

Nofio Sir Gar Development Meet 2024 - 11/05/2024

Meet Program - Session 3 (Warmup 2.15 - 3.15)

Event 301 Mixed 8 & Over 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 16 Finals				
1				—
2				—
3	Symmons, Bronwen D	W8	Carmarthen	NT
4	Fretwell, Logan	M9	Milford Havn	NT
5	Kiss, Jonathan	M9	AVSY	NT
6				—
7				—
8				—
Heat 2 of 16 Finals				
1	Dakin, Chloe	W9	Llanelli	NT
2	Sinfield, Alis	W9	Llanelli	NT
3	Bates, Rosa	W10	Aberystwyth	NT
4	El Saghir, Karim S	M10	Carmarthen	NT
5	Flynn, Mills	M10	Milford Havn	NT
6	Jones, Osian	M10	Aberystwyth	NT
7	Prevel, Vinnie	M9	Pembroke	NT
8	Dashfield, Charlotte	W9	Tenby Dolphins	NT
Heat 3 of 16 Finals				
1	Truman, Caitlyn E	W10	NTVY	NT
2	Richards, Alfie M	M11	Carmarthen	NT
3	Jones, Alaw R	W11	Carmarthen	NT
4	Poole, Tomos	M13	AVSY	NT
5	James, Lola	W11	Milford Havn	NT
6	Foale, Freddie	M11	Aberystwyth	NT
7	Williams, Alys L	W10	Carmarthen	NT
8	Whatmore, Finley	M10	Milford Havn	NT
Heat 4 of 16 Finals				
1	Holloway, Amelie	W9	AVSY	1:37.23
2	Jones, Autumn	W10	AVSY	1:25.62
3	Rogers, Mia	W9	Pembroke	1:22.33
4	Wilkins, Ameila	W8	AVSY	1:18.37
5	Milsom, Scarlet	W8	AVSY	1:20.25
6	%Davies, Celyn F SB9	W11	Carmarthen/3, 5, 12+	1:25.50
7	Roberts, Xyla	W9	AVSY	1:26.54
8	Finney, Elsa	W14	Aberystwyth	NT
Heat 5 of 16 Finals				
1	Lewis, Ollie	M10	AVSY	1:16.33
2	Harvey, Olivia	W9	Pembroke	1:14.49
3	Coates, Betsy	W10	Haverfordwes	1:12.53
4	Watkins, Eleanor R	W10	AVSY	1:10.89
5	Evans, Alys E	W9	Carmarthen	1:11.30
6	Jermin, Martha	W8	Llanelli	1:12.59
7	Evans, Sylvie	W8	Llanelli	1:14.76
8	Hopkins, Casey	M8	AVSY	1:17.84
Heat 6 of 16 Finals				
1	Reed, Erin	W8	AVSY	1:07.58
2	Nicklin, Parker	W9	Amman Valley	1:05.75
3	Hearne, Logan	M9	Pembroke	1:04.77
4	Nash, Sylvia	W9	Milford Havn	1:04.01
5	McFarlane, Mali	W10	Milford Havn	1:04.52
6	Burt, Gwion	M10	Llanelli	1:05.14
7	Huws, Lleu I	M12	NTVY	1:07.30
8	Monan, Hazel	W9	Tenby Dolphins	1:07.67

Heat 7 of 16 Finals

1	Francis, Mia	W10	Haverfordwes	1:03.26
2	Hawkins, Charlotte	W11	Haverfordwes	1:01.74
3	John, Rebekah	W13	Pembroke	1:01.11
4	Evans, Wolfgang	M10	Pembroke	1:00.56
5	Jenkins, Alys	W11	Amman Valley	1:00.82
6	Leahy, Herbie	M9	Haverfordwes	1:01.49
7	Lewis, Alice	W10	AVSY	1:02.18
8	Weston, Zac	M10	Pembroke	1:03.51

Heat 8 of 16 Finals

1	Morris, Besi-Jane	W11	Amman Valley	58.91
2	Jones, Elisa	W13	Aberystwyth	58.63
3	Kent, Florence	W12	Aberystwyth	58.28
4	Davies, Eva	W12	AVSY	58.07
5	Kurys, Emiliese J	W9	Carmarthen	58.14
6	Donaldson, Jack	M11	Amman Valley	58.32
7	Thomas, Cara	W14	Llanelli	58.77
8	Squires, Megan	W12	Aberystwyth	59.17

Heat 9 of 16 Finals

1	Roberts, Arwyn	W11	AVSY	57.50
2	Thomas, Enlli M	W10	NTVY	57.09
3	Mason, Ezmee	W11	Haverfordwes	57.03
4	Davies, Lauren	W12	Llanelli	56.94
5	Flynn, Asten P	M13	NTVY	57.00
6	Aggett, Coraline	W12	Amman Valley	57.05
7	Treinis, Lucian	M10	Pembroke	57.44
8	Jarrold, Tilly	W10	Pembroke	57.79

Heat 10 of 16 Finals

1	Alexander, Fflur	W10	Aberystwyth	56.41
2	Kenny, Jemima	W13	Milford Havn	55.19
3	Nash, Oliver J	M10	Carmarthen	54.37
4	Lloyd- Roberts, Harry	M11	Milford Havn	53.95
5	Fenemore, Emily G	W11	Carmarthen	54.29
6	Middleton, Caitlin	W14	Aberystwyth	54.46
7	Iturbe, Carys	W10	AVSY	55.32
8	Foale, Jack	M13	Aberystwyth	56.71

Heat 11 of 16 Finals

1	Evans, Sam	M12	Pembroke	53.69
2	Smith, Caelan	M13	Haverfordwes	53.48
3	Price, Seren -louise	W11	Carmarthen	52.60
4	Jones, Dion R	M12	Carmarthen	52.23
5	Mills, Thomas	M13	Llanelli	52.58
6	Kurys, Bonnie P	W11	Carmarthen	53.45
7	George, Kieran	M12	Milford Havn	53.48
8	Monan, Sofia	W13	Tenby Dolphins	53.71

Heat 12 of 16 Finals

1	Stephens Davies, Bryn	M12	Carmarthen	52.01
2	Thomas, Wilf	M11	Aberystwyth	51.46
3	Clement, Darcey	W11	AVSY	51.30
4	Griffiths, Ffion	W12	Tenby Dolphins	51.12
5	Davies, Ellis V	M12	Llanelli	51.14
6	El Saghir, Mohamed S	M13	Carmarthen	51.45
7	Weston, Ben	M13	Pembroke	51.53
8	Williams, Ffion	W14	Milford Havn	52.13

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Meet Program - Session 3 (Warmup 2.15 - 3.15)

Heat 13 Finals (#301 Mixed 8 & Over 50 SC Meter Breaststroke)

1	Morgan, Evelyn	W13	NSGY	50.81	___
2	Bruce, Keira	W13	Pembroke	50.66	___
3	Tucker, Lowri	W14	Llanelli	50.56	___
4	Koszalski, Soffia L	W11	Llanelli	50.18	___
5	Griffiths, Isla	W11	Tenby Dolphins	50.28	___
6	Henson, Jess	W10	Tenby Dolphins	50.65	___
7	Hughes, Freddy J	M11	NTVY	50.74	___
8	Richards, Kira M	W13	Carmarthen	50.98	___

Heat 14 of 16 Finals

1	Dashfield, Olivia	W10	Tenby Dolphins	49.83	___
2	Fry, Tilly	W12	Llanelli	49.24	___
3	Heron, Edith	W11	Aberystwyth	49.12	___
4	Stacey, Jessica	W14	Amman Valley	48.47	___
5	Gale, Jasmine	W13	AVSY	48.93	___
6	Longar, Miriam E	W12	Carmarthen	49.19	___
7	Noden, Rory	M11	Milford Havn	49.43	___
8	Chapman, Henry	M12	Carmarthen	50.14	___

Heat 15 of 16 Finals

1	Morgan, Lily	W13	Tenby Dolphins	48.22	___
2	Summerfield, Lucy	W12	Llanelli	47.87	___
3	Rositer Wargent, Mia	W11	Milford Havn	47.31	___
4	Rees-Davies, Saoirse	W12	Llanelli	46.55	___
5	Elias, Ruben	M13	Carmarthen	46.57	___
6	Lewis, Martha F	W12	Carmarthen	47.66	___
7	Szmigiero, Kaya	W10	Aberystwyth	48.13	___
8	Wilcockson, Alys	W13	Aberystwyth	48.39	___

Heat 16 of 16 Finals

1	Morgan, Ben	M14	Pembroke	45.49	___
2	Alexander, Seren	W13	Aberystwyth	44.49	___
3	Philpott, Ffion	W14	NSGY	43.28	___
4	Harris, Toby	M14	Pembroke	42.57	___
5	Hughes, Nancy J	W15	NTVY	43.13	___
6	John, Annabel	W14	Pembroke	44.28	___
7	Vlasceanu, Maia	W13	Carmarthen	44.81	___
8	Szmigiero, Victoria	W14	Aberystwyth	45.62	___

Event 302 Mixed 9 & Over 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

1					___
2					___
3	Hughes-Llewellyn, Alfie	M9	Llanelli	NT	___
4	Hart, Ruaraidh E	M11	NTVY	NT	___
5	El Saghir, Karim S	M10	Carmarthen	NT	___
6					___
7					___
8					___

Heat 2 of 5 Finals

1	Evans, Mari	W11	Aberystwyth	NT	___
2	Kurys, Bonnie P	W11	Carmarthen	NT	___
3	Curtis, Carley	W11	Milford Havn	NT	___
4	Short, Amelia L	W12	NTVY	NT	___
5	Sekula, Mateusz J	M12	NTVY	NT	___
6	Davies, Ava-Rose	W11	Llanelli	NT	___
7	Green, William	M11	Aberystwyth	NT	___
8					___

Heat 3 of 5 Finals

1	Prevel, Sebastian	M12	Pembroke	NT	___
2	Kazmiruk, Anastasiia	W13	Amman Valley	NT	___
3	Lerigo, Oli	M14	Aberystwyth	NT	___
4	May, Gwen A	W11	NTVY	3:23.80	___
5	Lewis, Callum	M15	Milford Havn	NT	___
6	El Saghir, Mohamed S	M13	Carmarthen	NT	___
7	Sekula, Szymon A	M12	NTVY	NT	___
8	Davies, Isabella	W12	Llanelli	NT	___

Heat 4 of 5 Finals

1	Williams, Evie	W11	Milford Havn	3:18.57	___
2	George, Kieran	M12	Milford Havn	3:13.11	___
3	Morris, Ffion	W11	Tenby Dolphins	3:12.30	___
4	Monan, Euan	M11	Tenby Dolphins	3:10.34	___
5	Jones, Hunydd	W12	Carmarthen	3:11.23	___
6	Berner, Kiana	W12	Aberystwyth	3:12.90	___
7	Morgan, Iolah	W9	Pembroke	3:17.68	___
8	Heron, Edith	W11	Aberystwyth	3:23.70	___

Heat 5 of 5 Finals

1	Andreassen, Freya	W13	Amman Valley	3:01.15	___
2	Burt, Caio	M13	Llanelli	3:00.21	___
3	Mills, Thomas	M13	Llanelli	2:55.17	___
4	Parton, Frankie F	M15	Carmarthen	2:47.37	___
5	Hughes, Nancy J	W15	NTVY	2:53.29	___
6	Webb, Efa	W13	NSGY	2:59.67	___
7	Wilcockson, Alys	W13	Aberystwyth	3:00.77	___
8	Powell, Nina	W11	Fishguard	3:08.35	___

Event 303 Mixed 9 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 14 Finals

1					___
2					___
3	Fretwell, Logan	M9	Milford Havn	NT	___
4	McCormack, Livvy	W9	AVSY	NT	___
5	Prevel, Vinnie	M9	Pembroke	NT	___
6					___
7					___
8					___

Heat 2 of 14 Finals

1	Bates, Rosa	W10	Aberystwyth	NT	___
2	Lewis, Alice	W10	AVSY	NT	___
3	Jones, Autumn	W10	AVSY	NT	___
4	James, Lola	W11	Milford Havn	NT	___
5	Jenkins, Alys	W11	Amman Valley	NT	___
6	Flynn, Mills	M10	Milford Havn	NT	___
7	Whatmore, Finley	M10	Milford Havn	NT	___
8					___

Heat 3 of 14 Finals

1	Stephens Davies, Bryn	M12	Carmarthen	NT	___
2	Rhead, Alex	M12	Haverfordwes	NT	___
3	Poole, Tomos	M13	AVSY	NT	___
4	Jones, Elisa	W13	Aberystwyth	2:05.88	___
5	Jones, Taine	M14	Llanelli	NT	___
6	Phillips, Gethin	M13	Haverfordwes	NT	___
7	Kent, Florence	W12	Aberystwyth	NT	___
8	Richards, Alfie M	M11	Carmarthen	NT	___

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Meet Program - Session 3 (Warmup 2.15 - 3.15)

Heat 4 Finals (#303 Mixed 9 & Over 100 SC Meter Freestyle)

1	McFarlane, Mali	W10	Milford Havn	1:56.75	___
2	Burt, Gwion	M10	Llanelli	1:54.71	___
3	Harvey, Olivia	W9	Pembroke	1:50.41	___
4	Alexander, Fflur	W10	Aberystwyth	1:48.45	___
5	Hearne, Logan	M9	Pembroke	1:49.58	___
6	Weston, Zac	M10	Pembroke	1:50.88	___
7	Roberts, Nesta	W10	Aberystwyth	1:55.50	___
8	Lewis, Ollie	M10	AVSY	2:00.07	___

Heat 5 of 14 Finals

1	Hughes-Llewellyn, Alfie	M9	Llanelli	1:47.74	___
2	Arnold, Olivia	W10	Milford Havn	1:44.85	___
3	Hawkins, Charlotte	W11	Haverfordwes	1:41.80	___
4	Donaldson, Jack	M11	Amman Valley	1:39.72	___
5	Monan, Hazel	W9	Tenby Dolphins	1:41.60	___
6	Smith, Caelan	M13	Haverfordwes	1:42.86	___
7	Jarrold, Tilly	W10	Pembroke	1:46.31	___
8	Lloyd- Roberts, Harry	M11	Milford Havn	1:47.95	___

Heat 6 of 14 Finals

1	Elmes, Samuel	M10	Carmarthen	1:37.72	___
2	Thomas, Enlli M	W10	NTVY	1:36.83	___
3	Huws, Lleu I	M12	NTVY	1:36.70	___
4	Treinis, Lucian	M10	Pembroke	1:36.01	___
5	Boyle, Samantha J	W10	Carmarthen	1:36.12	___
6	Davies, Gruffydd R	M10	Carmarthen	1:36.78	___
7	Thomas, Cara	W14	Llanelli	1:37.27	___
8	Monan, Sofia	W13	Tenby Dolphins	1:38.82	___

Heat 7 of 14 Finals

1	Davies, Lauren	W12	Llanelli	1:35.34	___
2	Weston, Ben	M13	Pembroke	1:33.72	___
3	Nash, Oliver J	M10	Carmarthen	1:33.33	___
4	Roberts, Arwyn	W11	AVSY	1:30.51	___
5	Fry, Tilly	W12	Llanelli	1:30.64	___
6	John, Rebekah	W13	Pembroke	1:33.65	___
7	Green, William	M11	Aberystwyth	1:34.10	___
8	Dennison, Evie	W12	Milford Havn	1:35.87	___

Heat 8 of 14 Finals

1	Koszalski, Soffia L	W11	Llanelli	1:30.16	___
2	Fenemore, Emily G	W11	Carmarthen	1:28.56	___
3	Thomas, Wilf	M11	Aberystwyth	1:28.41	___
4	Bowes, James F	M12	Carmarthen	1:27.19	___
5	Williams, Ffion	W14	Milford Havn	1:27.75	___
6	Jones, Dion R	M12	Carmarthen	1:28.45	___
7	Jones, Ashleigh R	W13	Carmarthen	1:29.08	___
8	Iturbe, Carys	W10	AVSY	1:30.34	___

Heat 9 of 14 Finals

1	Morgan, Iolah	W9	Pembroke	1:27.03	___
2	Jones, Talia	W13	Aberystwyth	1:26.43	___
3	Morris, Besi-Jane	W11	Amman Valley	1:25.83	___
4	Davies, Eva	W12	AVSY	1:24.70	___
5	Finney, Elsa	W14	Aberystwyth	1:24.71	___
6	Evans, Sam	M12	Pembroke	1:26.02	___
7	Tucker, Lowri	W14	Llanelli	1:26.46	___
8	Richards, Kira M	W13	Carmarthen	1:27.17	___

Heat 10 of 14 Finals

1	Aggett, Coraline	W12	Amman Valley	1:24.43	___
2	Alexander, Seren	W13	Aberystwyth	1:23.84	___
3	Jermin, Morgan	M10	Llanelli	1:22.71	___
4	Kenny, Jemima	W13	Milford Havn	1:22.39	___
5	Evans, Wolfgang	M10	Pembroke	1:22.55	___
6	Foale, Jack	M13	Aberystwyth	1:23.29	___
7	Mason, Ezmee	W11	Haverfordwes	1:24.04	___
8	Lewis, Martha F	W12	Carmarthen	1:24.46	___

Heat 11 of 14 Finals

1	Monan, Euan	M11	Tenby Dolphins	1:22.30	___
2	Hawkins, Betsy-May	W12	Llanelli	1:22.01	___
3	Sekula, Szymon A	M12	NTVY	1:21.49	___
4	Morris, Ffion	W11	Tenby Dolphins	1:20.89	___
5	Sekula, Mateusz J	M12	NTVY	1:20.98	___
6	Dyde, Pheobe	W11	Pembroke	1:21.79	___
7	Thomas, Tristan	M13	Milford Havn	1:22.25	___
8	Rees-Davies, Saoirse	W12	Llanelli	1:22.31	___

Heat 12 of 14 Finals

1	Berner, Kiana	W12	Aberystwyth	1:20.25	___
2	Henson, Jess	W10	Tenby Dolphins	1:19.78	___
3	Flynn, Asten P	M13	NTVY	1:18.02	___
4	Edwards, Alice R	W13	Carmarthen	1:17.26	___
5	Hughes, Freddy J	M11	NTVY	1:17.53	___
6	Szmigiero, Kaya	W10	Aberystwyth	1:18.20	___
7	Chapman, Henry	M12	Carmarthen	1:19.93	___
8	Pearce, Ava	W12	AVSY	1:20.27	___

Heat 13 of 14 Finals

1	Vlasceanu, Maia	W13	Carmarthen	1:16.79	___
2	Santos, Liam	M14	Milford Havn	1:15.72	___
3	Bowen, Seren E	W13	Carmarthen	1:15.18	___
4	Stewart, Finlay	M16	Llanelli	1:14.71	___
5	Lewis, Callum	M15	Milford Havn	1:14.89	___
6	Hughes-Llewellyn, David	M13	Llanelli	1:15.57	___
7	Smith, Benjamin	M14	Haverfordwes	1:16.41	___
8	Griffiths, Isla	W11	Tenby Dolphins	1:17.21	___

Heat 14 of 14 Finals

1	Lerigo, Oli	M14	Aberystwyth	1:13.44	___
2	Stacey, Jessica	W14	Amman Valley	1:12.46	___
3	John, Annabel	W14	Pembroke	1:12.17	___
4	Harris, Toby	M14	Pembroke	1:10.78	___
5	Holloway, Olivia	W15	AVSY	1:11.13	___
6	Szmigiero, Victoria	W14	Aberystwyth	1:12.30	___
7	Collins-Falconer, Alesha G	W15	NTVY	1:12.80	___
8	Wilcockson, Alys	W13	Aberystwyth	1:14.70	___

Event 304 Mixed 8 & Over 50 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Finals

1				___
2	Wilkins, Ameila	W8	AVSY	NT
3	Evans, Sylvie	W8	Llanelli	NT
4	Roberts, Xyla	W9	AVSY	NT
5	Sinfield, Alis	W9	Llanelli	NT
6	Symmons, Bronwen D	W8	Carmarthen	NT
7				___
8				___

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Meet Program - Session 3 (Warmup 2.15 - 3.15)

Heat 2 Finals (#304 Mixed 8 & Over 50 SC Meter Butterfly)

1	Evans, Alys E	W9	Carmarthen	NT	___
2	Jones, Osian	M10	Aberystwyth	NT	___
3	Elmes, Samuel	M10	Carmarthen	NT	___
4	Watkins, Eleanor R	W10	AVSY	NT	___
5	Weston, Zac	M10	Pembroke	NT	___
6	Knight, Izaak	M10	Tenby Dolphins	NT	___
7	Dashfield, Olivia	W10	Tenby Dolphins	NT	___
8	McCormack, Livvy	W9	AVSY	NT	___

Heat 3 of 11 Finals

1	Jones, Alaw R	W11	Carmarthen	NT	___
2	Stuart-Lavender, Jac	M13	Llanelli	NT	___
3	Poole, Tomos	M13	AVSY	NT	___
4	Holloway, Amelie	W9	AVSY	1:37.44	___
5	Jones, Taine	M14	Llanelli	NT	___
6	Gale, Jasmine	W13	AVSY	NT	___
7	Jones, Dion R	M12	Carmarthen	NT	___
8	Kurys, Bonnie P	W11	Carmarthen	NT	___

Heat 4 of 11 Finals

1	Rogers, Mia	W9	Pembroke	1:20.24	___
2	Reed, Erin	W8	AVSY	1:17.02	___
3	Milsom, Scarlet	W8	AVSY	1:12.60	___
4	Coates, Betsy	W10	Haverfordwes	1:08.63	___
5	Cutting, Beatrice	W9	Haverfordwes	1:10.60	___
6	Jermin, Martha	W8	Llanelli	1:13.02	___
7	Jones, Autumn	W10	AVSY	1:20.24	___
8	Hopkins, Casey	M8	AVSY	1:31.78	___

Heat 5 of 11 Finals

1	Hughes-Llewellyn, Alfie	M9	Llanelli	1:00.61	___
2	Clement, Darcey	W11	AVSY	57.12	___
3	Arnold, Olivia	W10	Milford Havn	56.83	___
4	Williams, Evie	W11	Milford Havn	56.61	___
5	Monan, Hazel	W9	Tenby Dolphins	56.80	___
6	Nash, Sylvia	W9	Milford Havn	57.11	___
7	Hawkins, Charlotte	W11	Haverfordwes	57.95	___
8	Harvey, Olivia	W9	Pembroke	1:06.85	___

Heat 6 of 11 Finals

1	Nash, Oliver J	M10	Carmarthen	56.10	___
2	Heron, Edith	W11	Aberystwyth	55.34	___
3	Davies, Eva	W12	AVSY	54.58	___
4	Kurys, Emiliese J	W9	Carmarthen	53.64	___
5	Alexander, Fflur	W10	Aberystwyth	54.49	___
6	Jarrold, Tilly	W10	Pembroke	55.30	___
7	Jones, Ashleigh R	W13	Carmarthen	55.71	___
8	Thomas, Enlli M	W10	NTVY	56.31	___

Heat 7 of 11 Finals

1	Fenemore, Emily G	W11	Carmarthen	52.35	___
2	El Saghir, Karim S	M10	Carmarthen	51.15	___
3	Roberts, Arwyn	W11	AVSY	50.89	___
4	Hearne, Logan	M9	Pembroke	50.36	___
5	Treinis, Lucian	M10	Pembroke	50.67	___
6	Morgan, Iolah	W9	Pembroke	51.13	___
7	El Saghir, Mohamed S	M13	Carmarthen	51.36	___
8	Prevel, Tilly	W11	Pembroke	53.44	___

Heat 8 of 11 Finals

1	George, Kieran	M12	Milford Havn	48.38	___
2	Thomas, Cara	W14	Llanelli	47.83	___
3	Richards, Kira M	W13	Carmarthen	46.91	___
4	Foale, Jack	M13	Aberystwyth	45.14	___
5	Iturbe, Carys	W10	AVSY	46.48	___
6	Weston, Ben	M13	Pembroke	47.21	___
7	John, Rebekah	W13	Pembroke	47.99	___
8	Bowes, James F	M12	Carmarthen	50.07	___

Heat 9 of 11 Finals

1	Evans, Wolfgang	M10	Pembroke	44.87	___
2	Phillips, Lucas	M13	Haverfordwes	43.98	___
3	Jermin, Morgan	M10	Llanelli	43.83	___
4	Aggett, Coraline	W12	Amman Valley	43.38	___
5	Powell, Nina	W11	Fishguard	43.44	___
6	Hawkins, Betsy-May	W12	Llanelli	43.98	___
7	Sekula, Mateusz J	M12	NTVY	44.13	___
8	Thomas, Tristan	M13	Milford Havn	44.97	___

Heat 10 of 11 Finals

1	Henson, Jess	W10	Tenby Dolphins	42.46	___
2	Fry, Tilly	W12	Llanelli	42.05	___
3	Price, Seren -louise	W11	Carmarthen	41.10	___
4	Dyde, Pheobe	W11	Pembroke	40.45	___
5	Pearce, Ava	W12	AVSY	40.82	___
6	Griffiths, Isla	W11	Tenby Dolphins	41.37	___
7	Sekula, Szymon A	M12	NTVY	42.06	___
8	Davies, Isabella	W12	Llanelli	42.67	___

Heat 11 of 11 Finals

1	Flynn, Asten P	M13	NTVY	39.66	___
2	Wilcockson, Alys	W13	Aberystwyth	39.51	___
3	Harris, Toby	M14	Pembroke	37.39	___
4	Szmigiero, Victoria	W14	Aberystwyth	36.80	___
5	Burt, Caio	M13	Llanelli	37.36	___
6	Stacey, Jessica	W14	Amman Valley	38.00	___
7	Holloway, Olivia	W15	AVSY	39.53	___
8	Rees-Davies, Saoirse	W12	Llanelli	39.91	___

Event 305 Mixed 9 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals

1				___
2				___
3	Cutting, Beatrice	W9	Haverfordwes	NT
4	Alexander, Fflur	W10	Aberystwyth	NT
5	Coates, Betsy	W10	Haverfordwes	NT
6				___
7				___
8				___

Heat 2 of 7 Finals

1	Boyle, Samantha J	W10	Carmarthen	NT
2	Jarrold, Tilly	W10	Pembroke	NT
3	Evans, Mari	W11	Aberystwyth	NT
4	Prevel, Sebastian	M12	Pembroke	NT
5	Squires, Megan	W12	Aberystwyth	NT
6	Clement, Darcey	W11	AVSY	NT
7	Francis, Mia	W10	Haverfordwes	NT
8				___

Nofio Sir Gar Development Meet 2024 - 11/05/2024**Meet Program - Session 3 (Warmup 2.15 - 3.15)****Heat 3 Finals (#305 Mixed 9 & Over 200 SC Meter Breaststroke)**

1	Kent, Florence	W12	Aberystwyth	NT	___
2	John, Rebekah	W13	Pembroke	NT	___
3	Morgan, Evelyn	W13	NSGY	NT	___
4	Lerigo, Oli	M14	Aberystwyth	NT	___
5	Middleton, Caitlin	W14	Aberystwyth	NT	___
6	Alexander, Seren	W13	Aberystwyth	NT	___
7	Davies, Ellis V	M12	Llanelli	NT	___
8	Evans, Sam	M12	Pembroke	NT	___

Heat 4 of 7 Finals

1	Prevel, Tilly	W11	Pembroke	4:58.14	___
2	Monan, Sofia	W13	Tenby Dolphins	4:21.86	___
3	Davies, Ava-Rose	W11	Llanelli	4:15.81	___
4	Rees-Davies, Saoirse	W12	Llanelli	4:06.80	___
5	%Philpott, Lowri SB14	W13	Llanelli	4:15.04	___
6	Donaldson, Jack	M11	Amman Valley	4:20.18	___
7	Mason, Ezmee	W11	Haverfordwes	4:38.42	___
8	Rood, Rowan	M14	NTVY	NT	___

Heat 5 of 7 Finals

1	Howell, Sophie	W13	Haverfordwes	4:02.45	___
2	May, Gwen A	W11	NTVY	4:01.30	___
3	Heron, Edith	W11	Aberystwyth	3:54.22	___
4	Koszalski, Soffia L	W11	Llanelli	3:51.26	___
5	Henson, Jess	W10	Tenby Dolphins	3:53.01	___
6	Griffiths, Ffion	W12	Tenby Dolphins	3:54.46	___
7	Weston, Ben	M13	Pembroke	4:02.39	___
8	Upton-Boorman, Isabella	W13	NSGY	4:03.93	___

Heat 6 of 7 Finals

1	Vlasceanu, Maia	W13	Carmarthen	3:48.89	___
2	Dennison, Evie	W12	Milford Havn	3:44.39	___
3	Rossiter Wargent, Mia	W11	Milford Havn	3:43.18	___
4	Noden, Rory	M11	Milford Havn	3:41.46	___
5	Lewis, Martha F	W12	Carmarthen	3:42.38	___
6	Finney, Elsa	W14	Aberystwyth	3:43.40	___
7	Dashfield, Olivia	W10	Tenby Dolphins	3:48.17	___
8	Morgan, Lily	W13	Tenby Dolphins	3:50.76	___

Heat 7 of 7 Finals

1	Morgan, Ben	M14	Pembroke	3:37.52	___
2	Edwards, Alice R	W13	Carmarthen	3:30.67	___
3	Philpott, Ffion	W14	NSGY	3:22.95	___
4	Ostrowski, Julia	W15	Pembroke	3:11.01	___
5	Parton, Frankie F	M15	Carmarthen	3:12.41	___
6	Harris, Toby	M14	Pembroke	3:26.61	___
7	Santos, Liam	M14	Milford Havn	3:32.24	___
8	Thomas, Wilf	M11	Aberystwyth	3:39.91	___