis, Evie	W10	Pembs Cty	37.77	___
4	Bawden, Lewis J	M15	Penyrheol	37.45	___
5	Rowland, Scarlett	W11	Neath	37.50	___
6	Fry, Tilly	W11	Llanelli	38.04	___
7	Williams, April M	W9	Swansea Aq	38.21	___
8	Williams, Lucas C	M9	Swansea Aq	38.49	___

Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

Meet Program - Session 5 (Warmup 11.35 - 12.35)

Heat 23 Finals (#503 Mixed 9 & Over 50 SC Meter Freestyle)

1	Rees-Davies, Saoirse	W12	Llanelli	37.42	_____
2	Kelly, Henri J	M11	Carmarthen	37.37	_____
3	Blue, Harri O	M12	Carmarthen	37.22	_____
4	Sysuieva, Oleksandra	W13	Swansea Aq	37.12	_____
5	Jenkins, Isabella	W11	Llanelli	37.14	_____
6	Powell, Nina	W11	Pembs Cty	37.26	_____
7	Kaill-Franks, Nia	W12	Pembs Cty	37.41	_____
8	Clifford, Hannah	W13	PembrokeDist	37.43	_____

Heat 24 of 38 Finals

1	Elcock, Freya	W13	Fishguard	36.96	_____
2	Jenkins, Elli J	W12	Swansea Aq	36.91	_____
3	Evans, Katie	W13	C Dolphins	36.84	_____
4	Parry, Abigail	W11	Carmarthen	36.78	_____
5	Berner, Kiana	W12	Aberystwyth	36.79	_____
6	Thomas, Cara	W14	Llanelli	36.90	_____
7	Abraham, A-Jay	M12	Neath	36.93	_____
8	Beasley, Evaleigh D	W10	Swansea Aq	37.00	_____

Heat 25 of 38 Finals

1	Chapman, Henry	M12	Carmarthen	36.50	_____
2	McAdie, Imogen	W14	Swansea Aq	36.38	_____
3	Stephens, Charlie	M13	Neath	36.31	_____
4	Hughes, Mollie	W12	C Dolphins	36.13	_____
5	Davies, Ava-Rose	W11	Llanelli	36.20	_____
6	Wells, Iris	W12	C Dolphins	36.36	_____
7	Thomas, Carys	W12	Penyrheol	36.50	_____
8	David, Emily	W12	Haverfordwes	36.54	_____

Heat 26 of 38 Finals

1	Williams, Efan	M11	Neath	35.98	_____
2	Bessent, Mia	W12	Penyrheol	35.85	_____
3	Kasto, Evie T	W12	Swansea Aq	35.77	_____
4	Noden, Rory	M11	Pembs Cty	35.72	_____
5	Lerigo, Oli	M13	Aberystwyth	35.77	_____
6	Williams, Fay P	W11	Swansea Aq	35.78	_____
7	Griffiths, Harri	M13	C Dolphins	35.96	_____
8	Griffiths, Elizabeth	W12	Pembs Cty	36.03	_____

Heat 27 of 38 Finals

1	Dyde, Phoebe	W11	Pembs Cty	35.63	_____
2	George, Eilir	W13	Llanelli	35.44	_____
3	Patterson, Ollie	M13	Pembs Cty	35.31	_____
4	Smith, Declan	M12	Amman Valley	35.20	_____
5	Wood, Lilly	W10	Neath	35.23	_____
6	Williams, Ryan	M15	Llanelli	35.37	_____
7	Dafydd, Iola	W14	Fishguard	35.56	_____
8	Price, Seren -louise	W11	Carmarthen	35.67	_____

Heat 28 of 38 Finals

1	Harris, Lili	W16	Carmarthen	35.04	_____
2	Perrott, Hannah	W13	C Dolphins	34.71	_____
3	Patterson, Hollie M	W12	Carmarthen	34.59	_____
4	Bowen, Seren E	W13	Carmarthen	34.47	_____
5	Davies, Isabella	W12	Llanelli	34.52	_____
6	Evans, Cadi R	W11	Swansea Aq	34.60	_____
7	Knight, Lily	W13	C Dolphins	35.03	_____
8	Chapman, Olivia	W13	Swansea Aq	35.10	_____

Heat 29 of 38 Finals

1	Smudzinski, Max M	M11	Swansea Aq	34.39	_____
2	Williams, Paige T	W11	Swansea Aq	34.23	_____
3	Baker, Chloe	W15	Swansea Aq	34.10	_____
4	Tweed, Ifan	M15	C Dolphins	34.07	_____
5	Harris, Toby	M14	PembrokeDist	34.09	_____
6	Hughes-Llewellyn, David	M13	Llanelli	34.19	_____
7	Hnoiana, Valentyna	W11	Swansea Aq	34.30	_____
8	Abell, Eve	W16	Neath	34.40	_____

Heat 30 of 38 Finals

1	Snellgrove, Chloe	W13	Amman Valley	33.84	_____
2	Davies, Erin	W12	C Dolphins	33.70	_____
3	Smith, Herbie C	M13	Swansea Aq	33.64	_____
4	Jones, Hunydd	W12	Carmarthen	33.56	_____
5	Davies, Elizabeth	W10	Pembs Cty	33.59	_____
6	Thomas, Grace	W12	Carmarthen	33.67	_____
7	Morgan, Cole	M12	C Dolphins	33.72	_____
8	Tytler, Leo	M15	Haverfordwes	33.88	_____

Heat 31 of 38 Finals

1	Grugel, Sam	M13	C Dolphins	33.39	_____
2	Dafydd, Mali	W13	Fishguard	33.18	_____
3	Hall, Ethan	M14	Fishguard	33.03	_____
4	Williams, Efa	W15	Neath	32.78	_____
5	Thomas, Rhys	M13	Pembs Cty	33.00	_____
6	Gray, Gruff	M14	C Dolphins	33.04	_____
7	Snelgrove, Violet	W15	Neath	33.28	_____
8	Heredia-Rowe, Rhiannon A	W17	Neath	33.50	_____

Heat 32 of 38 Finals

1	Lewis, Callum	M14	Milford Havn	32.57	_____
2	Stuart-Lavender, Jac	M13	Llanelli	32.35	_____
3	Edwards, Isabel	W14	Swansea Aq	32.10	_____
4	Jones, Aaron	M16	Aberystwyth	31.96	_____
5	Richardson, Beca	W13	Swansea Aq	31.98	_____
6	Taffetsauffer, Isabella	W12	Llanelli	32.22	_____
7	Bruce, Kiera	W13	Pembs Cty	32.52	_____
8	Upton-Boorman, Isabella	W13	Carmarthen	32.76	_____

Heat 33 of 38 Finals

1	Arnold, Jessica R	W13	Swansea Aq	31.87	_____
2	King, Ethan	M11	Penyrheol	31.70	_____
3	Philpott, Ffion	W14	Nofio S Gar	31.54	_____
4	Selby, Cerys	W17	Neath	31.48	_____
5	Perrott, Niamh	W14	C Dolphins	31.49	_____
6	Hughes, Tirion H	W13	Swansea Aq	31.69	_____
7	Hedge, William	M15	Swansea Aq	31.72	_____
8	Cressey-Rodgers, Gwenllian	W13	Nofio S Gar	31.95	_____

Heat 34 of 38 Finals

1	Berner, Iyla	W10	Aberystwyth	31.21	_____
2	Thomas, Nikita	W14	Llanelli	31.09	_____
3	Ley, Lucy	W15	Swansea Aq	30.90	_____
4	Sullivan, Katie	W16	Neath	30.51	_____
5	Coffey, Cora-leigh K	W13	Swansea Aq	30.55	_____
6	Elmes, Max	M12	Carmarthen	30.95	_____
7	Davies, Isla F	W10	Swansea Aq	31.19	_____
8	Griffiths, Amelia	W13	Pembs Cty	31.31	_____

Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024**Meet Program - Session 5 (Warmup 11.35 - 12.35)****Heat 35 Finals (#503 Mixed 9 & Over 50 SC Meter Freestyle)**

1	Davies, Rhian	W16	Swansea Aq	30.50	___
2	Pickersgill, Aoife	W15	Carmarthen	30.34	___
3	Hale, Libby R	W14	Swansea Aq	30.08	___
4	Knight, Cari	W15	Penyrheol	29.90	___
5	Williams, Thomas	M13	Nofio S Gar	29.92	___
6	Lythgoe, Manon H	W14	Swansea Aq	30.20	___
7	Cleave, Joshua	M15	C Dolphins	30.40	___
8	Webb, Efa M	W13	Amman Valley	30.50	___

Heat 36 of 38 Finals

1	Phillips, Finley	M13	Nofio S Gar	29.78	___
2	David, Isabelle	W16	Swansea Aq	29.50	___
3	Phillips, Rhianna	W18	Nofio S Gar	29.41	___
4	Hnoianyi, Andrii	M14	Swansea Aq	29.30	___
5	Hetherington, Trystan	M14	Neath	29.36	___
6	Backen, Henry	M15	Fishguard	29.47	___
7	Froom, Tia C	W20	Torfaen D	29.75	___
8	Griffiths, Sam	M15	Carmarthen	29.88	___

Heat 37 of 38 Finals

1	Williams, Hollie	W16	Nofio S Gar	29.12	___
2	Humphreys, Holly	W15	Swansea Aq	29.04	___
3	King, Marley	W15	Penyrheol	28.50	___
4	Sanorjo, Angelo A	M18	Swansea Aq	28.20	___
5	Galbraith, Elian	M14	Llanelli	28.29	___
6	Gibbs, Harriet	W15	Nofio S Gar	28.56	___
7	Carter, Ava	W15	Penyrheol	29.10	___
8	Richards, Aled	M16	C Dolphins	29.15	___

Heat 38 of 38 Finals

1	Goodliffe, Faith	W23	C Dolphins	27.70	___
2	Stokes, Aimee	W19	Swansea Uni	27.20	___
3	Upton-Boorman, Liam	M16	Nofio S Gar	25.50	___
4	Johnstone, Daniel	M16	Nofio S Gar	24.51	___
5	Job, Kyle	M25	Penyrheol	25.37	___
6	Koriakovtsev, Illia	M17	Swansea Aq	26.21	___
7	Chapman, Coby L	M14	Penyrheol	27.50	___
8	Williams, Iestyn	M16	Neath	28.09	___