

Nofio Sir Gar Development Meet 2025 - 11/05/2025

Meet Program - Session 3 (Warmup 2.55 - 3.55)

Event 301 Mixed 8 & Over 50 SC Meter Breaststroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 24 Finals				
1				_____
2	Owen-Rees, Phoebe	W8	ABVY	NT _____
3	Popham, Mari G	W8	Swansea Aq	NT _____
4	Dedman, Ivy	W8	Tenby Dolphins	NT _____
5				_____
6				_____
Heat 2 of 24 Finals				
1	Casey, Ioan	M8	AVSY	NT _____
2	Shearan, Lottie	W9	AVSY	NT _____
3	Middleton, Sophia	W9	Aberystwyth	NT _____
4	Duckett, Matilda	W9	Tenby Dolphins	NT _____
5	Lugg, Darcey	W9	BSCY	NT _____
6				_____
Heat 3 of 24 Finals				
1	Harries, Ellie G	W9	NTVY	NT _____
2	Malone, Cian	M10	Aberystwyth	NT _____
3	Wozny, Maxine	W10	Llanelli	NT _____
4	Rines, Lili	W10	BSCY	NT _____
5	Adams, Ellie	W9	Milford Havn	NT _____
6	Potts, Ella	W9	BSCY	NT _____
Heat 4 of 24 Finals				
1	Hayward, Adam	M10	Milford Havn	NT _____
2	Edmunds, Rhys T	M10	Swansea Aq	NT _____
3	Bury, Charlotte	W12	Amman Valley	NT _____
4	Evans, Lowri Carys	W11	CDSC	NT _____
5	May-John, Dylan	M10	Aberystwyth	NT _____
6	Yardley, Nia	W10	BSCY	NT _____
Heat 5 of 24 Finals				
1	Yardley, Josh	M12	BSCY	NT _____
2	Hopkins, Kyan	M13	AVSY	NT _____
3	Macy, Peni	W15	Aberystwyth	NT _____
4	Rines, Harri	M14	BSCY	NT _____
5	Watkins, Carys	W13	BSCY	NT _____
6	Warrender, Isla	W12	Aberystwyth	NT _____
Heat 6 of 24 Finals				
1	Holloway, Amelie	W10	AVSY	1:23.18 _____
2	Prosser, Mia S	W9	Tenby Dolphins	1:22.69 _____
3	Dakin, Chloe	W10	Llanelli	1:20.29 _____
4	Koszalski, Penelope	W8	Llanelli	1:22.48 _____
5	Raistrick, Evelyn	W9	Amman Valley	1:22.97 _____
6	Treharne, Rachel	W9	AVSY	1:25.51 _____
Heat 7 of 24 Finals				
1	Shaw, Penny	W8	Tenby Dolphins	1:17.86 _____
2	Sinfield, Alis	W10	Llanelli	1:14.95 _____
3	Popham, Nyla C	W10	Swansea Aq	1:12.98 _____
4	Bullock, Roseanna E	W8	CDSC	1:14.77 _____
5	Johnson, Molly	W8	AVSY	1:17.66 _____
6	Kiss, mia	W9	AVSY	1:19.75 _____
Heat 8 of 24 Finals				
1	Williams, Emily	W8	Llanelli	1:10.38 _____
2	Phillips, Grace I	W10	Swansea Aq	1:09.16 _____
3	Roberts, Freya	W10	AVSY	1:08.23 _____
4	Thomas, Gracie	W8	Llanelli	1:09.01 _____
5	Milsom, Scarlet	W9	AVSY	1:10.17 _____
6	Hall, Ava	W9	Llanelli	1:11.56 _____

Heat 9 of 24 Finals				
1	Evans, Anwen H	W9	NTVY	1:06.91 _____
2	Kiss, Jonathan	M10	AVSY	1:05.95 _____
3	Dashfield, Lottie	W10	Tenby Dolphins	1:05.61 _____
4	Wilkins, Ameila	W9	AVSY	1:05.76 _____
5	Roberts Mylan, Sophie I	W12	Swansea Aq	1:06.30 _____
6	Williams, Sunnie	W9	AVSY	1:07.00 _____
Heat 10 of 24 Finals				
1	Jones, Oscar	M11	Llanelli	1:05.13 _____
2	Monan, Frances	W8	Tenby Dolphins	1:04.40 _____
3	Fretwell, Logan	M10	Milford Havn	1:03.89 _____
4	Hopkins, Casey	M9	AVSY	1:04.33 _____
5	Oseng-Rees, Eira	W11	Swansea Aq	1:04.50 _____
6	Price, Olivia-Lois	W9	AVSY	1:05.53 _____
Heat 11 of 24 Finals				
1	Ballantyne, Nikki	M9	BSCY	1:03.43 _____
2	Jones, Autumn	W11	AVSY	1:02.84 _____
3	Lewis, Ollie	M11	AVSY	1:02.45 _____
4	Gil Wood, Sofia A	W10	Swansea Aq	1:02.80 _____
5	Taylor, Kingsley C	M10	Swansea Aq	1:03.16 _____
6	Roberts, Xyla	W10	AVSY	1:03.47 _____
Heat 12 of 24 Finals				
1	Bullock, Georgia M	W11	CDSC	1:01.64 _____
2	Griffiths, Matilda	W8	Llanelli	1:01.23 _____
3	Edwards, Mali	W9	Amman Valley	1:00.82 _____
4	Jones, Zara	W8	Llanelli	1:01.20 _____
5	Husband, Alysia	W10	Haverfordwes	1:01.54 _____
6	Hawksworth Garcia, Frida	W8	Swansea Aq	1:02.01 _____
Heat 13 of 24 Finals				
1	Watkins, Eleanor R	W11	AVSY	59.24 _____
2	McFarlane, Mali	W11	Milford Havn	58.87 _____
3	Millard, Nel	W10	Llanelli	58.67 _____
4	Bates, Rosa	W11	Aberystwyth	58.74 _____
5	Rabaiotti, Orla-Rae	W10	Swansea Aq	58.99 _____
6	Powell, Poppy	W11	Llanelli	1:00.14 _____
Heat 14 of 24 Finals				
1	Hearne, Sofia	W10	BSCY	57.64 _____
2	Whatmore, Finley	M11	Milford Havn	57.23 _____
3	Thomas, Cara	W15	Llanelli	57.02 _____
4	Nicklin, Parker	W10	Amman Valley	57.18 _____
5	Reed, Erin	W9	AVSY	57.29 _____
6	Hope, Brooke	W11	Tenby Dolphins	57.75 _____
Heat 15 of 24 Finals				
1	Monan, Hazel	W10	Tenby Dolphins	56.58 _____
2	Holness, Camille S	W10	Swansea Aq	56.46 _____
3	Symmons, Bronwen D	W9	CDSC	55.82 _____
4	Alexander, Fflur	W11	Aberystwyth	56.01 _____
5	Gardner-Rolfe, Mia G	W12	Swansea Aq	56.50 _____
6	Mills, Flynn	M11	Milford Havn	56.85 _____
Heat 16 of 24 Finals				
1	Hope, Madi	W9	Tenby Dolphins	55.45 _____
2	Rhys, Efan	M10	Amman Valley	55.22 _____
3	Taylor, Jasper B	M12	Swansea Aq	55.06 _____
4	Deganello, Isabella S	W13	Swansea Aq	55.09 _____
5	Jones, Gwenllian F	W9	CDSC	55.45 _____
6	Squires, Megan	W13	Aberystwyth	55.65 _____

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Meet Program - Session 3 (Warmup 2.55 - 3.55)

Heat 17 Finals (#301 Mixed 8 & Over 50 SC Meter Breaststroke)				
1	Filmer, Owen	M9	Aberystwyth	55.00
2	Wolverson, Mela	W11	Tenby Dolphins	54.20
3	Owen-Rees, Scarlett	W11	ABVY	53.79
4	Evans, Cora E	W11	CDSC	54.16
5	Sharpe, Lillie	W12	Llanelli	54.35
6	Taffetsauffer, Leo	M9	Llanelli	55.03
Heat 18 of 24 Finals				
1	Downie, William M	M14	Swansea Aq	53.40
2	Roberts Mylan, Ffion C	W12	Swansea Aq	52.92
3	Middleton, Caitlin	W15	Aberystwyth	52.05
4	Kent, Florence	W13	Aberystwyth	52.39
5	Hawkins, Lottie	W12	Haverfordwes	53.20
6	Holborow, Esmay	W9	Amman Valley	53.65
Heat 19 of 24 Finals				
1	Gorvett, Blu	M11	ABVY	51.86
2	Thomas, Tristan	M14	Milford Havn	51.07
3	Bowen, Ella	W11	Llanelli	50.81
4	Hearne, Leila	W11	BSCY	50.94
5	Kellaway, Evie Rose	W12	Aberystwyth	51.58
6	Roberts, Arwyn	W12	AVSY	52.00
Heat 20 of 24 Finals				
1	Lennon, Amelia-Rose	W11	CDSC	50.10
2	Hart, Ruairaidh E	M12	NTVY	50.01
3	Morris, Besi	W12	Amman Valley	49.59
4	Iturbe, Carys	W11	AVSY	49.70
5	Thomas, Gabriel	M10	Llanelli	50.01
6	Pitans, Caitlin R	W12	Swansea Aq	50.59
Heat 21 of 24 Finals				
1	Williams, Evie	W12	Milford Havn	49.41
2	Jewitt, Sophia	W13	Llanelli	48.72
3	Fry, Tilly	W13	Llanelli	47.59
4	Green, William	M12	Aberystwyth	48.47
5	Pirmohamed, Eshan A	M11	Swansea Aq	49.03
6	McFadyen, Hamish	M12	Aberystwyth	49.52
Heat 22 of 24 Finals				
1	Lloyd- Roberts, Harry	M12	Milford Havn	47.22
2	Mills, Thomas	M14	Llanelli	47.06
3	Clement, Darcey	W12	AVSY	46.64
4	Monan, Euan	M12	Tenby Dolphins	46.75
5	Gale, Jasmine	W14	AVSY	47.15
6	Jones, Alexa	W12	Llanelli	47.58
Heat 23 of 24 Finals				
1	Dennison, Evie	W13	Milford Havn	44.89
2	Davies, Eva	W13	AVSY	44.40
3	Batchelor, Joshua	M13	BSCY	43.63
4	Rees-Davies, Saoirse	W13	Llanelli	44.12
5	Bevan, Driw	M13	Llanelli	44.65
6	Jones, Indi	M12	BSCY	45.77
Heat 24 of 24 Finals				
1	Rood, Rowan	M15	NTVY	42.94
2	Upton-Boorman, Isabella	W14	NSGY	42.80
3	Lerigo, Oli	M15	Aberystwyth	38.12
4	Holloway, Olivia	W16	AVSY	41.41
5	Philpott, Ffion	W15	NSGY	42.81
6	Jenkins, Alexandra G	W15	Swansea Aq	43.35

Event 302 Mixed 9 & Over 200 SC Meter Backstroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Finals				
1	Evans, Lowri Carys	W11	CDSC	NT
2	Duncan, Ava	W12	Amman Valley	NT
3	Macy, Lili A	W13	Aberystwyth	NT
4	Sharpe, Lillie	W12	Llanelli	NT
5	Davies, Evie	W11	BSCY	NT
6	Tooze, Moli	W10	Aberystwyth	NT
Heat 2 of 4 Finals				
1	Summerfield, Lucy	W13	Llanelli	NT
2	Burt, Gwion	M11	Llanelli	4:18.92
3	Bowen, Oscar	M9	Llanelli	4:08.42
4	Bellis, Martha A	W10	CDSC	4:15.09
5	Macy, Peni	W15	Aberystwyth	NT
6	Fry, Tilly	W13	Llanelli	NT
Heat 3 of 4 Finals				
1	Philpott, Lowri	W14	Llanelli	3:55.82
2	Macy, Ceri	W12	Aberystwyth	3:44.51
3	Pyzer, Cyrus A	M11	CDSC	3:18.07
4	Wolverson, Mela	W11	Tenby Dolphins	3:25.98
5	Prosser, Mia S	W9	Tenby Dolphins	3:52.21
6	Powell, Poppy	W11	Llanelli	4:04.78
Heat 4 of 4 Finals				
1	Gardner-Rolfe, Mia G	W12	Swansea Aq	3:15.04
2	Bowes, James F	M13	CDSC	3:12.16
3	Collins-Falconer, Alesha G	W16	NTVY	2:52.21
4	Middleton, Caitlin	W15	Aberystwyth	3:11.93
5	Roberts Mylan, Sophie I	W12	Swansea Aq	3:14.60
6	Thomas, Tristan	M14	Milford Havn	3:17.83
Event 303 Mixed 9 & Over 100 SC Meter Freestyle				
Lane	Name	Age	Team	Seed Time
Heat 1 of 17 Finals				
1				
2	Hodge, Leila	W9	Amman Valley	NT
3	Lugg, Darcey	W9	BSCY	NT
4	Kiss, mia	W9	AVSY	NT
5	Raistrick, Evelyn	W9	Amman Valley	NT
6				
Heat 2 of 17 Finals				
1	Ballantyne, Nikki	M9	BSCY	NT
2	Jones, Myla	W10	Swansea Aq	NT
3	Hearne, Sofia	W10	BSCY	NT
4	Dakin, Chloe	W10	Llanelli	NT
5	May-John, Dylan	M10	Aberystwyth	NT
6	Treharne, Rachel	W9	AVSY	NT
Heat 3 of 17 Finals				
1	Popham, Nyla C	W10	Swansea Aq	NT
2	Malone, Aibhlin M	W11	Aberystwyth	NT
3	Vanstone, Holly M	W12	Swansea Aq	NT
4	Jones, Indi	M12	BSCY	NT
5	Davies, Evie	W11	BSCY	NT
6	Evans, Alys E	W10	CDSC	NT

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Heat 4 Finals (#303 Mixed 9 & Over 100 SC Meter Freestyle)

1	Warrender, Isla	W12	Aberystwyth	NT	_____
2	Shearan, Lottie	W9	AVSY	2:26.99	_____
3	Williams, Sunnie	W9	AVSY	2:02.84	_____
4	Holloway, Amelie	W10	AVSY	2:12.80	_____
5	Burton, Finnley	M15	BSCY	NT	_____
6	Vaughan, Felicity	W12	BSCY	NT	_____

Heat 5 of 17 Finals

1	Roberts, Freya	W10	AVSY	2:00.46	_____
2	Price, Olivia-Lois	W9	AVSY	1:52.23	_____
3	Taylor, Kingsley C	M10	Swansea Aq	1:51.65	_____
4	Jones, Oscar	M11	Llanelli	1:52.21	_____
5	Nicklin, Parker	W10	Amman Valley	1:57.00	_____
6	Sinfield, Alis	W10	Llanelli	2:02.17	_____

Heat 6 of 17 Finals

1	Bowen, Oscar	M9	Llanelli	1:50.81	_____
2	Kiss, Jonathan	M10	AVSY	1:47.84	_____
3	Bullock, Georgia M	W11	CDSC	1:45.24	_____
4	Prosser, Mia S	W9	Tenby Dolphins	1:45.88	_____
5	Rabaiotti, Orla-Rae	W10	Swansea Aq	1:48.93	_____
6	Wilkins, Ameila	W9	AVSY	1:50.95	_____

Heat 7 of 17 Finals

1	Milsom, Scarlet	W9	AVSY	1:44.39	_____
2	Roberts, Xyla	W10	AVSY	1:43.97	_____
3	Reed, Erin	W9	AVSY	1:41.98	_____
4	Hopkins, Casey	M9	AVSY	1:42.54	_____
5	Jones, Autumn	W11	AVSY	1:44.00	_____
6	Oseng-Rees, Eira	W11	Swansea Aq	1:44.81	_____

Heat 8 of 17 Finals

1	Evans, Sylvie	W9	Llanelli	1:41.23	_____
2	Squires, Megan	W13	Aberystwyth	1:39.58	_____
3	McFarlane, Mali	W11	Milford Havn	1:38.33	_____
4	Taffetsauffer, Leo	M9	Llanelli	1:39.50	_____
5	Downie, William M	M14	Swansea Aq	1:40.67	_____
6	Gil Wood, Sofia A	W10	Swansea Aq	1:41.48	_____

Heat 9 of 17 Finals

1	Millard, Nel	W10	Llanelli	1:37.15	_____
2	Evans, Cora E	W11	CDSC	1:36.10	_____
3	Powell, Poppy	W11	Llanelli	1:35.04	_____
4	Mills, Flynn	M11	Milford Havn	1:35.89	_____
5	Taylor, Jasper B	M12	Swansea Aq	1:36.82	_____
6	Macy, Ceri	W12	Aberystwyth	1:37.38	_____

Heat 10 of 17 Finals

1	Holness, Camille S	W10	Swansea Aq	1:33.50	_____
2	Alexander, Fflur	W11	Aberystwyth	1:33.08	_____
3	Bowen, Ella	W11	Llanelli	1:31.48	_____
4	Monan, Hazel	W10	Tenby Dolphins	1:32.99	_____
5	Lennon, Amelia-Rose	W11	CDSC	1:33.31	_____
6	Husband, Alysia	W10	Haverfordwes	1:33.92	_____

Heat 11 of 17 Finals

1	Kent, Florence	W13	Aberystwyth	1:31.13	_____
2	Jones, Carter A	M11	Swansea Aq	1:29.86	_____
3	Gorvett, Blu	M11	ABVY	1:28.73	_____
4	Green, William	M12	Aberystwyth	1:29.06	_____
5	Lewis, Ollie	M11	AVSY	1:30.97	_____
6	Fretwell, Logan	M10	Milford Havn	1:31.39	_____

Heat 12 of 17 Finals

1	Hearne, Leila	W11	BSCY	1:28.44	_____
2	Kellaway, Evie Rose	W12	Aberystwyth	1:27.66	_____
3	Thomas, Cara	W15	Llanelli	1:27.29	_____
4	Davies-Jones, Ayla	W12	Llanelli	1:27.36	_____
5	Hope, Brooke	W11	Tenby Dolphins	1:27.98	_____
6	Owen-Rees, Scarlett	W11	ABVY	1:28.61	_____

Heat 13 of 17 Finals

1	McFadyen, Hamish	M12	Aberystwyth	1:25.29	_____
2	Hart, Ruairadh E	M12	NTVY	1:24.89	_____
3	Rees-Davies, Saoirse	W13	Llanelli	1:22.01	_____
4	Roberts, Arwyn	W12	AVSY	1:23.28	_____
5	Edmunds, Freya	W11	Llanelli	1:25.21	_____
6	Pyzer, Cyrus A	M11	CDSC	1:25.81	_____

Heat 14 of 17 Finals

1	Koszalski, Soffia L	W12	Llanelli	1:21.62	_____
2	Thomas, Gabriel	M10	Llanelli	1:21.01	_____
3	Jewitt, Sophia	W13	Llanelli	1:20.62	_____
4	Deganello, Isabella S	W13	Swansea Aq	1:20.75	_____
5	Millard, Effi-Mai	W13	Llanelli	1:21.60	_____
6	Dashfield, Olivia	W11	Tenby Dolphins	1:21.75	_____

Heat 15 of 17 Finals

1	Pirmohamed, Eshan A	M11	Swansea Aq	1:20.17	_____
2	Jewitt, Anya	W13	Llanelli	1:18.60	_____
3	Macy, Lili A	W13	Aberystwyth	1:17.90	_____
4	Higgins, Finley J	M13	Swansea Aq	1:18.21	_____
5	Iturbe, Carys	W11	AVSY	1:19.84	_____
6	Wolverson, Mela	W11	Tenby Dolphins	1:20.21	_____

Heat 16 of 17 Finals

1	Rines, Harri	M14	BSCY	1:15.00	_____
2	Hawkins, Betsy-May	W13	Llanelli	1:14.25	_____
3	Pearce, Ava	W13	AVSY	1:13.55	_____
4	Gale, Jasmine	W14	AVSY	1:14.18	_____
5	Alexander, Seren	W14	Aberystwyth	1:14.33	_____
6	Hawkins, Lottie	W12	Haverfordwes	1:17.20	_____

Heat 17 of 17 Finals

1	Kenny, Jemima	W14	Milford Havn	1:11.28	_____
2	Holloway, Olivia	W16	AVSY	1:10.40	_____
3	Lerigo, Oli	M15	Aberystwyth	1:08.64	_____
4	Poole, Tomos	M14	AVSY	1:09.16	_____
5	Collins-Falconer, Alesha G	W16	NTVY	1:10.94	_____
6	Phillips, Gethin	M14	Haverfordwes	1:13.45	_____

Event 304 Mixed 8 & Over 50 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Finals

1					_____
2	Hawksworth Garcia, Frida	W8	Swansea Aq	NT	_____
3	Shaw, Penny	W8	Tenby Dolphins	NT	_____
4	Monan, Frances	W8	Tenby Dolphins	NT	_____
5					_____
6					_____

Heat 2 of 12 Finals

1	Griffiths, Matilda	W8	Llanelli	NT	_____
2	Johnson, Molly	W8	AVSY	NT	_____
3	Adams, Ellie	W9	Milford Havn	NT	_____
4	Treharne, Rachel	W9	AVSY	NT	_____
5	Thomas, Gracie	W8	Llanelli	NT	_____
6					_____

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Meet Program - Session 3 (Warmup 2.55 - 3.55)

Heat 3 Finals (#304 Mixed 8 & Over 50 SC Meter Butterfly)

1	Roberts, Freya	W10	AVSY	NT	_____
2	Butcher, Freya S	W10	Swansea Aq	NT	_____
3	May-John, Dylan	M10	Aberystwyth	NT	_____
4	Malone, Cian	M10	Aberystwyth	NT	_____
5	Hayward, Adam	M10	Milford Havn	NT	_____
6	Hope, Madi	W9	Tenby Dolphins	NT	_____

Heat 4 of 12 Finals

1	Bates, Rosa	W11	Aberystwyth	NT	_____
2	Davies, Halle	W11	Amman Valley	NT	_____
3	Kiss, Jonathan	M10	AVSY	1:14.34	_____
4	Batchelor, Joshua	M13	BSCY	NT	_____
5	Wozny, Harriette	W11	Llanelli	NT	_____
6	Evans, Lowri Carys	W11	CDSC	NT	_____

Heat 5 of 12 Finals

1	Hopkins, Casey	M9	AVSY	1:05.53	_____
2	Price, Olivia-Lois	W9	AVSY	1:02.97	_____
3	Watkins, Eleanor R	W11	AVSY	1:00.89	_____
4	Wilkins, Ameila	W9	AVSY	1:01.91	_____
5	Bellis, Martha A	W10	CDSC	1:02.99	_____
6	Davies, Evie	W11	BSCY	1:10.25	_____

Heat 6 of 12 Finals

1	Reed, Erin	W9	AVSY	58.58	_____
2	Roberts, Xyla	W10	AVSY	57.05	_____
3	Lewis, Ollie	M11	AVSY	55.70	_____
4	Evans, Cora E	W11	CDSC	56.83	_____
5	Jones, Autumnn	W11	AVSY	58.45	_____
6	Kiss, mia	W9	AVSY	1:00.04	_____

Heat 7 of 12 Finals

1	Holland, Ffion	W9	BSCY	53.73	_____
2	Symmons, Bronwen D	W9	CDSC	50.76	_____
3	Burt, Gwion	M11	Llanelli	49.32	_____
4	Jones, Zara	W8	Llanelli	49.62	_____
5	Bullock, Georgia M	W11	CDSC	53.72	_____
6	Jones, Gwenllian F	W9	CDSC	53.96	_____

Heat 8 of 12 Finals

1	Evans, Sylvie	W9	Llanelli	48.04	_____
2	Jenkins, Olivia I	W12	Swansea Aq	46.66	_____
3	Thomas, Cara	W15	Llanelli	45.87	_____
4	Thomas, Gabriel	M10	Llanelli	46.22	_____
5	Vanstone, Holly M	W12	Swansea Aq	46.99	_____
6	Roberts, Arwyn	W12	AVSY	48.74	_____

Heat 9 of 12 Finals

1	Pirmohamed, Eshan A	M11	Swansea Aq	45.45	_____
2	Mason, Ezmee	W12	Haverfordwes	44.99	_____
3	Williams, Evie	W12	Milford Havn	43.99	_____
4	Morris, Besi	W12	Amman Valley	44.58	_____
5	Duncan, Ava	W12	Amman Valley	45.22	_____
6	Wolverson, Mela	W11	Tenby Dolphins	45.65	_____

Heat 10 of 12 Finals

1	Edmunds, Freya	W11	Llanelli	43.51	_____
2	Clement, Darcey	W12	AVSY	42.83	_____
3	Macy, Lili A	W13	Aberystwyth	42.40	_____
4	Monan, Euan	M12	Tenby Dolphins	42.75	_____
5	Davies-Jones, Ayla	W12	Llanelli	43.34	_____
6	Deganello, Isabella S	W13	Swansea Aq	43.87	_____

Heat 11 of 12 Finals

1	Bowes, James F	M13	CDSC	41.94	_____
2	Phillips, Gethin	M14	Haverfordwes	40.85	_____
3	Rines, Harri	M14	BSCY	39.87	_____
4	Gale, Jasmine	W14	AVSY	40.70	_____
5	Iturbe, Carys	W11	AVSY	40.90	_____
6	Rees, Oscar	M12	Llanelli	42.24	_____

Heat 12 of 12 Finals

1	Holloway, Olivia	W16	AVSY	38.97	_____
2	Hawkins, Betsy-May	W13	Llanelli	38.62	_____
3	Lerigo, Oli	M15	Aberystwyth	33.70	_____
4	Alexander, Seren	W14	Aberystwyth	38.59	_____
5	Harris, Max	M12	BSCY	38.70	_____
6	Jewitt, Anya	W13	Llanelli	39.62	_____

Event 305 Mixed 9 & Over 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

1					_____
2	Davies, Lily N	W10	Swansea Aq	NT	_____
3	Whatmore, Finley	M11	Milford Havn	NT	_____
4	Dashfield, Lottie	W10	Tenby Dolphins	NT	_____
5	Holborow, Esmay	W9	Amman Valley	NT	_____
6					_____

Heat 2 of 5 Finals

1	Kellaway, Evie Rose	W12	Aberystwyth	NT	_____
2	Davies, Eva	W13	AVSY	NT	_____
3	Evans, Alys E	W10	CDSC	4:39.18	_____
4	Mason, Phoebe	W14	Haverfordwes	NT	_____
5	Warrender, Isla	W12	Aberystwyth	NT	_____
6	Pirmohamed, Eshan A	M11	Swansea Aq	NT	_____

Heat 3 of 5 Finals

1	Evans, Cora E	W11	CDSC	4:11.47	_____
2	Filmer, Owen	M9	Aberystwyth	4:07.20	_____
3	Gardner-Rolfe, Mia G	W12	Swansea Aq	4:00.82	_____
4	Mason, Ezmee	W12	Haverfordwes	4:02.28	_____
5	Bowen, Ella	W11	Llanelli	4:08.96	_____
6	Squires, Megan	W13	Aberystwyth	4:23.72	_____

Heat 4 of 5 Finals

1	Koszalski, Soffia L	W12	Llanelli	3:50.43	_____
2	Lloyd- Roberts, Harry	M12	Milford Havn	3:39.36	_____
3	Pitans, Caitlin R	W12	Swansea Aq	3:39.01	_____
4	Davies, Ava-Rose	W12	Llanelli	3:39.20	_____
5	Hawkins, Lottie	W12	Haverfordwes	3:39.81	_____
6	Lennon, Amelia-Rose	W11	CDSC	3:59.50	_____

Heat 5 of 5 Finals

1	Pinnock, Betsan R	W12	Swansea Aq	3:35.47	_____
2	Lloyd, Vincent-Owen N	M11	Swansea Aq	3:34.70	_____
3	Upton-Boorman, Isabella	W14	NSGY	3:19.08	_____
4	Holloway, Olivia	W16	AVSY	3:23.22	_____
5	Dennison, Evie	W13	Milford Havn	3:35.09	_____
6	Rood, Rowan	M15	NTVY	3:37.37	_____