

## Nofio Sir Gar Development Meet 2024 - 11/05/2024

## Meet Program - Session 1 (Warmup 8.00 - 9.00)

**Event 101 Mixed 9 & Over 100 SC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 10 Finals**

1	Cutting, Beatrice	W9	Haverfordwes	NT
2	Holloway, Amelie	W9	AVSY	NT
3	Powell, Poppy	W10	Llanelli	NT
4	Lewis, Ollie	M10	AVSY	NT
5	Weston, Zac	M10	Pembroke	NT
6	Whatmore, Finley	M10	Milford Havn	NT
7	Fretwell, Logan	M9	Milford Havn	NT
8	Leahy, Herbie	M9	Haverfordwes	NT

**Heat 2 of 10 Finals**

1	Dashfield, Olivia	W10	Tenby Dolphins	NT
2	Watkins, Eleanor R	W10	AVSY	NT
3	Green, William	M11	Aberystwyth	NT
4	Evans, Sam	M12	Pembroke	NT
5	Hawkins, Charlotte	W11	Haverfordwes	NT
6	Truman, Caitlyn E	W10	NTVY	NT
7	Nash, Oliver J	M10	Carmarthen	NT
8	Lewis, Alice	W10	AVSY	NT

**Heat 3 of 10 Finals**

1	Stephens Davies, Bryn	M12	Carmarthen	NT
2	Sekula, Mateusz J	M12	NTVY	NT
3	Alexander, Seren	W13	Aberystwyth	NT
4	Stuart-Lavender, Jac	M13	Llanelli	NT
5	Jones, Elisa	W13	Aberystwyth	NT
6	Kaill-Franks, Nia	W12	Fishguard	NT
7	Sekula, Szymon A	M12	NTVY	NT
8	Davies, Isabella	W12	Llanelli	NT

**Heat 4 of 10 Finals**

1	Middleton, Caitlin	W14	Aberystwyth	NT
2	Roberts, Xyla	W9	AVSY	2:14.66
3	McFarlane, Mali	W10	Milford Havn	2:11.63
4	Rhead, Alex	M12	Haverfordwes	2:03.20
5	Hughes-Llewellyn, Alfie	M9	Llanelli	2:08.14
6	Nash, Sylvia	W9	Milford Havn	2:12.08
7	Jones, Taine	M14	Llanelli	NT
8	Kaill-Franks, Eira	W14	Fishguard	NT

**Heat 5 of 10 Finals**

1	%Philpott, Lowri S14	W13	Llanelli	1:59.41
2	Roberts, Nesta	W10	Aberystwyth	1:58.46
3	Roberts, Arwyn	W11	AVSY	1:57.22
4	El Saghir, Karim S	M10	Carmarthen	1:51.55
5	Huws, Lleu I	M12	NTVY	1:52.77
6	Arnold, Olivia	W10	Milford Havn	1:57.57
7	Hearne, Logan	M9	Pembroke	1:58.53
8	Haslam, Tia	W13	Carmarthen	2:00.02

**Heat 6 of 10 Finals**

1	Curtis, Carley	W11	Milford Havn	1:48.65
2	Thomas, Enlli M	W10	NTVY	1:48.19
3	Hart, Ruaraidh E	M11	NTVY	1:43.68
4	Treinis, Lucian	M10	Pembroke	1:42.19
5	Mason, Ezmee	W11	Haverfordwes	1:42.90
6	El Saghir, Mohamed S	M13	Carmarthen	1:45.50
7	Howell, Sophie	W13	Haverfordwes	1:48.26
8	Bowes, James F	M12	Carmarthen	1:49.11

**Heat 7 of 10 Finals**

1	Morris, Besi-Jane	W11	Amman Valley	1:39.01
2	Henson, Jess	W10	Tenby Dolphins	1:36.98
3	Heron, Edith	W11	Aberystwyth	1:35.03
4	Twynam, Philip	M13	Pembroke	1:34.63
5	Marques Jones, Felix	M11	Amman Valley	1:34.84
6	Williams, Evie	W11	Milford Havn	1:36.54
7	Foale, Jack	M13	Aberystwyth	1:38.59
8	Davies, Lauren	W12	Llanelli	1:39.66

**Heat 8 of 10 Finals**

1	Monan, Euan	M11	Tenby Dolphins	1:34.23
2	May, Gwen A	W11	NTVY	1:32.80
3	Powell, Nina	W11	Fishguard	1:31.46
4	Morris, Ffion	W11	Tenby Dolphins	1:29.73
5	Kelly, Henri J	M12	Carmarthen	1:30.00
6	Kenny, Jemima	W13	Milford Havn	1:31.84
7	Davies, Eva	W12	AVSY	1:33.23
8	Morgan, Iolah	W9	Pembroke	1:34.47

**Heat 9 of 10 Finals**

1	George, Kieran	M12	Milford Havn	1:29.37
2	Szmigiero, Kaya	W10	Aberystwyth	1:29.13
3	Davies, Ava-Rose	W11	Llanelli	1:27.67
4	Andreassen, Freya	W13	Amman Valley	1:24.09
5	Parton, Frankie F	M15	Carmarthen	1:25.57
6	Berner, Kiana	W12	Aberystwyth	1:28.77
7	Lewis, Callum	M15	Milford Havn	1:29.25
8	Summerfield, Lucy	W12	Llanelli	1:29.68

**Heat 10 of 10 Finals**

1	Ostrowski, Julia	W15	Pembroke	1:23.96
2	Burt, Caio	M13	Llanelli	1:23.44
3	Santos, Liam	M14	Milford Havn	1:22.28
4	Burt, Teyan	M16	Llanelli	1:19.33
5	Thomas, Nikita	W15	Llanelli	1:20.69
6	Mills, Thomas	M13	Llanelli	1:23.16
7	Hughes-Llewellyn, David	M13	Llanelli	1:23.88
8	Lerigo, Oli	M14	Aberystwyth	1:23.96

**Event 102 Mixed 9 & Over 200 SC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 8 Finals**

1	Kurys, Emiliese J	W9	Carmarthen	NT
2	Burt, Gwion	M10	Llanelli	NT
3	Dashfield, Olivia	W10	Tenby Dolphins	NT
4	Lloyd- Roberts, Harry	M11	Milford Havn	NT
5	Francis, Mia	W10	Haverfordwes	NT
6	Powell, Poppy	W10	Llanelli	NT
7	Monan, Hazel	W9	Tenby Dolphins	NT
8				

**Heat 2 of 8 Finals**

1	Heron, Edith	W11	Aberystwyth	NT
2	Kurys, Bonnie P	W11	Carmarthen	NT
3	Jones, Ashleigh R	W13	Carmarthen	NT
4	Mills, Thomas	M13	Llanelli	NT
5	Gale, Jasmine	W13	AVSY	NT
6	Alexander, Seren	W13	Aberystwyth	NT
7	Jones, Alaw R	W11	Carmarthen	NT
8	Rossiter Wargent, Mia	W11	Milford Havn	NT

## Nofio Sir Gar Development Meet 2024 - 11/05/2024

## Meet Program - Session 1 (Warmup 8.00 - 9.00)

**Heat 3 Finals (#102 Mixed 9 & Over 200 SC Meter IM)**

1	Harvey, Olivia	W9	Pembroke	4:42.89	___
2	Iturbe, Carys	W10	AVSY	4:00.85	___
3	John, Rebekah	W13	Pembroke	3:58.76	___
4	Phillips, Lucas	M13	Haverfordwes	3:50.71	___
5	Fenemore, Emily G	W11	Carmarthen	3:55.68	___
6	Treinis, Lucian	M10	Pembroke	3:59.06	___
7	Rood, Rowan	M14	NTVY	4:02.00	___
8	Kaill-Franks, Eira	W14	Fishguard	NT	___

**Heat 4 of 8 Finals**

1	Morgan, Iolah	W9	Pembroke	3:43.44	___
2	Dennison, Evie	W12	Milford Havn	3:41.25	___
3	Weston, Ben	M13	Pembroke	3:37.66	___
4	Williams, Ffion	W14	Milford Havn	3:29.41	___
5	Foale, Jack	M13	Aberystwyth	3:32.73	___
6	Howell, Sophie	W13	Haverfordwes	3:38.83	___
7	Evans, Sam	M12	Pembroke	3:42.17	___
8	El Saghir, Mohamed S	M13	Carmarthen	3:46.10	___

**Heat 5 of 8 Finals**

1	Monan, Euan	M11	Tenby Dolphins	3:29.09	___
2	Kenny, Jemima	W13	Milford Havn	3:21.63	___
3	Szmigiero, Kaya	W10	Aberystwyth	3:20.26	___
4	Thomas, Tristan	M13	Milford Havn	3:18.39	___
5	Pearce, Ava	W12	AVSY	3:19.98	___
6	Henson, Jess	W10	Tenby Dolphins	3:20.65	___
7	Williams, Evie	W11	Milford Havn	3:22.58	___
8	Evans, Wolfgang	M10	Pembroke	3:29.37	___

**Heat 6 of 8 Finals**

1	Vlasceanu, Maia	W13	Carmarthen	3:17.73	___
2	Marques Jones, Felix	M11	Amman Valley	3:17.36	___
3	Sekula, Szymon A	M12	NTVY	3:14.41	___
4	Kaill-Franks, Nia	W12	Fishguard	3:14.23	___
5	Price, Seren -louise	W11	Carmarthen	3:14.40	___
6	Dyde, Pheobe	W11	Pembroke	3:17.05	___
7	Flynn, Asten P	M13	NTVY	3:17.66	___
8	Powell, Nina	W11	Fishguard	3:18.27	___

**Heat 7 of 8 Finals**

1	Collins-Falconer, Alesha G	W15	NTVY	3:13.37	___
2	Short, Amelia L	W12	NTVY	3:12.80	___
3	Stacey, Jessica	W14	Amman Valley	3:11.94	___
4	Sekula, Mateusz J	M12	NTVY	3:11.20	___
5	Holloway, Olivia	W15	AVSY	3:11.82	___
6	John, Annabel	W14	Pembroke	3:12.26	___
7	Hughes, Freddy J	M11	NTVY	3:12.80	___
8	Summerfield, Lucy	W12	Llanelli	3:13.84	___

**Heat 8 of 8 Finals**

1	Griffiths, Isla	W11	Tenby Dolphins	3:09.87	___
2	Hughes-Llewellyn, David	M13	Llanelli	2:59.90	___
3	Lerigo, Oli	M14	Aberystwyth	2:56.14	___
4	Smith, Benjamin	M14	Haverfordwes	2:49.00	___
5	Ostrowski, Julia	W15	Pembroke	2:54.20	___
6	Stewart, Finlay	M16	Llanelli	2:59.73	___
7	Harris, Toby	M14	Pembroke	3:07.95	___
8	Szmigiero, Victoria	W14	Aberystwyth	3:10.26	___

**Event 103 Mixed 9 & Over 100 SC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

1	Francis, Mia	W10	Haverfordwes	NT	___
2	George, Kieran	M12	Milford Havn	NT	___
3	Davies, Ellis V	M12	Llanelli	NT	___
4	Webb, Efa	W13	NSGY	NT	___
5	Pearce, Ava	W12	AVSY	NT	___
6	Kaill-Franks, Nia	W12	Fishguard	NT	___
7	Griffiths, Ffion	W12	Tenby Dolphins	NT	___
8	El Saghir, Karim S	M10	Carmarthen	NT	___

**Heat 2 of 4 Finals**

1	Morgan, Iolah	W9	Pembroke	2:03.93	___
2	Hart, Ruaraidh E	M11	NTVY	1:57.60	___
3	Lewis, Callum	M15	Milford Havn	1:43.93	___
4	Bruce, Keira	W13	Pembroke	1:36.82	___
5	Powell, Nina	W11	Fishguard	1:40.95	___
6	Jermin, Morgan	M10	Llanelli	1:46.45	___
7	Henson, Jess	W10	Tenby Dolphins	1:58.72	___
8	El Saghir, Mohamed S	M13	Carmarthen	2:06.84	___

**Heat 3 of 4 Finals**

1	Noden, Rory	M11	Milford Havn	1:36.07	___
2	Santos, Liam	M14	Milford Havn	1:30.03	___
3	Thomas, Nikita	W15	Llanelli	1:28.30	___
4	Kazmiruk, Anastasiia	W13	Amman Valley	1:26.97	___
5	Jones, Hunydd	W12	Carmarthen	1:27.97	___
6	Bowen, Seren E	W13	Carmarthen	1:28.68	___
7	Kelly, Henri J	M12	Carmarthen	1:33.72	___
8	Szmigiero, Kaya	W10	Aberystwyth	1:36.36	___

**Heat 4 of 4 Finals**

1	Hughes, Nancy J	W15	NTVY	1:25.22	___
2	Ostrowski, Julia	W15	Pembroke	1:24.70	___
3	Burt, Caio	M13	Llanelli	1:23.19	___
4	Burt, Teyan	M16	Llanelli	1:14.97	___
5	Smith, Benjamin	M14	Haverfordwes	1:15.60	___
6	Hughes-Llewellyn, David	M13	Llanelli	1:23.89	___
7	Mills, Thomas	M13	Llanelli	1:24.78	___
8	Cressey-Rodgers, Gwenllian	W14	NSGY	1:25.51	___

**Event 104 Mixed 8 & Over 50 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 16 Finals**

1	McCormack, Livvy	W9	AVSY	NT	___
2	Charles, Mali	W9	AVSY	NT	___
3	Roberts, Xyla	W9	AVSY	NT	___
4	Kinch, Alexis G	W9	NTVY	NT	___
5	Dakin, Chloe	W9	Llanelli	NT	___
6	Llwyd, Marged E	W9	Carmarthen	NT	___
7	Kiss, Jonathan	M9	AVSY	NT	___
8	Dashfield, Charlotte	W9	Tenby Dolphins	NT	___

**Heat 2 of 16 Finals**

1	Whatmore, Finley	M10	Milford Havn	NT	___
2	Flynn, Mills	M10	Milford Havn	NT	___
3	Pydo, Jacob Waldemar K	M11	NTVY	NT	___
4	Jones, Talia	W13	Aberystwyth	NT	___
5	Stephens Davies, Dion	M12	Carmarthen	NT	___
6	Jones, Osian	M10	Aberystwyth	NT	___
7	Knight, Izaak	M10	Tenby Dolphins	NT	___
8	Allan, Imogen	W10	AVSY	NT	___

## Nofio Sir Gar Development Meet 2024 - 11/05/2024

## Meet Program - Session 1 (Warmup 8.00 - 9.00)

**Heat 3 Finals (#104 Mixed 8 & Over 50 SC Meter Freestyle)**

1	#Hearse, Oliver J	W19	AVSY	NT	___
2	Poole, Tomos	M13	AVSY	NT	___
3	Cory, Ben	M13	AVSY	NT	___
4	Watkins, Eleanor R	W10	AVSY	1:00.14	___
5	Donaldson, Maisy	W9	Amman Valley	1:02.10	___
6	Holloway, Amelie	W9	AVSY	1:12.45	___
7	Jones, Taine	M14	Llanelli	NT	___
8	#Edwards, Megan	W13	AVSY	1:10.37	___

**Heat 4 of 16 Finals**

1	James, Lola	W11	Milford Havn	59.38	___
2	Jones, Autumn	W10	AVSY	57.43	___
3	Wilkins, Ameila	W8	AVSY	55.30	___
4	Rogers, Mia	W9	Pembroke	54.98	___
5	McFarlane, Mali	W10	Milford Havn	55.02	___
6	Milsom, Scarlet	W8	AVSY	56.33	___
7	Evans, Alys E	W9	Carmarthen	58.29	___
8	Truman, Caitlyn E	W10	NTVY	59.66	___

**Heat 5 of 16 Finals**

1	Sinfield, Alis	W9	Llanelli	54.92	___
2	Williams, Alys L	W10	Carmarthen	54.74	___
3	Reed, Erin	W8	AVSY	53.31	___
4	Jones, Elisa	W13	Aberystwyth	52.75	___
5	Nicklin, Parker	W9	Amman Valley	53.21	___
6	Jermin, Martha	W8	Llanelli	54.19	___
7	Evans, Sylvie	W8	Llanelli	54.82	___
8	Lewis, Alice	W10	AVSY	54.92	___

**Heat 6 of 16 Finals**

1	Harvey, Olivia	W9	Pembroke	51.35	___
2	Nash, Sylvia	W9	Milford Havn	49.81	___
3	Burt, Gwion	M10	Llanelli	49.33	___
4	Roberts, Nesta	W10	Aberystwyth	47.89	___
5	Cutting, Beatrice	W9	Haverfordwes	48.94	___
6	Lewis, Ollie	M10	AVSY	49.71	___
7	Beale, Tyler	M10	Tenby Dolphins	51.24	___
8	Hopkins, Casey	M8	AVSY	51.49	___

**Heat 7 of 16 Finals**

1	Symmons, Bronwen D	W8	Carmarthen	47.04	___
2	Alexander, Fflur	W10	Aberystwyth	46.95	___
3	Donaldson, Jack	M11	Amman Valley	45.25	___
4	Rhead, Alex	M12	Haverfordwes	44.37	___
5	Weston, Zac	M10	Pembroke	44.83	___
6	Powell, Poppy	W10	Llanelli	45.48	___
7	Fretwell, Logan	M9	Milford Havn	47.02	___
8	Monan, Hazel	W9	Tenby Dolphins	47.25	___

**Heat 8 of 16 Finals**

1	Leahy, Herbie	M9	Haverfordwes	44.25	___
2	Hughes-Llewellyn, Alfie	M9	Llanelli	43.26	___
3	Haslam, Tia	W13	Carmarthen	43.10	___
4	Hawkins, Charlotte	W11	Haverfordwes	42.93	___
5	El Saghir, Karim S	M10	Carmarthen	43.09	___
6	Huws, Lleu I	M12	NTVY	43.11	___
7	Kurys, Emiliese J	W9	Carmarthen	43.37	___
8	Arnold, Olivia	W10	Milford Havn	44.30	___

**Heat 9 of 16 Finals**

1	Davies, Lauren	W12	Llanelli	42.55	___
2	Smith, Caelan	M13	Haverfordwes	42.05	___
3	Lloyd- Roberts, Harry	M11	Milford Havn	41.77	___
4	Monan, Sofia	W13	Tenby Dolphins	41.73	___
5	Jenkins, Alys	W11	Amman Valley	41.73	___
6	John, Rebekah	W13	Pembroke	41.99	___
7	Middleton, Caitlin	W14	Aberystwyth	42.39	___
8	Curtis, Carley	W11	Milford Havn	42.90	___

**Heat 10 of 16 Finals**

1	Kurys, Bonnie P	W11	Carmarthen	41.58	___
2	El Saghir, Mohamed S	M13	Carmarthen	41.39	___
3	Davies, Eva	W12	AVSY	41.35	___
4	Clement, Darcey	W11	AVSY	40.74	___
5	Fenemore, Emily G	W11	Carmarthen	41.04	___
6	Bowes, James F	M12	Carmarthen	41.38	___
7	Elmes, Samuel	M10	Carmarthen	41.52	___
8	Thomas, Enlli M	W10	NTVY	41.62	___

**Heat 11 of 16 Finals**

1	Rood, Rowan	M14	NTVY	40.35	___
2	Heron, Edith	W11	Aberystwyth	40.03	___
3	Dennison, Evie	W12	Milford Havn	39.36	___
4	Treinis, Lucian	M10	Pembroke	38.88	___
5	Hearne, Logan	M9	Pembroke	39.26	___
6	Jones, Alaw R	W11	Carmarthen	39.87	___
7	Thomas, Rhys	M12	AVSY	40.10	___
8	Nash, Oliver J	M10	Carmarthen	40.49	___

**Heat 12 of 16 Finals**

1	Green, William	M11	Aberystwyth	38.71	___
2	May, Gwen A	W11	NTVY	38.60	___
3	Phillips, Gethin	M13	Haverfordwes	38.56	___
4	Morris, Besi-Jane	W11	Amman Valley	38.37	___
5	Mason, Ezmee	W11	Haverfordwes	38.56	___
6	Tucker, Lowri	W14	Llanelli	38.57	___
7	Morgan, Iolah	W9	Pembroke	38.69	___
8	Roberts, Arwyn	W11	AVSY	38.78	___

**Heat 13 of 16 Finals**

1	Stephens Davies, Bryn	M12	Carmarthen	37.78	___
2	Griffiths, Isla	W11	Tenby Dolphins	37.53	___
3	Morris, Ffion	W11	Tenby Dolphins	37.45	___
4	Jones, Dion R	M12	Carmarthen	37.40	___
5	Sekula, Szymon A	M12	NTVY	37.43	___
6	Sekula, Mateusz J	M12	NTVY	37.46	___
7	Iturbe, Carys	W10	AVSY	37.73	___
8	Finney, Elsa	W14	Aberystwyth	37.99	___

**Heat 14 of 16 Finals**

1	Blue, Harri O	M12	Carmarthen	37.22	___
2	Weston, Ben	M13	Pembroke	36.82	___
3	Twynam, Philip	M13	Pembroke	36.72	___
4	Marques Jones, Felix	M11	Amman Valley	36.19	___
5	Chapman, Henry	M12	Carmarthen	36.50	___
6	Aggett, Coraline	W12	Amman Valley	36.74	___
7	Kenny, Jemima	W13	Milford Havn	37.12	___
8	Alexander, Seren	W13	Aberystwyth	37.28	___

**Nofio Sir Gar Development Meet 2024 - 11/05/2024****Meet Program - Session 1 (Warmup 8.00 - 9.00)****Heat 15 Finals (#104 Mixed 8 & Over 50 SC Meter Freestyle)**

1	Jermin, Morgan	M10	Llanelli	36.10	___
2	Dyde, Pheobe	W11	Pembroke	35.63	___
3	Kelly, Henri J	M12	Carmarthen	35.60	___
4	Vlasceanu, Maia	W13	Carmarthen	34.73	___
5	Evans, Wolfgang	M10	Pembroke	35.25	___
6	Gale, Jasmine	W13	AVSY	35.63	___
7	Foale, Jack	M13	Aberystwyth	35.82	___
8	Berner, Kiana	W12	Aberystwyth	36.11	___

**Heat 16 of 16 Finals**

1	Thomas, Tristan	M13	Milford Havn	34.50	___
2	Hughes-Llewellyn, David	M13	Llanelli	34.19	___
3	Holloway, Olivia	W15	AVSY	32.16	___
4	Lewis, Callum	M15	Milford Havn	30.98	___
5	Harris, Toby	M14	Pembroke	32.02	___
6	Elias, Ruben	M13	Carmarthen	34.10	___
7	Bowen, Seren E	W13	Carmarthen	34.39	___
8	Flynn, Asten P	M13	NTVY	34.70	___