

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Meet Program - Session 5 (Warmup 11.35 - 12.35)

Event 501 Mixed 9 & Over 50 SC Meter Backstroke					
Lane	Name	Age	Team	Seed	Time
Heat 1 of 32 Finals Starts at 12:45 PM					
1	Fenemore, Merlin G	M9	Carmarthen	NT	_____
2	Gladstone, Sophie	W9	Hsc	NT	_____
3	Thain, Reuben	M9	Co Cardiff	NT	_____
4	Jenkins, Evan	M10	Co Cardiff	NT	_____
5	Glynn-Jones, Olive	W9	Co Cardiff	NT	_____
6	Burton, Bethany	W9	Llanelli	NT	_____
7	Edwards, Joseff	M9	Aberystwyth	NT	_____
8	Amos, Olivia	W9	Co Cardiff	NT	_____
Heat 2 of 32 Finals Starts at 12:48 PM					
1	Richards, Lillian	W10	Hsc	NT	_____
2	Evans, Esta F	W10	Carmarthen	NT	_____
3	Taylor, Llio B	W10	Carmarthen	NT	_____
4	Millard, Emilia	W10	Bridgend SC	NT	_____
5	Nagaraja, Aman	M10	Co Cardiff	NT	_____
6	Mikulasova, Elizabeth	W10	Llanelli	NT	_____
7	Cooper, Seth	M10	Co Cardiff	NT	_____
8	Roscoe, Evelyn	W10	Hsc	NT	_____
Heat 3 of 32 Finals Starts at 12:50 PM					
1	Tarling, Mollie	W10	C Dolphins	NT	_____
2	de Lloyd, Alexa	W11	Co Cardiff	NT	_____
3	Nel, Summer	W11	Hsc	NT	_____
4	Harrod, Percy	M11	Hsc	NT	_____
5	Cleverley, Tahlia	W11	Hsc	NT	_____
6	George, Sam	M11	Milford Havn	NT	_____
7	Davies, Matilda	W10	Co Cardiff	NT	_____
8	Baldwin, Heidi	W10	Bridgend SC	NT	_____
Heat 4 of 32 Finals Starts at 12:52 PM					
1	Wheeler, Amelie	W13	Penyrheol	NT	_____
2	White, Mattie	W13	Co Cardiff	NT	_____
3	Bailey, Reuben	M13	Bridgend SC	NT	_____
4	Toutt, Molly	W13	Amman Valley	NT	_____
5	O'Neill, Anwen	W13	Co Cardiff	NT	_____
6	Facey, Alisha	W13	C Dolphins	NT	_____
7	Preece, Megan	W13	Amman Valley	NT	_____
8	Lewis, Gwen L	W12	Carmarthen	NT	_____
Heat 5 of 32 Finals Starts at 12:54 PM					
1	Hall, Isabelle	W14	Pembs Cty	NT	_____
2	Reynolds, Owain	M18	Llanelli	NT	_____
3	Waters-Booth, Rose	W9	Milford Havn	1:13.82	_____
4	Prosser, Harri	M14	Llanelli	1:09.10	_____
5	Jenkins, Betsan	W9	Co Cardiff	1:09.95	_____
6	Rukov, Ivan	M18	Aberystwyth	NT	_____
7	Parkes, Emily	W14	Bridgend SC	NT	_____
8	Gourley, Noah	M13	Penyrheol	NT	_____
Heat 6 of 32 Finals Starts at 12:56 PM					
1	Walker, Esyllt	W10	Co Cardiff	1:05.99	_____
2	Morgans-Hurley, Jason	M13	Milford Havn	1:05.33	_____
3	Dashfield, Lottie	W10	Tenby Dolphins	1:03.52	_____
4	Popham, Mari G	W9	Swansea Aq	1:01.30	_____
5	Nicholas, Belle	W10	Milford Havn	1:02.13	_____
6	Adams, Elizabeth	W10	Hsc	1:05.24	_____
7	Griffiths, Evelyn	W14	Milford Havn	1:05.78	_____
8	Santos, Olivia	W11	Milford Havn	1:05.99	_____

Heat 7 of 32 Finals Starts at 12:58 PM					
1	Tree, Lois	W10	Hsc	1:00.13	_____
2	Hawkins, Millie R	W11	Swansea Aq	58.82	_____
3	Griffiths, Phillip	M11	Milford Havn	58.61	_____
4	Owens, Ruby	W12	Hsc	57.92	_____
5	Edmunds, Paige	W16	Llanelli	58.40	_____
6	Symmonds, Taya	W10	Hsc	58.62	_____
7	Hayward, Adam	M11	Milford Havn	59.87	_____
8	Brogan, Maisie	W9	Swansea Aq	1:00.91	_____
Heat 8 of 32 Finals Starts at 01:01 PM					
1	Walters, Grace E	W11	Swansea Aq	57.78	_____
2	Bool, Lani	W9	Hsc	57.30	_____
3	Walters, Ellie-Mae	W12	Hsc	57.08	_____
4	Sherwood, Betti J	W11	Swansea Aq	56.40	_____
5	Whitecross, Phoebe	W10	Hsc	56.80	_____
6	Mahana, Joury K	W11	Swansea Aq	57.17	_____
7	Anderson, Maisy	W11	Co Cardiff	57.51	_____
8	Backen, Matilda	W9	Fishguard	57.86	_____
Heat 9 of 32 Finals Starts at 01:03 PM					
1	Willis, Reuben	M9	Co Cardiff	56.14	_____
2	O Neill, Aoife	W9	Co Cardiff	55.71	_____
3	Monan, Frances	W9	Tenby Dolphins	55.55	_____
4	Evans, Lowri Carys	W11	Carmarthen	55.23	_____
5	Gallagher, Thia C	W11	Swansea Aq	55.34	_____
6	Mahoney, Phoebe	W10	Co Cardiff	55.69	_____
7	Nemtsov, Anastasia	W10	Co Cardiff	55.90	_____
8	Scourfield, Max	M11	Milford Havn	56.28	_____
Heat 10 of 32 Finals Starts at 01:05 PM					
1	Evans, Cora E	W11	Carmarthen	54.98	_____
2	Tabiowo, Aria	W10	Co Cardiff	54.44	_____
3	Batcup, Charlie W	M10	Swansea Aq	54.28	_____
4	Marques-Jones, Idris	M11	Carmarthen	53.48	_____
5	Williams, Sonny	M9	Llanelli	54.28	_____
6	Duncan, Miriam G	W10	Carmarthen	54.40	_____
7	Warrington, Mavi	W10	Penyrheol	54.44	_____
8	Powell, Leila T	W10	Carmarthen	55.16	_____
Heat 11 of 32 Finals Starts at 01:07 PM					
1	Powell, Elidian	W9	C Dolphins	53.38	_____
2	Chapman, Noah	M11	Llanelli	53.12	_____
3	Raistrick, Evelyn	W10	Amman Valley	53.02	_____
4	Haines, Nia	W9	Amman Valley	52.88	_____
5	Caprilli, Valentino	M11	Fishguard	52.96	_____
6	Collins, Grace	W10	Co Cardiff	53.10	_____
7	Kummer, Seb	M10	Milford Havn	53.12	_____
8	Hyett, Antonina	W11	C Dolphins	53.47	_____
Heat 12 of 32 Finals Starts at 01:09 PM					
1	Mowbray-Rees, Myles	M10	Swansea Aq	52.84	_____
2	Coleman, Lacey	W14	Hsc	52.28	_____
3	Gregory, Grace	W11	Amman Valley	52.15	_____
4	Rudiuk, Arina	W11	Co Cardiff	52.03	_____
5	Potts, Ella	W10	Bridgend SC	52.04	_____
6	Ward, Ella-Rae	W9	Co Cardiff	52.27	_____
7	Biggs, Harri	M9	Co Cardiff	52.72	_____
8	Bullock, Roseanna E	W9	Carmarthen	52.87	_____

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Meet Program - Session 5 (Warmup 11.35 - 12.35)

Heat 13 Finals (#501 Mixed 9 & Over 50 SC Meter Backstroke)

1	Gray, Ioan	M11	Fishguard	51.76	_____
2	Burton, Darcie M	W11	Swansea Aq	51.51	_____
3	Hawksworth Garcia, Frida	W9	Swansea Aq	51.46	_____
4	Griffith, Ariana M	W10	Swansea Aq	51.38	_____
5	Thomas, Henry	M10	Hsc	51.41	_____
6	Grainger, Heath	M10	Co Cardiff	51.50	_____
7	Leigh, Lucie	W9	Co Cardiff	51.60	_____
8	Jermin, Martha	W10	Llanelli	51.85	_____

Heat 14 of 32 Finals Starts at 01:14 PM

1	Thomas, Gracie	W9	Llanelli	51.15	_____
2	Curle James, Melody	W11	Co Cardiff	50.80	_____
3	Dedman, Ivy	W9	Tenby Dolphins	50.37	_____
4	Kiernan, Emily A	W11	Swansea Aq	49.92	_____
5	Phillips, Grace I	W11	Swansea Aq	50.27	_____
6	Williams, Emily	W9	Llanelli	50.40	_____
7	Carruth, Evie	W11	Co Cardiff	51.10	_____
8	Knight, Anna	W12	C Dolphins	51.25	_____

Heat 15 of 32 Finals Starts at 01:16 PM

1	Burt, Gwion	M12	Llanelli	49.70	_____
2	Wiggins, Fran	W11	Co Cardiff	49.30	_____
3	Llewellyn, Anwen	W11	Hsc	49.01	_____
4	Jones, Oscar	M12	Llanelli	48.80	_____
5	Snelgrove, Tomi	M10	Neath	49.01	_____
6	Laxton, Lizzie	W9	Co Cardiff	49.17	_____
7	Taylor, Kingsley C	M11	Swansea Aq	49.40	_____
8	Owen, Molly	W11	Penyrheol	49.70	_____

Heat 16 of 32 Finals Starts at 01:18 PM

1	O Callaghan, Georgia	W11	Co Cardiff	48.54	_____
2	Cole, Jacob	M13	Neath	48.39	_____
3	James, Scarlett	W11	Co Cardiff	48.20	_____
4	Popham, Nyla C	W11	Swansea Aq	47.78	_____
5	Sursona, Mateo	M12	Carmarthen	48.07	_____
6	Williams, Alys	W12	Carmarthen	48.37	_____
7	Harrison, Abigail	W13	Neath	48.50	_____
8	Madge, Brianna	W11	C Dolphins	48.62	_____

Heat 17 of 32 Finals Starts at 01:20 PM

1	Jones, Gwenllian F	W10	Carmarthen	47.40	_____
2	Marshall, Theo	M9	Co Cardiff	47.07	_____
3	Nicholas, Annie	W11	Milford Havn	46.93	_____
4	Taylor, Jasper B	M13	Swansea Aq	46.60	_____
5	Hill, Oliver S	M12	Swansea Aq	46.82	_____
6	Owen, Charlotte	W13	Penyrheol	46.95	_____
7	Evans, Liliana	W10	Llanelli	47.39	_____
8	Monan, Hazel	W10	Tenby Dolphins	47.69	_____

Heat 18 of 32 Finals Starts at 01:22 PM

1	Gil Wood, Sofia A	W10	Swansea Aq	46.46	_____
2	Prosser, Mia S	W10	Tenby Dolphins	46.41	_____
3	Butcher, Freya S	W10	Swansea Aq	46.04	_____
4	Phillips, Ieuan	M12	Fishguard	45.84	_____
5	Rowland, Delilah	W10	Neath	46.02	_____
6	Williams, Tom	M11	Hsc	46.40	_____
7	Boyle, Samantha J	W12	Carmarthen	46.46	_____
8	Hope, Madi	W9	Tenby Dolphins	46.47	_____

Heat 19 of 32 Finals Starts at 01:24 PM

1	Nicklin, Parker	W10	Amman Valley	45.69	_____
2	Jones, Bobby	M13	Neath	45.53	_____
3	Symmons, Bronwen D	W10	Carmarthen	45.37	_____
4	Powell, Fred A	M10	Carmarthen	45.06	_____
5	Davies, Rocco	M12	Neath	45.31	_____
6	Boyle, Toby M	M10	Carmarthen	45.50	_____
7	Edmunds, Freya	W12	Llanelli	45.57	_____
8	Williams, Eva M	W11	Swansea Aq	45.77	_____

Heat 20 of 32 Finals Starts at 01:26 PM

1	Selby, Chloe	W15	Neath	44.77	_____
2	Bullock, Georgia M	W12	Carmarthen	44.45	_____
3	Davies, Phoebe	W11	Tenby Dolphins	44.22	_____
4	Lawrence, Rhodri	M11	Fishguard	43.85	_____
5	Dashfield, Olivia	W12	Pembs Cty	44.09	_____
6	Barrett, William	M13	Penyrheol	44.27	_____
7	Hearne, Logan	M10	Tenby Dolphins	44.56	_____
8	Owen, Annabelle	W15	Penyrheol	44.92	_____

Heat 21 of 32 Finals Starts at 01:28 PM

1	McFadyen, Hamish	M13	Aberystwyth	43.30	_____
2	Watson, Isabelle	W12	Neath	43.03	_____
3	Blue, Harri O	M14	Carmarthen	42.86	_____
4	Middleton, Caitlin	W15	Aberystwyth	42.46	_____
5	Arnold, Olivia	W12	Milford Havn	42.86	_____
6	Lennon, Amelia-Rose	W12	Carmarthen	42.88	_____
7	Rabaiotti, Orla-Rae	W10	Swansea Aq	43.20	_____
8	Hooper, Olivia	W10	Neath	43.83	_____

Heat 22 of 32 Finals Starts at 01:30 PM

1	Hope, Brooke	W11	Tenby Dolphins	42.32	_____
2	Dennison, Evie	W13	Milford Havn	41.89	_____
3	Davies, Lauren	W14	Llanelli	41.76	_____
4	Husband, Alysia	W10	Hsc	41.52	_____
5	Titely, Lola	W13	Milford Havn	41.69	_____
6	Enoch, Erin L	W11	Carmarthen	41.80	_____
7	Brook, Amelia	W12	Aberystwyth	42.06	_____
8	Warrington, Ilayda	W12	Penyrheol	42.33	_____

Heat 23 of 32 Finals Starts at 01:32 PM

1	Nash, Oliver J	M12	Carmarthen	41.30	_____
2	Ryan, Cora	W16	C Dolphins	41.15	_____
3	Clay, Emelia S	W11	Swansea Aq	40.82	_____
4	Thomas, Gabriel	M11	Llanelli	40.77	_____
5	Jones, Dion R	M14	Carmarthen	40.79	_____
6	Jenkins, Olivia I	W12	Swansea Aq	40.88	_____
7	Morgan, Iolah	W11	Pembs Cty	41.23	_____
8	Lugg, Darcey	W10	Bridgend SC	41.40	_____

Heat 24 of 32 Finals Starts at 01:34 PM

1	Wells, Iris	W14	C Dolphins	40.74	_____
2	Henson, Jessica	W12	Pembs Cty	40.10	_____
3	Davies, Betsi	W13	Pembs Cty	39.65	_____
4	Griffiths, Elizabeth	W14	Fishguard	39.52	_____
5	Bowen, Seren E	W15	Carmarthen	39.58	_____
6	Williams, Fay	W13	Swansea Aq	39.95	_____
7	Batchelor, Joshua	M14	Bridgend SC	40.61	_____
8	Francis, Mia	W12	Pembs Cty	40.74	_____

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Meet Program - Session 5 (Warmup 11.35 - 12.35)

Heat 25 Finals (#501 Mixed 9 & Over 50 SC Meter Backstroke)

1	Baylis, Ellie	W13	Penyrheol	39.48	_____
2	Abell, Ronan	M14	Neath	39.29	_____
3	Berry-Martin, Finn	M11	Co Cardiff	38.91	_____
4	Evans, Wolfgang	M12	Pembs Cty	38.70	_____
5	Williams, April	W11	Swansea Aq	38.83	_____
6	Gil Wood, Elena	W13	Swansea Aq	39.01	_____
7	Munt, Oliver	M12	Hsc	39.30	_____
8	Kurys, Bonnie P	W12	Carmarthen	39.52	_____

Heat 26 of 32 Finals Starts at 01:38 PM

1	Foldi, Kristina	W13	Pembs Cty	38.54	_____
2	Pyzer, Cyrus A	M12	Carmarthen	38.32	_____
3	George, Kieran	M14	Milford Havn	38.20	_____
4	Lloyd, Vincent-Owen	M12	Llanelli	38.17	_____
5	Kaill-Franks, Nia	W14	Pembs Cty	38.18	_____
6	Duncan, Ava	W13	Amman Valley	38.25	_____
7	Griffiths, Harri	M15	C Dolphins	38.47	_____
8	Thomas, Eden	W12	Neath	38.66	_____

Heat 27 of 32 Finals Starts at 01:40 PM

1	Mason, Phoebe	W15	Pembs Cty	37.78	_____
2	Backen, Freddie	M13	Pembs Cty	37.67	_____
3	Morris, Besi	W12	Amman Valley	37.10	_____
4	Pinnock, Betsan R	W13	Swansea Aq	36.84	_____
5	Bool, Iolo	M12	Pembs Cty	37.04	_____
6	Griffiths, Isla	W12	Tenby Dolphins	37.50	_____
7	Jermin, Morgan	M12	Llanelli	37.71	_____
8	Morris, Ffion H	W13	Pembs Cty	38.00	_____

Heat 28 of 32 Finals Starts at 01:42 PM

1	Marques-Jones, Felix	M13	Carmarthen	36.70	_____
2	George, Eilir	W15	Llanelli	36.31	_____
3	Bowes, James F	M13	Carmarthen	36.02	_____
4	Miles, Megan	W17	Pembs Cty	35.52	_____
5	Morgan, Lily	W15	Tenby Dolphins	35.53	_____
6	Phillips, Gethin	M14	Hsc	36.29	_____
7	Parry, Abigail	W13	Carmarthen	36.44	_____
8	Adams, Ronan	M17	Bridgend SC	36.74	_____

Heat 29 of 32 Finals Starts at 01:43 PM

1	Griffiths, Ffion	W14	Pembs Cty	35.43	_____
2	Morgan, Ben	M16	Pembs Cty	35.26	_____
3	Jenkins, Elli J	W14	Swansea Aq	35.00	_____
4	Goodman, Lola	W14	Swansea Aq	34.86	_____
5	Ostrowski, Julia	W17	Pembs Cty	34.92	_____
6	Bevan, Driw	M13	Llanelli	35.03	_____
7	Richardson, Beca	W15	Swansea Aq	35.32	_____
8	Davies, Isabella	W14	Nofio S Gar	35.49	_____

Heat 30 of 32 Finals Starts at 01:45 PM

1	Clissold, Bronwyn	W17	Pembs Cty	34.60	_____
2	Burt, Caio	M15	Llanelli	34.41	_____
3	Williams, Hollie	W18	Nofio S Gar	34.22	_____
4	Beasley, Evaleigh D	W12	Swansea Aq	33.93	_____
5	Jones, Dafydd	M13	Carmarthen	33.95	_____
6	Collins, Thomas	M13	Penyrheol	34.34	_____
7	Rines, Harri	M14	Bridgend SC	34.52	_____
8	Cressey-Rodgers, Gwenllian	W15	Nofio S Gar	34.80	_____

Heat 31 of 32 Finals Starts at 01:47 PM

1	Upton-Boorman, Isabella	W15	Nofio S Gar	33.77	_____
2	Gilderdale, Celyn	W17	Pembs Cty	33.35	_____
3	Taffetsauffer, Isabella	W14	Nofio S Gar	33.33	_____
4	Layland, Seren	W14	Penyrheol	32.53	_____
5	Evans, Sam	M13	Pembs Cty	33.21	_____
6	Burns, Freya	W14	Nofio S Gar	33.33	_____
7	Hale, Oliver S	M15	Swansea Aq	33.60	_____
8	Jones, Hunydd	W14	Nofio S Gar	33.78	_____

Heat 32 of 32 Finals Starts at 01:49 PM

1	Berner, Iyla	W12	Nofio S Gar	31.58	_____
2	Galbraith, Elian	M16	Llanelli	30.91	_____
3	Elmes, Max	M14	Nofio S Gar	29.67	_____
4	Upton-Boorman, Liam	M18	Nofio S Gar	28.31	_____
5	Lewis, Gethin	M17	Bridgend SC	29.58	_____
6	Harwood, Jack	M14	Pembs Cty	30.53	_____
7	Gray, Gruffudd I	M16	Swansea Aq	30.94	_____
8	Goodliffe, Faith R	W25	C Dolphins	32.14	_____

Event 502 Mixed 9 & Over 100 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Finals Starts at 01:51 PM

1					_____
2					_____
3	O'Neill, Aoife	W9	Co Cardiff	NT	_____
4	Grainger, Heath	M10	Co Cardiff	NT	_____
5	Butcher, Freya S	W10	Swansea Aq	NT	_____
6					_____
7					_____
8					_____

Heat 2 of 10 Finals Starts at 01:53 PM

1	Parsons, Effie	W10	Co Cardiff	NT	_____
2	Fretwell, Logan	M11	Milford Havn	NT	_____
3	Monan, Euan	M12	Pembs Cty	NT	_____
4	Mills, Flynn	M12	Milford Havn	NT	_____
5	Lewis, Gwen L	W12	Carmarthen	NT	_____
6	McFarlane, Mali	W11	Milford Havn	NT	_____
7	El Saghir, Karim S	M11	Carmarthen	NT	_____
8	Tabiowo, Aria	W10	Co Cardiff	NT	_____

Heat 3 of 10 Finals Starts at 01:55 PM

1	Lloyd- Roberts, Harry	M13	Milford Havn	NT	_____
2	Baylis, Ellie	W13	Penyrheol	NT	_____
3	Thomas, Rhys	M15	Pembs Cty	NT	_____
4	Coles, Sophie	W15	Bridgend SC	NT	_____
5	Lewis, Megan	W15	Milford Havn	NT	_____
6	Roberts, Iestyn	M14	Bridgend SC	NT	_____
7	Taylor, Jasper B	M13	Swansea Aq	NT	_____
8	Emam, Lina	W12	Swansea Aq	NT	_____

Heat 4 of 10 Finals Starts at 01:57 PM

1	Williams-Powell, Ieuan	M13	C Dolphins	1:49.74	_____
2	Hearne, Logan	M10	Tenby Dolphins	1:48.46	_____
3	Morgan, Iolah	W11	Pembs Cty	1:46.26	_____
4	Davies, Betsi	W13	Pembs Cty	1:38.60	_____
5	Antwhistle, Isaac J	M13	Swansea Aq	1:39.25	_____
6	Prince, Edith S	W11	Swansea Aq	1:46.43	_____
7	Thomas, Lili-rose	W12	Neath	1:49.50	_____
8	Bruce, Skye	W16	Pembs Cty	NT	_____

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Meet Program - Session 5 (Warmup 11.35 - 12.35)

Heat 5 Finals (#502 Mixed 9 & Over 100 SC Meter Butterfly)

1	Henson, Jessica	W12	Pembs Cty	1:35.70	_____
2	Gardner-Rolfe, Mia G	W13	Swansea Aq	1:31.60	_____
3	Jermin, Morgan	M12	Llanelli	1:29.60	_____
4	Phillips, Lucas	M14	Hsc	1:29.47	_____
5	Rees-Davies, Saoirse	W14	Llanelli	1:29.59	_____
6	Foldi, Kristina	W13	Pembs Cty	1:30.08	_____
7	Roberts Mylan, Sophie I	W13	Swansea Aq	1:35.03	_____
8	Lewis, Gethin	M11	Neath	1:37.91	_____

Heat 6 of 10 Finals Starts at 02:02 PM

1	Powell, Nina L	W13	Carmarthen	1:25.40	_____
2	Roberts Mylan, Ffion C	W13	Swansea Aq	1:23.70	_____
3	Hall, Ellena	W14	Pembs Cty	1:23.13	_____
4	Lewis, Evie	W12	Pembs Cty	1:22.45	_____
5	Batcup, Oliver J	M13	Swansea Aq	1:22.99	_____
6	Dyde, Pheobe	W13	Pembs Cty	1:23.51	_____
7	Lewis, Callum	M16	Milford Havn	1:24.67	_____
8	Hawkins, Lottie	W12	Pembs Cty	1:27.63	_____

Heat 7 of 10 Finals Starts at 02:04 PM

1	Collins, Thomas	M13	Penyrheol	1:22.16	_____
2	Kenny, Jemima	W14	Pembs Cty	1:20.41	_____
3	Bowen, Seren E	W15	Carmarthen	1:19.03	_____
4	Bowes, James F	M13	Carmarthen	1:18.05	_____
5	Grugel, Sam	M15	C Dolphins	1:18.79	_____
6	Davies, Erin	W14	C Dolphins	1:20.04	_____
7	Dadswell, Harry	M12	Pembs Cty	1:21.82	_____
8	Kaill-Franks, Nia	W14	Pembs Cty	1:22.34	_____

Heat 8 of 10 Finals Starts at 02:06 PM

1	Mason, Phoebe	W15	Pembs Cty	1:17.76	_____
2	Thompson, Freya	W15	Pembs Cty	1:16.31	_____
3	Jones, Hunydd	W14	Nofio S Gar	1:15.21	_____
4	Mills, Thomas	M14	Llanelli	1:13.50	_____
5	Thomas, Tristan	M15	Pembs Cty	1:14.03	_____
6	Short, Amelia	W14	Neath	1:16.05	_____
7	Davies, Elizabeth	W12	Pembs Cty	1:17.64	_____
8	Carter, Ava	W17	Penyrheol	1:17.80	_____

Heat 9 of 10 Finals Starts at 02:08 PM

1	Clissold, Elizabeth	W19	Pembs Cty	1:12.63	_____
2	Dash, Amelie	W14	Pembs Cty	1:10.56	_____
3	Stuart Lavender, Jac	M15	Nofio S Gar	1:08.11	_____
4	Lewis, Gethin	M17	Bridgend SC	1:06.86	_____
5	Phillips, Finley	M15	Nofio S Gar	1:08.04	_____
6	Fogarty, Oliver	M13	Pembs Cty	1:08.72	_____
7	Kazmiruk, Anastasiia	W14	Nofio S Gar	1:11.85	_____
8	Knight, Cari	W17	Penyrheol	1:12.94	_____

Heat 10 of 10 Finals Starts at 02:10 PM

1	Lewis, Lowri	W19	Neath	1:06.02	_____
2	Galbraith, Elian	M16	Llanelli	1:05.04	_____
3	Williams, Thomas	M15	Nofio S Gar	1:03.90	_____
4	West, Dexter	M16	Pembs Cty	58.50	_____
5	Richardson, Osian	M17	Swansea Aq	1:02.90	_____
6	Elmes, Max	M14	Nofio S Gar	1:04.42	_____
7	Geach, Libbie	W16	Nofio S Gar	1:05.52	_____
8	Berner, Iyla	W12	Nofio S Gar	1:06.64	_____

Event 503 Mixed 9 & Over 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 40 Finals Starts at 02:11 PM

1					_____
2					_____
3	Fenemore, Merlin G	M9	Carmarthen	NT	_____
4	Edwards, Joseff	M9	Aberystwyth	NT	_____
5	Thain, Reuben	M9	Co Cardiff	NT	_____
6					_____
7					_____
8					_____

Heat 2 of 40 Finals Starts at 02:13 PM

1	Mitchell, Finley	M9	Bridgend SC	NT	_____
2	Glynn-Jones, Olive	W9	Co Cardiff	NT	_____
3	Evans, Esta F	W10	Carmarthen	NT	_____
4	Baldwin, Heidi	W10	Bridgend SC	NT	_____
5	Tarling, Mollie	W10	C Dolphins	NT	_____
6	Macklen, Daniel	M10	C Dolphins	NT	_____
7	Gladstone, Sophie	W9	Hsc	NT	_____
8	Lewis, Abbie	W9	Amman Valley	NT	_____

Heat 3 of 40 Finals Starts at 02:14 PM

1	Benwell, Alexia	W10	Amman Valley	NT	_____
2	de Lloyd, Alexa	W11	Co Cardiff	NT	_____
3	Lewis, Gwen L	W12	Carmarthen	NT	_____
4	Wheeler, Amelie	W13	Penyrheol	NT	_____
5	Facey, Alisha	W13	C Dolphins	NT	_____
6	Cleverley, Tahlia	W11	Hsc	NT	_____
7	Reith, Bethany	W10	Bridgend SC	NT	_____
8	Jones, Isabelle	W10	C Dolphins	NT	_____

Heat 4 of 40 Finals Starts at 02:15 PM

1	Toutt, Molly	W13	Amman Valley	NT	_____
2	Roberts, Iestyn	M14	Bridgend SC	NT	_____
3	Nagaraja, Aman	M10	Co Cardiff	1:11.41	_____
4	George, Sam	M11	Milford Havn	1:10.04	_____
5	Richards, Lillian	W10	Hsc	1:10.07	_____
6	Parkes, Emily	W14	Bridgend SC	NT	_____
7	Williams, Isaac	M13	Llanelli	NT	_____
8	Preece, Megan	W13	Amman Valley	NT	_____

Heat 5 of 40 Finals Starts at 02:17 PM

1	Waters-Booth, Rose	W9	Milford Havn	1:06.33	_____
2	Adams, Elizabeth	W10	Hsc	1:03.00	_____
3	Whitecross, Phoebe	W10	Hsc	1:00.10	_____
4	Roscoe, Evelyn	W10	Hsc	59.77	_____
5	Santos, Olivia	W11	Milford Havn	59.88	_____
6	Madge, Willow	W9	C Dolphins	1:00.72	_____
7	Walker, Esyllt	W10	Co Cardiff	1:05.52	_____
8	Nicholas, Belle	W10	Milford Havn	1:08.46	_____

Heat 6 of 40 Finals Starts at 02:19 PM

1	Popham, Mari G	W9	Swansea Aq	57.80	_____
2	Griffiths, Phillip	M11	Milford Havn	56.35	_____
3	Prosser, Harri	M14	Llanelli	54.39	_____
4	Prosser, Eleri	W17	Llanelli	53.96	_____
5	Gallagher, Thia C	W11	Swansea Aq	54.06	_____
6	Edmunds, Paige	W16	Llanelli	55.26	_____
7	Williams, Sonny	M9	Llanelli	56.47	_____
8	Jenkins, Betsan	W9	Co Cardiff	58.87	_____

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Meet Program - Session 5 (Warmup 11.35 - 12.35)

Heat 7 Finals (#503 Mixed 9 & Over 50 SC Meter Freestyle)

1	Tree, Lois	W10	Hsc	52.60	_____
2	Williams, Joel S	M9	Swansea Aq	51.46	_____
3	Dashfield, Lottie	W10	Tenby Dolphins	50.79	_____
4	Bool, Lani	W9	Hsc	50.10	_____
5	Mahoney, Phoebe	W10	Co Cardiff	50.20	_____
6	Grainger, Heath	M10	Co Cardiff	51.25	_____
7	Willis, Reuben	M9	Co Cardiff	51.50	_____
8	Beecham, Emelia-May	W11	Fishguard	52.91	_____

Heat 8 of 40 Finals Starts at 02:22 PM

1	Warrington, Mavi	W10	Penyrheol	49.84	_____
2	Backen, Matilda	W9	Fishguard	49.71	_____
3	Walters, Grace E	W11	Swansea Aq	49.18	_____
4	Padfield-Batte, Agnes	W11	Co Cardiff	49.06	_____
5	Anderson, Maisy	W11	Co Cardiff	49.09	_____
6	Harrod, Percy	M11	Hsc	49.52	_____
7	Mahana, Joury K	W11	Swansea Aq	49.79	_____
8	Amos, Olivia	W9	Co Cardiff	49.97	_____

Heat 9 of 40 Finals Starts at 02:23 PM

1	Jenkins, Evan	M10	Co Cardiff	48.83	_____
2	Hawkins, Millie R	W11	Swansea Aq	48.70	_____
3	Tabiowo, Aria	W10	Co Cardiff	48.60	_____
4	Kummer, Seb	M10	Milford Havn	47.94	_____
5	Bullock, Roseanna E	W9	Carmarthen	48.29	_____
6	Ward, Ella-Rae	W9	Co Cardiff	48.69	_____
7	Nemtsov, Anastasia	W10	Co Cardiff	48.70	_____
8	Jermin, Martha	W10	Llanelli	48.95	_____

Heat 10 of 40 Finals Starts at 02:25 PM

1	Griffiths, Evelyn	W14	Milford Havn	47.85	_____
2	Caprilli, Valentino	M11	Fishguard	47.64	_____
3	Symmonds, Taya	W10	Hsc	47.44	_____
4	O'Neill, Aoife	W9	Co Cardiff	47.36	_____
5	Evans, Lowri Carys	W11	Carmarthen	47.40	_____
6	Hayward, Adam	M11	Milford Havn	47.50	_____
7	Prince, Aggie M	W9	Swansea Aq	47.71	_____
8	James, Scarlett	W11	Co Cardiff	47.90	_____

Heat 11 of 40 Finals Starts at 02:26 PM

1	Monan, Frances	W9	Tenby Dolphins	47.33	_____
2	Marques-Jones, Idris	M11	Carmarthen	47.18	_____
3	Budd, Amelia	W10	Co Cardiff	47.12	_____
4	Carruth, Evie	W11	Co Cardiff	46.70	_____
5	Gregory, Grace	W11	Amman Valley	46.80	_____
6	Owens, Ruby	W12	Hsc	47.14	_____
7	Powell, Elidian	W9	C Dolphins	47.20	_____
8	Scourfield, Max	M11	Milford Havn	47.35	_____

Heat 12 of 40 Finals Starts at 02:27 PM

1	Powell, Leila T	W10	Carmarthen	46.62	_____
2	Hyett, Antonina	W11	C Dolphins	46.31	_____
3	Harrison, Abigail	W13	Neath	46.26	_____
4	Davies, Matilda	W10	Co Cardiff	45.77	_____
5	Duncan, Miriam G	W10	Carmarthen	46.20	_____
6	Collins, Grace	W10	Co Cardiff	46.30	_____
7	Thomas, Gracie	W9	Llanelli	46.36	_____
8	Cooper, Seth	M10	Co Cardiff	46.67	_____

Heat 13 of 40 Finals Starts at 02:29 PM

1	Curle James, Melody	W11	Co Cardiff	45.70	_____
2	Walters, Ellie-Mae	W12	Hsc	45.55	_____
3	Sherwood, Betti J	W11	Swansea Aq	45.46	_____
4	Griffith, Ariana M	W10	Swansea Aq	45.23	_____
5	Hill, Oliver S	M12	Swansea Aq	45.31	_____
6	Phillips, Grace I	W11	Swansea Aq	45.51	_____
7	Taylor, Kingsley C	M11	Swansea Aq	45.70	_____
8	Morgans-Hurley, Jason	M13	Milford Havn	45.70	_____

Heat 14 of 40 Finals Starts at 02:30 PM

1	Snelgrove, Tomi	M10	Neath	44.99	_____
2	Williams, Tom	M11	Hsc	44.83	_____
3	Biggs, Harri	M9	Co Cardiff	44.72	_____
4	Raistrick, Evelyn	W10	Amman Valley	44.41	_____
5	Rudiuk, Arina	W11	Co Cardiff	44.55	_____
6	Jewell, Zoe	W13	Tenby Dolphins	44.81	_____
7	Nicholas, Annie	W11	Milford Havn	44.94	_____
8	Batcup, Charlie W	M10	Swansea Aq	45.01	_____

Heat 15 of 40 Finals Starts at 02:31 PM

1	Mowbray-Rees, Myles	M10	Swansea Aq	44.28	_____
2	Hawksworth Garcia, Frida	W9	Swansea Aq	43.93	_____
3	Kiernan, Emily A	W11	Swansea Aq	43.87	_____
4	Dedman, Ivy	W9	Tenby Dolphins	43.35	_____
5	Laxton, Lizzie	W9	Co Cardiff	43.64	_____
6	Millard, Nel	W11	Llanelli	43.91	_____
7	Popham, Nyla C	W11	Swansea Aq	43.97	_____
8	Thomas, Henry	M10	Hsc	44.28	_____

Heat 16 of 40 Finals Starts at 02:33 PM

1	Burt, Gwion	M12	Llanelli	43.14	_____
2	Powell, Fred A	M10	Carmarthen	42.78	_____
3	Williams, Emily	W9	Llanelli	42.70	_____
4	Wiggins, Fran	W11	Co Cardiff	42.39	_____
5	O Callaghan, Georgia	W11	Co Cardiff	42.54	_____
6	Lawrence, Rhodri	M11	Fishguard	42.72	_____
7	Haines, Nia	W9	Amman Valley	43.13	_____
8	Williams, Eva M	W11	Swansea Aq	43.25	_____

Heat 17 of 40 Finals Starts at 02:34 PM

1	Coleman, Lacey	W14	Hsc	41.98	_____
2	Griffiths, Matilda	W9	Llanelli	41.64	_____
3	Williams, Alys	W12	Carmarthen	41.41	_____
4	Felton, Catrin	W10	C Dolphins	41.29	_____
5	Marshall, Theo	M9	Co Cardiff	41.36	_____
6	Evans, Liliana	W10	Llanelli	41.58	_____
7	Lewis, Poppy	W10	Amman Valley	41.80	_____
8	Taylor, Jasper B	M13	Swansea Aq	42.20	_____

Heat 18 of 40 Finals Starts at 02:35 PM

1	Llewellyn, Anwen	W11	Hsc	41.03	_____
2	Gil Wood, Sofia A	W10	Swansea Aq	40.99	_____
3	Powell, Poppy	W12	Llanelli	40.83	_____
4	Jones, Gwenllian F	W10	Carmarthen	40.73	_____
5	Chapman, Noah	M11	Llanelli	40.81	_____
6	Leigh, Lucie	W9	Co Cardiff	40.98	_____
7	Prosser, Mia S	W10	Tenby Dolphins	40.99	_____
8	Burton, Darcie M	W11	Swansea Aq	41.15	_____

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Meet Program - Session 5 (Warmup 11.35 - 12.35)

Heat 19 Finals (#503 Mixed 9 & Over 50 SC Meter Freestyle)

1	Owen, Molly	W11	Penyrheol	40.54	_____
2	Madge, Brianna	W11	C Dolphins	40.03	_____
3	Monan, Hazel	W10	Tenby Dolphins	39.75	_____
4	Davies, Lauren	W14	Llanelli	39.64	_____
5	Rowland, Delilah	W10	Neath	39.75	_____
6	Middleton, Caitlin	W15	Aberystwyth	39.90	_____
7	Felton, Gwennan	W13	C Dolphins	40.33	_____
8	Butcher, Freya S	W10	Swansea Aq	40.63	_____

Heat 20 of 40 Finals Starts at 02:38 PM

1	Lugg, Darcey	W10	Bridgend SC	39.11	_____
2	Bullock, Georgia M	W12	Carmarthen	39.09	_____
3	Hope, Madi	W9	Tenby Dolphins	38.86	_____
4	Boyle, Toby M	M10	Carmarthen	38.80	_____
5	Gourley, Noah	M13	Penyrheol	38.85	_____
6	Symmons, Bronwen D	W10	Carmarthen	38.90	_____
7	Boyle, Samantha J	W12	Carmarthen	39.11	_____
8	Thomas, Lili-rose	W12	Neath	39.11	_____

Heat 21 of 40 Finals Starts at 02:39 PM

1	Knight, Anna	W12	C Dolphins	38.78	_____
2	Barrett, William	M13	Penyrheol	38.71	_____
3	Bailey, Reuben	M13	Bridgend SC	38.61	_____
4	Roberts, Holly	W12	Bridgend SC	38.46	_____
5	Millard, Effi-Mai	W14	Llanelli	38.58	_____
6	Owen, Charlotte	W13	Penyrheol	38.63	_____
7	Jayne, Lowri	W14	Llanelli	38.73	_____
8	Nicklin, Parker	W10	Amman Valley	38.78	_____

Heat 22 of 40 Finals Starts at 02:40 PM

1	Jones, Oscar	M12	Llanelli	38.29	_____
2	Williams-Powell, Ieuan	M13	C Dolphins	38.24	_____
3	Husband, Alysia	W10	Hsc	38.10	_____
4	Watson, Isabelle	W12	Neath	37.98	_____
5	Evans, Cora E	W11	Carmarthen	38.04	_____
6	Hope, Brooke	W11	Tenby Dolphins	38.19	_____
7	El Saghir, Karim S	M11	Carmarthen	38.29	_____
8	Hearne, Logan	M10	Tenby Dolphins	38.43	_____

Heat 23 of 40 Finals Starts at 02:42 PM

1	Warrington, Ilayda	W12	Penyrheol	37.61	_____
2	Brook, Amelia	W12	Aberystwyth	37.38	_____
3	Cole, Jacob	M13	Neath	37.35	_____
4	Selby, Chloe	W15	Neath	36.99	_____
5	Owen, Annabelle	W15	Penyrheol	37.04	_____
6	Potts, Ella	W10	Bridgend SC	37.35	_____
7	Edmunds, Freya	W12	Llanelli	37.42	_____
8	Davies, Phoebe	W11	Tenby Dolphins	37.77	_____

Heat 24 of 40 Finals Starts at 02:43 PM

1	Sursona, Mateo	M12	Carmarthen	36.87	_____
2	Gray, Ioan	M11	Fishguard	36.66	_____
3	Jenkins, Olivia I	W12	Swansea Aq	36.32	_____
4	Jones, Bobby	M13	Neath	36.07	_____
5	Lennon, Amelia-Rose	W12	Carmarthen	36.31	_____
6	May-John, Dylan	M11	Aberystwyth	36.59	_____
7	Rabaiotti, Orla-Rae	W10	Swansea Aq	36.70	_____
8	Holborow, Esmay	W10	Amman Valley	36.98	_____

Heat 25 of 40 Finals Starts at 02:44 PM

1	Dennison, Evie	W13	Milford Havn	35.78	_____
2	Rees, Oscar	M12	Llanelli	35.64	_____
3	Longar, Miriam E	W13	Carmarthen	35.55	_____
4	Hooper, Olivia	W10	Neath	35.26	_____
5	Morris, Megan	W12	Neath	35.50	_____
6	Roberts Mylan, Sophie I	W13	Swansea Aq	35.61	_____
7	Arnold, Olivia	W12	Milford Havn	35.66	_____
8	Blue, Harri O	M14	Carmarthen	36.06	_____

Heat 26 of 40 Finals Starts at 02:45 PM

1	Batchelor, Joshua	M14	Bridgend SC	34.61	_____
2	Enoch, Erin L	W11	Carmarthen	34.53	_____
3	Roberts Mylan, Ffion C	W13	Swansea Aq	34.38	_____
4	Massey, Mia	W13	C Dolphins	34.27	_____
5	Rees-Davies, Saoirse	W14	Llanelli	34.38	_____
6	McFadyen, Hamish	M13	Aberystwyth	34.44	_____
7	Titley, Lola	W13	Milford Havn	34.55	_____
8	Clay, Emelia S	W11	Swansea Aq	34.88	_____

Heat 27 of 40 Finals Starts at 02:46 PM

1	Austin, Sophie Haf	W12	C Dolphins	34.08	_____
2	Wells, Iris	W14	C Dolphins	34.02	_____
3	Dadswell, Harry	M12	Pembs Cty	33.72	_____
4	Robinson, Maisy	W10	Bridgend SC	33.61	_____
5	George, Kieran	M14	Milford Havn	33.65	_____
6	Baylis, Ellie	W13	Penyrheol	33.90	_____
7	Phillips, Ieuan	M12	Fishguard	34.07	_____
8	Nash, Oliver J	M12	Carmarthen	34.22	_____

Heat 28 of 40 Finals Starts at 02:48 PM

1	Pitans, Caitlin R	W13	Swansea Aq	33.50	_____
2	Munt, Oliver	M12	Hsc	33.45	_____
3	Backen, Freddie	M13	Pembs Cty	33.30	_____
4	Duncan, Ava	W13	Amman Valley	33.20	_____
5	Thomas, Gabriel	M11	Llanelli	33.30	_____
6	Kurys, Bonnie P	W12	Carmarthen	33.44	_____
7	Francis, Mia	W12	Pembs Cty	33.50	_____
8	Griffiths, Isla	W12	Tenby Dolphins	33.56	_____

Heat 29 of 40 Finals Starts at 02:49 PM

1	Pinnock, Betsan R	W13	Swansea Aq	33.15	_____
2	Morris, Ffion H	W13	Pembs Cty	33.10	_____
3	Abell, Ronan	M14	Neath	32.97	_____
4	Williams, Fay	W13	Swansea Aq	32.84	_____
5	Jones, Dion R	M14	Carmarthen	32.93	_____
6	Evans, Wolfgang	M12	Pembs Cty	33.08	_____
7	Shelmerdine, Molly	W10	Neath	33.14	_____
8	Thomas, Eden	W12	Neath	33.20	_____

Heat 30 of 40 Finals Starts at 02:50 PM

1	Gil Wood, Elena	W13	Swansea Aq	32.80	_____
2	Cawdery, Seren	W13	Bridgend SC	32.58	_____
3	Mason, Ezmee	W12	Pembs Cty	32.36	_____
4	Morris, Besi	W12	Amman Valley	32.20	_____
5	Hughes, Megan	W12	C Dolphins	32.28	_____
6	Pyzer, Cyrus A	M12	Carmarthen	32.50	_____
7	Williams, April	W11	Swansea Aq	32.70	_____
8	Jones, Tomi	M13	Neath	32.81	_____

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026**Meet Program - Session 5 (Warmup 11.35 - 12.35)****Heat 31 Finals (#503 Mixed 9 & Over 50 SC Meter Freestyle)**

1	Powell, Nina L	W13	Carmarthen	32.00	_____
2	Kasto, Evie T	W14	Swansea Aq	31.90	_____
3	Parry, Abigail	W13	Carmarthen	31.83	_____
4	Bowen, Seren E	W15	Carmarthen	31.75	_____
5	Bool, Iolo	M12	Pembs Cty	31.77	_____
6	Phillips, Gethin	M14	Hsc	31.88	_____
7	Jermin, Morgan	M12	Llanelli	32.00	_____
8	Leahy, Herbie	M11	Pembs Cty	32.15	_____

Heat 32 of 40 Finals Starts at 02:52 PM

1	Marques-Jones, Felix	M13	Carmarthen	31.49	_____
2	Reynolds, Owain	M18	Llanelli	31.24	_____
3	Lloyd, Vincent-Owen	M12	Llanelli	31.17	_____
4	Beasley, Evaleigh D	W12	Swansea Aq	31.08	_____
5	Phillips, Lucas	M14	Hsc	31.12	_____
6	Mitrjaikina, Scarlet	W13	Swansea Aq	31.20	_____
7	Higgins, Finley J	M14	Swansea Aq	31.39	_____
8	Knight, Lily	W15	C Dolphins	31.51	_____

Heat 33 of 40 Finals Starts at 02:53 PM

1	Jenkins, Alexandra G	W16	Swansea Aq	31.00	_____
2	George, Eilir	W15	Llanelli	30.92	_____
3	Powell, Josie	W15	Bridgend SC	30.65	_____
4	Cleave, Joshua	M17	C Dolphins	30.60	_____
5	Mcfarlane, Una	W14	Pembs Cty	30.60	_____
6	Jones, Hunydd	W14	Nofio S Gar	30.72	_____
7	Morgan, Lily	W15	Tenby Dolphins	30.94	_____
8	Bruce, Skye	W16	Pembs Cty	31.00	_____

Heat 34 of 40 Finals Starts at 02:54 PM

1	Davies, Erin	W14	C Dolphins	30.49	_____
2	Collins, Thomas	M13	Penyrheol	30.44	_____
3	Lewis, Cian	M16	Neath	30.40	_____
4	Dash, Amelie	W14	Pembs Cty	30.33	_____
5	Davies, Isabella	W14	Nofio S Gar	30.36	_____
6	Richardson, Beca	W15	Swansea Aq	30.41	_____
7	Coles, Sophie	W15	Bridgend SC	30.44	_____
8	Hall, Isabelle	W14	Pembs Cty	30.50	_____

Heat 35 of 40 Finals Starts at 02:55 PM

1	Lewis, Evie	W12	Pembs Cty	30.10	_____
2	Griffiths, Ffion	W14	Pembs Cty	30.02	_____
3	Thompson, Freya	W15	Pembs Cty	30.01	_____
4	Goodman, Lola	W14	Swansea Aq	29.96	_____
5	Rowlands, Sion E	M16	Carmarthen	29.96	_____
6	Upton-Boorman, Isabella	W15	Nofio S Gar	30.02	_____
7	Griffiths, Elizabeth	W14	Fishguard	30.03	_____
8	Cressey-Rodgers, Gwenllian	W15	Nofio S Gar	30.28	_____

Heat 36 of 40 Finals Starts at 02:57 PM

1	Miles, Megan	W17	Pembs Cty	29.90	_____
2	Patterson, Hollie M	W14	Carmarthen	29.86	_____
3	Knight, Cari	W17	Penyrheol	29.74	_____
4	Taffetsauffer, Isabella	W14	Nofio S Gar	29.27	_____
5	Lewis, Daisy	W16	Bridgend SC	29.56	_____
6	Gourley, Ethan	M16	Penyrheol	29.80	_____
7	Ostrowski, Julia	W17	Pembs Cty	29.89	_____
8	Goodman, Evie	W14	Swansea Aq	29.95	_____

Heat 37 of 40 Finals Starts at 02:58 PM

1	Smith, Caelan	M15	Hsc	29.23	_____
2	Burt, Caio	M15	Llanelli	29.10	_____
3	Gilderdale, Celyn	W17	Pembs Cty	28.89	_____
4	Burns, Freya	W14	Nofio S Gar	28.71	_____
5	Rines, Harri	M14	Bridgend SC	28.89	_____
6	Kazmiruk, Anastasiia	W14	Nofio S Gar	29.09	_____
7	Bevan, Driw	M13	Llanelli	29.21	_____
8	Davies, Elizabeth	W12	Pembs Cty	29.25	_____

Heat 38 of 40 Finals Starts at 02:59 PM

1	Hale, Oliver S	M15	Swansea Aq	28.68	_____
2	Williams, Hollie	W18	Nofio S Gar	28.65	_____
3	Evans, Sam	M13	Pembs Cty	28.50	_____
4	Jones, Dafydd	M13	Carmarthen	28.48	_____
5	Layland, Seren	W14	Penyrheol	28.50	_____
6	Griffiths, Harri	M15	C Dolphins	28.63	_____
7	Goodliffe, Faith R	W25	C Dolphins	28.68	_____
8	Clissold, Elizabeth	W19	Pembs Cty	28.70	_____

Heat 39 of 40 Finals Starts at 03:00 PM

1	Lerigo, Oli	M15	Aberystwyth	28.24	_____
2	Lewis, Lowri	W19	Neath	28.17	_____
3	Morgan, Ben	M16	Pembs Cty	27.76	_____
4	Gray, Gruffudd I	M16	Swansea Aq	27.66	_____
5	Rukov, Ivan	M18	Aberystwyth	27.67	_____
6	Carter, Ava	W17	Penyrheol	28.00	_____
7	Berner, Iyla	W12	Nofio S Gar	28.19	_____
8	Clissold, Bronwyn	W17	Pembs Cty	28.40	_____

Heat 40 of 40 Finals Starts at 03:01 PM

1	Williams, Thomas	M15	Nofio S Gar	27.33	_____
2	Burton, Finnley	M15	Bridgend SC	27.24	_____
3	Galbraith, Elian	M16	Llanelli	26.80	_____
4	Upton-Boorman, Liam	M18	Nofio S Gar	25.18	_____
5	Elmes, Max	M14	Nofio S Gar	26.56	_____
6	Stuart Lavender, Jac	M15	Nofio S Gar	26.87	_____
7	Harwood, Jack	M14	Pembs Cty	27.30	_____
8	West, Dexter	M16	Pembs Cty	27.37	_____