

Pembrokeshire County Championships 2025 - 27/09/2025 to 28/09/2025

Sanction #: 3WL25xxxx

Results - Session 6 (Warmup 2.05 - 3.05)

Event 601 Female 50 SC Meter Breaststroke (Skins)

Name	AgeTeam	Finals Time
1 Griffiths, Cerys	15 Haverfordwes	39.54
2 Gilderdale, Celyn	17 Haverfordwes	39.56
3 Hall, Isabelle	14 Fishguard	39.73
4 Clissold, Elizabeth	19 Tenby	39.87
5 Clissold, Bronwyn	17 Tenby	40.56
6 Webb, Saskia	18 Haverfordwes	40.87
7 Nichols, Grace	15 Haverfordwes	40.90
8 McFarlane, Una	13 Milford Havn	41.04

Event 602 Boys 50 SC Meter Freestyle (Skins)

Name	AgeTeam	Finals Time
1 Silverstone, Solomon	15 Haverfordwes	27.41
2 West, Dexter	16 Fishguard	27.73
3 Morgan, Ben	15 Haverfordwes	27.76
4 Davies, Gethin	16 Milford Havn	28.28
5 Evans, Sam	13 PembrokeDist	28.55
6 Harwood, Jack	13 Haverfordwes	28.59
7 Thomas, Rhys	14 Haverfordwes	28.60
8 Noden, Rory	13 Haverfordwes	29.10

Event 603 Female 10 & Under 100 SC Meter IM

Name	AgeTeam	Finals Time
1 Hope, Madi	9 Tenby	1:39.25
2 Prosser, Mia S	9 Tenby	1:40.73
3 Husband, Alysia	10 Haverfordwes	1:41.05
4 Lamb, Myla	10 Fishguard	1:42.79
5 Davies, Phoebe	10 Tenby	1:46.67
6 Galdes Cutting, Beatrice	10 Haverfordwes	1:47.75
7 Harvey, Olivia	10 PembrokeDist	1:52.31
8 Dyde, Bethan	9 PembrokeDist	1:55.06
9 Monan, Frances	9 Tenby	1:56.22
10 Dalton, Daisy	10 Haverfordwes	2:02.30
11 Thomas, Lily	8 Haverfordwes	2:03.24
12 Ellis, Elsie	9 Haverfordwes	2:03.44
13 Symmonds, Taya	10 Haverfordwes	2:03.45
14 Beecham, Emelia-May	10 Fishguard	2:03.99
15 Green, Hazel	9 Haverfordwes	2:05.60
16 Dashfield, Lottie	10 Tenby	2:07.69
17 Boyle, Olivia	8 PembrokeDist	2:12.58
18 Backen, Matilda	9 Fishguard	2:14.83
19 Bool, Lani	9 Haverfordwes	2:16.74
20 Tree, Lois	10 Haverfordwes	2:26.87
21 Adams, Elizabeth	10 Haverfordwes	2:29.65
--- Major, Selma	10 Haverfordwes	DQ
--- Lory, Penny	10 Haverfordwes	DQ
--- Morgan, Zariah	6 Haverfordwes	DQ
--- Richards, Lillian	10 Haverfordwes	DQ
--- Whitecross, Phoebe	10 Haverfordwes	DQ
--- Shaw, Penny	9 Tenby	NS
--- Nicholas, Belle	9 Milford Havn	NS
--- Moseley, Mair	9 PembrokeDist	NS

Event 603 Female 11-12 100 SC Meter IM

Name	AgeTeam	Finals Time
1 Davies, Elizabeth	12 Tenby	1:18.32
2 Hawkins, Lottie	12 Haverfordwes	1:23.46
3 Williams, Evie	12 Milford Havn	1:26.19
4 Francis, Mia	12 Haverfordwes	1:27.96
5 Mason, Ezmee	12 Haverfordwes	1:30.06

6 Dashfield, Olivia	12 Tenby	1:32.78
7 Morgan, Iolah	11 Haverfordwes	1:34.28
8 Arnold, Olivia	11 Milford Havn	1:36.00
9 Phillips, Isabelle	12 Haverfordwes	1:37.25
10 Rogers, Mia	11 PembrokeDist	1:42.88
11 Hope, Brooke	11 Tenby	1:44.00
12 McFarlane, Mali	11 Milford Havn	1:46.74
13 Bowen, Cerys	11 Fishguard	1:48.04
14 Nuttall, Isabelle	11 Milford Havn	1:49.40
15 Llewellyn, Anwen	11 Haverfordwes	1:53.85
16 Green, Freya	11 Haverfordwes	1:58.02
17 Santos, Olivia	11 Milford Havn	2:10.17
--- Griffiths, Isla	12 Tenby	DQ
--- Major, Esmee	11 Haverfordwes	DQ
--- Owens, Ruby	11 Haverfordwes	DQ
--- James, Isla	11 Haverfordwes	DQ
--- Walters, Ellie-Mae	12 Haverfordwes	DQ
--- McManamon, Lilli	11 Milford Havn	NS

Event 603 Female 13-14 100 SC Meter IM

Name	AgeTeam	Finals Time
1 Dash, Amelie	13 Milford Havn	1:15.08
2 Morgan, Lily	14 Tenby	1:16.65
*3 McFarlane, Una	13 Milford Havn	1:17.54
*3 Hall, Isabelle	14 Fishguard	1:17.54
5 Kaill-Franks, Nia	13 Fishguard	1:20.65
6 Griffiths, Ffion	14 Tenby	1:20.74
7 Kenny, Jemima	14 Milford Havn	1:24.05
8 Griffiths, Elizabeth	13 Fishguard	1:25.07
9 Foldi, Kristina	13 Haverfordwes	1:27.31
10 Davies, Betsi	13 Fishguard	1:29.51
11 David, Emily	14 Haverfordwes	1:29.73
12 Couzens, Sibylla	14 Fishguard	1:30.43
13 Titley, Lola	13 Milford Havn	1:31.52
14 Dennison, Evie	13 Milford Havn	1:33.25
15 Lewis, Megan	14 Milford Havn	1:46.13
16 John, Rebekah	14 PembrokeDist	1:46.87
17 Griffiths, Evelyn	14 Milford Havn	2:00.78
--- Morris, Ffion	13 Tenby	DQ
--- Thomas, Leah	13 Haverfordwes	DQ
--- Leane, Megan	13 Haverfordwes	NS

Event 603 Female 15 & Over 100 SC Meter IM

Name	AgeTeam	Finals Time
1 Nichols, Grace	15 Haverfordwes	1:12.84
2 Gilderdale, Celyn	17 Haverfordwes	1:14.31
3 Webb, Saskia	18 Haverfordwes	1:15.24
4 Stark, Tala	15 Fishguard	1:16.00
5 Clissold, Elizabeth	19 Tenby	1:16.50
6 Ostrowski, Julia	16 PembrokeDist	1:16.60
7 Thompson, Freya	15 Haverfordwes	1:16.78
8 Mason, Phoebe	15 Haverfordwes	1:21.92
9 Koo, Kathryn	16 Tenby	1:22.14
10 Williams, Ffion	15 Milford Havn	1:37.59
--- Miles, Megan	17 Fishguard	NS

Event 603 Boys 10 & Under 100 SC Meter IM

Name	AgeTeam	Finals Time
1 Wickland, Jonah	10 PembrokeDist	1:38.65
2 Gray, Ioan	10 Fishguard	1:51.11
3 Moore, Freddy	9 Fishguard	1:52.87
4 Prevel, Vinnie	10 PembrokeDist	1:53.22

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Event 603 Boys 10 & Under 100 SC Meter IM

Name	Age	Team	Finals Time
5 Williams, Tom	10	Haverfordwes	1:54.49
6 Kummer, Seb	10	Milford Havn	2:03.36
7 Thomas, Henry	10	Haverfordwes	2:09.84
8 Evans, Iorwerth R	8	Fishguard	2:11.08
9 Lomas, Alfred	10	Haverfordwes	2:11.59
--- Leane, George	9	Haverfordwes	DQ
--- Hearne, Logan	10	PembrokeDist	DQ
--- Tully, Leo	9	Haverfordwes	DQ

Event 603 Boys 11-12 100 SC Meter IM

Name	Age	Team	Finals Time
1 Bool, Iolo	11	Haverfordwes	1:22.49
2 Dadswell, Harry	11	Haverfordwes	1:24.31
3 Monan, Euan	12	Tenby	1:25.74
4 Evans, Wolfgang	11	PembrokeDist	1:27.45
5 Munt, Oliver	12	Haverfordwes	1:29.53
6 Leahy, Herbie	11	Haverfordwes	1:30.79
7 Lloyd- Roberts, Harry	12	Milford Havn	1:35.06
8 Whatmore, Finley	11	Milford Havn	1:36.29
9 Phillips, Ieuan	12	Fishguard	1:38.53
10 Couzens, Sebastian	11	Fishguard	1:41.95
11 Lawrence, Rhodri	11	Fishguard	1:42.00
12 Mills, Flynn	11	Milford Havn	1:44.44
13 Fretwell, Logan	11	Milford Havn	1:47.37
14 Scourfield, Max	11	Milford Havn	2:01.13
15 Caprilli, Valentino	11	Fishguard	2:01.62
16 Hayward, Adam	11	Milford Havn	2:04.30
--- Conings, Charlie	11	Haverfordwes	DQ
--- Weston, Zac	11	PembrokeDist	DQ
--- Goodhall, James	11	Milford Havn	DQ
--- Griffiths, Phillip	11	Milford Havn	DQ
--- Blackband, Lincoln	11	Milford Havn	NS

Event 603 Boys 13-14 100 SC Meter IM

Name	Age	Team	Finals Time
1 Noden, Rory	13	Haverfordwes	1:14.73
2 Smith, Jacob	13	Haverfordwes	1:16.27
3 Thomas, Tristan	14	Milford Havn	1:18.62
4 Crotty, Beau	13	PembrokeDist	1:21.73
5 Weston, Ben	14	PembrokeDist	1:21.80
6 Phillips, Gethin	14	Haverfordwes	1:25.91
7 George, Kieran	14	Milford Havn	1:27.56
8 Lomas, Alexander	13	Fishguard	1:44.05
9 Morgans-Hurley, Jason	13	Milford Havn	2:21.90

Event 603 Men 15 & Over 100 SC Meter IM

Name	Age	Team	Finals Time
1 West, Dexter	16	Fishguard	1:02.89
2 Mason, Alex	32	Haverfordwes	1:11.17
3 Morgan, Ben	15	Haverfordwes	1:11.27
4 Hall, Ethan	15	Fishguard	1:12.42
5 Harris, Osian	16	Fishguard	1:12.48
6 Caprilli, Claudio	40	Fishguard	1:16.21
7 Smith, Caelan	15	Haverfordwes	1:17.74
8 Lewis, Callum	16	Milford Havn	1:20.10
9 Santos, Liam	15	Milford Havn	1:20.30
10 Twynam, Philip	15	PembrokeDist	1:31.48
--- Montague, Mason	17	Haverfordwes	NS
--- Bennett, Finley	16	Haverfordwes	NS

Event 604 Female 10 & Under 50 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Husband, Alysia	10	Haverfordwes	38.23
2 Hope, Madi	9	Tenby	38.86
3 Monan, Hazel	10	Tenby	39.75
4 Davies, Phoebe	10	Tenby	41.88
5 Galdes Cutting, Beatrice	10	Haverfordwes	42.04
6 Dedman, Ivy	9	Tenby	43.35
7 Dyde, Bethan	9	PembrokeDist	47.11
8 Monan, Frances	9	Tenby	47.33
9 Symmonds, Taya	10	Haverfordwes	47.44
10 Lory, Penny	10	Haverfordwes	47.81
11 Ellis, Elsie	9	Haverfordwes	48.44
12 Dalton, Daisy	10	Haverfordwes	49.00
13 Easterlow, Sophiia	8	Tenby	49.77
14 Thomas, Lily	8	Haverfordwes	49.85
15 Dashfield, Lottie	10	Tenby	50.79
16 Green, Hazel	9	Haverfordwes	51.88
17 Backen, Matilda	9	Fishguard	51.95
18 Major, Selma	10	Haverfordwes	52.83
19 Boyle, Olivia	8	PembrokeDist	54.62
20 Bool, Lani	9	Haverfordwes	56.63
21 Tree, Lois	10	Haverfordwes	59.18
22 Roscoe, Evelyn	10	Haverfordwes	59.77
23 Whitecross, Phoebe	10	Haverfordwes	1:00.10
24 Adams, Elizabeth	10	Haverfordwes	1:03.00
25 Waters-Booth, Rose	9	Milford Havn	1:06.33
26 Nicholas, Belle	9	Milford Havn	1:08.46
27 Richards, Lillian	10	Haverfordwes	1:10.07
--- Prosser, Mia S	9	Tenby	DQ
--- Shaw, Penny	9	Tenby	NS

Event 604 Female 11-12 50 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Davies, Elizabeth	12	Tenby	30.01
2 Lewis, Evie	11	Haverfordwes	31.04
3 Hawkins, Lottie	12	Haverfordwes	33.42
4 Mason, Ezmee	12	Haverfordwes	33.48
5 Griffiths, Isla	12	Tenby	33.91
6 Francis, Mia	12	Haverfordwes	34.21
7 Jarrold, Tilly	11	PembrokeDist	34.23
8 Williams, Evie	12	Milford Havn	34.28
9 Dashfield, Olivia	12	Tenby	36.04
10 Arnold, Olivia	11	Milford Havn	36.41
11 Phillips, Isabelle	12	Haverfordwes	37.81
12 Hope, Brooke	11	Tenby	38.19
13 Rogers, Mia	11	PembrokeDist	40.39
14 Nuttall, Isabelle	11	Milford Havn	40.75
15 McFarlane, Mali	11	Milford Havn	41.82
16 Major, Esmee	11	Haverfordwes	42.29
17 Nicholas, Annie	11	Milford Havn	44.94
18 Dulson, Ffion	11	Haverfordwes	45.49
19 Llewellyn, Anwen	11	Haverfordwes	46.60
20 Green, Freya	11	Haverfordwes	47.03
21 Owens, Ruby	11	Haverfordwes	47.14
22 Collins-Williams, Jasmine	12	Fishguard	47.20
23 Allan, Eva	11	PembrokeDist	48.03
24 James, Isla	11	Haverfordwes	48.91
25 Walters, Ellie-Mae	12	Haverfordwes	49.05
26 Santos, Olivia	11	Milford Havn	59.88

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(Event 604 Female 11-12 50 SC Meter Freestyle)

Name	AgeTeam	Finals Time
--- Wolverson, Mela	12 Tenby	NS
--- McManamon, Lilli	11 Milford Havn	NS
--- Atkin, Sasha	12 Haverfordwes	NS
--- Henson, Jess	11 Tenby	NS
--- Gibbons, Elsa-Rose	11 Milford Havn	NS

Event 604 Female 13-14 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Griffiths, Ffion	14 Tenby	30.02
2 Dash, Amelie	13 Milford Havn	30.33
3 Morgan, Lily	14 Tenby	30.94
4 Griffiths, Elizabeth	13 Fishguard	31.06
5 Hall, Ellena	14 Fishguard	31.47
6 Hall, Isabelle	14 Fishguard	32.63
7 Foldi, Kristina	13 Haverfordwes	32.79
8 Kaill-Franks, Nia	13 Fishguard	32.95
9 Kenny, Jemima	14 Milford Havn	33.05
10 Dyde, Pheobe	13 PembrokeDist	33.07
11 Morris, Ffion	13 Tenby	33.35
12 David, Emily	14 Haverfordwes	34.08
13 Titley, Lola	13 Milford Havn	34.68
14 Dennison, Evie	13 Milford Havn	35.78
15 Davies, Betsi	13 Fishguard	36.01
16 Couzens, Sibylla	14 Fishguard	36.30
17 Lewis, Megan	14 Milford Havn	37.80
18 John, Rebekah	14 PembrokeDist	38.33
19 Coleman, Lacey	14 Haverfordwes	41.98
20 Griffiths, Evelyn	14 Milford Havn	47.85
21 Mills, Megan	13 Milford Havn	48.23
22 Atcherley, Rosie	13 Haverfordwes	48.51
--- Lewis, Roisin	13 Haverfordwes	DQ
--- Wickramaarachchi, Kenuli	13 Haverfordwes	NS

Event 604 Female 15 & Over 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Griffiths, Cerys	15 Haverfordwes	28.15
2 Nichols, Grace	15 Haverfordwes	28.55
3 Clissold, Bronwyn	17 Tenby	28.65
4 Gilderdale, Celyn	17 Haverfordwes	28.89
5 Clissold, Elizabeth	19 Tenby	29.66
6 Ostrowski, Julia	16 PembrokeDist	29.89
7 Clapham, Rhiannon m	20 Fishguard	30.08
8 Thompson, Freya	15 Haverfordwes	30.20
9 Arnold, Lily	17 Milford Havn	31.34
10 Bruce, Skye	16 PembrokeDist	31.37
11 Koo, Kathryn	16 Tenby	31.73
12 Mason, Phoebe	15 Haverfordwes	32.50
13 Harries, Elin	15 Fishguard	33.91
14 Thomas, Angharad	15 Fishguard	36.89
15 Williams, Ffion	15 Milford Havn	37.64
--- John, Annabel	15 PembrokeDist	NS
--- Miles, Megan	17 Fishguard	NS

Event 604 Boys 10 & Under 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Wickland, Jonah	10 PembrokeDist	37.94
2 Hearne, Logan	10 PembrokeDist	39.18
3 Gray, Ioan	10 Fishguard	41.50
4 Moore, Freddy	9 Fishguard	42.93
5 Thomas, Henry	10 Haverfordwes	44.28

6 Williams, Tom	10 Haverfordwes	44.83
7 Evans, Iorwerth R	8 Fishguard	47.66
8 Kummer, Seb	10 Milford Havn	47.94
9 Rebiga, Luca	9 Tenby	50.12
10 Lomas, Alfred	10 Haverfordwes	50.31
11 Morgan, Jim	8 Haverfordwes	50.47
12 Leane, George	9 Haverfordwes	50.63
13 Tully, Leo	9 Haverfordwes	50.67

Event 604 Boys 11-12 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Moore, Hari	12 Fishguard	31.54
2 Monan, Euan	12 Tenby	32.66
3 Bool, Iolo	11 Haverfordwes	33.20
4 Dadswell, Harry	11 Haverfordwes	33.72
5 Evans, Wolfgang	11 PembrokeDist	34.14
6 Leahy, Herbie	11 Haverfordwes	34.55
7 Munt, Oliver	12 Haverfordwes	34.79
8 Whatmore, Finley	11 Milford Havn	35.06
9 Phillips, Ieuan	12 Fishguard	36.57
10 Lloyd- Roberts, Harry	12 Milford Havn	36.88
11 Beale, Tyler	11 Tenby	38.30
12 Couzens, Sebastian	11 Fishguard	39.24
13 Fretwell, Logan	11 Milford Havn	39.39
14 Weston, Zac	11 PembrokeDist	40.22
15 Mills, Flynn	11 Milford Havn	40.53
16 Lawrence, Rhodri	11 Fishguard	42.72
17 Scourfield, Max	11 Milford Havn	47.35
18 Hayward, Adam	11 Milford Havn	47.50
19 Caprilli, Valentino	11 Fishguard	48.31
20 Goodhall, James	11 Milford Havn	54.18
21 Conings, Charlie	11 Haverfordwes	54.85
22 Griffiths, Phillip	11 Milford Havn	56.35
23 George, Sam	11 Milford Havn	1:10.04
--- Lamb, Joe	12 Fishguard	NS
--- Blackband, Lincoln	11 Milford Havn	NS

Event 604 Boys 13-14 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Thomas, Rhys	14 Haverfordwes	28.34
2 Evans, Sam	13 PembrokeDist	28.50
3 Smith, Jacob	13 Haverfordwes	29.05
4 Fogarty, Oliver	13 Fishguard	29.42
5 Thomas, Tristan	14 Milford Havn	29.60
6 Noden, Rory	13 Haverfordwes	30.02
7 Weston, Ben	14 PembrokeDist	32.15
8 Crotty, Beau	13 PembrokeDist	32.48
9 Phillips, Lucas	14 Haverfordwes	32.64
10 Backen, Frederick	13 Fishguard	33.42
11 Phillips, Gethin	14 Haverfordwes	33.59
12 George, Kieran	14 Milford Havn	34.69
13 David, Ioan	13 Haverfordwes	35.63
14 Bowen, Cai	13 Fishguard	36.41
15 Noble, Reuben	13 Haverfordwes	36.90
16 Rudder, Frankie	13 Haverfordwes	40.56
17 Morgans-Hurley, Jason	13 Milford Havn	45.70
--- Harwood, Jack	13 Haverfordwes	DQ
--- Lomas, Alexander	13 Fishguard	NS

Event 604 Men 15 & Over 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Silverstone, Solomon	15 Haverfordwes	25.69

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(Event 604 Men 15 & Over 50 SC Meter Freestyle)				15	Fishguard	D	3:09.91
Name	Age	Team	Finals Time		1) Evans, Iorwerth R M8	2) Backen, Matilda W9	
2	Piotrowski, Bartosz	15 Fishguard	27.71		3) Collins-Williams, Jasmine W12	4) Moore, Freddy M9	
3	May, Christopher	33 Haverfordwes	27.83	---	PembrokeDist	D	NS
4	Lewis, Callum	16 Milford Havn	27.98	Event 606 Mixed 200 SC Meter Freestyle Relay			
5	Morgan, Ben	15 Haverfordwes	28.33	Team	Relay	Finals Time	
6	Mason, Alex	32 Haverfordwes	28.53	1	Haverfordwes	A	1:51.35
7	Caprilli, Claudio	40 Fishguard	29.24		1) Silverstone, Solomon M15	2) Griffiths, Cerys W15	
8	Davies, Gethin	16 Milford Havn	29.92		3) Lewis, Matthew D M40	4) Nichols, Grace W15	
9	Hall, Ethan	15 Fishguard	29.98	2	Fishguard	A	1:54.79
10	Smith, Caelan	15 Haverfordwes	30.40		1) Clapham, Rhiannon m W20	2) Piotrowski, Bartosz M15	
11	Santos, Liam	15 Milford Havn	32.21		3) Hall, Isabelle W14	4) West, Dexter M16	
12	Twynam, Philip	15 PembrokeDist	33.01	3	Haverfordwes	B	1:54.90
13	Collins-Williams, Zac	16 Fishguard	33.23		1) Mason, Alex M32	2) Thompson, Freya W15	
14	Smith, Dave	47 Haverfordwes	36.52		3) Gilderdale, Celyn W17	4) May, Christopher M33	
---	Backen, Henry	17 Haverfordwes	NS	4	Fishguard	B	2:02.90
---	Bennett, Finley	16 Haverfordwes	NS		1) Harris, Osian M16	2) Harries, Elin W15	
Event 605 Mixed 13 & Under 200 SC Meter Freestyle Relay					3) Stark, Tala W15	4) Hall, Ethan M15	
Team	Relay	Finals Time		5	Milford Havn	A	2:05.21
1	Haverfordwes	A	2:01.53		1) Arnold, Lily W17	2) Santos, Liam M15	
	1) Noden, Rory M13	2) Foldi, Kristina W13			3) Kenny, Jemima W14	4) Davies, Gethin M16	
	3) Lewis, Evie W11	4) Harwood, Jack M13		6	Milford Havn	B	2:09.42
2	Fishguard	A	2:03.73		1) Dash, Amelie W13	2) Lewis, Megan W14	
	1) Fogarty, Oliver M13	2) Kaill-Franks, Nia W13			3) George, Kieran M14	4) Lewis, Callum M16	
	3) Moore, Hari M12	4) Griffiths, Elizabeth W13		7	Fishguard	C	2:21.76
3	PembrokeDist	A	2:07.21		1) Collins-Williams, Zac M16	2) Thomas, Angharad W15	
	1) Evans, Sam M13	2) Dyde, Pheobe W13			3) Couzens, Sibylla W14	4) Bowen, Cai M13	
	3) Prevel, Tilly W12	4) Crotty, Beau M13		---	Haverfordwes	C	DQ
4	Haverfordwes	B	2:11.69		1) Thomas, Rhys M14	2) Webb, Saskia W18	
	1) Bool, Iolo M11	2) Francis, Mia W12			3) Thomas, Rhian W17	4) Phillips, Lucas M14	
	3) Mason, Ezmee W12	4) Smith, Jacob M13		---	PembrokeDist	A	NS
5	Tenby	A	2:14.55				
	1) Monan, Euan M12	2) Beale, Tyler M11					
	3) Morris, Ffion W13	4) Davies, Elizabeth W12					
6	Haverfordwes	C	2:17.92				
	1) Leahy, Herbie M11	2) Thomas, Leah W13					
	3) Hawkins, Lottie W12	4) Dadswell, Harry M11					
7	Milford Havn	A	2:21.58				
	1) Williams, Evie W12	2) Whatmore, Finley M11					
	3) Fretwell, Logan M11	4) McFarlane, Una W13					
8	PembrokeDist	B	2:24.93				
	1) Evans, Wolfgang M11	2) Jarrold, Tilly W11					
	3) Prevel, Sebastian M13	4) Harvey, Olivia W10					
9	Haverfordwes	D	2:29.90				
	1) David, Ioan M13	2) Husband, Alysia W10					
	3) Lewis, Roisin W13	4) Munt, Oliver M12					
10	Milford Havn	B	2:30.37				
	1) Dennison, Evie W13	2) Lloyd- Roberts, Harry M12					
	3) Mills, Flynn M11	4) Arnold, Olivia W11					
11	Fishguard	B	2:37.14				
	1) Phillips, Ieuan M12	2) Davies, Betsi W13					
	3) Lamb, Myla W10	4) Couzens, Sebastian M11					
12	PembrokeDist	C	2:54.26				
	1) Weston, Zac M11	2) Rogers, Mia W11					
	3) Wickland, Jonah M10	4) Dyde, Bethan W9					
13	Milford Havn	C	3:02.03				
	1) Kummer, Seb M10	2) Scourfield, Max M11					
	3) Nuttall, Isabelle W11	4) McFarlane, Mali W11					
14	Fishguard	C	3:02.65				
	1) Caprilli, Valentino M11	2) Beecham, Emelia-May W10					
	3) Bowen, Cerys W11	4) Lawrence, Rhodri M11					