

Amman Valley Open Meet 2024 - 07/04/2024
Meet Program - Session 3 (Warmup 3.25 - 4.25)

Event 18 Boys 9 & Over 200 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1	Lloyd, Vincent-Owen N	10	Swansea Aq	NT
2	Batcup, Oliver J	11	Swansea Aq	NT
3	Fogarty, Oliver	11	Fishguard	NT
4	Donaldson, Jack	11	Amman Valley	4:04.14
5	Lloyd-West, Finley	15	Neath	NT
6	David, Ioan	11	Haverfordwes	NT
7	Lloyd- Roberts, Harry	11	Milford Havn	NT
8	Murphy, Ifan	9	Haverfordwes	NT

Heat 2 of 4 Finals

1	Bool, Iolo	10	Haverfordwes	3:46.80
2	Lummis, Oscar D	11	NexusValleys	3:34.15
3	Huws, Lleu I	12	NexusValleys	3:32.71
4	Evans, Sam	12	PembrokeDist	3:20.52
5	Treinis, Lucian	10	PembrokeDist	3:29.57
6	Lewis, Gethin R	9	Swansea Aq	3:33.74
7	Richards, McKenzie H	11	NexusValleys	3:39.80
8	Taylor, Jasper B	11	Swansea Aq	4:00.50

Heat 3 of 4 Finals

1	Weston, Ben	13	PembrokeDist	3:11.85
2	Hall, Ethan	14	Fishguard	2:55.73
3	Hughes-Llewellyn, David	13	Llanelli	2:46.57
4	Parton, Frankie F	15	Carmarthen	2:44.06
5	Hughes, Freddy J	11	NexusValleys	2:44.50
6	Flynn, Asten P	13	NexusValleys	2:52.40
7	Morris, Leo	12	Llanelli	3:10.42
8	Marques Jones, Felix	11	Amman Valley	3:17.70

Heat 4 of 4 Finals

1	Harris, Toby	14	PembrokeDist	2:37.12
2	Davies, Ellis V	12	Llanelli	2:35.33
3	Mills, Thomas	13	Llanelli	2:30.17
4	Burt, Caio	13	Llanelli	2:26.47
5	Grugel, Sam	13	C Dolphins	2:29.80
6	Hetherington, Trystan	14	Neath	2:31.39
7	Smith, Declan	12	Amman Valley	2:36.77
8	Thomas, Rhys	13	Haverfordwes	2:38.30

Event 19 Female 9 & Over 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Finals

1	Roberts, Xyla	9	Afan Valley	NT
2	Evans, Gwendolyn J	10	Swansea Aq	NT
3	Boyle, Samantha J	10	Carmarthen	NT
4	Oseng-Rees, Eira	10	Swansea Aq	NT
5	Dashfield, Olivia	10	Tenby	NT
6	Morris, Besi-Jane	10	Amman Valley	NT
7	Coates, Betsy	10	Haverfordwes	NT
8	Williams, Megan H	9	Llanelli	NT

Heat 2 of 9 Finals

1	Davies, Betsi	11	Fishguard	NT
2	Lancaster, Molly	12	Penyrheol	NT
3	Bystram, Freya	12	Llanelli	NT
4	Griffiths, Elizabeth	12	Fishguard	NT
5	Foldi, Kristina	12	Haverfordwes	NT
6	Layland, Seren	12	Penyrheol	NT
7	Kurys, Bonnie P	11	Carmarthen	NT
8	Williams, Efa L	11	Carmarthen	NT

Heat 3 of 9 Finals

1	Monan, Sofia	13	Tenby	NT
2	Owen, Annabelle	13	Penyrheol	NT
3	Thomas, Caitlyn	14	Neath	NT
4	Shearan, Imogen	9	Neath	2:14.62
5	Green, Freya	10	Haverfordwes	2:14.95
6	Dafydd, Iola	14	Fishguard	NT
7	Elcock, Freya	13	Fishguard	NT
8	Wilcockson, Alys	13	Aberystwyth	NT

Heat 4 of 9 Finals

1	Emam, Lina	10	Swansea Aq	2:01.70
2	Arnold, Olivia	10	Milford Havn	2:00.07
3	Francis, Mia	10	Haverfordwes	1:56.56
4	Antwhistle, Esme W	10	Swansea Aq	1:51.83
5	Evans, Mari	11	Aberystwyth	1:52.75
6	Philpott, Lowri	13	Llanelli	1:59.41
7	Sharpe, Lillie	11	Llanelli	2:00.53
8	Kurys, Emiliese J	9	Carmarthen	2:05.03

Heat 5 of 9 Finals

1	Dennison, Evie	11	Milford Havn	1:49.21
2	Jones, Ashleigh R	13	Carmarthen	1:46.35
3	Thomas, Eden	10	Neath	1:44.23
4	Percival, Bella	11	C Dolphins	1:42.40
5	Mason, Ezmee	11	Haverfordwes	1:42.90
6	Phillips, Isabelle	10	Haverfordwes	1:45.78
7	Titely, Lola	11	Milford Havn	1:46.39
8	Williams, Lois G	12	Swansea Aq	1:50.90

Heat 6 of 9 Finals

1	Coles, Aria	11	Neath	1:41.42
2	Morgan, Iolah	9	PembrokeDist	1:39.44
3	Williams, April M	9	Swansea Aq	1:33.43
4	Hall, Ellena	13	Fishguard	1:32.76
5	Morris, Ffion	11	Tenby	1:32.85
6	Roberts Mylan, Sophie I	11	Swansea Aq	1:34.30
7	Davies, Lauren	12	Llanelli	1:40.11
8	Williams, Ffion	14	Milford Havn	1:42.01

Heat 7 of 9 Finals

1	Roberts Mylan, Ffion C	11	Swansea Aq	1:31.70
2	Davies, Erin	12	C Dolphins	1:30.82
3	Edwards, Ffion	12	Swansea Aq	1:29.35
4	Pinnock, Betsan R	11	Swansea Aq	1:26.80
5	Perrott, Hannah	13	C Dolphins	1:28.27
6	Williams, Fay P	11	Swansea Aq	1:30.45
7	Powell, Nina	11	Fishguard	1:31.59
8	Kenny, Jemima	13	Milford Havn	1:31.84

Heat 8 of 9 Finals

1	Lewis, Megan	12	Neath	1:26.16
2	Morgan, Catrin	16	Amman Valley	1:24.60
3	Davies, Elizabeth	11	Tenby	1:24.06
4	Giles, Seren	13	Neath	1:23.16
5	Beasley, Evaleigh D	10	Swansea Aq	1:23.20
6	Andreassen, Freya	13	Amman Valley	1:24.42
7	Butler, Olivia	12	Bridgend SC	1:25.22
8	O'Connell, Cerys E	15	NexusValleys	1:26.52

Amman Valley Open Meet 2024 - 07/04/2024
Meet Program - Session 3 (Warmup 3.25 - 4.25)

Heat 9 Finals (#19 Female 9 & Over 100 SC Meter Backstroke)

1	Filmer, Gwennan	11	Aberystwyth	1:21.63	___
2	Kazmiruk, Anastasiia	12	Amman Valley	1:17.88	___
3	Jenkins, Alexandra G	14	Swansea Aq	1:17.06	___
4	Thomas, Ffion	17	Neath	1:11.18	___
5	Gilligan, Gracie	16	Neath	1:13.96	___
6	Thomas, Caitlin	15	Penyrheol	1:17.56	___
7	Griffiths, Ffion	12	Tenby	1:21.22	___
8	Beynon, Chloe	17	Fishguard	1:22.77	___

Event 20 Boys 9 & Over 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 4 Finals

1	Hughes-Llewellyn, Alfie	9	Llanelli	NT	___
2	Jones, Gethin Wyn	11	Aberystwyth	NT	___
3	Monan, Euan	11	Tenby	NT	___
4	Batcup, Oliver J	11	Swansea Aq	NT	___
5	Taylor, Jasper B	11	Swansea Aq	NT	___
6	Backen, Frederick	11	Fishguard	NT	___
7	Jones, Carter A	10	Swansea Aq	NT	___
8					___

Heat 2 of 4 Finals

1	Piotrowski, Bartosz	14	Fishguard	NT	___
2	Smith, Caelan	13	Haverfordwes	2:07.58	___
3	Dadswell, Harry	10	Haverfordwes	1:59.57	___
4	Thomas, Tristan	13	Milford Havn	1:44.48	___
5	El Saghir, Karim S	10	Carmarthen	1:51.55	___
6	Burt, Gwion	10	Llanelli	2:03.07	___
7	Davies, Morgan	9	Tenby	2:13.10	___
8	Twynam, Philip	13	PembrokeDist	NT	___

Heat 3 of 4 Finals

1	Evans, Wolfgang	10	PembrokeDist	1:40.17	___
2	Davies, Tyler	13	Milford Havn	1:33.51	___
3	Kelly, Henri J	12	Carmarthen	1:30.00	___
4	Williams, Ryan	15	Llanelli	1:25.41	___
5	Jones, Dafydd	12	Amman Valley	1:29.62	___
6	Shelmerdine, Cory	13	PembrokeDist	1:31.84	___
7	Santos, Liam	14	Milford Havn	1:33.98	___
8	Lewis, Gethin R	9	Swansea Aq	1:41.44	___

Heat 4 of 4 Finals

1	Mills, Thomas	13	Llanelli	1:23.16	___
2	Davies, Ellis V	12	Llanelli	1:19.01	___
3	Grogan, Adam A	17	Carmarthen	1:11.97	___
4	Chapman, Coby L	14	Penyrheol	1:11.06	___
5	Richards, Aled	16	C Dolphins	1:11.29	___
6	Read, William	16	Swansea Aq	1:13.60	___
7	Noden, Rory	11	Milford Havn	1:22.63	___
8	Hughes-Llewellyn, David	13	Llanelli	1:24.54	___

Event 21 Female 9-10 100 SC Meter IM

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 5 Finals

1	Green, Freya	10	Haverfordwes	NT	___
2	Emam, Lina	10	Swansea Aq	NT	___
3	Shearan, Imogen	9	Neath	NT	___
4	Coates, Betsy	10	Haverfordwes	NT	___
5	Nuttall, Isabelle	9	Milford Havn	NT	___
6	Hooper, Olivia	9	Neath	NT	___
7	Thomas, Eden	10	Neath	NT	___
8	Jones, Autumn	9	Afan Valley	NT	___

Heat 2 of 5 Finals

1	Hughes, Megan	10	C Dolphins	NT	___
2	Watkins, Eleanor R	9	Afan Valley	2:35.19	___
3	Cutting, Beatrice	9	Haverfordwes	2:15.65	___
4	Shelmerdine, Holly	9	PembrokeDist	2:13.07	___
5	Rasheed, Leah	9	Swansea Aq	2:13.77	___
6	Owen, Molly	10	Penyrheol	2:20.52	___
7	Oseng-Rees, Eira	10	Swansea Aq	NT	___
8	Rogers, Mia	9	PembrokeDist	NT	___

Heat 3 of 5 Finals

1	Nicklin, Parker	9	Amman Valley	2:09.10	___
2	Nash, Sylvia	9	Milford Havn	2:06.82	___
3	Arnold, Olivia	10	Milford Havn	2:05.90	___
4	Shepherd, Amelia H	9	C Dolphins	2:03.38	___
5	Sheppard, Autumn	10	Milford Havn	2:04.22	___
6	Jenkins, Olivia I	10	Swansea Aq	2:06.68	___
7	Monan, Hazel	9	Tenby	2:08.66	___
8	Harvey, Ruby E	10	Swansea Aq	2:10.37	___

Heat 4 of 5 Finals

1	Snellgrove, Maddie	9	Neath	2:01.33	___
2	Millard, Nel	9	Llanelli	1:59.01	___
3	Holness, Camille S	9	Swansea Aq	1:55.94	___
4	Alexander, Fflur	10	Aberystwyth	1:53.36	___
5	Antwhistle, Esme W	10	Swansea Aq	1:55.39	___
6	Smudzinska, Olivia M	10	Swansea Aq	1:57.13	___
7	Francis, Mia	10	Haverfordwes	1:59.40	___
8	Dashfield, Olivia	10	Tenby	2:01.67	___

Heat 5 of 5 Finals

1	Thomas, Enlli M	10	NexusValleys	1:50.61	___
2	Iturbe, Carys	10	Afan Valley	1:49.77	___
3	Williams, April M	9	Swansea Aq	1:41.00	___
4	Wood, Lilly	10	Neath	1:37.07	___
5	Morris, Blair	10	Neath	1:39.06	___
6	Evans, Gwendolyn J	10	Swansea Aq	1:49.36	___
7	Morris, Besi-Jane	10	Amman Valley	1:50.24	___
8	Phillips, Isabelle	10	Haverfordwes	1:51.43	___

Event 22 Boys 9-10 100 SC Meter IM

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 2 Finals

1	Fretwell, Logan	9	Milford Havn	NT	___
2	Hughes-Llewellyn, Alfie	9	Llanelli	NT	___
3	Rees, Oscar	10	Llanelli	NT	___
4	Weston, Zac	10	PembrokeDist	2:22.06	___
5	Lewis, Ollie	10	Afan Valley	NT	___
6	Carrozza Kaill, Morlo	10	Haverfordwes	NT	___
7	Leahy, Herbie	9	Haverfordwes	NT	___
8					___

Heat 2 of 2 Finals

1	Murphy, Ifan	9	Haverfordwes	2:15.83	___
2	El Saghir, Karim S	10	Carmarthen	1:53.73	___
3	Treinis, Lucian	10	PembrokeDist	1:45.53	___
4	Evans, Wolfgang	10	PembrokeDist	1:41.03	___
5	Jermin, Morgan	10	Llanelli	1:43.86	___
6	Elmes, Samuel	10	Carmarthen	1:51.46	___
7	Davies, Morgan	9	Tenby	1:56.29	___
8	Burt, Gwion	10	Llanelli	2:17.16	___

Amman Valley Open Meet 2024 - 07/04/2024
Meet Program - Session 3 (Warmup 3.25 - 4.25)

Event 23 Female 8 & Over 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 15 Finals

1	Rowland, Delilah	8	Neath	NT
2	Shelmerdine, Molly	8	Neath	NT
3	Evans, Sylvie	8	Llanelli	NT
4	Gil Wood, Sofia A	8	Swansea Aq	NT
5	Williams, Sunnie	8	Afan Valley	NT
6	Reed, Erin	8	Afan Valley	NT
7	Wilkins, Ameila	8	Afan Valley	NT
8	Milsom, Scarlet	8	Afan Valley	NT

Heat 2 of 15 Finals

1	Roberts, Xyla	9	Afan Valley	NT
2	Jones, Autumn	9	Afan Valley	NT
3	Nuttall, Isabelle	9	Milford Havn	NT
4	Lewis, Alice	10	Afan Valley	NT
5	Edwards, Isla	10	C Dolphins	NT
6	Owen, Edie	9	Llanelli	NT
7	Rogers, Mia	9	PembrokeDist	NT
8	Shearan, Imogen	9	Neath	NT

Heat 3 of 15 Finals

1	Hill, Lilliann	11	C Dolphins	NT
2	Edwards, Megan	13	Afan Valley	NT
3	Allister, Martha E	14	Swansea Aq	NT
4	Phillips, Isabella	11	Haverfordwes	1:18.30
5	Holloway, Amelie	8	Afan Valley	1:39.58
6	Roberts, Rowan	13	Penyrheol	NT
7	Richards, Chloe-Elin	12	C Dolphins	NT
8	Williams, Efa L	11	Carmarthen	NT

Heat 4 of 15 Finals

1	Oseng-Rees, Eira	10	Swansea Aq	1:14.10
2	Rabaiotti, Orla-Rae	9	Swansea Aq	1:13.33
3	Giffard, Alyssa SB9	12	Neath	1:09.35
4	Beynon, Eila	10	Penyrheol	1:08.89
5	Sharpe, Lillie	11	Llanelli	1:09.03
6	Watkins, Eleanor R	9	Afan Valley	1:10.89
7	Thomas, Eden	10	Neath	1:13.67
8	Jermin, Martha	8	Llanelli	1:16.07

Heat 5 of 15 Finals

1	Shelmerdine, Holly	9	PembrokeDist	1:08.12
2	Monan, Hazel	9	Tenby	1:07.67
3	Felton, Catrin	9	C Dolphins	1:05.13
4	Emam, Lina	10	Swansea Aq	1:04.45
5	Dennison, Chloe	10	PembrokeDist	1:05.06
6	McComas, Georgia L	12	Swansea Aq	1:07.35
7	Thomas, Ffion G	10	Llanelli	1:07.91
8	Owen, Annabelle	13	Penyrheol	1:08.46

Heat 6 of 15 Finals

1	Harvey, Ruby E	10	Swansea Aq	1:03.62
2	Antwhistle, Esme W	10	Swansea Aq	1:01.58
3	Philpott, Lowri	13	Llanelli	1:01.28
4	Evans, Mari	11	Aberystwyth	1:00.77
5	Mason, Ezmee	11	Haverfordwes	1:00.79
6	Rasheed, Leah	9	Swansea Aq	1:01.29
7	Snellgrove, Maddie	9	Neath	1:02.62
8	Millard, Nel	9	Llanelli	1:03.98

Heat 7 of 15 Finals

1	Holness, Camille S	9	Swansea Aq	59.64
2	Morris, Besi-Jane	10	Amman Valley	59.41
3	Thomas, Cara	14	Llanelli	58.77
4	Jones, Elisa	13	Aberystwyth	58.63
5	Morris, Blair	10	Neath	58.67
6	Simon, Meg	12	Tenby	58.91
7	Haslam, Tia	13	Carmarthen	59.47
8	Felton, Gwennan	11	C Dolphins	1:00.08

Heat 8 of 15 Finals

1	Williams, Eirwen N	11	Swansea Aq	58.00
2	Davies, Lauren	12	Llanelli	57.64
3	Thomas, Angharad	14	Fishguard	57.57
4	Gil Wood, Elena	11	Swansea Aq	57.22
5	Roberts, Arwyn	11	Afan Valley	57.50
6	Williams, Lois G	12	Swansea Aq	57.59
7	Williams, Evie	11	Milford Havn	57.82
8	Phillips, Isabelle	10	Haverfordwes	58.36

Heat 9 of 15 Finals

1	Middleton, Caitlin	14	Aberystwyth	56.96
2	Alexander, Fflur	10	Aberystwyth	56.41
3	Jones, Alanna	14	Aberystwyth	55.82
4	Davies, Alana	11	Neath	55.29
5	Iturbe, Carys	10	Afan Valley	55.32
6	Jayne, Lowri	12	Llanelli	55.92
7	Pitans, Caitlin R	11	Swansea Aq	56.96
8	Aggett, Coraline	12	Amman Valley	57.05

Heat 10 of 15 Finals

1	Evans, Gwendolyn J	10	Swansea Aq	55.03
2	Harris, Chloe	11	C Dolphins	54.39
3	May, Gwen A	11	NexusValleys	53.76
4	Monan, Sofia	13	Tenby	53.71
5	Jones, Alexa	11	Llanelli	53.72
6	Millard, Effi-Mai	12	Llanelli	54.33
7	Coles, Aria	11	Neath	54.93
8	Osell, Alice	11	Neath	55.25

Heat 11 of 15 Finals

1	Elcock, Freya	13	Fishguard	53.37
2	Launder, Beatrix	10	Neath	53.25
3	Osell, Leila	13	Neath	52.39
4	Thomas, Millie	12	Amman Valley	52.22
5	Leane, Megan	11	Haverfordwes	52.28
6	Selby, Chloe	13	Neath	52.52
7	David, Emily	13	Haverfordwes	53.25
8	Tucker, Lowri	14	Llanelli	53.70

Heat 12 of 15 Finals

1	Clement, Darcey	11	Afan Valley	51.71
2	Powell, Nina	11	Fishguard	51.45
3	Thomas, Carys	12	Penyrheol	50.73
4	Griffiths, Isla	11	Tenby	50.28
5	Williams, Fay P	11	Swansea Aq	50.65
6	Rowland, Scarlett	11	Neath	50.75
7	Dashfield, Olivia	10	Tenby	51.58
8	Kasto, Evie T	12	Swansea Aq	52.04

Amman Valley Open Meet 2024 - 07/04/2024
Meet Program - Session 3 (Warmup 3.25 - 4.25)

Heat 13 Finals (#23 Female 8 & Over 50 SC Meter Breaststroke)

1	Griffiths, Amelia	13	Fishguard	49.83	_____
2	Longar, Miriam E	11	Carmarthen	49.19	_____
3	Gale, Jasmine	13	Afan Valley	48.93	_____
4	Stacey, Jessica	14	Amman Valley	48.47	_____
5	Rees-Davies, Saoirse	12	Llanelli	48.71	_____
6	Alexander, Seren	13	Aberystwyth	48.99	_____
7	Henson, Jess	10	Tenby	49.79	_____
8	Koszalski, Soffia L	11	Llanelli	50.18	_____

Heat 14 of 15 Finals

1	Howell, Sophie	12	Haverfordwes	48.16	_____
2	Lewis, Martha F	12	Carmarthen	47.66	_____
3	Kazmiruk, Anastasiia	12	Amman Valley	47.37	_____
4	Wood, Lilly	10	Neath	47.27	_____
5	Rossiter Wargent, Mia	11	Milford Havn	47.31	_____
6	Beasley, Evaleigh D	10	Swansea Aq	47.53	_____
7	Dennison, Evie	11	Milford Havn	47.68	_____
8	Wilcockson, Alys	13	Aberystwyth	48.39	_____

Heat 15 of 15 Finals

1	Conway, Erin J	14	Swansea Aq	46.69	_____
2	Pearce, Ava	12	Afan Valley	46.41	_____
3	Vlasceanu, Maia	12	Carmarthen	45.95	_____
4	Morgan, Catrin	16	Amman Valley	41.54	_____
5	Beynon, Chloe	17	Fishguard	45.84	_____
6	Thomas, Caitlyn	14	Neath	46.29	_____
7	Dyde, Pheobe	11	PembrokeDist	46.45	_____
8	Davies, Elizabeth	11	Tenby	46.94	_____

Event 24 Boys 8 & Over 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Finals				
1	Filmer, Owen	8	Aberystwyth	NT
2	Goss, Leo	9	C Dolphins	NT
3	Fretwell, Logan	9	Milford Havn	NT
4	Morgan, Thomas W	11	Swansea Aq	NT
5	Hann, Damien J	10	Swansea Aq	NT
6	Leahy, Herbie	9	Haverfordwes	NT
7	Boyle, Toby M	8	Carmarthen	NT
8	Powell, Finley	8	Afan Valley	NT

Heat 2 of 7 Finals

1	Jones, Dion R	12	Carmarthen	NT	_____
2	Jones, Matthew	16	Penyrheol	NT	_____
3	Carrozza Kaill, Morlo	10	Haverfordwes	1:33.46	_____
4	Hopkins, Casey	8	Afan Valley	1:17.84	_____
5	Lewis, Ollie	10	Afan Valley	1:18.29	_____
6	Abell, Ronan	12	Neath	1:38.75	_____
7	Piotrowski, Bartosz	14	Fishguard	NT	_____
8	David, Ioan	11	Haverfordwes	NT	_____

Heat 3 of 7 Finals

1	Fenn, William G	8	Swansea Aq	1:14.07	_____
2	Smith, Caelan	13	Haverfordwes	1:13.55	_____
3	Dadswell, Harry	10	Haverfordwes	1:08.66	_____
4	Davies, Morgan	9	Tenby	1:03.75	_____
5	Donaldson, Jack	11	Amman Valley	1:04.49	_____
6	Batcup, Charlie W	8	Swansea Aq	1:10.49	_____
7	Hearne, Logan	8	PembrokeDist	1:13.63	_____
8	Weston, Zac	10	PembrokeDist	1:14.95	_____

Heat 4 of 7 Finals

1	Downie, William M	12	Swansea Aq	1:02.41	_____
2	Lummis, Oscar D	11	NexusValleys	1:00.09	_____
3	Elmes, Samuel	10	Carmarthen	58.63	_____
4	Nash, Oliver J	10	Carmarthen	56.84	_____
5	Flynn, Asten P	13	NexusValleys	57.00	_____
6	Donnelly, Matthew J	12	Swansea Aq	59.98	_____
7	Noble, Reuben	11	Haverfordwes	1:01.98	_____
8	Bool, Iolo	10	Haverfordwes	1:03.64	_____

Heat 5 of 7 Finals

1	Robinson, Oshan	13	Fishguard	56.51	_____
2	Lloyd- Roberts, Harry	11	Milford Havn	55.99	_____
3	Rees, Oscar	10	Llanelli	54.16	_____
4	Lewis, Henry	11	Neath	52.60	_____
5	Griffiths, Harri	13	C Dolphins	52.70	_____
6	Thomas, Tristan	13	Milford Havn	55.82	_____
7	Rudder, Frankie	11	Haverfordwes	56.11	_____
8	Evans, Sam	12	PembrokeDist	56.70	_____

Heat 6 of 7 Finals

1	Shelmerdine, Cory	13	PembrokeDist	52.47	_____
2	Fogarty, Oliver	11	Fishguard	50.59	_____
3	Morris, Leo	12	Llanelli	49.93	_____
4	Williams, Ryan	15	Llanelli	47.70	_____
5	Marques Jones, Felix	11	Amman Valley	48.70	_____
6	Napieralla, Jacob	11	Penyrheol	49.98	_____
7	Rood, Rowan	14	NexusValleys	52.19	_____
8	Mills, Thomas	13	Llanelli	52.58	_____

Heat 7 of 7 Finals

1	Harris, Toby	14	PembrokeDist	45.03	_____
2	Thomas, Rhys	13	Haverfordwes	42.70	_____
3	Galbraith, Elian	14	Llanelli	39.75	_____
4	Backen, Henry	15	Fishguard	39.43	_____
5	Santos, Liam	14	Milford Havn	39.53	_____
6	Grogan, Adam A	17	Carmarthen	40.06	_____
7	Lewis, Cian	14	Neath	43.30	_____
8	Batcup, Oliver J	11	Swansea Aq	46.10	_____

Event 25 Female 9 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 14 Finals				
1	Jones, Autumn	9	Afan Valley	NT
2	Watkins, Eleanor R	9	Afan Valley	NT
3	Shearan, Imogen	9	Neath	NT
4	Harvey, Ruby E	10	Swansea Aq	NT
5	Sheppard, Autumn	10	Milford Havn	NT
6	Roberts, Xyla	9	Afan Valley	NT
7	Soul, Anna F	9	Swansea Aq	NT
8	Shelmerdine, Holly	9	PembrokeDist	NT
Heat 2 of 14 Finals				
1	Ryan, Isobel	11	C Dolphins	NT
2	Koszalski, Soffia L	11	Llanelli	NT
3	McComas, Georgia L	12	Swansea Aq	NT
4	Richards, Chloe-Elin	12	C Dolphins	NT
5	Jones, Rosie E	12	Swansea Aq	NT
6	Williams, Efa L	11	Carmarthen	NT
7	Jewell, Zoe	11	Tenby	NT
8	Dennison, Chloe	10	PembrokeDist	NT

Amman Valley Open Meet 2024 - 07/04/2024
Meet Program - Session 3 (Warmup 3.25 - 4.25)

Heat 3 Finals (#25 Female 9 & Over 100 SC Meter Freestyle)

1	Elcock, Freya	13	Fishguard	NT	___
2	Roberts, Rowan	13	Penyrheol	NT	___
3	Cutting, Beatrice	9	Haverfordwes	2:03.86	___
4	Owen, Molly	10	Penyrheol	1:52.48	___
5	Thomas, Ffion G	10	Llanelli	1:59.42	___
6	Jones, Elisa	13	Aberystwyth	2:05.88	___
7	Monan, Sofia	13	Tenby	NT	___
8	Foldi, Kristina	12	Haverfordwes	NT	___

Heat 4 of 14 Finals

1	Felton, Catrin	9	C Dolphins	1:51.52	___
2	Boyle, Samantha J	10	Carmarthen	1:49.26	___
3	Antwhistle, Esme W	10	Swansea Aq	1:47.43	___
4	Monan, Hazel	9	Tenby	1:45.41	___
5	Oseng-Rees, Eira	10	Swansea Aq	1:45.98	___
6	Owen, Charlotte	12	Penyrheol	1:48.36	___
7	Nash, Sylvia	9	Milford Havn	1:49.71	___
8	Sharpe, Lillie	11	Llanelli	1:51.79	___

Heat 5 of 14 Finals

1	Jones, Alanna	14	Aberystwyth	1:44.29	___
2	Selby, Chloe	13	Neath	1:43.82	___
3	Holness, Camille S	9	Swansea Aq	1:41.39	___
4	Haslam, Tia	13	Carmarthen	1:39.75	___
5	Phillips, Isabella	11	Haverfordwes	1:41.25	___
6	Shepherd, Amelia H	9	C Dolphins	1:43.32	___
7	Smudzinska, Olivia M	10	Swansea Aq	1:44.26	___
8	Emam, Lina	10	Swansea Aq	1:44.48	___

Heat 6 of 14 Finals

1	Jayne, Lowri	12	Llanelli	1:37.55	___
2	Thomas, Cara	14	Llanelli	1:37.27	___
3	Thomas, Enlli M	10	NexusValleys	1:36.83	___
4	Thomas, Angharad	14	Fishguard	1:35.04	___
5	Iturbe, Carys	10	Afan Valley	1:36.66	___
6	Rossiter Wargent, Mia	11	Milford Havn	1:36.83	___
7	Millard, Nel	9	Llanelli	1:37.29	___
8	Davies, Lauren	12	Llanelli	1:39.42	___

Heat 7 of 14 Finals

1	Evans, Mari	11	Aberystwyth	1:34.84	___
2	Williams, Evie	11	Milford Havn	1:33.43	___
3	Leane, Megan	11	Haverfordwes	1:32.54	___
4	Thomas, Eden	10	Neath	1:32.25	___
5	Bystram, Freya	12	Llanelli	1:32.44	___
6	Titely, Lola	11	Milford Havn	1:33.30	___
7	Davies, Alana	11	Neath	1:33.67	___
8	David, Emily	13	Haverfordwes	1:34.84	___

Heat 8 of 14 Finals

1	Tucker, Lowri	14	Llanelli	1:31.94	___
2	Morgan, Iolah	9	PembrokeDist	1:31.24	___
3	Massey, Mia	11	C Dolphins	1:30.23	___
4	Clement, Darcey	11	Afan Valley	1:30.11	___
5	Williams, Eirwen N	11	Swansea Aq	1:30.14	___
6	Pinnock, Betsan R	11	Swansea Aq	1:30.35	___
7	Jones, Ashleigh R	13	Carmarthen	1:31.58	___
8	Simon, Meg	12	Tenby	1:31.96	___

Heat 9 of 14 Finals

1	Howell, Sophie	12	Haverfordwes	1:29.66	___
2	Williams, Ffion	14	Milford Havn	1:28.43	___
3	Morris, Besi-Jane	10	Amman Valley	1:25.83	___
4	Harris, Chloe	11	C Dolphins	1:25.68	___
5	Jones, Alexa	11	Llanelli	1:25.73	___
6	Alexander, Seren	13	Aberystwyth	1:28.26	___
7	Davies, Betsi	11	Fishguard	1:29.10	___
8	Millard, Effi-Mai	12	Llanelli	1:30.04	___

Heat 10 of 14 Finals

1	Mason, Ezmee	11	Haverfordwes	1:25.00	___
2	Lewis, Martha F	12	Carmarthen	1:24.46	___
3	May, Gwen A	11	NexusValleys	1:24.40	___
4	Launder, Beatrix	10	Neath	1:23.92	___
5	Griffiths, Isla	11	Tenby	1:24.08	___
6	Aggett, Coraline	12	Amman Valley	1:24.43	___
7	Gil Wood, Elena	11	Swansea Aq	1:24.77	___
8	Pitans, Caitlin R	11	Swansea Aq	1:25.63	___

Heat 11 of 14 Finals

1	Kenny, Jemima	13	Milford Havn	1:22.39	___
2	Edwards, Ffion	12	Swansea Aq	1:21.92	___
3	Dyde, Pheobe	11	PembrokeDist	1:21.79	___
4	Morris, Ffion	11	Tenby	1:20.89	___
5	Roberts Mylan, Ffion C	11	Swansea Aq	1:21.48	___
6	Griffiths, Elizabeth	12	Fishguard	1:21.88	___
7	Rees-Davies, Saoirse	12	Llanelli	1:22.31	___
8	Roberts Mylan, Sophie I	11	Swansea Aq	1:23.57	___

Heat 12 of 14 Finals

1	Pearce, Ava	12	Afan Valley	1:20.27	___
2	Abell, Eve S10	16	Neath	1:19.74	___
3	Jenkins, Elli J	13	Swansea Aq	1:19.36	___
4	Richards, Amber	14	C Dolphins	1:18.59	___
5	Lewis, Evie	10	Haverfordwes	1:18.64	___
6	Powell, Nina	11	Fishguard	1:19.42	___
7	Henson, Jess	10	Tenby	1:19.78	___
8	Thomas, Carys	12	Penyrheol	1:20.30	___

Heat 13 of 14 Finals

1	Kasto, Evie T	12	Swansea Aq	1:18.22	___
2	Davies, Lowri	15	C Dolphins	1:17.44	___
3	Wood, Lilly	10	Neath	1:17.18	___
4	Price, Seren -louise	11	Carmarthen	1:16.70	___
5	Wilcockson, Alys	13	Aberystwyth	1:16.94	___
6	Beasley, Evaleigh D	10	Swansea Aq	1:17.37	___
7	Vlasceanu, Maia	12	Carmarthen	1:18.17	___
8	Hughes, Mollie	12	C Dolphins	1:18.56	___

Heat 14 of 14 Finals

1	Andreassen, Freya	13	Amman Valley	1:15.16	___
2	Conway, Erin J	14	Swansea Aq	1:14.50	___
3	Lewis, Megan	12	Neath	1:13.82	___
4	Kazmiruk, Anastasiia	12	Amman Valley	1:10.09	___
5	Stacey, Jessica	14	Amman Valley	1:12.46	___
6	O'Connell, Cerys E	15	NexusValleys	1:14.35	___
7	Snellgrove, Chloe	14	Neath	1:14.68	___
8	Layland, Seren	12	Penyrheol	1:15.74	___

Amman Valley Open Meet 2024 - 07/04/2024
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Event 26 Boys 9 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals

1	Leahy, Herbie	9	Haverfordwes	NT
2	Nash, Oliver J	10	Carmarthen	NT
3	Morgan, Thomas W	11	Swansea Aq	NT
4	Jones, Gethin Wyn	11	Aberystwyth	NT
5	Fogarty, Oliver	11	Fishguard	NT
6	Lewis, Ollie	10	Afan Valley	NT
7	Avery, Thomas	9	Afan Valley	NT
8	Hughes-Llewellyn, Alfie	9	Llanelli	NT

Heat 2 of 7 Finals

1	Jones, Dion R	12	Carmarthen	NT
2	Weston, Zac	10	PembrokeDist	2:14.86
3	Dadswell, Harry	10	Haverfordwes	1:57.53
4	Downie, William M	12	Swansea Aq	1:55.49
5	Rudder, Frankie	11	Haverfordwes	1:57.31
6	Hann, Damien J	10	Swansea Aq	2:00.76
7	Carrozza Kaill, Morlo	10	Haverfordwes	2:26.08
8	Evans, Sam	12	PembrokeDist	NT

Heat 3 of 7 Finals

1	Smith, Caelan	13	Haverfordwes	1:45.16
2	Donaldson, Jack	11	Amman Valley	1:43.55
3	Davies, Morgan	9	Tenby	1:37.22
4	Jones, Bobby	11	Neath	1:36.09
5	Phillips, Lucas	13	Haverfordwes	1:36.86
6	Lewis, Henry	11	Neath	1:42.44
7	El Saghir, Karim S	10	Carmarthen	1:43.84
8	Noble, Reuben	11	Haverfordwes	1:50.30

Heat 4 of 7 Finals

1	Backen, Frederick	11	Fishguard	1:31.06
2	Lewis, Gethin R	9	Swansea Aq	1:29.56
3	Thomas, Rhys	12	Afan Valley	1:28.44
4	Lummis, Ralph J	12	NexusValleys	1:24.60
5	Robinson, Oshan	13	Fishguard	1:27.62
6	Evans, Wolfgang	10	PembrokeDist	1:29.31
7	Rood, Rowan	14	NexusValleys	1:30.44
8	Donnelly, Matthew J	12	Swansea Aq	1:35.42

Heat 5 of 7 Finals

1	Jermin, Morgan	10	Llanelli	1:22.71
2	Shelmerdine, Cory	13	PembrokeDist	1:21.22
3	Jones, Dafydd	12	Amman Valley	1:19.60
4	Williams, Ryan	15	Llanelli	1:19.21
5	Lewis, Cian	14	Neath	1:19.49
6	Morris, Leo	12	Llanelli	1:20.38
7	Monan, Euan	11	Tenby	1:22.30
8	Griffiths, Harri	13	C Dolphins	1:23.77

Heat 6 of 7 Finals

1	Flynn, Asten P	13	NexusValleys	1:18.02
2	Harris, James	16	C Dolphins	1:16.97
3	Jones, Matthew	16	Penyrheol	1:15.07
4	Smith, Declan	12	Amman Valley	1:12.88
5	Noden, Rory	11	Milford Havn	1:14.88
6	Hughes-Llewellyn, David	13	Llanelli	1:16.57
7	Hughes, Freddy J	11	NexusValleys	1:17.53
8	Kelly, Henri J	12	Carmarthen	1:19.20

Heat 7 of 7 Finals

1	Harris, Toby	14	PembrokeDist	1:12.28
2	Jones, Adam	15	Penyrheol	1:09.38
3	Burt, Caio	13	Llanelli	1:07.37
4	Read, William	16	Swansea Aq	1:05.80
5	Backen, Henry	15	Fishguard	1:06.12
6	Mills, Thomas	13	Llanelli	1:07.93
7	Grugel, Sam	13	C Dolphins	1:10.21
8	Davies, Ellis V	12	Llanelli	1:12.71