

Event 211 Boys 11 & Over 50 SC Meter Breaststroke					
Lane	Name	Age	Team	Seed Time	
Heat 1 of 6 Finals					
1	Mills, Flynn	11	Milford Havn	54.20	___
2	Lummis, Arthur J	11	NexusValleys	53.20	___
3	Evans, Wolfgang	11	PembrokeDist	48.46	___
4	Barrett, William	13	Penyrheol	47.93	___
5	Couzens, Sebastian	12	Fishguard	48.25	___
6	Williams, Tom	11	Haverfordwes	53.14	___
7	Caprilli, Valentino	11	Fishguard	53.57	___
8	Fretwell, Logan	11	Milford Havn	54.82	___
Heat 2 of 6 Finals					
1	Lomas, Alexander	13	Fishguard	46.90	___
2	Moore, Hari	13	Fishguard	45.94	___
3	Leahy, Herbie	11	Haverfordwes	45.13	___
4	Munt, Oliver	12	Haverfordwes	44.56	___
5	Rees, Oscar	12	Llanelli	44.98	___
6	Bowes, James F	13	Carmarthen	45.40	___
7	Lloyd- Roberts, Harry	13	Milford Havn	46.22	___
8	Noble, Reuben	13	Haverfordwes	47.60	___
Heat 3 of 6 Finals					
1	Phillips, Lucas	14	Haverfordwes	43.40	___
2	Higgins, Finley J	14	Swansea Aq	42.60	___
3	Marques-Jones, Felix	13	Carmarthen	39.30	___
4	Williams, Lucas C	11	Swansea Aq	39.11	___
5	Bevan, Driw	13	Llanelli	39.12	___
6	Lewis, Henry	13	Neath	40.38	___
7	Monan, Euan	12	Tenby	43.18	___
8	Bool, Iolo	12	Haverfordwes	44.47	___
Heat 4 of 6 Finals					
1	Lloyd, Vincent-Owen	12	Llanelli	38.57	___
2	Batcup, Oliver J	13	Swansea Aq	38.50	___
3	Santos, Liam	16	Milford Havn	37.60	___
4	Davies, Gethin	16	Milford Havn	37.13	___
5	Crotty, Beau	14	PembrokeDist	37.39	___
6	Galbraith, Elian	16	Llanelli	38.32	___
7	Lewis, Callum	16	Milford Havn	38.55	___
8	Lewis, Cian	16	Neath	38.72	___
Heat 5 of 6 Finals					
1	King, Ethan	13	Penyrheol	36.80	___
2	Morgan, Cole	14	C Dolphins	36.62	___
3	Lerigo, Oli	15	Aberystwyth	35.99	___
4	Thomas, Rhys	15	Haverfordwes	35.11	___
5	Morgan, Thomas	13	Neath	35.92	___
6	Smith, Caelan	15	Haverfordwes	36.51	___
7	Fogarty, Oliver	13	Fishguard	36.78	___
8	Poole, Tomos	15	Afan Valley	37.11	___
Heat 6 of 6 Finals					
1	Lewis, Matthew D	40	Haverfordwes	32.62	___
2	Gubb, Harvey	19	Neath	31.79	___
3	Stuart Lavender, Jac	15	Llanelli/Nofio Sir Gar	31.33	___
4	Lovell-Pascal, Jean-Luc	20	Swansea Uni	29.00	___
5	Ukkash, Hayam	19	Swansea Uni	30.94	___
6	Phillips, Finley	15	Llanelli/Nofio Sir Gar	31.54	___
7	Upton-Boorman, Liam	18	Carmarthen/Nofio Sir Gar	32.24	___
8	Hall, Ethan	16	Fishguard	34.44	___

Event 212 Girls 11 & Over 50 SC Meter Freestyle					
Lane	Name	Age	Team	Seed Time	
Heat 1 of 17 Finals					
1	Llewellyn, Anwen	11	Haverfordwes	42.47	___
2	Davies, Phoebe	11	Tenby	41.88	___
3	Burton, Darcie M	11	Swansea Aq	41.70	___
4	Brook, Amelia	12	Aberystwyth	40.20	___
5	Antwhistle, Esme W	11	Swansea Aq	41.03	___
6	McFarlane, Mali	11	Milford Havn	41.82	___
7	Watkins, Eleanor R	11	Afan Valley	42.26	___
8					___
Heat 2 of 17 Finals					
1	Kinch, Alexis G	11	NexusValleys	39.98	___
2	Bates, Rosa	12	Aberystwyth	39.29	___
3	Knight, Anna	12	C Dolphins	39.17	___
4	Bullock, Georgia M	12	Carmarthen	39.09	___
5	Thomas, Lili-rose	12	Neath	39.11	___
6	Prevel, Tilly	12	PembrokeDist	39.24	___
7	Clement, Cialla L	12	Swansea Aq	39.77	___
8	Madge, Brianna	11	C Dolphins	40.03	___
Heat 3 of 17 Finals					
1	Shepherd, Amelia H	11	C Dolphins	39.00	___
2	Davies, Loti	12	C Dolphins	38.08	___
3	Richards, Chloe-Elin	13	C Dolphins	37.32	___
4	Lennon, Amelia-Rose	11	Carmarthen	37.00	___
5	Warrender, Isla	13	Aberystwyth	37.01	___
6	Heron, Edith	13	Aberystwyth	37.34	___
7	Hope, Brooke	11	Tenby	38.19	___
8	Macy, Ceri	13	Aberystwyth	39.05	___
Heat 4 of 17 Finals					
1	Oseng-Rees, Eira	12	Swansea Aq	36.41	___
2	Dashfield, Olivia	12	Tenby	36.04	___
3	Arnold, Olivia	12	Milford Havn	35.92	___
4	Dennison, Evie	13	Milford Havn	35.78	___
5	Roberts, Arwyn	12	Afan Valley	35.80	___
6	Harvey-Flinn, Ruby E	12	Swansea Aq	36.03	___
7	Jenkins, Olivia I	12	Swansea Aq	36.32	___
8	Morgan, Iolah	11	Haverfordwes	36.50	___
Heat 5 of 17 Finals					
1	Roberts Mylan, Sophie I	13	Swansea Aq	35.61	___
2	Davies, Cadi	14	C Dolphins	35.56	___
3	Hopkins, Darcy	12	Penyrheol	35.35	___
4	Prince, Edith S	11	Swansea Aq	35.00	___
5	Enoch, Erin L	11	Carmarthen	35.10	___
6	Longar, Miriam E	13	Carmarthen	35.55	___
7	Fenemore, Emily G	13	Carmarthen	35.60	___
8	Macy, Lili A	14	Aberystwyth	35.78	___
Heat 6 of 17 Finals					
1	Clement, Darcey	13	Afan Valley	34.94	___
2	Titley, Lola	13	Milford Havn	34.68	___
3	Richards, Amber	16	C Dolphins	34.30	___
4	Kurys, Bonnie P	12	Carmarthen	34.18	___
5	Davies, Betsi	13	Fishguard	34.20	___
6	Roberts Mylan, Ffion C	13	Swansea Aq	34.54	___
7	Iturbe, Carys	12	Afan Valley	34.70	___
8	Austin, Sophie Haf	12	C Dolphins	34.98	___

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Meet Program - Session 2 (Warmup 8.00 - 9.00)

Heat 7 Finals (#212 Girls 11 & Over 50 SC Meter Freestyle)

1	Macy, Peni	16	Aberystwyth	34.08	_____
2	Williams, Evie	12	Milford Havn	34.00	_____
3	Griffiths, Isla	12	Tenby	33.91	_____
4	Malough, Holly V	14	Swansea Aq	33.86	_____
5	Baylis, Ellie	13	Penyrheol	33.90	_____
6	Finney, Elsa	16	Aberystwyth	33.95	_____
7	Couzens, Sibylla	14	Fishguard	34.00	_____
8	Soul, Anna F	11	Swansea Aq	34.11	_____

Heat 8 of 17 Finals

1	Davies, Ava-Rose	12	Llanelli	33.56	_____
2	David, Emily	14	Haverfordwes	33.50	_____
3	Gale, Jasmine	15	Afan Valley	33.30	_____
4	Thomas, Eden	12	Neath	33.20	_____
5	Alexander, Seren	15	Aberystwyth	33.22	_____
6	Percival, Bella	13	C Dolphins	33.38	_____
7	Pitans, Caitlin R	13	Swansea Aq	33.50	_____
8	Andreassen, Freya	14	Amman Valley	33.80	_____

Heat 9 of 17 Finals

1	Dyde, Pheobe	13	PembrokeDist	33.07	_____
2	Hughes, Seren	14	Neath	32.79	_____
3	Jones, Alaw R	13	Carmarthen	32.70	_____
4	Gardner-Rolfe, Mia G	13	Swansea Aq	32.59	_____
5	Kaill-Franks, Nia	14	Fishguard	32.67	_____
6	Coles, Aria	12	Neath	32.78	_____
7	Williams, Lois G	13	Swansea Aq	32.89	_____
8	Duncan, Ava	13	Amman Valley	33.20	_____

Heat 10 of 17 Finals

1	Hughes, Megan	12	C Dolphins	32.28	_____
2	Parry, Abigail	12	Carmarthen	32.10	_____
3	Williams, Eirwen	13	Neath	32.07	_____
4	Price, Seren-Louise	13	Llanelli	31.91	_____
5	Powell, Nina L	13	Carmarthen	32.00	_____
6	Kurys, Emiliese J	11	Carmarthen	32.09	_____
7	Summerfield, Lucy	13	Llanelli	32.14	_____
8	Short, Amelia	14	Neath	32.32	_____

Heat 11 of 17 Finals

1	Beasley, Evaleigh D	12	Swansea Aq	31.70	_____
2	Jenkins, Elli J	14	Swansea Aq	31.33	_____
3	Davies, Eva	14	Afan Valley	31.30	_____
4	Mitrjaikina, Scarlet	13	Swansea Aq	31.20	_____
5	Holloway, Olivia	16	Afan Valley	31.30	_____
6	Williams, Grace	14	Neath	31.31	_____
7	Foldi, Kristina	13	Haverfordwes	31.50	_____
8	Pearce, Ava	14	Afan Valley	31.89	_____

Heat 12 of 17 Finals

1	Morgan, Lily	15	Tenby	30.94	_____
2	Davies, Erin	14	C Dolphins	30.73	_____
3	Davies, Isabella	14	Llanelli/Nofio Sir Gar	30.50	_____
4	Holmes, Seren	16	Afan Valley	30.48	_____
5	Morgan, Evelyn	14	Llanelli/Nofio Sir Gar	30.50	_____
6	Hall, Isabelle	14	Fishguard	30.55	_____
7	George, Eilir	15	Llanelli	30.92	_____
8	Harris, Chloe	13	C Dolphins	30.97	_____

Heat 13 of 17 Finals

1	Cressey-Rodgers, Gwenllian	15	Carmarthen/Nofio Sir Gar	30.28	_____
2	Lewis, Evie	12	Haverfordwes	30.10	_____
3	Daly, Kirsten	19	Neath	30.04	_____
4	Griffiths, Ffion	14	Tenby	30.02	_____
5	Griffiths, Elizabeth	14	Fishguard	30.03	_____
6	Szmigiero, Kaya	12	Aberystwyth	30.10	_____
7	Koo, Kathryn	16	Tenby	30.16	_____
8	Morris, Blair	12	Neath	30.29	_____

Heat 14 of 17 Finals

1	Davies, Elizabeth	12	Tenby	30.01	_____
2	Goodman, Lola	14	Swansea Aq	29.96	_____
3	Miles, Megan	17	Fishguard	29.95	_____
4	Patterson, Hollie M	14	Carmarthen	29.86	_____
5	Ostrowski, Julia	16	PembrokeDist	29.89	_____
6	Goodman, Evie	14	Swansea Aq	29.95	_____
7	Thompson, Freya	15	Haverfordwes	30.01	_____
8	Upton-Boorman, Isabella	15	Carmarthen/Nofio Sir Gar	30.02	_____

Heat 15 of 17 Finals

1	Williams, Marys E	16	Swansea Aq	29.40	_____
2	Taffetsauffer, Isabella	14	Llanelli/Nofio Sir Gar	29.27	_____
3	Smyth, Elise	23	Swansea Uni	29.18	_____
4	Bissicks, Cari	14	Neath	29.08	_____
5	Kazmiruk, Anastasiia	14	Amman Valley/Nofio Sir Gar	29.09	_____
6	Owen, Kessie	17	Neath	29.23	_____
7	Filmer, Gwennan	13	Aberystwyth	29.30	_____
8	Sedgemore, Lola	13	Neath	29.70	_____

Heat 16 of 17 Finals

1	Davies, Isla	12	Amman Valley/Nofio Sir Gar	28.78	_____
2	Williams, Hollie	18	Llanelli/Nofio Sir Gar	28.65	_____
3	Clissold, Elizabeth	19	Tenby	28.58	_____
4	Layland, Seren	14	Penyrheol	28.50	_____
5	Davies, Rachel	20	Swansea Uni	28.50	_____
6	Clissold, Bronwyn	17	Tenby	28.60	_____
7	Burns, Freya	14	Amman Valley/Nofio Sir Gar	28.71	_____
8	Gilderdale, Celyn	17	Haverfordwes	28.89	_____

Heat 17 of 17 Finals

1	Lewis, Lowri	19	Neath	28.17	_____
2	Carter, Ava	17	Penyrheol	28.00	_____
3	Stokes, Aimee	21	Swansea Uni	27.20	_____
4	Lush, Emily	23	Swansea Uni	26.60	_____
5	Nichols, Grace	15	Haverfordwes	26.80	_____
6	Geach, Libbie	16	Amman Valley/Nofio Sir Gar	27.88	_____
7	King, Marley	17	Penyrheol	28.10	_____
8	Berner, Lyla	12	Carmarthen/Nofio Sir Gar	28.19	_____

Event 213 Boys 11 & Over 400 SC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
1				_____
2				_____
3	Dadswell, Harry	12	Haverfordwes	6:20.26
4	Lerigo, Oli	15	Aberystwyth	6:06.02
5	Antwhistle, Isaac J	13	Swansea Aq	6:07.46
6				_____
7				_____
8				_____

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Meet Program - Session 2 (Warmup 8.00 - 9.00)

Heat 2 Finals (#213 Boys 11 & Over 400 SC Meter IM)				
1	Morgan, Thomas	13	Neath	5:42.50
2	Fogarty, Oliver	13	Fishguard	5:39.92
3	Evans, Sam	13	Haverfordwes	5:37.96
4	Bennett, Finley	16	Haverfordwes	4:55.60
5	Harwood, Jack	14	Haverfordwes	5:10.90
6	Noden, Rory	13	Haverfordwes	5:39.53
7	Burt, Caio	15	Llanelli	5:41.57
8				

Event 214 Girls 11 & Over 200 SC Meter IM				
Lane	Name	Age	Team	Seed Time
Heat 1 of 14 Finals				
1	Antwhistle, Esme W	11	Swansea Aq	3:45.52
2	McFarlane, Mali	11	Milford Havn	3:38.76
3	Emam, Lina	12	Swansea Aq	3:35.68
4	Davies, Loti	12	C Dolphins	3:29.66
5	Thomas, Lili-rose	12	Neath	3:35.21
6	Arnold, Olivia	12	Milford Havn	3:36.33
7	Enoch, Erin L	11	Carmarthen	3:44.52
8				

Heat 2 of 14 Finals				
1	Roberts, Arwyn	12	Afan Valley	3:28.22
2	Dashfield, Olivia	12	Tenby	3:26.13
3	Lennon, Amelia-Rose	11	Carmarthen	3:22.41
4	Massey, Mia	13	C Dolphins	3:19.10
5	Kellaway, Evie-Rosa	12	Aberystwyth	3:19.72
6	Dennison, Evie	13	Milford Havn	3:22.88
7	Gardner-Rolfe, Mia G	13	Swansea Aq	3:27.90
8	Bullock, Georgia M	12	Carmarthen	3:29.10

Heat 3 of 14 Finals				
1	Roberts Mylan, Sophie I	13	Swansea Aq	3:18.14
2	Davies, Betsi	13	Fishguard	3:13.63
3	Morris, Megan	12	Neath	3:13.49
4	Malough, Holly V	14	Swansea Aq	3:12.50
5	Couzens, Sibylla	14	Fishguard	3:12.51
6	Mason, Ezmee	12	Haverfordwes	3:13.56
7	Titley, Lola	13	Milford Havn	3:18.11
8	Morgan, Iolah	11	Haverfordwes	3:18.20

Heat 4 of 14 Finals				
1	Morris, Blair	12	Neath	3:11.51
2	Kurys, Bonnie P	12	Carmarthen	3:11.28
3	Griffiths, Elizabeth	14	Fishguard	3:10.55
4	Baylis, Ellie	13	Penyrheol	3:09.24
5	Roberts Mylan, Ffion C	13	Swansea Aq	3:09.50
6	Gale, Jasmine	15	Afan Valley	3:11.16
7	Oseng-Rees, Eira	12	Swansea Aq	3:11.35
8	Kurys, Emiliese J	11	Carmarthen	3:12.40

Heat 5 of 14 Finals				
1	Foldi, Kristina	13	Haverfordwes	3:08.63
2	Henson, Jess	12	Tenby	3:07.56
3	Hopkins, Darcy	12	Penyrheol	3:06.66
4	Percival, Bella	13	C Dolphins	3:04.69
5	Clement, Darcey	13	Afan Valley	3:05.17
6	Williams, Evie	12	Milford Havn	3:07.51
7	Francis, Mia	12	Haverfordwes	3:08.51
8	Griffiths, Isla	12	Tenby	3:09.09

Heat 6 of 14 Finals				
1	Alexander, Seren	15	Aberystwyth	3:02.03
2	Morris, Besi	12	Amman Valley	2:58.80
3	Layland, Seren	14	Penyrheol	2:57.20
4	Williams, Grace	14	Neath	2:56.86
5	Morris, Ffion	13	Tenby	2:56.93
6	Davies, Ava-Rose	12	Llanelli	2:57.31
7	Pitans, Caitlin R	13	Swansea Aq	3:01.20
8	Duncan, Ava	13	Amman Valley	3:02.62

Heat 7 of 14 Finals				
1	Szmigiero, Kaya	12	Aberystwyth	2:55.50
2	Harris, Chloe	13	C Dolphins	2:54.82
3	Kenny, Jemima	14	Milford Havn	2:54.53
4	Powell, Nina L	13	Carmarthen	2:53.63
5	Dyde, Pheobe	13	PembrokeDist	2:54.08
6	Kaill-Franks, Nia	14	Fishguard	2:54.70
7	Sedgemore, Lola	13	Neath	2:55.03
8	Pinnock, Betsan R	13	Swansea Aq	2:55.85

Heat 8 of 14 Finals				
1	Coles, Aria	12	Neath	2:53.27
2	Ostrowski, Julia	16	PembrokeDist	2:52.67
3	Short, Amelia	14	Neath	2:52.52
4	Mitrjaikina, Scarlet	13	Swansea Aq	2:52.50
5	Griffiths, Ffion	14	Tenby	2:52.52
6	Hawkins, Lottie	12	Haverfordwes	2:52.61
7	Morgan, Evelyn	14	Llanelli/Nofio Sir Gar	2:52.81
8	Lewis, Evie	12	Haverfordwes	2:53.41

Heat 9 of 14 Finals				
1	Jenkins, Alexandra G	16	Swansea Aq	2:51.69
2	Koo, Kathryn	16	Tenby	2:49.34
3	Morgan, Lily	15	Tenby	2:49.25
4	Goodman, Lola	14	Swansea Aq	2:48.68
5	Summerfield, Lucy	13	Llanelli	2:48.87
6	Rowland, Scarlett	13	Neath	2:49.30
7	Davies, Eva	14	Afan Valley	2:50.80
8	George, Eilir	15	Llanelli	2:51.97

Heat 10 of 14 Finals					
1	Goodman, Evie	14	Swansea Aq	2:47.40	_____
2	Parry, Abigail	12	Carmarthen	2:46.99	_____
3	Hall, Ellena	14	Fishguard	2:46.94	_____
4	Mason, Phoebe	15	Haverfordwes	2:46.21	_____
5	Phillips, Emily	17	Neath	2:46.28	_____
6	Beasley, Evaleigh D	12	Swansea Aq	2:46.95	_____
7	Patterson, Hollie M	14	Carmarthen	2:47.17	_____
8	Davies, Erin	14	C Dolphins	2:47.48	_____

Heat 11 of 14 Finals					
1	Thompson, Freya	15	Haverfordwes	2:45.41	_____
2	Knight, Lily E	15	C Dolphins	2:45.19	_____
3	Hall, Isabelle	14	Fishguard	2:43.36	_____
4	Williams, Paige T	13	Swansea Aq	2:43.04	_____
5	Filmer, Gwennan	13	Aberystwyth	2:43.19	_____
6	Holmes, Seren	16	Afan Valley	2:44.90	_____
7	Jones, Hunydd	14	Carmarthen	2:45.26	_____
8	Bruce, Skye	16	Tenby	2:45.75	_____

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Meet Program - Session 2 (Warmup 8.00 - 9.00)

Heat 12 Finals (#214 Girls 11 & Over 200 SC Meter IM)				
1	Owen, Kessie	17	Neath	2:41.77 ____
2	McFarlane, Una	14	Milford Havn	2:41.11 ____
3	Bissicks, Cari	14	Neath	2:40.23 ____
4	Davies, Isabella	14	Llanelli/Nofio Sir Gar	2:38.84 ____
5	Webb, Saskia SM14	18	Haverfordwes	2:40.10 ____
6	Daly, Kirsten	19	Neath	2:41.02 ____
7	Gilderdale, Celyn	17	Haverfordwes	2:41.50 ____
8	Davies, Elizabeth	12	Tenby	2:42.54 ____

Heat 13 of 14 Finals				
1	Kazmiruk, Anastasiia	14	Amman Valley/Nofio Sir Gar	2:38.66 ____
2	Clissold, Elizabeth	19	Tenby	2:37.51 ____
3	King, Marley	17	Penyrheol	2:34.39 ____
4	Burns, Freya	14	Amman Valley/Nofio Sir Gar	2:33.64 ____
5	Davies, Isla	12	Amman Valley/Nofio Sir Gar	2:34.32 ____
6	Taffetsauffer, Isabella	14	Llanelli/Nofio Sir Gar	2:34.43 ____
7	Williams, Marys E	16	Swansea Aq	2:37.52 ____
8	Clissold, Bronwyn	17	Tenby	2:38.82 ____

Heat 14 of 14 Finals				
1	Geach, Libbie	16	Amman Valley/Nofio Sir Gar	2:31.30 ____
2	Stokes, Aimee	21	Swansea Uni	2:29.49 ____
3	Berner, Iyla	12	Carmarthen/Nofio Sir Gar	2:27.30 ____
4	Rees, Katie	27	Swansea Uni	2:19.15 ____
5	Griffiths, Cerys	15	Haverfordwes	2:25.40 ____
6	Nichols, Grace	15	Haverfordwes	2:27.51 ____
7	Blanch, Janelle	18	Swansea Uni	2:30.81 ____
8	Lewis, Lowri	19	Neath	2:31.62 ____

Event 215 Boys 11 & Over 100 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Finals				
1	Leahy, Herbie	11	Haverfordwes	1:36.54 ____
2	Batcup, Oliver J	13	Swansea Aq	1:22.99 ____
3	Dadswell, Harry	12	Haverfordwes	1:21.82 ____
4	Grugel, Sam	15	C Dolphins	1:18.79 ____
5	Bowes, James F	13	Carmarthen	1:19.79 ____
6	Collins, Thomas	13	Penyrheol	1:22.16 ____
7	Munt, Oliver	12	Haverfordwes	1:30.38 ____
8				____

Heat 2 of 4 Finals				
1	Thomas, Tristan	15	Milford Havn	1:16.25 ____
2	Mills, Thomas	14	Llanelli	1:13.09 ____
3	Smith, Declan	14	Neath	1:12.32 ____
4	Harris, Osian	16	Fishguard	1:09.32 ____
5	Stuart Lavender, Jac	15	Llanelli/Nofio Sir Gar	1:09.67 ____
6	Evans, Sam	13	Haverfordwes	1:12.98 ____
7	Poole, Tomos	15	Afan Valley	1:14.66 ____
8	Backen, Frederick	13	Fishguard	1:18.34 ____

Heat 3 of 4 Finals				
1	Morgan, Ben	16	Haverfordwes	1:08.53 ____
2	Elmes, Max	14	Carmarthen/Nofio Sir Gar	1:04.66 ____
3	Williams, Thomas	15	Llanelli/Nofio Sir Gar	1:04.32 ____
4	Sellick, Fenn	17	Swansea Uni	1:03.42 ____
5	Jones, Lloyd	22	Swansea Uni	1:03.50 ____
6	Chapman, Coby L	16	Penyrheol	1:04.60 ____
7	Davies, Gethin	16	Milford Havn	1:06.24 ____
8	Fogarty, Oliver	13	Fishguard	1:08.72 ____

Heat 4 of 4 Finals				
1	Upton-Boorman, Liam	18	Carmarthen/Nofio Sir Gar	1:02.96 ____
2	Silverstone, Solomon	16	Haverfordwes	59.10 ____
3	Bradley, Mathew Bradley	19	Swansea Uni	57.91 ____
4	Jones, Dan	29	Swansea Uni	54.43 ____
5	Lee, Jacob (Not Jake)	19	Swansea Uni	56.00 ____
6	West, Dexter	16	Fishguard	58.56 ____
7	Thomas, Iolo	15	Neath	1:01.65 ____
8	Gubb, Harvey	19	Neath	1:03.31 ____