

Swansea University LC Sprint 2025 - 01/06/2025
Meet Program - Session 3 (Warmup 3.45 - 4.35)

Event 21 Boys 10 & Over 100 LC Meter Butterfly				
Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Finals				
1	Hart, Ruaraidh E	12	NexusValleys	1:47.21
2	Bowes, James F	13	CAMY	1:26.90
3	Hughes, Fraser	13	Rhondda	1:19.50
4	Morgan, Ben	15	Pembs Cty	1:14.90
5	Jenkins, Gethin R	16	Bridgend Cty	1:17.39
6	Evans, Sam	13	Pembs Cty	1:20.50
7	Lewis, Gethin	10	Neath	1:39.31
8				
Heat 2 of 4 Finals				
1	Davies, Gethin	16	Pembs Cty	1:10.90
2	Harwood, Jack	13	Pembs Cty	1:09.40
3	Froley, Iwan C	17	Bridgend Cty	1:08.41
4	Williams, Thomas	15	NSGY	1:05.63
5	Chapman, Coby L	15	Penyrheol	1:07.92
6	Giles, Brodie J	15	Bridgend Cty	1:08.87
7	Bryant, Tomos G	16	Bridgend Cty	1:09.73
8	Frost, Charlie B	16	Swansea Aq	1:14.80
Heat 3 of 4 Finals				
1	Montague, Mason	17	Pembs Cty	1:04.80
2	Arnold, Jack I	16	Swansea Aq	1:02.62
3	West, Dexter	15	Pembs Cty	1:00.13
4	Lee, Jacob	19	Swansea Uni	59.50
5	Chapman, Nathan	20	Swansea Uni	59.98
6	Silverstone, Sol	15	Pembs Cty	1:00.35
7	Thomas, Iolo	15	Neath	1:03.05
8	Bennett, Finley	16	Pembs Cty	1:05.18
Heat 4 of 4 Finals				
1	Murray, Ross	19	Swansea Uni	58.40
2	James, Tristyn H	19	Bridgend Cty	56.68
3	Armon, Jacob	22	Swansea Uni	56.00
4	Rodriguez, Antonio	20	Swansea Uni	55.08
5	Morgan, Dominic	19	Swansea Uni	55.84
6	Edwards, Dion	18	Caernarfon	56.27
7	Burton, Luke	21	Swansea Uni	57.79
8	Gillett, Oliver	17	Swansea Aq	58.80
Event 22 Female 10 & Over 100 LC Meter Butterfly				
Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Finals				
1				
2	Morgan, Iolah	10	Pembs Cty	1:47.00
3	Dyde, Pheobe	12	Pembs Cty	1:31.71
4	Coles, Aria	12	Neath	1:30.53
5	Davies, Elizabeth	12	Pembs Cty	1:31.00
6	Henson, Jessica	11	Pembs Cty	1:36.45
7	Evans, Alys E	10	CAMY	1:59.30
8				
Heat 2 of 6 Finals				
1	Gwenter, Isobel	11	Neath	1:29.46
2	Price, Seren -louise	12	CAMY	1:27.30
3	Powell, Nina	12	Pembs Cty	1:25.00
4	Gil Wood, Elena	12	Swansea Aq	1:24.17
5	Roberts Mylan, Ffion C	12	Swansea Aq	1:24.62
6	Parry, Abigail	12	CAMY	1:27.00
7	Kenny, Jemima	14	Pembs Cty	1:28.00
8	Kaill-Franks, Nia	13	Pembs Cty	1:29.60

Heat 3 of 6 Finals				
1	Davies, Isabella	13	NSGY	1:22.94
2	Galdes Cutting, Daisy	14	Pembs Cty	1:20.10
3	Thompson, Freya	14	Pembs Cty	1:19.53
4	Mason, Phoebe	14	Pembs Cty	1:18.70
5	Ballinger, Scarlett	14	Rhondda	1:19.37
6	Bowen, Seren E	14	CAMY	1:20.00
7	Griffiths, Ffion	13	Pembs Cty	1:21.30
8	James, Izzy	12	Rhondda	1:23.70
Heat 4 of 6 Finals				
1	Morgan, Evelyn	14	NSGY	1:17.09
2	Taffetsauffer, Isabella	13	NSGY	1:14.98
3	Dash, Amelie	13	Pembs Cty	1:14.20
4	Brassington, Sophie	19	Swansea Uni	1:11.95
5	Clissold, Elizabeth	19	Pembs Cty	1:13.70
6	Davies-Jones, Hannah Z	15	Bridgend Cty	1:14.34
7	Clissold, Bronwyn	16	Pembs Cty	1:16.27
8	Haddrell, Eva Lily	17	Bridgend Cty	1:18.37
Heat 5 of 6 Finals				
1	Lythgoe, Manon H	15	Swansea Aq	1:11.10
2	Berner, Iyla	12	NSGY	1:10.32
3	Nichols, Grace	15	Pembs Cty	1:07.70
4	Hornby, Rachel	20	Swansea Uni	1:05.55
5	Humphreys, Ffion	17	Caernarfon	1:06.78
6	Griffiths, Cerys	15	Pembs Cty	1:09.40
7	%Webb, Saskia S14	18	Pembs Cty	1:10.40
8	Offside, Poppy	17	Cwmbran	1:11.76
Heat 6 of 6 Finals				
1	Hunter, Olivia	20	Swansea Uni	1:04.46
2	Davies, Megan	19	Swansea Uni	1:04.34
3	Willis, Hannah	19	Swansea Uni	1:03.64
4	Roberts, Catherine	21	Swansea Uni	1:01.02
5	Dickinson, Jessica	20	Swansea Uni	1:03.01
6	Dewsbury, Daisy	20	Swansea Uni	1:03.85
7	Rose, Katie	18	Swansea Uni	1:04.41
8	Crawley, Abigail	19	Swansea Uni	1:05.10

Event 23 Boys 10 & Over 50 LC Meter Freestyle				
Lane	Name	Age	Team	Seed Time
Heat 1 of 9 Finals				
1				
2	Rodriguez, Antonio	20	Swansea Uni	52.70
3	Bayliss, Harry R	10	Bridgend Cty	42.65
4	Cole, Jacob	12	Neath	40.25
5	Lummis, Arthur J	10	NexusValleys	41.89
6	Rowland, Freddie	10	Cwmbran	43.66
7				
8				
Heat 2 of 9 Finals				
1	Abell, Ronan	13	Neath	39.31
2	Lloyd- Roberts, Harry	12	Pembs Cty	38.70
3	Pitman, Alex	11	Caerphilly	38.32
4	Pirmohamed, Eshan A	11	Swansea Aq	37.68
5	Jones, Carter A	11	Swansea Aq	37.90
6	Parry, Taliesin	12	Brecon	38.60
7	Hearne, Logan	10	Pembs Cty	39.00
8	Evans, Gethin D	11	Bridgend Cty	39.60

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Heat 3 Finals (#23 Boys 10 & Over 50 LC Meter Freestyle)

1	O'Mahoney, Cameron P	11	Bridgend Cty	37.45	_____
2	Hart, Ruairaidh E	12	NexusValleys	37.15	_____
3	Bebb, Gethin	15	Rhondda	36.60	_____
4	Monan, Euan	12	Pembs Cty	35.90	_____
5	Higgins, Finley J	13	Swansea Aq	36.20	_____
6	Jones, Tomi	12	Neath	36.70	_____
7	Hoskins, James C	13	NexusValleys	37.27	_____
8	Pyzer, Cyrus A	11	CAMY	37.60	_____

Heat 4 of 9 Finals

1	Antwhistle, Isaac J	12	Swansea Aq	35.17	_____
2	Bowes, James F	13	CAMY	33.40	_____
3	Morgan, Thomas	12	Neath	32.97	_____
4	Smudzinski, Max	13	Neath	32.70	_____
5	Moore, Hari	12	Pembs Cty	32.90	_____
6	Lewis, Henry	12	Neath	33.32	_____
7	Rood, Rowan	15	NexusValleys	34.07	_____
8	Batcup, Oliver J	13	Swansea Aq	35.80	_____

Heat 5 of 9 Finals

1	Gourley, Ethan	16	Penyrheol	32.00	_____
2	Hughes, Fraser	13	Rhondda	31.70	_____
3	Arnold, Harry	14	Pontypridd	31.59	_____
4	Waters, Toby	14	Swansea Aq	31.50	_____
5	Thomas, Tristan	14	Pembs Cty	31.54	_____
6	James, Nathan R	13	Bridgend Cty	31.63	_____
7	Banner, Harry	13	Penyrheol	31.80	_____
8	Williams, Lucas C	10	Swansea Aq	32.42	_____

Heat 6 of 9 Finals

1	Williams, Efan	13	Neath	31.40	_____
2	Thomas, Finlay	14	Brecon	31.00	_____
3	Noden, Rory	12	Pembs Cty	30.64	_____
4	Longree, David	13	Cwmbran	30.22	_____
5	Thomas, Rhys	14	Pembs Cty	30.50	_____
6	Black, Hayden D	17	Bridgend Cty	30.76	_____
7	Hill, Alexander Ralph	14	CAMY	31.35	_____
8	Elias, Ruben	14	CAMY	31.41	_____

Heat 7 of 9 Finals

1	Hale, Oliver S	14	Swansea Aq	30.00	_____
2	Morgan, Cole	14	C Dolphins	29.58	_____
3	%Read, William S14	17	Swansea Aq	29.55	_____
4	Froley, Iwan C	17	Bridgend Cty	28.79	_____
5	Mahavar-Snow, Sanjeev	16	Caerphilly	29.02	_____
6	Gray, Gruffudd I	15	Swansea Aq	29.58	_____
7	Frost, Charlie B	16	Swansea Aq	30.00	_____
8	Smith, Herbie C	14	Swansea Aq	30.10	_____

Heat 8 of 9 Finals

1	Giles, Brodie J	15	Bridgend Cty	28.58	_____
2	Williams, Thomas	15	NSGY	28.24	_____
3	Duggan, Elliot A	14	Bridgend Cty	27.69	_____
4	Meek, Emyr	28	Swansea Uni	26.93	_____
5	Jones, Jayden	14	Caerphilly	27.27	_____
6	James, Tristan H	16	Bridgend Cty	27.95	_____
7	Bryant, Tomos G	16	Bridgend Cty	28.32	_____
8	King, Ethan	13	Penyrheol	28.70	_____

Heat 9 of 9 Finals

1	Whittaker, Daniel R	18	Bridgend Cty	26.83	_____
2	Montague, Mason	17	Pembs Cty	26.16	_____
3	John, Finlay T	18	Bridgend Cty	25.57	_____
4	Docking-Smith, Frankie	20	Swansea Uni	23.70	_____
5	Greenway, Morgan	21	Swansea Uni	23.83	_____
6	Upton-Boorman, Liam	17	NSGY	25.68	_____
7	Richardson, Osian	17	Swansea Aq	26.70	_____
8	Chapman, Coby L	15	Penyrheol	26.88	_____

Event 24 Female 10 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 20 Finals

1	Carley-smith, Evelyn	10	Neath	45.40	_____
2	Galdes Cutting, Beatrice	10	Pembs Cty	44.50	_____
3	Soul, Anna F	10	Swansea Aq	43.80	_____
4	Knight, Anna	12	C Dolphins	42.87	_____
5	Holloway, Celyn	10	Brecon	43.20	_____
6	Madge, Brianna	10	C Dolphins	43.83	_____
7	Toms, Gwennie-May	10	Rhondda	45.30	_____
8	Cornelius, Emmie	10	Neath	45.60	_____

Heat 2 of 20 Finals

1	Monan, Hazel	10	Pembs Cty	42.70	_____
2	Humphreys, Mali G	12	Swansea Aq	42.58	_____
3	Thomas, Lili-rose	11	Neath	41.72	_____
4	Antwhistle, Esme W	11	Swansea Aq	41.50	_____
5	Watson, Isabelle	11	Neath	41.52	_____
6	Glenham, Scarlett	12	Rhondda	42.00	_____
7	Rabaiotti, Orla-Rae	10	Swansea Aq	42.60	_____
8	Felton, Catrin	10	C Dolphins	42.80	_____

Heat 3 of 20 Finals

1	Percival, Bella	13	C Dolphins	41.38	_____
2	Lennon, Amelia-Rose	11	CAMY	40.30	_____
3	Phillips, Isabelle	12	Pembs Cty	40.20	_____
4	Morris, Brooke	11	Brecon	40.00	_____
5	Welch, Alara E	11	Bridgend Cty	40.06	_____
6	Harding, Thea	11	Cwmbran	40.22	_____
7	Shepherd, Amelia H	10	C Dolphins	40.73	_____
8	Davies, Connie	12	Brecon	41.42	_____

Heat 4 of 20 Finals

1	Ryan, Isobel	12	C Dolphins	39.69	_____
2	Austin, Sophie Haf	11	C Dolphins	38.92	_____
3	Smudzinska, Ilivia	11	Neath	38.31	_____
4	Jones, Myla	10	Swansea Aq	38.30	_____
5	Roberts, Grace	13	C Dolphins	38.31	_____
6	Lewis, Nylah	10	Rhondda	38.70	_____
7	James, Lowri	14	Brecon	39.00	_____
8	Carre, Isabelle M	13	Bridgend Cty	39.93	_____

Heat 5 of 20 Finals

1	Jenkins, Olivia I	12	Swansea Aq	38.10	_____
2	Polverino, Tilly	11	Neath	37.90	_____
3	Morgan, Amelia R	12	Bridgend Cty	37.29	_____
4	Arnold, Olivia	11	Pembs Cty	36.72	_____
5	Davies, Alana	12	Neath	36.84	_____
6	Holness, Camille S	10	Swansea Aq	37.80	_____
7	Harvey-Flinn, Ruby E	11	Swansea Aq	37.90	_____
8	Enoch, Erin L	11	CAMY	38.16	_____

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Heat 6 Finals (#24 Female 10 & Over 50 LC Meter Freestyle)

1	Roberts Mylan, Sophie I	12	Swansea Aq	36.20	_____
2	Payne, Vivienne I	12	Bridgend Cty	36.08	_____
3	Williams, Evelyn R	11	Bridgend Cty	35.91	_____
4	Griffiths, Elin	15	Brecon	35.70	_____
5	Williams, Grace	13	Neath	35.70	_____
6	May, Gwen	12	Rhondda	36.04	_____
7	Hughes, Seren	13	Neath	36.19	_____
8	Harding, Esme	10	Neath	36.68	_____

Heat 7 of 20 Finals

1	Thomas, Amelie	11	Rhondda	35.45	_____
2	Roberts Mylan, Ffion C	12	Swansea Aq	35.25	_____
3	Gardner-Rolfe, Mia G	13	Swansea Aq	35.11	_____
4	Williams, Evie	12	Pembs Cty	34.94	_____
5	Massey, Mia	13	C Dolphins	35.07	_____
6	Wells, May	14	Caerphilly	35.17	_____
7	Hughes, Megan	11	C Dolphins	35.26	_____
8	Jones, Tilly E	13	Brecon	35.60	_____

Heat 8 of 20 Finals

1	Huang, Emma	12	Cwmbran	34.86	_____
2	Roberts-Truman, Betsan H	12	Neath	34.75	_____
3	Evans, Brooke	14	Caerphilly	34.50	_____
4	Jones, Amelia	11	Caerphilly	34.20	_____
5	Brown, Thea L	12	Bridgend Cty	34.21	_____
6	Deganello, Isabella S	14	Swansea Aq	34.62	_____
7	Kurys, Bonnie P	12	CAMY	34.80	_____
8	Henson, Jessica	11	Pembs Cty	34.88	_____

Heat 9 of 20 Finals

1	Thomas, Carys	14	Penyrheol	34.01	_____
2	Jones, Alaw R	12	CAMY	34.00	_____
3	Kurys, Emiliese J	10	CAMY	33.94	_____
4	Evans, Isabel	12	Caerphilly	33.90	_____
5	Launder, Beatrix	11	Neath	33.93	_____
6	Thomas, Eden	11	Neath	34.00	_____
7	Morris, Ffion H	13	Pembs Cty	34.00	_____
8	Jones, Ashleigh R	14	CAMY	34.07	_____

Heat 10 of 20 Finals

1	Hill, Poppy J	15	Bridgend Cty	33.75	_____
2	Lau, Mei-Ling	13	Bridgend Cty	33.53	_____
3	Bessent, Mia	14	Penyrheol	33.18	_____
4	Harmer, Gracy	16	Caerphilly	32.88	_____
5	Carre, Jasmine M	17	Bridgend Cty	32.97	_____
6	Gil Wood, Elena	12	Swansea Aq	33.48	_____
7	Jones, Hannah	14	Neath	33.64	_____
8	Healy, Madelyn J	11	Bridgend Cty	33.79	_____

Heat 11 of 20 Finals

1	Harris, Chloe	12	C Dolphins	32.67	_____
2	Morris, Blair	11	Neath	32.63	_____
3	Sanders, Heaven-Leigh	13	Bridgend Cty	32.42	_____
4	Garner-Jones, Chloe	14	Caerphilly	32.40	_____
5	Ballinger, Scarlett	14	Rhondda	32.41	_____
6	Hall, Isabelle	14	Pembs Cty	32.61	_____
7	Dyde, Pheobe	12	Pembs Cty	32.65	_____
8	Jenkins, Elli J	14	Swansea Aq	32.67	_____

Heat 12 of 20 Finals

1	Williams, Paige T	13	Swansea Aq	32.40	_____
2	Knight, Lily E	14	Swansea Aq	32.31	_____
3	Wood, Lilly	11	Neath	32.19	_____
4	Bruce, Skye	16	Pembs Cty	32.14	_____
5	O'Connell, Cerys E	16	NexusValleys	32.15	_____
6	Hall, Ellena	14	Pembs Cty	32.25	_____
7	Mason, Phoebe	14	Pembs Cty	32.33	_____
8	Bowen, Seren E	14	CAMY	32.40	_____

Heat 13 of 20 Finals

1	Patterson, Hollie M	13	CAMY	31.97	_____
2	Davies, Erin	13	C Dolphins	31.93	_____
3	Mitrjaikina, Kerly-Annaly S	12	Swansea Aq	31.83	_____
4	Stark, Tala	14	Pembs Cty	31.70	_____
5	Morgan, Evelyn	14	NSGY	31.81	_____
6	Clifford, Bethany	17	Neath	31.87	_____
7	Llewellyn, Mali	13	Bridgend Cty	31.94	_____
8	Rowland, Scarlett	12	Neath	32.10	_____

Heat 14 of 20 Finals

1	Kersley, Holly	14	Cwmbran	31.69	_____
2	Upton-Boorman, Isabella	14	NSGY	31.48	_____
3	%Webb, Saskia S14	18	Pembs Cty	31.42	_____
4	Hnoiana, Valentyna	13	Swansea Aq	31.38	_____
5	Jala, Eliana	16	Rhondda	31.40	_____
6	Philpott, Ffion	15	NSGY	31.44	_____
7	Richardson, Beca	14	Swansea Aq	31.50	_____
8	Harford, Libby M	15	Caerphilly	31.70	_____

Heat 15 of 20 Finals

1	Mcfarlane, Una	14	Pembs Cty	31.27	_____
2	Thomas, Caitlin	16	Penyrheol	31.19	_____
3	Jones, Hunydd	13	CAMY	31.12	_____
4	Cressey-Rodgers, Gwenllian	15	NSGY	30.97	_____
5	Duggan, Grace L	13	Bridgend Cty	31.09	_____
6	Thompson, Freya	14	Pembs Cty	31.14	_____
7	Edwards, Nia	13	Caerphilly	31.20	_____
8	Griffiths, Ffion	13	Pembs Cty	31.36	_____

Heat 16 of 20 Finals

1	Goodman, Evie	13	Swansea Aq	30.92	_____
2	Ostrowski, Julia	16	Pembs Cty	30.90	_____
3	Haddrell, Eva Lily	17	Bridgend Cty	30.88	_____
4	Burns, Freya	13	NSGY	30.72	_____
5	Goodman, Lola	13	Swansea Aq	30.80	_____
6	Taffetsauffer, Isabella	13	NSGY	30.88	_____
7	Ley, Lucy	16	Swansea Aq	30.90	_____
8	Griffiths, Elizabeth	13	Pembs Cty	30.96	_____

Heat 17 of 20 Finals

1	Edwards, Carys	15	Caerphilly	30.57	_____
2	Layland, Seren	13	Penyrheol	30.53	_____
3	Smyth, Elise	22	Swansea Uni	30.27	_____
4	Bissicks, Cari	14	Neath	30.09	_____
5	Lythgoe, Manon H	15	Swansea Aq	30.20	_____
6	Sedgemore, Lola	13	Neath	30.32	_____
7	Miles, Megan	16	Pembs Cty	30.56	_____
8	Kazmiruk, Anastasiia	14	NSGY	30.72	_____

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Heat 18 Finals (#24 Female 10 & Over 50 LC Meter Freestyle)

1	Carey, Lucy J	17	Bridgend Cty	29.95	_____
2	Williams, Hollie	17	NSGY	29.81	_____
3	Hardwicke, Martha G	16	Bridgend Cty	29.72	_____
4	Goodliffe, Faith R	24	C Dolphins	29.35	_____
5	O'Mahoney, Kaitlin	17	Bridgend Cty	29.39	_____
6	Gilderdale, Celyn	16	Pembs Cty	29.80	_____
7	Tree, Charlotte	21	Swansea Uni	29.87	_____
8	Williams, Marys E	15	Swansea Aq	30.06	_____

Heat 19 of 20 Finals

1	Davis, Bethan	20	Swansea Uni	29.29	_____
2	Davies, Isla	12	NSGY	29.23	_____
3	Carter, Ava	16	Penyrheol	29.00	_____
4	Hornby, Rachel	20	Swansea Uni	28.89	_____
5	Berner, Iyla	12	NSGY	28.93	_____
6	Clissold, Bronwyn	16	Pembs Cty	29.14	_____
7	Davies, Rachel	20	Swansea Uni	29.26	_____
8	Clissold, Elizabeth	19	Pembs Cty	29.34	_____

Heat 20 of 20 Finals

1	Rees, Katie	26	Swansea Uni	28.49	_____
2	Stokes, Aimee	20	Swansea Uni	27.99	_____
3	Crawley, Abigail	19	Swansea Uni	26.96	_____
4	Monks, Aimee	20	Swansea Uni	26.10	_____
5	Major, Scarlet	21	Swansea Uni	26.43	_____
6	Leggott, Holly	22	Swansea Uni	27.74	_____
7	Offside, Poppy	17	Cwmbran	28.09	_____
8	King, Marley	16	Penyrheol	28.82	_____

Event 25 Boys 10 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1					_____
2	Cole, Jacob	12	Neath	1:54.76	_____
3	Evans, Wolfgang	11	Pembs Cty	1:51.50	_____
4	Pirmohamed, Eshan A	11	Swansea Aq	1:47.07	_____
5	Nash, Oliver J	11	CAMY	1:48.20	_____
6	Pitman, Alex	11	Caerphilly	1:53.31	_____
7	Lummis, Oscar D	12	NexusValleys	1:56.29	_____
8					_____

Heat 2 of 4 Finals

1	Backen, Freddie	13	Pembs Cty	1:44.50	_____
2	Jones, Dion R	13	CAMY	1:42.00	_____
3	Thomas, Tristan	14	Pembs Cty	1:41.40	_____
4	Lewis, Henry	12	Neath	1:36.39	_____
5	Antwhistle, Isaac J	12	Swansea Aq	1:39.30	_____
6	James, Nathan R	13	Bridgend Cty	1:41.82	_____
7	Monan, Euan	12	Pembs Cty	1:44.10	_____
8	Lloyd- Roberts, Harry	12	Pembs Cty	1:45.40	_____

Heat 3 of 4 Finals

1	Jones, Jayden	14	Caerphilly	1:33.56	_____
2	D'Cruz, Dylan	13	Pontypridd	1:30.90	_____
3	Thomas, Rhys	14	Pembs Cty	1:23.40	_____
4	Giles, Brodie J	15	Bridgend Cty	1:22.19	_____
5	Davies, Gethin	16	Pembs Cty	1:22.20	_____
6	Batcup, Oliver J	13	Swansea Aq	1:29.50	_____
7	Fogarty, Oliver	13	Pembs Cty	1:32.00	_____
8	Hill, Alexander Ralph	14	CAMY	1:35.80	_____

Heat 4 of 4 Finals

1	James, Tristan H	16	Bridgend Cty	1:18.00	_____
2	Phillips, Ioan	15	Neath	1:17.72	_____
3	Silverstone, Sol	15	Pembs Cty	1:13.70	_____
4	Panaretos, Panayiotis	23	Swansea Uni	1:01.64	_____
5	Gillett, Oliver	17	Swansea Aq	1:08.10	_____
6	West, Dexter	15	Pembs Cty	1:17.50	_____
7	Crump, Joshua-James J	15	Bridgend Cty	1:17.78	_____
8	Twigger, Owen P	16	Swansea Aq	1:18.90	_____

Event 26 Female 10 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

1					_____
2					_____
3	Monan, Hazel	10	Pembs Cty	1:58.00	_____
4	Holness, Camille S	10	Swansea Aq	1:54.70	_____
5	Lewis, Nylah	10	Rhondda	1:56.70	_____
6					_____
7					_____
8					_____

Heat 2 of 8 Finals

1					_____
2	Price, Seren -louise	12	CAMY	1:51.98	_____
3	Lennon, Amelia-Rose	11	CAMY	1:48.73	_____
4	Davies, Olivia M	12	Brecon	1:46.10	_____
5	Thomas, Amelie	11	Rhondda	1:46.20	_____
6	Harvey-Flinn, Ruby E	11	Swansea Aq	1:49.40	_____
7	Kurys, Emiliese J	10	CAMY	1:52.90	_____
8					_____

Heat 3 of 8 Finals

1	Lewis, Megan	13	Neath	1:44.36	_____
2	Williams, Grace	13	Neath	1:44.18	_____
3	Griffiths, Elizabeth	13	Pembs Cty	1:43.80	_____
4	Jones, Alaw R	12	CAMY	1:43.80	_____
5	Jones, Tilly E	13	Brecon	1:43.80	_____
6	Davies, Connie	12	Brecon	1:43.90	_____
7	Davies, Betsi	12	Pembs Cty	1:44.27	_____
8	Williams, Evie	12	Pembs Cty	1:44.70	_____

Heat 4 of 8 Finals

1	Crump, Lily-May R	12	Bridgend Cty	1:42.47	_____
2	Hughes, Seren	13	Neath	1:41.36	_____
3	%Rice, Lily SB7	21	Pembs Cty/A, 12+	1:41.20	_____
4	Robinson, Bronwen E	11	Bridgend Cty	1:40.64	_____
5	Kurys, Bonnie P	12	CAMY	1:40.70	_____
6	Polverino, Tilly	11	Neath	1:41.27	_____
7	Huang, Emma	12	Cwmbran	1:41.70	_____
8	Griffiths, Elin	15	Brecon	1:43.30	_____

Heat 5 of 8 Finals

1	May, Gwen	12	Rhondda	1:39.50	_____
2	Pinnock, Betsan R	12	Swansea Aq	1:39.10	_____
3	Kaill-Franks, Nia	13	Pembs Cty	1:37.80	_____
4	Shephard-Morris, Tilly	12	Rhondda	1:34.63	_____
5	Powell, Nina	12	Pembs Cty	1:37.60	_____
6	Short, Amelia	13	Neath	1:38.83	_____
7	Walters, Tegan K	15	Bridgend Cty	1:39.44	_____
8	Morris, Ffion H	13	Pembs Cty	1:40.20	_____

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Heat 6 Finals (#26 Female 10 & Over 100 LC Meter Breaststroke)

1	Hughes, Mollie	14	C Dolphins	1:33.56	_____
2	Dafydd, Iola	15	CAMY	1:30.90	_____
3	Ostrowski, Julia	16	Pembs Cty	1:30.60	_____
4	Lloyd, Ffion H	18	Pontypridd	1:29.97	_____
5	Dash, Amelie	13	Pembs Cty	1:30.10	_____
6	Edwards, Nia	13	Caerphilly	1:30.70	_____
7	Griffiths, Cerys	15	Pembs Cty	1:31.30	_____
8	Jenkins, Alexandra G	15	Swansea Aq	1:33.80	_____

Heat 7 of 8 Finals

1	Harding, Chloe	13	Cwmbran	1:28.76	_____
2	Daly, Isabella B	14	Bridgend Cty	1:27.97	_____
3	Hall, Isabelle	14	Pembs Cty	1:26.77	_____
4	David, Isabelle	17	Swansea Aq	1:25.30	_____
5	Knight, Lily E	14	Swansea Aq	1:25.80	_____
6	Patterson, Hollie M	13	CAMY	1:27.70	_____
7	Kersley, Holly	14	Cwmbran	1:28.54	_____
8	Hall, Ellena	14	Pembs Cty	1:29.30	_____

Heat 8 of 8 Finals

1	Stark, Tala	14	Pembs Cty	1:21.80	_____
2	Owen, Kessie	16	Neath	1:19.03	_____
3	Wheeler, Oriana	20	Swansea Uni	1:15.36	_____
4	Huellon, Claire	19	Swansea Uni	1:12.67	_____
5	Bissicks, Ella	17	Swansea Aq	1:14.39	_____
6	Mercer, Olivia	20	Swansea Uni	1:16.45	_____
7	Parry, Abigail	12	CAMY	1:20.94	_____
8	Davies, Isabella	13	NSGY	1:23.85	_____

Event 27 Boys 10 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

1	Rowland, Freddie	10	Cwmbran	52.83	_____
2	Pitman, Alex	11	Caerphilly	50.72	_____
3	Parry, Taliesin	12	Brecon	48.00	_____
4	Hart, Ruairaidh E	12	NexusValleys	46.08	_____
5	Evans, Gethin D	11	Bridgend Cty	47.94	_____
6	Bayliss, Harry R	10	Bridgend Cty	50.33	_____
7	Lummis, Arthur J	10	NexusValleys	52.76	_____
8					_____

Heat 2 of 6 Finals

1	O'Mahoney, Cameron P	11	Bridgend Cty	45.78	_____
2	Lummis, Oscar D	12	NexusValleys	44.32	_____
3	Nash, Oliver J	11	CAMY	43.00	_____
4	Bowes, James F	13	CAMY	42.40	_____
5	Jones, Carter A	11	Swansea Aq	42.83	_____
6	Evans, Wolfgang	11	Pembs Cty	44.00	_____
7	Hearne, Logan	10	Pembs Cty	45.20	_____
8	Lloyd- Roberts, Harry	12	Pembs Cty	46.00	_____

Heat 3 of 6 Finals

1	Backen, Freddie	13	Pembs Cty	42.10	_____
2	Arnold, Harry	14	Pontypridd	41.57	_____
3	Jones, Dion R	13	CAMY	41.30	_____
4	Fogarty, Oliver	13	Pembs Cty	38.91	_____
5	Longree, David	13	Cwmbran	40.82	_____
6	Moore, Hari	12	Pembs Cty	41.50	_____
7	Pyzer, Cyrus A	11	CAMY	41.90	_____
8	Abell, Ronan	13	Neath	42.36	_____

Heat 4 of 6 Finals

1	Thomas, Finlay	14	Brecon	38.70	_____
2	Morgan, Thomas	12	Neath	38.24	_____
3	Williams, Efan	13	Neath	37.88	_____
4	Frost, Charlie B	16	Swansea Aq	36.10	_____
5	Williams, Lucas C	10	Swansea Aq	37.78	_____
6	Evans, Sam	13	Pembs Cty	38.20	_____
7	Banner, Harry	13	Penyrheol	38.40	_____
8	Smudzinski, Max	13	Neath	38.88	_____

Heat 5 of 6 Finals

1	Morgan, Ben	15	Pembs Cty	35.80	_____
2	%Read, William S14	17	Swansea Aq	34.02	_____
3	Noden, Rory	12	Pembs Cty	32.94	_____
4	Harwood, Jack	13	Pembs Cty	32.17	_____
5	Richardson, Osian	17	Swansea Aq	32.94	_____
6	Whittaker, Luke A	14	Bridgend Cty	33.79	_____
7	Gray, Gruffudd I	15	Swansea Aq	34.78	_____
8	Waters, Toby	14	Swansea Aq	36.04	_____

Heat 6 of 6 Finals

1	Bennett, Finley	16	Pembs Cty	31.80	_____
2	Upton-Boorman, Liam	17	NSGY	28.88	_____
3	Sadberry, Jack	20	Swansea Uni	27.01	_____
4	John, Finlay T	18	Bridgend Cty	26.29	_____
5	Morgan, Dominic	19	Swansea Uni	26.80	_____
6	Docking-Smith, Frankie	20	Swansea Uni	28.20	_____
7	Montague, Mason	17	Pembs Cty	29.24	_____
8	King, Ethan	13	Penyrheol	31.90	_____

Event 28 Female 10 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Finals

1					_____
2	Rabaiotti, Orla-Rae	10	Swansea Aq	53.30	_____
3	Cornelius, Emmie	10	Neath	52.49	_____
4	Felton, Gwennan	12	C Dolphins	51.63	_____
5	Holloway, Celyn	10	Brecon	52.10	_____
6	Smudzinska, Ilivia	11	Neath	53.00	_____
7	Toms, Gwennie-May	10	Rhondda	53.50	_____
8					_____

Heat 2 of 12 Finals

1	Humphreys, Mali G	12	Swansea Aq	50.80	_____
2	Davies, Connie	12	Brecon	50.53	_____
3	Shepherd, Amelia H	10	C Dolphins	49.92	_____
4	Burton, Alicia	12	Neath	49.43	_____
5	Galdes Cutting, Beatrice	10	Pembs Cty	49.90	_____
6	Morris, Brooke	11	Brecon	50.45	_____
7	Felton, Catrin	10	C Dolphins	50.58	_____
8	Harrison, Abigail	12	Neath	51.09	_____

Heat 3 of 12 Finals

1	Harding, Esmee	10	Neath	48.92	_____
2	Roberts, Grace	13	C Dolphins	48.84	_____
3	Welch, Alara E	11	Bridgend Cty	48.01	_____
4	Harding, Thea	11	Cwmbran	47.58	_____
5	Williams, Eva M	10	Swansea Aq	47.90	_____
6	Carre, Isabelle M	13	Bridgend Cty	48.43	_____
7	Emam, Lina	12	Swansea Aq	48.90	_____
8	Madge, Brianna	10	C Dolphins	49.22	_____

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Heat 4 Finals (#28 Female 10 & Over 50 LC Meter Backstroke)

1	Lennon, Amelia-Rose	11	CAMY	47.10	_____
2	Soul, Anna F	10	Swansea Aq	46.90	_____
3	Harding, Chloe	13	Cwmbran	46.67	_____
4	Glenham, Scarlett	12	Rhondda	46.60	_____
5	Austin, Sophie Haf	11	C Dolphins	46.65	_____
6	Jones, Myla	10	Swansea Aq	46.90	_____
7	Watson, Isabelle	11	Neath	47.02	_____
8	Enoch, Erin L	11	CAMY	47.24	_____

Heat 5 of 12 Finals

1	Morgan, Iolah	10	Pembs Cty	44.90	_____
2	Lewis, Nylah	10	Rhondda	44.30	_____
3	Phillips, Isabelle	12	Pembs Cty	44.00	_____
4	Polverino, Tilly	11	Neath	43.58	_____
5	Davies, Betsi	12	Pembs Cty	43.72	_____
6	Gardner-Rolfe, Mia G	13	Swansea Aq	44.07	_____
7	Arnold, Olivia	11	Pembs Cty	44.74	_____
8	Antwhistle, Esme W	11	Swansea Aq	45.30	_____

Heat 6 of 12 Finals

1	Harvey-Flinn, Ruby E	11	Swansea Aq	43.00	_____
2	Jones, Amelia	11	Caerphilly	42.26	_____
3	Griffiths, Elizabeth	13	Pembs Cty	41.10	_____
4	Coles, Aria	12	Neath	40.68	_____
5	Evans, Isabel	12	Caerphilly	40.87	_____
6	Thomas, Carys	14	Penyrheol	41.80	_____
7	Massey, Mia	13	C Dolphins	42.84	_____
8	Huang, Emma	12	Cwmbran	43.09	_____

Heat 7 of 12 Finals

1	Brown, Thea L	12	Bridgend Cty	40.49	_____
2	Edwards, Carys	15	Caerphilly	39.81	_____
3	Harris, Chloe	12	C Dolphins	39.77	_____
4	Morgan, Amelia R	12	Bridgend Cty	39.03	_____
5	Thomas, Eden	11	Neath	39.26	_____
6	Duggan, Grace L	13	Bridgend Cty	39.80	_____
7	Bessent, Mia	14	Penyrheol	40.20	_____
8	Evans, Brooke	14	Caerphilly	40.53	_____

Heat 8 of 12 Finals

1	Dafydd, Iola	15	CAMY	38.90	_____
2	Morris, Blair	11	Neath	38.01	_____
3	Thomas, Caitlin	16	Penyrheol	37.80	_____
4	Jala, Eliana	16	Rhondda	37.60	_____
5	Pinnock, Betsan R	12	Swansea Aq	37.80	_____
6	Sanders, Heaven-Leigh	13	Bridgend Cty	37.86	_____
7	James, Izzy	12	Rhondda	38.88	_____
8	O'Connell, Cerys E	16	NexusValleys	38.98	_____

Heat 9 of 12 Finals

1	Carre, Jasmine M	17	Bridgend Cty	37.43	_____
2	Short, Amelia	13	Neath	37.18	_____
3	Chapman, Olivia	15	Swansea Aq	36.35	_____
4	Miles, Megan	16	Pembs Cty	36.10	_____
5	Layland, Seren	13	Penyrheol	36.10	_____
6	Jenkins, Elli J	14	Swansea Aq	36.75	_____
7	Davies, Elizabeth	12	Pembs Cty	37.36	_____
8	Mcfarlane, Una	14	Pembs Cty	37.53	_____

Heat 10 of 12 Finals

1	Galdes Cutting, Daisy	14	Pembs Cty	35.90	_____
2	Gilderdale, Celyn	16	Pembs Cty	35.62	_____
3	Bruce, Skye	16	Pembs Cty	35.37	_____
4	Jones, Hunydd	13	CAMY	34.90	_____
5	Williams, Paige T	13	Swansea Aq	35.00	_____
6	Cressey-Rodgers, Gwenllian	15	NSGY	35.50	_____
7	Philpott, Ffion	15	NSGY	35.75	_____
8	Haddrell, Eva Lily	17	Bridgend Cty	36.09	_____

Heat 11 of 12 Finals

1	Lloyd, Ffion H	18	Pontypridd	34.43	_____
2	King, Marley	16	Penyrheol	34.33	_____
3	Taffetsauffer, Isabella	13	NSGY	34.04	_____
4	Carter, Ava	16	Penyrheol	33.00	_____
5	Burns, Freya	13	NSGY	34.00	_____
6	Smyth, Elise	22	Swansea Uni	34.12	_____
7	Offside, Poppy	17	Cwmbran	34.34	_____
8	Upton-Boorman, Isabella	14	NSGY	34.82	_____

Heat 12 of 12 Finals

1	Carey, Lucy J	17	Bridgend Cty	32.86	_____
2	Goodliffe, Faith R	24	C Dolphins	32.74	_____
3	Rees, Katie	26	Swansea Uni	31.91	_____
4	Woodcock, Hannah	21	Swansea Uni	30.50	_____
5	Nichols, Grace	15	Pembs Cty	30.74	_____
6	Davis, Bethan	20	Swansea Uni	32.30	_____
7	Stokes, Aimee	20	Swansea Uni	32.76	_____
8	Davies, Isla	12	NSGY	32.95	_____