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**Neath Swimming Club**

**Short Course Open Meet**

(Under FINA Technical Rules and Swim Wales Laws)

Level 2 License 2WL25???? and Level 3 License 3WL25????

Saturday 18th to Sunday 19th October 2025

**At**

**Wales National Pool, Swansea**

**Meet pack and details can be found at www.neathasc.co.uk**

**Closing date: Saturday 27th September 2025**

**Entries are accepted on a first come basis.**

**Swimmers who submit NO TIME in the level 2 section will NOT be accepted.**

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| **Neath Swimming Club - Open Meet 2025** |
| **Saturday, 18th October 2025 at Swansea National Pool** |
| **Programme of Events – All Events HDW** |
| **Session 1** |
| **Event No** | **Event** | **Gender** | **Level** | **Ages** |
| 101 | 400m Freestyle | Female | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 102 | 400m Freestyle MC | Female | 2 | Top Three |
| 103 | 400m Freestyle | Male | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 104 | 400m Freestyle MC | Male | 2 | Top Three |
| 105 | 400m Individual Medley | Female | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 106 | 400m Individual Medley | Male | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| **Session 2** |
| **Event No** | **Event** | **Gender** | **Level** | **Ages** |
| 201 | 200m Individual Medley | Male | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 202 | 200m Individual Medley MC | Male | 2 | Top Three |
| 203 | 50 Butterfly | Female | 3 | 8yrs, 9 yrs, 10yrs, 11yrs, 12yrs, & 13 yrs |
| 204 | 50m Breaststroke | Male | 3 | 8yrs, 9 yrs, 10yrs, 11yrs, 12yrs, & 13 yrs |
| 205 | 100m Freestyle | Female | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 206 | 100m Freestyle MC | Female | 2 | Top Three |
| 207 | 100m Butterfly | Male | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 208 | 100m Butterfly MC | Male | 2 | Top Three |
| 209 | 200m Backstroke | Female | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 210 | 200m Breaststroke | Male | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 211 | 50m Butterfly | Female | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 212 | 50m Butterfly MC | Female | 2 | Top Three |
| 213 | 50m Freestyle | Male | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 214 | 50m Freestyle MC | Male | 2 | Top Three |
| 215 | 800m Freestyle | Female | 2 | 13/14, 15/16 and 17/over |
| **Session 3** |
| **Event No** | **Event** | **Gender** | **Level** | **Ages** |
| 301 | 50m Backstroke | Male | 3 | 8yrs, 9 yrs, 10yrs, 11yrs, 12yrs, & 13 yrs |
| 302 | 50m Freestyle | Female | 3 | 8yrs, 9 yrs, 10yrs, 11yrs, 12yrs, & 13 yrs |
| 303 | 100m Backstroke | Male | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 304 | 100m Backstroke MC | Male | 2 | Top Three |
| 305 | 100m Breaststroke | Female | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 306 | 100m Breaststroke MC | Female | 2 | Top Three |
| 307 | 200m Freestyle | Male | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 308 | 200m Freestyle MC | Male | 2 | Top Three |
| 309 | 200m Butterfly | Female | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 310 | 50m Backstroke | Male | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 311 | 50m Backstroke MC | Male | 2 | Top Three |
| 312 | 50m Breaststroke | Female | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 313 | 50m Breaststroke MC | Female | 2 | Top Three |
| 314 | 200m Individual Medley | Male | 3 | 8yrs, 9 yrs, 10yrs, 11yrs, 12yrs, & 13 yrs |

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| **Neath Swimming Club - Open Meet 2025** |
| **Sunday, 19th October 2025 at Swansea National Pool** |
| **Programme of Events – All Events HDW** |
| **Session 4** |
| **Event No** | **Event** | **Gender** | **Level** | **Ages** |
| 401 | 200m Individual Medley | Female | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 402 | 200m Individual Medley MC | Female | 2 | Top Three |
| 403 | 50 Butterfly | Male | 3 | 8yrs, 9 yrs, 10yrs, 11yrs, 12yrs, & 13 yrs |
| 404 | 50m Breaststroke | Female | 3 | 8yrs, 9 yrs, 10yrs, 11yrs, 12yrs, & 13 yrs |
| 405 | 100m Freestyle | Male | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 406 | 100m Freestyle MC | Male | 2 | Top Three |
| 407 | 100m Butterfly | Female | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 408 | 100m Butterfly MC | Female | 2 | Top Three |
| 409 | 200m Backstroke | Male | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 410 | 200m Breaststroke | Female | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 411 | 50m Butterfly | Male | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 412 | 50m Butterfly MC | Male | 2 | Top Three |
| 413 | 50m Freestyle | Female | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 414 | 50m Freestyle MC | Female | 2 | Top Three |
| 415 | 800m Freestyle | Male | 2 | 13/14, 15/16 and 17/over |
| **Session 5** |
| **Event No** | **Event** | **Gender** | **Level** | **Ages** |
| 501 | 50m Backstroke | Female | 3 | 8yrs, 9 yrs, 10yrs, 11yrs, 12yrs, & 13 yrs |
| 502 | 50m Freestyle | Male | 3 | 8yrs, 9 yrs, 10yrs, 11yrs, 12yrs, & 13 yrs |
| 503 | 100m Backstroke | Female | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 504 | 100m Backstroke MC | Female | 2 | Top Three |
| 505 | 100m Breaststroke | Male | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 506 | 100m Breaststroke MC | Male | 2 | Top Three |
| 507 | 200m Freestyle | Female | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 508 | 200m Freestyle MC | Female | 2 | Top Three |
| 509 | 200m Butterfly | Male | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 510 | 50m Backstroke | Female | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 511 | 50m Backstroke MC | Female | 2 | Top Three |
| 512 | 50m Breaststroke | Male | 2 | 9/10, 11/12, 13/14, 15/16 and 17/over  |
| 513 | 50m Breaststroke MC | Male | 2 | Top Three |
| 514 | 200m Individual Medley | Female | 3 | 8yrs, 9 yrs, 10yrs, 11yrs, 12yrs, & 13 yrs |

**Neath Open Meet Information**

**VENUE** Wales National Pool, Sketty Lane, Swansea

**POOL** 8 Lanes – 25m pool – electronic timing – with anti-turbulence lane ropes

A swim down facility will be available during the meet.

Car parking facilities are available as a pay and display. Neath ASC are not responsible for setting the price of parking; nor do we receive any money from the use of the car park.

**AGE AS DATE** Sunday 19th October 2025 (age as of last day of Meet)

All entrants must be members of an Affiliated Club and must be amateurs as defined by British Swimming and Swim Wales law

 **LEVEL 2**

**EVENTS** The **level 2** events will be

**100m all strokes** (Freestyle, backstroke, breaststroke & butterfly)

**200m all strokes** (Freestyle, backstroke, breaststroke, butterfly & IM)

**400m Freestyle & IM**

**800m Freestyle**

Check the qualification times for these events.

**Age groups** Boys 9/10, 11/12, 13/14, 15/16 and 17/over

Girls 9/10, 11/12, 13/14, 15/16 and 17/over

**Awards** First three swimmers in each age group per event

**EVENTS 50m all strokes** (Freestyle, backstroke, breaststroke & butterfly)

**Age group** Open category

**AWARDS** First three swimmers in each event. Special award for the 50 breaststroke (Mike Spittle trophy)

**LEVEL 2 – Multi-Classified**

**EVENTS** The **level 2** events will be

**50m all strokes** (Freestyle, backstroke, breaststroke & butterfly)

**100m all strokes** (Freestyle, backstroke, breaststroke & butterfly)

**200m** Freestyle and Individual medley

**400m Freestyle**

Important: you will only be shown in the multi classified events for your category of swimming. For example if you are a S14 you will only be shown as a multi classified swimmer for S14. Table is attached.

**Classifications There is a separate file showing the qualification and classification for each event.**

**AWARDS** The awards will be given to the First three swimmers in each event.

 **LEVEL 3 - Pentathlon**

**EVENTS** The **level 3** is being run as a **Pentathlon** competition. The events will be

50m all strokes (Freestyle, backstroke, breaststroke & butterfly) plus a 200 meter Individual Medley.

There will be an upper cut off time for the level 3. NT times will be accepted.

In order to qualify for overall placing in the Pentathlon, swimmers need to enter the four stroke events and the Individual Medley. Swimmers who enter less than the 5 events will only be swimming for a ‘time’ and medal in the individual strokes.

**Age groups** Boys and Girls age 8, 9, 10, 11, 12 & 13

**AWARDS** First three swimmers in **each age group per event**

When all swims have been completed, each swimmer’s time for the **5 events** will be added up times and ranked from fastest to slowest. Further, to win top boy or girls in each age category you will have to swim 5 legal swims.

**ENTRIES Electronic Entries and Payment sent to:**

 Neill Golding,

 101 Main Road

 Bryncoch

 Neath

 SA10 7TL

 **E Mail: neillwelshss@aol.com**

Electronic Entries should be emailed to the above address and include an entry report, completed Summary Sheet and any poolside passes applications. All electronic entries will be acknowledged with receipt confirmation. Please enter in subject title: “**Neath Open Meet**”

For emailed electronic entries, the sent date and time on the email will be classed as the date submitted; likewise, for postage entry the posted date will be classed as the entry date.

Swimmers entering the **multi classification** events can send their entries via Team Manager, but it will be important to notify Neath ASC of the classification of the swimmer.

**NO LATE ENTRIES WILL BE ACCEPTED**

**Entries will be confirmed as accepted once payment has been received**.

The Meet Director reserves the right to limit entries. In the event that entries are rejected the entry fee will be refunded by bank transfer. If the meet is full the entries will be limited on first come basis.

**ENTRY PRICING** £7.75 Per Event for Level 2

£6.25 Per Event for level 3

**CLOSING DATE Saturday 27th September 2025** (No late entries will be accepted). Entry is accepted on a first come basis.

**REFUNDS** Refunds for entry fees will only be made on receipt of a valid Doctors Certificate up to the 18th October 2025. **Notification needs to be received before the meet commences**.

**POOLSIDE PASSES** £15 pool pass – includes start sheets, refreshments (tea/coffee) and lunch.

Each club may apply for an initial 3 passes with photos. Passes will only be issued with a current/valid DRB number.

Additional passes may be purchased based upon the number of swimmers present at the meet. Passes must be worn at all times whilst on poolside and will be required to gain access.

Swim Wales passes may be used for identification. However, a poolside pass must still be purchased.

Coaches’ passes/packs will be issued from the Meet Office before the start of the meet.

**THERE WILL BE NO ACCESS TO POOLSIDE FOR ANYONE WITHOUT A POOL PASS**

**SEEDING** Events will be pre-seeded based on submitted entry and achieved preliminary times on a slowest to fastest basis.

**WITHDRAWLS** The Swimmer, and/or Coach will not need to complete a withdrawal form, as the meet will be pre-seeded and the lane will remain empty.

**MARSHALLING** Marshalling will be in place at various points of the pool deck. It is the **SWIMMERS** responsibility to report to marshalling for the event. Failure to do so may result in the place being lost and filled by an alternate or a re-organisation of the events. As a general rule it is good practice for a swimmer to report to marshalling at least 5 heats before their race or as announced during the meet.

**DRUG TESTING** Testing may take place at this event and the willingness, if selected; to be tested under the current Swim Wales/ASA procedures is implicit by the submission of an entry form

**MEET RESULTS** The meet results will be posted on the West Wales Regional website within 48 hours of the meet closing. Results will also be passed to Swim Wales and ASA for their reference and inclusion in rankings.

For club's using Hy‐Tek or other software systems, a complete electronic copy of the meet results can be obtained following the meet. Any clubs wishing this service should provide their e‐mail details to the meet office during or prior to the meet.

**SPECTATORS** £4 per session or £7.50 for the day – Pre-booking will be sent out at least two weeks before the commencement of the meet. Tickets will also be available on the day.

 Electronic Programs will be forwarded out before the meet for those who have pre-ordered their tickets. There will be no programs on the door but the meet will be on Meet Mobile.

**MEET OFFICE** A Meet Office will be open for the duration of the meet and in case of emergency can be contacted on 01792 513614.

The promoter reserves the right to make any alterations to these conditions if necessary and all participants will be notified. Any matter not covered by these conditions or by ASA laws or technical rules will be at the promoter’s discretion.

**HEALTH & SAFETY**

**Film and Photography Policy**

Neath ASC are aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or identity of an individual which may present a risk of harm to the individual concerned. The use of such equipment is difficult to control but we can all be vigilant. Neath ASC may use photographs taken at this event as promotional material and used across public forums including their website and social media accounts, and possibly the local press and television.

Neath ASC are considering using a Photographer for the event.

If you have any concerns or safeguarding queries, please bring them to the immediate attention of the event management team situated at the front of house desk on the day of the event. Should you wish to refuse photographic permission please contact the event management team on site. Post event, if at any time a individual wishes an image of themselves to be removed from the public platform, 7 days’ notice must be given to Neath ASC after which the data will be removed.

**General Information**

**Officials and Volunteers:**

Neath ASC invites and welcomes officials and volunteers to support this meet. A link will be sent out asking for Officials to sign up on Swim Meet. This will be circulated closer to the event.

**Car Park:**

The car park has 250 spaces, with additional spaces in an overflow located at the bottom of the slope. However please be aware, despite our best efforts – the car park is busy and fills quickly. To avoid disappointment, please arrive early. **A new ANPR camera system will be in place for the duration of the competition, therefore, please ensure you have paid and displayed at the ticket machines to avoid a parking penalty fine.**

Where possible please arrange to car share or drop offs to help ease congestion. Alternatively there are 3 nearby pay and display car parks we recommend:

- Foreshore Car Park: 4 Mumbles Rd, Sketty, Swansea SA3 5AU – 0.6 miles 12 minute walk

- Recreation Ground Car Park: Mumbles Rd, Brynmill, Swansea SA2 0AU – 0.9 mile 19 minute walk

- Blackpill Area Car Park: 266 Derwen Fawr Rd, Sketty, Swansea SA3 5AT – 0.8 mile 15 minute walk

The car park will be managed by security staff, please treat them with respect. Disrespectful or inappropriate behaviour towards staff will not be tolerated and you may be asked to leave the competition.

**Café:**

The Blas Café will be open each day (times will be published onsite) with a selection of hot and cold food. There is seating available in the reception area. The café only takes card payments.

**Seating:**

The pool has 1200 seats for spectators, coaches and swimmers. A limited number of seats have been reserved at the top of each section for access users (disabled, wheelchairs etc.) please refrain from using these seats unless required, you may be asked to move.

We ask swimmers to remain on the bottom 7 rows of chairs to avoid making the stairs and upper balcony wet and slippery. We ask parents remain on the higher seating (8 rows and above) or as shown in the seating plan.

**Changing village:**

The changing village is for swimmers only, parents are not permitted in the changing area and will be asked to leave. Swimmers are politely asked not to change poolside and use the facilities available. Cameras and phones are strictly prohibited in the changing area.

**Health and Safety:**

We hope you enjoy the competition, here are some tips to ensure you have a fun and safe experience.

- Event days are long and can be tiring, please drink plenty of water, eat sensibly and rest when possible to ensure you are fit and ready for the sessions.

- If you feel unwell at any stage please seek medical support from the WNPS lifeguards

- When using the pool stairs please ensure you hold the rail, the steps can become wet and slippery during the competition.

- If you see something that could cause an accident, please alert the WNPS staff/lifeguards or an event team member immediately so that it can be dealt with.

- The lift is for individuals who have difficulties using stairs; please ensure the lift is used appropriately and safely. Children are not permitted to use the lift unaccompanied.

**Behaviour and Attitude:**

Swim Wales has a zero tolerance policy on negative behaviour at meets. Disrespectful and poor attitude resulting in unacceptable behaviour will not be tolerated. All those on site including swimmers, parents, coaches and clubs are expected to behaviour in an appropriate manner, respectful of officials, volunteers, staff and others. Neath ASC holds the right to ask those behaving inappropriately to leave the event and/or meet if deemed necessary. Refund will not be issued for dismissal from an event. The right to remove swimmers and/or clubs from the meet is held by the meet manager and senior team of officials. We ask that you remind your swimmers of the above policy and remain vigilant throughout the meet. Please report any inappropriate behaviour to a member of staff on site.

**Jewellery:**

For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands). Neath ASC will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.

**Equality:**

Neath ASC promotes inclusion and diversity, and welcomes participation from everyone. If you have any particular requirements in respect of participating, officiating or volunteering then please mention this, in confidence if required, to our Events and Volunteers Manager.

**Competitive Start Award** - Swimmers must have attained the standard of the Competitive Start Award in order to start from the blocks; (this is the responsibility of the club coach).

(Coaches, Team Managers & Poolside Helpers)

Please note that all applications for poolside passes from Coaches, Team Managers, Poolside Helpers, etc. must be accompanied by the persons:

i. WASA Number ii. CRB Number iii. Photograph

The only exception to the above requirements will be if **ALL 3 ITEMS** are already lodged with the WASA office. If these are already with WASA, the name of the applicant will be sufficient and the remaining items will be obtained from WASA.

**Please complete the following:**

**1) Full Name:**

**2) WASA No., CRB No., & Photograph already with WASA?**

YES: NO:

If the answer to Question 2 is **NO** then please complete the following: WASA Number:

CRB Number:

Photograph Enclosed? YES:

NO:

This payment summary sheet must be completed and sent with all entries and/or payment of entries.

**Contact Name & Tel. No:**

**Club:**

Number of Coach Passes X £15.00 = £

Total Entries – Level 2 X £7.75 = £

Total Entries – Level 3 X £6.25 = £

 Total Amount Enclosed: £

Payment can be made via a single cheque to cover all the club entries. This should be made payable to ‘**Neath Amateur Swimming Club’**.

Bank Transfer will also be accepted to:

Name of Bank: Nat West Banks

A/C Name: Neath Amateur Swimming Club

Sort Code: 54-30-16

A/C No. 39878929

Name of Club as Reference: \_\_\_Name of Club\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Confirmation date of when bank transfer made: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

All entries and payments should be received **no later** than Saturday 27th September 2025. Entries will be accepted on a first come basis.

**All electronic and paper copies of entry forms need to be submitted** **to:** ‐

Neill Golding email address: neillwelshss@aol.com

101 Main Road Bryncoch

Neath

SA10 7TL

Mob: 07930697624