

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026**Results - Session 5 (Warmup 11.35 - 12.35)****Event 501 Girls 9-10 50 SC Meter Backstroke**

Name	AgeTeam	Finals Time
1 Butcher, Freya S	10 Swansea Aq	39.93
2 Rabaiotti, Orla-Rae	10 Swansea Aq	40.19
*3 Hooper, Olivia	10 Neath	42.14
*3 Prosser, Mia S	10 Tenby Dolphins	42.14
5 Monan, Hazel	10 Tenby Dolphins	42.61
6 Husband, Alysia	10 Hsc	43.38
7 Nicklin, Parker	10 Amman Valley	43.74
8 Symmons, Bronwen D	10 Carmarthen	44.21
9 Potts, Ella	10 Bridgend SC	44.27
10 Evans, Liliana	10 Llanelli	44.45
11 Jones, Gwenllian F	10 Carmarthen	45.20
12 Gil Wood, Sofia A	10 Swansea Aq	45.28
13 Laxton, Lizzie	9 Co Cardiff	47.00
14 Hawksworth Garcia, Frida	9 Swansea Aq	47.53
15 Millard, Emilia	10 Bridgend SC	47.55
16 Baldwin, Heidi	10 Bridgend SC	47.69
17 Collins, Grace	10 Co Cardiff	48.56
18 Jermin, Martha	10 Llanelli	48.65
19 Thomas, Gracie	9 Llanelli	48.70
20 Tabiowo, Aria	10 Co Cardiff	49.11
21 Griffith, Ariana M	10 Swansea Aq	50.60
22 Raistrick, Evelyn	10 Amman Valley	50.90
23 Bullock, Roseanna E	9 Carmarthen	50.93
24 Leigh, Lucie	9 Co Cardiff	50.98
25 Powell, Leila T	10 Carmarthen	51.02
26 Williams, Emily	9 Llanelli	52.16
27 Amos, Olivia	9 Co Cardiff	52.46
28 Davies, Matilda	10 Co Cardiff	52.56
29 Haines, Nia	9 Amman Valley	52.63
30 Gladstone, Sophie	9 Hsc	53.69
31 Powell, Elidian	9 C Dolphins	53.96
32 Duncan, Miriam G	10 Carmarthen	54.32
33 Symmonds, Taya	10 Hsc	54.64
34 Warrington, Mavi	10 Penyrheol	54.78
35 Popham, Mari G	9 Swansea Aq	56.30
36 Mahoney, Phoebe	10 Co Cardiff	56.58
37 Nemtsov, Anastasia	10 Co Cardiff	56.69
38 O'Neill, Aoife	9 Co Cardiff	56.82
39 Backen, Matilda	9 Fishguard	57.27
40 Dashfield, Lottie	10 Tenby Dolphins	57.42
41 Nicholas, Belle	10 Milford Havn	57.64
42 Bool, Lani	9 Hsc	57.92
43 Taylor, Llio B	10 Carmarthen	58.10
44 Whitecross, Phoebe	10 Hsc	58.42
45 Richards, Lillian	10 Hsc	59.48
46 Glynn-Jones, Olive	9 Co Cardiff	59.56
47 Adams, Elizabeth	10 Hsc	1:01.96
48 Roscoe, Evelyn	10 Hsc	1:02.69
49 Evans, Esta F	10 Carmarthen	1:03.03
50 Walker, Esyllt	10 Co Cardiff	1:03.50
51 Tarling, Mollie	10 C Dolphins	1:06.10
52 Waters-Booth, Rose	9 Milford Havn	1:09.25
--- Jenkins, Betsan	9 Co Cardiff	DQ
--- Ward, Ella-Rae	9 Co Cardiff	DQ
--- Monan, Frances	9 Tenby Dolphins	DQ
--- Tree, Lois	10 Hsc	DQ
--- Dedman, Ivy	9 Tenby Dolphins	DQ
--- Hope, Madi	9 Tenby Dolphins	DQ

Event 501 Girls 11-12 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Berner, Iyla	12 Nofio S Gar	32.07
2 Beasley, Evaleigh D	12 Swansea Aq	34.59
3 Morris, Besi	12 Amman Valley	35.41
4 Clay, Emelia S	11 Swansea Aq	38.04
5 Francis, Mia	12 Pembs Cty	39.48
6 Enoch, Erin L	11 Carmarthen	39.80
7 Kurys, Bonnie P	12 Carmarthen	40.52
8 Lennon, Amelia-Rose	12 Carmarthen	40.72
9 Jenkins, Olivia I	12 Swansea Aq	40.99
10 Arnold, Olivia	12 Milford Havn	41.04
11 Morgan, Iolah	11 Pembs Cty	41.37
12 Hope, Brooke	11 Tenby Dolphins	41.75
13 Watson, Isabelle	12 Neath	41.94
14 Dashfield, Olivia	12 Pembs Cty	42.35
15 Curle James, Melody	11 Co Cardiff	42.60
16 Edmunds, Freya	12 Llanelli	42.75
17 Brook, Amelia	12 Aberystwyth	43.61
18 Williams, Eva M	11 Swansea Aq	43.69
19 Madge, Brianna	11 C Dolphins	43.84
20 Bullock, Georgia M	12 Carmarthen	43.90
21 Knight, Anna	12 C Dolphins	44.10
22 Davies, Phoebe	11 Tenby Dolphins	44.41
23 O Callaghan, Georgia	11 Co Cardiff	44.95
24 Boyle, Samantha J	12 Carmarthen	45.79
25 Cleverley, Tahlia	11 Hsc	46.11
26 Wiggins, Fran	11 Co Cardiff	46.50
27 Phillips, Grace I	11 Swansea Aq	46.61
28 Nicholas, Annie	11 Milford Havn	46.75
29 Evans, Cora E	11 Carmarthen	47.02
30 Rudiuk, Arina	11 Co Cardiff	47.97
31 Owen, Molly	11 Penyrheol	48.05
32 Llewellyn, Anwen	11 Hsc	48.20
33 Gregory, Grace	11 Amman Valley	48.88
34 Williams, Alys	12 Carmarthen	49.12
35 Popham, Nyla C	11 Swansea Aq	49.22
36 James, Scarlett	11 Co Cardiff	49.30
37 Anderson, Maisy	11 Co Cardiff	50.01
38 Carruth, Evie	11 Co Cardiff	50.46
39 Mahana, Joury K	11 Swansea Aq	50.64
40 Gallagher, Thia C	11 Swansea Aq	51.70
41 Evans, Lowri Carys	11 Carmarthen	52.07
42 Nel, Summer	11 Hsc	52.57
43 Walters, Grace E	11 Swansea Aq	53.64
44 Walters, Ellie-Mae	12 Hsc	55.37
--- Hyett, Antonina	11 C Dolphins	DQ
--- Lewis, Gwen L	12 Carmarthen	DQ
--- Kiernan, Emily A	11 Swansea Aq	DQ
--- Warrington, Ilayda	12 Penyrheol	DQ

Event 501 Girls 13-14 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Layland, Seren	14 Penyrheol	32.37
2 Taffetsauffer, Isabella	14 Nofio S Gar	32.63
3 Jones, Hunydd	14 Nofio S Gar	33.09
4 Goodman, Lola	14 Swansea Aq	34.25
5 Burns, Freya	14 Nofio S Gar	34.29
6 Jenkins, Elli J	14 Swansea Aq	34.93
7 Davies, Isabella	14 Nofio S Gar	34.94
8 Griffiths, Ffion	14 Pembs Cty	35.24

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Results - Session 5 (Warmup 11.35 - 12.35)				
(Event 501 Girls 13-14 50 SC Meter Backstroke)				
Name		AgeTeam	Finals Time	
9	Morris, Ffion H	13 Pembs Cty	35.86	
10	Parry, Abigail	13 Carmarthen	35.98	
11	Pinnock, Betsan R	13 Swansea Aq	36.00	
12	Gil Wood, Elena	13 Swansea Aq	37.28	
13	Foldi, Kristina	13 Pembs Cty	38.03	
14	Duncan, Ava	13 Amman Valley	38.18	
15	Griffiths, Elizabeth	14 Fishguard	38.45	
16	Hall, Isabelle	14 Pembs Cty	38.65	
17	Wells, Iris	14 C Dolphins	39.23	
18	Williams, Fay	13 Swansea Aq	39.43	
19	Baylis, Ellie	13 Penyrheol	39.48	
20	Titley, Lola	13 Milford Havn	41.12	
21	Davies, Betsi	13 Pembs Cty	41.40	
22	Parkes, Emily	14 Bridgend SC	41.55	
23	Davies, Lauren	14 Llanelli	43.40	
24	White, Mattie	13 Co Cardiff	44.16	
25	Wheeler, Amelie	13 Penyrheol	45.10	
26	Toutt, Molly	13 Amman Valley	45.64	
27	Harrison, Abigail	13 Neath	46.51	
28	O'Neill, Anwen	13 Co Cardiff	47.11	
29	Preece, Megan	13 Amman Valley	47.28	
30	Owen, Charlotte	13 Penyrheol	47.80	
31	Coleman, Lacey	14 Hsc	51.13	
32	Facey, Alisha	13 C Dolphins	53.03	
33	Griffiths, Evelyn	14 Milford Havn	57.72	
Event 501 Women 15 & Over 50 SC Meter Backstroke				
Name		AgeTeam	Finals Time	
1	Goodliffe, Faith R	25 C Dolphins	33.17	
2	Gilderdale, Celyn	17 Pembs Cty	33.60	
3	Upton-Boorman, Isabella	15 Nofio S Gar	34.09	
4	Clissold, Bronwyn	17 Pembs Cty	34.64	
5	Williams, Hollie	18 Nofio S Gar	34.85	
6	Cressey-Rodgers, Gwenllian F	15 Nofio S Gar	35.24	
7	George, Eilir	15 Llanelli	35.25	
8	Morgan, Lily	15 Tenby Dolphins	35.39	
9	Miles, Megan	17 Pembs Cty	35.54	
10	Ostrowski, Julia	17 Pembs Cty	37.37	
11	Mason, Phoebe	15 Pembs Cty	38.52	
12	Bowen, Seren E	15 Carmarthen	39.01	
13	Middleton, Caitlin	15 Aberystwyth	42.71	
14	Owen, Annabelle	15 Penyrheol	45.38	
15	Selby, Chloe	15 Neath	45.40	
Event 501 Women 50 SC Meter Backstroke Multi-Class				
Name		AgeTeam	Finals Time	
1	%Edmunds, Paige S14	16 Llanelli	1:05.53	
Event 501 Boys 9-10 50 SC Meter Backstroke				
Name		AgeTeam	Finals Time	
1	Powell, Fred A	10 Carmarthen	42.96	
2	Boyle, Toby M	10 Carmarthen	43.93	
3	Hearne, Logan	10 Tenby Dolphins	45.18	
4	Marshall, Theo	9 Co Cardiff	45.85	
5	Mowbray-Rees, Myles	10 Swansea Aq	47.62	
6	Edwards, Joseff	9 Aberystwyth	48.97	
7	Jenkins, Evan	10 Co Cardiff	49.49	
8	Biggs, Harri	9 Co Cardiff	50.28	
9	Grainger, Heath	10 Co Cardiff	50.29	
10	Williams, Sonny	9 Llanelli	51.37	
11	Batcup, Charlie W	10 Swansea Aq	51.80	
12	Thomas, Henry	10 Hsc	51.81	
13	Willis, Reuben	9 Co Cardiff	53.60	
14	Cooper, Seth	10 Co Cardiff	58.09	
15	Thain, Reuben	9 Co Cardiff	1:02.60	
16	Nagaraja, Aman	10 Co Cardiff	1:09.51	
Event 501 Boys 11-12 50 SC Meter Backstroke				
Name		AgeTeam	Finals Time	
1	Bool, Iolo	12 Pembs Cty	36.50	
2	Berry-Martin, Finn	11 Co Cardiff	36.65	
3	Pyzer, Cyrus A	12 Carmarthen	37.37	
4	Jermin, Morgan	12 Llanelli	37.55	
5	Sursona, Mateo	12 Carmarthen	37.80	
6	Nash, Oliver J	12 Carmarthen	38.22	
7	Evans, Wolfgang	12 Pembs Cty	39.18	
8	Thomas, Gabriel	11 Llanelli	39.85	
9	Munt, Oliver	12 Hsc	40.24	
10	Phillips, Ieuan	12 Fishguard	42.84	
11	Gray, Ioan	11 Fishguard	45.24	
12	Lawrence, Rhodri	11 Fishguard	45.32	
13	Taylor, Kingsley C	11 Swansea Aq	46.01	
14	Jones, Oscar	12 Llanelli	46.81	
15	Marques-Jones, Idris	11 Carmarthen	47.82	
16	Burt, Gwion	12 Llanelli	48.03	
17	Caprilli, Valentino	11 Fishguard	49.04	
18	Williams, Tom	11 Hsc	50.95	
19	Harrod, Percy	11 Hsc	51.22	
20	Scourfield, Max	11 Milford Havn	52.45	
21	Chapman, Noah	11 Llanelli	53.08	
22	Griffiths, Phillip	11 Milford Havn	55.98	
23	George, Sam	11 Milford Havn	1:15.03	
---	Hayward, Adam	11 Milford Havn	DQ	
Event 501 Boys 13-14 50 SC Meter Backstroke				
Name		AgeTeam	Finals Time	
1	Elmes, Max	14 Nofio S Gar	28.78	
2	Bevan, Driw	13 Llanelli	33.58	
3	Jones, Dafydd	13 Carmarthen	33.75	
4	Collins, Thomas	13 Penyrheol	33.80	
5	Evans, Sam	13 Pembs Cty	34.04	
6	Rines, Harri	14 Bridgend SC	35.01	
7	Marques-Jones, Felix	13 Carmarthen	35.21	
8	Bowes, James F	13 Carmarthen	35.72	
9	McFadyen, Hamish	13 Aberystwyth	37.12	
10	Backen, Freddie	13 Pembs Cty	37.53	
11	George, Kieran	14 Milford Havn	37.98	
12	Jones, Dion R	14 Carmarthen	38.19	
13	Abell, Ronan	14 Neath	38.75	
14	Bailey, Reuben	13 Bridgend SC	38.83	
15	Batchelor, Joshua	14 Bridgend SC	39.30	
16	Barrett, William	13 Penyrheol	41.69	
17	Blue, Harri O	14 Carmarthen	42.43	
18	Taylor, Jasper B	13 Swansea Aq	42.78	
19	Gourley, Noah	13 Penyrheol	43.62	
20	Jones, Bobby	13 Neath	43.99	
21	Cole, Jacob	13 Neath	45.78	
22	Prosser, Harri	14 Llanelli	1:15.58	
Event 501 Men 15 & Over 50 SC Meter Backstroke				
Name		AgeTeam	Finals Time	
1	Upton-Boorman, Liam	18 Nofio S Gar	28.26	
2	Lewis, Gethin	17 Bridgend SC	30.10	
3	Galbraith, Elian	16 Llanelli	30.72	

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Results - Session 5 (Warmup 11.35 - 12.35)											
(Event 501 Men 15 & Over 50 SC Meter Backstroke)					9 Kenny, Jemima					14 Pembs Cty	1:24.48
NameAgeTeamFinals Time					39.1845.30						
4 Rukov, Ivan18 Aberystwyth30.77					10 Dyde, Pheobe					13 Pembs Cty	1:25.66
5 Gray, Gruffudd I16 Swansea Aq31.27					39.0346.63						
6 Adams, Ronan17 Bridgend SC32.67					11 Foldi, Kristina					13 Pembs Cty	1:28.64
7 Hale, Oliver S15 Swansea Aq32.87					42.0846.56						
8 Morgan, Ben16 Pembs Cty34.23					12 Rees-Davies, Saoirse					14 Llanelli	1:30.06
9 Burt, Caio15 Llanelli34.28					38.4251.64						
10 Reynolds, Owain18 Llanelli37.62					13 #Roberts Mylan, Sophie I					13 Swansea Aq	1:32.14
11 Griffiths, Harri15 C Dolphins38.52					42.3349.81						
Event 502 Girls 9-10 100 SC Meter Butterfly					14 Gardner-Rolfe, Mia G					13 Swansea Aq	1:34.16
NameAgeTeamFinals Time					41.1353.03						
1 Butcher, Freya S10 Swansea Aq1:31.57					15 Baylis, Ellie					13 Penyrheol	1:35.38
42.4249.15					41.2054.18						
2 Parsons, Effie10 Co Cardiff1:48.35					16 Davies, Betsi					13 Pembs Cty	1:39.79
47.271:01.08					45.0854.71						
--- Tabiowo, Aria10 Co CardiffDQ					Event 502 Women 15 & Over 100 SC Meter Butterfly						
59.091:19.36					NameAgeTeamFinals Time						
--- O'Neill, Aoife9 Co CardiffDQ					1 Geach, Libbie16 Nofio S Gar1:07.35						
1:09.531:28.92					31.2236.13						
Event 502 Girls 11-12 100 SC Meter Butterfly					2 Lewis, Lowri19 Neath1:07.56						
NameAgeTeamFinals Time					31.5136.05						
1 Berner, Iyla12 Nofio S Gar1:07.93					3 Thompson, Freya15 Pembs Cty1:14.08						
31.8336.10					33.7940.29						
2 Davies, Elizabeth12 Pembs Cty1:16.69					4 Clissold, Elizabeth19 Pembs Cty1:14.48						
35.4841.21					34.3640.12						
3 Lewis, Evie12 Pembs Cty1:20.91					5 Knight, Cari17 Penyrheol1:16.31						
36.7144.20					34.9441.37						
4 Hawkins, Lottie12 Pembs Cty1:26.98					6 Carter, Ava17 Penyrheol1:18.83						
40.1946.79					35.1243.71						
5 Morgan, Iolah11 Pembs Cty1:42.76					7 Bruce, Skye16 Pembs Cty1:19.28						
47.2255.54					35.9543.33						
6 Emam, Lina12 Swansea Aq1:47.57					8 Coles, Sophie15 Bridgend SC1:19.36						
50.1157.46					37.2642.10						
7 Thomas, Lili-rose12 Neath1:49.23					9 Mason, Phoebe15 Pembs Cty1:21.18						
48.951:00.28					37.2643.92						
8 Lewis, Gwen L12 Carmarthen1:54.00					10 Bowen, Seren E15 Carmarthen1:21.32						
51.921:02.08					37.8043.52						
--- McFarlane, Mali11 Milford HavnDQ					11 Lewis, Megan15 Milford Havn1:54.39						
51.051:04.96					49.121:05.27						
--- Prince, Edith S11 Swansea AqDQ					Event 502 Boys 9-10 100 SC Meter Butterfly						
45.1754.90					NameAgeTeamFinals Time						
Event 502 Girls 13-14 100 SC Meter Butterfly					--- Hearne, Logan10 Tenby DolphinsDQ						
NameAgeTeamFinals Time					47.7058.68						
1 Dash, Amelie14 Pembs Cty1:11.46					--- Grainger, Heath10 Co CardiffDQ						
33.5537.91					Event 502 Boys 11-12 100 SC Meter Butterfly						
2 Kazmiruk, Anastasiia14 Nofio S Gar1:12.82					NameAgeTeamFinals Time						
33.4739.35					1 Dadswell, Harry12 Pembs Cty1:19.47						
3 Jones, Hunydd14 Nofio S Gar1:19.20					37.1642.31						
36.7742.43					2 Jermin, Morgan12 Llanelli1:24.45						
4 Powell, Nina L13 Carmarthen1:19.23					38.2946.16						
36.3742.86					3 Lewis, Gethin11 Neath1:29.58						
5 Davies, Erin14 C Dolphins1:19.95					39.4650.12						
37.2542.70					4 Monan, Euan12 Pembs Cty1:33.70						
6 #Roberts Mylan, Ffion C13 Swansea Aq1:22.04					39.5954.11						
37.5944.45					5 El Saghir, Karim S11 Carmarthen1:43.53						
7 Hall, Ellena14 Pembs Cty1:22.80					47.9455.59						
38.2544.55					6 Fretwell, Logan11 Milford Havn1:58.28						
8 Short, Amelia14 Neath1:23.23					55.821:02.46						
36.5446.69											

Results - Session 5 (Warmup 11.35 - 12.35)

(Event 502 Boys 11-12 100 SC Meter Butterfly)			
Name		AgeTeam	Finals Time
7	Mills, Flynn	12 Milford Havn	1:58.99
	56.39 1:02.60		
Event 502 Boys 13-14 100 SC Meter Butterfly			
Name		AgeTeam	Finals Time
1	Elmes, Max	14 Nofio S Gar	1:03.75
	29.68 34.07		
2	Fogarty, Oliver	13 Pembs Cty	1:08.72
	32.07 36.65		
3	Mills, Thomas	14 Llanelli	1:13.15
	33.70 39.45		
4	Collins, Thomas	13 Penyrheol	1:16.35
	35.23 41.12		
5	Bowes, James F	13 Carmarthen	1:16.80
	35.64 41.16		
6	Roberts, Iestyn	14 Bridgend SC	1:21.03
	36.75 44.28		
7	Antwhistle, Isaac J	13 Swansea Aq	1:21.04
	37.02 44.02		
8	Batcup, Oliver J	13 Swansea Aq	1:25.02
	38.54 46.48		
9	Phillips, Lucas	14 Hsc	1:27.80
	40.05 47.75		
10	Williams-Powell, Ieuan	13 C Dolphins	1:35.95
	41.70 54.25		
11	Taylor, Jasper B	13 Swansea Aq	1:41.91
	48.15 53.76		
12	Lloyd- Roberts, Harry	13 Milford Havn	1:43.84
	46.81 57.03		
Event 502 Men 15 & Over 100 SC Meter Butterfly			
Name		AgeTeam	Finals Time
1	West, Dexter	16 Pembs Cty	57.95
	27.00 30.95		
2	Richardson, Osian	17 Swansea Aq	1:03.97
	28.96 35.01		
3	Williams, Thomas	15 Nofio S Gar	1:04.19
	29.75 34.44		
4	Lewis, Gethin	17 Bridgend SC	1:04.40
	30.00 34.40		
5	Phillips, Finley	15 Nofio S Gar	1:05.10
	30.01 35.09		
6	Galbraith, Elian	16 Llanelli	1:05.52
	30.24 35.28		
7	Stuart Lavender, Jac	15 Nofio S Gar	1:06.31
	30.95 35.36		
8	Thomas, Rhys	15 Pembs Cty	1:14.83
	34.07 40.76		
9	Thomas, Tristan	15 Pembs Cty	1:16.10
	35.17 40.93		
10	Lewis, Callum	16 Milford Havn	1:20.94
	35.33 45.61		
Event 503 Girls 9-10 50 SC Meter Freestyle			
Name		AgeTeam	Finals Time
1	Robinson, Maisy	10 Bridgend SC	33.50
2	Butcher, Freya S	10 Swansea Aq	34.92
3	Rabaiotti, Orla-Rae	10 Swansea Aq	35.23
4	Hooper, Olivia	10 Neath	35.42
5	Holborow, Esmay	10 Amman Valley	36.03
6	Hope, Madi	9 Tenby Dolphins	37.07
7	Felton, Catrin	10 C Dolphins	37.36
8	Nicklin, Parker	10 Amman Valley	37.43
9	Husband, Alysia	10 Hsc	37.70
10	Potts, Ella	10 Bridgend SC	38.39
11	Prosser, Mia S	10 Tenby Dolphins	38.72
12	Evans, Liliana	10 Llanelli	38.91
13	Leigh, Lucie	9 Co Cardiff	38.94
14	Lewis, Poppy	10 Amman Valley	39.03
15	Gil Wood, Sofia A	10 Swansea Aq	39.11
16	Monan, Hazel	10 Tenby Dolphins	39.21
17	Jones, Gwenllian F	10 Carmarthen	39.55
18	Symmons, Bronwen D	10 Carmarthen	39.66
19	Griffiths, Matilda	9 Llanelli	39.91
20	Laxton, Lizzie	9 Co Cardiff	41.33
21	Baldwin, Heidi	10 Bridgend SC	41.46
22	Hawksworth Garcia, Frida	9 Swansea Aq	41.65
23	Dedman, Ivy	9 Tenby Dolphins	42.50
24	Powell, Leila T	10 Carmarthen	43.46
25	Symmonds, Taya	10 Hsc	43.63
26	Glynn-Jones, Olive	9 Co Cardiff	43.73
27	Monan, Frances	9 Tenby Dolphins	43.84
28	Duncan, Miriam G	10 Carmarthen	44.10
29	Raistrick, Evelyn	10 Amman Valley	44.55
30	Williams, Emily	9 Llanelli	44.64
31	Haines, Nia	9 Amman Valley	44.83
32	Collins, Grace	10 Co Cardiff	44.93
33	Griffith, Ariana M	10 Swansea Aq	45.02
34	Warrington, Mavi	10 Penyrheol	45.16
35	Ward, Ella-Rae	9 Co Cardiff	45.48
36	Bullock, Roseanna E	9 Carmarthen	45.55
37	Davies, Matilda	10 Co Cardiff	46.68
38	Dashfield, Lottie	10 Tenby Dolphins	46.69
39	Amos, Olivia	9 Co Cardiff	46.80
40	Powell, Elidian	9 C Dolphins	46.93
41	Prince, Aggie M	9 Swansea Aq	47.25
42	Thomas, Gracie	9 Llanelli	47.44
43	Tabiowo, Aria	10 Co Cardiff	47.85
44	Jermin, Martha	10 Llanelli	47.94
45	Reith, Bethany	10 Bridgend SC	48.13
46	Jones, Isabelle	10 C Dolphins	48.27
47	O'Neill, Aoife	9 Co Cardiff	48.30
48	Tree, Lois	10 Hsc	49.76
49	Mahoney, Phoebe	10 Co Cardiff	49.80
50	Gladstone, Sophie	9 Hsc	49.83
51	Backen, Matilda	9 Fishguard	50.01
52	Nemtsov, Anastasia	10 Co Cardiff	50.50
53	Bool, Lani	9 Hsc	50.90
54	Roscoe, Evelyn	10 Hsc	50.95
55	Popham, Mari G	9 Swansea Aq	50.97
56	Lewis, Abbie	9 Amman Valley	51.66
57	Richards, Lillian	10 Hsc	52.67
58	Tarling, Mollie	10 C Dolphins	54.58
59	Whitecross, Phoebe	10 Hsc	54.83
60	Nicholas, Belle	10 Milford Havn	55.99
61	Adams, Elizabeth	10 Hsc	56.06
62	Walker, Eysyllt	10 Co Cardiff	56.27
63	Evans, Esta F	10 Carmarthen	58.59
64	Madge, Willow	9 C Dolphins	59.01
65	Jenkins, Betsan	9 Co Cardiff	59.21
66	Waters-Booth, Rose	9 Milford Havn	1:00.84
67	Benwell, Alexia	10 Amman Valley	3:00.16

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026**Results - Session 5 (Warmup 11.35 - 12.35)****Event 503 Girls 11-12 50 SC Meter Freestyle**

	Name	AgeTeam	Finals Time
1	Berner, Iyla	12 Nofio S Gar	28.80
2	Davies, Elizabeth	12 Pembs Cty	30.27
3	Lewis, Evie	12 Pembs Cty	30.60
4	Beasley, Evaleigh D	12 Swansea Aq	31.79
5	Morris, Besi	12 Amman Valley	32.03
6	Hughes, Megan	12 C Dolphins	32.47
7	Mason, Ezmee	12 Pembs Cty	32.64
8	Francis, Mia	12 Pembs Cty	33.20
9	Kurys, Bonnie P	12 Carmarthen	33.39
10	Austin, Sophie Haf	12 C Dolphins	34.06
11	Enoch, Erin L	11 Carmarthen	34.28
12	Clay, Emelia S	11 Swansea Aq	34.79
13	Morris, Megan	12 Neath	35.20
14	Arnold, Olivia	12 Milford Havn	35.39
15	Edmunds, Freya	12 Llanelli	35.66
16	Lennon, Amelia-Rose	12 Carmarthen	35.71
17	Warrington, Ilayda	12 Penyrheol	36.43
18	Jenkins, Olivia I	12 Swansea Aq	36.53
19	Powell, Poppy	12 Llanelli	37.06
20	Curle James, Melody	11 Co Cardiff	37.28
21	Watson, Isabelle	12 Neath	37.36
22	O Callaghan, Georgia	11 Co Cardiff	37.50
23	Roberts, Holly	12 Bridgend SC	38.16
24	Boyle, Samantha J	12 Carmarthen	38.31
25	Evans, Cora E	11 Carmarthen	38.43
26	Thomas, Lili-rose	12 Neath	38.53
27	Cleverley, Tahlia	11 Hsc	38.80
*28	Madge, Brianna	11 C Dolphins	39.02
*28	Bullock, Georgia M	12 Carmarthen	39.02
30	Davies, Phoebe	11 Tenby Dolphins	39.13
31	Hope, Brooke	11 Tenby Dolphins	39.17
32	Llewellyn, Anwen	11 Hsc	39.62
33	Lewis, Gwen L	12 Carmarthen	39.70
34	Owen, Molly	11 Penyrheol	40.09
35	Rudiuk, Arina	11 Co Cardiff	40.31
36	Popham, Nyla C	11 Swansea Aq	40.93
37	Kiernan, Emily A	11 Swansea Aq	40.97
38	Brook, Amelia	12 Aberystwyth	41.16
39	Knight, Anna	12 C Dolphins	41.17
40	Anderson, Maisy	11 Co Cardiff	41.70
41	Millard, Nel	11 Llanelli	41.84
42	Wiggins, Fran	11 Co Cardiff	42.00
43	Gregory, Grace	11 Amman Valley	42.08
44	Williams, Alys	12 Carmarthen	42.31
45	Williams, Eva M	11 Swansea Aq	42.78
46	Beecham, Emelia-May	11 Fishguard	43.33
47	Gallagher, Thia C	11 Swansea Aq	43.37
48	Carruth, Evie	11 Co Cardiff	43.40
49	Phillips, Grace I	11 Swansea Aq	43.61
50	Hyett, Antonina	11 C Dolphins	43.82
51	Nicholas, Annie	11 Milford Havn	44.07
52	Evans, Lowri Carys	11 Carmarthen	44.16
53	Mahana, Joury K	11 Swansea Aq	44.17
54	James, Scarlett	11 Co Cardiff	45.29
55	Walters, Grace E	11 Swansea Aq	46.46
56	Padfield-Batte, Agnes	11 Co Cardiff	46.86
57	Walters, Ellie-Mae	12 Hsc	47.71

Event 503 Girls 13-14 50 SC Meter Freestyle

	Name	AgeTeam	Finals Time
1	Layland, Seren	14 Penyrheol	28.83
2	Burns, Freya	14 Nofio S Gar	28.89
3	Kazmiruk, Anastasiia	14 Nofio S Gar	29.91
4	Goodman, Evie	14 Swansea Aq	30.05
5	Goodman, Lola	14 Swansea Aq	30.08
6	Taffetsauffer, Isabella	14 Nofio S Gar	30.09
7	Dash, Amelie	14 Pembs Cty	30.43
8	Mcfarlane, Una	14 Pembs Cty	30.46
9	Davies, Isabella	14 Nofio S Gar	30.61
10	Griffiths, Ffion	14 Pembs Cty	30.64
11	Patterson, Hollie M	14 Carmarthen	30.79
12	Jones, Hunydd	14 Nofio S Gar	30.89
13	Davies, Erin	14 C Dolphins	30.95
14	Griffiths, Elizabeth	14 Fishguard	31.32
15	Mitrjaikina, Scarlet	13 Swansea Aq	31.37
16	Hall, Isabelle	14 Pembs Cty	31.47
17	Parry, Abigail	13 Carmarthen	31.55
18	Gil Wood, Elena	13 Swansea Aq	32.26
19	Powell, Nina L	13 Carmarthen	32.51
20	Kasto, Evie T	14 Swansea Aq	32.59
21	Morris, Ffion H	13 Pembs Cty	33.30
22	Cawdery, Seren	13 Bridgend SC	33.31
23	Pinnock, Betsan R	13 Swansea Aq	33.49
24	Duncan, Ava	13 Amman Valley	33.74
25	Williams, Fay	13 Swansea Aq	33.87
26	#Roberts Mylan, Ffion C	13 Swansea Aq	34.10
27	Millard, Effi-Mai	14 Llanelli	34.52
28	Massey, Mia	13 C Dolphins	34.72
29	Titely, Lola	13 Milford Havn	34.87
30	Longar, Miriam E	13 Carmarthen	34.90
31	#Roberts Mylan, Sophie I	13 Swansea Aq	35.06
32	Rees-Davies, Saoirse	14 Llanelli	35.14
33	Baylis, Ellie	13 Penyrheol	35.20
34	Jewell, Zoe	13 Tenby Dolphins	35.48
35	Toutt, Molly	13 Amman Valley	36.67
36	Parkes, Emily	14 Bridgend SC	37.03
37	Jayne, Lowri	14 Llanelli	37.99
38	Owen, Charlotte	13 Penyrheol	38.79
39	Davies, Lauren	14 Llanelli	39.64
40	Felton, Gwennan	13 C Dolphins	40.62
41	Wheeler, Amelie	13 Penyrheol	41.59
42	Coleman, Lacey	14 Hsc	42.00
43	Preece, Megan	13 Amman Valley	42.26
44	Harrison, Abigail	13 Neath	42.78
45	Griffiths, Evelyn	14 Milford Havn	46.00
46	Facey, Alisha	13 C Dolphins	48.48
---	Wells, Iris	14 C Dolphins	DQ

Event 503 Women 15 & Over 50 SC Meter Freestyle

	Name	AgeTeam	Finals Time
1	Lewis, Lowri	19 Neath	28.27
2	Clissold, Bronwyn	17 Pembs Cty	28.78
3	Gilderdale, Celyn	17 Pembs Cty	29.11
4	Carter, Ava	17 Penyrheol	29.14
5	Williams, Hollie	18 Nofio S Gar	29.51
6	Goodliffe, Faith R	25 C Dolphins	29.66
7	Clissold, Elizabeth	19 Pembs Cty	29.72
8	Thompson, Freya	15 Pembs Cty	29.93
9	Powell, Josie	15 Bridgend SC	29.96

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Results - Session 5 (Warmup 11.35 - 12.35)			
(Event 503 Women 15 & Over 50 SC Meter Freestyle)			
Name	AgeTeam	Finals Time	
10 Lewis, Daisy	16 Bridgend SC	30.26	
11 Knight, Cari	17 Penyrheol	30.57	
12 Upton-Boorman, Isabella	15 Nofio S Gar	30.93	
13 Morgan, Lily	15 Tenby Dolphins	31.05	
14 Ostrowski, Julia	17 Pembs Cty	31.07	
15 Miles, Megan	17 Pembs Cty	31.09	
16 Knight, Lily	15 C Dolphins	31.48	
17 Jenkins, Alexandra G	16 Swansea Aq	31.91	
18 George, Eilir	15 Llanelli	32.06	
19 Coles, Sophie	15 Bridgend SC	32.23	
20 Bruce, Skye	16 Pembs Cty	32.25	
21 Bowen, Seren E	15 Carmarthen	32.79	
22 Selby, Chloe	15 Neath	37.67	
23 Owen, Annabelle	15 Penyrheol	37.69	
24 Middleton, Caitlin	15 Aberystwyth	38.59	
25 Prosser, Eleri	17 Llanelli	52.18	
Event 503 Women 50 SC Meter Freestyle Multi-Class			
Name	AgeTeam	Finals Time	
1 %Edmunds, Paige S14	16 Llanelli	56.16	
Event 503 Boys 9-10 50 SC Meter Freestyle			
Name	AgeTeam	Finals Time	
1 Hearne, Logan	10 Tenby Dolphins	38.21	
2 Boyle, Toby M	10 Carmarthen	38.45	
3 Powell, Fred A	10 Carmarthen	39.87	
4 Marshall, Theo	9 Co Cardiff	39.97	
5 Mowbray-Rees, Myles	10 Swansea Aq	42.76	
6 Thomas, Henry	10 Hsc	43.84	
7 Biggs, Harri	9 Co Cardiff	44.74	
8 Batcup, Charlie W	10 Swansea Aq	44.80	
9 Edwards, Joseff	9 Aberystwyth	45.02	
10 Macklen, Daniel	10 C Dolphins	47.30	
11 Jenkins, Evan	10 Co Cardiff	48.20	
12 Willis, Reuben	9 Co Cardiff	48.21	
13 Cooper, Seth	10 Co Cardiff	48.30	
14 Thain, Reuben	9 Co Cardiff	49.72	
15 Williams, Joel S	9 Swansea Aq	50.30	
16 Grainger, Heath	10 Co Cardiff	51.00	
17 Mitchell, Finley	9 Bridgend SC	51.62	
18 Williams, Sonny	9 Llanelli	52.10	
19 Nagaraja, Aman	10 Co Cardiff	1:11.85	
Event 503 Boys 11-12 50 SC Meter Freestyle			
Name	AgeTeam	Finals Time	
1 Bool, Iolo	12 Pembs Cty	31.38	
2 Sursona, Mateo	12 Carmarthen	31.70	
3 Leahy, Herbie	11 Pembs Cty	31.79	
4 Jermin, Morgan	12 Llanelli	32.44	
5 Pyzer, Cyrus A	12 Carmarthen	32.67	
6 Munt, Oliver	12 Hsc	32.94	
7 Nash, Oliver J	12 Carmarthen	33.32	
8 Thomas, Gabriel	11 Llanelli	33.44	
9 Dadswell, Harry	12 Pembs Cty	33.68	
10 Evans, Wolfgang	12 Pembs Cty	34.69	
11 Phillips, Ieuan	12 Fishguard	35.21	
12 May-John, Dylan	11 Aberystwyth	35.46	
13 Rees, Oscar	12 Llanelli	36.42	
14 Jones, Oscar	12 Llanelli	37.12	
15 Gray, Ioan	11 Fishguard	37.26	
16 El Saghir, Karim S	11 Carmarthen	38.91	
17 Lawrence, Rhodri	11 Fishguard	40.78	
18 Chapman, Noah	11 Llanelli	41.77	
19 Burt, Gwion	12 Llanelli	42.08	
20 Williams, Tom	11 Hsc	42.22	
21 Taylor, Kingsley C	11 Swansea Aq	42.76	
22 Harrod, Percy	11 Hsc	43.18	
23 Caprilli, Valentino	11 Fishguard	44.61	
24 Marques-Jones, Idris	11 Carmarthen	44.70	
25 Hayward, Adam	11 Milford Havn	44.93	
26 Scourfield, Max	11 Milford Havn	46.58	
27 Griffiths, Phillip	11 Milford Havn	52.01	
28 George, Sam	11 Milford Havn	1:06.88	
Event 503 Boys 13-14 50 SC Meter Freestyle			
Name	AgeTeam	Finals Time	
1 Elmes, Max	14 Nofio S Gar	26.75	
2 Evans, Sam	13 Pembs Cty	27.95	
3 Jones, Dafydd	13 Carmarthen	28.09	
4 Bevan, Driw	13 Llanelli	29.26	
5 Rines, Harri	14 Bridgend SC	29.39	
6 Collins, Thomas	13 Penyrheol	30.21	
7 Bailey, Reuben	13 Bridgend SC	30.77	
8 Marques-Jones, Felix	13 Carmarthen	30.91	
9 Higgins, Finley J	14 Swansea Aq	31.18	
10 Roberts, Iestyn	14 Bridgend SC	31.23	
11 McFadyen, Hamish	13 Aberystwyth	31.68	
12 Phillips, Lucas	14 Hsc	31.69	
13 Batchelor, Joshua	14 Bridgend SC	31.81	
14 Jones, Dion R	14 Carmarthen	32.13	
15 Backen, Freddie	13 Pembs Cty	33.05	
16 Abell, Ronan	14 Neath	33.84	
17 George, Kieran	14 Milford Havn	33.98	
18 Jones, Tomi	13 Neath	34.13	
19 Blue, Harri O	14 Carmarthen	34.48	
20 Williams-Powell, Ieuan	13 C Dolphins	35.61	
21 Jones, Bobby	13 Neath	35.85	
22 Williams, Isaac	13 Llanelli	36.61	
23 Cole, Jacob	13 Neath	37.01	
24 Taylor, Jasper B	13 Swansea Aq	37.18	
25 Barrett, William	13 Penyrheol	37.21	
26 Gourley, Noah	13 Penyrheol	40.14	
27 Prosser, Harri	14 Llanelli	50.82	
Event 503 Men 15 & Over 50 SC Meter Freestyle			
Name	AgeTeam	Finals Time	
1 Upton-Boorman, Liam	18 Nofio S Gar	25.32	
2 West, Dexter	16 Pembs Cty	25.68	
3 Rukov, Ivan	18 Aberystwyth	26.43	
4 Stuart Lavender, Jac	15 Nofio S Gar	26.59	
5 Galbraith, Elian	16 Llanelli	27.01	
6 Burton, Finnley	15 Bridgend SC	27.35	
7 Williams, Thomas	15 Nofio S Gar	27.41	
8 Gray, Gruffudd I	16 Swansea Aq	27.78	
9 Morgan, Ben	16 Pembs Cty	27.84	
10 Lerigo, Oli	15 Aberystwyth	28.27	
11 Griffiths, Harri	15 C Dolphins	28.46	
12 Hale, Oliver S	15 Swansea Aq	28.68	
13 Cleave, Joshua	17 C Dolphins	29.18	
14 Rowlands, Sion E	16 Carmarthen	29.31	
15 Burt, Caio	15 Llanelli	29.66	
16 Smith, Caelan	15 Hsc	30.09	
17 Reynolds, Owain	18 Llanelli	30.29	

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Results - Session 5 (Warmup 11.35 - 12.35)

(Event 503 Men 15 & Over 50 SC Meter Freestyle)

Name		AgeTeam	Finals Time
18	Lewis, Cian	16 Neath	30.50