

Neath A.S.C Open Meet

18th & 19th Oct 2025

Warm-up/Start Times

Confirmed warm up and start times are now available and are given below. Please ensure that **ALL** your swimmers are aware of these times.

Session Times for Saturday 19th October: Estimate Finish Time 18.29

Session One	Warm-up 8:00am	Start 8:30am	Est Finish: 10.00am
Session Two	Warm-up 10:15am	Start 11:30am	Est Finish: 2.30pm
Session Three	Warm-up 2.45pm	Start 4:00pm	Est Finish: 6.29pm

Session Times for Sunday 20th October : Estimate Finish Time 16.45

Session Four	Warm-up 8:00am	Start 9:15 am	Est Finish: 12.20am
Session Five	Warm-up 12.30pm	Start 1:45 pm	Est Finish: 4.45pm