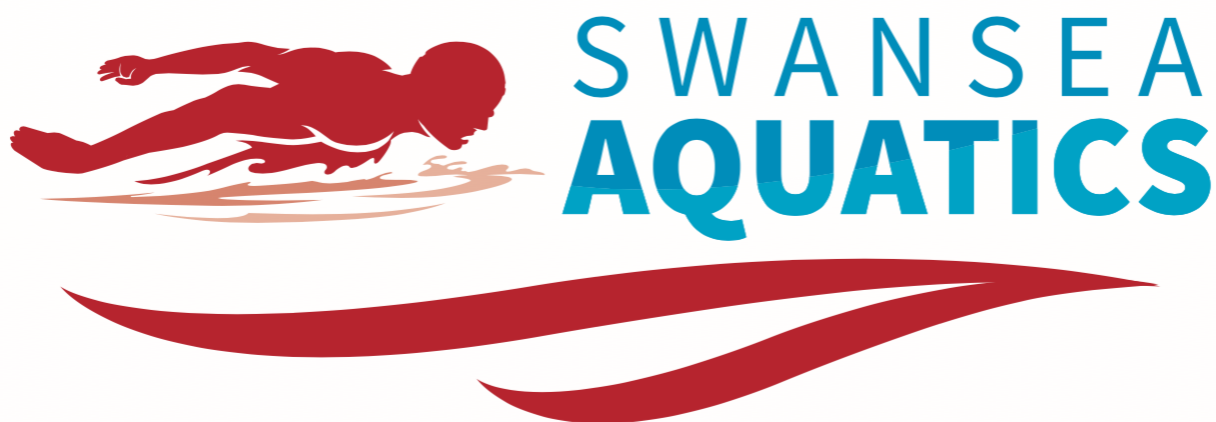




Welcome to
City of Swansea Aquatics
MAY LONG COURSE OPEN MEET 2025

Level 1 Licensed Meet : 1WL250557

Saturday 3rd May - Sunday 4th May

City of Swansea Aquatics are proud to be partnered with:



PROUDLY SPONSORED BY:



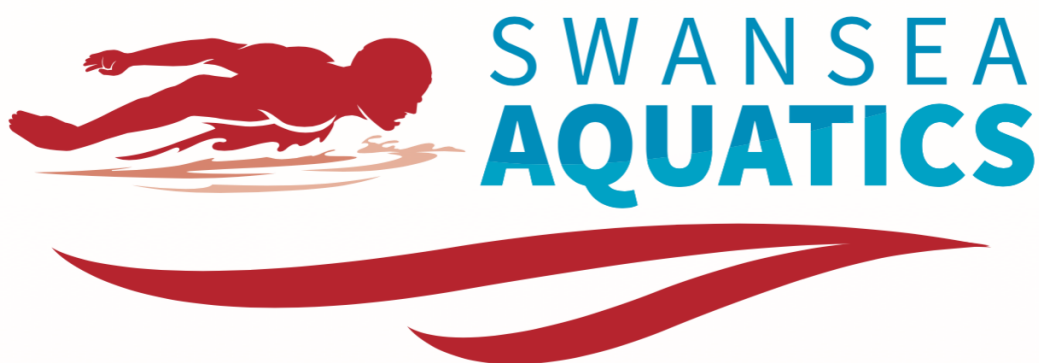


City of Swansea Aquatics would like to thank the officials, technical team and the volunteers for their help in the lead up to and throughout the meet.

Clubs competing at the SA MAY LC Open Meet 2025

Afan Valley SC	Crosby Swimming Club	Rhondda Swimming Club
Amman Valley SC	Dinnaton SC	Sevenoaks Swimming Club
Bracknell and Wokingham	Epsom District Swimming	Street and District
Bridgend County Swimming	Exeter City SC	Swansea University
Bridgend Swimming Club	Houslow Jets SC	Taunton Deane SC
Bromsgrove SC	Irish University Swimming Team	Team Bath AS
Caerphilly County Swimming	Llanelli	Torfaen Dolphins
Cardiff Masters	Merthyr Tydfil	University of Bath
Carmarthen Swimming Club	Mount Kelly	Wantage White Horses
City of Cardiff Swimming Club	Neath SC	Welshpool Sharks
City of Leeds SC	Nofio Sir Gar	Wigan Best
City of Liverpool SC	Nottingham Leander	Wincanton SC
City of Newport Swimming Club	Pembrokeshire County Swimming	Wirral Metro
City of Salford SC	Penyrheol Swimming Club	Woking SC
City of St Albans SC	RCT Performance Swimming	
City of Swansea Aquatics SC		
Clitheroe Dolphins		

**Thankyou to all clubs for coming and supporting the
Swansea Aquatics MAY Long Course Open Meet 2025
and thank you to the club sponsors for their continued support.**



MAY LONG COURSE OPEN MEET 2025

SESSION TIMES

Session times are estimates only and are meant as a rough guide

Date	Session	Warm-up Time	Start Time	Estimated Finish Time
Saturday 3rd May	1	8.00am	9.05am	11.15am
	2	11.30am	12.40pm	2.45pm
	3	3..00pm	4.10pm	5.40pm
Sunday 4th May	4	8.00am	9.05am	11.40pm
	5	12.00pm	1.05pm	3.00pm
	6	3.20pm	4.25pm	6.00pm

***Swansea Aquatics have made the decision to accept deck entries for any swimmers already entered into the meet.**

Swimmers will be entered on a first come first served basis, swimmers will swim in the available lanes in the early heats.

All deck entries must be with the team during the warmup for the session of the swim—swims can be registered under the scoreboard.

All deck entry swims are £12.00

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Event 101 Male 11 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Finals				
2	Evans, Wolfgang	11	Pembs Cty	3:15.90
3	Jermin, Morgan	12	Llanelli	3:09.02
4	Garrett, Ben	12	Merthyr Tydf	3:06.78
5	Jones, Zac	11	Co Cardiff	3:07.46
6	Freeman, Harry	12	TauntonDeane	3:10.14
Heat 2 of 6 Finals				
1	Williams, Lucas C	11	Swansea Aq	3:05.21
2	Evans, Sam	13	Pembs Cty	3:00.55
3	Bowes, James F	13	Carmarthen	2:57.90
4	Fogarty, Oliver	13	Pembs Cty	2:55.05
5	Antwhistle, Isaac J	13	Swansea Aq	2:57.12
6	Marques-Jones, Felix	13	Amman Valley	2:58.60
7	Sheen, Evan R	12	Co Newport	3:01.49
8	Jones, Owain A	12	Torfaen D	3:06.33
Heat 3 of 6 Finals				
1	Cook, Noah	12	Torfaen D	2:50.10
2	Jones, Dafydd	13	Amman Valley	2:48.30
3	Timbrell, George H	14	Co Newport	2:47.19
4	Volausek, Noah	14	Co Cardiff	2:44.04
5	Smith, Declan	14	Amman Valley	2:46.70
6	Noden, Rory	13	Pembs Cty	2:47.77
7	Waters, Toby	14	Swansea Aq	2:49.63
8	Watkins, Dylan B	13	Torfaen D	2:51.50
Heat 4 of 6 Finals				
1	Hughes, Freddy	13	Rct Squad	2:42.41
2	Roberts, Johnny-Cess	11	Street	2:39.18
3	Gruffydd, Ned	15	Co Cardiff	2:37.26
4	Gregory, Jaiden	14	Co Cardiff	2:37.03
5	Freeman, James	14	TauntonDeane	2:37.13
6	Dixon, Jamie	13	Mt Kelly	2:38.90
7	Read, William SM14	17	Swansea Aq	2:41.95
8	Flynn, Asten P	15	Rct Squad	2:43.80
Heat 5 of 6 Finals				
1	Davies, Blake	15	Co Cardiff	2:34.70
2	Song, Alex	14	Woking	2:28.79
3	Thomas, Archie	15	Co Cardiff	2:26.90
4	Woolley, James	21	Team Ireland	2:26.50
5	Brock, Freddy	16	Rct Squad	2:26.50
6	Richardson, Osian	17	Swansea Aq	2:27.38
7	Gwynfil, Solomon	15	Co Cardiff	2:28.80
8	Stuart-Lavender, Jac	15	Llanelli	2:34.70
Heat 6 of 6 Finals				
1	Phillips, Finley	15	Nofio S Gar	2:22.68
2	Upton-Boorman, Liam	18	Nofio S Gar	2:16.15
3	Edwards, Ross	16	Co Cardiff	2:14.10
4	James, Tristyn H	19	Bridgend Cty	2:10.76
5	Gillett, Oliver	18	Swansea Aq	2:13.21
6	Ma, Conrad	16	Co Cardiff	2:15.00
7	Winstone, Evan	19	Co Cardiff	2:19.55
8	Doyle, Alfie	17	Co Newport	2:25.73

Event 102 Female 11 & Over 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Finals				
3	Lawn, Pippa S14	15	Torfaen D	1:30.02
4	Roberts Mylan, Ffion C	13	Swansea Aq	1:24.62
5	Cooksey-Owen, Mollie	12	Co Cardiff	1:27.82

Heat 2 of 5 Finals

1	Pitans, Caitlin R	13	Swansea Aq	1:23.96
2	Summerfield, Lucy	13	Llanelli	1:21.34
3	Willis, Meghan S9	18	Torfaen D	1:16.00
4	Koo, Kathryn	16	Pembs Cty	1:15.09
5	Williams, Lili	14	Rct Squad	1:15.70
6	Hall, Isabelle	14	Pembs Cty	1:20.30
7	Morgan-Basini, Ruby-May	13	Merthyr Tydf	1:23.86
8	Gil Wood, Elena	13	Swansea Aq	1:24.17

Heat 3 of 5 Finals

1	FitzGerald, Mali J	15	Bridgend Cty	1:13.91
2	Scofield, Niamh	14	Rct Squad	1:12.79
3	Davies, Sofia	14	Crosby	1:10.63
4	Godson, Annabelle	14	Team Bath AS	1:10.09
5	Berner, lyla	12	Nofio S Gar	1:10.32
6	Williams, Rose	17	Co Cardiff	1:12.40
7	Davies, Isla	12	Nofio S Gar	1:13.28
8	Davies-Jones, Hannah Z	16	Bridgend Cty	1:14.34

Heat 4 of 5 Finals

1	Iles, Jessica	15	Co Cardiff	1:09.20
2	Avraam, Neve	17	Co Cardiff	1:07.90
3	Jackson, Grace	17	Co Salford	1:07.02
4	Jones, Maisie	15	Co Cardiff	1:06.66
5	Geach, Libbie	16	Neath	1:06.92
6	Smart, Charlotte E	18	Swansea Aq	1:07.85
7	Keuck, Adrienne	22	Team Ireland	1:08.08
8	Parfitt, Lucy	17	Co Cardiff	1:09.40

Heat 5 of 5 Finals

1	Lee, Edith	15	Co Cardiff	1:05.50
2	Morgan, Izzy	21	Co Cardiff	1:04.45
3	Pease, Georgia	23	Bath Univ	1:02.50
4	Owen, Gracie E	17	Torfaen D	1:01.90
5	De Torres, Becci	21	Co Cardiff	1:02.10
6	Dickinson, Jessica	20	Swansea Uni	1:03.01
7	Titchener, Megan L	17	Torfaen D	1:04.65
8	Schumm, Libby	16	Torfaen D	1:05.68

Event 103 Male 11 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Finals				
3	Lewis, Gethin	11	Neath	37.26
4	Preminger, Ophir	12	Co Cardiff	35.66
5	Monan, Euan	12	Pembs Cty	35.90
6	Davies, Jake E	13	Co Newport	37.40
Heat 2 of 11 Finals				
1	Balint, Tyler	12	Rhondda	35.29
2	Bellew, Sebastian J	12	Torfaen D	34.42
3	Jermin, Morgan	12	Llanelli	33.92
4	Swetman, Ollie	13	Co Cardiff	33.71
5	James, Taran I	12	Bridgend Cty	33.85
6	Freeman, Harry	12	TauntonDeane	34.39
7	Boyd, Isaac	12	Co Cardiff	34.47
8	Prince-Kurtulaj, Zachariah	12	Co Cardiff	35.30

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Heat 3 Finals (#103 Male 11 & Over 50 LC Meter Freestyle)

1	Martenko, Fletcher	12	Rct Squad	33.54
2	Bowes, James F	13	Carmarthen	33.40
3	Morgan, Thomas	13	Neath	32.97
4	Moore, Hari	13	Pembs Cty	32.90
5	Lloyd, Vincent-Owen N	12	Swansea Aq	32.91
6	Lewis, Henry	13	Neath	33.32
7	Bevan, Driw	13	Llanelli	33.50
8	Banks, Ollie	13	Torfaen D	33.56

Heat 4 of 11 Finals

1	Williams, Lucas C	11	Swansea Aq	32.42
2	Marques-Jones, Felix	13	Amman Valley	32.40
3	Garrett, Ben	12	Merthyr Tydf	31.75
4	James, Nathan R	14	Bridgend Cty	31.63
5	Hughes, Fraser	13	Rhondda	31.70
6	Butwell, Ollie	14	Co Cardiff	32.37
7	Jenkins, Rhys	12	Co Cardiff	32.40
8	Sheen, Evan R	12	Co Newport	32.53

Heat 5 of 11 Finals

1	Altordai, Junno	14	Co Cardiff	31.50
2	Noden, Rory	13	Pembs Cty	31.22
3	Williams, Zach J	14	Torfaen D	31.10
4	Fogarty, Oliver	13	Pembs Cty	30.71
5	Thomas, Travis	15	Rct Squad	31.04
6	Jones, Tom	14	Clitheroe	31.20
7	Csoban, Benjamin	14	Co Newport	31.31
8	Thomas, Tristan	15	Pembs Cty	31.54

Heat 6 of 11 Finals

1	Thomas, Rhys	15	Pembs Cty	30.50
2	Samuel, Jake	14	Merthyr Tydf	30.29
3	Parfitt, Sebastian	15	Co Cardiff	30.12
4	Hughes, Freddy	13	Rct Squad	29.86
5	Evans, Sam	13	Pembs Cty	30.11
6	Hale, Oliver S	14	Swansea Aq	30.26
7	Flynn, Asten P	15	Rct Squad	30.33
8	Watkins, Dylan B	13	Torfaen D	30.66

Heat 7 of 11 Finals

1	Freeman, James	14	TauntonDeane	29.51
2	Spinks, Rhys H	15	Torfaen D	29.10
3	Davies, Blake	15	Co Cardiff	28.60
4	Stuart-Lavender, Jac	15	Llanelli	28.41
5	Doyle, Alfie	17	Co Newport	28.55
6	Morgan, Ben	16	Pembs Cty	28.90
7	Gregory, Jaiden	14	Co Cardiff	29.17
8	Huang, Peidong	15	Swansea Aq	29.84

Heat 8 of 11 Finals

1	Williams, Thomas	15	Nofio S Gar	28.24
2	James, Tristan H	16	Bridgend Cty	27.95
3	Miles, Harry	15	Co Cardiff	27.76
4	Ballantyne, Alex	16	Bridgend SC	27.47
5	Elmes, Max	14	Nofio S Gar	27.70
6	Smith, Liam	20	Bath Univ	27.79
7	Grudowski, Olaf	14	Co Leeds	28.23
8	Bryant, Tomos G	17	Bridgend Cty	28.33

Heat 9 of 11 Finals

1	Jones, Jayden	14	Caerphilly	27.27
2	Sellick, Fenn	17	Swansea Aq	26.97
3	Winstone, Evan	19	Co Cardiff	26.50
4	Divers, Connor	18	Caerphilly	26.35
5	Jones, Lloyd	22	Swansea Uni	26.49
6	Chapman, Coby L	16	Penyrheol	26.88
7	Fudge, Marcus	17	Rct Squad	27.11
8	Woodrow, Leo	14	TauntonDeane	27.40

Heat 10 of 11 Finals

1	Smith, Eamon	21	Swansea Uni	26.23
2	Van Hentenrijk, Matthieu	22	Team Ireland	25.86
3	Upton-Boorman, Liam	18	Nofio S Gar	25.68
4	Bamborough, Jack	17	Co Cardiff	25.50
5	Clarke, Henry	18	Swansea Aq	25.68
6	Cox, Adam	20	Bracknell	25.80
7	Wu, Kevin	21	Swansea Uni	26.00
8	Douglas, Lucas	14	Neath	26.28

Heat 11 of 11 Finals

1	Kennedy, Eindhne	23	Team Ireland	24.81
2	Mruk, Lucas J	17	Torfaen D	24.52
3	Johnstone, Daniel	18	Nofio S Gar	24.28
4	Davies, Evan	19	Co Cardiff	23.65
5	Gillett, Oliver	18	Swansea Aq	24.04
6	Panaretos, Panayiotis	23	Swansea Uni	24.50
7	Lourens, Ethan	20	Team Ireland	24.59
8	Watkins, Will	17	Bridgend SC	25.36

Event 104 Female 11 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

3	Greensill, Evie J	12	Co Newport	3:45.90
4	Wilman, Natalie	12	Co Cardiff	3:34.40
5	Beasley, Evaleigh D	12	Swansea Aq	3:36.83

Heat 2 of 5 Finals

1	Coles, Aria	12	Neath	3:31.23
2	Kubic, Nicola	13	Co Newport	3:21.74
3	Lawn, Gayle G	12	Torfaen D	3:15.60
4	Manship, Beatrice M	11	Co Newport	3:14.51
5	Evans, Cadi R	13	Swansea Aq	3:15.30
6	Shephard-Morris, Tilly	13	Rhondda	3:21.20
7	Davies, Elizabeth	12	Pembs Cty	3:26.10
8	Polverino, Tilly	12	Neath	3:33.37

Heat 3 of 5 Finals

1	Van Zyl, Kiara	13	Co Cardiff	3:13.08
2	Summerfield, Lucy	13	Llanelli	3:08.50
3	McNamara, Imogen	15	Co Cardiff	3:06.00
4	Delin, Ella	13	Team Bath AS	3:03.33
5	Roberts, Rosie A	13	Torfaen D	3:03.50
6	Williams, Lili	14	Rct Squad	3:06.60
7	Sheen, Seren L	14	Co Newport	3:09.01
8	Rossiter-Wargent, Mia	12	Pembs Cty	3:13.60

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Heat 4 Finals (#104 Female 11 & Over 200 LC Meter Breaststroke)

1	McQuaid, Maria	14	Co Cardiff	2:59.44
2	Brennan, Judy	22	Team Ireland	2:58.50
3	Stark, Tala	15	Pembs Cty	2:57.24
4	Wilkinson, Minnie	13	Wantage	2:54.99
5	Paterson, Isabelle	14	Wincanton	2:55.70
6	Lewis, Orla Rose	15	Torfaen D	2:58.30
7	Powell, Josie	15	Bridgend SC	2:59.28
8	Morgan-Basini, Roca-Jay	15	Merthyr Tydf	3:01.90

Heat 5 of 5 Finals

1	Davies, Isabella	14	Nofio S Gar	2:53.56
2	Taffetsauffer, Isabella	14	Nofio S Gar	2:48.83
3	Rees, Katie	27	Swansea Uni	2:43.66
4	Gibson, Mari	17	Co Cardiff	2:34.50
5	Evans, Gwen	16	Co Cardiff	2:39.80
6	Drudge, Annabel	20	Co Cardiff	2:47.86
7	Dowling, Abbey	14	Co Cardiff	2:52.90
8	Gabanella, Elena	20	Team Ireland	2:54.61

Event 105 Mixed 12 & Over 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

3	Morgan, Josh A	M13	Co Newport	NT
4	Butwell, Ollie	M14	Co Cardiff	10:58.60
5	James, Izzy	W13	Rhondda	11:28.90

Heat 2 of 6 Finals

1	Mills, Thomas	M14	Llanelli	10:47.04
2	Hall, Ellena	W14	Pembs Cty	10:44.50
3	Mcfarlane, Una	W14	Pembs Cty	10:40.20
4	Ballinger, Scarlett	W14	Rhondda	10:38.05
5	Morgan, Evelyn	W14	Nofio S Gar	10:38.11
6	Hopkins, Luc P	M14	Torfaen D	10:43.90
7	Mason, Phoebe	W15	Pembs Cty	10:46.00
8	Ralph, Ffion E	W16	Co Newport	10:55.93

Heat 3 of 6 Finals

1	Richards, Faith	W15	Co Cardiff	10:30.50
2	Dickinson, Lexie	W16	Bridgend SC	10:26.12
3	Clissold, Bronwyn	W17	Pembs Cty	10:22.04
4	Ban Jona, Krisztian	M14	Co Newport	10:16.60
5	Harwood, Jack	M14	Pembs Cty	10:21.14
6	Ribeiro, Ari	W14	Co Cardiff	10:23.45
7	Edwards, Carys	W15	Caerphilly	10:27.35
8	Brady, Grace	W16	Rct Squad	10:35.43

Heat 4 of 6 Finals

1	Burt, Caio	M15	Llanelli	10:15.14
2	Delin, Jonah	M13	Team Bath AS	10:10.32
3	Morgan, Isabelle L	W17	Co Newport	10:01.06
4	Ling, Olivia	W15	Co Cardiff	9:55.12
5	Clissold, Elizabeth	W19	Pembs Cty	9:58.70
6	Williams, Rose	W17	Co Cardiff	10:02.40
7	Morgan, Ben	M16	Pembs Cty	10:14.60
8	Davies, Macy L	W13	Torfaen D	10:15.30

Heat 5 of 6 Finals

1	Whittaker, Abby	W13	Woking	9:53.75
2	Duggan, Brandon	M15	Co Cardiff	9:49.07
3	Coakley-Hines, Hermione	W15	Wirral Metro	9:46.00
4	Iles, Jessica	W15	Co Cardiff	9:42.90
5	Anderson, Rosalie	W15	Co Cardiff	9:45.30
6	Burns, Freya	W14	Nofio S Gar	9:47.32
7	Allen, Izzy	W14	Co Cardiff	9:50.38
8	Grudowski, Olaf	M14	Co Leeds	9:54.57

Heat 6 of 6 Finals

1	Irving, Jacob	M14	Co Liverpool	9:35.00
2	Bennett, Finley	M16	Pembs Cty	9:11.30
3	Owen, Vinnie	M17	Co Cardiff	8:57.34
4	Bamborough, Jack	M17	Co Cardiff	8:34.00
5	Parsons, Joseph	M18	Co Cardiff	8:34.40
6	Twigger, Owen P	M16	Swansea Aq	9:02.11
7	Williams, Thomas	M15	Nofio S Gar	9:16.22
8	Seifi, Viyana	W14	Co Salford	9:41.63

Event 201 Male 11 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

3	Lloyd, Vincent-Owen N	12	Swansea Aq	1:39.91
4	Jones, Zac	11	Co Cardiff	1:38.00
5	Staples, Max	12	Rhondda	1:39.90

Heat 2 of 6 Finals

2	Swetman, Ollie	13	Co Cardiff	1:33.99
3	Batcup, Oliver J	13	Swansea Aq	1:32.41
4	Morgan, Thomas	13	Neath	1:31.48
5	Fogarty, Oliver	13	Pembs Cty	1:32.00
6	Hughes, Freddy	13	Rct Squad	1:32.80
7	Preminger, Ophir	12	Co Cardiff	1:37.40

Heat 3 of 6 Finals

1	Jones, Dafydd	13	Amman Valley	1:29.55
2	Smith, Declan	14	Amman Valley	1:27.50
3	Timbrell, George H	14	Co Newport	1:27.05
4	Giles, Brodie J	15	Bridgend Cty	1:22.47
5	Sekula, Szymon	14	Rct Squad	1:26.42
6	Samuel, Jake	14	Merthyr Tydf	1:27.23
7	Marques-Jones, Felix	13	Amman Valley	1:28.20
8	Read, William SB14	17	Swansea Aq	1:30.34

Heat 4 of 6 Finals

1	Williams, Thomas	15	Nofio S Gar	1:20.70
2	Sekula, Mateusz	14	Rct Squad	1:19.25
3	James, Tristan H	16	Bridgend Cty	1:18.73
4	Volausek, Noah	14	Co Cardiff	1:18.42
5	Brock, Freddy	16	Rct Squad	1:18.50
6	Csoban, Benjamin	14	Co Newport	1:18.83
7	Crump, Joshua-James J	16	Bridgend Cty	1:20.09
8	Hopkins, Charlie T	17	Co Newport	1:20.94

Heat 5 of 6 Finals

1	Upton-Boorman, Liam	18	Nofio S Gar	1:16.30
2	Song, Alex	14	Woking	1:15.13
3	Miles, Harry	15	Co Cardiff	1:14.60
4	Phillips, Finley	15	Nofio S Gar	1:12.87
5	Richardson, Osian	17	Swansea Aq	1:13.02
6	Doyle, Alfie	17	Co Newport	1:15.00
7	Stuart-Lavender, Jac	15	Llanelli	1:15.64
8	Phillips, Ioan	15	Neath	1:17.72

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Heat 6 Finals (#201 Male 11 & Over 100 LC Meter Breaststroke)

1	Smith, Liam	20	Bath Univ	1:12.30
2	James, Rhys	16	Rct Squad	1:10.20
3	Kennedy, Eithne	23	Team Ireland	1:08.29
4	Weekes, Luis	25	Bath Univ	1:04.71
5	Jones, Luke	20	Bromsgrove	1:05.90
6	Clarke, Henry	18	Swansea Aq	1:09.85
7	Ma, Conrad	16	Co Cardiff	1:10.60
8	Hole, Ethan	16	Co Cardiff	1:12.80

Event 202 Female 11 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 13 Finals

3	Kurys, Emiliese J	11	Carmarthen	2:47.90
4	Coles, Aria	12	Neath	2:46.54
5	Morris, Blair	12	Neath	2:46.57
6	Philpott, Lowri S14	14	Llanelli	3:24.26

Heat 2 of 13 Finals

1	Britton, Nahla	12	Co Cardiff	2:44.80
2	Jones, Amelia J	13	Rct Squad	2:43.30
3	Williams, April	11	Neath	2:42.83
4	Dyde, Pheobe	13	Pembs Cty	2:42.60
5	May, Gwen	13	Rhondda	2:42.80
6	Willis, Ffion L	13	Torfaen D	2:43.20
7	Blythe, Eva L	12	Co Newport	2:43.30
8	Mason, Ezmee	12	Pembs Cty	2:45.14

Heat 3 of 13 Finals

1	Jones, Amelia	12	Caerphilly	2:41.29
2	Davies, Ava-Rose	12	Llanelli	2:39.71
3	Duggan, Grace L	13	Bridgend Cty	2:38.44
4	Kenny, Jemima	14	Pembs Cty	2:36.80
5	James, Izzy	13	Rhondda	2:37.80
6	Pitans, Caitlin R	13	Swansea Aq	2:39.27
7	Gil Wood, Elena	13	Swansea Aq	2:40.40
8	Buckley, Ava	13	Co Cardiff	2:42.40

Heat 4 of 13 Finals

1	Van Zyl, Kiara	13	Co Cardiff	2:36.59
2	Price, Seren -louise	13	Carmarthen	2:36.08
3	Morgan-Basini, Ruby-May	13	Merthyr Tydf	2:35.59
4	Griffiths, Ffion	14	Pembs Cty	2:34.85
5	Powell, Nina	13	Pembs Cty	2:35.16
6	Short, Amelia	14	Neath	2:36.00
7	Davies, Lowri R	14	Co Newport	2:36.56
8	Beasley, Evaleigh D	12	Swansea Aq	2:36.59

Heat 5 of 13 Finals

1	Layland, Seren	14	Penyrheol	2:34.57
2	Davies, Elizabeth	12	Pembs Cty	2:33.48
3	Hall, Isabelle	14	Pembs Cty	2:32.50
4	Jenkins, Alexandra G	16	Swansea Aq	2:31.72
5	Scofield, Niamh	14	Rct Squad	2:32.08
6	Cooksey-Owen, Ruby-Mae	14	Co Cardiff	2:32.69
7	Mitrjaikina, Kerly-Annaly S	13	Swansea Aq	2:33.57
8	Hardy, Elizabeth	14	Welshpool	2:34.80

Heat 6 of 13 Finals

1	Ryan, Mia	14	Rct Squad	2:30.57
2	Thomas, Nikita	16	Llanelli	2:30.28
3	Ballinger, Scarlett	14	Rhondda	2:29.92
4	Dash, Amelie	14	Pembs Cty	2:29.60
5	Lawn, Gayle G	12	Torfaen D	2:29.69
6	Hall, Ellena	14	Pembs Cty	2:30.07
7	Jenkins, Elli J	14	Swansea Aq	2:30.42
8	Ralph, Ffion E	16	Co Newport	2:31.49

Heat 7 of 13 Finals

1	Pryce, Isobel G	11	Torfaen D	2:29.01
2	Reilly, Manon	17	Rct Squad	2:28.10
3	Mason, Phoebe	15	Pembs Cty	2:26.40
4	Haddrell, Eva Lily	17	Bridgend Cty	2:25.79
5	Brady, Grace	16	Rct Squad	2:26.40
6	Cox, Izzy	15	Co Cardiff	2:27.98
7	Thompson, Freya	15	Pembs Cty	2:28.94
8	Bissicks, Cari	14	Neath	2:29.31

Heat 8 of 13 Finals

1	Davies-Jones, Hannah Z	16	Bridgend Cty	2:25.53
2	Morgan, Evelyn	14	Nofio S Gar	2:25.02
3	Mcfarlane, Una	14	Pembs Cty	2:24.90
4	McQuaid, Maria	14	Co Cardiff	2:23.57
5	Clissold, Bronwyn	17	Pembs Cty	2:24.00
6	Upton-Boorman, Isabella	15	Nofio S Gar	2:24.99
7	Dowling, Abbey	14	Co Cardiff	2:25.30
8	Edwards, Carys	15	Caerphilly	2:25.71

Heat 9 of 13 Finals

1	Evans, Gwennan	15	Co Cardiff	2:23.42
2	Williams, Marys E	16	Swansea Aq	2:22.61
3	George, Ellie	14	Rct Squad	2:21.60
4	Huws, Awen	17	Rct Squad	2:20.60
5	Morgan, Isabelle L	17	Co Newport	2:21.23
6	FitzGerald, Mali J	15	Bridgend Cty	2:22.47
7	Banks, Ella	16	Welshpool	2:23.30
8	Gilderdale, Celyn	17	Pembs Cty	2:23.46

Heat 10 of 13 Finals

1	Stanley, Esmee	19	Sevenoaks	2:20.22
2	Galdes Cutting, Daisy	14	Pembs Cty	2:19.01
3	Dickerson, Harriet	17	NottmLeander	2:18.90
4	Berner, lyla	12	Nofio S Gar	2:18.04
5	Reed, Bella	14	Co Cardiff	2:18.29
6	Philpott, Ffion	16	Nofio S Gar	2:18.97
7	Ling, Olivia	15	Co Cardiff	2:19.50
8	Daly, Kirsten	19	Neath	2:20.58

Heat 11 of 13 Finals

1	Clissold, Elizabeth	19	Pembs Cty	2:17.40
2	Burns, Freya	14	Nofio S Gar	2:16.86
3	Avraam, Neve	17	Co Cardiff	2:16.20
4	Blake, Emily	18	Co Cardiff	2:14.80
5	Humphreys, Holly	17	Neath	2:15.52
6	Wilkinson, Minnie	13	Wantage	2:16.75
7	Marshall, Ffion	15	Co Cardiff	2:17.30
8	Whittaker, Abby	13	Woking	2:17.47

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Heat 12 Finals (#202 Female 11 & Over 200 LC Meter Freestyle)

1	Allen, Izzy	14	Co Cardiff	2:14.69
2	King, Marley	17	Penyrheol	2:14.50
3	Evans, Gwen	16	Co Cardiff	2:11.99
4	Stokes, Aimee L	21	Swansea Uni	2:10.42
5	Williams, Rose	17	Co Cardiff	2:10.70
6	Faulkner, Marie	20	Co Cardiff	2:14.41
7	Davies, Sofia	14	Crosby	2:14.64
8	Smith, Amelia	17	Co Cardiff	2:14.73

Heat 13 of 13 Finals

1	Claxton, Autumn	14	Mt Kelly	2:09.53
2	Croke, Carys S	18	Torfaen D	2:06.90
3	John, Emilia	18	Co Cardiff	2:05.20
4	Broder, Libby	19	Co Cardiff	2:04.40
5	Fox, Honor	18	Co Cardiff	2:05.10
6	Williams-Jones, Phoebe	19	Co Cardiff	2:06.55
7	Titchener, Megan L	17	Torfaen D	2:08.70
8	Hornby, Rachel	21	Swansea Uni	2:10.34

Event 203 Male 12 & Over 400 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Timbrell, George H	14	Co Newport	5:46.80
2	Sekula, Mateusz	14	Rct Squad	5:39.23
3	Delin, Jonah	13	Team Bath AS	5:35.24
4	Freeman, James	14	TauntonDeane	5:26.34
5	Woodrow, Leo	14	TauntonDeane	5:26.53
6	Harwood, Jack	14	Pembs Cty	5:35.69
7	Dixon, Jamie	13	Mt Kelly	5:42.22

Heat 2 of 2 Finals

1	Song, Alex	14	Woking	5:19.16
2	Gwynfil, Solomon	15	Co Cardiff	5:15.80
3	Bennett, Finley	16	Pembs Cty	5:01.90
4	Edwards, Ross	16	Co Cardiff	4:46.60
5	Hornby, Alexander	18	Wigan Best	4:57.33
6	Thomas, Archie	15	Co Cardiff	5:14.29
7	Duggan, Brandon	15	Co Cardiff	5:18.70
8	Parfitt, Sebastian	15	Co Cardiff	5:21.60

Event 204 Female 11 & Over 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

2	Llewellyn, Mali	13	Bridgend Cty	47.41
3	Robinson, Bronwen E	12	Bridgend Cty	46.76
4	Lawn, Lexi N	12	Torfaen D	46.00
5	Henson, Jessica	12	Pembs Cty	46.50
6	Cox, Amelia	12	Co Cardiff	47.26
7	Polverino, Tilly	12	Neath	47.62

Heat 2 of 6 Finals

1	Dyde, Pheobe	13	Pembs Cty	44.80
2	Bright, Daisy A	13	Bridgend Cty	44.21
3	Rossiter-Wargent, Mia	12	Pembs Cty	43.30
4	Manship, Beatrice M	11	Co Newport	42.74
5	Shephard-Morris, Tilly	13	Rhondda	43.00
6	Kurys, Bonnie P	12	Carmarthen	44.20
7	Wilde, Ayla	13	Rct Squad	44.53
8	Wilman, Natalie	12	Co Cardiff	45.40

Heat 3 of 6 Finals

1	Pryce, Isobel G	11	Torfaen D	42.32
2	Williams, Paige T	13	Swansea Aq	41.96
3	Morgan-Basini, Roca-Jay	15	Merthyr Tydf	41.25
4	Roberts, Rosie A	13	Torfaen D	40.81
5	Sheen, Seren L	14	Co Newport	41.03
6	Lawn, Gayle G	12	Torfaen D	41.85
7	Hall, Ellena	14	Pembs Cty	42.10
8	Kubic, Nicola	13	Co Newport	42.59

Heat 4 of 6 Finals

1	Jones, Laura	14	Clitheroe	40.08
2	Evans, Cadi R	13	Swansea Aq	39.70
3	Anderson, Rosalie	15	Co Cardiff	39.00
4	Davies, Isabella	14	Nofio S Gar	38.75
5	Kay, Isabelle	17	Rct Squad	38.90
6	Davies, Sophia	13	Co Cardiff	39.36
7	Hughes, Nancy J	16	Rct Squad	40.07
8	Hall, Isabelle	14	Pembs Cty	40.40

Heat 5 of 6 Finals

1	Daly, Isabella B	15	Bridgend Cty	38.37
2	Berner, Iyla	12	Nofio S Gar	37.78
3	Powell, Josie	15	Bridgend SC	37.34
4	Dowling, Abbey	14	Co Cardiff	36.34
5	Gabanella, Elena	20	Team Ireland	37.14
6	Phillips, Emily	17	Neath	37.38
7	McNamara, Imogen	15	Co Cardiff	37.80
8	McQuaid, Maria	14	Co Cardiff	38.38

Heat 6 of 6 Finals

1	Taffetsauffer, Isabella	14	Nofio S Gar	35.94
2	Gibbs, Harriet	17	Nofio S Gar	34.53
3	Stoddart, Imogen	20	Co Cardiff	33.95
4	Huellou, Claire	20	Swansea Uni	32.66
5	Gibson, Mari	17	Co Cardiff	33.82
6	De Torres, Becci	21	Co Cardiff	34.10
7	Brennan, Judy	22	Team Ireland	35.71
8	Drudge, Annabel	20	Co Cardiff	36.04

Event 205 Male 11 & Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Finals

1	Bunn, Cameron J	12	Co Newport	1:17.00
2	Freeman, Harry	12	TauntonDeane	1:16.65
3	Martenko, Fletcher	12	Rct Squad	1:15.37
4	Sheen, Evan R	12	Co Newport	1:14.79
5	Jones, Owain A	12	Torfaen D	1:15.28
6	Staples, Max	12	Rhondda	1:16.40
7	Bellew, Sebastian J	12	Torfaen D	1:16.80

Heat 2 of 10 Finals

1	Lloyd, Vincent-Owen N	12	Swansea Aq	1:13.49
2	Marques-Jones, Felix	13	Amman Valley	1:12.86
3	Antwhistle, Isaac J	13	Swansea Aq	1:12.02
4	Williams, Zach J	14	Torfaen D	1:10.80
5	Bowes, James F	13	Carmarthen	1:10.82
6	Garrett, Ben	12	Merthyr Tydf	1:12.44
7	Jermin, Morgan	12	Llanelli	1:13.44
8	Williams, Lucas C	11	Swansea Aq	1:13.61

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Heat 3 Finals (#205 Male 11 & Over 100 LC Meter Freestyle)

1	Jenkins, Rhys	12	Co Cardiff	1:10.00
2	Hughes, Fraser	13	Rhondda	1:09.92
3	Jones, Dafydd	13	Amman Valley	1:09.40
4	Samuel, Jake	14	Merthyr Tydf	1:08.20
5	Watkins, Dylan B	13	Torfaen D	1:08.80
6	Waters, Toby	14	Swansea Aq	1:09.59
7	Morgan, Josh A	13	Co Newport	1:09.96
8	Noden, Rory	13	Pembs Cty	1:10.38

Heat 4 of 10 Finals

1	Everson, Sonny R	15	Co Newport	1:07.48
2	Fogarty, Oliver	13	Pembs Cty	1:06.71
3	Gruffydd, Ned	15	Co Cardiff	1:05.96
4	Burt, Caio	15	Llanelli	1:05.80
5	Evans, Sam	13	Pembs Cty	1:05.88
6	Thomas, Rhys	15	Pembs Cty	1:06.70
7	Cook, Noah	12	Torfaen D	1:07.14
8	Altordai, Junno	14	Co Cardiff	1:08.00

Heat 5 of 10 Finals

1	Mills, Thomas	14	Llanelli	1:04.62
2	Stuart-Lavender, Jac	15	Llanelli	1:04.32
3	Spinks, Rhys H	15	Torfaen D	1:04.11
4	James, Tristan H	16	Bridgend Cty	1:03.85
5	Volausek, Noah	14	Co Cardiff	1:04.10
6	Gilligan, Henry	15	Rct Squad	1:04.31
7	Giles, Brodie J	15	Bridgend Cty	1:04.34
8	Flynn, Asten P	15	Rct Squad	1:05.39

Heat 6 of 10 Finals

1	Davies, Blake	15	Co Cardiff	1:03.00
2	Morgan, Ben	16	Pembs Cty	1:01.90
3	Grudowski, Olaf	14	Co Leeds	1:01.28
4	Phillips, Ioan	15	Neath	1:00.70
5	Ballantyne, Alex	16	Bridgend SC	1:00.98
6	Clarke, Henry	18	Swansea Aq	1:01.42
7	Bryant, Tomos G	17	Bridgend Cty	1:02.31
8	Gregory, Jaiden	14	Co Cardiff	1:03.30

Heat 7 of 10 Finals

1	Brock, Freddy	16	Rct Squad	1:00.40
2	Williams, Thomas	15	Nofio S Gar	1:00.04
3	Duggan, Elliot A	14	Bridgend Cty	59.57
4	Miles, Harry	15	Co Cardiff	59.30
5	Divers, Connor	18	Caerphilly	59.45
6	Elmes, Max	14	Nofio S Gar	59.89
7	Woodrow, Leo	14	TauntonDeane	1:00.15
8	Fudge, Marcus	17	Rct Squad	1:00.70

Heat 8 of 10 Finals

1	Chapman, Coby L	16	Penyrheol	59.09
2	Sellick, Fenn	17	Swansea Aq	58.42
3	Watkins, Will	17	Bridgend SC	57.20
4	Tinkler, Matthew	20	Bath Univ	56.42
5	Smith, Eamon	21	Swansea Uni	56.73
6	Douglas, Lucas	14	Neath	58.15
7	Montague, Mason	17	Pembs Cty	59.00
8	Jones, Jayden	14	Caerphilly	59.12

Heat 9 of 10 Finals

1	Ma, Conrad	16	Co Cardiff	56.05
2	Twigger, Owen P	16	Swansea Aq	55.99
3	Marshall, Tom	16	Exeter City	55.32
4	Owen, Vinnie	17	Co Cardiff	54.20
5	Lourens, Ethan	20	Team Ireland	54.41
6	Upton-Boorman, Liam	18	Nofio S Gar	55.36
7	Cox, Adam	20	Bracknell	56.00
8	Van Hentenrijk, Matthieu	22	Team Ireland	56.09

Heat 10 of 10 Finals

1	Keogh, Michael	21	Team Ireland	53.97
2	Nikolaou, Antonio	22	Swansea Uni	53.47
3	Gillett, Oliver	18	Swansea Aq	52.39
4	Davies, Evan	19	Co Cardiff	51.20
5	James, Tristyn H	19	Bridgend Cty	51.93
6	Mruk, Lucas J	17	Torfaen D	53.30
7	Panaretos, Panayiotis	23	Swansea Uni	53.70
8	Silverstone, Sol	16	Pembs Cty	54.09

Event 206 Female 11 & Over 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Finals

1	Greensill, Evie J	12	Co Newport	1:33.54
2	Morgan, Iolah	11	Pembs Cty	1:31.99
3	Kurys, Emiliese J	11	Carmarthen	1:31.20
4	Jones, Amelia	12	Caerphilly	1:28.32
5	Healy, Madelyn J	11	Bridgend Cty	1:30.95
6	Clay, Emelia S	11	Swansea Aq	1:31.75
7	Lawn, Pippa S14	15	Torfaen D	1:32.02
8	Philpott, Lowri S14	14	Llanelli	1:47.46

Heat 2 of 12 Finals

1	Gil Wood, Elena	13	Swansea Aq	1:27.10
2	Willis, Ffion L	13	Torfaen D	1:26.30
3	Morgan, Amelia R	12	Bridgend Cty	1:26.05
4	Salmon, Amelia A	12	Rct Squad	1:25.40
5	Williams, Fay	13	Neath	1:25.61
6	Roberts Mylan, Ffion C	13	Swansea Aq	1:26.10
7	Williams, April	11	Neath	1:26.75
8	Cole, Ivy	12	Co Cardiff	1:28.10

Heat 3 of 12 Finals

1	Santoro, Bianca	13	Co Cardiff	1:25.40
2	May, Gwen	13	Rhondda	1:24.90
3	Morris, Blair	12	Neath	1:24.70
4	Jones, Alexa	12	Llanelli	1:24.37
5	Morris, Ffion H	13	Pembs Cty	1:24.40
6	Davies, Ava-Rose	12	Llanelli	1:24.77
7	Crump, Lily-May R	13	Bridgend Cty	1:25.16
8	Blythe, Eva L	12	Co Newport	1:25.40

Heat 4 of 12 Finals

1	Llewellyn, Mali	13	Bridgend Cty	1:23.15
2	Powell, Nina	13	Pembs Cty	1:23.00
3	Long, Sadie E	14	Bridgend Cty	1:22.70
4	Manship, Beatrice M	11	Co Newport	1:22.02
5	Pinnock, Betsan R	13	Swansea Aq	1:22.12
6	Robinson, Isla	14	Co Cardiff	1:22.90
7	Llewellyn, Holly M	12	Co Newport	1:23.14
8	Hawkins, Lottie	12	Pembs Cty	1:23.20

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Heat 5 Finals (#206 Female 11 & Over 100 LC Meter Backstroke)

1	Taylor, Imogen B	12	Torfaen D	1:21.50
2	Price, Amie	14	Rct Squad	1:20.83
3	Davies, Elizabeth	12	Pembs Cty	1:20.50
4	Scofield, Niamh	14	Rct Squad	1:20.45
5	Davies, Isabella	14	Nofio S Gar	1:20.49
6	Richardson, Beca	15	Swansea Aq	1:20.70
7	Ryan, Mia	14	Rct Squad	1:21.10
8	Price, Seren -louise	13	Carmarthen	1:21.90

Heat 6 of 12 Finals

1	Short, Amelia	14	Neath	1:20.04
2	Davies, Lowri R	14	Co Newport	1:19.57
3	Beasley, Evaleigh D	12	Swansea Aq	1:19.33
4	Layland, Seren	14	Penyrheol	1:18.40
5	Evans, Gwennan	15	Co Cardiff	1:18.69
6	Thomas, Nikita	16	Llanelli	1:19.56
7	Kenny, Jemima	14	Pembs Cty	1:20.00
8	Andreassen, Freya	14	Amman Valley	1:20.20

Heat 7 of 12 Finals

1	Hughes, Nancy J	16	Rct Squad	1:18.30
2	Griffiths, Ffion	14	Pembs Cty	1:18.20
3	Haddrell, Eva Lily	17	Bridgend Cty	1:17.97
4	Williams, Lili	14	Rct Squad	1:17.70
5	Willis, Meghan S9	18	Torfaen D	1:17.78
6	Mcfarlane, Una	14	Pembs Cty	1:18.00
7	George, Eilir	15	Llanelli	1:18.22
8	Kaleta, Lena	14	Co Newport	1:18.38

Heat 8 of 12 Finals

1	Stark, Tala	15	Pembs Cty	1:16.80
2	Davies, Sophia	13	Co Cardiff	1:16.50
3	Smith, Summer	16	Merthyr Tydf	1:15.99
4	Upton-Boorman, Isabella	15	Nofio S Gar	1:15.26
5	Koo, Kathryn	16	Pembs Cty	1:15.90
6	Dash, Amelie	14	Pembs Cty	1:16.00
7	Van Zyl, Kiara	13	Co Cardiff	1:16.64
8	Cox, Izzy	15	Co Cardiff	1:17.60

Heat 9 of 12 Finals

1	Philpott, Ffion	16	Nofio S Gar	1:15.19
2	FitzGerald, Mali J	15	Bridgend Cty	1:14.79
3	Burns, Freya	14	Nofio S Gar	1:14.33
4	Smith, Amelia	17	Co Cardiff	1:12.40
5	Jones, Evie	17	Merthyr Tydf	1:13.71
6	Cressey-Rodgers, Gwenllian	15	Nofio S Gar	1:14.60
7	Williams, Paige T	13	Swansea Aq	1:15.14
8	Dickerson, Harriet	17	NottmLeander	1:15.20

Heat 10 of 12 Finals

1	Roberts, Rosie A	13	Torfaen D	1:12.10
2	Huws, Awen	17	Rct Squad	1:11.60
3	Smyth, Elise	23	Swansea Uni	1:11.34
4	Reed, Bella	14	Co Cardiff	1:11.24
5	Taffetsauffer, Isabella	14	Nofio S Gar	1:11.29
6	Fowler, Maisie	14	Rct Squad	1:11.41
7	Allen, Izzy	14	Co Cardiff	1:11.67
8	Kay, Isabelle	17	Rct Squad	1:12.15

Heat 11 of 12 Finals

1	Godson, Annabelle	14	Team Bath AS	1:10.50
2	Farrington-Knight, Annabel	21	Team Ireland	1:10.20
3	Wardell, Cari	16	Co Cardiff	1:09.50
4	Prosser, Sofia I	13	Torfaen D	1:09.16
5	Smart, Charlotte E	18	Swansea Aq	1:09.44
6	Williams, Rose	17	Co Cardiff	1:09.60
7	Blake, Emily	18	Co Cardiff	1:10.40
8	Stokes, Aimee L	21	Swansea Uni	1:10.80

Heat 12 of 12 Finals

1	Evans, Lili	18	Co Cardiff	1:08.75
2	Salmon, Gwen	18	Rct Squad	1:07.30
3	Nichols, Grace	15	Pembs Cty	1:05.00
4	Titchener, Megan L	17	Torfaen D	1:04.10
5	Fox, Honor	18	Co Cardiff	1:04.60
6	Anderson, Rosalie	15	Co Cardiff	1:06.50
7	Parfitt, Lucy	17	Co Cardiff	1:07.50
8	Wheeler, Oriana	20	Swansea Uni	1:09.00

Event 301 Male 11 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

3	Evans, Wolfgang	11	Pembs Cty	44.00
4	Lewis, Gethin	11	Neath	42.11
5	James, Taran I	12	Bridgend Cty	42.38

Heat 2 of 6 Finals

1	Davies, Jake E	13	Co Newport	40.60
2	Garrett, Ben	12	Merthyr Tydf	39.71
3	Jermin, Morgan	12	Llanelli	39.32
4	Banks, Ollie	13	Torfaen D	38.47
5	Boyd, Isaac	12	Co Cardiff	39.26
6	Jones, Zac	11	Co Cardiff	39.63
7	Monan, Euan	12	Pembs Cty	39.80

Heat 3 of 6 Finals

1	Bevan, Driw	13	Llanelli	38.01
2	Sheen, Evan R	12	Co Newport	37.72
3	Mills, Thomas	14	Llanelli	37.13
4	Dixon, Jamie	13	Mt Kelly	36.10
5	Jones, Tom	14	Clitheroe	36.88
6	Butwell, Ollie	14	Co Cardiff	37.20
7	Zhen, Bosco	13	Co Newport	37.78
8	Morgan, Thomas	13	Neath	38.24

Heat 4 of 6 Finals

1	Jones, Dafydd	13	Amman Valley	35.77
2	Duggan, Elliot A	14	Bridgend Cty	35.06
3	Samuel, Jake	14	Merthyr Tydf	34.17
4	Whittaker, Luke A	15	Bridgend Cty	33.79
5	Jenkins, Gethin R	16	Bridgend Cty	34.08
6	Noden, Rory	13	Pembs Cty	34.60
7	Jones, Jayden	14	Caerphilly	35.16
8	Waters, Toby	14	Swansea Aq	36.04

Heat 5 of 6 Finals

1	Davies, Blake	15	Co Cardiff	32.80
2	Elmes, Max	14	Nofio S Gar	30.26
3	Wu, Kevin	21	Swansea Uni	30.00
4	Van Hentenrijk, Matthieu	22	Team Ireland	29.00
5	Cox, Adam	20	Bracknell	29.90
6	Douglas, Lucas	14	Neath	30.15
7	Gregory, Jaiden	14	Co Cardiff	31.80
8	Jenkins, Rhys	12	Co Cardiff	33.52

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Heat 6 Finals (#301 Male 11 & Over 50 LC Meter Backstroke)

1	Greenway, Morgan	22	Swansea Uni	28.80
2	Tinkler, Matthew	20	Bath Univ	27.98
3	Nikolaou, Antonio	22	Swansea Uni	26.89
4	Johnstone, Daniel	18	Nofio S Gar	26.60
5	Morgan, Dominic	20	Swansea Uni	26.86
6	John, Finlay T	19	Bridgend Cty	27.34
7	Woolley, James	21	Team Ireland	28.54
8	Upton-Boorman, Liam	18	Nofio S Gar	28.88

Event 302 Female 12 & Over 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals

3	Britton, Nahla	12	Co Cardiff	5:40.81
4	Davies, Elizabeth	12	Pembs Cty	5:31.40
5	James, Izzy	13	Rhondda	5:33.90

Heat 2 of 7 Finals

2	Ballinger, Scarlett	14	Rhondda	5:15.57
3	Ryan, Mia	14	Rct Squad	5:12.48
4	Hall, Ellena	14	Pembs Cty	5:12.07
5	Mason, Phoebe	15	Pembs Cty	5:12.19
6	Brady, Grace	16	Rct Squad	5:12.76
7	Price, Seren -louise	13	Carmarthen	5:29.20

Heat 3 of 7 Finals

1	Shoukru, Eva	12	Epsom Dist	5:08.80
2	Davies, Isabella	14	Nofio S Gar	5:06.35
3	Edwards, Carys	15	Caerphilly	5:05.69
4	Clissold, Bronwyn	17	Pembs Cty	5:04.66
5	Mcfarlane, Una	14	Pembs Cty	5:05.19
6	Morgan, Evelyn	14	Nofio S Gar	5:05.78
7	Upton-Boorman, Isabella	15	Nofio S Gar	5:07.13
8	Thompson, Freya	15	Pembs Cty	5:08.94

Heat 4 of 7 Finals

1	Davies-Jones, Hannah Z	16	Bridgend Cty	5:03.32
2	Gilderdale, Celyn	17	Pembs Cty	5:02.27
3	Dickerson, Harriet	17	NottmLeander	4:58.20
4	FitzGerald, Mali J	15	Bridgend Cty	4:55.28
5	McQuaid, Maria	14	Co Cardiff	4:57.90
6	Banks, Ella	16	Welshpool	5:01.74
7	Davies, Macy L	13	Torfaen D	5:02.70
8	Williams, Marys E	16	Swansea Aq	5:04.36

Heat 5 of 7 Finals

1	Clissold, Elizabeth	19	Pembs Cty	4:53.96
2	Morgan, Isabelle L	17	Co Newport	4:53.43
3	Davies, Isla	12	Nofio S Gar	4:52.45
4	Wilkinson, Minnie	13	Wantage	4:50.95
5	Stanley, Esmee	19	Sevenoaks	4:52.30
6	Kay, Isabelle	17	Rct Squad	4:53.01
7	Ling, Olivia	15	Co Cardiff	4:53.53
8	Burns, Freya	14	Nofio S Gar	4:54.88

Heat 6 of 7 Finals

1	Galdes Cutting, Daisy	14	Pembs Cty	4:49.88
2	Williams-Jones, Phoebe	19	Co Cardiff	4:48.00
3	Whittaker, Abby	13	Woking	4:46.64
4	Allen, Izzy	14	Co Cardiff	4:45.13
5	Smith, Amelia	17	Co Cardiff	4:45.57
6	Prosser, Sofia I	13	Torfaen D	4:47.17
7	Davies, Sofia	14	Crosby	4:48.75
8	Reed, Bella	14	Co Cardiff	4:50.10

Heat 7 of 7 Finals

1	Faulkner, Marie	20	Co Cardiff	4:44.40
2	Iles, Jessica	15	Co Cardiff	4:39.90
3	Gill, Avani	23	Cardiff Mast	4:33.98
4	Hornby, Rachel	21	Swansea Uni	4:31.80
5	Titchener, Megan L	17	Torfaen D	4:33.40
6	Claxton, Autumn	14	Mt Kelly	4:34.93
7	Down, Alexandra	18	HounslowJets	4:43.27
8	Parfitt, Lucy	17	Co Cardiff	4:44.70

Event 303 Male 11 & Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Cook, Noah	12	Torfaen D	2:56.50
2	Harwood, Jack	14	Pembs Cty	2:43.90
3	Delin, Jonah	13	Team Bath AS	2:39.13
4	Parfitt, Sebastian	15	Co Cardiff	2:34.70
5	Freeman, James	14	TauntonDeane	2:36.80
6	Giles, Brodie J	15	Bridgend Cty	2:41.30
7	Hughes, Freddy	13	Rct Squad	2:55.11

Heat 2 of 2 Finals

1	Gruffydd, Ned	15	Co Cardiff	2:24.59
2	West, Dexter	16	Pembs Cty	2:17.32
3	Flanagan, Aengus	21	Team Ireland	2:14.92
4	Cressey-Rodgers, Ioan	20	Nofio S Gar	2:07.10
5	Marshall, Tom	16	Exeter City	2:10.51
6	Hornby, Alexander	18	Wigan Best	2:16.35
7	Green, Ollie	16	Co St Albans	2:23.37
8	Thomas, Archie	15	Co Cardiff	2:29.60

Event 304 Female 11 & Over 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

1	Jones, Amelia	12	Caerphilly	40.90
2	Williams, April	11	Neath	40.41
3	Kurys, Emiliese J	11	Carmarthen	39.31
4	Jones, Amelia J	13	Rct Squad	39.10
5	Henson, Jessica	12	Pembs Cty	39.11
6	Jones, Alexa	12	Llanelli	39.94
7	Llewellyn, Holly M	12	Co Newport	40.46
8	Healy, Madelyn J	11	Bridgend Cty	42.43

Heat 2 of 8 Finals

1	Williams, Fay	13	Neath	38.67
2	Pitans, Caitlin R	13	Swansea Aq	38.14
3	Griffiths, Ffion	14	Pembs Cty	37.80
4	Pryce, Isobel G	11	Torfaen D	37.67
5	Evans, Cadi R	13	Swansea Aq	37.79
6	Mitrjaikina, Kerly-Annaly S	13	Swansea Aq	37.90
7	Lawn, Pippa S14	15	Torfaen D	38.65
8	Salmon, Amelia A	12	Rct Squad	38.72

Heat 3 of 8 Finals

1	Lawn, Lexi N	12	Torfaen D	37.46
2	Dyde, Pheobe	13	Pembs Cty	37.43
3	Roberts Mylan, Ffion C	13	Swansea Aq	36.92
4	Jones, Laura	14	Clitheroe	36.50
5	Davies, Lowri R	14	Co Newport	36.60
6	Gil Wood, Elena	13	Swansea Aq	37.27
7	Kaill-Franks, Nia	14	Pembs Cty	37.44
8	Price, Seren -louise	13	Carmarthen	37.61

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Heat 4 Finals (#304 Female 11 & Over 50 LC Meter Butterfly)

1	Lawn, Gayle G	12	Torfaen D	36.30
2	Robinson, Isla	14	Co Cardiff	35.14
3	George, Eilir	15	Llanelli	35.07
4	Davies, Sophia	13	Co Cardiff	34.84
5	Morgan-Basini, Roca-Jay	15	Merthyr Tydf	34.84
6	Bowen, Seren E	15	Carmarthen	35.14
7	Mason, Phoebe	15	Pembs Cty	35.20
8	Kasto, Evie T	14	Swansea Aq	36.39

Heat 5 of 8 Finals

1	Thompson, Freya	15	Pembs Cty	34.80
2	Short, Amelia	14	Neath	34.72
3	Morgan-Basini, Ruby-May	13	Merthyr Tydf	34.16
4	Brennan, Judy	22	Team Ireland	34.00
5	Ostrowski, Julia	16	Pembs Cty	34.10
6	Wood, Lilly	12	Neath	34.43
7	Upton-Boorman, Isabella	15	Nofio S Gar	34.78
8	Dickinson, Lexie	16	Bridgend SC	34.81

Heat 6 of 8 Finals

1	Butler, Olivia K	14	Bridgend Cty	33.67
2	Haddrell, Eva Lily	17	Bridgend Cty	33.42
3	Miles, Megan	17	Pembs Cty	32.80
4	Jones, Evie	17	Merthyr Tydf	32.72
5	Smith, Amelia	17	Co Cardiff	32.80
6	Jenkins, Alexandra G	16	Swansea Aq	33.13
7	Davies-Jones, Hannah Z	16	Bridgend Cty	33.42
8	Richardson, Beca	15	Swansea Aq	33.84

Heat 7 of 8 Finals

1	Blake, Emily	18	Co Cardiff	32.40
2	Gilderdale, Celyn	17	Pembs Cty	32.27
3	Farrington-Knight, Annabel	21	Team Ireland	31.91
4	FitzGerald, Mali J	15	Bridgend Cty	31.77
5	Berner, Iyla	12	Nofio S Gar	31.80
6	Evans, Lili	18	Co Cardiff	32.00
7	Koo, Kathryn	16	Pembs Cty	32.38
8	Clissold, Elizabeth	19	Pembs Cty	32.50

Heat 8 of 8 Finals

1	Gibbs, Harriet	17	Nofio S Gar	30.77
2	Avraam, Neve	17	Co Cardiff	30.42
3	Morgan, Izzy	21	Co Cardiff	28.76
4	De Torres, Becci	21	Co Cardiff	27.59
5	Pease, Georgia	23	Bath Univ	28.18
6	Smart, Charlotte E	18	Swansea Aq	30.15
7	Stoddart, Imogen	20	Co Cardiff	30.73
8	Bissicks, Ella	18	Swansea Aq	30.77

Event 305 Male 11 & Over 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

2	Evans, Wolfgang	11	Pembs Cty	3:16.00
3	Lloyd, Vincent-Owen N	12	Swansea Aq	3:06.11
4	Boyd, Isaac	12	Co Cardiff	3:01.30
5	Jones, Owain A	12	Torfaen D	3:06.10
6	Bunn, Cameron J	12	Co Newport	3:06.73
7	Lewis, Gethin	11	Neath	3:17.07

Heat 2 of 4 Finals

1	Evans, Sam	13	Pembs Cty	2:55.10
2	Butwell, Ollie	14	Co Cardiff	2:45.80
3	Ban Jona, Krisztian	14	Co Newport	2:43.30
4	Noden, Rory	13	Pembs Cty	2:36.70
5	Waters, Toby	14	Swansea Aq	2:42.96
6	Jones, Dafydd	13	Amman Valley	2:45.50
7	Antwhistle, Isaac J	13	Swansea Aq	2:54.51
8	Staples, Max	12	Rhondda	2:56.80

Heat 3 of 4 Finals

1	Samuel, Jake	14	Merthyr Tydf	2:35.05
2	Gregory, Jaiden	14	Co Cardiff	2:34.50
3	Song, Alex	14	Woking	2:32.40
4	Duggan, Brandon	15	Co Cardiff	2:27.20
5	Harwood, Jack	14	Pembs Cty	2:30.00
6	Davies, Blake	15	Co Cardiff	2:33.80
7	Whittaker, Luke A	15	Bridgend Cty	2:34.70
8	Jenkins, Rhys	12	Co Cardiff	2:36.19

Heat 4 of 4 Finals

1	Woolley, James	21	Team Ireland	2:21.67
2	Montague, Mason	17	Pembs Cty	2:20.40
3	John, Finlay T	19	Bridgend Cty	2:09.36
4	Morgan, Dominic	20	Swansea Uni	2:03.31
5	Johnstone, Daniel	18	Nofio S Gar	2:05.60
6	Thomas, Iolo	15	Neath	2:16.35
7	Marshall, Tom	16	Exeter City	2:20.44
8	Elmes, Max	14	Nofio S Gar	2:21.88

Event 401 Female 11 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Finals

1	Jenkins, Elli J	14	Swansea Aq	3:25.85
2	Clements, Olivia R	11	Co Newport	3:20.49
3	Britton, Nahla	12	Co Cardiff	3:15.49
4	Cooksey-Owen, Mollie	12	Co Cardiff	3:14.70
5	Prevel, Tilly	12	Pembs Cty	3:14.80
6	Ryan, Ellie	12	Co Cardiff	3:15.60
7	Lawn, Pippa SM14	15	Torfaen D	3:21.53
8	Greensill, Evie J	12	Co Newport	3:30.88

Heat 2 of 11 Finals

1	Hawkins, Lottie	12	Pembs Cty	3:13.70
2	Rawlinson, Martha R	12	Co Newport	3:12.67
3	Blythe, Eva L	12	Co Newport	3:11.19
4	Salmon, Amelia A	12	Rct Squad	3:09.90
5	Williams, Evie	12	Pembs Cty	3:10.71
6	Cole, Ivy	12	Co Cardiff	3:12.12
7	Cox, Amelia	12	Co Cardiff	3:13.58
8	Roberts, Eleri	12	Rct Squad	3:14.30

Heat 3 of 11 Finals

1	Henson, Jessica	12	Pembs Cty	3:09.70
2	Shephard-Morris, Tilly	13	Rhondda	3:07.80
3	Thomas, Eleanor M	12	Co Newport	3:07.50
4	Powell, Nina	13	Pembs Cty	3:04.83
5	Fry, Tilly	13	Llanelli	3:06.90
6	Crump, Lily-May R	13	Bridgend Cty	3:07.50
7	Yau, Evie M	13	Co Newport	3:09.29
8	Williams, April	11	Neath	3:09.85

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Heat 4 Finals (#401 Female 11 & Over 200 LC Meter IM)

1	Pitans, Caitlin R	13	Swansea Aq	3:03.32
2	Willis, Ffion L	13	Torfaen D	3:02.70
3	Pinnock, Betsan R	13	Swansea Aq	3:02.30
4	Price, Seren -louise	13	Carmarthen	3:00.10
5	Coles, Aria	12	Neath	3:01.37
6	Dyde, Pheobe	13	Pembs Cty	3:02.50
7	Gil Wood, Elena	13	Swansea Aq	3:02.87
8	Morris, Ffion H	13	Pembs Cty	3:04.40

Heat 5 of 11 Finals

1	Mitrjaikina, Kerly-Annaly S	13	Swansea Aq	2:58.22
2	Hardy, Elizabeth	14	Welshpool	2:56.70
3	Davies, Elizabeth	12	Pembs Cty	2:54.49
4	Cooksey-Owen, Ruby-Mae	14	Co Cardiff	2:54.20
5	Hughes, Nancy J	16	Rct Squad	2:54.40
6	Short, Amelia	14	Neath	2:55.72
7	Rowland, Scarlett	13	Neath	2:58.20
8	Delin, Ella	13	Team Bath AS	2:59.50

Heat 6 of 11 Finals

1	Brown, Alyssa	12	Rct Squad	2:53.39
2	Sheen, Seren L	14	Co Newport	2:52.73
3	Smith, Summer	16	Merthyr Tydf	2:51.40
4	Hall, Isabelle	14	Pembs Cty	2:49.81
5	Bruce, Skye	16	Pembs Cty	2:50.80
6	Cox, Izzy	15	Co Cardiff	2:52.60
7	Richardson, Beca	15	Swansea Aq	2:53.00
8	Lawn, Gayle G	12	Torfaen D	2:54.20

Heat 7 of 11 Finals

1	Mason, Phoebe	15	Pembs Cty	2:48.60
2	Holmes, Seren	16	Neath	2:48.17
3	Clissold, Bronwyn	17	Pembs Cty	2:46.00
4	Williams, Lili	14	Rct Squad	2:45.35
5	Reilly, Manon	17	Rct Squad	2:45.70
6	Davies, Sophia	13	Co Cardiff	2:47.52
7	Thompson, Freya	15	Pembs Cty	2:48.19
8	Manship, Beatrice M	11	Co Newport	2:49.59

Heat 8 of 11 Finals

1	Gilderdale, Celyn	17	Pembs Cty	2:44.59
2	Mcfarlane, Una	14	Pembs Cty	2:44.31
3	Sherrard, Alex H	13	Torfaen D	2:43.00
4	Clissold, Elizabeth	19	Pembs Cty	2:41.80
5	Jones, Evie	17	Merthyr Tydf	2:41.92
6	Davies, Isabella	14	Nofio S Gar	2:43.44
7	Willis, Meghan SM9	18	Torfaen D	2:44.52
8	Roberts, Rosie A	13	Torfaen D	2:44.89

Heat 9 of 11 Finals

1	George, Ellie	14	Rct Squad	2:41.00
2	Stanley, Esmee	19	Sevenoaks	2:39.60
3	Davies, Sofia	14	Crosby	2:38.61
4	Kay, Isabelle	17	Rct Squad	2:38.10
5	Dickerson, Harriet	17	NottmLeander	2:38.50
6	Taffetsauffer, Isabella	14	Nofio S Gar	2:39.40
7	Stark, Tala	15	Pembs Cty	2:40.30
8	Shoukru, Eva	12	Epsom Dist	2:41.01

Heat 10 of 11 Finals

1	Reed, Bella	14	Co Cardiff	2:37.11
2	Berner, Iyla	12	Nofio S Gar	2:36.94
3	Faulkner, Marie	20	Co Cardiff	2:34.40
4	Wilkinson, Minnie	13	Wantage	2:31.69
5	Sherrard, Emme I	16	Torfaen D	2:34.00
6	Lewis, Orla Rose	15	Torfaen D	2:36.30
7	Dorgan, Saoirse	19	Team Ireland	2:37.00
8	Ling, Olivia	15	Co Cardiff	2:38.01

Heat 11 of 11 Finals

1	Anderson, Rosalie	15	Co Cardiff	2:27.20
2	Titchener, Megan L	17	Torfaen D	2:24.22
3	Broder, Libby	19	Co Cardiff	2:23.90
4	Williams-Jones, Phoebe	19	Co Cardiff	2:21.30
5	Rees, Katie	27	Swansea Uni	2:22.00
6	Hornby, Rachel	21	Swansea Uni	2:23.98
7	Jackson, Grace	17	Co Salford	2:26.21
8	Evans, Gwen	16	Co Cardiff	2:27.50

Event 402 Male 11 & Over 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

1	Freeman, Harry	12	TauntonDeane	1:28.30
2	Morgan, Josh A	13	Co Newport	1:19.94
3	Read, William S14	17	Swansea Aq	1:19.23
4	Smith, Declan	14	Amman Valley	1:15.20
5	Gregory, Jaiden	14	Co Cardiff	1:16.00
6	Hughes, Fraser	13	Rhondda	1:19.50
7	Evans, Sam	13	Pembs Cty	1:20.50

Heat 2 of 5 Finals

1	Hughes, Freddy	13	Rct Squad	1:13.83
2	Davies, Tom M	15	Co Newport	1:12.60
3	Everson, Sonny R	15	Co Newport	1:11.92
4	Gilligan, Henry	15	Rct Squad	1:10.90
5	Parfitt, Sebastian	15	Co Cardiff	1:11.05
6	Davies, Blake	15	Co Cardiff	1:12.40
7	Jones, Noah B	14	Torfaen D	1:12.80
8	Mills, Thomas	14	Llanelli	1:14.55

Heat 3 of 5 Finals

1	Harwood, Jack	14	Pembs Cty	1:09.40
2	Chapman, Coby L	16	Penyrheol	1:07.92
3	Gwynfil, Solomon	15	Co Cardiff	1:07.62
4	Sellick, Fenn	17	Swansea Aq	1:07.10
5	Gruffydd, Ned	15	Co Cardiff	1:07.18
6	Brock, Freddy	16	Rct Squad	1:07.77
7	Freeman, James	14	TauntonDeane	1:09.40
8	Ballantyne, Alex	16	Bridgend SC	1:10.28

Heat 4 of 5 Finals

1	Jones, Lloyd	22	Swansea Uni	1:06.32
2	Green, Ollie	16	Co St Albans	1:04.02
3	Woolley, James	21	Team Ireland	1:01.16
4	Silverstone, Sol	16	Pembs Cty	1:00.77
5	West, Dexter	16	Pembs Cty	1:00.86
6	Hornby, Alexander	18	Wigan Best	1:03.14
7	Douglas, Lucas	14	Neath	1:04.30
8	Richardson, Osian	17	Swansea Aq	1:06.73

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Heat 5 Finals (#402 Male 11 & Over 100 LC Meter Butterfly)

1	Herbert, Jason	20	Bath Univ	59.91
2	Marshall, Tom	16	Exeter City	59.23
3	Arch, Rhydian	20	Co Cardiff	58.05
4	James, Tristyn H	19	Bridgend Cty	56.68
5	Flanagan, Aengus	21	Team Ireland	57.74
6	Keogh, Michael	21	Team Ireland	58.11
7	Bamborough, Jack	17	Co Cardiff	59.50
8	Van Hentenrijk, Matthieu	22	Team Ireland	1:00.02

Event 403 Female 11 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 19 Finals

1	Philpott, Lowri S14	14	Llanelli	46.35
2	Dallimore, Seren	11	Co Cardiff	39.80
3	Prince, Edith S	11	Swansea Aq	38.42
4	Clay, Emelia S	11	Swansea Aq	37.99
5	Enoch, Erin L	11	Carmarthen	38.16
6	Morgan, Iolah	11	Pembs Cty	38.52
7	Clements, Izzy	11	Co Cardiff	39.80
8	Mesher, Anwen S9	16	Torfaen D/3;5;12;+	46.59

Heat 2 of 19 Finals

1	Rossiter-Wargent, Mia	12	Pembs Cty	36.80
2	Arnold, Olivia	12	Pembs Cty	36.72
3	Banks, Charlotte	12	Welshpool	36.63
4	Cole, Ivy	12	Co Cardiff	36.10
5	Blythe, Eva L	12	Co Newport	36.56
6	Harding, Esmee	11	Neath	36.68
7	Lawn, Lexi N	12	Torfaen D	36.77
8	Roberts, Eleri	12	Rct Squad	36.93

Heat 3 of 19 Finals

1	Duncan, Ava	13	Amman Valley	35.80
2	Clements, Olivia R	11	Co Newport	35.75
3	O'Brien, Liyanna	13	Co Cardiff	35.70
4	Hamonet, Evie	13	Co Cardiff	35.50
5	Buckley, Ava	13	Co Cardiff	35.60
6	Iturbe, Carys	12	Afan Valley	35.73
7	Jones, Zoey E	13	Co Newport	35.76
8	Prevel, Tilly	12	Pembs Cty	36.00

Heat 4 of 19 Finals

1	Francis, Mia	12	Pembs Cty	35.40
2	Rawlinson, Martha R	12	Co Newport	35.30
3	Hughes, Chloe S9	31	Caerphilly/A;9	35.27
4	Fry, Tilly	13	Llanelli	35.17
5	Roberts Mylan, Ffion C	13	Swansea Aq	35.25
6	Bennett, Eliza K	13	Torfaen D	35.28
7	Hawkins, Lottie	12	Pembs Cty	35.35
8	Thomas, Amelie	12	Rhondda	35.45

Heat 5 of 19 Finals

1	Taylor, Imogen B	12	Torfaen D	34.99
2	Williams, Evie	12	Pembs Cty	34.94
3	Williams, Eirwen	13	Neath	34.86
4	Thomas, Eleanor M	12	Co Newport	34.72
5	Kurys, Bonnie P	12	Carmarthen	34.80
6	Henson, Jessica	12	Pembs Cty	34.88
7	Yau, Evie M	13	Co Newport	34.97
8	Gardner-Rolfe, Mia G	13	Swansea Aq	35.11

Heat 6 of 19 Finals

1	Picton, Emelia	14	Merthyr Tydf	34.58
2	Shephard-Morris, Tilly	13	Rhondda	34.21
3	Pitans, Caitlin R	13	Swansea Aq	34.11
4	Thomas, Carys	14	Penyrheol	34.01
5	Pinnock, Betsan R	13	Swansea Aq	34.10
6	Jones, Amelia	12	Caerphilly	34.20
7	Kaill-Franks, Nia	14	Pembs Cty	34.40
8	Williams, Mali	14	Rhondda	34.60

Heat 7 of 19 Finals

1	Cox, Amelia	12	Co Cardiff	34.00
2	Williams, Fay	13	Neath	33.97
3	Kurys, Emiliese J	11	Carmarthen	33.94
4	Davies, Bethan	15	Rct Squad	33.75
5	Evans, Isabel	13	Caerphilly	33.90
6	Potts, Daisy	15	Neath	33.96
7	Morris, Ffion H	13	Pembs Cty	34.00
8	Thomas, Eden	12	Neath	34.00

Heat 8 of 19 Finals

1	Evans, Cadi R	13	Swansea Aq	33.49
2	Britton, Nahla	12	Co Cardiff	33.34
3	Jones, Amelia J	13	Rct Squad	33.23
4	Short, Amelia	14	Neath	33.15
5	Kenny, Jemima	14	Pembs Cty	33.20
6	Pryce, Isobel G	11	Torfaen D	33.31
7	Gil Wood, Elena	13	Swansea Aq	33.48
8	Santoro, Bianca	13	Co Cardiff	33.51

Heat 9 of 19 Finals

1	Price, Seren -louise	13	Carmarthen	33.04
2	Powell, Lottie	15	Neath	33.00
3	Dyde, Pheobe	13	Pembs Cty	32.65
4	Hall, Isabelle	14	Pembs Cty	32.61
5	Wood, Lilly	12	Neath	32.61
6	Hardy, Elizabeth	14	Welshpool	32.70
7	Powell, Nina	13	Pembs Cty	33.03
8	Davies, Lowri R	14	Co Newport	33.05

Heat 10 of 19 Finals

1	Williams, Paige T	13	Swansea Aq	32.57
2	Willis, Ffion L	13	Torfaen D	32.45
3	Lewis, Daisy	16	Bridgend SC	32.39
4	Brown, Alyssa	12	Rct Squad	32.37
5	Ryan, Ellie	12	Co Cardiff	32.39
6	Garner-Jones, Chloe	14	Caerphilly	32.40
7	Sanders, Heaven-Leigh	14	Bridgend Cty	32.56
8	Kasto, Evie T	14	Swansea Aq	32.59

Heat 11 of 19 Finals

1	Llewellyn, Mali	13	Bridgend Cty	32.21
2	Bruce, Skye	16	Pembs Cty	32.14
3	Sheen, Seren L	14	Co Newport	32.02
4	Brady, Grace	16	Rct Squad	31.89
5	Dafydd, Mali	15	Carmarthen	31.97
6	Daly, Isabella B	15	Bridgend Cty	32.08
7	George, Eilir	15	Llanelli	32.15
8	Mason, Phoebe	15	Pembs Cty	32.33

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Heat 12 Finals (#403 Female 11 & Over 50 LC Meter Freestyle)

1	Price, Amie	14	Rct Squad	31.75
2	Jenkins, Alexandra G	16	Swansea Aq	31.63
3	Upton-Boorman, Isabella	15	Nofio S Gar	31.48
4	Griffiths, Ffion	14	Pembs Cty	31.40
5	Jala, Eliana	17	Rhondda	31.40
6	Long, Sadie E	14	Bridgend Cty	31.57
7	Jones, Laura	14	Clitheroe	31.69
8	Mitrjaikina, Kerly-Annaly S	13	Swansea Aq	31.83

Heat 13 of 19 Finals

1	Butler, Olivia K	14	Bridgend Cty	31.31
2	Mcfarlane, Una	14	Pembs Cty	31.27
3	Thomas, Nikita	16	Llanelli	31.22
4	Cox, Izzy	15	Co Cardiff	31.13
5	Thompson, Freya	15	Pembs Cty	31.14
6	Robinson, Isla	14	Co Cardiff	31.25
7	Williams, Lili	14	Rct Squad	31.31
8	Evans, Skye C	16	Bridgend Cty	31.37

Heat 14 of 19 Finals

1	Griffiths, Elizabeth	14	Pembs Cty	31.09
2	Goodman, Evie	14	Swansea Aq	30.92
3	Haddrell, Eva Lily	17	Bridgend Cty	30.88
4	McQuaid, Maria	14	Co Cardiff	30.84
5	Daly, Kirsten	19	Neath	30.84
6	Ostrowski, Julia	16	Pembs Cty	30.90
7	Cressey-Rodgers, Gwenllian	15	Nofio S Gar	30.97
8	Jones, Hunydd	14	Carmarthen	31.12

Heat 15 of 19 Finals

1	Goodman, Lola	14	Swansea Aq	30.80
2	Watkins, Mylee	15	Neath	30.58
3	Miles, Megan	17	Pembs Cty	30.56
4	Smith, Summer	16	Merthyr Tydf	30.49
5	Layland, Seren	14	Penyrheol	30.53
6	Edwards, Carys	15	Caerphilly	30.57
7	Davies, Sophia	13	Co Cardiff	30.63
8	Reilly, Manon	17	Rct Squad	30.80

Heat 16 of 19 Finals

1	Prosser, Sofia I	13	Torfaen D	30.34
2	Burns, Freya	14	Nofio S Gar	30.29
3	Banks, Ella	16	Welshpool	30.09
4	Sherrard, Alex H	13	Torfaen D	30.01
5	Williams, Marys E	16	Swansea Aq	30.06
6	Jones, Evie	17	Merthyr Tydf	30.23
7	Sedgemore, Lola	13	Neath	30.32
8	McNamara, Imogen	15	Co Cardiff	30.36

Heat 17 of 19 Finals

1	Gilderdale, Celyn	17	Pembs Cty	29.80
2	Smyth, Elise	23	Swansea Uni	29.75
3	Brennan, Judy	22	Team Ireland	29.60
4	McDonagh, Emily M	17	Bridgend Cty	29.40
5	Blake, Emily	18	Co Cardiff	29.59
6	Huws, Awen	17	Rct Squad	29.70
7	Koo, Kathryn	16	Pembs Cty	29.78
8	Carey, Lucy J	17	Bridgend Cty	29.95

Heat 18 of 19 Finals

1	Farrington-Knight, Annabel	21	Team Ireland	29.39
2	Gibbs, Harriet	17	Nofio S Gar	29.19
3	Dorgan, Saoirse	19	Team Ireland	29.00
4	King, Marley	17	Penyrheol	28.82
5	Clissold, Elizabeth	19	Pembs Cty	28.93
6	Avraam, Neve	17	Co Cardiff	29.15
7	Davies, Isla	12	Nofio S Gar	29.36
8	Clissold, Bronwyn	17	Pembs Cty	29.40

Heat 19 of 19 Finals

1	James, Grace E	16	Bridgend Cty	28.58
2	Sherrard, Emme I	16	Torfaen D	27.69
3	Croke, Carys S	18	Torfaen D	27.12
4	Broder, Libby	19	Co Cardiff	26.26
5	Dickinson, Jessica	20	Swansea Uni	26.97
6	Crawley, Abigail	20	Swansea Uni	27.20
7	Stokes, Aimee L	21	Swansea Uni	27.99
8	Berner, Iyla	12	Nofio S Gar	28.75

Event 404 Male 11 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1	Edwards, Owen W	11	Torfaen D	3:38.63
2	Jones, Zac	11	Co Cardiff	3:27.63
3	Batcup, Oliver J	13	Swansea Aq	3:20.59
4	Fogarty, Oliver	13	Pembs Cty	3:16.07
5	Swetman, Ollie	13	Co Cardiff	3:17.08
6	Preminger, Ophir	12	Co Cardiff	3:27.30
7	Jones, Owain A	12	Torfaen D	3:33.60

Heat 2 of 4 Finals

1	Marques-Jones, Felix	13	Amman Valley	3:11.90
2	Nemtsov, Andreas	14	Co Cardiff	3:07.30
3	Roberts, Johnny-Cess	11	Street	3:06.11
4	Sekula, Szymon	14	Rct Squad	2:56.20
5	Timbrell, George H	14	Co Newport	3:01.80
6	Dixon, Jamie	13	Mt Kelly	3:07.19
7	Jones, Dafydd	13	Amman Valley	3:11.90
8	Morgan, Thomas	13	Neath	3:12.86

Heat 3 of 4 Finals

1	Crump, Joshua-James J	16	Bridgend Cty	2:55.45
2	Woodrow, Leo	14	TauntonDeane	2:50.70
3	Sekula, Mateusz	14	Rct Squad	2:47.95
4	Miles, Harry	15	Co Cardiff	2:47.00
5	Stuart-Lavender, Jac	15	Llanelli	2:47.93
6	Csoban, Benjamin	14	Co Newport	2:50.09
7	Freeman, James	14	TauntonDeane	2:54.90
8	Volausek, Noah	14	Co Cardiff	2:55.52

Heat 4 of 4 Finals

1	Song, Alex	14	Woking	2:43.42
2	Hole, Ethan	16	Co Cardiff	2:38.38
3	Bennett, Finley	16	Pembs Cty	2:35.80
4	Sheppard, Rhydian	18	Co Cardiff	2:23.00
5	Winstone, Evan	19	Co Cardiff	2:32.70
6	Phillips, Finley	15	Nofio S Gar	2:36.75
7	Thomas, Archie	15	Co Cardiff	2:38.45
8	Doyle, Alfie	17	Co Newport	2:43.76

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Event 405 Mixed 12 & Over 1500 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals				
1	Ballinger, Scarlett	W14	Rhondda	20:54.80
2	Cooper, Megan	W17	Neath	20:15.92
3	Burt, Caio	M15	Llanelli	19:22.20
4	Morgan, Isabelle L	W17	Co Newport	19:16.07
5	Delin, Jonah	M13	Team Bath AS	19:19.81
6	Banks, Ella	W16	Welshpool	19:58.32
7	Hall, Ellena	W14	Pembs Cty	20:25.70
8	Davies, Ava-Rose	W12	Llanelli	21:20.08
Heat 2 of 3 Finals				
1	Duggan, Brandon	M15	Co Cardiff	19:05.53
2	Galdes Cutting, Daisy	W14	Pembs Cty	18:52.84
3	Grudowski, Olaf	M14	Co Leeds	18:47.97
4	Claxton, Autumn	W14	Mt Kelly	18:35.50
5	Down, Alexandra	W18	HounslowJets	18:47.18
6	Philpott, Ffion	W16	Nofio S Gar	18:51.95
7	Woodrow, Leo	M14	TauntonDeane	18:57.70
8	Whittaker, Abby	W13	Woking	19:09.74
Heat 3 of 3 Finals				
1	Coakley Hines, Hermione	W15	Wirral Metro	18:30.00
2	Ingham, Oliver	M17	Co Salford	17:42.19
3	Neaves, Archie	M20	Swansea Uni	16:47.81
4	Bamborough, Jack	M17	Co Cardiff	16:21.10
5	Parsons, Joseph	M18	Co Cardiff	16:37.20
6	Williams, Thomas	M15	Nofio S Gar	17:36.66
7	Irving, Jacob	M14	Co Liverpool	18:08.35
8	Weiland, Lennart	M14	Guildford Ct	18:32.70

Event 501 Female 11 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Finals				
3	Clements, Olivia R	11	Co Newport	1:46.30
4	Pryce, Isobel G	11	Torfaen D	1:36.17
5	Blythe, Eva L	12	Co Newport	1:39.40
6	Lawn, Pippa SB14	15	Torfaen D	1:46.54
Heat 2 of 7 Finals				
1	Rossiter-Wargent, Mia	12	Pembs Cty	1:32.98
2	Van Zyl, Kiara	13	Co Cardiff	1:32.69
3	Cooksey-Owen, Ruby-Mae	14	Co Cardiff	1:31.50
4	Jones, Laura	14	Clitheroe	1:31.10
5	Lawn, Gayle G	12	Torfaen D	1:31.49
6	Kinnaird, Darcy	13	Co Cardiff	1:32.24
7	Manship, Beatrice M	11	Co Newport	1:32.77
8	Shephard-Morris, Tilly	13	Rhondda	1:34.63
Heat 3 of 7 Finals				
1	Evans, Cadi R	13	Swansea Aq	1:30.12
2	Ostrowski, Julia	16	Pembs Cty	1:29.60
3	Hughes, Nancy J	16	Rct Squad	1:28.50
4	Davies, Sophia	13	Co Cardiff	1:28.30
5	Brady, Grace	16	Rct Squad	1:28.40
6	Hall, Ellena	14	Pembs Cty	1:29.30
7	Williams, Lili	14	Rct Squad	1:30.00
8	Sheen, Seren L	14	Co Newport	1:30.81

Heat 4 of 7 Finals

1	Hall, Isabelle	14	Pembs Cty	1:27.90
2	Roberts, Rosie A	13	Torfaen D	1:27.20
3	Roberts, Izzy	15	Co Cardiff	1:26.20
4	McQuaid, Maria	14	Co Cardiff	1:24.54
5	Jones, Isabella S	15	Bridgend Cty	1:25.52
6	Knight, Lily E	15	Swansea Aq	1:26.89
7	Holmes, Seren	16	Neath	1:27.76
8	Daly, Isabella B	15	Bridgend Cty	1:27.97

Heat 5 of 7 Finals

1	McNamara, Imogen	15	Co Cardiff	1:24.20
2	Anderson, Rosalie	15	Co Cardiff	1:23.90
3	Phillips, Emily	17	Neath	1:23.52
4	Davies, Isabella	14	Nofio S Gar	1:22.84
5	Berner, lyla	12	Nofio S Gar	1:22.99
6	Delin, Ella	13	Team Bath AS	1:23.86
7	Huws, Awen	17	Rct Squad	1:24.00
8	Powell, Josie	15	Bridgend SC	1:24.22

Heat 6 of 7 Finals

1	Stark, Tala	15	Pembs Cty	1:21.80
2	Faulkner, Marie	20	Co Cardiff	1:20.90
3	Gabanella, Elena	20	Team Ireland	1:19.90
4	Lewis, Cara	18	Bridgend SC	1:19.64
5	Dowling, Abbey	14	Co Cardiff	1:19.69
6	Paterson, Isabelle	14	Wincanton	1:20.80
7	Brennan, Judy	22	Team Ireland	1:21.79
8	Stanley, Esmee	19	Sevenoaks	1:22.50

Heat 7 of 7 Finals

1	Gibbs, Harriet	17	Nofio S Gar	1:17.74
2	Stoddart, Imogen	20	Co Cardiff	1:15.20
3	Bissicks, Ella	18	Swansea Aq	1:13.89
4	Williams-Jones, Phoebe	19	Co Cardiff	1:12.40
5	Huellou, Claire	20	Swansea Uni	1:12.67
6	Evans, Gwen	16	Co Cardiff	1:14.31
7	Smith, Amelia	17	Co Cardiff	1:17.58
8	Taffetsauffer, Isabella	14	Nofio S Gar	1:18.28

Event 502 Male 11 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 8 Finals				
3	Jones, Zac	11	Co Cardiff	2:48.94
4	Hale, William P	12	Co Newport	2:44.38
5	Jermin, Morgan	12	Llanelli	2:45.95
Heat 2 of 8 Finals				
1	Huang, Peidong	15	Swansea Aq	X2:44.32
2	Garrett, Ben	12	Merthyr Tydf	2:39.16
3	Antwhistle, Isaac J	13	Swansea Aq	2:38.10
4	Fogarty, Oliver	13	Pembs Cty	2:33.48
5	Marques-Jones, Felix	13	Amman Valley	2:35.70
6	Bowes, James F	13	Carmarthen	2:38.10
7	Bunn, Cameron J	12	Co Newport	2:43.30
Heat 3 of 8 Finals				
1	Jenkins, Rhys	12	Co Cardiff	2:30.92
2	Altordai, Junno	14	Co Cardiff	2:28.90
3	Hopkins, Luc P	14	Torfaen D	2:28.70
4	Samuel, Jake	14	Merthyr Tydf	2:27.10
5	Hale, Oliver S	14	Swansea Aq	2:27.68
6	Evans, Sam	13	Pembs Cty	2:28.80
7	Noden, Rory	13	Pembs Cty	2:30.00
8	Jones, Noah B	14	Torfaen D	2:31.06

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Meet Program

Heat 4 Finals (#502 Male 11 & Over 200 LC Meter Freestyle)

1	Jones, Dafydd	13	Amman Valley	2:25.97
2	Giles, Brodie J	15	Bridgend Cty	2:24.99
3	Burt, Caio	15	Llanelli	2:22.92
4	Flynn, Asten P	15	Rct Squad	2:20.87
5	Mills, Thomas	14	Llanelli	2:21.51
6	Hughes, Freddy	13	Rct Squad	2:23.02
7	Stuart-Lavender, Jac	15	Llanelli	2:25.42
8	Timbrell, George H	14	Co Newport	2:25.97

Heat 5 of 8 Finals

1	Gruffydd, Ned	15	Co Cardiff	2:19.98
2	Roberts-Truman, Harri	15	Neath	2:18.16
3	Watts, Macsen T	15	Torfaen D	2:17.70
4	Harwood, Jack	14	Pembs Cty	2:16.56
5	Read, William S14	17	Swansea Aq	2:16.88
6	Davies, Blake	15	Co Cardiff	2:17.81
7	Gregory, Jaiden	14	Co Cardiff	2:19.70
8	Dixon, Jamie	13	Mt Kelly	2:20.37

Heat 6 of 8 Finals

1	Morgan, Ben	16	Pembs Cty	2:15.80
2	Elmes, Max	14	Nofio S Gar	2:14.10
3	Chapman, Coby L	16	Penyrheol	2:11.89
4	Duggan, Elliot A	14	Bridgend Cty	2:11.55
5	Brock, Freddy	16	Rct Squad	2:11.87
6	Gwynfil, Solomon	15	Co Cardiff	2:13.52
7	Woodrow, Leo	14	TauntonDeane	2:14.42
8	Grudowski, Olaf	14	Co Leeds	2:15.99

Heat 7 of 8 Finals

1	Whittaker, Daniel R	19	Bridgend Cty	2:10.30
2	Watkins, Will	17	Bridgend SC	2:07.12
3	Sheppard, Rhydian	18	Co Cardiff	2:03.50
4	Silverstone, Sol	16	Pembs Cty	2:01.73
5	Hornby, Alexander	18	Wigan Best	2:02.36
6	Cox, Adam	20	Bracknell	2:05.80
7	Douglas, Lucas	14	Neath	2:09.66
8	Miles, Harry	15	Co Cardiff	2:10.90

Heat 8 of 8 Finals

1	Mruk, Lucas J	17	Torfaen D	1:59.80
2	McCarthy, Ben	16	Co Cardiff	1:59.60
3	Marshall, Tom	16	Exeter City	1:58.99
4	Gillett, Oliver	18	Swansea Aq	1:54.47
5	Owen, Vinnie	17	Co Cardiff	1:56.40
6	Arch, Rhydian	20	Co Cardiff	1:59.28
7	Lourens, Ethan	20	Team Ireland	1:59.71
8	Twigger, Owen P	16	Swansea Aq	2:01.08

Event 503 Female 12 & Over 400 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
2	Summerfield, Lucy	13	Llanelli	6:12.26
3	Dash, Amelie	14	Pembs Cty	5:53.50
4	George, Ellie	14	Rct Squad	5:39.90
5	Jones, Hunydd	14	Carmarthen	5:51.50
6	Hall, Isabelle	14	Pembs Cty	5:56.80
7	Davies, Elizabeth	12	Pembs Cty	6:20.80

Heat 2 of 2 Finals

1	Lewis, Orla Rose	15	Torfaen D	5:34.10
2	Ling, Olivia	15	Co Cardiff	5:31.04
3	Wilkinson, Minnie	13	Wantage	5:23.36
4	Rees, Katie	27	Swansea Uni	5:10.00
5	Iles, Jessica	15	Co Cardiff	5:14.10
6	Dorgan, Saoirse	19	Team Ireland	5:29.00
7	Dowling, Abbey	14	Co Cardiff	5:32.20
8	Shoukru, Eva	12	Epsom Dist	5:38.81

Event 504 Male 11 & Over 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Finals				
3	Hale, William P	12	Co Newport	47.44
4	Edwards, Owen W	11	Torfaen D	47.30
5	Monan, Euan	12	Pembs Cty	47.40
Heat 2 of 6 Finals				
2	Boyd, Isaac	12	Co Cardiff	46.10
3	Lewis, Henry	13	Neath	44.93
4	Evans, Sam	13	Pembs Cty	43.90
5	Jones, Owain A	12	Torfaen D	44.03
6	Jermin, Morgan	12	Llanelli	45.91
7	James, Taran I	12	Bridgend Cty	46.29
Heat 3 of 6 Finals				
1	Jones, Zac	11	Co Cardiff	43.78
2	Swetman, Ollie	13	Co Cardiff	43.08
3	Duggan, Elliot A	14	Bridgend Cty	41.41
4	Marques-Jones, Felix	13	Amman Valley	40.30
5	Nemtsov, Andreas	14	Co Cardiff	40.60
6	Smith, Declan	14	Amman Valley	42.00
7	Williams, Lucas C	11	Swansea Aq	43.74
8	Preminger, Ophir	12	Co Cardiff	43.84
Heat 4 of 6 Finals				
1	Batcup, Oliver J	13	Swansea Aq	40.07
2	Jones, Tom	14	Clitheroe	39.82
3	Sekula, Szymon	14	Rct Squad	38.29
4	Brock, Freddy	16	Rct Squad	36.65
5	Yeo, Erik	15	Co Cardiff	38.20
6	Fogarty, Oliver	13	Pembs Cty	38.94
7	Morgan, Thomas	13	Neath	39.98
8	James, Nathan R	14	Bridgend Cty	40.17
Heat 5 of 6 Finals				
1	Sekula, Mateusz	14	Rct Squad	36.38
2	Hopkins, Charlie T	17	Co Newport	36.13
3	James, Tristan H	16	Bridgend Cty	34.14
4	Smith, Liam	20	Bath Univ	33.26
5	Miles, Harry	15	Co Cardiff	34.10
6	Phillips, Ioan	15	Neath	34.30
7	Volausek, Noah	14	Co Cardiff	36.21
8	Csoban, Benjamin	14	Co Newport	36.61
Heat 6 of 6 Finals				
1	Phillips, Finley	15	Nofio S Gar	33.01
2	Upton-Boorman, Liam	18	Nofio S Gar	32.88
3	Jones, Luke	20	Bromsgrove	30.17
4	Weekes, Luis	25	Bath Univ	29.45
5	Kennedy, Eidhne	23	Team Ireland	30.08
6	Clarke, Henry	18	Swansea Aq	31.30
7	Stuart-Lavender, Jac	15	Llanelli	32.98
8	Doyle, Alfie	17	Co Newport	33.07

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Event 505 Female 11 & Over 100 LC Meter Freestyle				
Lane	Name	Age	Team	Seed Time
Heat 1 of 18 Finals				
1	Greensill, Evie J	12	Co Newport	1:24.93
2	Kurys, Emiliese J	11	Carmarthen	1:18.96
3	Salmon, Amelia A	12	Rct Squad	1:18.80
4	Kurys, Bonnie P	12	Carmarthen	1:18.40
5	Blythe, Eva L	12	Co Newport	1:18.51
6	Robinson, Elizabeth J	12	Co Newport	1:18.80
7	Lawn, Pippa S14	15	Torfaen D	1:20.08
8	Meshier, Anwen S9	16	Torfaen D/3;5;12;+	1:39.09
Heat 2 of 18 Finals				
1	Jones, Alexa	12	Llanelli	1:17.75
2	Hughes, Chloe S9	31	Caerphilly/A;9	1:17.10
3	Taylor, Imogen B	12	Torfaen D	1:17.00
4	Crump, Lily-May R	13	Bridgend Cty	1:16.22
5	Jones, Zoey E	13	Co Newport	1:16.30
6	Cooksey-Owen, Mollie	12	Co Cardiff	1:17.06
7	Williams, April	11	Neath	1:17.70
8	Hawkins, Lottie	12	Pembs Cty	1:18.30
Heat 3 of 18 Finals				
1	Williams, Eirwen	13	Neath	1:15.91
2	Morris, Ffion H	13	Pembs Cty	1:15.30
3	Fry, Tilly	13	Llanelli	1:15.11
4	Williams, Fay	13	Neath	1:15.04
5	Dyde, Pheobe	13	Pembs Cty	1:15.10
6	May, Gwen	13	Rhondda	1:15.30
7	Britton, Nahla	12	Co Cardiff	1:15.90
8	Santoro, Bianca	13	Co Cardiff	1:16.20
Heat 4 of 18 Finals				
1	Evans, Isabel	13	Caerphilly	1:14.48
2	Llewellyn, Mali	13	Bridgend Cty	1:14.30
3	Coles, Aria	12	Neath	1:13.78
4	Jones, Amelia J	13	Rct Squad	1:13.50
5	Shephard-Morris, Tilly	13	Rhondda	1:13.65
6	Jones, Amelia	12	Caerphilly	1:14.03
7	Morris, Blair	12	Neath	1:14.45
8	Thomas, Eleanor M	12	Co Newport	1:15.02
Heat 5 of 18 Finals				
1	Davies, Ava-Rose	12	Llanelli	1:13.30
2	Robinson, Isla	14	Co Cardiff	1:13.00
3	Price, Amie	14	Rct Squad	1:12.91
4	Kasto, Evie T	14	Swansea Aq	1:12.52
5	Powell, Nina	13	Pembs Cty	1:12.54
6	Garner-Jones, Chloe	14	Caerphilly	1:12.95
7	Pitans, Caitlin R	13	Swansea Aq	1:13.13
8	Davies, Lowri R	14	Co Newport	1:13.36
Heat 6 of 18 Finals				
1	Kenny, Jemima	14	Pembs Cty	1:12.50
2	Hardy, Elizabeth	14	Welshpool	1:12.00
3	Jones, Laura	14	Clitheroe	1:11.90
4	Brown, Alyssa	12	Rct Squad	1:11.53
5	Gil Wood, Elena	13	Swansea Aq	1:11.71
6	Price, Seren -louise	13	Carmarthen	1:11.90
7	Potts, Daisy	15	Neath	1:12.45
8	Willis, Ffion L	13	Torfaen D	1:12.51

Heat 7 of 18 Finals				
1	Jenkins, Elli J	14	Swansea Aq	1:11.40
2	Manship, Beatrice M	11	Co Newport	1:11.21
3	Dafydd, Mali	15	Carmarthen	1:10.62
4	Richardson, Beca	15	Swansea Aq	1:10.40
5	Hughes, Nancy J	16	Rct Squad	1:10.60
6	George, Eilir	15	Llanelli	1:11.06
7	Short, Amelia	14	Neath	1:11.28
8	Duggan, Grace L	13	Bridgend Cty	1:11.47
Heat 8 of 18 Finals				
1	Lawn, Gayle G	12	Torfaen D	1:10.07
2	Davies, Elizabeth	12	Pembs Cty	1:09.88
3	Griffiths, Ffion	14	Pembs Cty	1:09.70
4	Knight, Lily E	15	Swansea Aq	1:09.46
5	Pryce, Isobel G	11	Torfaen D	1:09.59
6	Stark, Tala	15	Pembs Cty	1:09.80
7	Mitrjaikina, Kerly-Annaly S	13	Swansea Aq	1:10.05
8	Sheen, Seren L	14	Co Newport	1:10.39
Heat 9 of 18 Finals				
1	Daly, Isabella B	15	Bridgend Cty	1:09.11
2	Hall, Ellena	14	Pembs Cty	1:09.09
3	Van Zyl, Kiara	13	Co Cardiff	1:08.95
4	Cox, Izzy	15	Co Cardiff	1:08.60
5	Bruce, Skye	16	Pembs Cty	1:08.61
6	Evans, Skye C	16	Bridgend Cty	1:09.06
7	Long, Sadie E	14	Bridgend Cty	1:09.09
8	Jenkins, Alexandra G	16	Swansea Aq	1:09.29
Heat 10 of 18 Finals				
1	Layland, Seren	14	Penyrheol	1:08.51
2	Griffiths, Elizabeth	14	Pembs Cty	1:08.41
3	Ostrowski, Julia	16	Pembs Cty	1:08.10
4	Ryan, Mia	14	Rct Squad	1:08.07
5	Thomas, Nikita	16	Llanelli	1:08.09
6	Smith, Summer	16	Merthyr Tydf	1:08.39
7	Williams, Lili	14	Rct Squad	1:08.49
8	Brady, Grace	16	Rct Squad	1:08.53
Heat 11 of 18 Finals				
1	Jones, Isabella S	15	Bridgend Cty	1:08.03
2	Butler, Olivia K	14	Bridgend Cty	1:07.71
3	Mason, Phoebe	15	Pembs Cty	1:07.55
4	Kaleta, Lena	14	Co Newport	1:07.41
5	Upton-Boorman, Isabella	15	Nofio S Gar	1:07.51
6	Sedgemore, Lola	13	Neath	1:07.56
7	Goodman, Lola	14	Swansea Aq	1:07.99
8	Goodman, Evie	14	Swansea Aq	1:08.05
Heat 12 of 18 Finals				
1	Davies, Sophia	13	Co Cardiff	1:07.22
2	Cressey-Rodgers, Gwenllian	15	Nofio S Gar	1:07.17
3	Powell, Josie	15	Bridgend SC	1:06.97
4	Evans, Gwennan	15	Co Cardiff	1:06.79
5	Willis, Meghan S9	18	Torfaen D	1:06.96
6	McQuaid, Maria	14	Co Cardiff	1:07.10
7	Watkins, Mylee	15	Neath	1:07.21
8	Thompson, Freya	15	Pembs Cty	1:07.27

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Heat 13 Finals (#505 Female 11 & Over 100 LC Meter Freestyle)

1	Koo, Kathryn	16	Pembs Cty	1:06.63
2	Roberts, Rosie A	13	Torfaen D	1:06.48
3	Haddrell, Eva Lily	17	Bridgend Cty	1:06.13
4	Prosser, Sofia I	13	Torfaen D	1:05.92
5	Edwards, Carys	15	Caerphilly	1:05.98
6	Roberts, Izzy	15	Co Cardiff	1:06.20
7	Jones, Evie	17	Merthyr Tydf	1:06.55
8	Reilly, Manon	17	Rct Squad	1:06.70

Heat 14 of 18 Finals

1	McNamara, Imogen	15	Co Cardiff	1:05.86
2	Kay, Isabelle	17	Rct Squad	1:05.20
3	Morgan, Isabelle L	17	Co Newport	1:04.91
4	Clissold, Bronwyn	17	Pembs Cty	1:04.50
5	Carey, Lucy J	17	Bridgend Cty	1:04.56
6	Williams, Marys E	16	Swansea Aq	1:05.09
7	Richards, Faith	15	Co Cardiff	1:05.50
8	Brennan, Judy	22	Team Ireland	1:05.90

Heat 15 of 18 Finals

1	Sherrard, Alex H	13	Torfaen D	1:04.32
2	McDonagh, Emily M	17	Bridgend Cty	1:04.16
3	Gabanella, Elena	20	Team Ireland	1:03.74
4	Gilderdale, Celyn	17	Pembs Cty	1:03.26
5	Keuck, Adrienne	22	Team Ireland	1:03.31
6	Godson, Annabelle	14	Team Bath AS	1:03.81
7	Burns, Freya	14	Nofio S Gar	1:04.20
8	Huws, Awen	17	Rct Squad	1:04.40

Heat 16 of 18 Finals

1	Reed, Bella	14	Co Cardiff	1:03.13
2	Dickerson, Harriet	17	NottmLeander	1:02.90
3	Marshall, Ffion	15	Co Cardiff	1:02.80
4	Smith, Amelia	17	Co Cardiff	1:02.77
5	Evans, Lili	18	Co Cardiff	1:02.79
6	Allen, Izzy	14	Co Cardiff	1:02.88
7	Clissold, Elizabeth	19	Pembs Cty	1:03.12
8	Blake, Emily	18	Co Cardiff	1:03.26

Heat 17 of 18 Finals

1	Berner, Iyla	12	Nofio S Gar	1:02.37
2	King, Marley	17	Penyrheol	1:01.90
3	Nichols, Grace	15	Pembs Cty	1:00.61
4	Evans, Gwen	16	Co Cardiff	1:00.13
5	Griffiths, Cerys	15	Pembs Cty	1:00.29
6	Jackson, Grace	17	Co Salford	1:01.75
7	Avraam, Neve	17	Co Cardiff	1:02.35
8	Faulkner, Marie	20	Co Cardiff	1:02.39

Heat 18 of 18 Finals

1	Stokes, Aimee L	21	Swansea Uni	59.21
2	Williams-Jones, Phoebe	19	Co Cardiff	59.00
3	Croke, Carys S	18	Torfaen D	58.40
4	Broder, Libby	19	Co Cardiff	56.69
5	Fox, Honor	18	Co Cardiff	58.10
6	Crawley, Abigail	20	Swansea Uni	58.60
7	Sherrard, Emme I	16	Torfaen D	59.20
8	Anderson, Rosalie	15	Co Cardiff	1:00.02

Event 506 Male 11 & Over 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Finals				
3	Monan, Euan	12	Pembs Cty	1:28.30
4	Boyd, Isaac	12	Co Cardiff	1:26.00
5	Bunn, Cameron J	12	Co Newport	1:26.80
6	Lewis, Gethin	11	Neath	1:33.26
Heat 2 of 6 Finals				
1	Hale, William P	12	Co Newport	1:25.51
2	Sheen, Evan R	12	Co Newport	1:21.85
3	Antwhistle, Isaac J	13	Swansea Aq	1:21.53
4	Volausek, Noah	14	Co Cardiff	1:18.56
5	Morgan, Josh A	13	Co Newport	1:20.38
6	Evans, Sam	13	Pembs Cty	1:21.80
7	Garrett, Ben	12	Merthyr Tydf	1:22.67
8	Jermin, Morgan	12	Llanelli	1:25.53
Heat 3 of 6 Finals				
1	Mills, Thomas	14	Llanelli	1:17.51
2	Noden, Rory	13	Pembs Cty	1:15.31
3	Davies, Blake	15	Co Cardiff	1:12.45
4	Jenkins, Rhys	12	Co Cardiff	1:12.01
5	Samuel, Jake	14	Merthyr Tydf	1:12.18
6	Parfitt, Sebastian	15	Co Cardiff	1:13.40
7	Waters, Toby	14	Swansea Aq	1:17.05
8	Jones, Dafydd	13	Amman Valley	1:18.10
Heat 4 of 6 Finals				
1	Harwood, Jack	14	Pembs Cty	1:10.60
2	Gregory, Jaiden	14	Co Cardiff	1:10.20
3	Crump, Joshua-James J	16	Bridgend Cty	1:09.99
4	Woodrow, Leo	14	TauntonDeane	1:09.29
5	Song, Alex	14	Woking	1:09.82
6	Gwynfil, Solomon	15	Co Cardiff	1:10.10
7	Duggan, Brandon	15	Co Cardiff	1:10.40
8	Read, William S14	17	Swansea Aq	1:11.10
Heat 5 of 6 Finals				
1	Phillips, Finley	15	Nofio S Gar	1:07.94
2	Van Hentenrijk, Matthieu	22	Team Ireland	1:04.50
3	Sheppard, Rhydian	18	Co Cardiff	1:04.00
4	Montague, Mason	17	Pembs Cty	1:02.98
5	Woolley, James	21	Team Ireland	1:03.33
6	Deacon, Cameron	15	Co Cardiff	1:04.10
7	Elmes, Max	14	Nofio S Gar	1:05.30
8	Whittaker, Daniel R	19	Bridgend Cty	1:08.77
Heat 6 of 6 Finals				
1	West, Dexter	16	Pembs Cty	1:01.20
2	McCarthy, Ben	16	Co Cardiff	58.70
3	Golsby-Taylor, Josh	21	Co Cardiff	58.50
4	Morgan, Dominic	20	Swansea Uni	57.10
5	Johnstone, Daniel	18	Nofio S Gar	57.70
6	John, Finlay T	19	Bridgend Cty	58.56
7	Edwards, Ross	16	Co Cardiff	59.90
8	Thomas, Iolo	15	Neath	1:02.66

Event 601 Female 11 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Finals				
3	Antwhistle, Esme W	11	Swansea Aq	45.39
4	Prince, Edith S	11	Swansea Aq	44.04
5	Morgan, Iolah	11	Pembs Cty	44.90

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Heat 2 Finals (#601 Female 11 & Over 50 LC Meter Backstroke)

1	Banks, Charlotte	12	Welshpool	43.20
2	Kurys, Bonnie P	12	Carmarthen	42.80
3	Kurys, Emiliese J	11	Carmarthen	42.30
4	Lawn, Lexi N	12	Torfaen D	42.10
5	Jones, Amelia	12	Caerphilly	42.26
6	Clements, Izzy	11	Co Cardiff	42.75
7	Robinson, Elizabeth J	12	Co Newport	42.88

Heat 3 of 11 Finals

1	Prevel, Tilly	12	Pembs Cty	41.20
2	Jones, Zoey E	13	Co Newport	41.10
3	Williams, Evie	12	Pembs Cty	40.90
4	Clements, Olivia R	11	Co Newport	40.64
5	Evans, Isabel	13	Caerphilly	40.87
6	Dyde, Pheobe	13	Pembs Cty	40.94
7	Jones, Amelia J	13	Rct Squad	41.10
8	Clay, Emelia S	11	Swansea Aq	41.55

Heat 4 of 11 Finals

1	Taylor, Imogen B	12	Torfaen D	40.60
2	Williams, April	11	Neath	40.44
3	Lawn, Gayle G	12	Torfaen D	40.00
4	May, Gwen	13	Rhondda	39.80
5	Kasto, Evie T	14	Swansea Aq	39.91
6	Roberts Mylan, Ffion C	13	Swansea Aq	40.07
7	Mitrjaikina, Kerly-Annaly S	13	Swansea Aq	40.52
8	Henson, Jessica	12	Pembs Cty	40.60

Heat 5 of 11 Finals

1	Williams, Fay	13	Neath	39.63
2	Cole, Ivy	12	Co Cardiff	39.46
3	Santoro, Bianca	13	Co Cardiff	39.40
4	Powell, Nina	13	Pembs Cty	39.13
5	Thomas, Eden	12	Neath	39.26
6	Price, Seren -louse	13	Carmarthen	39.40
7	Jones, Laura	14	Clitheroe	39.50
8	Morgan, Amelia R	12	Bridgend Cty	39.72

Heat 6 of 11 Finals

1	Ryan, Ellie	12	Co Cardiff	38.90
2	Kinnaird, Darcy	13	Co Cardiff	38.66
3	Fry, Tilly	13	Llanelli	38.30
4	Pinnock, Betsan R	13	Swansea Aq	38.08
5	Davies, Lowri R	14	Co Newport	38.27
6	Morris, Ffion H	13	Pembs Cty	38.52
7	Hawkins, Lottie	12	Pembs Cty	38.70
8	Evans, Cadi R	13	Swansea Aq	39.12

Heat 7 of 11 Finals

1	Sanders, Heaven-Leigh	14	Bridgend Cty	37.86
2	Brown, Alyssa	12	Rct Squad	37.77
3	George, Eilir	15	Llanelli	37.46
4	Short, Amelia	14	Neath	37.18
5	Thompson, Freya	15	Pembs Cty	37.30
6	Mcfarlane, Una	14	Pembs Cty	37.53
7	Robinson, Isla	14	Co Cardiff	37.81
8	Goodman, Lola	14	Swansea Aq	38.03

Heat 8 of 11 Finals

1	Hughes, Nancy J	16	Rct Squad	36.90
2	McQuaid, Maria	14	Co Cardiff	36.80
3	Richardson, Beca	15	Swansea Aq	36.19
4	Richards, Faith	15	Co Cardiff	35.80
5	Layland, Seren	14	Penyrheol	36.10
6	Griffiths, Ffion	14	Pembs Cty	36.80
7	Beasley, Evaleigh D	12	Swansea Aq	36.83
8	Haddrell, Eva Lily	17	Bridgend Cty	36.92

Heat 9 of 11 Finals

1	Hnoiana, Valentyna	13	Swansea Aq	35.52
2	Cressey-Rodgers, Gwenllian	15	Nofio S Gar	35.50
3	Miles, Megan	17	Pembs Cty	35.30
4	Atkinson, Evelyn	12	Co Leeds	34.98
5	Gilderdale, Celyn	17	Pembs Cty	35.30
6	Bruce, Skye	16	Pembs Cty	35.37
7	Ostrowski, Julia	16	Pembs Cty	35.50
8	Clissold, Bronwyn	17	Pembs Cty	35.79

Heat 10 of 11 Finals

1	Upton-Boorman, Isabella	15	Nofio S Gar	34.82
2	Stanley, Esmee	19	Sevenoaks	34.40
3	Burns, Freya	14	Nofio S Gar	34.00
4	Fowler, Maisie	14	Rct Squad	33.60
5	Berner, Iyla	12	Nofio S Gar	33.94
6	Jones, Evie	17	Merthyr Tydf	34.08
7	Goodman, Evie	14	Swansea Aq	34.54
8	Jones, Hunydd	14	Carmarthen	34.90

Heat 11 of 11 Finals

1	Smyth, Elise	23	Swansea Uni	33.00
2	Stokes, Aimee L	21	Swansea Uni	32.76
3	Crews, Tia	20	Dinnaton	32.51
4	Salmon, Gwen	18	Rct Squad	31.00
5	Wardell, Cari	16	Co Cardiff	32.30
6	Evans, Lili	18	Co Cardiff	32.53
7	Davies, Isla	12	Nofio S Gar	32.96
8	Roberts, Izzy	15	Co Cardiff	33.00

Event 602 Male 12 & Over 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

2	Garrett, Ben	12	Merthyr Tydf	5:33.42
3	Noden, Rory	13	Pembs Cty	5:19.90
4	Jenkins, Rhys	12	Co Cardiff	5:11.93
5	Morgan, Josh A	13	Co Newport	5:17.14
6	Bunn, Cameron J	12	Co Newport	5:27.20

Heat 2 of 4 Finals

1	Hopkins, Luc P	14	Torfaen D	5:10.10
2	Hughes, Freddy	13	Rct Squad	5:06.19
3	Timbrell, George H	14	Co Newport	5:05.03
4	Harwood, Jack	14	Pembs Cty	4:58.20
5	Flynn, Asten P	15	Rct Squad	5:04.60
6	Dixon, Jamie	13	Mt Kelly	5:05.43
7	Ban Jona, Krisztian	14	Co Newport	5:07.68
8	Altordai, Junno	14	Co Cardiff	5:10.60

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Heat 3 Finals (#602 Male 12 & Over 400 LC Meter Freestyle)

1	Csoban, Benjamin	14	Co Newport	4:53.86
2	Watts, Macsen T	15	Torfaen D	4:47.70
3	Song, Alex	14	Woking	4:41.88
4	Irving, Jacob	14	Co Liverpool	4:39.10
5	Elmes, Max	14	Nofio S Gar	4:40.68
6	Grudowski, Olaf	14	Co Leeds	4:46.30
7	Morgan, Ben	16	Pembs Cty	4:53.10
8	Burt, Caio	15	Llanelli	4:57.37

Heat 4 of 4 Finals

1	McCarthy, Ben	16	Co Cardiff	4:23.90
2	Twigger, Owen P	16	Swansea Aq	4:16.24
3	Gillett, Oliver	18	Swansea Aq	4:10.20
4	Owen, Vinnie	17	Co Cardiff	4:08.46
5	Parsons, Joseph	18	Co Cardiff	4:09.60
6	Marshall, Tom	16	Exeter City	4:14.63
7	Hornby, Alexander	18	Wigan Best	4:23.50
8	Edwards, Ross	16	Co Cardiff	4:25.64

Event 603 Female 11 & Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

3	Rowland, Scarlett	13	Neath	2:58.09
4	George, Ellie	14	Rct Squad	2:47.13
5	Brady, Grace	16	Rct Squad	2:49.00

Heat 2 of 2 Finals

1	Dash, Amelie	14	Pembs Cty	2:47.00
2	Wilkinson, Minnie	13	Wantage	2:41.34
3	Iles, Jessica	15	Co Cardiff	2:30.00
4	Owen, Gracie E	17	Torfaen D	2:19.90
5	Hornby, Rachel	21	Swansea Uni	2:22.35
6	Coakley-Hines, Hermione	15	Wirral Metro	2:35.60
7	Shoukru, Eva	12	Epsom Dist	2:44.64

Event 604 Male 11 & Over 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

3	Lewis, Gethin	11	Neath	43.68
4	Evans, Wolfgang	11	Pembs Cty	41.20
5	Jones, Zac	11	Co Cardiff	41.46

Heat 2 of 6 Finals

2	Jones, Owain A	12	Torfaen D	39.06
3	Backen, Freddie	13	Pembs Cty	37.87
4	Jones, Tom	14	Clitheroe	36.10
5	Csoban, Benjamin	14	Co Newport	36.44
6	Jermin, Morgan	12	Llanelli	38.38
7	Sheen, Evan R	12	Co Newport	39.70

Heat 3 of 6 Finals

1	Williams, Zach J	14	Torfaen D	35.83
2	Hale, Oliver S	14	Swansea Aq	35.09
3	Everson, Sonny R	15	Co Newport	34.62
4	Evans, Sam	13	Pembs Cty	33.83
5	Nemtsov, Andreas	14	Co Cardiff	34.53
6	Morgan, Josh A	13	Co Newport	34.78
7	Waters, Toby	14	Swansea Aq	35.55
8	Williams, Lucas C	11	Swansea Aq	35.88

Heat 4 of 6 Finals

1	Jenkins, Gethin R	16	Bridgend Cty	32.91
2	Flynn, Asten P	15	Rct Squad	32.87
3	Smith, Declan	14	Amman Valley	32.68
4	Gregory, Jaiden	14	Co Cardiff	31.75
5	Morgan, Ben	16	Pembs Cty	31.80
6	Hughes, Freddy	13	Rct Squad	32.86
7	Mills, Thomas	14	Llanelli	32.90
8	Burt, Caio	15	Llanelli	33.62

Heat 5 of 6 Finals

1	Woodrow, Leo	14	TauntonDeane	30.88
2	Davies, Blake	15	Co Cardiff	30.54
3	James, Owain	17	Rct Squad	30.11
4	Chapman, Coby L	16	Penyrheol	29.30
5	Hnoianyi, Andrii	16	Swansea Aq	29.81
6	Elmes, Max	14	Nofio S Gar	30.37
7	Giles, Brodie J	15	Bridgend Cty	30.85
8	Hopkins, Charlie T	17	Co Newport	31.56

Heat 6 of 6 Finals

1	Mruk, Lucas J	17	Torfaen D	29.20
2	Upton-Boorman, Liam	18	Nofio S Gar	27.80
3	Herbert, Jason	20	Bath Univ	26.63
4	Johnstone, Daniel	18	Nofio S Gar	25.89
5	McCarthy, Ben	16	Co Cardiff	26.53
6	Watkins, Will	17	Bridgend SC	27.21
7	Clarke, Henry	18	Swansea Aq	28.64
8	Jones, Lloyd	22	Swansea Uni	29.21

Event 605 Female 11 & Over 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals

2	Henson, Jessica	12	Pembs Cty	3:10.27
3	Robinson, Elizabeth J	12	Co Newport	3:09.20
4	Morgan, Iolah	11	Pembs Cty	3:08.70
5	Blythe, Eva L	12	Co Newport	3:09.00
6	Kurys, Bonnie P	12	Carmarthen	3:10.10
7	Kurys, Emiliese J	11	Carmarthen	3:10.60

Heat 2 of 7 Finals

1	Clements, Olivia R	11	Co Newport	3:06.11
2	Williams, Evie	12	Pembs Cty	3:03.30
3	Williams, April	11	Neath	3:00.14
4	Roberts Mylan, Ffion C	13	Swansea Aq	3:00.00
5	Williams, Fay	13	Neath	3:00.10
6	Morgan, Amelia R	12	Bridgend Cty	3:01.01
7	Hawkins, Lottie	12	Pembs Cty	3:04.05
8	Cole, Ivy	12	Co Cardiff	3:07.10

Heat 3 of 7 Finals

1	Powell, Nina	13	Pembs Cty	2:56.11
2	Price, Seren -louise	13	Carmarthen	2:54.80
3	Kenny, Jemima	14	Pembs Cty	2:53.70
4	Short, Amelia	14	Neath	2:53.05
5	Hall, Ellena	14	Pembs Cty	2:53.10
6	Pinnock, Betsan R	13	Swansea Aq	2:54.78
7	Davies, Elizabeth	12	Pembs Cty	2:55.20
8	Morris, Ffion H	13	Pembs Cty	2:57.72

Swansea Aquatics May Long Course 2025 - 03/05/2025 to 04/05/2025

Meet Program

Heat 4 Finals (#605 Female 11 & Over 200 LC Meter Backstroke)

1	Ryan, Mia	14	Rct Squad	2:47.98
2	Thompson, Freya	15	Pembs Cty	2:47.60
3	Van Zyl, Kiara	13	Co Cardiff	2:46.23
4	Evans, Gwennan	15	Co Cardiff	2:44.60
5	Richards, Faith	15	Co Cardiff	2:45.88
6	Haddrell, Eva Lily	17	Bridgend Cty	2:47.30
7	Beasley, Evaleigh D	12	Swansea Aq	2:47.71
8	Hughes, Nancy J	16	Rct Squad	2:48.80

Heat 5 of 7 Finals

1	Mcfarlane, Una	14	Pembs Cty	2:43.65
2	Upton-Boorman, Isabella	15	Nofio S Gar	2:42.27
3	Roberts, Izzy	15	Co Cardiff	2:41.10
4	Bruce, Skye	16	Pembs Cty	2:39.90
5	Godson, Annabelle	14	Team Bath AS	2:40.59
6	Banks, Ella	16	Welshpool	2:41.40
7	Jenkins, Elli J	14	Swansea Aq	2:43.27
8	Berner, Iyla	12	Nofio S Gar	2:44.34

Heat 6 of 7 Finals

1	Cressey-Rodgers, Gwenllian	15	Nofio S Gar	2:39.23
2	Jones, Hunydd	14	Carmarthen	2:38.10
3	Davies, Isla	12	Nofio S Gar	2:35.51
4	Fowler, Maisie	14	Rct Squad	2:34.70
5	Stanley, Esmee	19	Sevenoaks	2:34.70
6	Jones, Evie	17	Merthyr Tydf	2:37.43
7	Atkinson, Evelyn	12	Co Leeds	2:38.58
8	Dash, Amelie	14	Pembs Cty	2:39.90

Heat 7 of 7 Finals

1	Reed, Bella	14	Co Cardiff	2:33.30
2	Wardell, Cari	16	Co Cardiff	2:29.50
3	Prosser, Sofia I	13	Torfaen D	2:24.90
4	Nichols, Grace	15	Pembs Cty	2:23.10
5	Salmon, Gwen	18	Rct Squad	2:24.60
6	Wheeler, Oriana	20	Swansea Uni	2:26.90
7	Kay, Isabelle	17	Rct Squad	2:32.90
8	Burns, Freya	14	Nofio S Gar	2:34.37

Spring Long Course Open Meet 2026 TBC

Level 1 (1WL26tbc)

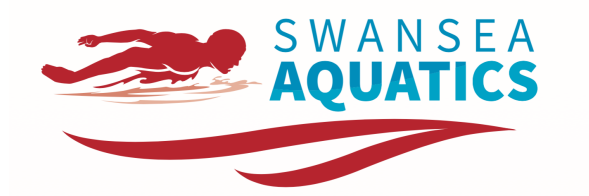
Saturday 7th and Sunday 8th MARCH 2026

Wales National Pool, Swansea

Further information on this meet can be found at

www.swansea-aquatics.co.uk

email : saopemeetsmeets@swansea-aquatics.co.uk



May Long Course Open Meet 2026 TBC

Level 1 (1WL26tbc)

Saturday 9th and Sunday 10th MAY 2026

Wales National Pool, Swansea

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