

Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

Meet Program - Session 6 (Warmup 3.15 - 4.15)

Event 601 Mixed 9 & Over 100 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 20 Finals

1				—
2	Shepherd, Amelia H	W9	C Dolphins	NT
3	Snellgrove, Madelaine	W9	Neath	NT
4	Dalton, Daisy	W9	Haverfordwes	NT
5	Goss, Leo	M9	C Dolphins	NT
6	Antwhistle, Esme W	W9	Swansea Aq	NT
7	Evans, Gwenllian	W9	Fishguard	NT
8				—

Heat 2 of 20 Finals

1	Dallimore, Seren	W9	Co Cardiff	NT
2	Rewbridge, Will	M10	Llanelli	NT
3	Mason, Ezmee	W10	Pembs Cty	NT
4	Davis, Max G	M10	Carmarthen	NT
5	Hawkins, Charlotte	W10	Haverfordwes	NT
6	Coates, Betsy	W10	Haverfordwes	NT
7	Williams, Megan H	W9	Llanelli	NT
8	Treinis, Lucian	M9	PembrokeDist	NT

Heat 3 of 20 Finals

1	Evans, Mari	W10	Aberystwyth	NT
2	Koszalski, Soffia L	W11	Llanelli	NT
3	Dyde, Phoebe	W11	Pembs Cty	NT
4	Dennison, Evie	W11	Milford Havn	NT
5	Phillips, Isabella	W11	Haverfordwes	NT
6	Foldi, Kristina	W11	Haverfordwes	NT
7	Morris, Ffion H	W11	Pembs Cty	NT
8	Humphreys, Mali G	W10	Swansea Aq	NT

Heat 4 of 20 Finals

1	Fogarty, Oliver	M11	Fishguard	NT
2	Taylor, Jasper B	M11	Swansea Aq	NT
3	Blue, Harri O	M12	Carmarthen	NT
4	Grehan, Rebecca M	W13	Carmarthen	NT
5	Thomas, Tristan	W13	Pembs Cty	NT
6	Edwards, Ffion	W12	Swansea Aq	NT
7	Barn, Freya	W11	Milford Havn	NT
8	Williams, Eirwen N	W11	Swansea Aq	NT

Heat 5 of 20 Finals

1	Strong, Dylan	M14	Amman Valley	NT
2	Davies, Alice	W15	Fishguard	NT
3	Jenkins, Olivia I	W10	Swansea Aq	2:46.10
4	Murphy, Ifan	M9	Haverfordwes	2:36.77
5	Williams, Ryan	M15	Llanelli	2:42.78
6	Morgan, Catrin	W16	Amman Valley	NT
7	Tucker, Lowri	W14	Llanelli	NT
8	Smith, Caelan	M13	Haverfordwes	NT

Heat 6 of 20 Finals

1	Nash, Sylvia	W9	Milford Havn	2:23.18
2	Phillips, Lucas	M12	Haverfordwes	2:22.07
3	Haslam, Tia	W13	Carmarthen	2:19.07
4	O Sullivan, Anwen	W9	Co Cardiff	2:15.54
5	McAdie, Isaac	M11	Swansea Aq	2:17.70
6	Higgins, Finley J	M12	Swansea Aq	2:20.80
7	Emam, Lina	W10	Swansea Aq	2:22.91
8	Noble, Reuben	M11	Haverfordwes	2:32.70

Heat 7 of 20 Finals

1	Bowes, James F	M11	Carmarthen	2:14.67
2	Rasheed, Leah	W9	Swansea Aq	2:14.32
3	Wilsher, Mali	W9	Co Cardiff	2:13.68
4	Jones, Ashleigh R	W13	Carmarthen	2:10.80
5	Fenemore, Emily G	W11	Carmarthen	2:12.59
6	Smith, Herbie C	M13	Swansea Aq	2:13.90
7	Felton, Gwennan	W11	C Dolphins	2:14.40
8	Philpott, Lowri	W12	Llanelli	2:15.53

Heat 8 of 20 Finals

1	Thomas, Angharad	W13	Fishguard	2:10.50
2	Elmes, Samuel	M10	Carmarthen	2:10.17
3	Davies, Lucy-Anne	W11	Amman Valley	2:09.08
4	Rudder, Frankie	M11	Haverfordwes	2:07.00
5	Backen, Freddie	M11	Pembs Cty	2:08.70
6	Holland, Owain Rhys	M10	Co Cardiff	2:10.14
7	Buckley, Ava	W11	Co Cardiff	2:10.40
8	Morgan, Iolah	W9	Pembs Cty	2:10.57

Heat 9 of 20 Finals

1	Jones, Carter A	M10	Swansea Aq	2:06.06
2	Boyle, Samantha J	W10	Carmarthen	2:05.29
3	Pitans, Caitlin R	W11	Swansea Aq	2:04.70
4	McAdie, Imogen	W14	Swansea Aq	2:03.93
5	Gardner-Rolfe, Mia G	W11	Swansea Aq	2:03.98
6	Davies, Betsi	W11	Pembs Cty	2:05.09
7	Jones, Catrin H	W10	Swansea Aq	2:05.76
8	Gil Wood, Elena	W11	Swansea Aq	2:06.20

Heat 10 of 20 Finals

1	Alexander, Fflur	W10	Aberystwyth	2:03.15
2	Williams, April M	W9	Swansea Aq	2:01.17
3	Lloyd Roberts, Harry	M11	Milford Havn	2:00.85
4	Francis, Emily-Rose	W13	Pembs Cty	2:00.20
5	Williams, Ffion	W14	Milford Havn	2:00.79
6	Rees, Oscar	M10	Llanelli	2:00.99
7	Leigh, Jacob	M10	Co Cardiff	2:02.63
8	Evans, Wolfgang	W10	Pembs Cty	2:03.19

Heat 11 of 20 Finals

1	Selby, Chloe	W13	Neath	1:58.04
2	Pinnock, Betsan R	W11	Swansea Aq	1:57.29
3	Massey, Mia	W11	C Dolphins	1:56.74
4	Henson, Jessica	W10	Pembs Cty	1:56.04
5	Howell, Sophie	W12	Haverfordwes	1:56.39
6	Doncaster, Lily S	W13	Haverfordwes	1:56.80
7	Heron, Edith	W11	Aberystwyth	1:57.72
8	Longar, Miriam E	W11	Carmarthen	1:58.44

Heat 12 of 20 Finals

1	Richards, Kira M	W12	Carmarthen	1:54.51
2	Percival, Bella	W11	C Dolphins	1:53.57
3	Lerigo, Oli	M13	Aberystwyth	1:52.40
4	Monan, Euan	M10	Pembs Cty	1:51.77
5	Crotty, Beau	M13	PembrokeDist	1:51.81
6	Griffiths, Elizabeth	W12	Pembs Cty	1:53.33
7	Kaill-Franks, Eira	W13	Fishguard	1:53.66
8	George, Kieran	M12	Pembs Cty	1:55.87

Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

Meet Program - Session 6 (Warmup 3.15 - 4.15)

Heat 13 Finals (#601 Mixed 9 & Over 100 SC Meter Breaststroke)

1	Lewis, Evie	W10	Pembs Cty	1:51.10	___
2	Kasto, Evie T	W12	Swansea Aq	1:50.87	___
3	Wells, Iris	W12	C Dolphins	1:50.76	___
4	Powell, Nina	W11	Pembs Cty	1:50.28	___
5	James, Josie	W11	Llanelli	1:50.55	___
6	Noden, Rory	M11	Pembs Cty	1:50.86	___
7	Beasley, Evaleigh D	W10	Swansea Aq	1:51.03	___
8	Rees-Davies, Saoirse	W12	Llanelli	1:51.56	___

Heat 14 of 20 Finals

1	Boyle, Taya L	W13	Carmarthen	1:48.86	___
2	Lewis, Callum	M14	Milford Havn	1:47.81	___
3	Kaill-Franks, Nia	W12	Pembs Cty	1:47.12	___
4	Malough, Holly V	W12	Swansea Aq	1:46.55	___
5	Antwhistle, Isaac J	M11	Swansea Aq	1:46.64	___
6	Rossiter Wargent, Mia	W10	Milford Havn	1:47.62	___
7	Davies, Ava-Rose	W11	Llanelli	1:48.29	___
8	Lloyd, Vincent-Owen N	M10	Swansea Aq	1:49.07	___

Heat 15 of 20 Finals

1	Smith, Declan	M12	Amman Valley	1:45.62	___
2	Elmes, Max	M12	Carmarthen	1:42.74	___
3	Burt, Caio	M13	Llanelli	1:41.12	___
4	Jenkins, Alexandra G	W14	Swansea Aq	1:40.59	___
5	Harris, Toby	M14	PembrokeDist	1:40.97	___
6	Dafydd, Mali	W13	Fishguard	1:42.22	___
7	Hnoiana, Valentyna	W11	Swansea Aq	1:43.19	___
8	Davis, Oliver J	M13	Carmarthen	1:46.44	___

Heat 16 of 20 Finals

1	Snellgrove, Chloe	W13	Amman Valley	1:39.66	___
2	Santos, Liam	M14	Milford Havn	1:38.95	___
3	Baker, Chloe	W15	Swansea Aq	1:38.49	___
4	Hughes, Mollie	W12	C Dolphins	1:38.21	___
5	Evans, Cadi R	W11	Swansea Aq	1:38.47	___
6	Thomas, Nikita	W14	Llanelli	1:38.50	___
7	John, Annabel	W14	Pembs Cty	1:39.44	___
8	Morgan, Cole	M12	C Dolphins	1:39.92	___

Heat 17 of 20 Finals

1	Williams, Efa	W15	Neath	1:37.99	___
2	Parton, Frankie F	M14	Carmarthen	1:37.32	___
3	Patterson, Ollie	M13	Pembs Cty	1:36.98	___
4	Patterson, Hollie M	W12	Carmarthen	1:35.97	___
5	Backen, Henry	M15	Fishguard	1:36.36	___
6	Stewart, Finlay	M15	Llanelli	1:37.09	___
7	Thomas, Grace	W12	Carmarthen	1:37.47	___
8	Snelgrove, Violet	W15	Neath	1:38.12	___

Heat 18 of 20 Finals

1	Parry, Abigail	W11	Carmarthen	1:35.32	___
2	Edwards, Isabel	W14	Swansea Aq	1:32.96	___
3	Blue, Macy	W14	Carmarthen	1:32.33	___
4	Geach, Libbie	W14	Swansea Aq	1:31.74	___
5	Berner, Iyla	W10	Aberystwyth	1:32.31	___
6	Stuart-Lavender, Jac	M13	Llanelli	1:32.57	___
7	Jones, Aaron	M16	Aberystwyth	1:33.05	___
8	King, Ethan	M11	Penyrheol	1:35.70	___

Heat 19 of 20 Finals

1	Ley, Lucy	W15	Swansea Aq	1:31.00	___
2	Taffetsauffer, Isabella	W12	Llanelli	1:29.72	___
3	Hall, Ethan	M14	Fishguard	1:28.00	___
4	Williams, Thomas	M13	Nofio S Gar	1:26.62	___
5	Hughes, Tirion H	W13	Swansea Aq	1:27.94	___
6	Davies, Isabella	W12	Llanelli	1:28.61	___
7	Webb, Efa M	W13	Amman Valley	1:29.84	___
8	Coffey, Cora-leigh K	W13	Swansea Aq	1:31.38	___

Heat 20 of 20 Finals

1	Hatton-Ellis, Isabelle L	W15	Swansea Aq	1:22.81	___
2	Twigger, Owen	M15	Swansea Aq	1:17.17	___
3	Phillips, Finley	M13	Nofio S Gar	1:13.79	___
4	Clarke, Henry	M16	Swansea Aq	1:09.20	___
5	Thompson, David	M41	PembrokeDist	1:09.95	___
6	Gibbs, Harriet	W15	Nofio S Gar	1:16.47	___
7	Richards, Aled	M16	C Dolphins	1:21.43	___
8	Knight, Lily	W13	C Dolphins	1:25.78	___

Event 602 Mixed 9 & Over 200 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 17 Finals

1					___
2	Rasheed, Leah	W9	Swansea Aq	NT	___
3	El Saghir, Karim S	M9	Carmarthen	NT	___
4	Burt, Gwion	M10	Llanelli	NT	___
5	Rewbridge, Will	M10	Llanelli	NT	___
6	Shepherd, Amelia H	W9	C Dolphins	NT	___
7					___
8					___

Heat 2 of 17 Finals

1	Jermin, Morgan	M10	Llanelli	NT	___
2	Francis, Mia	W10	Haverfordwes	NT	___
3	Evans, Sam	M11	PembrokeDist	NT	___
4	Dennison, Evie	W11	Milford Havn	NT	___
5	Pinnock, Betsan R	W11	Swansea Aq	NT	___
6	Boyle, Samantha J	W10	Carmarthen	NT	___
7	Smudzinska, Olivia M	W10	Swansea Aq	NT	___
8	Evans, Mari	W10	Aberystwyth	NT	___

Heat 3 of 17 Finals

1	Fenemore, Emily G	W11	Carmarthen	NT	___
2	Titely, Lola	W11	Milford Havn	NT	___
3	Bessent, Mia	W12	Penyrheol	NT	___
4	David, Emily	W12	Haverfordwes	NT	___
5	Phillips, Lucas	M12	Haverfordwes	NT	___
6	Jones, Tomi M	M11	Swansea Aq	NT	___
7	Curtis, Carley	W11	Milford Havn	NT	___
8	Banner, Harry	M11	Penyrheol	NT	___

Heat 4 of 17 Finals

1	Rees-Davies, Saoirse	W12	Llanelli	NT	___
2	Thomas, Harry	M13	Haverfordwes	NT	___
3	Penfold, Robyn	W13	Fishguard	NT	___
4	Dafydd, Iola	W14	Fishguard	NT	___
5	Jones, Hannah	W13	Swansea Aq	NT	___
6	Thomas, Tristan	W13	Pembs Cty	NT	___
7	Penfold, Freya	W13	Fishguard	NT	___
8	Lloyd-Taylor, Cali	W12	Pembs Cty	NT	___

Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024

Meet Program - Session 6 (Warmup 3.15 - 4.15)

Heat 5 Finals (#602 Mixed 9 & Over 200 SC Meter Freestyle)

1	Thomas, Cara	W14	Llanelli	NT	___
2	Crotty, Beau	M13	PembrokeDist	4:47.66	___
3	Taylor, Jasper B	M11	Swansea Aq	4:00.50	___
4	Williams, Eirwen N	W11	Swansea Aq	3:50.04	___
5	Goss, Lucia	W11	C Dolphins	3:56.60	___
6	Jones, Alanna	W14	Aberystwyth	4:31.20	___
7	Davies, Alice	W15	Fishguard	NT	___
8	Parton, Frankie F	M14	Carmarthen	NT	___

Heat 6 of 17 Finals

1	Davies, Betsi	W11	Pembs Cty	3:36.78	___
2	Backen, Freddie	M11	Pembs Cty	3:30.77	___
3	Jones, Alexa	W10	Llanelli	3:27.78	___
4	Williams, Evie	W10	Milford Havn	3:19.61	___
5	Buckley, Ava	W11	Co Cardiff	3:23.93	___
6	Gil Wood, Elena	W11	Swansea Aq	3:28.68	___
7	Treinis, Lucian	M9	PembrokeDist	3:33.65	___
8	Arnold, Olivia	W10	Milford Havn	3:46.33	___

Heat 7 of 17 Finals

1	Wells, Iris	W12	C Dolphins	3:17.79	___
2	Joseph, Ellie	W11	C Dolphins	3:15.31	___
3	Mason, Ezmee	W10	Pembs Cty	3:12.55	___
4	McAdie, Isaac	M11	Swansea Aq	3:09.49	___
5	Bowes, James F	M11	Carmarthen	3:11.30	___
6	Kaill-Franks, Nia	W12	Pembs Cty	3:13.99	___
7	Griffiths, Elizabeth	W12	Pembs Cty	3:17.49	___
8	George, Kieran	M12	Pembs Cty	3:18.88	___

Heat 8 of 17 Finals

1	Boyle, Taya L	W13	Carmarthen	3:08.87	___
2	Edwards, Ffion	W12	Swansea Aq	3:06.48	___
3	Berner, Kiana	W12	Aberystwyth	3:05.19	___
4	Lewis, Callum	M14	Milford Havn	3:04.14	___
5	Parry, Abigail	W11	Carmarthen	3:04.44	___
6	Evans, Wolfgang	W10	Pembs Cty	3:06.18	___
7	Morris, Ffion H	W11	Pembs Cty	3:08.37	___
8	McAdie, Imogen	W14	Swansea Aq	3:08.93	___

Heat 9 of 17 Finals

1	Monan, Euan	M10	Pembs Cty	3:03.12	___
2	Rowland, Scarlett	W11	Neath	3:02.41	___
3	Lewis, Evie	W10	Pembs Cty	2:57.65	___
4	Powell, Nina	W11	Pembs Cty	2:55.62	___
5	Patterson, Ollie	M13	Pembs Cty	2:56.30	___
6	Bowen, Seren E	W13	Carmarthen	3:02.17	___
7	Henson, Jessica	W10	Pembs Cty	3:02.75	___
8	Santos, Liam	M14	Milford Havn	3:03.57	___

Heat 10 of 17 Finals

1	Hughes, Megan	W10	C Dolphins	2:55.25	___
2	Kelly, Henri J	M11	Carmarthen	2:54.16	___
3	Jones, Hunydd	W12	Carmarthen	2:53.57	___
4	Stewart, Finlay	M15	Llanelli	2:53.15	___
5	Jenkins, Elli J	W12	Swansea Aq	2:53.33	___
6	Tytler, Leo	M15	Haverfordwes	2:53.64	___
7	Williams, Fay P	W11	Swansea Aq	2:54.64	___
8	Kasto, Evie T	W12	Swansea Aq	2:55.37	___

Heat 11 of 17 Finals

1	Davies, Isabella	W12	Llanelli	2:46.13	___
2	Davies, Erin	W12	C Dolphins	2:44.92	___
3	Patterson, Hollie M	W12	Carmarthen	2:44.12	___
4	Smudzinski, Max M	M11	Swansea Aq	2:43.70	___
5	Chapman, Olivia	W13	Swansea Aq	2:43.76	___
6	Powell, Lottie	W14	Swansea Aq	2:44.20	___
7	Davies, Lowri	W15	C Dolphins	2:45.60	___
8	Evans, Katie	W13	C Dolphins	2:50.03	___

Heat 12 of 17 Finals

1	Stuart-Lavender, Jac	M13	Llanelli	2:42.59	___
2	Baker, Chloe	W15	Swansea Aq	2:40.80	___
3	Davies, Ava-Rose	W11	Llanelli	2:39.28	___
4	Davies, Elizabeth	W10	Pembs Cty	2:38.42	___
5	Bruce, Kiera	W13	Pembs Cty	2:38.68	___
6	Harris, Toby	M14	PembrokeDist	2:39.74	___
7	Smith, Herbie C	M13	Swansea Aq	2:42.30	___
8	Mcfarlane, Una	W12	Pembs Cty	2:43.32	___

Heat 13 of 17 Finals

1	Blue, Macy	W14	Carmarthen	2:37.99	___
2	Davies, Ellis V	M12	Llanelli	2:35.71	___
3	Mills, Thomas	M12	Llanelli	2:35.06	___
4	Griffiths, Amelia	W13	Pembs Cty	2:33.79	___
5	Grugel, Sam	M13	C Dolphins	2:34.73	___
6	Jones, Aaron	M16	Aberystwyth	2:35.24	___
7	Thomas, Medi A	W15	Llanelli	2:37.50	___
8	Thomas, Rhys	M13	Pembs Cty	2:38.30	___

Heat 14 of 17 Finals

1	Perrott, Niamh	W14	C Dolphins	2:33.30	___
2	Edwards, Isabel	W14	Swansea Aq	2:33.14	___
3	Thomas, Nikita	W14	Llanelli	2:31.64	___
4	Lythgoe, Manon H	W14	Swansea Aq	2:30.70	___
5	Berner, Iyla	W10	Aberystwyth	2:31.51	___
6	Davies, Isla F	W10	Swansea Aq	2:32.46	___
7	Hughes, Tirion H	W13	Swansea Aq	2:33.16	___
8	Harwood, Jack	M12	Pembs Cty	2:33.64	___

Heat 15 of 17 Finals

1	Hnoianyi, Andrii	M14	Swansea Aq	2:29.10	___
2	Knight, Cari	W15	Penyrheol	2:27.14	___
3	Griffiths, Sam	M15	Carmarthen	2:24.41	___
4	Hale, Libby R	W14	Swansea Aq	2:23.80	___
5	Pickersgill, Aoife	W15	Carmarthen	2:24.25	___
6	Roberts-Truman, Harri	M13	Neath	2:26.98	___
7	Cressey-Rodgers, Gwenllian	W13	Nofio S Gar	2:28.55	___
8	Elmes, Max	M12	Carmarthen	2:29.35	___

Heat 16 of 17 Finals

1	Sullivan, Katie	W16	Neath	2:23.69	___
2	Carter, Ava	W15	Penyrheol	2:21.36	___
3	Koriakovtsev, Illia	M17	Swansea Aq	2:20.30	___
4	Humphreys, Holly	W15	Swansea Aq	2:16.96	___
5	Cleave, Joshua	M15	C Dolphins	2:18.98	___
6	Philpott, Ffion	W14	Nofio S Gar	2:21.13	___
7	Cleave, Mia	W16	C Dolphins	2:21.96	___
8	Davies, Rhian	W16	Swansea Aq	2:23.70	___

Nofio Sir Gar Open Meet 2024 - 13/01/2024 to 14/01/2024**Meet Program - Session 6 (Warmup 3.15 - 4.15)****Heat 17 Finals (#602 Mixed 9 & Over 200 SC Meter Freestyle)**

1	Galbraith, Elian	M14	Llanelli	2:15.91	___
2	Smart, Charlotte E	W16	Swansea Aq	2:15.50	___
3	Johnstone, Daniel	M16	Nofio S Gar	2:09.06	___
4	Thomas, Rhys A	M18	Swansea Aq	2:02.90	___
5	Upton-Boorman, Liam	M16	Nofio S Gar	2:04.70	___
6	King, Marley	W15	Penyrheol	2:12.98	___
7	Williams, Hollie	W16	Nofio S Gar	2:15.87	___
8	Williams, Thomas	M13	Nofio S Gar	2:16.52	___