

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Meet Program - Session 3 (Warmup 3.40 - 4.40)

Event 301 Mixed 9 & Over 100 SC Meter Backstroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 19 Finals Starts at 04:45 PM				
1				_____
2				_____
3	Bullock, Roseanna E	W9	Carmarthen	NT _____
4	Griffith, Ariana M	W10	Swansea Aq	NT _____
5	Gee, Ruben	M9	Co Cardiff	NT _____
6	Evans, Iorwerth R	M9	Fishguard	NT _____
7				_____
8				_____
Heat 2 of 19 Finals Starts at 04:48 PM				
1	Evans, Sylvie	W10	Llanelli	NT _____
2	Raistrick, Evelyn	W10	Amman Valley	NT _____
3	Nicholas, Belle	W10	Milford Havn	NT _____
4	Roscoe, Evelyn	W10	Hsc	NT _____
5	Jenkins, Evan	M10	Co Cardiff	NT _____
6	Parsons, Effie	W10	Co Cardiff	NT _____
7	Moore, Freddy	M10	Fishguard	NT _____
8	Ballantyne, Nikki	M10	Bridgend SC	NT _____
Heat 3 of 19 Finals Starts at 04:51 PM				
1	Seddon, Nansi	W11	Co Cardiff	NT _____
2	Hayward, Adam	M11	Milford Havn	NT _____
3	Yardley, Nia	W11	Bridgend SC	NT _____
4	Edmunds, Rhys T	M11	Swansea Aq	NT _____
5	Santos, Olivia	W11	Milford Havn	NT _____
6	Hope, Brooke	W11	Tenby Dolphins	NT _____
7	Tooze, Moli	W11	Aberystwyth	NT _____
8	Sherwood, Betti J	W11	Swansea Aq	NT _____
Heat 4 of 19 Finals Starts at 04:54 PM				
1	Couzens, Sebastian	M12	Fishguard	NT _____
2	Schneiweiss Tommasin, Ber	M12	Swansea Aq	NT _____
3	Facey, Alisha	W13	C Dolphins	NT _____
4	Jenkins, Alys	W13	Amman Valley	NT _____
5	Massey, Mia	W13	C Dolphins	NT _____
6	White, Mattie	W13	Co Cardiff	NT _____
7	De-Schoolmeester, Eve	W12	Bridgend SC	NT _____
8	O Callaghan, Georgia	W11	Co Cardiff	NT _____
Heat 5 of 19 Finals Starts at 04:57 PM				
1	Yardley, Josh	M13	Bridgend SC	NT _____
2	Besley, Freya	W13	Penyrheol	NT _____
3	Morgan, Cole	M14	C Dolphins	NT _____
4	Hall, Ellena	W14	Pembs Cty	NT _____
5	Hall, Isabelle	W14	Pembs Cty	NT _____
6	Morgans-Hurley, Jason	M13	Milford Havn	NT _____
7	Richards, Catrin A	W13	Penyrheol	NT _____
8	Lowcock, Fran I	W13	Swansea Aq	NT _____
Heat 6 of 19 Finals Starts at 05:00 PM				
1	Thomas, Rhys	M15	Pembs Cty	NT _____
2	Griffiths, Evelyn	W14	Milford Havn	2:14.90 _____
3	Walters, Ellie-Mae	W12	Hsc	2:06.75 _____
4	Bool, Lani	W9	Hsc	2:06.24 _____
5	Anderson, Maisy	W11	Co Cardiff	2:06.57 _____
6	Nel, Summer	W11	Hsc	2:10.27 _____
7	Dashfield, Lottie	W10	Tenby Dolphins	2:16.79 _____
8	Foale, Jack	M15	Aberystwyth	NT _____

Heat 7 of 19 Finals Starts at 05:03 PM				
1	Percival, Kitty-Rae	W11	C Dolphins	1:58.69 _____
2	Biggs, Harri	M9	Co Cardiff	1:58.61 _____
3	Roberts, Emily	W10	Co Cardiff	1:56.23 _____
4	Williams, Emily	W9	Llanelli	1:55.32 _____
5	Ward, Ella-Rae	W9	Co Cardiff	1:55.62 _____
6	Munn, Osian	M9	Co Cardiff	1:58.40 _____
7	Dalton, Daisy	W11	Hsc	1:58.63 _____
8	Evans, Lowri Carys	W11	Carmarthen	2:04.80 _____
Heat 8 of 19 Finals Starts at 05:06 PM				
1	Marques-Jones, Idris	M11	Carmarthen	1:53.54 _____
2	Tabiowo, Aria	W10	Co Cardiff	1:53.21 _____
3	Gregory, Grace	W11	Amman Valley	1:50.56 _____
4	Evans, Alys E	W10	Carmarthen	1:50.08 _____
5	Popham, Nyla C	W11	Swansea Aq	1:50.11 _____
6	Williams, Tom	M11	Hsc	1:52.20 _____
7	James, Scarlett	W11	Co Cardiff	1:53.30 _____
8	Leigh, Lucie	W9	Co Cardiff	1:54.80 _____
Heat 9 of 19 Finals Starts at 05:10 PM				
1	Davies, Phoebe	W11	Tenby Dolphins	1:49.09 _____
2	Williams, Eva M	W11	Swansea Aq	1:45.20 _____
3	Boyle, Toby M	M10	Carmarthen	1:44.18 _____
4	Blatchford, Gruff	M12	Co Cardiff	1:41.96 _____
5	Major, Esmee	W11	Hsc	1:43.07 _____
6	Dedman, Ivy	W9	Tenby Dolphins	1:44.76 _____
7	Hawksworth Garcia, Frida	W9	Swansea Aq	1:47.68 _____
8	Edwards, Donnacha	M11	Co Cardiff	1:49.91 _____
Heat 10 of 19 Finals Starts at 05:13 PM				
1	Gil Wood, Sofia A	W10	Swansea Aq	1:40.20 _____
2	Filmer, Owen	M10	Aberystwyth	1:39.18 _____
3	Selby, Chloe	W15	Neath	1:38.65 _____
4	Hearne, Logan	M10	Tenby Dolphins	1:38.51 _____
5	Prosser, Mia S	W10	Tenby Dolphins	1:38.56 _____
6	Bullock, Georgia M	W12	Carmarthen	1:38.83 _____
7	Munt, Oliver	M12	Hsc	1:40.16 _____
8	Demchyshyna, Viktoriia	W10	Amman Valley	1:41.15 _____
Heat 11 of 19 Finals Starts at 05:16 PM				
1	Lennon, Amelia-Rose	W12	Carmarthen	1:36.90 _____
2	Watson, Isabelle	W12	Neath	1:35.08 _____
3	Williams, Eve	W13	Penyrheol	1:34.08 _____
4	Phillips, Gethin	M14	Hsc	1:33.60 _____
5	Soul, Anna F	W11	Swansea Aq	1:33.78 _____
6	Joseph, Ellie	W13	C Dolphins	1:34.62 _____
7	Smith, Caelan	M15	Hsc	1:35.57 _____
8	Heron, Edith	W13	Aberystwyth	1:38.30 _____
Heat 12 of 19 Finals Starts at 05:19 PM				
1	Husband, Alysia	W10	Hsc	1:33.29 _____
2	Tucker, Lowri	W16	Llanelli	1:32.64 _____
3	Davies, Lauren	W14	Llanelli	1:30.29 _____
4	Rines, Harri	M14	Bridgend SC	1:29.00 _____
5	Enoch, Erin L	W11	Carmarthen	1:29.88 _____
6	Oseng-Rees, Eira	W12	Swansea Aq	1:31.34 _____
7	Williams-Powell, Ieuan	M13	C Dolphins	1:32.81 _____
8	Butcher, Freya S	W10	Swansea Aq	1:33.50 _____

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Meet Program - Session 3 (Warmup 3.40 - 4.40)

Heat 13 Finals (#301 Mixed 9 & Over 100 SC Meter Backstroke)

1	Percival, Bella	W13	C Dolphins	1:28.27	_____
2	Francis, Mia	W12	Pembs Cty	1:28.04	_____
3	Kaill-Franks, Nia	W14	Pembs Cty	1:27.54	_____
4	Griffiths, Elizabeth	W14	Fishguard	1:27.08	_____
5	Morgan, Iolah	W11	Pembs Cty	1:27.37	_____
6	Leahy, Herbie	M11	Pembs Cty	1:27.98	_____
7	Murphy, Sienna	W15	Llanelli	1:28.15	_____
8	Davies, Betsi	W13	Pembs Cty	1:28.99	_____

Heat 14 of 19 Finals Starts at 05:24 PM

1	Gil Wood, Elena	W13	Swansea Aq	1:23.82	_____
2	Rowland, Scarlett	W13	Neath	1:23.26	_____
3	Davies, Ava	W13	Llanelli	1:22.18	_____
4	Bool, Iolo	M12	Pembs Cty	1:21.14	_____
5	Pyzer, Cyrus A	M12	Carmarthen	1:21.73	_____
6	Abell, Ronan	M14	Neath	1:22.60	_____
7	Lloyd, Vincent-Owen	M12	Llanelli	1:23.55	_____
8	Jones, Indi	M13	Bridgend SC	1:24.64	_____

Heat 15 of 19 Finals Starts at 05:27 PM

1	Jermin, Morgan	M12	Llanelli	1:20.76	_____
2	Fogarty, Oliver	M13	Pembs Cty	1:20.00	_____
3	Griffiths, Isla	W12	Tenby Dolphins	1:19.48	_____
4	Moore, Hari	M13	Pembs Cty	1:19.32	_____
5	Marques-Jones, Felix	M13	Carmarthen	1:19.39	_____
6	Morris, Besi	W12	Amman Valley	1:19.55	_____
7	Morgan, Evelyn	W14	Nofio S Gar	1:20.61	_____
8	Morris, Ffion H	W13	Pembs Cty	1:20.90	_____

Heat 16 of 19 Finals Starts at 05:29 PM

1	Filmer, Gwennan	W13	Aberystwyth	1:18.98	_____
2	George, Eilir	W15	Llanelli	1:17.02	_____
3	Miles, Megan	W17	Pembs Cty	1:16.74	_____
4	Hawkins, Lottie	W12	Pembs Cty	1:15.99	_____
5	Jones, Dafydd	M13	Carmarthen	1:16.62	_____
6	Bevan, Driw	M13	Llanelli	1:16.91	_____
7	Pinnock, Betsan R	W13	Swansea Aq	1:17.96	_____
8	Parry, Abigail	W13	Carmarthen	1:19.23	_____

Heat 17 of 19 Finals Starts at 05:32 PM

1	Clissold, Elizabeth	W19	Pembs Cty	1:15.61	_____
2	Goodliffe, Faith R	W25	C Dolphins	1:15.09	_____
3	Williams, Hollie	W18	Nofio S Gar	1:14.65	_____
4	Thompson, Freya	W15	Pembs Cty	1:14.43	_____
5	Philpott, Ffion	W16	Nofio S Gar	1:14.53	_____
6	Davies, Elizabeth	W12	Pembs Cty	1:14.89	_____
7	Mcfarlane, Una	W14	Pembs Cty	1:15.26	_____
8	Bowes, James F	M13	Carmarthen	1:15.80	_____

Heat 18 of 19 Finals Starts at 05:34 PM

1	Jenkins, Elli J	W14	Swansea Aq	1:13.70	_____
2	Cressey-Rodgers, Gwenllian	W15	Nofio S Gar	1:13.14	_____
3	Rukov, Ivan	M18	Aberystwyth	1:12.54	_____
4	Jones, Hunydd	W14	Nofio S Gar	1:12.28	_____
5	Upton-Boorman, Isabella	W15	Nofio S Gar	1:12.44	_____
6	Waters, Toby	M14	Swansea Aq	1:12.67	_____
7	Clissold, Bronwyn	W17	Pembs Cty	1:13.32	_____
8	Thomas, Tristan	M15	Pembs Cty	1:14.35	_____

Heat 19 of 19 Finals Starts at 05:37 PM

1	Lerigo, Oli	M15	Aberystwyth	1:12.10	_____
2	Layland, Seren	W14	Penyrheol	1:10.31	_____
3	Galbraith, Elian	M16	Llanelli	1:08.20	_____
4	Lewis, Gethin	M17	Bridgend SC	1:05.10	_____
5	Gray, Gruffudd I	M16	Swansea Aq	1:07.42	_____
6	Geach, Libbie	W16	Nofio S Gar	1:09.32	_____
7	Ballantyne, Alex	M16	Bridgend SC	1:10.73	_____
8	Bruce, Skye	W16	Pembs Cty	1:12.24	_____

Event 302 Mixed 9 & Over 200 SC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 22 Finals Starts at 05:39 PM

1					_____
2					_____
3	Monan, Frances	W9	Tenby Dolphins		NT
4	Ward, Ella-Rae	W9	Co Cardiff		NT
5	Laxton, Lizzie	W9	Co Cardiff		NT
6					_____
7					_____
8					_____

Heat 2 of 22 Finals Starts at 05:43 PM

1					_____
2	Pleydell-Pearce, Sebastian	M9	Bridgend SC		NT
3	Hughes, Martha	W10	Co Cardiff		NT
4	Ballantyne, Nikki	M10	Bridgend SC		NT
5	Tree, Lois	W10	Hsc		NT
6	Nemtsov, Anastasia	W10	Co Cardiff		NT
7	Biggs, Harri	M9	Co Cardiff		NT
8					_____

Heat 3 of 22 Finals Starts at 05:47 PM

1	Symmonds, Taya	W10	Hsc		NT
2	Tabiowo, Aria	W10	Co Cardiff		NT
3	Demchyshyna, Viktoriia	W10	Amman Valley		NT
4	Major, Selma	W10	Hsc		NT
5	Boyle, Toby M	M10	Carmarthen		NT
6	Richards, Lillian	W10	Hsc		NT
7	Jones, Gwenllian F	W10	Carmarthen		NT
8	Dashfield, Lottie	W10	Tenby Dolphins		NT

Heat 4 of 22 Finals Starts at 05:51 PM

1	Kummer, Seb	M10	Milford Havn		NT
2	Scourfield, Max	M11	Milford Havn		NT
3	Anderson, Maisy	W11	Co Cardiff		NT
4	Edwards, Donnacha	M11	Co Cardiff		NT
5	Beecham, Emelia-May	W11	Fishguard		NT
6	Seddon, Nansi	W11	Co Cardiff		NT
7	Adams, Elizabeth	W10	Hsc		NT
8	Parsons, Effie	W10	Co Cardiff		NT

Heat 5 of 22 Finals Starts at 05:55 PM

1	Lawrence, Rhodri	M11	Fishguard		NT
2	Gray, Ioan	M11	Fishguard		NT
3	Owens, Ruby	W12	Hsc		NT
4	Austin, Sophie Haf	W12	C Dolphins		NT
5	Jones, Oscar	M12	Llanelli		NT
6	May-John, Dylan	M11	Aberystwyth		NT
7	Tooze, Moli	W11	Aberystwyth		NT
8	Gallagher, Thia C	W11	Swansea Aq		NT

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Meet Program - Session 3 (Warmup 3.40 - 4.40)

Heat 6 Finals (#302 Mixed 9 & Over 200 SC Meter IM)					
1	Williams, Alys	W12	Carmarthen	NT	_____
2	Yardley, Josh	M13	Bridgend SC	NT	_____
3	Evans, Mari F	W14	Carmarthen	NT	_____
4	Backen, Matilda	W9	Fishguard	4:49.28	_____
5	Rukov, Ivan	M18	Aberystwyth	NT	_____
6	Harrison, Abigail	W13	Neath	NT	_____
7	Walters, Ellie-Mae	W12	Hsc	NT	_____
8	De-Schoolmeester, Eve	W12	Bridgend SC	NT	_____

Heat 7 of 22 Finals Starts at 06:04 PM					
1	Munn, Osian	M9	Co Cardiff	4:30.67	_____
2	Hughes, Isaac W	M9	Swansea Aq	4:11.68	_____
3	Llewellyn, Anwen	W11	Hsc	4:09.68	_____
4	Williams, Tom	M11	Hsc	4:03.53	_____
5	Caprilli, Valentino	M11	Fishguard	4:09.34	_____
6	Leigh, Lucie	W9	Co Cardiff	4:09.95	_____
7	Dalton, Daisy	W11	Hsc	4:15.91	_____
8	James, Scarlett	W11	Co Cardiff	4:30.81	_____

Heat 8 of 22 Finals Starts at 06:09 PM					
1	Burt, Gwion	M12	Llanelli	4:01.40	_____
2	Hawksworth Garcia, Frida	W9	Swansea Aq	3:58.06	_____
3	Popham, Nyla C	W11	Swansea Aq	3:54.38	_____
4	Lewis, Megan	W15	Milford Havn	3:53.81	_____
5	Symmons, Bronwen D	W10	Carmarthen	3:54.26	_____
6	Holland, Ffion	W10	Bridgend SC	3:54.69	_____
7	Major, Esmee	W11	Hsc	4:00.04	_____
8	Owen, Molly	W11	Penyrheol	4:02.60	_____

Heat 9 of 22 Finals Starts at 06:14 PM					
1	Pryce, Jack	M11	Co Cardiff	3:49.09	_____
2	Arnold, Dylan	M10	C Dolphins	3:45.60	_____
3	Jones, Zara	W9	Llanelli	3:45.52	_____
4	Williams, Eve	W13	Penyrheol	3:40.71	_____
5	Jenkins, Alys	W13	Amman Valley	3:42.26	_____
6	Antwhistle, Esme W	W11	Swansea Aq	3:45.52	_____
7	Owen, Charlotte	W13	Penyrheol	3:46.40	_____
8	Blatchford, Gruff	M12	Co Cardiff	3:49.92	_____

Heat 10 of 22 Finals Starts at 06:18 PM					
1	Owen, Annabelle	W15	Penyrheol	3:39.33	_____
2	Monan, Hazel	W10	Tenby Dolphins	3:37.67	_____
3	Fretwell, Logan	M11	Milford Havn	3:36.17	_____
4	Lloyd- Roberts, Harry	M13	Milford Havn	3:35.52	_____
5	Arnold, Olivia	W12	Milford Havn	3:35.59	_____
6	Mills, Flynn	M12	Milford Havn	3:36.69	_____
7	McFarlane, Mali	W11	Milford Havn	3:38.76	_____
8	Couzens, Sebastian	M12	Fishguard	3:39.37	_____

Heat 11 of 22 Finals Starts at 06:23 PM					
1	Gil Wood, Sofia A	W10	Swansea Aq	3:33.43	_____
2	Bullock, Georgia M	W12	Carmarthen	3:29.10	_____
3	Barrett, William	M13	Penyrheol	3:28.53	_____
4	Jenkins, Olivia I	W12	Swansea Aq	3:25.35	_____
5	Hearne, Logan	M10	Tenby Dolphins	3:26.40	_____
6	Emam, Lina	W12	Swansea Aq	3:29.05	_____
7	Holborow, Esmay	W10	Amman Valley	3:30.88	_____
8	Husband, Alysia	W10	Hsc	3:33.65	_____

Heat 12 of 22 Finals Starts at 06:27 PM					
1	Cole, Jacob	M13	Neath	3:22.67	_____
2	Dashfield, Olivia	W12	Pembs Cty	3:20.00	_____
3	Fenemore, Emily G	W13	Carmarthen	3:18.66	_____
4	Phillips, Lucas	M14	Hsc	3:16.48	_____
5	Titely, Lola	W13	Milford Havn	3:18.11	_____
6	Nicklin, Parker	W10	Amman Valley	3:19.90	_____
7	Roberts, Holly	W12	Bridgend SC	3:21.82	_____
8	Dennison, Evie	W13	Milford Havn	3:22.88	_____

Heat 13 of 22 Finals Starts at 06:31 PM					
1	Batchelor, Joshua	M14	Bridgend SC	3:14.00	_____
2	Morris, Megan	W12	Neath	3:13.49	_____
3	Lewis, Callum	M16	Milford Havn	3:12.99	_____
4	Davies, Betsi	W13	Pembs Cty	3:10.97	_____
5	Phillips, Gethin	M14	Hsc	3:11.08	_____
6	Enoch, Erin L	W11	Carmarthen	3:13.37	_____
7	Morgan, Iolah	W11	Pembs Cty	3:13.85	_____
8	Couzens, Sibylla	W14	Pembs Cty	3:14.40	_____

Heat 14 of 22 Finals Starts at 06:35 PM					
1	Mason, Ezmee	W12	Pembs Cty	3:09.90	_____
2	Francis, Mia	W12	Pembs Cty	3:07.55	_____
3	Kurys, Bonnie P	W12	Carmarthen	3:05.87	_____
4	Kasto, Evie T	W14	Swansea Aq	3:05.19	_____
5	George, Kieran	M14	Milford Havn	3:05.53	_____
6	Jones, Dion R	M14	Carmarthen	3:06.44	_____
7	Foldi, Kristina	W13	Pembs Cty	3:08.36	_____
8	Leahy, Herbie	M11	Pembs Cty	3:10.68	_____

Heat 15 of 22 Finals Starts at 06:38 PM					
1	Vaughan, Felicity	W13	Bridgend SC	3:01.33	_____
2	Henson, Jessica	W12	Pembs Cty	3:00.52	_____
3	Kurys, Emiliese J	W11	Carmarthen	2:58.22	_____
4	Bool, Iolo	M12	Pembs Cty	2:57.58	_____
5	Munt, Oliver	M12	Hsc	2:57.64	_____
6	Bowen, Seren E	W15	Carmarthen	2:58.45	_____
7	Pitans, Caitlin R	W13	Swansea Aq	3:01.20	_____
8	Evans, Wolfgang	M12	Pembs Cty	3:05.07	_____

Heat 16 of 22 Finals Starts at 06:42 PM					
1	Jermin, Morgan	M12	Llanelli	2:57.45	_____
2	Morris, Ffion H	W13	Pembs Cty	2:56.93	_____
3	Pinnock, Betsan R	W13	Swansea Aq	2:55.85	_____
4	Harris, Chloe	W13	C Dolphins	2:54.82	_____
5	Lloyd, Vincent-Owen	M12	Llanelli	2:55.00	_____
6	Foale, Jack	M15	Aberystwyth	2:56.40	_____
7	Monan, Euan	M12	Pembs Cty	2:57.39	_____
8	Duncan, Ava	W13	Amman Valley	2:57.56	_____

Heat 17 of 22 Finals Starts at 06:46 PM					
1	Dyde, Pheobe	W13	Pembs Cty	2:54.08	_____
2	Hawkins, Lottie	W12	Pembs Cty	2:52.61	_____
3	George, Eilir	W15	Llanelli	2:51.97	_____
4	Griffiths, Ffion	W14	Pembs Cty	2:51.51	_____
5	Jenkins, Alexandra G	W16	Swansea Aq	2:51.69	_____
6	Mitrjaikina, Scarlet	W13	Swansea Aq	2:52.50	_____
7	Backen, Freddie	M13	Pembs Cty	2:53.11	_____
8	Kenny, Jemima	W14	Pembs Cty	2:54.53	_____

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026**Meet Program - Session 3 (Warmup 3.40 - 4.40)****Heat 18 Finals (#302 Mixed 9 & Over 200 SC Meter IM)**

1	Goodman, Lola	W14	Swansea Aq	2:48.68	_____
2	Lewis, Evie	W12	Pembs Cty	2:48.33	_____
3	Goodman, Evie	W14	Swansea Aq	2:47.40	_____
4	Patterson, Hollie M	W14	Carmarthen	2:47.17	_____
5	Marques-Jones, Felix	M13	Carmarthen	2:47.38	_____
6	Ostrowski, Julia	W17	Pembs Cty	2:47.51	_____
7	Richardson, Beca	W15	Swansea Aq	2:48.53	_____
8	Collins, Thomas	M13	Penyrheol	2:48.91	_____

Heat 19 of 22 Finals Starts at 06:53 PM

1	Parry, Abigail	W13	Carmarthen	2:46.99	_____
2	Carter, Ava	W17	Penyrheol	2:46.40	_____
3	Bruce, Skye	W16	Pembs Cty	2:45.75	_____
4	Knight, Lily	W15	C Dolphins	2:45.19	_____
5	Evans, Cadi	W13	Penyrheol	2:45.58	_____
6	Mason, Phoebe	W15	Pembs Cty	2:46.21	_____
7	Smith, Caelan	M15	Hsc	2:46.83	_____
8	Antwhistle, Isaac J	M13	Swansea Aq	2:47.14	_____

Heat 20 of 22 Finals Starts at 06:56 PM

1	Bowes, James F	M13	Carmarthen	2:44.28	_____
2	Lewis, Gethin	M17	Bridgend SC	2:43.05	_____
3	Burt, Caio	M15	Llanelli	2:42.22	_____
4	Jones, Dafydd	M13	Carmarthen	2:41.39	_____
5	Powell, Josie	W15	Bridgend SC	2:42.19	_____
6	Filmer, Gwennan	W13	Aberystwyth	2:42.79	_____
7	Ley, Lucy	W17	Swansea Aq	2:43.06	_____
8	Lewis, Cian	M16	Neath	2:44.58	_____

Heat 21 of 22 Finals Starts at 06:59 PM

1	Davies, Isabella	W14	Nofio S Gar	2:38.84	_____
2	Kazmiruk, Anastasiia	W14	Nofio S Gar	2:38.66	_____
3	Fogarty, Oliver	M13	Pembs Cty	2:36.17	_____
4	Burns, Freya	W14	Nofio S Gar	2:31.71	_____
5	Evans, Sam	M13	Pembs Cty	2:33.12	_____
6	Williams, Marys E	W16	Swansea Aq	2:37.52	_____
7	Jones, Hunydd	W14	Nofio S Gar	2:38.79	_____
8	Dash, Amelie	W14	Pembs Cty	2:40.34	_____

Heat 22 of 22 Finals Starts at 07:02 PM

1	Galbraith, Elian	M16	Llanelli	2:29.00	_____
2	Berner, Iyla	W12	Nofio S Gar	2:27.69	_____
3	Stuart Lavender, Jac	M15	Nofio S Gar	2:24.50	_____
4	Upton-Boorman, Liam	M18	Nofio S Gar	2:13.48	_____
5	Watkins, Will	M18	Bridgend SC	2:22.59	_____
6	Williams, Thomas	M15	Nofio S Gar	2:24.99	_____
7	Morgan, Ben	M16	Pembs Cty	2:28.45	_____
8	Lewis, Lowri	W19	Neath	2:31.62	_____