

## West Wales Regional LC Championships 2024 - 09/02/2024 to 11/02/2024

## Meet Program - Session 3 (Warmup 12.00 - 12.50)

**Event 221 Male/Open 11 & Over 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 6 Finals Starts at 01:00 PM</b>				
1				___
2				___
3	Bool, Iolo	11	Hsc	1:46.30 ___
4	Jones, Dafydd	12	AMMY	1:33.37 ___
5	Lloyd, Vincent-Owen	11	SWAY	1:40.10 ___
6				___
7				___
8				___
<b>Heat 2 of 6 Finals Starts at 01:04 PM</b>				
1	Kelly, Henri	12	CAMY	1:31.30 ___
2	Banner, Harry	12	Penyrheol Asc	1:31.10 ___
3	Lerigo, Oli	14	Aberystwyth	1:28.46 ___
4	Hughes-Llewellyn, David	14	Llanelli	1:26.55 ___
5	Mills, Thomas	13	Llanelli	1:26.72 ___
6	Taylor, Joshua	12	NTVY	1:30.50 ___
7	Smith, Jacob	12	Hsc	1:31.20 ___
8	George, Kieran	13	Milford Tigers	1:31.95 ___
<b>Heat 3 of 6 Finals Starts at 01:07 PM</b>				
1	Noden, Rory	12	Milford Tigers	1:23.83 ___
2	Waters, Toby	13	SWAY	1:22.00 ___
3	King, Ethan	12	Penyrheol Asc	1:18.70 ___
4	Hedge, William	16	SWAY	1:16.50 ___
5	Harwood, Jack	13	Hsc	1:17.80 ___
6	Davies, Gethin	15	Pembs Cty	1:19.40 ___
7	Davies, Ellis	13	Llanelli	1:23.61 ___
8	Hobbs, Alex S7	19	Swansea Uni	1:26.40 ___
<b>Heat 4 of 6 Finals Starts at 01:10 PM</b>				
1	Jones, Jack	15	Pembs Cty	1:14.50 ___
2	Dallimore, Austin	15	Llanelli	1:12.79 ___
3	Phillips, Finley	14	NSGY	1:12.01 ___
4	Wu, Kevin	20	Swansea Uni	1:08.11 ___
5	Silverstone, Sol	15	Pembs Cty	1:10.80 ___
6	Richards, Aled	17	CEDY	1:12.49 ___
7	Galbraith, Elian	15	Llanelli	1:12.96 ___
8	Bennett, Finley	15	Pembs Cty	1:15.66 ___
<b>Heat 5 of 6 Finals Starts at 01:12 PM</b>				
1	Grant, Will	19	Swansea Uni	1:06.64 ___
2	Montague, Mason	16	Pembs Cty	1:04.12 ___
3	Johnson, Louis	20	Swansea Uni	1:00.94 ___
4	Stewart, Toby	21	Swansea Uni	59.00 ___
5	Armon, Jacob	21	Swansea Uni	1:00.51 ___
6	Montgomery, Sammy	16	Pembs Cty	1:01.70 ___
7	Upton-Boorman, Liam	17	NSGY	1:06.26 ___
8	Thomas, Iolo	14	NEAY	1:07.97 ___
<b>Heat 6 of 6 Finals Starts at 01:15 PM</b>				
1	Nikolaou, Antonio	21	Swansea Uni	58.17 ___
2	James, Freddie	22	Swansea Uni	57.49 ___
3	Hollinsky, Gideon	19	Swansea Uni	56.25 ___
4	Morgan, Dominic	19	Swansea Uni	53.80 ___
5	Sadberry, Jack	20	Swansea Uni	55.85 ___
6	Barlow, Oscar	19	Swansea Uni	57.24 ___
7	Johnstone, Daniel	17	NSGY	57.70 ___
8	Clegg, Luke	19	Swansea Uni	58.26 ___

**Event 222 Female 11 & Over 800 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Finals Starts at 01:17 PM</b>				
1				___
2	Gardner-Rolfe, Mia	12	SWAY	13:56.20 ___
3	Griffiths, Ffion	13	Tenby Dolphins	12:43.60 ___
4	Powell, Lottie	14	SWAY	12:30.80 ___
5	Davies, Elizabeth	11	Tenby Dolphins	12:31.30 ___
6	Morgan, Lily	14	Pembs Cty	12:45.20 ___
7				___
8				___
<b>Heat 2 of 3 Finals Starts at 01:32 PM</b>				
1	Mason, Phoebe	14	Pembs Cty	11:41.80 ___
2	Thompson, Freya	14	Pembs Cty	11:33.60 ___
3	Bray, Bethan	18	CEDY	11:28.48 ___
4	Green, Matilda	15	Pembs Cty	11:19.90 ___
5	Hall, Ellena	13	Pembs Cty	11:21.30 ___
6	Morgan, Evelyn	13	Llanelli	11:30.33 ___
7	Davies, Ava-Rose	11	Llanelli	11:39.93 ___
8	Richards, Amber	15	CEDY	12:30.07 ___
<b>Heat 3 of 3 Finals Starts at 01:45 PM</b>				
1	Clissold, Bronwyn	16	Pembs Cty	10:40.60 ___
2	Galdes-Cutting, Daisy	13	Pembs Cty	10:10.13 ___
3	Tree, Charlotte	20	Swansea Uni	9:25.76 ___
4	Forwood, Emily	20	Swansea Uni	9:14.78 ___
5	Johnson, Charlotte	21	Swansea Uni	9:17.35 ___
6	Hatton-Ellis, Isabelle	16	SWAY	9:39.00 ___
7	Huws, Awen	16	NTVY	10:20.80 ___
8	Arnold, Lily	16	Pembs Cty	10:41.90 ___
<b>Event 223 Male/Open 11 &amp; Over 100 LC Meter Freestyle</b>				
Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 10 Finals Starts at 01:56 PM</b>				
1	Jermin, Morgan	11	Llanelli	1:30.76 ___
2	Banner, Harry	12	Penyrheol Asc	1:24.30 ___
3	Antwhistle, Isaac	12	SWAY	1:23.80 ___
4	Hughes, Freddy	12	NTVY	1:22.50 ___
5	Jones, Dafydd	12	AMMY	1:23.35 ___
6	Monan, Euan	11	Tenby Dolphins	1:23.90 ___
7	Hobbs, Alex S7	19	Swansea Uni	1:27.13 ___
8				___
<b>Heat 2 of 10 Finals Starts at 01:58 PM</b>				
1	Taylor, Joshua	12	NTVY	1:22.40 ___
2	Chapman, Henry	13	CAMY	1:21.00 ___
3	Noden, Rory	12	Milford Tigers	1:16.48 ___
4	Waters, Toby	13	SWAY	1:14.70 ___
5	Smith, Declan	13	AMMY	1:15.48 ___
6	Smudzinski, Max	12	SWAY	1:17.00 ___
7	Kelly, Henri	12	CAMY	1:21.70 ___
8	Sekula, Szymon	13	NTVY	1:22.50 ___
<b>Heat 3 of 10 Finals Starts at 02:01 PM</b>				
1	Davies, Ellis	13	Llanelli	1:14.31 ___
2	Huang, Peidong	14	SWAY	1:13.22 ___
3	Harwood, Jack	13	Hsc	1:12.70 ___
4	Mills, Thomas	13	Llanelli	1:11.93 ___
5	Stuart-Lavender, Jac	14	Llanelli	1:11.98 ___
6	Burt, Caio	14	Llanelli	1:12.81 ___
7	Thomas, Rhys	14	Hsc	1:13.40 ___
8	Grugel, Sam	14	CEDY	1:14.63 ___

## West Wales Regional LC Championships 2024 - 09/02/2024 to 11/02/2024

## Meet Program - Session 3 (Warmup 12.00 - 12.50)

**Heat 4 Finals (#223 Male/Open 11 & Over 100 LC Meter Freestyle)**

1	Hale, Oliver	13	SWAY	1:10.90	___
2	Elmes, Max	13	CAMY	1:09.90	___
3	Morgan, Ben	15	Pembs Cty	1:08.29	___
4	Burt, Teyan	17	Llanelli	1:05.99	___
5	Hetherington, Trystan	15	NEAY	1:06.37	___
6	Davies, Gethin	15	Pembs Cty	1:09.70	___
7	O'Hara, Corey	15	ABVY	1:10.85	___
8	Hedge, William	16	SWAY	1:11.00	___

**Heat 5 of 10 Finals Starts at 02:04 PM**

1	Phillips, Finley	14	NSGY	1:04.76	___
2	Ford, Hayden	19	Swansea Uni	1:02.61	___
3	Thomas, Iolo	14	NEAY	1:01.60	___
4	Koriakovtsev, Illia	17	SWAY	1:01.50	___
5	Phillips, Ioan	14	NEAY	1:01.60	___
6	Galbraith, Elian	15	Llanelli	1:02.26	___
7	Williams, Thomas	14	NSGY	1:04.32	___
8	Roberts-Truman, Harri	14	NEAY	1:05.93	___

**Heat 6 of 10 Finals Starts at 02:06 PM**

1	Chapman, Coby	15	Penyrheol Asc	1:01.00	___
2	West, Dexter	15	Pembs Cty	1:00.30	___
3	Fletcher, Owen	17	Pembs Cty	59.90	___
4	Douglas, Lucas	13	NEAY	59.38	___
5	Gubb, Harvey	18	NEAY	59.77	___
6	Richardson, Osian	16	SWAY	59.93	___
7	Williams, Corey	18	SWAY	1:00.50	___
8	Sanorjo, Angelo	19	SWAY	1:01.33	___

**Heat 7 of 10 Finals Starts at 02:08 PM**

1	Sellick, Fenn	16	SWAY	58.10	___
2	Niland, Harrison	19	Swansea Uni	57.66	___
3	Upton-Boorman, Liam	17	NSGY	57.36	___
4	Keeble, Alex	20	Swansea Uni	56.61	___
5	Edwards, Sam	18	NEAY	57.30	___
6	Wu, Kevin	20	Swansea Uni	57.56	___
7	Twigger, Owen	15	SWAY	57.70	___
8	Hedge, Tom	19	Swansea Uni	58.81	___

**Heat 8 of 10 Finals Starts at 02:09 PM**

1	Davies, Aneurin	20	Swansea Uni	56.41	___
2	Smith, Eamon	20	Swansea Uni	55.58	___
3	Westwood, Owen	20	Swansea Uni	55.37	___
4	Braddock, Patrick	20	Swansea Uni	55.06	___
5	Johnstone, Daniel	17	NSGY	55.20	___
6	Poole, Dexter	19	Swansea Uni	55.46	___
7	Montgomery, Sammy	16	Pembs Cty	56.30	___
8	Hoey, Luke	22	Swansea Uni	56.48	___

**Heat 9 of 10 Finals Starts at 02:11 PM**

1	Wells, Oliver	18	SWAY	54.50	___
2	Gillett, Oliver	17	SWAY	53.80	___
3	Gallahger, Dylan	21	Swansea Uni	52.88	___
4	Larkin, Ryan	23	Swansea Uni	52.69	___
5	Docking-Smith, Frankie	20	Swansea Uni	52.86	___
6	Raffill, Daniel	21	Swansea Uni	53.24	___
7	Burton, Luke	21	Swansea Uni	54.13	___
8	Thomas, Rhys	19	SWAY	55.00	___

**Heat 10 of 10 Finals Starts at 02:13 PM**

1	Elkin, Max	20	Swansea Uni	51.27	___
2	Fraser, Lewis	24	Swansea Uni	50.67	___
3	Williams, Joshua	22	Swansea Uni	49.93	___
4	Jones, Daniel	28	Swansea Uni	49.02	___
5	Rawes, Sebastian	20	Swansea Uni	49.56	___
6	Nicholl, Finn	22	Swansea Uni	50.57	___
7	Burton, Matt	23	Swansea Uni	50.87	___
8	Chan, Nathan	21	Swansea Uni	52.21	___

**Event 224 Female 11 & Over 200 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals Starts at 02:14 PM**

1					
2	Williams, Evie	11	Milford Tigers	4:26.01	___
3	Leane, Megan	12	Hsc	4:09.20	___
4	Heron, Edith	12	Aberystwyth	4:08.01	___
5	Polverino, Tilly	11	SWAY	4:08.50	___
6	Salmon, Amelia	11	NTVY	4:11.68	___
7	Thomas, Enlli	11	NTVY	4:26.50	___
8					___

**Heat 2 of 7 Finals Starts at 02:19 PM**

1	Percival, Bella	12	CEDY	4:02.28	___
2	Griffiths, Isla	11	Tenby Dolphins	3:57.60	___
3	Ellis, Eve	12	CEDY	3:56.13	___
4	Dennison, Evie	12	Milford Tigers	3:54.62	___
5	Henson, Jess	11	Tenby Dolphins	3:55.30	___
6	Lewis, Evie	11	Hsc	3:57.50	___
7	Williams, Fay	12	SWAY	4:01.10	___
8	May, Gwen	12	NTVY	4:05.90	___

**Heat 3 of 7 Finals Starts at 02:24 PM**

1	Rogers, Sadie	12	Penyrheol Asc	3:50.70	___
2	Beasley, Evaleigh	11	SWAY	3:50.50	___
3	Rossiter Wargent, Mia	11	Milford Tigers	3:47.18	___
4	Snellgrove, Chloe	14	NEAY	3:41.55	___
5	Blyth, Isobelle	14	Hsc	3:43.90	___
6	Dyde, Pheobe	12	Pembroke	3:47.62	___
7	Morris, Ffion	12	Tenby Dolphins	3:50.70	___
8	Pinnock, Betsan	12	SWAY	3:53.90	___

**Heat 4 of 7 Finals Starts at 02:29 PM**

1	Collins-Falconer, Alesha	16	NTVY	3:37.60	___
2	Patterson, Hollie	13	CAMY	3:32.90	___
3	Baker, Chloe	16	SWAY	3:29.30	___
4	Murphy, Alys	15	Hsc	3:28.00	___
5	Berner, Iyla	11	Aberystwyth	3:28.66	___
6	Evans, Cadi	12	SWAY	3:30.90	___
7	Francis, Emily-Rose	14	Hsc	3:36.80	___
8	Davies, Elizabeth	11	Tenby Dolphins	3:40.72	___

**Heat 5 of 7 Finals Starts at 02:33 PM**

1	Dash, Amelie	13	Pembs Cty	3:22.07	___
2	Hall, Isabelle	13	Pembs Cty	3:19.50	___
3	Miles, Megan	16	Pembs Cty	3:17.30	___
4	Taffetsauffer, Isabella	13	Llanelli	3:09.10	___
5	Davies, Isabella	13	Llanelli	3:13.61	___
6	Webb, Efa	14	AMMY	3:17.58	___
7	Parry, Abigail	11	CAMY	3:21.40	___
8	Filmer, Gwennan	12	Aberystwyth	3:26.86	___

**West Wales Regional LC Championships 2024 - 09/02/2024 to 11/02/2024**

**Meet Program - Session 3 (Warmup 12.00 - 12.50)**

**Heat 6 Finals (#224 Female 11 & Over 200 LC Meter Breaststroke)**

1	Knight, Lily	14	CEDY	3:02.88	___
2	Stark, Tala	14	Pembs Cty	3:02.70	___
3	Lythgoe, Manon	15	SWAY	2:57.20	___
4	Evans, Caitlin	18	NEAY	2:54.76	___
5	Owen, Kessie	16	NEAY	2:56.37	___
6	Phillips, Emily	16	NEAY	2:58.96	___
7	Lewis, Abigail	19	NEAY	3:02.78	___
8	Hughes, Tirion	13	SWAY	3:04.90	___

**Heat 7 of 7 Finals Starts at 02:41 PM**

1	Phillips, Rhianna	19	NSGY	2:48.89	___
2	Mustoe, Lili - Mau	22	Swansea Uni	2:43.96	___
3	Hornby, Rachel	20	Swansea Uni	2:38.90	___
4	Stoimenova, Kameliya	21	Swansea Uni	2:34.36	___
5	Payne, Sophie	22	Swansea Uni	2:36.95	___
6	Sharp, Laura	22	Swansea Uni	2:40.14	___
7	Rees, Katie	26	Swansea Uni	2:48.50	___
8	Gibbs, Harriet	16	NSGY	2:52.92	___

**Event 225 Male/Open 11-12 400 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 1 Finals Starts at 02:44 PM**

1			___
2			___
3			___
4	SWAY	A	5:53.39
5			___
6			___
7			___
8			___

**Event 226 Male/Open 13-14 400 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 1 Finals Starts at 02:51 PM**

1			___
2			___
3	NEAY	A	NT
	1) Douglas, Lucas 13	2) Phillips, Ioan 14	
	3) Roberts-Truman, Harri 14	4) Thomas, Iolo 14	
4	SWAY	A	4:55.32
5	Llanelli	A	NT
6			___
7			___
8			___

**Event 227 Male/Open 15-16 400 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 1 Finals Starts at 02:57 PM**

1			___
2			___
3	Pembs Cty	B	NT
4	SWAY	A	4:01.83
5	Pembs Cty	A	NT
6			___
7			___
8			___

**Event 228 Male/Open 17 & Over 400 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 1 Finals Starts at 03:01 PM**

1			___
2			___
3			___
4	SWAY	A	3:43.70
5	Swansea Uni	A	NT
6			___
7			___
8			___