

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Meet Program - Session 2 (Warmup 12.00 - 1.00)

Event 201 Mixed 9 & Over 50 SC Meter Butterfly				
Lane	Name	Age	Team	Seed Time
Heat 1 of 25 Finals Starts at 01:05 PM				
1				_____
2				_____
3	Glynn-Jones, Olive	W9	Co Cardiff	NT _____
4	Marshall, Theo	M9	Co Cardiff	NT _____
5	Thain, Reuben	M9	Co Cardiff	NT _____
6				_____
7				_____
8				_____
Heat 2 of 25 Finals Starts at 01:07 PM				
1				_____
2	Bool, Lani	W9	Hsc	NT _____
3	Laxton, Lizzie	W9	Co Cardiff	NT _____
4	Roscoe, Evelyn	W10	Hsc	NT _____
5	Lewis, Abbie	W9	Amman Valley	NT _____
6	Waters-Booth, Rose	W9	Milford Havn	NT _____
7	Gee, Ruben	M9	Co Cardiff	NT _____
8				_____
Heat 3 of 25 Finals Starts at 01:08 PM				
1	Boyle, Toby M	M10	Carmarthen	NT _____
2	Symmonds, Taya	W10	Hsc	NT _____
3	Rebiga, Luca	M10	Tenby Dolphins	NT _____
4	Thomas, Henry	M10	Hsc	NT _____
5	Major, Selma	W10	Hsc	NT _____
6	Mikulasova, Elizabeth	W10	Llanelli	NT _____
7	Roberts, Emily	W10	Co Cardiff	NT _____
8	Tree, Lois	W10	Hsc	NT _____
Heat 4 of 25 Finals Starts at 01:10 PM				
1	Curle James, Melody	W11	Co Cardiff	NT _____
2	O Callaghan, Georgia	W11	Co Cardiff	NT _____
3	Trowbridge, Eleri	W11	Bridgend SC	NT _____
4	Lawrence, Rhodri	M11	Fishguard	NT _____
5	Major, Esmee	W11	Hsc	NT _____
6	Healan-Thomas, Emma	W11	Co Cardiff	NT _____
7	Hawkins, Millie R	W11	Swansea Aq	NT _____
8	Lewis, Poppy	W10	Amman Valley	NT _____
Heat 5 of 25 Finals Starts at 01:11 PM				
1	De-Schoolmeester, Eve	W12	Bridgend SC	NT _____
2	Thompson, Jane	W12	Co Cardiff	NT _____
3	Stirling, Joseph	M12	Co Cardiff	NT _____
4	Preece, Megan	W13	Amman Valley	NT _____
5	Schneiweiss Tommasin, Ber	M12	Swansea Aq	NT _____
6	Owens, Ruby	W12	Hsc	NT _____
7	Walters, Ellie-Mae	W12	Hsc	NT _____
8	Mahana, Joury K	W11	Swansea Aq	NT _____
Heat 6 of 25 Finals Starts at 01:12 PM				
1	Jones, Indi	M13	Bridgend SC	NT _____
2	Edwards, Matthew	M13	Co Cardiff	NT _____
3	Griffiths, Evelyn	W14	Milford Havn	NT _____
4	Roberts, Iestyn	M14	Bridgend SC	NT _____
5	Donnelly, Matthew	M14	Llanelli	NT _____
6	Prosser, Harri	M14	Llanelli	NT _____
7	Bailey, Reuben	M13	Bridgend SC	NT _____
8	Green, William	M13	Aberystwyth	NT _____

Heat 7 of 25 Finals Starts at 01:14 PM				
1	Rukov, Ivan	M18	Aberystwyth	NT _____
2	Munn, Osian	M9	Co Cardiff	1:11.71 _____
3	Pryce, Jack	M11	Co Cardiff	1:04.70 _____
4	Prosser, Eleri	W17	Llanelli	1:02.94 _____
5	Powell, Elidian	W9	C Dolphins	1:04.26 _____
6	Anderson, Maisy	W11	Co Cardiff	1:08.80 _____
7	Adams, Elizabeth	W10	Hsc	1:20.59 _____
8	Adams, Ronan	M17	Bridgend SC	NT _____
Heat 8 of 25 Finals Starts at 01:16 PM				
1	Nemtsov, Anastasia	W10	Co Cardiff	1:01.50 _____
2	Powell, Leila T	W10	Carmarthen	1:00.89 _____
3	Ward, Ella-Rae	W9	Co Cardiff	1:00.57 _____
4	Edwards, Donnacha	M11	Co Cardiff	58.17 _____
5	Raistrick, Evelyn	W10	Amman Valley	59.48 _____
6	James, Scarlett	W11	Co Cardiff	1:00.61 _____
7	Dalton, Daisy	W11	Hsc	1:01.38 _____
8	Backen, Matilda	W9	Fishguard	1:01.94 _____
Heat 9 of 25 Finals Starts at 01:17 PM				
1	Hughes, Isaac W	M9	Swansea Aq	57.84 _____
2	Williams, Eva M	W11	Swansea Aq	57.14 _____
3	Leigh, Lucie	W9	Co Cardiff	56.80 _____
4	Filmer, Owen	M10	Aberystwyth	56.70 _____
5	Scourfield, Max	M11	Milford Havn	56.76 _____
6	Tabiowo, Aria	W10	Co Cardiff	57.14 _____
7	Hawksworth Garcia, Frida	W9	Swansea Aq	57.54 _____
8	Jermin, Martha	W10	Llanelli	58.13 _____
Heat 10 of 25 Finals Starts at 01:19 PM				
1	Biggs, Harri	M9	Co Cardiff	55.87 _____
2	Evans, Lowri Carys	W11	Carmarthen	55.04 _____
3	Evans, Alys E	W10	Carmarthen	54.64 _____
4	Harrison, Abigail	W13	Neath	53.46 _____
5	Jones, Gwenllian F	W10	Carmarthen	53.96 _____
6	Seddon, Nansi	W11	Co Cardiff	54.70 _____
7	Burton, Darcie M	W11	Swansea Aq	55.21 _____
8	Kummer, Seb	M10	Milford Havn	56.05 _____
Heat 11 of 25 Finals Starts at 01:20 PM				
1	Williams, Alys	W12	Carmarthen	53.05 _____
2	Monan, Hazel	W10	Tenby Dolphins	52.60 _____
3	Williams, Eve	W13	Penyrheol	51.94 _____
4	Blatchford, Gruff	M12	Co Cardiff	51.42 _____
5	Evans, Gwenllian	W11	Fishguard	51.45 _____
6	Davies, Phoebe	W11	Tenby Dolphins	52.30 _____
7	Husband, Alysia	W10	Hsc	52.66 _____
8	Dedman, Ivy	W9	Tenby Dolphins	53.42 _____
Heat 12 of 25 Finals Starts at 01:22 PM				
1	Brook, Amelia	W12	Aberystwyth	50.78 _____
2	Antwhistle, Esme W	W11	Swansea Aq	50.17 _____
3	Jenkins, Alys	W13	Amman Valley	49.96 _____
4	Holland, Ffion	W10	Bridgend SC	49.06 _____
5	Burt, Gwion	M12	Llanelli	49.32 _____
6	Gil Wood, Sofia A	W10	Swansea Aq	50.12 _____
7	Owen, Molly	W11	Penyrheol	50.20 _____
8	Thomas, Gracie	W9	Llanelli	50.86 _____

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Meet Program - Session 2 (Warmup 12.00 - 1.00)

Heat 13 Finals (#201 Mixed 9 & Over 50 SC Meter Butterfly)

1	Llewellyn, Anwen	W11	Hsc	48.55	_____
2	Jones, Zara	W9	Llanelli	48.28	_____
3	Symmons, Bronwen D	W10	Carmarthen	48.12	_____
4	Evans, Cora E	W11	Carmarthen	47.68	_____
5	Lennon, Amelia-Rose	W12	Carmarthen	48.12	_____
6	Emam, Lina	W12	Swansea Aq	48.19	_____
7	Hope, Madi	W9	Tenby Dolphins	48.33	_____
8	Couzens, Sebastian	M12	Fishguard	48.61	_____

Heat 14 of 25 Finals Starts at 01:25 PM

1	Evans, Sylvie	W10	Llanelli	46.90	_____
2	Lloyd- Roberts, Harry	M13	Milford Havn	46.44	_____
3	Heron, Edith	W13	Aberystwyth	45.72	_____
4	Sursona, Mateo	M12	Carmarthen	44.99	_____
5	Butcher, Freya S	W10	Swansea Aq	45.20	_____
6	Demchyshyna, Viktoriia	W10	Amman Valley	46.36	_____
7	Couzens, Sibylla	W14	Pembs Cty	46.52	_____
8	Fretwell, Logan	M11	Milford Havn	47.01	_____

Heat 15 of 25 Finals Starts at 01:26 PM

1	Davies, Rocco	M12	Neath	44.84	_____
2	Roberts, Holly	W12	Bridgend SC	44.37	_____
3	Ryan, Cora	W16	C Dolphins	43.77	_____
4	Cole, Jacob	M13	Neath	43.61	_____
5	Ellis, Eve	W13	C Dolphins	43.77	_____
6	Bullock, Georgia M	W12	Carmarthen	44.35	_____
7	Prosser, Mia S	W10	Tenby Dolphins	44.59	_____
8	Barrett, William	M13	Penyrheol	44.88	_____

Heat 16 of 25 Finals Starts at 01:27 PM

1	Hearne, Logan	M10	Tenby Dolphins	43.52	_____
2	Massey, Mia	W13	C Dolphins	42.26	_____
3	Jones, Dion R	M14	Carmarthen	42.06	_____
4	Williams-Powell, Ieuan	M13	C Dolphins	41.92	_____
5	Morris, Megan	W12	Neath	42.05	_____
6	Pyzer, Cyrus A	M12	Carmarthen	42.20	_____
7	Tucker, Lowri	W16	Llanelli	42.37	_____
8	Jenkins, Olivia I	W12	Swansea Aq	43.58	_____

Heat 17 of 25 Finals Starts at 01:29 PM

1	Roberts Mylan, Sophie I	W13	Swansea Aq	41.33	_____
2	Enoch, Erin L	W11	Carmarthen	41.23	_____
3	Davies, Alana	W13	Neath	40.65	_____
4	Arnold, Olivia	W12	Milford Havn	40.15	_____
5	Austin, Sophie Haf	W12	C Dolphins	40.48	_____
6	Phillips, Gethin	M14	Hsc	40.85	_____
7	Edmunds, Freya	W12	Llanelli	41.31	_____
8	Beall, Isabelle	W13	Penyrheol	41.43	_____

Heat 18 of 25 Finals Starts at 01:30 PM

1	Thomas, Eden	W12	Neath	39.91	_____
2	Baylis, Ellie	W13	Penyrheol	38.75	_____
3	Batcup, Oliver J	M13	Swansea Aq	37.83	_____
4	Leahy, Herbie	M11	Pembs Cty	37.52	_____
5	Pitans, Caitlin R	W13	Swansea Aq	37.60	_____
6	Shelmerdine, Molly	W10	Neath	38.47	_____
7	Williams, Fay	W13	Swansea Aq	38.91	_____
8	Batchelor, Joshua	M14	Bridgend SC	40.01	_____

Heat 19 of 25 Finals Starts at 01:31 PM

1	Gardner-Rolfe, Mia G	W13	Swansea Aq	37.43	_____
2	Griffiths, Isla	W12	Tenby Dolphins	37.17	_____
3	Foldi, Kristina	W13	Pembs Cty	36.80	_____
4	Jermin, Morgan	M12	Llanelli	36.75	_____
5	Lewis, Daisy	W16	Bridgend SC	36.78	_____
6	Munt, Oliver	M12	Hsc	36.87	_____
7	Evans, Wolfgang	M12	Pembs Cty	37.19	_____
8	Bowes, James F	M13	Carmarthen	37.50	_____

Heat 20 of 25 Finals Starts at 01:32 PM

1	Roberts Mylan, Ffion C	W13	Swansea Aq	36.39	_____
2	Moore, Hari	M13	Pembs Cty	36.00	_____
3	Gil Wood, Elena	W13	Swansea Aq	35.87	_____
4	Phillips, Lucas	M14	Hsc	35.11	_____
5	Vaughan, Felicity	W13	Bridgend SC	35.62	_____
6	Kasto, Evie T	W14	Swansea Aq	35.90	_____
7	Kenny, Jemima	W14	Pembs Cty	36.07	_____
8	Kurys, Emiliese J	W11	Carmarthen	36.69	_____

Heat 21 of 25 Finals Starts at 01:34 PM

1	Foale, Jack	M15	Aberystwyth	34.70	_____
2	Hill, Alexander Ralph	M15	Carmarthen	34.69	_____
3	Mitrjaikina, Scarlet	W13	Swansea Aq	34.50	_____
4	Jones, Hunydd	W14	Nofio S Gar	34.14	_____
5	Parry, Abigail	W13	Carmarthen	34.31	_____
6	Bowen, Seren E	W15	Carmarthen	34.60	_____
7	Mason, Phoebe	W15	Pembs Cty	34.70	_____
8	Harris, Chloe	W13	C Dolphins	35.04	_____

Heat 22 of 25 Finals Starts at 01:35 PM

1	Lewis, Cian	M16	Neath	34.08	_____
2	Davies, Elizabeth	W12	Pembs Cty	33.90	_____
3	Collins, Thomas	M13	Penyrheol	33.66	_____
4	Beasley, Evaleigh D	W12	Swansea Aq	33.50	_____
5	Marques-Jones, Felix	M13	Carmarthen	33.66	_____
6	Williams, Paige T	W13	Swansea Aq	33.80	_____
7	Evans, Cadi	W13	Penyrheol	34.02	_____
8	Burton, Finnley	M15	Bridgend SC	34.09	_____

Heat 23 of 25 Finals Starts at 01:36 PM

1	Ostrowski, Julia	W17	Pembs Cty	33.39	_____
2	Goodman, Lola	W14	Swansea Aq	33.30	_____
3	Lewis, Evie	W12	Pembs Cty	32.91	_____
4	Jenkins, Alexandra G	W16	Swansea Aq	32.60	_____
5	Thompson, Freya	W15	Pembs Cty	32.71	_____
6	Coles, Sophie	W15	Bridgend SC	33.03	_____
7	Lerigo, Oli	M15	Aberystwyth	33.33	_____
8	Upton-Boorman, Isabella	W15	Nofio S Gar	33.48	_____

Heat 24 of 25 Finals Starts at 01:37 PM

1	Smith, Caelan	M15	Hsc	31.93	_____
2	Williams, Marys E	W16	Swansea Aq	31.70	_____
3	Dash, Amelie	W14	Pembs Cty	31.42	_____
4	Berner, Iyla	W12	Nofio S Gar	30.87	_____
5	Kazmiruk, Anastasiia	W14	Nofio S Gar	30.91	_____
6	Gilderdale, Celyn	W17	Pembs Cty	31.70	_____
7	Carter, Ava	W17	Penyrheol	31.90	_____
8	Miles, Megan	W17	Pembs Cty	32.20	_____

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Meet Program - Session 2 (Warmup 12.00 - 1.00)

Heat 25 Finals (#201 Mixed 9 & Over 50 SC Meter Butterfly)

1	Goodliffe, Faith R	W25	C Dolphins	30.58	_____
2	Lewis, Lowri	W19	Neath	29.46	_____
3	Williams, Thomas	M15	Nofio S Gar	28.68	_____
4	Upton-Boorman, Liam	M18	Nofio S Gar	26.89	_____
5	Lewis, Gethin	M17	Bridgend SC	28.01	_____
6	Galbraith, Elian	M16	Llanelli	29.10	_____
7	Fogarty, Oliver	M13	Pembs Cty	30.19	_____
8	Morgan, Ben	M16	Pembs Cty	30.65	_____

Event 202 Mixed 9 & Over 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed	Time
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Heat 1 of 33 Finals Starts at 01:39 PM

1					_____
2	Burton, Bethany	W9	Llanelli	NT	_____
3	Bullock, Roseanna E	W9	Carmarthen	NT	_____
4	Laxton, Lizzie	W9	Co Cardiff	NT	_____
5	Thain, Reuben	M9	Co Cardiff	NT	_____
6	Glynn-Jones, Olive	W9	Co Cardiff	NT	_____
7					_____
8					_____

Heat 2 of 33 Finals Starts at 01:41 PM

1	Jenkins, Betsan	W9	Co Cardiff	NT	_____
2	Evans, Iorwerth R	M9	Fishguard	NT	_____
3	Mowbray-Rees, Myles	M10	Swansea Aq	NT	_____
4	Butcher, Freya S	W10	Swansea Aq	NT	_____
5	Jenkins, Evan	M10	Co Cardiff	NT	_____
6	Gee, Ruben	M9	Co Cardiff	NT	_____
7	Prince, Aggie M	W9	Swansea Aq	NT	_____
8	Pleydell-Pearce, Sebastian	M9	Bridgend SC	NT	_____

Heat 3 of 33 Finals Starts at 01:43 PM

1	Moore, Freddy	M10	Fishguard	NT	_____
2	Edwards, Mali	W10	Amman Valley	NT	_____
3	Jones, Sonny	M10	Bridgend SC	NT	_____
4	Healan-Thomas, Emma	W11	Co Cardiff	NT	_____
5	O Callaghan, Georgia	W11	Co Cardiff	NT	_____
6	Morgan, Poppy	W10	Neath	NT	_____
7	Rebiga, Luca	M10	Tenby Dolphins	NT	_____
8	Duncan, Miriam G	W10	Carmarthen	NT	_____

Heat 4 of 33 Finals Starts at 01:46 PM

1	Percival, Kitty-Rae	W11	C Dolphins	NT	_____
2	Sherwood, Betti J	W11	Swansea Aq	NT	_____
3	Edmunds, Rhys T	M11	Swansea Aq	NT	_____
4	Gregory, Grace	W11	Amman Valley	NT	_____
5	Seddon, Mari	W11	Co Cardiff	NT	_____
6	Yardley, Nia	W11	Bridgend SC	NT	_____
7	Lawrence, Rhodri	M11	Fishguard	NT	_____
8	Hyett, Antonina	W11	C Dolphins	NT	_____

Heat 5 of 33 Finals Starts at 01:48 PM

1	Kiernan, Emily A	W11	Swansea Aq	NT	_____
2	Gallagher, Thia C	W11	Swansea Aq	NT	_____
3	Thompson, Jane	W12	Co Cardiff	NT	_____
4	Stirling, Joseph	M12	Co Cardiff	NT	_____
5	Schneeweiss Tommasin, Ber	M12	Swansea Aq	NT	_____
6	Brook, Amelia	W12	Aberystwyth	NT	_____
7	Hawkins, Millie R	W11	Swansea Aq	NT	_____
8	Trowbridge, Eleri	W11	Bridgend SC	NT	_____

Heat 6 of 33 Finals Starts at 01:50 PM

1	Richards, Catrin A	W13	Penyrheol	NT	_____
2	Williams-Powell, Ieuan	M13	C Dolphins	NT	_____
3	White, Mattie	W13	Co Cardiff	NT	_____
4	Facey, Alisha	W13	C Dolphins	NT	_____
5	Toutt, Molly	W13	Amman Valley	NT	_____
6	Edwards, Matthew	M13	Co Cardiff	NT	_____
7	Williams, Isaac	M13	Llanelli	NT	_____
8	De-Schoolmeester, Eve	W12	Bridgend SC	NT	_____

Heat 7 of 33 Finals Starts at 01:52 PM

1	Morgans-Hurley, Jason	M13	Milford Havn	NT	_____
2	Rowlands, Sion E	M16	Carmarthen	NT	_____
3	Adams, Elizabeth	W10	Hsc	2:18.57	_____
4	Popham, Mari G	W9	Swansea Aq	2:06.01	_____
5	Roscoe, Evelyn	W10	Hsc	2:17.16	_____
6	Griffiths, Phillip	M11	Milford Havn	2:23.89	_____
7	Roberts, Iestyn	M14	Bridgend SC	NT	_____
8	Yardley, Josh	M13	Bridgend SC	NT	_____

Heat 8 of 33 Finals Starts at 01:55 PM

1	Prosser, Harri	M14	Llanelli	2:05.28	_____
2	Hayward, Adam	M11	Milford Havn	2:00.48	_____
3	Jermin, Martha	W10	Llanelli	1:54.32	_____
4	Ward, Ella-Rae	W9	Co Cardiff	1:51.88	_____
5	Hughes, Martha	W10	Co Cardiff	1:52.28	_____
6	Griffiths, Evelyn	W14	Milford Havn	1:58.10	_____
7	Major, Selma	W10	Hsc	2:01.50	_____
8	Santos, Olivia	W11	Milford Havn	2:05.57	_____

Heat 9 of 33 Finals Starts at 01:57 PM

1	Carruth, Evie	W11	Co Cardiff	1:48.60	_____
2	Griffith, Ariana M	W10	Swansea Aq	1:48.03	_____
3	Dalton, Daisy	W11	Hsc	1:46.91	_____
4	James, Scarlett	W11	Co Cardiff	1:45.76	_____
5	Biggs, Harri	M9	Co Cardiff	1:45.80	_____
6	Walters, Ellie-Mae	W12	Hsc	1:47.38	_____
7	Tabiowo, Aria	W10	Co Cardiff	1:48.57	_____
8	Couzens, Sebastian	M12	Fishguard	1:48.99	_____

Heat 10 of 33 Finals Starts at 02:00 PM

1	Munn, Osian	M9	Co Cardiff	1:45.40	_____
2	Seddon, Nansi	W11	Co Cardiff	1:45.21	_____
3	Beecham, Emelia-May	W11	Fishguard	1:44.85	_____
4	Caprilli, Valentino	M11	Fishguard	1:44.60	_____
5	Llewellyn, Anwen	W11	Hsc	1:44.72	_____
6	Monan, Frances	W9	Tenby Dolphins	1:45.13	_____
7	Marques-Jones, Idris	M11	Carmarthen	1:45.26	_____
8	Thomas, Henry	M10	Hsc	1:45.59	_____

Heat 11 of 33 Finals Starts at 02:02 PM

1	Ballantyne, Nikki	M10	Bridgend SC	1:44.23	_____
2	Major, Esmee	W11	Hsc	1:43.60	_____
3	Hawksworth Garcia, Frida	W9	Swansea Aq	1:42.57	_____
4	Arnold, Dylan	M10	C Dolphins	1:40.57	_____
5	Anderson, Maisy	W11	Co Cardiff	1:42.36	_____
6	Rudiuk, Arina	W11	Co Cardiff	1:42.70	_____
7	Edwards, Donnacha	M11	Co Cardiff	1:43.75	_____
8	Williams, Tom	M11	Hsc	1:44.38	_____

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Heat 12 Finals (#202 Mixed 9 & Over 100 SC Meter Freestyle)

1	Hughes, Dylan R	M12	Swansea Aq	1:39.86	_____
2	Davies, Phoebe	W11	Tenby Dolphins	1:39.30	_____
3	Donnelly, Matthew	M14	Llanelli	1:38.60	_____
4	Williams, Emily	W9	Llanelli	1:37.09	_____
5	Dedman, Ivy	W9	Tenby Dolphins	1:37.93	_____
6	Williams, Alys	W12	Carmarthen	1:39.12	_____
7	Besley, Freya	W13	Penyrheol	1:39.47	_____
8	Roberts, Emily	W10	Co Cardiff	1:40.16	_____

Heat 13 of 33 Finals Starts at 02:07 PM

1	Burton, Darcie M	W11	Swansea Aq	1:36.71	_____
2	Watson, Isabelle	W12	Neath	1:35.98	_____
3	Leigh, Lucie	W9	Co Cardiff	1:35.10	_____
4	Jones, Zara	W9	Llanelli	1:34.59	_____
5	Owen, Molly	W11	Penyrheol	1:34.90	_____
6	Popham, Nyla C	W11	Swansea Aq	1:35.29	_____
7	McFarlane, Mali	W11	Milford Havn	1:36.32	_____
8	Powell, Fred A	M10	Carmarthen	1:36.75	_____

Heat 14 of 33 Finals Starts at 02:09 PM

1	Madge, Brianna	W11	C Dolphins	1:33.23	_____
2	Felton, Catrin	W10	C Dolphins	1:33.11	_____
3	Marshall, Theo	M9	Co Cardiff	1:31.90	_____
4	Blatchford, Gruff	M12	Co Cardiff	1:31.84	_____
5	Felton, Gwennan	W13	C Dolphins	1:31.86	_____
6	Taffetsauffer, Leo	M10	Llanelli	1:31.90	_____
7	Gray, Ioan	M11	Fishguard	1:33.21	_____
8	Owen, Charlotte	W13	Penyrheol	1:33.40	_____

Heat 15 of 33 Finals Starts at 02:11 PM

1	Boyle, Toby M	M10	Carmarthen	1:31.51	_____
2	Evans, Mari F	W14	Carmarthen	1:29.27	_____
3	Demchyshyna, Viktoriia	W10	Amman Valley	1:28.07	_____
4	Bullock, Georgia M	W12	Carmarthen	1:28.05	_____
5	Knight, Anna	W12	C Dolphins	1:28.06	_____
6	Bailey, Reuben	M13	Bridgend SC	1:29.18	_____
7	Pryce, Jack	M11	Co Cardiff	1:31.10	_____
8	Lewis, Megan	W15	Milford Havn	1:31.67	_____

Heat 16 of 33 Finals Starts at 02:13 PM

1	Prosser, Mia S	W10	Tenby Dolphins	1:27.36	_____
2	Lowcock, Fran I	W13	Swansea Aq	1:27.32	_____
3	Nicklin, Parker	W10	Amman Valley	1:27.20	_____
4	Holborow, Esmay	W10	Amman Valley	1:27.16	_____
5	Husband, Alysia	W10	Hsc	1:27.18	_____
6	Owen, Annabelle	W15	Penyrheol	1:27.30	_____
7	Boyle, Samantha J	W12	Carmarthen	1:27.35	_____
8	Hope, Madi	W9	Tenby Dolphins	1:27.99	_____

Heat 17 of 33 Finals Starts at 02:15 PM

1	Selby, Chloe	W15	Neath	1:26.28	_____
2	Hearne, Logan	M10	Tenby Dolphins	1:25.65	_____
3	Mills, Flynn	M12	Milford Havn	1:25.43	_____
4	Hope, Brooke	W11	Tenby Dolphins	1:24.06	_____
5	May-John, Dylan	M11	Aberystwyth	1:24.06	_____
6	Cole, Jacob	M13	Neath	1:25.52	_____
7	Evans, Cora E	W11	Carmarthen	1:26.15	_____
8	Heron, Edith	W13	Aberystwyth	1:26.69	_____

Heat 18 of 33 Finals Starts at 02:17 PM

1	Fretwell, Logan	M11	Milford Havn	1:23.46	_____
2	Morgan, Iolah	W11	Pembs Cty	1:23.00	_____
3	Oseng-Rees, Eira	W12	Swansea Aq	1:21.74	_____
4	Nash, Oliver J	M12	Carmarthen	1:21.63	_____
5	Lloyd- Roberts, Harry	M13	Milford Havn	1:21.72	_____
6	Roberts Mylan, Sophie I	W13	Swansea Aq	1:21.80	_____
7	Jones, Bobby	M13	Neath	1:23.22	_____
8	Soul, Anna F	W11	Swansea Aq	1:23.50	_____

Heat 19 of 33 Finals Starts at 02:19 PM

1	Titely, Lola	W13	Milford Havn	1:20.95	_____
2	Dashfield, Olivia	W12	Pembs Cty	1:20.60	_____
3	Lennon, Amelia-Rose	W12	Carmarthen	1:19.33	_____
4	Joseph, Ellie	W13	C Dolphins	1:19.15	_____
5	Davies, Betsi	W13	Pembs Cty	1:19.20	_____
6	Batchelor, Joshua	M14	Bridgend SC	1:19.53	_____
7	Dennison, Evie	W13	Milford Havn	1:20.73	_____
8	Humphreys, Mali G	W12	Swansea Aq	1:21.09	_____

Heat 20 of 33 Finals Starts at 02:21 PM

1	Davies, Alana	W13	Neath	1:17.23	_____
2	Williams, April	W11	Swansea Aq	1:16.74	_____
3	Enoch, Erin L	W11	Carmarthen	1:16.05	_____
4	Thomas, Eden	W12	Neath	1:15.76	_____
5	Shelmerdine, Molly	W10	Neath	1:16.01	_____
6	Murphy, Sienna	W15	Llanelli	1:16.06	_____
7	Couzens, Sibylla	W14	Pembs Cty	1:16.86	_____
8	George, Kieran	M14	Milford Havn	1:17.45	_____

Heat 21 of 33 Finals Starts at 02:23 PM

1	Thomas, Gabriel	M11	Llanelli	1:15.56	_____
2	Austin, Sophie Haf	W12	C Dolphins	1:14.96	_____
3	Henson, Jessica	W12	Pembs Cty	1:14.75	_____
4	Leahy, Herbie	M11	Pembs Cty	1:14.23	_____
5	Kurys, Bonnie P	W12	Carmarthen	1:14.50	_____
6	Munt, Oliver	M12	Hsc	1:14.96	_____
7	Abell, Ronan	M14	Neath	1:15.25	_____
8	Baylis, Ellie	W13	Penyrheol	1:15.60	_____

Heat 22 of 33 Finals Starts at 02:25 PM

1	Vaughan, Felicity	W13	Bridgend SC	1:13.42	_____
2	Cawdery, Seren	W13	Bridgend SC	1:13.07	_____
3	Evans, Wolfgang	M12	Pembs Cty	1:12.99	_____
4	Morris, Ffion H	W13	Pembs Cty	1:12.74	_____
5	Hughes, Megan	W12	C Dolphins	1:12.77	_____
6	Jones, Tomi	M13	Neath	1:13.02	_____
7	Dadswell, Harry	M12	Pembs Cty	1:13.33	_____
8	Jones, Myla	W10	Swansea Aq	1:14.00	_____

Heat 23 of 33 Finals Starts at 02:27 PM

1	Francis, Mia	W12	Pembs Cty	1:12.24	_____
2	Pinnock, Betsan R	W13	Swansea Aq	1:12.22	_____
3	Percival, Bella	W13	C Dolphins	1:11.75	_____
4	Morris, Besi	W12	Amman Valley	1:11.57	_____
5	Bool, Iolo	M12	Pembs Cty	1:11.57	_____
6	Pitans, Caitlin R	W13	Swansea Aq	1:12.00	_____
7	Monan, Euan	M12	Pembs Cty	1:12.22	_____
8	Foldi, Kristina	W13	Pembs Cty	1:12.70	_____

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Meet Program - Session 2 (Warmup 12.00 - 1.00)

Heat 24 Finals (#202 Mixed 9 & Over 100 SC Meter Freestyle)

1	Gil Wood, Elena	W13	Swansea Aq	1:10.50	_____
2	Jermin, Morgan	M12	Llanelli	1:10.28	_____
3	Kurys, Emiliese J	W11	Carmarthen	1:09.75	_____
4	Dyde, Pheobe	W13	Pembs Cty	1:09.53	_____
5	Bowen, Seren E	W15	Carmarthen	1:09.65	_____
6	Lloyd, Vincent-Owen	M12	Llanelli	1:10.10	_____
7	Kaill-Franks, Nia	W14	Pembs Cty	1:10.40	_____
8	Mason, Ezmee	W12	Pembs Cty	1:10.72	_____

Heat 25 of 33 Finals Starts at 02:30 PM

1	Reynolds, Owain	M18	Llanelli	1:09.39	_____
2	Powell, Nina L	W13	Carmarthen	1:08.64	_____
3	Marques-Jones, Felix	M13	Carmarthen	1:08.45	_____
4	Higgins, Finley J	M14	Swansea Aq	1:08.15	_____
5	Coles, Sophie	W15	Bridgend SC	1:08.27	_____
6	Harris, Chloe	W13	C Dolphins	1:08.59	_____
7	Moore, Hari	M13	Pembs Cty	1:08.68	_____
8	Hawkins, Lottie	W12	Pembs Cty	1:09.45	_____

Heat 26 of 33 Finals Starts at 02:32 PM

1	Mitrjaikina, Scarlet	W13	Swansea Aq	1:07.90	_____
2	Knight, Lily	W15	C Dolphins	1:07.86	_____
3	Davies, Ava	W13	Llanelli	1:07.26	_____
4	Miles, Megan	W17	Pembs Cty	1:07.05	_____
5	Hill, Alexander Ralph	M15	Carmarthen	1:07.10	_____
6	Hall, Ellena	W14	Pembs Cty	1:07.78	_____
7	Waters, Toby	M14	Swansea Aq	1:07.90	_____
8	Richardson, Beca	W15	Swansea Aq	1:08.10	_____

Heat 27 of 33 Finals Starts at 02:34 PM

1	Lewis, Evie	W12	Pembs Cty	1:06.96	_____
2	Davies, Isabella	W14	Nofio S Gar	1:06.77	_____
3	Mcfarlane, Una	W14	Pembs Cty	1:06.70	_____
4	Mason, Phoebe	W15	Pembs Cty	1:06.30	_____
5	Bowes, James F	M13	Carmarthen	1:06.39	_____
6	Griffiths, Ffion	W14	Pembs Cty	1:06.71	_____
7	Antwhistle, Isaac J	M13	Swansea Aq	1:06.91	_____
8	Griffiths, Elizabeth	W14	Fishguard	1:07.04	_____

Heat 28 of 33 Finals Starts at 02:36 PM

1	Philpott, Ffion	W16	Nofio S Gar	1:06.19	_____
2	Bruce, Skye	W16	Pembs Cty	1:05.80	_____
3	Upton-Boorman, Isabella	W15	Nofio S Gar	1:05.58	_____
4	Thomas, Tristan	M15	Pembs Cty	1:05.40	_____
5	Cressey-Rodgers, Gwenllian	W15	Nofio S Gar	1:05.52	_____
6	Rines, Harri	M14	Bridgend SC	1:05.69	_____
7	Jones, Hunydd	W14	Nofio S Gar	1:05.96	_____
8	Hall, Isabelle	W14	Pembs Cty	1:06.20	_____

Heat 29 of 33 Finals Starts at 02:37 PM

1	Cleave, Joshua	M17	C Dolphins	1:05.05	_____
2	Morgan, Evelyn	W14	Nofio S Gar	1:04.74	_____
3	Dash, Amelie	W14	Pembs Cty	1:04.71	_____
4	Bevan, Driw	M13	Llanelli	1:04.56	_____
5	Goodman, Lola	W14	Swansea Aq	1:04.64	_____
6	Lewis, Callum	M16	Milford Havn	1:04.72	_____
7	Goodman, Evie	W14	Swansea Aq	1:04.99	_____
8	Ley, Lucy	W17	Swansea Aq	1:05.21	_____

Heat 30 of 33 Finals Starts at 02:39 PM

1	Smith, Caelan	M15	Hsc	1:04.36	_____
2	Lerigo, Oli	M15	Aberystwyth	1:03.79	_____
3	Griffiths, Harri	M15	C Dolphins	1:03.21	_____
4	Mills, Thomas	M14	Llanelli	1:02.90	_____
5	Williams, Hollie	W18	Nofio S Gar	1:02.91	_____
6	Patterson, Hollie M	W14	Carmarthen	1:03.46	_____
7	Jones, Dafydd	M13	Carmarthen	1:03.83	_____
8	Kazmiruk, Anastasiia	W14	Nofio S Gar	1:04.42	_____

Heat 31 of 33 Finals Starts at 02:41 PM

1	Carter, Ava	W17	Penyrheol	1:02.50	_____
2	Rukov, Ivan	M18	Aberystwyth	1:02.23	_____
3	Gilderdale, Celyn	W17	Pembs Cty	1:01.90	_____
4	Fogarty, Oliver	M13	Pembs Cty	1:01.40	_____
5	Thomas, Rhys	M15	Pembs Cty	1:01.79	_____
6	Clissold, Bronwyn	W17	Pembs Cty	1:01.96	_____
7	Clissold, Elizabeth	W19	Pembs Cty	1:02.33	_____
8	Burt, Caio	M15	Llanelli	1:02.80	_____

Heat 32 of 33 Finals Starts at 02:42 PM

1	Berner, Iyla	W12	Nofio S Gar	1:01.15	_____
2	Lewis, Lowri	W19	Neath	1:01.08	_____
3	Burton, Finnley	M15	Bridgend SC	1:00.67	_____
4	Hale, Oliver S	M15	Swansea Aq	1:00.10	_____
5	Morgan, Cole	M14	C Dolphins	1:00.58	_____
6	Gray, Gruffudd I	M16	Swansea Aq	1:00.78	_____
7	Burns, Freya	W14	Nofio S Gar	1:01.09	_____
8	Layland, Seren	W14	Penyrheol	1:01.30	_____

Heat 33 of 33 Finals Starts at 02:44 PM

1	Geach, Libbie	W16	Nofio S Gar	59.53	_____
2	Williams, Thomas	M15	Nofio S Gar	58.34	_____
3	Stuart Lavender, Jac	M15	Nofio S Gar	57.91	_____
4	Watkins, Will	M18	Bridgend SC	53.62	_____
5	Upton-Boorman, Liam	M18	Nofio S Gar	54.27	_____
6	Galbraith, Elian	M16	Llanelli	58.10	_____
7	Morgan, Ben	M16	Pembs Cty	58.64	_____
8	Lewis, Gethin	M17	Bridgend SC	59.62	_____

Event 203 Mixed 9 & Over 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 29 Finals Starts at 02:45 PM

1	Powell, Elidian	W9	C Dolphins	NT	_____
2	Fenemore, Merlin G	M9	Carmarthen	NT	_____
3	Mitchell, Finley	M9	Bridgend SC	NT	_____
4	Jones, Isabelle	W10	C Dolphins	NT	_____
5	Glynn-Jones, Olive	W9	Co Cardiff	NT	_____
6	Thain, Reuben	M9	Co Cardiff	NT	_____
7	Burton, Bethany	W9	Llanelli	NT	_____
8	Pleydell-Pearce, Sebastian	M9	Bridgend SC	NT	_____

Heat 2 of 29 Finals Starts at 02:47 PM

1	Richards, Lillian	W10	Hsc	NT	_____
2	Mikulasova, Elizabeth	W10	Llanelli	NT	_____
3	Adams, Elizabeth	W10	Hsc	NT	_____
4	Budd, Amelia	W10	Co Cardiff	NT	_____
5	Jones, Sonny	M10	Bridgend SC	NT	_____
6	Jenkins, Evan	M10	Co Cardiff	NT	_____
7	Benwell, Alexia	W10	Amman Valley	NT	_____
8	Rebiga, Luca	M10	Tenby Dolphins	NT	_____

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Meet Program - Session 2 (Warmup 12.00 - 1.00)

Heat 3 Finals (#203 Mixed 9 & Over 50 SC Meter Breaststroke)

1	Evans, Esta F	W10	Carmarthen	NT	_____
2	Major, Selma	W10	Hsc	NT	_____
3	Gregory, Grace	W11	Amman Valley	NT	_____
4	Kiernan, Emily A	W11	Swansea Aq	NT	_____
5	Trowbridge, Eleri	W11	Bridgend SC	NT	_____
6	Thomas, Henry	M10	Hsc	NT	_____
7	Taylor, Llio B	W10	Carmarthen	NT	_____
8	Morgan, Poppy	W10	Neath	NT	_____

Heat 4 of 29 Finals Starts at 02:50 PM

1	Yardley, Nia	W11	Bridgend SC	NT	_____
2	De-Schoolmeester, Eve	W12	Bridgend SC	NT	_____
3	Williams, Fay	W13	Swansea Aq	NT	_____
4	Miles, Megan	W17	Pembs Cty	NT	_____
5	Facey, Alisha	W13	C Dolphins	NT	_____
6	Thompson, Jane	W12	Co Cardiff	NT	_____
7	Stirling, Joseph	M12	Co Cardiff	NT	_____
8	Walters, Grace E	W11	Swansea Aq	NT	_____

Heat 5 of 29 Finals Starts at 02:51 PM

1	Prosser, Harri	M14	Llanelli	1:25.83	_____
2	Walters, Ellie-Mae	W12	Hsc	1:19.66	_____
3	Jenkins, Betsan	W9	Co Cardiff	1:13.95	_____
4	Burton, Finnley	M15	Bridgend SC	1:12.91	_____
5	Walker, Esyllt	W10	Co Cardiff	1:13.94	_____
6	Madge, Willow	W9	C Dolphins	1:16.36	_____
7	Popham, Mari G	W9	Swansea Aq	1:23.41	_____
8	Rukov, Ivan	M18	Aberystwyth	NT	_____

Heat 6 of 29 Finals Starts at 02:53 PM

1	Williams, Emily	W9	Llanelli	1:10.38	_____
2	Evans, Iorwerth R	M9	Fishguard	1:09.69	_____
3	Lewis, Poppy	W10	Amman Valley	1:07.73	_____
4	Backen, Matilda	W9	Fishguard	1:07.14	_____
5	Owens, Ruby	W12	Hsc	1:07.17	_____
6	Curle James, Melody	W11	Co Cardiff	1:07.80	_____
7	Tree, Lois	W10	Hsc	1:10.33	_____
8	Evans, Sylvie	W10	Llanelli	1:10.44	_____

Heat 7 of 29 Finals Starts at 02:55 PM

1	Leigh, Lucie	W9	Co Cardiff	1:05.60	_____
2	Powell, Fred A	M10	Carmarthen	1:05.27	_____
3	Griffiths, Phillip	M11	Milford Havn	1:04.99	_____
4	Roscoe, Evelyn	W10	Hsc	1:04.24	_____
5	Scourfield, Max	M11	Milford Havn	1:04.84	_____
6	Tabiowo, Aria	W10	Co Cardiff	1:05.01	_____
7	Hayward, Adam	M11	Milford Havn	1:05.50	_____
8	Bool, Lani	W9	Hsc	1:05.90	_____

Heat 8 of 29 Finals Starts at 02:57 PM

1	Bullock, Roseanna E	W9	Carmarthen	1:03.48	_____
2	Prince, Aggie M	W9	Swansea Aq	1:02.67	_____
3	Thomas, Gracie	W9	Llanelli	1:02.53	_____
4	Kummer, Seb	M10	Milford Havn	1:02.00	_____
5	Jermin, Martha	W10	Llanelli	1:02.50	_____
6	Davies, Phoebe	W11	Tenby Dolphins	1:02.64	_____
7	Williams, Joel S	M9	Swansea Aq	1:02.88	_____
8	Powell, Leila T	W10	Carmarthen	1:03.67	_____

Heat 9 of 29 Finals Starts at 02:58 PM

1	Beecham, Emelia-May	W11	Fishguard	1:01.78	_____
2	Hughes, Dylan R	M12	Swansea Aq	1:01.54	_____
3	Major, Esmee	W11	Hsc	1:01.16	_____
4	Raistrick, Evelyn	W10	Amman Valley	1:01.04	_____
5	Symmonds, Taya	W10	Hsc	1:01.04	_____
6	Monan, Frances	W9	Tenby Dolphins	1:01.26	_____
7	Seddon, Mari	W11	Co Cardiff	1:01.59	_____
8	Pryce, Jack	M11	Co Cardiff	1:01.97	_____

Heat 10 of 29 Finals Starts at 03:00 PM

1	Ward, Ella-Rae	W9	Co Cardiff	1:00.81	_____
2	Gee, Ruben	M9	Co Cardiff	1:00.76	_____
3	Healan-Thomas, Emma	W11	Co Cardiff	1:00.40	_____
4	Munn, Osian	M9	Co Cardiff	1:00.21	_____
5	Hearne, Logan	M10	Tenby Dolphins	1:00.38	_____
6	Dalton, Daisy	W11	Hsc	1:00.70	_____
7	Dashfield, Lottie	W10	Tenby Dolphins	1:00.78	_____
8	Anderson, Maisy	W11	Co Cardiff	1:00.95	_____

Heat 11 of 29 Finals Starts at 03:01 PM

1	Williams, Eva M	W11	Swansea Aq	1:00.09	_____
2	Blatchford, Gruff	M12	Co Cardiff	59.71	_____
3	Dedman, Ivy	W9	Tenby Dolphins	59.68	_____
4	Duncan, Miriam G	W10	Carmarthen	59.20	_____
5	Burt, Gwion	M12	Llanelli	59.29	_____
6	Carruth, Evie	W11	Co Cardiff	59.70	_____
7	Griffith, Ariana M	W10	Swansea Aq	59.77	_____
8	James, Scarlett	W11	Co Cardiff	1:00.20	_____

Heat 12 of 29 Finals Starts at 03:03 PM

1	Popham, Nyla C	W11	Swansea Aq	58.30	_____
2	Mowbray-Rees, Myles	M10	Swansea Aq	58.10	_____
3	Evans, Lowri Carys	W11	Carmarthen	57.81	_____
4	Antwhistle, Esme W	W11	Swansea Aq	57.60	_____
5	Batcup, Charlie W	M10	Swansea Aq	57.64	_____
6	Padfield-Batte, Agnes	W11	Co Cardiff	57.96	_____
7	Arnold, Olivia	W12	Milford Havn	58.28	_____
8	Evans, Mari F	W14	Carmarthen	59.08	_____

Heat 13 of 29 Finals Starts at 03:05 PM

1	Hawksworth Garcia, Frida	W9	Swansea Aq	57.21	_____
2	Griffiths, Matilda	W9	Llanelli	57.00	_____
3	Lewis, Megan	W15	Milford Havn	56.93	_____
4	Monan, Hazel	W10	Tenby Dolphins	56.58	_____
5	Laxton, Lizzie	W9	Co Cardiff	56.71	_____
6	Madge, Brianna	W11	C Dolphins	56.95	_____
7	Roberts, Emily	W10	Co Cardiff	57.05	_____
8	Edwards, Donnacha	M11	Co Cardiff	57.21	_____

Heat 14 of 29 Finals Starts at 03:06 PM

1	Ballantyne, Nikki	M10	Bridgend SC	56.50	_____
2	Gallagher, Thia C	W11	Swansea Aq	56.44	_____
3	Preece, Megan	W13	Amman Valley	56.09	_____
4	Nel, Summer	W11	Hsc	55.98	_____
5	Hughes, Martha	W10	Co Cardiff	56.05	_____
6	Santos, Olivia	W11	Milford Havn	56.32	_____
7	Lawrence, Rhodri	M11	Fishguard	56.49	_____
8	Edwards, Matthew	M13	Co Cardiff	56.57	_____

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Meet Program - Session 2 (Warmup 12.00 - 1.00)

Heat 15 Finals (#203 Mixed 9 & Over 50 SC Meter Breaststroke)

1	Rudiuk, Arina	W11	Co Cardiff	55.80	_____
2	Hyett, Antonina	W11	C Dolphins	55.49	_____
3	Nemtsov, Anastasia	W10	Co Cardiff	55.18	_____
4	Demchyshyna, Viktoriia	W10	Amman Valley	55.06	_____
5	Hope, Brooke	W11	Tenby Dolphins	55.09	_____
6	Williams, Alys	W12	Carmarthen	55.38	_____
7	Jones, Oscar	M12	Llanelli	55.70	_____
8	Symmons, Bronwen D	W10	Carmarthen	55.82	_____

Heat 16 of 29 Finals Starts at 03:09 PM

1	Bailey, Reuben	M13	Bridgend SC	54.46	_____
2	Felton, Gwennan	W13	C Dolphins	54.33	_____
3	Evans, Cora E	W11	Carmarthen	54.16	_____
4	Holland, Ffion	W10	Bridgend SC	53.90	_____
5	Seddon, Nansi	W11	Co Cardiff	54.03	_____
6	Gil Wood, Sofia A	W10	Swansea Aq	54.25	_____
7	Felton, Catrin	W10	C Dolphins	54.38	_____
8	Edmunds, Rhys T	M11	Swansea Aq	54.72	_____

Heat 17 of 29 Finals Starts at 03:11 PM

1	Caprilli, Valentino	M11	Fishguard	53.57	_____
2	Taffetsauffer, Leo	M10	Llanelli	53.30	_____
3	Williams, Tom	M11	Hsc	53.14	_____
4	Yardley, Josh	M13	Bridgend SC	53.07	_____
5	Filmer, Owen	M10	Aberystwyth	53.07	_____
6	Evans, Gwenllian	W11	Fishguard	53.20	_____
7	Donnelly, Matthew	M14	Llanelli	53.45	_____
8	Brook, Amelia	W12	Aberystwyth	53.76	_____

Heat 18 of 29 Finals Starts at 03:12 PM

1	Bullock, Georgia M	W12	Carmarthen	52.88	_____
2	Marques-Jones, Idris	M11	Carmarthen	51.53	_____
3	Harrison, Abigail	W13	Neath	51.27	_____
4	Mills, Flynn	M12	Milford Havn	50.40	_____
5	Williams, Eve	W13	Penyrheol	50.63	_____
6	Nicklin, Parker	W10	Amman Valley	51.49	_____
7	Marshall, Theo	M9	Co Cardiff	52.22	_____
8	Roberts Mylan, Ffion C	W13	Swansea Aq	52.92	_____

Heat 19 of 29 Finals Starts at 03:14 PM

1	Hope, Madi	W9	Tenby Dolphins	50.17	_____
2	Jones, Bobby	M13	Neath	49.77	_____
3	Green, William	M13	Aberystwyth	48.47	_____
4	Thomas, Gabriel	M11	Llanelli	48.00	_____
5	Roberts, Holly	W12	Bridgend SC	48.45	_____
6	Boyle, Samantha J	W12	Carmarthen	49.71	_____
7	Jones, Gwenllian F	W10	Carmarthen	50.17	_____
8	May-John, Dylan	M11	Aberystwyth	50.36	_____

Heat 20 of 29 Finals Starts at 03:15 PM

1	Pitans, Caitlin R	W13	Swansea Aq	47.89	_____
2	Tucker, Lowri	W16	Llanelli	47.38	_____
3	Murphy, Sienna	W15	Llanelli	47.24	_____
4	Selby, Chloe	W15	Neath	47.12	_____
5	Williams, April	W11	Swansea Aq	47.19	_____
6	Jones, Dion R	M14	Carmarthen	47.37	_____
7	Gardner-Rolfe, Mia G	W13	Swansea Aq	47.69	_____
8	Barrett, William	M13	Penyrheol	47.93	_____

Heat 21 of 29 Finals Starts at 03:17 PM

1	Ellis, Eve	W13	C Dolphins	46.81	_____
2	Ryan, Cora	W16	C Dolphins	46.41	_____
3	Lennon, Amelia-Rose	W12	Carmarthen	45.99	_____
4	Wood, Lilly	W12	Neath	45.43	_____
5	Dadswell, Harry	M12	Pembs Cty	45.88	_____
6	Foale, Jack	M15	Aberystwyth	46.06	_____
7	Holborow, Esmay	W10	Amman Valley	46.71	_____
8	Beall, Isabelle	W13	Penyrheol	46.94	_____

Heat 22 of 29 Finals Starts at 03:18 PM

1	Layland, Seren	W14	Penyrheol	45.20	_____
2	Kasto, Evie T	W14	Swansea Aq	45.20	_____
3	Griffiths, Elizabeth	W14	Fishguard	45.15	_____
4	Cole, Jacob	M13	Neath	44.78	_____
5	Abell, Ronan	M14	Neath	45.04	_____
6	Heron, Edith	W13	Aberystwyth	45.16	_____
7	Rees, Oscar	M12	Llanelli	45.20	_____
8	Gil Wood, Elena	W13	Swansea Aq	45.40	_____

Heat 23 of 29 Finals Starts at 03:19 PM

1	Morris, Megan	W12	Neath	44.31	_____
2	Nash, Oliver J	M12	Carmarthen	44.03	_____
3	Bowen, Seren E	W15	Carmarthen	43.93	_____
4	Thomas, Tristan	M15	Pembs Cty	43.60	_____
5	Powell, Nina L	W13	Carmarthen	43.70	_____
6	Percival, Bella	W13	C Dolphins	43.97	_____
7	Pinnock, Betsan R	W13	Swansea Aq	44.31	_____
8	Rines, Harri	M14	Bridgend SC	44.74	_____

Heat 24 of 29 Finals Starts at 03:21 PM

1	Batchelor, Joshua	M14	Bridgend SC	43.33	_____
2	Duncan, Ava	W13	Amman Valley	43.30	_____
3	George, Eilir	W15	Llanelli	42.99	_____
4	Ballantyne, Alex	M16	Bridgend SC	42.68	_____
5	Longar, Miriam E	W13	Carmarthen	42.80	_____
6	Evans, Sam	M13	Pembs Cty	43.12	_____
7	Cawdery, Seren	W13	Bridgend SC	43.32	_____
8	Phillips, Lucas	M14	Hsc	43.40	_____

Heat 25 of 29 Finals Starts at 03:22 PM

1	Kurys, Bonnie P	W12	Carmarthen	42.17	_____
2	Beasley, Evaleigh D	W12	Swansea Aq	41.66	_____
3	Backen, Freddie	M13	Pembs Cty	41.60	_____
4	Mitrjaikina, Scarlet	W13	Swansea Aq	41.27	_____
5	Dashfield, Olivia	W12	Pembs Cty	41.36	_____
6	Monan, Euan	M12	Pembs Cty	41.61	_____
7	Carter, Ava	W17	Penyrheol	42.14	_____
8	Jenkins, Elli J	W14	Swansea Aq	42.26	_____

Heat 26 of 29 Finals Starts at 03:23 PM

1	Davies, Elizabeth	W12	Pembs Cty	40.94	_____
2	Clissold, Bronwyn	W17	Pembs Cty	40.56	_____
3	Hall, Ellena	W14	Pembs Cty	40.20	_____
4	Reynolds, Owain	M18	Llanelli	39.79	_____
5	Smith, Declan	M14	Neath	40.06	_____
6	Griffiths, Harri	M15	C Dolphins	40.39	_____
7	Hughes, Mollie	W14	C Dolphins	40.65	_____
8	Waters, Toby	M14	Swansea Aq	41.00	_____

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026**Meet Program - Session 2 (Warmup 12.00 - 1.00)****Heat 27 Finals (#203 Mixed 9 & Over 50 SC Meter Breaststroke)**

1	Williams, Paige T	W13	Swansea Aq	39.41	_____
2	Filmer, Gwennan	W13	Aberystwyth	39.18	_____
3	Ostrowski, Julia	W17	Pembs Cty	38.60	_____
4	Batcup, Oliver J	M13	Swansea Aq	38.50	_____
5	Lloyd, Vincent-Owen	M12	Llanelli	38.50	_____
6	Bevan, Driw	M13	Llanelli	39.12	_____
7	Gilderdale, Celyn	W17	Pembs Cty	39.32	_____
8	Ley, Lucy	W17	Swansea Aq	39.62	_____

Heat 28 of 29 Finals Starts at 03:26 PM

1	Jones, Hunydd	W14	Nofio S Gar	38.34	_____
2	Davies, Isabella	W14	Nofio S Gar	37.99	_____
3	David, Isabelle	W18	Swansea Aq	37.10	_____
4	Jones, Dafydd	M13	Carmarthen	36.37	_____
5	Powell, Josie	W15	Bridgend SC	36.59	_____
6	Lewis, Daisy	W16	Bridgend SC	37.74	_____
7	Lewis, Cian	M16	Neath	38.32	_____
8	Evans, Cadi	W13	Penyrheol	38.48	_____

Heat 29 of 29 Finals Starts at 03:27 PM

1	Berner, Iyla	W12	Nofio S Gar	36.33	_____
2	Thomas, Rhys	M15	Pembs Cty	35.11	_____
3	Upton-Boorman, Liam	M18	Nofio S Gar	32.10	_____
4	Stuart Lavender, Jac	M15	Nofio S Gar	31.33	_____
5	Phillips, Finley	M15	Nofio S Gar	31.54	_____
6	Adams, Ronan	M17	Bridgend SC	34.49	_____
7	Parry, Abigail	W13	Carmarthen	35.30	_____
8	Smith, Caelan	M15	Hsc	36.35	_____