

## West Wales Regional LC Championships 2024 - 09/02/2024 to 11/02/2024

## Meet Program - Session 5 (Warmup 8.00 - 8.50)

## Event 311 Female 11 &amp; Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 13 Finals Starts at 09:00 AM

1				—
2				—
3	Mason, Ezmee	11	Hsc	3:57.50
4	Roberts, Grace	12	CEDY	3:43.32
5	Coles, Aria	11	NTVY	3:49.70
6				—
7				—
8				—

## Heat 2 of 13 Finals Starts at 09:05 AM

1	Gil Wood, Elena	12	SWAY	3:42.90
2	Massey, Mia	12	CEDY	3:41.83
3	Williams, Grace	13	NTVY	3:39.87
4	Percival, Bella	12	CEDY	3:38.41
5	Williams, Evie	11	Milford Tigers	3:39.24
6	Roberts Mylan, Sophie	12	SWAY	3:41.30
7	Williams, Lois	12	SWAY	3:42.80
8				—

## Heat 3 of 13 Finals Starts at 09:10 AM

1	Szmigiero, Kaya	11	Aberystwyth	3:37.38
2	Gardner-Rolfe, Mia	12	SWAY	3:34.50
3	May, Gwen	12	NTVY	3:32.16
4	Malough, Holly	13	SWAY	3:30.50
5	Griffiths, Isla	11	Tenby Dolphins	3:32.00
6	Roberts Mylan, Ffion	12	SWAY	3:33.80
7	Morris, Blair	11	NTVY	3:36.60
8	Salmon, Amelia	11	NTVY	3:38.35

## Heat 4 of 13 Finals Starts at 09:14 AM

1	Pinnock, Betsan	12	SWAY	3:29.40
2	Henson, Jess	11	Tenby Dolphins	3:27.70
3	Lewis, Evie	11	Hsc	3:26.00
4	Kenny, Jemima	13	Milford Tigers	3:24.83
5	Williams, Fay	12	SWAY	3:25.80
6	Price, Seren -louise	12	CAMY	3:27.20
7	Morris, Ffion	12	Tenby Dolphins	3:29.10
8	Hawkins, Betsy-May	13	Llanelli	3:29.91

## Heat 5 of 13 Finals Starts at 09:18 AM

1	Jewitt, Anya	13	SWAY	3:22.20
2	Rogers, Sadie	12	Penyrheol Asc	3:22.00
3	Summerfield, Lucy	12	Llanelli	3:17.59
4	Goodman, Lola	13	SWAY	3:14.40
5	Goodman, Evie	13	SWAY	3:15.20
6	Wilcockson, Alys	14	Aberystwyth	3:18.97
7	Short, Amelia	13	NTVY	3:22.20
8	Dyde, Pheobe	12	Pembroke	3:22.33

## Heat 6 of 13 Finals Starts at 09:22 AM

1	Szmigiero, Victoria	15	Aberystwyth	3:14.07
2	Baker, Chloe	16	SWAY	3:10.40
3	Williams-Kivell, Izabella	16	SWAY	3:07.50
4	Beynon, Chloe	17	Flyers	3:05.92
5	Davies, Elizabeth	11	Tenby Dolphins	3:06.95
6	Griffiths, Ffion	13	Tenby Dolphins	3:08.60
7	Davies, Megan	15	NTVY	3:11.40
8	Davies, Erin	13	CEDY	3:14.38

## Heat 7 of 13 Finals Starts at 09:26 AM

1	David, Ava	14	SWAY	3:05.50
2	Rice, Lily	20	Pembroke	3:04.43
3	Richardson, Beca	14	SWAY	3:02.70
4	Sedgemore, Lola	12	NEAY	3:02.34
5	Williams, Paige	12	SWAY	3:02.60
6	Evans, Cadi	12	SWAY	3:03.20
7	Filmer, Gwennan	12	Aberystwyth	3:05.05
8	Bruce, Kiera	14	Pembs Cty	3:05.60

## Heat 8 of 13 Finals Starts at 09:30 AM

1	Hall, Isabelle	13	Pembs Cty	3:02.10
2	Hall, Ellena	13	Pembs Cty	3:00.40
3	Mason, Phoebe	14	Pembs Cty	2:59.98
4	Kazmiruk, Anastasiia	13	AMMY	2:57.52
5	Hughes, Nancy	15	NTVY	2:58.70
6	Griffiths, Gwenan	14	SWAY	3:00.20
7	Morgan, Lily	14	Pembs Cty	3:01.00
8	Mcfarlane, Una	13	Pembs Cty	3:02.20

## Heat 9 of 13 Finals Starts at 09:33 AM

1	Knight, Lily	14	CEDY	2:54.39
2	Upton-Boorman, Isabella	14	CAMY	2:54.10
3	Koo, Kathryn	15	Pembs Cty	2:53.07
4	Hughes, Tirion	13	SWAY	2:52.70
5	Davies, Isla	11	SWAY	2:52.80
6	Miles, Megan	16	Pembs Cty	2:53.50
7	Dash, Amelie	13	Pembs Cty	2:54.20
8	Bruce, Skye	15	Pembs Cty	2:57.10

## Heat 10 of 13 Finals Starts at 09:37 AM

1	Perrott, Niamh	15	CEDY	2:51.51
2	Bissicks, Cari	13	SWAY	2:50.60
3	Stark, Tala	14	Pembs Cty	2:50.10
4	Clissold, Bronwyn	16	Pembs Cty	2:48.00
5	Thomas, Grace	17	Milford Tigers	2:48.39
6	Berner, Iyla	11	Aberystwyth	2:50.13
7	Ley, Lucy	16	SWAY	2:51.00
8	Holmes, Seren	15	NEAY	2:52.21

## Heat 11 of 13 Finals Starts at 09:41 AM

1	Clissold, Elizabeth	18	Pembs Cty	2:43.00
2	White, Eleanor	18	Hsc	2:42.30
3	Humphreys, Holly	16	SWAY	2:41.30
4	Griffiths, Cerys	14	Pembs Cty	2:38.30
5	Minogue, Ella	21	Swansea Uni	2:40.03
6	Coffey, Cora-leigh	14	SWAY	2:42.00
7	Lythgoe, Manon	15	SWAY	2:42.30
8	Philpott, Ffion	15	NSGY	2:47.48

## Heat 12 of 13 Finals Starts at 09:44 AM

1	Phillips, Rhianna	19	NSGY	2:36.90
2	Davies, Bethan	19	Swansea Uni	2:35.80
3	Geach, Libbie	15	SWAY	2:33.20
4	Hatton-Ellis, Isabelle	16	SWAY	2:31.90
5	Nichols, Grace	14	Pembs Cty	2:33.10
6	Smart, Charlotte	17	SWAY	2:34.40
7	Gillett, Keira	19	Swansea Uni	2:35.81
8	Williams, Marys	15	SWAY	2:37.30

## West Wales Regional LC Championships 2024 - 09/02/2024 to 11/02/2024

## Meet Program - Session 5 (Warmup 8.00 - 8.50)

## Heat 13 Finals (#311 Female 11 &amp; Over 200 LC Meter IM)

1	Mustoe, Lili - Mau	22	Swansea Uni	2:28.89	___
2	Wheeler, Oriana	19	Swansea Uni	2:25.33	___
3	Patterson, Millie	18	SWAY	2:23.40	___
4	Rees, Katie	26	Swansea Uni	2:20.78	___
5	Sharp, Laura	22	Swansea Uni	2:21.37	___
6	Hornby, Rachel	20	Swansea Uni	2:23.91	___
7	Tree, Charlotte	20	Swansea Uni	2:28.80	___
8	Lewis, Lowri	18	NEAY	2:29.19	___

## Event 312 Male/Open 11 &amp; Over 400 LC Meter IM

Lane	Name	Age	Team	Seed Time	
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## Heat 1 of 2 Finals Starts at 09:51 AM

1					___
2	Thomas, Rhys	14	Hsc	6:39.30	___
3	Douglas, Lucas	13	NEAY	5:58.90	___
4	Galbraith, Elian	15	Llanelli	5:43.73	___
5	Burt, Teyan	17	Llanelli	5:55.78	___
6	Burt, Caio	14	Llanelli	6:27.52	___
7	Noden, Rory	12	Milford Tigers	6:41.47	___
8					___

## Heat 2 of 2 Finals Starts at 09:58 AM

1	Williams, Thomas	14	NSGY	5:34.60	___
2	Bennett, Finley	15	Pembs Cty	5:19.40	___
3	Chapman, Nathan	20	Swansea Uni	4:39.00	___
4	Kendrick, Elijah	20	Swansea Uni	4:31.72	___
5	Neaves, Archie	19	Swansea Uni	4:35.84	___
6	Upton-Boorman, Liam	17	NSGY	5:08.03	___
7	Phillips, Finley	14	NSGY	5:32.38	___
8	Chapman, Coby	15	Penyrheol Asc	5:41.10	___

## Event 313 Female 11 &amp; Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	
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## Heat 1 of 9 Finals Starts at 10:04 AM

1					___
2	Philpott, Lowri SB14	13	Llanelli	2:18.24	___
3	Williams, Evie	11	Milford Tigers	2:01.90	___
4	Joseph, Ellie	12	CEDY	1:57.30	___
5	Snelgrove, Scarlett	12	NEAY	1:57.54	___
6	Jones, Catrin	11	SWAY	2:03.60	___
7					___
8					___

## Heat 2 of 9 Finals Starts at 10:07 AM

1	Griffiths, Elizabeth	13	Flyers	1:54.43	___
2	Williams, Fay	12	SWAY	1:54.30	___
3	Pinnock, Betsan	12	SWAY	1:53.60	___
4	Massey, Mia	12	CEDY	1:53.22	___
5	Heron, Edith	12	Aberystwyth	1:53.40	___
6	May, Gwen	12	NTVY	1:54.00	___
7	Griffiths, Isla	11	Tenby Dolphins	1:54.30	___
8	Leane, Megan	12	Hsc	1:55.60	___

## Heat 3 of 9 Finals Starts at 10:10 AM

1	Polverino, Tilly	11	SWAY	1:52.60	___
2	Morgan, Evelyn	13	Llanelli	1:51.67	___
3	Davies, Ava-Rose	11	Llanelli	1:49.85	___
4	Dennison, Evie	12	Milford Tigers	1:48.46	___
5	Lewis, Martha	13	CAMY	1:49.60	___
6	Rees-Davies, Saoirse	13	Llanelli	1:50.38	___
7	Kasto, Evie	13	SWAY	1:51.80	___
8	Davies, Betsi	12	Flyers	1:52.81	___

## Heat 4 of 9 Finals Starts at 10:12 AM

1	Lewis, Evie	11	Hsc	1:48.30	___
2	Malough, Holly	13	SWAY	1:44.70	___
3	Rossiter Wargent, Mia	11	Milford Tigers	1:44.37	___
4	Potts, Daisy	14	NEAY	1:43.61	___
5	Beasley, Evaleigh	11	SWAY	1:43.80	___
6	Rice, Lily	20	Pembroke	1:44.53	___
7	Davies, Elizabeth	11	Tenby Dolphins	1:45.66	___
8	Morris, Ffion	12	Tenby Dolphins	1:48.40	___

## Heat 5 of 9 Finals Starts at 10:15 AM

1	Rogers, Sadie	12	Penyrheol Asc	1:43.40	___
2	John, Annabel	15	Pembroke	1:40.04	___
3	Filmer, Gwennan	12	Aberystwyth	1:39.74	___
4	Dafydd, Mali	14	Flyers	1:39.28	___
5	Hnoiana, Valentyna	12	SWAY	1:39.60	___
6	Thomas, Nikita	15	Llanelli	1:40.00	___
7	Snellgrove, Chloe	14	NEAY	1:41.44	___
8	Jewitt, Anya	13	SWAY	1:43.50	___

## Heat 6 of 9 Finals Starts at 10:17 AM

1	Richards, Amber	15	CEDY	1:37.71	___
2	Galdes-Cutting, Daisy	13	Pembs Cty	1:35.97	___
3	Dash, Amelie	13	Pembs Cty	1:34.90	___
4	Patterson, Hollie	13	CAMY	1:33.20	___
5	Hall, Isabelle	13	Pembs Cty	1:33.30	___
6	Lewis, Alisha	17	ABVY	1:35.46	___
7	Hall, Ellena	13	Pembs Cty	1:36.00	___
8	Morgan, Catrin	17	AMMY	1:38.36	___

## Heat 7 of 9 Finals Starts at 10:20 AM

1	Dafydd, Iola	15	Flyers	1:32.19	___
2	Davies, Isabella	13	Llanelli	1:30.16	___
3	Hughes, Tirion	13	SWAY	1:29.00	___
4	Webb, Efa	14	AMMY	1:28.76	___
5	Williams, Marys	15	SWAY	1:28.90	___
6	Taffetsauffer, Isabella	13	Llanelli	1:30.09	___
7	Berner, Iyla	11	Aberystwyth	1:30.87	___
8	Hanna, Jazmine	16	Hsc	1:33.10	___

## Heat 8 of 9 Finals Starts at 10:22 AM

1	Knight, Lily	14	CEDY	1:26.37	___
2	Stark, Tala	14	Pembs Cty	1:24.40	___
3	Gillett, Keira	19	Swansea Uni	1:23.75	___
4	Lythgoe, Manon	15	SWAY	1:22.20	___
5	Smith, Maya	20	Swansea Uni	1:23.38	___
6	Phillips, Emily	16	NEAY	1:23.93	___
7	John, Holly	17	Hsc	1:24.60	___
8	Thomas, Grace	17	Milford Tigers	1:27.67	___

## Heat 9 of 9 Finals Starts at 10:24 AM

1	Evans, Caitlin	18	NEAY	1:21.27	___
2	Minogue, Ella	21	Swansea Uni	1:20.02	___
3	Gibbs, Harriet	16	NSGY	1:17.74	___
4	Stoimenova, Kameliya	21	Swansea Uni	1:10.57	___
5	Woodcock, Hannah	20	Swansea Uni	1:13.06	___
6	Rees, Katie	26	Swansea Uni	1:18.74	___
7	Owen, Kessie	16	NEAY	1:20.12	___
8	Welsby, Lily-May	17	Aberystwyth	1:21.57	___

## West Wales Regional LC Championships 2024 - 09/02/2024 to 11/02/2024

## Meet Program - Session 5 (Warmup 8.00 - 8.50)

**Event 314 Male/Open 11 & Over 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Finals Starts at 10:26 AM**

1				—
2				—
3	Hughes, Freddy	12	NTVY	3:19.10
4	Antwhistle, Isaac	12	SWAY	3:11.50
5	Monan, Euan	11	Tenby Dolphins	3:12.74
6				—
7				—
8				—

**Heat 2 of 5 Finals Starts at 10:31 AM**

1	Smith, Declan	13	AMMY	3:11.37
2	Mills, Thomas	13	Llanelli	3:05.26
3	Thomas, Rhys	14	Hsc	3:02.80
4	Smith, Ben	15	Pembs Cty	2:56.00
5	Santos, Liam	15	Milford Tigers	2:59.35
6	Noden, Rory	12	Milford Tigers	3:04.63
7	Taylor, Joshua	12	NTVY	3:09.46
8				—

**Heat 3 of 5 Finals Starts at 10:35 AM**

1	Davies, Ellis	13	Llanelli	2:53.93
2	Hale, Oliver	13	SWAY	2:53.50
3	Gray, Gruff	15	CEDY	2:51.26
4	Silverstone, Sol	15	Pembs Cty	2:38.10
5	Hedge, William	16	SWAY	2:42.70
6	Davies, Gethin	15	Pembs Cty	2:51.80
7	Harwood, Jack	13	Hsc	2:53.70
8	Stewart, Finlay	16	Llanelli	2:55.18

**Heat 4 of 5 Finals Starts at 10:40 AM**

1	Phillips, Finley	14	NSGY	2:32.95
2	Sadberry, Jack	20	Swansea Uni	2:26.57
3	Montague, Mason	16	Pembs Cty	2:20.40
4	West, Dexter	15	Pembs Cty	2:16.50
5	Keeble, Alex	20	Swansea Uni	2:17.32
6	Thomas, Iolo	14	NEAY	2:23.37
7	Grant, Will	19	Swansea Uni	2:30.26
8	Galbraith, Elian	15	Llanelli	2:36.29

**Heat 5 of 5 Finals Starts at 10:44 AM**

1	Johnstone, Daniel	17	NSGY	2:06.39
2	James, Freddie	22	Swansea Uni	2:04.63
3	Barlow, Oscar	19	Swansea Uni	2:02.62
4	Morgan, Dominic	19	Swansea Uni	1:58.31
5	Hollinsky, Gideon	19	Swansea Uni	2:02.23
6	Clegg, Luke	19	Swansea Uni	2:04.18
7	Nikolaou, Antonio	21	Swansea Uni	2:05.56
8	Montgomery, Sammy	16	Pembs Cty	2:16.20

**Event 315 Female 11 & Over 50 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 22 Finals Starts at 10:47 AM**

1	Philpott, Lowri S14	13	Llanelli	46.96
2	Roberts, Arwyn	11	AVSY	44.03
3	Warlow, Halle	11	ABVY	43.53
4	Rossiter Wargent, Mia	11	Milford Tigers	43.36
5	Edmunds, Freya	11	Llanelli	43.52
6	Thomas, Eden	11	NEAY	43.64
7	Polverino, Tilly	11	SWAY	44.10
8				—

**Heat 2 of 22 Finals Starts at 10:49 AM**

1	Thomas, Enlli	11	NTVY	42.10
2	Williams, Eirwen	12	SWAY	41.40
3	Roberts, Grace	12	CEDY	41.00
4	Morris, Besi-Jane	11	AMMY	40.65
5	Titley, Lola	12	Milford Tigers	40.96
6	Williams, Lois	12	SWAY	41.10
7	Hopkins, Darcy	11	Penyrheol Asc	42.10
8	Francis, Mia	11	Hsc	42.80

**Heat 3 of 22 Finals Starts at 10:50 AM**

1	Deganello, Isabella	13	SWAY	40.60
2	Williams, Evie	11	Milford Tigers	40.24
3	Davies, Betsi	12	Flyers	39.70
4	Leane, Megan	12	Hsc	39.60
5	Gil Wood, Elena	12	SWAY	39.70
6	Iturbe, Carys	11	AVSY	40.00
7	Coles, Aria	11	NTVY	40.40
8	Snelgrove, Scarlett	12	NEAY	40.63

**Heat 4 of 22 Finals Starts at 10:52 AM**

1	Roberts Mylan, Sophie	12	SWAY	39.40
2	Salmon, Amelia	11	NTVY	39.13
3	Pinnock, Betsan	12	SWAY	39.10
4	Morris, Ffion	12	Tenby Dolphins	39.05
5	Mason, Ezmee	11	Hsc	39.10
6	Massey, Mia	12	CEDY	39.11
7	Gardner-Rolfe, Mia	12	SWAY	39.40
8	Roberts Mylan, Ffion	12	SWAY	39.60

**Heat 5 of 22 Finals Starts at 10:53 AM**

1	Lewis, Martha	13	CAMY	38.40
2	Hawkins, Betsy-May	13	Llanelli	38.29
3	Morris, Blair	11	NTVY	37.80
4	Rees-Davies, Saoirse	13	Llanelli	37.71
5	Roberts-Truman, Betsan	12	NEAY	37.75
6	Jewitt, Sophia	13	SWAY	38.10
7	Kenny, Jemima	13	Milford Tigers	38.29
8	Griffiths, Isla	11	Tenby Dolphins	38.80

**Heat 6 of 22 Finals Starts at 10:54 AM**

1	Berner, Kiana	13	Aberystwyth	37.53
2	Davies, Lowri	13	NTVY	37.47
3	Lauder, Beatrix	11	NEAY	36.92
4	Pearce, Ava	13	AVSY	36.82
5	Rowland, Scarlett	12	NEAY	36.82
6	Jenkins, Isabella	12	Llanelli	36.93
7	Gale, Jasmine	14	AVSY	37.50
8	Jones, Rosie	13	SWAY	37.70

**Heat 7 of 22 Finals Starts at 10:56 AM**

1	Thomas, Carys	13	Penyrheol Asc	36.70
2	Richards, Amber	15	CEDY	36.49
3	Davies, Ava-Rose	11	Llanelli	36.24
4	Griffiths, Elizabeth	13	Flyers	35.91
5	Summerfield, Lucy	12	Llanelli	35.93
6	Dafydd, Iola	15	Flyers	36.27
7	Henson, Jess	11	Tenby Dolphins	36.60
8	Macy, Lili	13	Aberystwyth	36.74

## West Wales Regional LC Championships 2024 - 09/02/2024 to 11/02/2024

## Meet Program - Session 5 (Warmup 8.00 - 8.50)

**Heat 8 Finals (#315 Female 11 & Over 50 LC Meter Freestyle)**

1	Kasto, Evie	13	SWAY	35.80	_____
2	Perrott, Hannah	14	CEDY	35.51	_____
3	Wilcockson, Alys	14	Aberystwyth	35.43	_____
4	Bessent, Mia	13	Penyrheol Asc	35.30	_____
5	Davies, Isabella	13	Llanelli	35.32	_____
6	Williams-Kivell, Izabella	16	SWAY	35.50	_____
7	Szmigiero, Kaya	11	Aberystwyth	35.69	_____
8	Rice, Lily	20	Pembroke	35.86	_____

**Heat 9 of 22 Finals Starts at 10:58 AM**

1	Lewis, Evie	11	Hsc	35.20	_____
2	Patterson, Hollie	13	CAMY	35.20	_____
3	Filmer, Gwennan	12	Aberystwyth	34.85	_____
4	Conway, Erin	15	SWAY	34.80	_____
5	Williams, Paige	12	SWAY	34.80	_____
6	Davies, Lowri	16	CEDY	34.96	_____
7	Evans, Cadi	12	SWAY	35.20	_____
8	Lewis, Megan	13	NEAY	35.27	_____

**Heat 10 of 22 Finals Starts at 10:59 AM**

1	Jones, Hannah	14	SWAY	34.60	_____
2	Davies, Alice	16	Flyers	34.49	_____
3	Davies, Elizabeth	11	Tenby Dolphins	34.39	_____
4	Snellgrove, Chloe	14	NEAY	34.26	_____
5	Hanna, Shelby	15	Hsc	34.30	_____
6	Williams, Sophie	13	NEAY	34.46	_____
7	Davies, Erin	13	CEDY	34.50	_____
8	Wood, Lilly	11	NEAY	34.64	_____

**Heat 11 of 22 Finals Starts at 11:01 AM**

1	Thomas, Grace	13	CAMY	34.20	_____
2	Snelgrove, Violet	16	NEAY	33.75	_____
3	Macy, Peni	15	Aberystwyth	33.68	_____
4	Holloway, Olivia	15	AVSY	33.57	_____
5	Williams, Efa	16	NEAY	33.58	_____
6	Morgan, Evelyn	13	Llanelli	33.73	_____
7	Potts, Daisy	14	NEAY	34.16	_____
8	Knight, Lily	14	CEDY	34.25	_____

**Heat 12 of 22 Finals Starts at 11:02 AM**

1	Stacey, Jessica	14	AMMY	33.54	_____
2	Goodman, Evie	13	SWAY	33.50	_____
3	Upton-Boorman, Isabella	14	CAMY	33.40	_____
4	O'Connell, Cerys	16	NTVY	33.31	_____
5	Holmes, Seren	15	NEAY	33.34	_____
6	Dafydd, Mali	14	Flyers	33.45	_____
7	Davies, Megan	15	NTVY	33.50	_____
8	Mcfarlane, Una	13	Pembs Cty	33.56	_____

**Heat 13 of 22 Finals Starts at 11:03 AM**

1	Szmigiero, Victoria	15	Aberystwyth	33.10	_____
2	Bruce, Kiera	14	Pembs Cty	32.74	_____
3	Cressey-Rodgers, Gwenllian	14	NSGY	32.59	_____
4	Beynon, Chloe	17	Flyers	32.51	_____
5	John, Annabel	15	Pembroke	32.57	_____
6	Richardson, Beca	14	SWAY	32.60	_____
7	Griffiths, Ffion	13	Tenby Dolphins	32.80	_____
8	Goodman, Lola	13	SWAY	33.10	_____

**Heat 14 of 22 Finals Starts at 11:04 AM**

1	Hughes, Tirion	13	SWAY	32.30	_____
2	Hughes, Nancy	15	NTVY	32.20	_____
3	Philpott, Ffion	15	NSGY	32.03	_____
4	Thomas, Medi	16	Llanelli	32.00	_____
5	Griffiths, Amelia	14	Pembs Cty	32.00	_____
6	Morgan, Lily	14	Pembs Cty	32.14	_____
7	Perrott, Niamh	15	CEDY	32.29	_____
8	Kazmiruk, Anastasiia	13	AMMY	32.41	_____

**Heat 15 of 22 Finals Starts at 11:06 AM**

1	Davies, Isla	11	SWAY	31.90	_____
2	Thomas, Grace	17	Milford Tigers	31.86	_____
3	Thomas, Nyla	17	NEAY	31.82	_____
4	Phillips, Emily	16	NEAY	31.48	_____
5	Douglas, Fabiana	16	NEAY	31.67	_____
6	Sedgemore, Lola	12	NEAY	31.84	_____
7	Thomas, Nikita	15	Llanelli	31.89	_____
8	Evans, Caitlin	18	NEAY	31.95	_____

**Heat 16 of 22 Finals Starts at 11:07 AM**

1	Green, Matilda	15	Pembs Cty	31.43	_____
2	Ley, Lucy	16	SWAY	31.40	_____
3	Sullivan, Katie	17	NEAY	31.31	_____
4	Webb, Efa	14	AMMY	31.11	_____
5	Lewis, Alisha	17	ABVY	31.14	_____
6	David, Ava	14	SWAY	31.33	_____
7	Thomas, Caitlin	16	Penyrheol Asc	31.40	_____
8	Berner, Iyla	11	Aberystwyth	31.46	_____

**Heat 17 of 22 Finals Starts at 11:08 AM**

1	Miles, Megan	16	Pembs Cty	31.10	_____
2	Bissicks, Cari	13	SWAY	30.80	_____
3	Owen, Kessie	16	NEAY	30.58	_____
4	Williams, Marys	15	SWAY	30.36	_____
5	Knight, Cari	16	Penyrheol Asc	30.57	_____
6	Burns, Freya	13	SWAY	30.70	_____
7	Coffey, Cora-leigh	14	SWAY	30.80	_____
8	Hanna, Jazmine	16	Hsc	31.10	_____

**Heat 18 of 22 Finals Starts at 11:09 AM**

1	David, Isabelle	17	SWAY	30.19	_____
2	Gilderdale, Celyn	16	Pembs Cty	30.08	_____
3	Phillips, Rhianna	19	NSGY	30.01	_____
4	Grigg-Williams, Chloe	21	Penyrheol Asc	29.94	_____
5	Arnold, Lily	16	Pembs Cty	30.00	_____
6	Jones, Eryn	15	NEAY	30.07	_____
7	Minogue, Ella	21	Swansea Uni	30.09	_____
8	Clissold, Bronwyn	16	Pembs Cty	30.22	_____

**Heat 19 of 22 Finals Starts at 11:10 AM**

1	Thomas, Ffion	17	NEAY	29.88	_____
2	Davies, Rachel	19	Swansea Uni	29.81	_____
3	Koo, Kathryn	15	Pembs Cty	29.78	_____
4	Williams, Hollie	17	NSGY	29.70	_____
5	Smyth, Elise	22	Swansea Uni	29.75	_____
6	Humphreys, Holly	16	SWAY	29.80	_____
7	Carter, Ava	16	Penyrheol Asc	29.81	_____
8	Turatto-Owen, Morgan	18	SWAY	29.88	_____

## West Wales Regional LC Championships 2024 - 09/02/2024 to 11/02/2024

## Meet Program - Session 5 (Warmup 8.00 - 8.50)

**Heat 20 Finals (#315 Female 11 & Over 50 LC Meter Freestyle)**

1	White, Eleanor	18	Hsc	29.60	___
2	Hatton-Ellis, Isabelle	16	SWAY	29.60	___
3	Bissicks, Ella	17	SWAY	29.40	___
4	Clapham, Rhiannon	19	Pembs Cty	29.40	___
5	Smart, Charlotte	17	SWAY	29.40	___
6	Goodliffe, Faith	24	CEDY	29.49	___
7	Huws, Awen	16	NTVY	29.60	___
8	Welsby, Lily-May	17	Aberystwyth	29.64	___

**Heat 21 of 22 Finals Starts at 11:13 AM**

1	King, Marley	16	Penyrheol Asc	29.22	___
2	John, Holly	17	Hsc	28.90	___
3	Lewis, Lowri	18	NEAY	28.58	___
4	Patterson, Millie	18	SWAY	28.50	___
5	Gibbs, Harriet	16	NSGY	28.56	___
6	Geach, Libbie	15	SWAY	28.87	___
7	Tucker, Holly	16	SWAY	28.90	___
8	Clissold, Elizabeth	18	Pembs Cty	29.32	___

**Heat 22 of 22 Finals Starts at 11:14 AM**

1	Williams, Emily	20	Swansea Uni	28.33	___
2	Fry, Caitlyn	20	Swansea Uni	28.07	___
3	Leggott, Holly	22	Swansea Uni	27.10	___
4	Lush, Emily	22	Swansea Uni	26.34	___
5	Woodcock, Hannah	20	Swansea Uni	26.66	___
6	Stokes, Aimee	20	Swansea Uni	27.20	___
7	Chayka, Sofia	18	SWAY	28.33	___
8	Morgan, Elen	19	Aberystwyth	28.38	___

**Event 316 Male/Open 11-12 800 LC Meter Freestyle Relay**

Team	Relay	Seed Time
---	No entries for event	

**Event 317 Male/Open 13-14 800 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 1 Finals Starts at 11:15 AM**

1			___
2			___
3			___
4	NEAY	A	9:20.00
	1) Roberts-Truman, Harri 14	2) Phillips, Ioan 14	
	3) Douglas, Lucas 13	4) Thomas, Iolo 14	
5			___
6			___
7			___
8			___

**Event 318 Male/Open 15-16 800 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 1 Finals Starts at 11:25 AM**

1			___
2			___
3			___
4	Pembs Cty	A	NT
5			___
6			___
7			___
8			___

**Event 319 Male/Open 17 & Over 800 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 1 Finals Starts at 11:40 AM**

1			___
2			___
3			___
4	Swansea Uni	A	NT
5	Swansea Uni	B	NT
6			___
7			___
8			___