

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Meet Program - Session 6 (Warmup 3.15 - 4.15)

Event 601 Mixed 9 & Over 100 SC Meter Breaststroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 21 Finals Starts at 04:25 PM				
1				_____
2	Powell, Elidian	W9	C Dolphins	NT _____
3	Prince, Aggie M	W9	Swansea Aq	NT _____
4	Leigh, Lucie	W9	Co Cardiff	NT _____
5	Jenkins, Betsan	W9	Co Cardiff	NT _____
6	Brogan, Maisie	W9	Swansea Aq	NT _____
7	Thain, Reuben	M9	Co Cardiff	NT _____
8				_____
Heat 2 of 21 Finals Starts at 04:28 PM				
1	Lewis, Abbie	W9	Amman Valley	NT _____
2	Hearne, Logan	M10	Tenby Dolphins	NT _____
3	Davies, Matilda	W10	Co Cardiff	NT _____
4	Duncan, Miriam G	W10	Carmarthen	NT _____
5	Thomas, Henry	M10	Hsc	NT _____
6	Baldwin, Heidi	W10	Bridgend SC	NT _____
7	Evans, Liliana	W10	Llanelli	NT _____
8	O'Neill, Aoife	W9	Co Cardiff	NT _____
Heat 3 of 21 Finals Starts at 04:30 PM				
1	Mowbray-Rees, Myles	M10	Swansea Aq	NT _____
2	Griffith, Ariana M	W10	Swansea Aq	NT _____
3	Budd, Amelia	W10	Co Cardiff	NT _____
4	Wiggins, Fran	W11	Co Cardiff	NT _____
5	Edwards, Mali	W10	Amman Valley	NT _____
6	Mahoney, Phoebe	W10	Co Cardiff	NT _____
7	Tree, Lois	W10	Hsc	NT _____
8	Collins, Grace	W10	Co Cardiff	NT _____
Heat 4 of 21 Finals Starts at 04:32 PM				
1	Lawrence, Rhodri	M11	Fishguard	NT _____
2	Berry-Martin, Finn	M11	Co Cardiff	NT _____
3	Williams, April	W11	Swansea Aq	NT _____
4	Madge, Brianna	W11	C Dolphins	NT _____
5	Hope, Brooke	W11	Tenby Dolphins	NT _____
6	Harrod, Percy	M11	Hsc	NT _____
7	Nel, Summer	W11	Hsc	NT _____
8	Rudiuk, Arina	W11	Co Cardiff	NT _____
Heat 5 of 21 Finals Starts at 04:34 PM				
1	Hill, Oliver S	M12	Swansea Aq	NT _____
2	Warrington, Ilayda	W12	Penyrheol	NT _____
3	Wheeler, Amelie	W13	Penyrheol	NT _____
4	Coleman, Lacey	W14	Hsc	NT _____
5	Williams, Paige T	W13	Swansea Aq	NT _____
6	Roberts, Holly	W12	Bridgend SC	NT _____
7	Williams, Alys	W12	Carmarthen	NT _____
8	Curle James, Melody	W11	Co Cardiff	NT _____
Heat 6 of 21 Finals Starts at 04:37 PM				
1	Harwood, Jack	M14	Pembs Cty	NT _____
2	Jayne, Lowri	W14	Llanelli	NT _____
3	Adams, Elizabeth	W10	Hsc	2:36.74 _____
4	Bool, Lani	W9	Hsc	2:26.52 _____
5	Jermin, Martha	W10	Llanelli	2:27.19 _____
6	Morgan, Lily	W15	Tenby Dolphins	NT _____
7	Donnelly, Matthew	M14	Llanelli	NT _____
8	Griffiths, Ffion	W14	Pembs Cty	NT _____

Heat 7 of 21 Finals Starts at 04:40 PM				
1	Raistrick, Evelyn	W10	Amman Valley	2:21.20 _____
2	Powell, Leila T	W10	Carmarthen	2:19.45 _____
3	Jones, Oscar	M12	Llanelli	2:19.24 _____
4	Cooper, Seth	M10	Co Cardiff	2:17.96 _____
5	Grainger, Heath	M10	Co Cardiff	2:18.99 _____
6	Ward, Ella-Rae	W9	Co Cardiff	2:19.25 _____
7	Roscoe, Evelyn	W10	Hsc	2:20.47 _____
8	Tabiowo, Aria	W10	Co Cardiff	2:23.89 _____
Heat 8 of 21 Finals Starts at 04:43 PM				
1	Griffiths, Matilda	W9	Llanelli	2:15.12 _____
2	Taylor, Kingsley C	M11	Swansea Aq	2:14.10 _____
3	Fretwell, Logan	M11	Milford Havn	2:13.77 _____
4	Evans, Lowri Carys	W11	Carmarthen	2:12.40 _____
5	Beecham, Emelia-May	W11	Fishguard	2:13.36 _____
6	Thomas, Lili-rose	W12	Neath	2:14.04 _____
7	Burt, Gwion	M12	Llanelli	2:14.47 _____
8	Monan, Frances	W9	Tenby Dolphins	2:17.32 _____
Heat 9 of 21 Finals Starts at 04:46 PM				
1	Dedman, Ivy	W9	Tenby Dolphins	2:11.62 _____
2	Evans, Alys E	W10	Carmarthen	2:11.03 _____
3	Williams, Eva M	W11	Swansea Aq	2:07.47 _____
4	Carruth, Evie	W11	Co Cardiff	2:07.10 _____
5	Phillips, Grace I	W11	Swansea Aq	2:07.34 _____
6	Boyle, Toby M	M10	Carmarthen	2:10.22 _____
7	Hyett, Antonina	W11	C Dolphins	2:11.48 _____
8	Dashfield, Lottie	W10	Tenby Dolphins	2:12.14 _____
Heat 10 of 21 Finals Starts at 04:49 PM				
1	Nemtsov, Anastasia	W10	Co Cardiff	2:06.50 _____
2	Batcup, Charlie W	M10	Swansea Aq	2:05.93 _____
3	Millard, Nel	W11	Llanelli	2:03.86 _____
4	Bullock, Georgia M	W12	Carmarthen	2:00.34 _____
5	Gallagher, Thia C	W11	Swansea Aq	2:02.06 _____
6	Bailey, Reuben	M13	Bridgend SC	2:04.53 _____
7	Hawksworth Garcia, Frida	W9	Swansea Aq	2:06.29 _____
8	Powell, Fred A	M10	Carmarthen	2:06.61 _____
Heat 11 of 21 Finals Starts at 04:51 PM				
1	Caprilli, Valentino	M11	Fishguard	1:59.99 _____
2	Prince, Edith S	W11	Swansea Aq	1:58.65 _____
3	Monan, Hazel	W10	Tenby Dolphins	1:56.93 _____
4	Evans, Cora E	W11	Carmarthen	1:56.36 _____
5	Phillips, Ieuan	M12	Fishguard	1:56.67 _____
6	Harrison, Abigail	W13	Neath	1:57.78 _____
7	Taylor, Jasper B	M13	Swansea Aq	1:59.10 _____
8	Padfield-Batte, Agnes	W11	Co Cardiff	2:00.13 _____
Heat 12 of 21 Finals Starts at 04:54 PM				
1	Gil Wood, Sofia A	W10	Swansea Aq	1:55.26 _____
2	Rabaiotti, Orla-Rae	W10	Swansea Aq	1:53.92 _____
3	El Saghir, Karim S	M11	Carmarthen	1:52.00 _____
4	McFadyen, Hamish	M13	Aberystwyth	1:50.08 _____
5	Jones, Bobby	M13	Neath	1:50.40 _____
6	Jones, Gwenllian F	W10	Carmarthen	1:53.16 _____
7	Hope, Madi	W9	Tenby Dolphins	1:54.06 _____
8	Jewell, Zoe	W13	Tenby Dolphins	1:55.80 _____

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Meet Program - Session 6 (Warmup 3.15 - 4.15)

Heat 13 Finals (#601 Mixed 9 & Over 100 SC Meter Breaststroke)				
1	Blue, Harri O	M14	Carmarthen	1:47.19
2	Holborow, Esmay	W10	Amman Valley	1:46.41
3	Mason, Ezmee	W12	Pembs Cty	1:44.14
4	Cole, Jacob	M13	Neath	1:42.60
5	Gardner-Rolfe, Mia G	W13	Swansea Aq	1:42.65
6	Thomas, Gabriel	M11	Llanelli	1:44.60
7	Selby, Chloe	W15	Neath	1:46.99
8	Green, William	M13	Aberystwyth	1:49.26
Heat 14 of 21 Finals Starts at 04:59 PM				
1	Hooper, Olivia	W10	Neath	1:41.33
2	Jones, Dion R	M14	Carmarthen	1:40.72
3	Morris, Megan	W12	Neath	1:40.22
4	Nash, Oliver J	M12	Carmarthen	1:39.64
5	Davies, Betsi	W13	Pembs Cty	1:40.01
6	Rees-Davies, Saoirse	W14	Llanelli	1:40.49
7	Lennon, Amelia-Rose	W12	Carmarthen	1:40.78
8	Kasto, Evie T	W14	Swansea Aq	1:41.50
Heat 15 of 21 Finals Starts at 05:01 PM				
1	Morris, Ffion H	W13	Pembs Cty	1:38.96
2	Rees, Oscar	M12	Llanelli	1:38.92
3	Griffiths, Elizabeth	W14	Fishguard	1:38.17
4	Gil Wood, Elena	W13	Swansea Aq	1:37.16
5	Lewis, Callum	M16	Milford Havn	1:37.47
6	Dyde, Pheobe	W13	Pembs Cty	1:38.29
7	Hawkins, Lottie	W12	Pembs Cty	1:38.93
8	Mcfarlane, Una	W14	Pembs Cty	1:39.00
Heat 16 of 21 Finals Starts at 05:03 PM				
1	Powell, Nina L	W13	Carmarthen	1:37.10
2	Cawdery, Seren	W13	Bridgend SC	1:36.58
3	Henson, Jessica	W12	Pembs Cty	1:35.72
4	Batchelor, Joshua	M14	Bridgend SC	1:34.06
5	Jones, Alaw R	W13	Carmarthen	1:35.51
6	Jenkins, Elli J	W14	Swansea Aq	1:36.50
7	Thomas, Tristan	M15	Pembs Cty	1:36.80
8	Bowen, Seren E	W15	Carmarthen	1:37.15
Heat 17 of 21 Finals Starts at 05:05 PM				
1	Longar, Miriam E	W13	Carmarthen	1:33.12
2	Reynolds, Owain	M18	Llanelli	1:33.08
3	Munt, Oliver	M12	Hsc	1:32.53
4	Mitrjaikina, Scarlet	W13	Swansea Aq	1:32.19
5	Jenkins, Alexandra G	W16	Swansea Aq	1:32.46
6	Dashfield, Olivia	W12	Pembs Cty	1:32.58
7	Kurys, Bonnie P	W12	Carmarthen	1:33.08
8	Dadswell, Harry	M12	Pembs Cty	1:33.54
Heat 18 of 21 Finals Starts at 05:08 PM				
1	Rowland, Scarlett	W13	Neath	1:31.90
2	Hughes, Mollie	W14	C Dolphins	1:30.08
3	Kaill-Franks, Nia	W14	Pembs Cty	1:29.45
4	Davies, Elizabeth	W12	Pembs Cty	1:26.84
5	Lloyd, Vincent-Owen	M12	Llanelli	1:28.80
6	Jones, Dafydd	M13	Carmarthen	1:29.55
7	Marques-Jones, Felix	M13	Carmarthen	1:30.49
8	Monan, Euan	M12	Pembs Cty	1:32.04

Heat 19 of 21 Finals Starts at 05:10 PM				
1	Batcup, Oliver J	M13	Swansea Aq	1:25.44
2	Bevan, Driw	M13	Llanelli	1:24.79
3	Lewis, Cian	M16	Neath	1:24.70
4	Morgan, Cole	M14	C Dolphins	1:24.22
5	Knight, Lily	W15	C Dolphins	1:24.29
6	Elmes, Max	M14	Nofio S Gar	1:24.73
7	Jones, Hunydd	W14	Nofio S Gar	1:24.81
8	Gilderdale, Celyn	W17	Pembs Cty	1:26.23
Heat 20 of 21 Finals Starts at 05:12 PM				
1	Kazmiruk, Anastasiia	W14	Nofio S Gar	1:23.90
2	Lerigo, Oli	M15	Aberystwyth	1:22.41
3	David, Isabelle	W18	Swansea Aq	1:20.82
4	Fogarty, Oliver	M13	Pembs Cty	1:20.26
5	Powell, Josie	W15	Bridgend SC	1:20.56
6	Burton, Finnley	M15	Bridgend SC	1:22.09
7	Evans, Sam	M13	Pembs Cty	1:23.27
8	Lewis, Evie	W12	Pembs Cty	1:24.02
Heat 21 of 21 Finals Starts at 05:14 PM				
1	Smith, Caelan	M15	Hsc	1:19.29
2	Taffetsauffer, Isabella	W14	Nofio S Gar	1:16.34
3	Richardson, Osian	M17	Swansea Aq	1:10.15
4	Stuart Lavender, Jac	M15	Nofio S Gar	1:08.01
5	Phillips, Finley	M15	Nofio S Gar	1:08.22
6	Parry, Abigail	W13	Carmarthen	1:15.87
7	Thomas, Rhys	M15	Pembs Cty	1:17.55
8	Davies, Isabella	W14	Nofio S Gar	1:20.03
Event 602 Mixed 9 & Over 200 SC Meter Freestyle				
Lane	Name	Age	Team	Seed Time
Heat 1 of 20 Finals Starts at 05:16 PM				
1				
2				
3	Dedman, Ivy	W9	Tenby Dolphins	NT
4	Biggs, Harri	M9	Co Cardiff	NT
5	Hughes, Isaac W	M9	Swansea Aq	NT
6	O'Neill, Aoife	W9	Co Cardiff	NT
7				
8				
Heat 2 of 20 Finals Starts at 05:19 PM				
1	Backen, Matilda	W9	Fishguard	NT
2	Parsons, Effie	W10	Co Cardiff	NT
3	Felton, Catrin	W10	C Dolphins	NT
4	Kummer, Seb	M10	Milford Havn	NT
5	Reith, Bethany	W10	Bridgend SC	NT
6	Millard, Emilia	W10	Bridgend SC	NT
7	Dashfield, Lottie	W10	Tenby Dolphins	NT
8	Hawksworth Garcia, Frida	W9	Swansea Aq	NT
Heat 3 of 20 Finals Starts at 05:23 PM				
1	Whitecross, Phoebe	W10	Hsc	NT
2	Rabaiotti, Orla-Rae	W10	Swansea Aq	NT
3	Richards, Lillian	W10	Hsc	NT
4	Cleverley, Tahlia	W11	Hsc	NT
5	O Callaghan, Georgia	W11	Co Cardiff	NT
6	Baldwin, Heidi	W10	Bridgend SC	NT
7	Griffith, Ariana M	W10	Swansea Aq	NT
8	Symmonds, Taya	W10	Hsc	NT

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Heat 4 Finals (#602 Mixed 9 & Over 200 SC Meter Freestyle)				
1	Millard, Nel	W11	Llanelli	NT _____
2	Owen, Molly	W11	Penyrheol	NT _____
3	Phillips, Grace I	W11	Swansea Aq	NT _____
4	Bullock, Georgia M	W12	Carmarthen	NT _____
5	Jenkins, Olivia I	W12	Swansea Aq	NT _____
6	Beecham, Emelia-May	W11	Fishguard	NT _____
7	Lawrence, Rhodri	M11	Fishguard	NT _____
8	Marques-Jones, Idris	M11	Carmarthen	NT _____

Heat 5 of 20 Finals Starts at 05:30 PM				
1	Bailey, Reuben	M13	Bridgend SC	NT _____
2	White, Mattie	W13	Co Cardiff	NT _____
3	Felton, Gwennan	W13	C Dolphins	NT _____
4	Besley, Freya	W13	Penyrheol	NT _____
5	Williams, Isaac	M13	Llanelli	NT _____
6	Owen, Charlotte	W13	Penyrheol	NT _____
7	Williams-Powell, Ieuan	M13	C Dolphins	NT _____
8	Cawdery, Seren	W13	Bridgend SC	NT _____

Heat 6 of 20 Finals Starts at 05:34 PM				
1	Roberts, Iestyn	M14	Bridgend SC	NT _____
2	Ward, Ella-Rae	W9	Co Cardiff	3:58.87 _____
3	Scourfield, Max	M11	Milford Havn	3:45.75 _____
4	Taylor, Kingsley C	M11	Swansea Aq	3:42.26 _____
5	Davies, Phoebe	W11	Tenby Dolphins	3:44.62 _____
6	Walters, Ellie-Mae	W12	Hsc	3:53.49 _____
7	Middleton, Caitlin	W15	Aberystwyth	NT _____
8	Jewell, Zoe	W13	Tenby Dolphins	NT _____

Heat 7 of 20 Finals Starts at 05:38 PM				
1	Evans, Cora E	W11	Carmarthen	3:28.71 _____
2	Lewis, Megan	W15	Milford Havn	3:24.08 _____
3	Jones, Zara	W9	Llanelli	3:22.53 _____
4	Hope, Brooke	W11	Tenby Dolphins	3:21.62 _____
5	Arnold, Dylan	M10	C Dolphins	3:22.15 _____
6	Donnelly, Matthew	M14	Llanelli	3:23.14 _____
7	Coleman, Lacey	W14	Hsc	3:26.01 _____
8	Gray, Ioan	M11	Fishguard	3:31.49 _____

Heat 8 of 20 Finals Starts at 05:42 PM				
1	Knight, Anna	W12	C Dolphins	3:18.75 _____
2	Prosser, Mia S	W10	Tenby Dolphins	3:17.57 _____
3	Phillips, Ieuan	M12	Fishguard	3:14.44 _____
4	Watson, Isabelle	W12	Neath	3:13.48 _____
5	Boyle, Toby M	M10	Carmarthen	3:13.88 _____
6	Powell, Poppy	W12	Llanelli	3:14.91 _____
7	Gil Wood, Sofia A	W10	Swansea Aq	3:18.00 _____
8	Evans, Lillian	W10	Llanelli	3:21.54 _____

Heat 9 of 20 Finals Starts at 05:46 PM				
1	Lloyd- Roberts, Harry	M13	Milford Havn	3:10.90 _____
2	Boyle, Samantha J	W12	Carmarthen	3:09.00 _____
3	Owen, Annabelle	W15	Penyrheol	3:08.34 _____
4	Mills, Flynn	M12	Milford Havn	3:07.18 _____
5	Lennon, Amelia-Rose	W12	Carmarthen	3:08.10 _____
6	Nicklin, Parker	W10	Amman Valley	3:08.75 _____
7	Munt, Oliver	M12	Hsc	3:09.16 _____
8	McFarlane, Mali	W11	Milford Havn	3:11.42 _____

Heat 10 of 20 Finals Starts at 05:50 PM				
1	May-John, Dylan	M11	Aberystwyth	3:05.43 _____
2	Husband, Alysia	W10	Hsc	3:03.65 _____
3	McFadyen, Hamish	M13	Aberystwyth	3:02.81 _____
4	Hearne, Logan	M10	Tenby Dolphins	3:01.06 _____
5	Robinson, Maisy	W10	Bridgend SC	3:01.25 _____
6	Dashfield, Olivia	W12	Pembs Cty	3:03.24 _____
7	Dennison, Evie	W13	Milford Havn	3:03.98 _____
8	Taylor, Jasper B	M13	Swansea Aq	3:05.46 _____

Heat 11 of 20 Finals Starts at 05:54 PM				
1	Butcher, Freya S	W10	Swansea Aq	2:56.47 _____
2	Morgan, Iolah	W11	Pembs Cty	2:53.50 _____
3	Jayne, Lowri	W14	Llanelli	2:53.21 _____
4	Edmunds, Freya	W12	Llanelli	2:51.41 _____
5	Thomas, Gabriel	M11	Llanelli	2:52.40 _____
6	Green, William	M13	Aberystwyth	2:53.26 _____
7	Arnold, Olivia	W12	Milford Havn	2:54.26 _____
8	Prince, Edith S	W11	Swansea Aq	2:59.30 _____

Heat 12 of 20 Finals Starts at 05:57 PM				
1	Leahy, Herbie	M11	Pembs Cty	2:45.81 _____
2	Kurys, Bonnie P	W12	Carmarthen	2:45.08 _____
3	Monan, Euan	M12	Pembs Cty	2:44.76 _____
4	Evans, Annie	W14	Neath	2:44.48 _____
5	Austin, Sophie Haf	W12	C Dolphins	2:44.67 _____
6	Enoch, Erin L	W11	Carmarthen	2:44.95 _____
7	Backen, Freddie	M13	Pembs Cty	2:45.10 _____
8	Titely, Lola	W13	Milford Havn	2:49.30 _____

Heat 13 of 20 Finals Starts at 06:01 PM				
1	Francis, Mia	W12	Pembs Cty	2:43.01 _____
2	Evans, Wolfgang	M12	Pembs Cty	2:40.47 _____
3	Jones, Tomi	M13	Neath	2:40.10 _____
4	Morris, Besi	W12	Amman Valley	2:38.91 _____
5	Jones, Dion R	M14	Carmarthen	2:39.20 _____
6	Hughes, Megan	W12	C Dolphins	2:40.17 _____
7	Coles, Sophie	W15	Bridgend SC	2:42.23 _____
8	Foldi, Kristina	W13	Pembs Cty	2:43.80 _____

Heat 14 of 20 Finals Starts at 06:04 PM				
1	Pinnock, Betsan R	W13	Swansea Aq	2:38.74 _____
2	Rines, Harri	M14	Bridgend SC	2:37.48 _____
3	Gil Wood, Elena	W13	Swansea Aq	2:35.71 _____
4	Rowlands, Sion E	M16	Carmarthen	2:34.84 _____
5	Hawkins, Lottie	W12	Pembs Cty	2:35.19 _____
6	Pitans, Caitlin R	W13	Swansea Aq	2:37.01 _____
7	Duncan, Ava	W13	Amman Valley	2:38.51 _____
8	Mason, Ezmee	W12	Pembs Cty	2:38.79 _____

Heat 15 of 20 Finals Starts at 06:07 PM				
1	Jermin, Morgan	M12	Llanelli	2:33.32 _____
2	Bool, Iolo	M12	Pembs Cty	2:33.18 _____
3	Parry, Abigail	W13	Carmarthen	2:32.18 _____
4	George, Eilir	W15	Llanelli	2:31.70 _____
5	Goodman, Evie	W14	Swansea Aq	2:32.03 _____
6	Ostrowski, Julia	W17	Pembs Cty	2:32.50 _____
7	Kenny, Jemima	W14	Pembs Cty	2:33.20 _____
8	Dyde, Pheobe	W13	Pembs Cty	2:34.03 _____

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1	Higgins, Finley J	M14	Swansea Aq	2:29.49	_____
2	Burton, Finnley	M15	Bridgend SC	2:28.26	_____
3	Powell, Nina L	W13	Carmarthen	2:27.15	_____
4	Bowes, James F	M13	Carmarthen	2:26.60	_____
5	Williams, Paige T	W13	Swansea Aq	2:26.72	_____
6	Grugel, Sam	M15	C Dolphins	2:28.24	_____
7	Goodman, Lola	W14	Swansea Aq	2:29.08	_____
8	Marques-Jones, Felix	M13	Carmarthen	2:29.64	_____

Heat 17 of 20 Finals Starts at 06:14 PM

1	Davies, Ava	W13	Llanelli	2:25.80	_____
2	Cressey-Rodgers, Gwenllian	W15	Nofio S Gar	2:25.23	_____
3	Patterson, Hollie M	W14	Carmarthen	2:24.24	_____
4	Bruce, Skye	W16	Pembs Cty	2:23.85	_____
5	Mason, Phoebe	W15	Pembs Cty	2:24.02	_____
6	Hall, Isabelle	W14	Pembs Cty	2:24.50	_____
7	Davies, Erin	W14	C Dolphins	2:25.66	_____
8	Hall, Ellena	W14	Pembs Cty	2:26.20	_____

Heat 18 of 20 Finals Starts at 06:17 PM

1	Thompson, Freya	W15	Pembs Cty	2:22.39	_____
2	Jones, Dafydd	M13	Carmarthen	2:19.96	_____
3	Carter, Ava	W17	Penyrheol	2:18.93	_____
4	Gray, Gruffudd I	M16	Swansea Aq	2:18.49	_____
5	Gilderdale, Celyn	W17	Pembs Cty	2:18.70	_____
6	Layland, Seren	W14	Penyrheol	2:19.83	_____
7	Cleave, Joshua	M17	C Dolphins	2:22.00	_____
8	Dash, Amelie	W14	Pembs Cty	2:22.45	_____

Heat 19 of 20 Finals Starts at 06:20 PM

1	Williams, Hollie	W18	Nofio S Gar	2:17.81	_____
2	Lewis, Gethin	M17	Bridgend SC	2:16.83	_____
3	Burt, Caio	M15	Llanelli	2:15.30	_____
4	Clissold, Elizabeth	W19	Pembs Cty	2:14.80	_____
5	Thomas, Rhys	M15	Pembs Cty	2:15.17	_____
6	Hale, Oliver S	M15	Swansea Aq	2:16.10	_____
7	Clissold, Bronwyn	W17	Pembs Cty	2:17.07	_____
8	Mills, Thomas	M14	Llanelli	2:18.33	_____

Heat 20 of 20 Finals Starts at 06:22 PM

1	Berner, Iyla	W12	Nofio S Gar	2:12.30	_____
2	Morgan, Ben	M16	Pembs Cty	2:11.34	_____
3	Read, William	M18	Swansea Aq	2:09.12	_____
4	Upton-Boorman, Liam	M18	Nofio S Gar	2:00.14	_____
5	Williams, Thomas	M15	Nofio S Gar	2:06.21	_____
6	Galbraith, Elian	M16	Llanelli	2:10.52	_____
7	Burns, Freya	W14	Nofio S Gar	2:12.12	_____
8	Geach, Libbie	W16	Nofio S Gar	2:12.81	_____