

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Results - Session 2 (Warmup 12.00 - 1.00)

Event 201 Girls 9-10 50 SC Meter Butterfly			
Name	Age	Team	Finals Time
1 Butcher, Freya S	10	Swansea Aq	39.15
2 Shelmerdine, Molly	10	Neath	40.23
3 Prosser, Mia S	10	Tenby Dolphins	41.35
4 Laxton, Lizzie	9	Co Cardiff	44.38
5 Demchyshyna, Viktoriia	10	Amman Valley	44.75
6 Gil Wood, Sofia A	10	Swansea Aq	45.02
7 Evans, Sylvie	10	Llanelli	46.09
8 Lewis, Poppy	10	Amman Valley	46.19
9 Jones, Zara	9	Llanelli	46.44
10 Hope, Madi	9	Tenby Dolphins	47.55
11 Holland, Ffion	10	Bridgend SC	49.18
12 Roberts, Emily	10	Co Cardiff	49.85
13 Dedman, Ivy	9	Tenby Dolphins	49.98
14 Husband, Alysia	10	Hsc	50.13
15 Monan, Hazel	10	Tenby Dolphins	50.41
16 Symmons, Bronwen D	10	Carmarthen	51.76
17 Hawksworth Garcia, Frida	9	Swansea Aq	51.85
18 Jones, Gwenllian F	10	Carmarthen	51.94
19 Leigh, Lucie	9	Co Cardiff	52.25
20 Powell, Leila T	10	Carmarthen	53.17
21 Thomas, Gracie	9	Llanelli	53.92
22 Raistrick, Evelyn	10	Amman Valley	54.04
23 Backen, Matilda	9	Fishguard	57.21
24 Nemtsov, Anastasia	10	Co Cardiff	58.54
25 Roscoe, Evelyn	10	Hsc	58.97
26 Jermin, Martha	10	Llanelli	59.22
27 Symmonds, Taya	10	Hsc	1:02.05
28 Bool, Lani	9	Hsc	1:04.03
29 Powell, Elidian	9	C Dolphins	1:04.05
30 Adams, Elizabeth	10	Hsc	1:15.15
--- Waters-Booth, Rose	9	Milford Havn	DQ
--- Ward, Ella-Rae	9	Co Cardiff	DQ
--- Major, Selma	10	Hsc	DQ
--- Tree, Lois	10	Hsc	DQ
--- Glynn-Jones, Olive	9	Co Cardiff	DQ
Event 201 Girls 11-12 50 SC Meter Butterfly			
Name	Age	Team	Finals Time
1 Berner, Iyla	12	Nofio S Gar	30.88
2 Davies, Elizabeth	12	Pembs Cty	33.30
3 Lewis, Evie	12	Pembs Cty	34.20
4 Beasley, Evaleigh D	12	Swansea Aq	34.85
5 Kurys, Emiliese J	11	Carmarthen	35.70
6 Enoch, Erin L	11	Carmarthen	38.99
7 Austin, Sophie Haf	12	C Dolphins	39.57
8 Thomas, Eden	12	Neath	40.33
9 Edmunds, Freya	12	Llanelli	40.80
10 Morris, Megan	12	Neath	40.92
11 Arnold, Olivia	12	Milford Havn	41.24
12 Trowbridge, Eleri	11	Bridgend SC	43.27
13 De-Schoolmeester, Eve	12	Bridgend SC	43.47
14 Bullock, Georgia M	12	Carmarthen	43.68
15 Jenkins, Olivia I	12	Swansea Aq	43.97
16 O Callaghan, Georgia	11	Co Cardiff	44.22
17 Lennon, Amelia-Rose	12	Carmarthen	44.23
18 Brook, Amelia	12	Aberystwyth	44.63
19 Emam, Lina	12	Swansea Aq	45.30
20 Roberts, Holly	12	Bridgend SC	46.37
21 Llewellyn, Anwen	11	Hsc	47.03
22 Williams, Eva M	11	Swansea Aq	47.18
23 Evans, Gwenllian	11	Fishguard	49.12
24 Davies, Phoebe	11	Tenby Dolphins	49.59
25 Burton, Darcie M	11	Swansea Aq	49.74
26 Antwhistle, Esme W	11	Swansea Aq	49.97
27 Owen, Molly	11	Penyrheol	50.08
28 Evans, Cora E	11	Carmarthen	50.43
29 Williams, Alys	12	Carmarthen	50.73
30 Major, Esmee	11	Hsc	51.05
31 Evans, Lowri Carys	11	Carmarthen	53.32
32 Healan-Thomas, Emma	11	Co Cardiff	56.96
33 Anderson, Maisy	11	Co Cardiff	58.20
34 Mahana, Joury K	11	Swansea Aq	1:01.26
35 Dalton, Daisy	11	Hsc	1:01.59
36 James, Scarlett	11	Co Cardiff	1:02.02
--- Thompson, Jane	12	Co Cardiff	DQ
--- Walters, Ellie-Mae	12	Hsc	DQ
--- Curle James, Melody	11	Co Cardiff	DQ
Event 201 Girls 13-14 50 SC Meter Butterfly			
Name	Age	Team	Finals Time
1 Kazmiruk, Anastasiia	14	Nofio S Gar	30.91
2 Dash, Amelie	14	Pembs Cty	32.20
3 Williams, Paige T	13	Swansea Aq	32.92
4 Evans, Cadi	13	Penyrheol	33.25
5 Vaughan, Felicity	13	Bridgend SC	33.75
6 Jones, Hunydd	14	Nofio S Gar	33.93
7 Parry, Abigail	13	Carmarthen	34.43
8 Goodman, Lola	14	Swansea Aq	34.45
9 Mitrjaikina, Scarlet	13	Swansea Aq	35.11
10 Gil Wood, Elena	13	Swansea Aq	35.71
11 Kenny, Jemima	14	Pembs Cty	35.87
12 Harris, Chloe	13	C Dolphins	36.18
13 Kasto, Evie T	14	Swansea Aq	36.81
14 Foldi, Kristina	13	Pembs Cty	37.22
15 #Roberts Mylan, Ffion C	13	Swansea Aq	37.59
16 Williams, Fay	13	Swansea Aq	38.60
17 Beall, Isabelle	13	Penyrheol	38.67
18 Davies, Alana	13	Neath	38.72
19 Gardner-Rolfe, Mia G	13	Swansea Aq	38.79
20 Couzens, Sibylla	14	Pembs Cty	39.42
21 Baylis, Ellie	13	Penyrheol	39.71
22 #Roberts Mylan, Sophie I	13	Swansea Aq	41.25
23 Massey, Mia	13	C Dolphins	41.51
24 Ellis, Eve	13	C Dolphins	42.78
25 Jenkins, Alys	13	Amman Valley	45.16
26 Williams, Eve	13	Penyrheol	48.98
27 Harrison, Abigail	13	Neath	49.07
28 Preece, Megan	13	Amman Valley	50.83
29 Griffiths, Evelyn	14	Milford Havn	52.81
Event 201 Women 15 & Over 50 SC Meter Butterfly			
Name	Age	Team	Finals Time
1 Lewis, Lowri	19	Neath	30.02
2 Goodliffe, Faith R	25	C Dolphins	31.32
3 Williams, Marys E	16	Swansea Aq	32.35
4 Carter, Ava	17	Penyrheol	32.36
5 Thompson, Freya	15	Pembs Cty	32.81
6 Gilderdale, Celyn	17	Pembs Cty	33.31
7 Jenkins, Alexandra G	16	Swansea Aq	33.72
*8 Lewis, Daisy	16	Bridgend SC	34.17
*8 Miles, Megan	17	Pembs Cty	34.17

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Results - Session 2 (Warmup 12.00 - 1.00)				
(Event 201 Women 15 & Over 50 SC Meter Butterfly)				
Name		AgeTeam	Finals Time	
10	Ostrowski, Julia	17 Pembs Cty	34.25	
11	Coles, Sophie	15 Bridgend SC	34.64	
12	Upton-Boorman, Isabella	15 Nofio S Gar	35.23	
13	Bowen, Seren E	15 Carmarthen	35.39	
14	Mason, Phoebe	15 Pembs Cty	36.06	
15	Ryan, Cora	16 C Dolphins	40.34	
16	Tucker, Lowri	16 Llanelli	42.28	
17	Prosser, Eleri	17 Llanelli	1:01.37	
Event 201 Boys 9-10 50 SC Meter Butterfly				
Name		AgeTeam	Finals Time	
1	Hearne, Logan	10 Tenby Dolphins	42.77	
2	Biggs, Harri	9 Co Cardiff	52.36	
3	Marshall, Theo	9 Co Cardiff	52.45	
4	Hughes, Isaac W	9 Swansea Aq	53.40	
5	Munn, Osian	9 Co Cardiff	58.27	
6	Rebiga, Luca	10 Tenby Dolphins	1:03.14	
7	Thain, Reuben	9 Co Cardiff	1:11.18	
---	Thomas, Henry	10 Hsc	DQ	
---	Gee, Ruben	9 Co Cardiff	DQ	
---	Filmer, Owen	10 Aberystwyth	DQ	
---	Boyle, Toby M	10 Carmarthen	DQ	
Event 201 Boys 11-12 50 SC Meter Butterfly				
Name		AgeTeam	Finals Time	
1	Munt, Oliver	12 Hsc	35.43	
2	Pyzer, Cyrus A	12 Carmarthen	36.11	
3	Jermin, Morgan	12 Llanelli	36.36	
4	Leahy, Herbie	11 Pembs Cty	36.74	
5	Evans, Wolfgang	12 Pembs Cty	38.87	
6	Couzens, Sebastian	12 Fishguard	43.01	
7	Burt, Gwion	12 Llanelli	47.39	
8	Pryce, Jack	11 Co Cardiff	48.16	
9	Fretwell, Logan	11 Milford Havn	50.38	
10	Schneeweiss Tommasin, Benje	12 Swansea Aq	50.87	
11	Scourfield, Max	11 Milford Havn	52.02	
12	Lawrence, Rhodri	11 Fishguard	52.89	
13	Edwards, Donnacha	11 Co Cardiff	55.29	
14	Blatchford, Gruff	12 Co Cardiff	56.51	
---	Stirling, Joseph	12 Co Cardiff	DQ	
Event 201 Boys 13-14 50 SC Meter Butterfly				
Name		AgeTeam	Finals Time	
1	Fogarty, Oliver	13 Pembs Cty	30.62	
2	Marques-Jones, Felix	13 Carmarthen	33.32	
3	Collins, Thomas	13 Penyrheol	33.70	
4	Phillips, Lucas	14 Hsc	34.23	
5	Bowes, James F	13 Carmarthen	34.48	
6	Roberts, Iestyn	14 Bridgend SC	34.57	
7	Jones, Indi	13 Bridgend SC	34.61	
8	Moore, Hari	13 Pembs Cty	35.04	
9	Green, William	13 Aberystwyth	37.45	
10	Batcup, Oliver J	13 Swansea Aq	37.49	
11	Bailey, Reuben	13 Bridgend SC	38.11	
12	Batchelor, Joshua	14 Bridgend SC	38.15	
13	Jones, Dion R	14 Carmarthen	38.61	
14	Cole, Jacob	13 Neath	40.37	
15	Williams-Powell, Ieuan	13 C Dolphins	40.53	
16	Lloyd- Roberts, Harry	13 Milford Havn	42.07	
17	Barrett, William	13 Penyrheol	43.17	
18	Donnelly, Matthew	14 Llanelli	51.32	
19	Edwards, Matthew	13 Co Cardiff	53.21	
20	Prosser, Harri	14 Llanelli	1:12.13	
Event 201 Men 15 & Over 50 SC Meter Butterfly				
Name		AgeTeam	Finals Time	
1	Upton-Boorman, Liam	18 Nofio S Gar	26.98	
2	Lewis, Gethin	17 Bridgend SC	28.37	
3	Rukov, Ivan	18 Aberystwyth	28.60	
4	Adams, Ronan	17 Bridgend SC	28.97	
5	Williams, Thomas	15 Nofio S Gar	29.30	
6	Galbraith, Elian	16 Llanelli	29.31	
7	Morgan, Ben	16 Pembs Cty	30.73	
8	Burton, Finnley	15 Bridgend SC	30.81	
9	Lerigo, Oli	15 Aberystwyth	32.05	
10	Smith, Caelan	15 Hsc	32.09	
11	Hill, Alexander Ralph	15 Carmarthen	32.21	
12	Lewis, Cian	16 Neath	33.44	
13	Foale, Jack	15 Aberystwyth	34.64	
Event 202 Girls 9-10 100 SC Meter Freestyle				
Name		AgeTeam	Finals Time	
1	Jones, Myla	10 Swansea Aq	1:12.30	
	34.88	37.42		
2	Shelmerdine, Molly	10 Neath	1:13.95	
	35.45	38.50		
3	Nicklin, Parker	10 Amman Valley	1:21.21	
	39.22	41.99		
4	Holborow, Esmay	10 Amman Valley	1:24.60	
	38.43	46.17		
5	Hope, Madi	9 Tenby Dolphins	1:24.80	
	41.98	42.82		
6	Demchyshyna, Viktoriia	10 Amman Valley	1:26.72	
	42.18	44.54		
7	Felton, Catrin	10 C Dolphins	1:26.79	
	40.31	46.48		
8	Husband, Alysia	10 Hsc	1:27.94	
	41.80	46.14		
9	Prosser, Mia S	10 Tenby Dolphins	1:29.36	
	40.57	48.79		
10	Leigh, Lucie	9 Co Cardiff	1:31.60	
	43.73	47.87		
11	Roberts, Emily	10 Co Cardiff	1:33.68	
	43.91	49.77		
12	Jones, Zara	9 Llanelli	1:34.00	
	44.06	49.94		
13	Hawksworth Garcia, Frida	9 Swansea Aq	1:34.71	
	43.88	50.83		
14	Dedman, Ivy	9 Tenby Dolphins	1:35.00	
	46.37	48.63		
15	Laxton, Lizzie	9 Co Cardiff	1:35.77	
	46.36	49.41		
16	Duncan, Miriam G	10 Carmarthen	1:37.79	
	44.14	53.65		
17	Williams, Emily	9 Llanelli	1:38.03	
	46.26	51.77		
18	Monan, Frances	9 Tenby Dolphins	1:39.26	
	44.91	54.35		
19	Jermin, Martha	10 Llanelli	1:41.78	
	49.99	51.79		
20	Tabiowo, Aria	10 Co Cardiff	1:42.43	
	46.79	55.64		

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Results - Session 2 (Warmup 12.00 - 1.00)										
(Event 202 Girls 9-10 100 SC Meter Freestyle)					17	Dashfield, Olivia		12	Pembs Cty	1:22.36
Name		Age	Team	Finals Time		38.86	43.50			
21	Glynn-Jones, Olive	9	Co Cardiff	1:44.31	18	Burton, Darcie M		11	Swansea Aq	1:22.49
	49.57	54.74				38.30	44.19			
22	Bullock, Roseanna E	9	Carmarthen	1:44.70	19	Humphreys, Mali G		12	Swansea Aq	1:22.67
	47.18	57.52				39.20	43.47			
23	Griffith, Ariana M	10	Swansea Aq	1:46.23	20	Morgan, Iolah		11	Pembs Cty	1:23.26
	48.30	57.93				38.97	44.29			
24	Ward, Ella-Rae	9	Co Cardiff	1:46.43	21	De-Schoolmeester, Eve		12	Bridgend SC	1:23.88
25	Prince, Aggie M	9	Swansea Aq	1:47.09		39.01	44.87			
	49.02	58.07			*22	McFarlane, Mali		11	Milford Havn	1:24.62
26	Morgan, Poppy	10	Neath	1:51.79		40.33	44.29			
	52.26	59.53			*22	Watson, Isabelle		12	Neath	1:24.62
27	Roscoe, Evelyn	10	Hsc	1:52.64		39.43	45.19			
	55.15	57.49			24	Hope, Brooke		11	Tenby Dolphins	1:25.58
28	Popham, Mari G	9	Swansea Aq	1:53.72		41.72	43.86			
	52.31	1:01.41			25	Brook, Amelia		12	Aberystwyth	1:27.34
29	Major, Selma	10	Hsc	1:59.09		42.66	44.68			
	56.70	1:02.39			26	Madge, Brianna		11	C Dolphins	1:27.51
30	Edwards, Mali	10	Amman Valley	2:02.62		41.71	45.80			
	51.15	1:11.47			27	Bullock, Georgia M		12	Carmarthen	1:28.11
31	Adams, Elizabeth	10	Hsc	2:16.97		41.08	47.03			
	1:05.00	1:11.97			28	Trowbridge, Eleri		11	Bridgend SC	1:28.26
---	Butcher, Freya S	10	Swansea Aq	DQ		43.25	45.01			
	38.29	39.60			29	Boyle, Samantha J		12	Carmarthen	1:28.33
---	Jenkins, Betsan	9	Co Cardiff	DQ		42.17	46.16			
	59.61	1:06.92			30	Knight, Anna		12	C Dolphins	1:28.96
Event 202 Girls 11-12 100 SC Meter Freestyle						42.18	46.78			
Name		Age	Team	Finals Time	31	Evans, Cora E		11	Carmarthen	1:29.34
1	Berner, Iyla	12	Nofio S Gar	1:01.26		42.28	47.06			
	29.80	31.46			32	Thompson, Jane		12	Co Cardiff	1:29.43
2	Hawkins, Lottie	12	Pembs Cty	1:08.95		42.35	47.08			
	33.18	35.77			33	Popham, Nyla C		11	Swansea Aq	1:29.75
3	Lewis, Evie	12	Pembs Cty	1:09.32		42.88	46.87			
	32.57	36.75			34	O Callaghan, Georgia		11	Co Cardiff	1:30.90
4	Morris, Besi	12	Amman Valley	1:10.89		42.17	48.73			
	33.90	36.99			35	Rudiuk, Arina		11	Co Cardiff	1:31.04
5	Kurys, Emiliese J	11	Carmarthen	1:11.54		41.43	49.61			
	34.04	37.50			36	Owen, Molly		11	Penyrheol	1:32.56
6	Mason, Ezmee	12	Pembs Cty	1:12.13		43.13	49.43			
	34.92	37.21			37	Davies, Phoebe		11	Tenby Dolphins	1:32.82
7	Francis, Mia	12	Pembs Cty	1:12.36		43.73	49.09			
	34.80	37.56			38	Yardley, Nia		11	Bridgend SC	1:34.38
8	Soul, Anna F	11	Swansea Aq	1:12.98		42.69	51.69			
	34.29	38.69			39	Major, Esmee		11	Hsc	1:34.40
9	Enoch, Erin L	11	Carmarthen	1:13.94		45.30	49.10			
	35.72	38.22			40	Anderson, Maisy		11	Co Cardiff	1:35.24
10	Austin, Sophie Haf	12	C Dolphins	1:14.98		44.77	50.47			
	35.83	39.15			41	Gallagher, Thia C		11	Swansea Aq	1:35.78
11	Hughes, Megan	12	C Dolphins	1:15.04		44.56	51.22			
	35.98	39.06			42	Llewellyn, Anwen		11	Hsc	1:36.21
12	Oseng-Rees, Eira	12	Swansea Aq	1:15.64		45.34	50.87			
	36.48	39.16			43	Beecham, Emelia-May		11	Fishguard	1:37.07
13	Kurys, Bonnie P	12	Carmarthen	1:16.32		48.02	49.05			
	35.28	41.04			44	Kiernan, Emily A		11	Swansea Aq	1:37.49
14	Thomas, Eden	12	Neath	1:16.81		44.51	52.98			
	36.78	40.03			45	Williams, Alys		12	Carmarthen	1:37.90
15	Henson, Jessica	12	Pembs Cty	1:17.22		44.63	53.27			
	36.24	40.98			46	Gregory, Grace		11	Amman Valley	1:37.99
16	Lennon, Amelia-Rose	12	Carmarthen	1:19.35		46.85	51.14			
	38.52	40.83			47	Hyett, Antonina		11	C Dolphins	1:41.81
						45.63	56.18			

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(Event 202 Girls 11-12 100 SC Meter Freestyle)					22	Harris, Chloe	13	C Dolphins	1:11.52
Name		AgeTeam		Finals Time		34.67	36.85		
48	James, Scarlett	11	Co Cardiff	1:41.99	23	Pinnock, Betsan R	13	Swansea Aq	1:11.68
	48.24	53.75				33.66	38.02		
49	Seddon, Mari	11	Co Cardiff	1:44.30	24	Kaill-Franks, Nia	14	Pembs Cty	1:11.95
	46.92	57.38				34.58	37.37		
50	Carruth, Evie	11	Co Cardiff	1:44.49	25	Morris, Ffion H	13	Pembs Cty	1:12.99
	46.20	58.29				35.45	37.54		
51	Dalton, Daisy	11	Hsc	1:45.51	26	Percival, Bella	13	C Dolphins	1:13.07
	51.16	54.35				34.99	38.08		
52	Walters, Ellie-Mae	12	Hsc	1:45.59	27	Foldi, Kristina	13	Pembs Cty	1:13.30
	50.54	55.05				34.93	38.37		
53	Percival, Kitty-Rae	11	C Dolphins	1:50.97	28	Cawdery, Seren	13	Bridgend SC	1:14.94
	51.50	59.47				35.64	39.30		
54	Healan-Thomas, Emma	11	Co Cardiff	1:58.93	29	Baylis, Ellie	13	Penyrheol	1:16.47
	53.20	1:05.73				35.79	40.68		
Event 202 Girls 13-14 100 SC Meter Freestyle					30	Davies, Alana	13	Neath	1:17.02
Name		AgeTeam		Finals Time		36.12	40.90		
1	Layland, Seren	14	Penyrheol	1:02.43	31	Titley, Lola	13	Milford Havn	1:17.10
	30.52	31.91				37.60	39.50		
2	Burns, Freya	14	Nofio S Gar	1:02.51	32	Joseph, Ellie	13	C Dolphins	1:17.47
	30.04	32.47				37.39	40.08		
3	Patterson, Hollie M	14	Carmarthen	1:05.14	33	Davies, Betsi	13	Pembs Cty	1:18.32
	30.88	34.26				37.42	40.90		
4	Goodman, Lola	14	Swansea Aq	1:05.35	34	#Roberts Mylan, Sophie I	13	Swansea Aq	1:18.76
	31.71	33.64				36.81	41.95		
5	Goodman, Evie	14	Swansea Aq	1:05.47	35	Couzens, Sibylla	14	Pembs Cty	1:18.99
	31.55	33.92				37.27	41.72		
6	Davies, Isabella	14	Nofio S Gar	1:05.54	36	White, Mattie	13	Co Cardiff	1:20.25
	31.45	34.09				39.46	40.79		
7	Kazmiruk, Anastasiia	14	Nofio S Gar	1:05.76	37	Toutt, Molly	13	Amman Valley	1:21.57
	31.41	34.35				40.04	41.53		
8	Dash, Amelie	14	Pembs Cty	1:05.97	38	Owen, Charlotte	13	Penyrheol	1:25.07
	31.36	34.61				40.21	44.86		
9	Morgan, Evelyn	14	Nofio S Gar	1:06.31	39	Evans, Mari F	14	Carmarthen	1:26.99
	32.56	33.75				41.34	45.65		
10	Jones, Hunydd	14	Nofio S Gar	1:06.62	40	Besley, Freya	13	Penyrheol	1:28.53
	31.96	34.66				42.34	46.19		
11	Hall, Ellena	14	Pembs Cty	1:07.14	41	Richards, Catrin A	13	Penyrheol	1:34.90
	32.20	34.94				44.71	50.19		
12	Vaughan, Felicity	13	Bridgend SC	1:07.48	42	Felton, Gwennan	13	C Dolphins	1:35.35
	33.12	34.36				45.13	50.22		
13	Mcfarlane, Una	14	Pembs Cty	1:07.67	43	Griffiths, Evelyn	14	Milford Havn	1:49.10
	32.43	35.24				52.48	56.62		
14	Griffiths, Ffion	14	Pembs Cty	1:08.08	44	Facey, Alisha	13	C Dolphins	1:55.28
	32.43	35.65				50.90	1:04.38		
15	Hall, Isabelle	14	Pembs Cty	1:08.09	Event 202 Women 15 & Over 100 SC Meter Freestyle				
	32.96	35.13			Name		AgeTeam		Finals Time
16	Powell, Nina L	13	Carmarthen	1:08.15	1	Geach, Libbie	16	Nofio S Gar	1:00.30
	33.02	35.13				29.00	31.30		
17	Davies, Ava	13	Llanelli	1:09.59	2	Lewis, Lowri	19	Neath	1:01.48
	33.72	35.87				29.41	32.07		
18	Griffiths, Elizabeth	14	Fishguard	1:10.54	3	Williams, Hollie	18	Nofio S Gar	1:03.43
	32.55	37.99				30.59	32.84		
19	Gil Wood, Elena	13	Swansea Aq	1:10.58	4	Gilderdale, Celyn	17	Pembs Cty	1:03.58
	34.81	35.77				30.66	32.92		
20	Dyde, Pheobe	13	Pembs Cty	1:10.59	5	Clissold, Bronwyn	17	Pembs Cty	1:03.74
	33.81	36.78				30.53	33.21		
21	Mitrjaikina, Scarlet	13	Swansea Aq	1:10.63	6	Carter, Ava	17	Penyrheol	1:03.98
	33.42	37.21				30.51	33.47		

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Results - Session 2 (Warmup 12.00 - 1.00)

(Event 202 Women 15 & Over 100 SC Meter Freestyle)					15	Munn, Osian		9	Co Cardiff	1:43.85
NameAgeTeamFinals Time						47.42	56.43			
7	Clissold, Elizabeth	19	Pembs Cty	1:05.00	16	Evans, Iorwerth R		9	Fishguard	1:47.04
	31.16	33.84				48.65	58.39			
8	Philpott, Ffion	16	Nofio S Gar	1:05.60	17	Rebiga, Luca		10	Tenby Dolphins	1:47.15
	31.73	33.87				50.65	56.50			
9	Bruce, Skye	16	Pembs Cty	1:07.62	18	Gee, Ruben		9	Co Cardiff	1:56.37
	32.60	35.02				54.52	1:01.85			
10	Upton-Boorman, Isabella	15	Nofio S Gar	1:08.02	19	Thain, Reuben		9	Co Cardiff	1:57.35
	32.57	35.45				54.66	1:02.69			
11	Knight, Lily	15	C Dolphins	1:09.72	Event 202 Boys 11-12 100 SC Meter Freestyle					
	33.21	36.51			NameAgeTeamFinals Time					
12	Miles, Megan	17	Pembs Cty	1:09.75	1	Bool, Iolo		12	Pembs Cty	1:09.31
	32.95	36.80				33.41	35.90			
13	Coles, Sophie	15	Bridgend SC	1:09.97	2	Jermin, Morgan		12	Llanelli	1:11.35
	33.22	36.75				34.39	36.96			
14	Mason, Phoebe	15	Pembs Cty	1:10.65	3	Lloyd, Vincent-Owen		12	Llanelli	1:12.07
	34.04	36.61				34.61	37.46			
15	Bowen, Seren E	15	Carmarthen	1:12.28	4	Monan, Euan		12	Pembs Cty	1:12.80
	34.40	37.88				34.39	38.41			
16	Richardson, Beca	15	Swansea Aq	1:12.54	5	Munt, Oliver		12	Hsc	1:13.22
	34.12	38.42				35.57	37.65			
17	Murphy, Sienna	15	Llanelli	1:19.61	6	Dadswell, Harry		12	Pembs Cty	1:13.54
	37.22	42.39				34.82	38.72			
18	Selby, Chloe	15	Neath	1:24.91	7	Nash, Oliver J		12	Carmarthen	1:14.02
	38.06	46.85				35.86	38.16			
19	Lewis, Megan	15	Milford Havn	1:25.44	8	Thomas, Gabriel		11	Llanelli	1:14.21
	39.53	45.91				35.29	38.92			
20	Owen, Annabelle	15	Penyrheol	1:25.91	9	Leahy, Herbie		11	Pembs Cty	1:15.29
	39.85	46.06				36.00	39.29			
Event 202 Boys 9-10 100 SC Meter Freestyle					10	Evans, Wolfgang		12	Pembs Cty	1:18.66
NameAgeTeamFinals Time						37.36	41.30			
1	Jones, Sonny	10	Bridgend SC	1:20.38	11	Edmunds, Rhys T		11	Swansea Aq	1:19.42
	37.29	43.09				36.73	42.69			
2	Hearne, Logan	10	Tenby Dolphins	1:25.04	12	Couzens, Sebastian		12	Fishguard	1:21.73
	41.04	44.00				39.01	42.72			
3	Marshall, Theo	9	Co Cardiff	1:26.67	13	Fretwell, Logan		11	Milford Havn	1:24.64
	41.28	45.39				40.81	43.83			
4	Moore, Freddy	10	Fishguard	1:26.94	14	Pryce, Jack		11	Co Cardiff	1:24.91
	41.40	45.54				40.32	44.59			
5	Taffetsauffer, Leo	10	Llanelli	1:27.02	15	May-John, Dylan		11	Aberystwyth	1:24.99
	41.31	45.71				39.98	45.01			
6	Ballantyne, Nikki	10	Bridgend SC	1:27.71	16	Mills, Flynn		12	Milford Havn	1:25.31
	42.37	45.34				40.63	44.68			
7	Powell, Fred A	10	Carmarthen	1:29.44	17	Gray, Ioan		11	Fishguard	1:27.44
	42.58	46.86				41.48	45.96			
8	Arnold, Dylan	10	C Dolphins	1:30.06	18	Blatchford, Gruff		12	Co Cardiff	1:27.87
	43.45	46.61				42.38	45.49			
9	Boyle, Toby M	10	Carmarthen	1:30.68	19	Lawrence, Rhodri		11	Fishguard	1:29.28
	42.40	48.28				43.89	45.39			
10	Mowbray-Rees, Myles	10	Swansea Aq	1:34.00	20	Hughes, Dylan R		12	Swansea Aq	1:29.48
	42.66	51.34				41.24	48.24			
11	Biggs, Harri	9	Co Cardiff	1:39.16	21	Schneiweiss Tommasin, Benj		12	Swansea Aq	1:30.73
	47.60	51.56				41.67	49.06			
12	Pleydell-Pearce, Sebastian	9	Bridgend SC	1:39.62	22	Stirling, Joseph		12	Co Cardiff	1:32.05
	44.47	55.15				44.28	47.77			
13	Jenkins, Evan	10	Co Cardiff	1:43.38	23	Marques-Jones, Idris		11	Carmarthen	1:33.40
	49.03	54.35				44.62	48.78			
14	Thomas, Henry	10	Hsc	1:43.41	24	Williams, Tom		11	Hsc	1:34.67
	47.51	55.90				43.95	50.72			

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Results - Session 2 (Warmup 12.00 - 1.00)									
(Event 202 Boys 11-12 100 SC Meter Freestyle)					25	Prosser, Harri	14	Llanelli	2:09.08
					59.56		1:09.52		
					Event 202 Men 15 & Over 100 SC Meter Freestyle				
Name		AgeTeam		Finals Time					
25	Caprilli, Valentino	11	Fishguard	1:37.00					
47.52		49.48							
26	Edwards, Donnacha	11	Co Cardiff	1:38.48					
46.52		51.96							
27	Hayward, Adam	11	Milford Havn	1:44.17					
48.29		55.88							
28	Griffiths, Phillip	11	Milford Havn	1:56.55					
54.34		1:02.21							
Event 202 Boys 13-14 100 SC Meter Freestyle									
Name		AgeTeam		Finals Time					
1	Morgan, Cole	14	C Dolphins	1:00.45					
29.21		31.24							
2	Mills, Thomas	14	Llanelli	1:01.92					
29.40		32.52							
3	Fogarty, Oliver	13	Pembs Cty	1:02.01					
29.74		32.27							
4	Jones, Dafydd	13	Carmarthen	1:02.97					
30.20		32.77							
5	Rines, Harri	14	Bridgend SC	1:05.43					
31.92		33.51							
6	Bevan, Driw	13	Llanelli	1:05.59					
31.47		34.12							
7	Antwhistle, Isaac J	13	Swansea Aq	1:06.29					
32.57		33.72							
8	Bowes, James F	13	Carmarthen	1:06.30					
32.39		33.91							
9	Waters, Toby	14	Swansea Aq	1:06.83					
31.83		35.00							
10	Higgins, Finley J	14	Swansea Aq	1:07.84					
33.10		34.74							
11	Bailey, Reuben	13	Bridgend SC	1:08.10					
31.84		36.26							
12	Marques-Jones, Felix	13	Carmarthen	1:08.26					
32.90		35.36							
13	Moore, Hari	13	Pembs Cty	1:09.25					
33.97		35.28							
14	Roberts, Iestyn	14	Bridgend SC	1:09.72					
32.92		36.80							
15	Batchelor, Joshua	14	Bridgend SC	1:12.86					
37.02		35.84							
16	George, Kieran	14	Milford Havn	1:13.10					
35.87		37.23							
17	Jones, Tomi	13	Neath	1:15.19					
36.55		38.64							
18	Abell, Ronan	14	Neath	1:16.73					
35.54		41.19							
19	Yardley, Josh	13	Bridgend SC	1:16.90					
35.13		41.77							
20	Williams-Powell, Ieuan	13	C Dolphins	1:18.35					
37.75		40.60							
21	Cole, Jacob	13	Neath	1:20.62					
37.59		43.03							
22	Lloyd- Roberts, Harry	13	Milford Havn	1:20.64					
38.13		42.51							
23	Donnelly, Matthew	14	Llanelli	1:27.29					
41.43		45.86							
24	Edwards, Matthew	13	Co Cardiff	1:35.50					
44.06		51.44							
					25	Prosser, Harri	14	Llanelli	2:09.08
					59.56		1:09.52		
					Event 202 Men 15 & Over 100 SC Meter Freestyle				
Name		AgeTeam		Finals Time					
1	Watkins, Will	18	Bridgend SC	54.28					
26.24		28.04							
2	Upton-Boorman, Liam	18	Nofio S Gar	54.82					
26.10		28.72							
3	Stuart Lavender, Jac	15	Nofio S Gar	58.09					
27.86		30.23							
4	Williams, Thomas	15	Nofio S Gar	58.43					
28.49		29.94							
5	Rukov, Ivan	18	Aberystwyth	59.24					
27.49		31.75							
6	Galbraith, Elian	16	Llanelli	59.26					
27.55		31.71							
7	Morgan, Ben	16	Pembs Cty	59.72					
28.86		30.86							
8	Lewis, Gethin	17	Bridgend SC	1:00.33					
29.31		31.02							
9	Gray, Gruffudd I	16	Swansea Aq	1:01.05					
29.24		31.81							
10	Thomas, Rhys	15	Pembs Cty	1:01.73					
29.96		31.77							
11	Burton, Finnley	15	Bridgend SC	1:01.98					
29.32		32.66							
12	Burt, Caio	15	Llanelli	1:03.21					
30.23		32.98							
13	Cleave, Joshua	17	C Dolphins	1:03.23					
30.82		32.41							
14	Lewis, Callum	16	Milford Havn	1:04.32					
29.65		34.67							
15	Griffiths, Harri	15	C Dolphins	1:04.94					
31.31		33.63							
16	Thomas, Tristan	15	Pembs Cty	1:05.00					
31.64		33.36							
17	Hill, Alexander Ralph	15	Carmarthen	1:05.14					
30.44		34.70							
18	Lerigo, Oli	15	Aberystwyth	1:05.52					
30.82		34.70							
19	Smith, Caelan	15	Hsc	1:07.60					
32.66		34.94							
20	Reynolds, Owain	18	Llanelli	1:07.68					
31.66		36.02							
---	Rowlands, Sion E	16	Carmarthen	DQ					
30.77		33.39							
Event 203 Girls 9-10 50 SC Meter Breaststroke									
Name		AgeTeam		Finals Time					
1	Nicklin, Parker	10	Amman Valley	49.04					
2	Hope, Madi	9	Tenby Dolphins	50.05					
3	Jones, Gwenllian F	10	Carmarthen	51.05					
4	Griffiths, Matilda	9	Llanelli	52.90					
5	Demchyshyna, Viktoriia	10	Amman Valley	53.30					
6	Hawksworth Garcia, Frida	9	Swansea Aq	53.47					
7	Lewis, Poppy	10	Amman Valley	53.61					
8	Gil Wood, Sofia A	10	Swansea Aq	53.95					
9	Holland, Ffion	10	Bridgend SC	54.26					
10	Laxton, Lizzie	9	Co Cardiff	54.96					
11	Roberts, Emily	10	Co Cardiff	56.07					
12	Nemtsov, Anastasia	10	Co Cardiff	56.50					

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Results - Session 2 (Warmup 12.00 - 1.00)			
(Event 203 Girls 9-10 50 SC Meter Breaststroke)			
Name	AgeTeam	Finals Time	
13 Griffith, Ariana M	10 Swansea Aq	56.61	
14 Dedman, Ivy	9 Tenby Dolphins	57.18	
15 Symmons, Bronwen D	10 Carmarthen	57.56	
16 Duncan, Miriam G	10 Carmarthen	57.76	
17 Felton, Catrin	10 C Dolphins	57.79	
18 Evans, Sylvie	10 Llanelli	57.85	
19 Roscoe, Evelyn	10 Hsc	58.11	
20 Monan, Hazel	10 Tenby Dolphins	59.16	
21 Symmonds, Taya	10 Hsc	59.36	
22 Powell, Elidian	9 C Dolphins	59.87	
23 Leigh, Lucie	9 Co Cardiff	1:00.33	
24 Dashfield, Lottie	10 Tenby Dolphins	1:00.77	
25 Prince, Aggie M	9 Swansea Aq	1:01.07	
26 Powell, Leila T	10 Carmarthen	1:01.26	
27 Tabiowo, Aria	10 Co Cardiff	1:01.50	
28 Raistrick, Evelyn	10 Amman Valley	1:01.83	
29 Jermin, Martha	10 Llanelli	1:02.16	
30 Richards, Lillian	10 Hsc	1:03.07	
31 Ward, Ella-Rae	9 Co Cardiff	1:04.03	
32 Burton, Bethany	9 Llanelli	1:04.04	
33 Backen, Matilda	9 Fishguard	1:04.23	
34 Bool, Lani	9 Hsc	1:05.34	
35 Tree, Lois	10 Hsc	1:06.17	
36 Jones, Isabelle	10 C Dolphins	1:08.20	
37 Madge, Willow	9 C Dolphins	1:08.76	
38 Walker, ESYllt	10 Co Cardiff	1:10.05	
39 Jenkins, Betsan	9 Co Cardiff	1:10.65	
40 Adams, Elizabeth	10 Hsc	1:15.56	
41 Major, Selma	10 Hsc	1:19.23	
42 Popham, Mari G	9 Swansea Aq	1:19.84	
--- Glynn-Jones, Olive	9 Co Cardiff	DQ	
--- Holborow, Esmay	10 Amman Valley	DQ	
--- Monan, Frances	9 Tenby Dolphins	DQ	
--- Bullock, Roseanna E	9 Carmarthen	DQ	
--- Evans, Esta F	10 Carmarthen	DQ	
--- Taylor, Llio B	10 Carmarthen	DQ	
--- Morgan, Poppy	10 Neath	DQ	
--- Benwell, Alexia	10 Amman Valley	DQ	
--- Williams, Emily	9 Llanelli	DQ	
(Event 203 Girls 13-14 50 SC Meter Breaststroke)			
Name	AgeTeam	Finals Time	
1 Parry, Abigail	13 Carmarthen	35.82	
2 Davies, Isabella	14 Nofio S Gar	37.77	
3 Evans, Cadi	13 Penyrheol	38.04	
4 Jones, Hunydd	14 Nofio S Gar	38.06	
5 Williams, Paige T	13 Swansea Aq	38.67	
6 Hall, Ellena	14 Pembs Cty	39.02	
7 Filmer, Gwennan	13 Aberystwyth	39.66	
8 Hughes, Mollie	14 C Dolphins	40.27	
9 Mitrjaikina, Scarlet	13 Swansea Aq	41.16	
10 Gil Wood, Elena	13 Swansea Aq	42.00	
11 Layland, Seren	14 Penyrheol	42.26	
12 Powell, Nina L	13 Carmarthen	42.39	
13 Jenkins, Elli J	14 Swansea Aq	42.49	
14 Duncan, Ava	13 Amman Valley	43.29	
15 Cawdery, Seren	13 Bridgend SC	44.27	
16 Percival, Bella	13 C Dolphins	44.55	
17 Pinnock, Betsan R	13 Swansea Aq	44.77	
18 Kasto, Evie T	14 Swansea Aq	45.90	
19 Beall, Isabelle	13 Penyrheol	46.64	
20 Griffiths, Elizabeth	14 Fishguard	46.93	
21 Gardner-Rolfe, Mia G	13 Swansea Aq	47.06	
22 #Roberts Mylan, Ffion C	13 Swansea Aq	49.00	
23 Ellis, Eve	13 C Dolphins	49.08	
24 Williams, Eve	13 Penyrheol	50.37	
25 Harrison, Abigail	13 Neath	50.53	
26 Felton, Gwennan	13 C Dolphins	50.56	
27 Preece, Megan	13 Amman Valley	54.27	
28 Evans, Mari F	14 Carmarthen	56.65	
29 Facey, Alisha	13 C Dolphins	58.19	
--- Williams, Fay	13 Swansea Aq	DQ	
--- Longar, Miriam E	13 Carmarthen	DQ	

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Results - Session 2 (Warmup 12.00 - 1.00)									
Event 203 Women 15 & Over 50 SC Meter Breaststroke				---	Stirling, Joseph	12	Co Cardiff	DQ	
				---	May-John, Dylan	11	Aberystwyth	DQ	
Name	Age	Team	Finals Time	Event 203 Boys 13-14 50 SC Meter Breaststroke					
1	Powell, Josie	15	Bridgend SC	37.13	1	Jones, Dafydd	13	Carmarthen	36.75
2	David, Isabelle	18	Swansea Aq	37.65	2	Evans, Sam	13	Pembs Cty	37.53
3	Lewis, Daisy	16	Bridgend SC	38.30	3	Batcup, Oliver J	13	Swansea Aq	38.72
4	Gilderdale, Celyn	17	Pembs Cty	39.42	4	Bevan, Driw	13	Llanelli	39.57
5	Carter, Ava	17	Penyrheol	39.70	5	Backen, Freddie	13	Pembs Cty	40.21
6	Miles, Megan	17	Pembs Cty	40.37	6	Waters, Toby	14	Swansea Aq	40.52
7	Clissold, Bronwyn	17	Pembs Cty	40.83	7	Smith, Declan	14	Neath	40.58
8	George, Eilir	15	Llanelli	40.93	8	Batchelor, Joshua	14	Bridgend SC	42.12
9	Ostrowski, Julia	17	Pembs Cty	41.08	9	Bailey, Reuben	13	Bridgend SC	42.16
10	Bowen, Seren E	15	Carmarthen	44.94	10	Phillips, Lucas	14	Hsc	42.47
11	Tucker, Lowri	16	Llanelli	48.03	11	Rines, Harri	14	Bridgend SC	42.53
12	Murphy, Sienna	15	Llanelli	48.66	12	Abell, Ronan	14	Neath	43.10
13	Selby, Chloe	15	Neath	49.77	13	Jones, Dion R	14	Carmarthen	45.12
14	Lewis, Megan	15	Milford Havn	54.93	14	Green, William	13	Aberystwyth	45.45
Event 203 Boys 9-10 50 SC Meter Breaststroke				15	Barrett, William	13	Penyrheol	47.73	
Name	Age	Team	Finals Time	16	Yardley, Josh	13	Bridgend SC	48.91	
1	Taffetsauffer, Leo	10	Llanelli	49.59	17	Donnelly, Matthew	14	Llanelli	53.63
2	Jones, Sonny	10	Bridgend SC	49.93	18	Edwards, Matthew	13	Co Cardiff	53.99
3	Marshall, Theo	9	Co Cardiff	50.75	---	Cole, Jacob	13	Neath	DQ
4	Filmer, Owen	10	Aberystwyth	52.37	---	Prosser, Harri	14	Llanelli	DQ
5	Ballantyne, Nikki	10	Bridgend SC	54.64	Event 203 Men 15 & Over 50 SC Meter Breaststroke				
6	Hearne, Logan	10	Tenby Dolphins	55.34	Name	Age	Team	Finals Time	
7	Batcup, Charlie W	10	Swansea Aq	55.96	1	Upton-Boorman, Liam	18	Nofio S Gar	31.74
8	Munn, Osian	9	Co Cardiff	57.34	2	Stuart Lavender, Jac	15	Nofio S Gar	31.78
9	Powell, Fred A	10	Carmarthen	57.47	3	Phillips, Finley	15	Nofio S Gar	31.84
10	Mowbray-Rees, Myles	10	Swansea Aq	57.88	4	Adams, Ronan	17	Bridgend SC	34.10
11	Mitchell, Finley	9	Bridgend SC	1:01.15	5	Thomas, Rhys	15	Pembs Cty	35.19
12	Williams, Joel S	9	Swansea Aq	1:04.18	6	Smith, Caelan	15	Hsc	35.96
13	Jenkins, Evan	10	Co Cardiff	1:07.77	7	Rukov, Ivan	18	Aberystwyth	37.41
14	Thain, Reuben	9	Co Cardiff	1:08.23	8	Ballantyne, Alex	16	Bridgend SC	38.35
15	Evans, Iorwerth R	9	Fishguard	1:09.61	9	Burton, Finnley	15	Bridgend SC	38.42
16	Thomas, Henry	10	Hsc	1:12.92	10	Lewis, Cian	16	Neath	38.96
---	Gee, Ruben	9	Co Cardiff	DQ	11	Reynolds, Owain	18	Llanelli	39.57
---	Pleydell-Pearce, Sebastian	9	Bridgend SC	DQ	12	Griffiths, Harri	15	C Dolphins	41.57
---	Rebiga, Luca	10	Tenby Dolphins	DQ	13	Thomas, Tristan	15	Pembs Cty	43.34
Event 203 Boys 11-12 50 SC Meter Breaststroke				14	Foale, Jack	15	Aberystwyth	44.17	
Name	Age	Team	Finals Time						
1	Lloyd, Vincent-Owen	12	Llanelli	40.03					
2	Monan, Euan	12	Pembs Cty	42.62					
3	Nash, Oliver J	12	Carmarthen	43.93					
4	Thomas, Gabriel	11	Llanelli	43.95					
5	Dadswell, Harry	12	Pembs Cty	44.01					
6	Rees, Oscar	12	Llanelli	47.08					
7	Edmunds, Rhys T	11	Swansea Aq	47.32					
8	Marques-Jones, Idris	11	Carmarthen	48.48					
9	Mills, Flynn	12	Milford Havn	53.17					
10	Williams, Tom	11	Hsc	53.27					
11	Caprilli, Valentino	11	Fishguard	55.55					
12	Lawrence, Rhodri	11	Fishguard	57.15					
13	Edwards, Donnacha	11	Co Cardiff	57.79					
14	Hughes, Dylan R	12	Swansea Aq	1:00.82					
15	Burt, Gwion	12	Llanelli	1:01.22					
16	Pryce, Jack	11	Co Cardiff	1:02.49					
17	Griffiths, Phillip	11	Milford Havn	1:02.57					
18	Blatchford, Gruff	12	Co Cardiff	1:03.35					
19	Hayward, Adam	11	Milford Havn	1:04.79					
20	Scourfield, Max	11	Milford Havn	1:05.63					
---	Jones, Oscar	12	Llanelli	DQ					