

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Results - Session 6 (Warmup 3.15 - 4.15)

Event 601 Girls 9-10 100 SC Meter Breaststroke					30	Adams, Elizabeth	10	Hsc	2:47.82
NameAgeTeamFinals Time						1:20.821:27.00			
1	Holborow, Esmay	10	Amman Valley	1:39.65	---	Raistrick, Evelyn	10	Amman Valley	DQ
	47.0952.56					1:01.461:10.56			
2	Hooper, Olivia	10	Neath	1:40.37	---	Lewis, Abbie	9	Amman Valley	DQ
	49.0451.33					1:05.551:07.17			
3	Hope, Madi	9	Tenby Dolphins	1:43.62	---	Tabiowo, Aria	10	Co Cardiff	DQ
	49.2054.42					1:03.421:11.90			
4	Rabaiotti, Orla-Rae	10	Swansea Aq	1:47.68	---	Powell, Elidian	9	C Dolphins	DQ
	50.6357.05					1:03.451:08.71			
5	Jones, Gwenllian F	10	Carmarthen	1:51.02	---	O'Neill, Aoife	9	Co Cardiff	DQ
	53.3957.63					1:03.861:13.84			
6	Hawksworth Garcia, Frida	9	Swansea Aq	1:53.94	---	Davies, Matilda	10	Co Cardiff	DNF
	56.2957.65								
7	Gil Wood, Sofia A	10	Swansea Aq	1:54.33	Event 601 Girls 11-12 100 SC Meter Breaststroke				
	53.951:00.38				NameAgeTeamFinals Time				
8	Edwards, Mali	10	Amman Valley	1:56.13	1	Lewis, Evie	12	Pembs Cty	1:27.44
	55.001:01.13					41.4845.96			
9	Griffiths, Matilda	9	Llanelli	1:56.79	2	Davies, Elizabeth	12	Pembs Cty	1:27.64
	55.091:01.70					41.1146.53			
10	Baldwin, Heidi	10	Bridgend SC	1:57.23	3	Dashfield, Olivia	12	Pembs Cty	1:33.25
	55.621:01.61					44.3048.95			
11	Monan, Hazel	10	Tenby Dolphins	1:57.36	4	Kurys, Bonnie P	12	Carmarthen	1:34.51
	56.131:01.23					45.0449.47			
12	Evans, Liliana	10	Llanelli	2:00.78	5	Lennon, Amelia-Rose	12	Carmarthen	1:37.59
	57.981:02.80					47.4750.12			
13	Nemtsov, Anastasia	10	Co Cardiff	2:01.86	6	Hawkins, Lottie	12	Pembs Cty	1:37.75
	56.101:05.76					46.3351.42			
14	Monan, Frances	9	Tenby Dolphins	2:02.83	7	Roberts, Holly	12	Bridgend SC	1:43.92
	57.461:05.37					47.9855.94			
15	Dedman, Ivy	9	Tenby Dolphins	2:03.91	8	Mason, Ezmee	12	Pembs Cty	1:47.30
	58.181:05.73					50.1757.13			
16	Roscoe, Evelyn	10	Hsc	2:04.32	9	Prince, Edith S	11	Swansea Aq	1:48.19
	1:00.071:04.25					51.3556.84			
17	Dashfield, Lottie	10	Tenby Dolphins	2:06.47	10	Evans, Cora E	11	Carmarthen	1:50.07
	1:01.081:05.39					52.1157.96			
18	Griffith, Ariana M	10	Swansea Aq	2:07.22	11	Madge, Brianna	11	C Dolphins	1:50.39
	1:00.991:06.23					52.6957.70			
19	Prince, Aggie M	9	Swansea Aq	2:09.10	12	Thomas, Lili-rose	12	Neath	1:53.86
	1:01.461:07.64					52.041:01.82			
20	Leigh, Lucie	9	Co Cardiff	2:10.56	13	Hyett, Antonina	11	C Dolphins	1:57.31
	1:03.801:06.76					57.021:00.29			
21	Duncan, Miriam G	10	Carmarthen	2:10.68	14	Hope, Brooke	11	Tenby Dolphins	1:59.65
	1:01.821:08.86					56.101:03.55			
22	Collins, Grace	10	Co Cardiff	2:11.28	15	Curle James, Melody	11	Co Cardiff	1:59.79
	1:03.861:07.42					57.241:02.55			
23	Jermin, Martha	10	Llanelli	2:12.21	16	Gallagher, Thia C	11	Swansea Aq	1:59.93
	1:03.411:08.80					57.281:02.65			
24	Powell, Leila T	10	Carmarthen	2:14.53	17	Millard, Nel	11	Llanelli	2:00.75
	1:04.631:09.90					57.471:03.28			
25	Ward, Ella-Rae	9	Co Cardiff	2:14.84	18	Evans, Lowri Carys	11	Carmarthen	2:01.14
	1:05.031:09.81					56.011:05.13			
26	Mahoney, Phoebe	10	Co Cardiff	2:21.32	19	Bullock, Georgia M	12	Carmarthen	2:01.24
	1:06.791:14.53					57.841:03.40			
27	Bool, Lani	9	Hsc	2:24.58	20	Williams, Alys	12	Carmarthen	2:04.31
	1:07.931:16.65					57.321:06.99			
28	Tree, Lois	10	Hsc	2:26.94	21	Beecham, Emelia-May	11	Fishguard	2:05.85
	1:11.591:15.35					1:01.221:04.63			
29	Jenkins, Betsan	9	Co Cardiff	2:33.67	22	Phillips, Grace I	11	Swansea Aq	2:08.90
	1:13.001:20.67					1:01.951:06.95			
					23	Wiggins, Fran	11	Co Cardiff	2:10.95
						1:01.631:09.32			

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Results - Session 6 (Warmup 3.15 - 4.15)

(Event 601 Girls 11-12 100 SC Meter Breaststroke)					24	Jayne, Lowri		14	Llanelli	1:51.20
NameAgeTeamFinals Time						51.34	59.86			
--- Nel, Summer11HscDQ					25	Harrison, Abigail		13	Neath	1:52.79
57.021:00.93						52.37	1:00.42			
--- Williams, Eva M11Swansea AqDQ					26	Wheeler, Amelie		13	Penyrheol	2:01.23
1:01.241:03.29						57.48	1:03.75			
--- Warrington, Ilayda12PenyrheolDQ					27	Coleman, Lacey		14	Hsc	2:04.13
52.8257.38						59.19	1:04.94			
--- Morris, Megan12NeathDQ					---	Morris, Ffion H		13	Pembs Cty	DQ
48.4852.70						45.77	49.91			
--- Rudiuk, Arina11Co CardiffDQ					Event 601 Women 15 & Over 100 SC Meter Breaststroke					
--- Padfield-Batte, Agnes11Co CardiffDQ					NameAgeTeamFinals Time					
1:01.771:08.34					1	Powell, Josie		15	Bridgend SC	1:22.00
Event 601 Girls 13-14 100 SC Meter Breaststroke						38.32	43.68			
NameAgeTeamFinals Time					2	Gilderdale, Celyn		17	Pembs Cty	1:27.02
1	Parry, Abigail	13	Carmarthen	1:16.88		40.10	46.92			
	36.31	40.57			3	Morgan, Lily		15	Tenby Dolphins	1:29.81
2	Davies, Isabella	14	Nofio S Gar	1:19.69		42.02	47.79			
	38.04	41.65			4	Jenkins, Alexandra G		16	Swansea Aq	1:30.34
3	Taffetsauffer, Isabella	14	Nofio S Gar	1:20.40		42.85	47.49			
	37.75	42.65			5	Bowen, Seren E		15	Carmarthen	1:38.22
4	Jones, Hunydd	14	Nofio S Gar	1:22.75		46.84	51.38			
	38.26	44.49			6	Selby, Chloe		15	Neath	1:51.82
5	Williams, Paige T	13	Swansea Aq	1:22.93		51.53	1:00.29			
	39.04	43.89			Event 601 Boys 9-10 100 SC Meter Breaststroke					
6	Kazmiruk, Anastasiia	14	Nofio S Gar	1:25.14	NameAgeTeamFinals Time					
	39.57	45.57			1	Hearne, Logan		10	Tenby Dolphins	1:57.47
7	Rowland, Scarlett	13	Neath	1:29.45		57.18	1:00.29			
	42.88	46.57			2	Powell, Fred A		10	Carmarthen	1:58.81
8	Hughes, Mollie	14	C Dolphins	1:29.85		56.71	1:02.10			
	42.02	47.83			3	Batcup, Charlie W		10	Swansea Aq	2:06.64
9	Mitrjaikina, Scarlet	13	Swansea Aq	1:30.36		1:01.69	1:04.95			
	41.82	48.54			4	Cooper, Seth		10	Co Cardiff	2:07.20
10	Jenkins, Elli J	14	Swansea Aq	1:30.93		1:01.80	1:05.40			
	43.86	47.07			5	Grainger, Heath		10	Co Cardiff	2:27.98
11	Mcfarlane, Una	14	Pembs Cty	1:31.42		1:08.48	1:19.50			
	43.96	47.46			---	Boyle, Toby M		10	Carmarthen	DQ
12	Longar, Miriam E	13	Carmarthen	1:32.53		58.58	1:06.66			
	44.00	48.53			---	Mowbray-Rees, Myles		10	Swansea Aq	DQ
13	Powell, Nina L	13	Carmarthen	1:33.08		59.95	1:03.00			
	44.02	49.06			---	Thain, Reuben		9	Co Cardiff	DQ
14	Gil Wood, Elena	13	Swansea Aq	1:33.57		1:05.27	1:10.77			
	43.96	49.61			Event 601 Boys 11-12 100 SC Meter Breaststroke					
15	Dyde, Pheobe	13	Pembs Cty	1:35.98	NameAgeTeamFinals Time					
	45.41	50.57			1	Munt, Oliver		12	Hsc	1:29.81
16	Griffiths, Ffion	14	Pembs Cty	1:37.71		42.99	46.82			
	46.14	51.57			2	Monan, Euan		12	Pembs Cty	1:32.34
17	Kasto, Evie T	14	Swansea Aq	1:40.68		43.32	49.02			
	46.29	54.39			3	Nash, Oliver J		12	Carmarthen	1:34.45
18	Davies, Betsi	13	Pembs Cty	1:41.60		44.12	50.33			
	47.81	53.79			4	Dadswell, Harry		12	Pembs Cty	1:34.80
19	Cawdery, Seren	13	Bridgend SC	1:41.64		45.66	49.14			
	48.61	53.03			5	Berry-Martin, Finn		11	Co Cardiff	1:36.75
20	Rees-Davies, Saoirse	14	Llanelli	1:42.50		45.25	51.50			
	49.30	53.20			6	Rees, Oscar		12	Llanelli	1:39.92
21	Gardner-Rolfe, Mia G	13	Swansea Aq	1:42.51		48.11	51.81			
	48.78	53.73			7	El Saghir, Karim S		11	Carmarthen	1:48.00
22	Griffiths, Elizabeth	14	Fishguard	1:42.58		51.79	56.21			
	48.90	53.68			8	Phillips, Ieuan		12	Fishguard	1:49.01
23	Jewell, Zoe	13	Tenby Dolphins	1:44.05		51.79	57.22			
	49.93	54.12								

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Results - Session 6 (Warmup 3.15 - 4.15)

(Event 601 Boys 11-12 100 SC Meter Breaststroke)					3	Richardson, Osian		17	Swansea Aq	1:10.77
NameAgeTeamFinals Time						33.46	37.31			
9	Fretwell, Logan	11	Milford Havn	1:54.30	4	Thomas, Rhys		15	Pembs Cty	1:17.36
	56.25	58.05				36.70	40.66			
10	Caprilli, Valentino	11	Fishguard	1:57.00	5	Lerigo, Oli		15	Aberystwyth	1:20.24
	55.35	1:01.65				37.26	42.98			
11	Jones, Oscar	12	Llanelli	1:58.97	6	Smith, Caelan		15	Hsc	1:20.35
	55.28	1:03.69				37.01	43.34			
12	Lawrence, Rhodri	11	Fishguard	2:04.03	7	Burton, Finnley		15	Bridgend SC	1:21.98
	1:00.22	1:03.81				38.94	43.04			
13	Burt, Gwion	12	Llanelli	2:13.03	8	Lewis, Cian		16	Neath	1:25.04
	1:05.09	1:07.94				39.52	45.52			
---	Taylor, Kingsley C	11	Swansea Aq	DQ	9	Lewis, Callum		16	Milford Havn	1:26.64
	56.15	1:00.11				40.75	45.89			
---	Thomas, Gabriel	11	Llanelli	DQ	10	Reynolds, Owain		18	Llanelli	1:28.52
	47.13	51.85				39.74	48.78			
Event 601 Boys 13-14 100 SC Meter Breaststroke					11	Thomas, Tristan		15	Pembs Cty	1:30.90
NameAgeTeamFinals Time						42.74	48.16			
1	Elmes, Max	14	Nofio S Gar	1:16.24	Event 602 Girls 9-10 200 SC Meter Freestyle					
	36.47	39.77			NameAgeTeamFinals Time					
2	Morgan, Cole	14	C Dolphins	1:19.25	1	Butcher, Freya S		10	Swansea Aq	2:48.22
	37.56	41.69				39.10	43.67		44.93	40.52
3	Fogarty, Oliver	13	Pembs Cty	1:19.75	2	Robinson, Maisy		10	Bridgend SC	2:53.67
	38.25	41.50				38.24	46.35		46.94	42.14
4	Jones, Dafydd	13	Carmarthen	1:21.38	3	Rabaiotti, Orla-Rae		10	Swansea Aq	2:55.67
	38.44	42.94				38.96	44.96		46.09	45.66
5	Evans, Sam	13	Pembs Cty	1:22.53	4	Nicklin, Parker		10	Amman Valley	2:58.84
	40.28	42.25				41.13	47.40		47.01	43.30
6	Marques-Jones, Felix	13	Carmarthen	1:22.77	5	Husband, Alysia		10	Hsc	3:06.27
	39.81	42.96				41.96	48.57		49.89	45.85
7	Bevan, Driw	13	Llanelli	1:25.35	6	Felton, Catrin		10	C Dolphins	3:13.00
	40.08	45.27				43.90	51.19		52.02	45.89
8	Batcup, Oliver J	13	Swansea Aq	1:26.90	7	Evans, Liliana		10	Llanelli	3:13.04
	40.85	46.05				42.79	50.36		53.34	46.55
9	Batchelor, Joshua	14	Bridgend SC	1:30.78	8	Gil Wood, Sofia A		10	Swansea Aq	3:13.54
	42.63	48.15				44.68	51.92		50.98	45.96
10	Bailey, Reuben	13	Bridgend SC	1:31.89	9	Parsons, Effie		10	Co Cardiff	3:13.76
	42.90	48.99				45.26	50.47		51.79	46.24
11	McFadyen, Hamish	13	Aberystwyth	1:36.38	10	Jones, Zara		9	Llanelli	3:17.97
	45.25	51.13				42.64	49.80		52.24	53.29
12	Green, William	13	Aberystwyth	1:39.14	11	Prosser, Mia S		10	Tenby Dolphins	3:18.20
	47.93	51.21				43.36	52.58		51.73	50.53
13	Jones, Dion R	14	Carmarthen	1:40.45	12	Hawksworth Garcia, Frida		9	Swansea Aq	3:23.06
	47.32	53.13				47.23	54.56		53.81	47.46
14	Blue, Harri O	14	Carmarthen	1:40.73	13	Baldwin, Heidi		10	Bridgend SC	3:29.13
	47.82	52.91				46.51	53.40		57.55	51.67
15	Taylor, Jasper B	13	Swansea Aq	1:43.68	14	Dedman, Ivy		9	Tenby Dolphins	3:32.83
	50.83	52.85				47.27	55.67		55.92	53.97
16	Cole, Jacob	13	Neath	1:45.97	15	Symmonds, Taya		10	Hsc	3:34.99
	50.27	55.70				46.12	55.47		57.16	56.24
17	Jones, Bobby	13	Neath	1:48.43	16	Ward, Ella-Rae		9	Co Cardiff	3:41.34
	52.03	56.40				51.79	57.62		1:51.93	
18	Donnelly, Matthew	14	Llanelli	1:57.15	17	Millard, Emilia		10	Bridgend SC	3:49.89
	54.19	1:02.96				53.02	59.24		1:01.38	56.25
Event 601 Men 15 & Over 100 SC Meter Breaststroke					18	Dashfield, Lottie		10	Tenby Dolphins	3:52.41
NameAgeTeamFinals Time						52.64	1:00.34		1:01.72	57.71
1	Phillips, Finley	15	Nofio S Gar	1:08.35	19	Griffith, Ariana M		10	Swansea Aq	3:59.70
	32.19	36.16				53.03	1:03.68		1:02.16	1:00.83
2	Stuart Lavender, Jac	15	Nofio S Gar	1:09.51	20	Backen, Matilda		9	Fishguard	4:00.63
	32.98	36.53				57.37	1:02.39		1:03.60	57.27

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Results - Session 6 (Warmup 3.15 - 4.15)										
(Event 602 Girls 9-10 200 SC Meter Freestyle)					26	O Callaghan, Georgia		11	Co Cardiff	3:19.35
Name		AgeTeam		Finals Time		41.69	51.59		54.47	51.60
21	O'Neill, Aoife	9	Co Cardiff	4:04.54	27	Owen, Molly		11	Penyrheol	3:19.63
	52.40	1:03.70	1:05.68	1:02.76		45.68	51.38		52.33	50.24
22	Reith, Bethany	10	Bridgend SC	4:13.37	28	Davies, Phoebe		11	Tenby Dolphins	3:23.20
	53.37	1:04.91	1:08.23	1:06.86		44.36	54.73		54.55	49.56
23	Whitecross, Phoebe	10	Hsc	4:32.42	29	Cleverley, Tahlia		11	Hsc	3:29.65
	1:01.45	1:10.96	1:12.22	1:07.79		44.03	54.25		56.59	54.78
Event 602 Girls 11-12 200 SC Meter Freestyle					30	Walters, Ellie-Mae		12	Hsc	3:35.08
Name		AgeTeam		Finals Time		49.49	55.60		57.13	52.86
1	Berner, Iyla	12	Nofio S Gar	2:13.83	31	Beecham, Emelia-May		11	Fishguard	3:35.28
	31.64	34.29	34.71	33.19		50.49	54.25		55.74	54.80
2	Hawkins, Lottie	12	Pembs Cty	2:31.60	32	Phillips, Grace I		11	Swansea Aq	3:39.07
	34.42	37.87	40.35	38.96		48.10	58.08		1:00.92	51.97
3	Morris, Besi	12	Amman Valley	2:32.08	Event 602 Girls 13-14 200 SC Meter Freestyle					
	34.23	39.71	40.36	37.78	Name		AgeTeam		Finals Time	
4	Mason, Ezmee	12	Pembs Cty	2:40.33	1	Burns, Freya	14	Nofio S Gar	2:16.16	
	36.61	41.31	41.92	40.49		30.79	33.32		36.31	35.74
5	Enoch, Erin L	11	Carmarthen	2:40.34	2	Patterson, Hollie M	14	Carmarthen	2:19.85	
	37.41	41.66	41.60	39.67		32.52	35.82		36.79	34.72
6	Austin, Sophie Haf	12	C Dolphins	2:40.84	3	Layland, Seren	14	Penyrheol	2:22.21	
	37.34	41.84	41.94	39.72		33.18	36.18		37.13	35.72
7	Francis, Mia	12	Pembs Cty	2:41.88	4	Goodman, Lola	14	Swansea Aq	2:24.16	
	36.95	41.68	42.17	41.08		33.46	37.34		38.63	34.73
8	Hughes, Megan	12	C Dolphins	2:42.97	5	Goodman, Evie	14	Swansea Aq	2:24.19	
	36.27	40.93	43.27	42.50		32.48	36.04		37.32	38.35
9	Edmunds, Freya	12	Llanelli	2:47.09	6	Hall, Ellena	14	Pembs Cty	2:24.93	
	37.65	42.66	44.71	42.07		33.46	36.51		37.48	37.48
10	Kurys, Bonnie P	12	Carmarthen	2:49.26	7	Dash, Amelie	14	Pembs Cty	2:25.69	
	36.28	42.97	45.78	44.23		33.21	36.53		38.08	37.87
11	Morgan, Iolah	11	Pembs Cty	2:55.02	8	Powell, Nina L	13	Carmarthen	2:26.54	
	39.46	45.19	46.62	43.75		33.96	37.76		38.37	36.45
12	Arnold, Olivia	12	Milford Havn	2:56.50	9	Williams, Paige T	13	Swansea Aq	2:26.79	
	41.26	44.99	45.82	44.43		33.58	37.21		38.55	37.45
13	Prince, Edith S	11	Swansea Aq	2:56.86	10	Davies, Ava	13	Llanelli	2:27.09	
	40.23	45.07	46.84	44.72		35.23	37.29		37.64	36.93
14	Boyle, Samantha J	12	Carmarthen	2:57.94	11	Davies, Erin	14	C Dolphins	2:27.78	
	42.61	47.12	45.05	43.16		34.80	37.52		38.29	37.17
15	Jenkins, Olivia I	12	Swansea Aq	3:00.26	12	Gil Wood, Elena	13	Swansea Aq	2:30.59	
	43.89	47.36	46.14	42.87		35.42	37.87		39.31	37.99
16	Lennon, Amelia-Rose	12	Carmarthen	3:00.73	13	Pinnock, Betsan R	13	Swansea Aq	2:30.75	
	42.85	46.86	47.23	43.79		34.35	38.44		39.44	38.52
17	Dashfield, Olivia	12	Pembs Cty	3:02.08	14	Hall, Isabelle	14	Pembs Cty	2:31.28	
	40.03	46.59	48.43	47.03		34.69	37.62		39.44	39.53
18	McFarlane, Mali	11	Milford Havn	3:03.19	15	Parry, Abigail	13	Carmarthen	2:33.10	
	41.72	48.70	48.31	44.46		34.62	39.49		39.95	39.04
19	Powell, Poppy	12	Llanelli	3:04.10	16	Dyde, Pheobe	13	Pembs Cty	2:33.36	
	41.23	47.18	48.63	47.06		34.09	38.94		41.84	38.49
20	Watson, Isabelle	12	Neath	3:04.90	17	Duncan, Ava	13	Amman Valley	2:40.67	
	39.60	47.00	49.35	48.95		36.37	40.70		42.62	40.98
21	Bullock, Georgia M	12	Carmarthen	3:08.11	18	Foldi, Kristina	13	Pembs Cty	2:43.18	
	42.90	48.25	50.25	46.71		36.66	42.24		43.02	41.26
22	Millard, Nel	11	Llanelli	3:15.42	19	Titely, Lola	13	Milford Havn	2:54.25	
	45.63	50.33	50.99	48.47		41.07	46.28		45.84	41.06
23	Knight, Anna	12	C Dolphins	3:17.23	20	Jewell, Zoe	13	Tenby Dolphins	2:56.34	
	45.27	50.61	52.25	49.10		40.14	44.20		47.11	44.89
24	Hope, Brooke	11	Tenby Dolphins	3:17.39	21	Cawdery, Seren	13	Bridgend SC	2:56.42	
	45.07	51.70	52.90	47.72		40.72	45.60		48.97	41.13
25	Evans, Cora E	11	Carmarthen	3:17.71	22	White, Mattie	13	Co Cardiff	3:00.60	
	42.74	50.49	53.96	50.52		39.50	2:21.10			

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026

Results - Session 6 (Warmup 3.15 - 4.15)

(Event 602 Girls 13-14 200 SC Meter Freestyle)					4	Thomas, Gabriel	11	Llanelli	2:44.74
NameAgeTeamFinals Time						37.5042.69		43.8440.71	
23	Jayne, Lowri	14	Llanelli	3:04.30	5	Monan, Euan	12	Pembs Cty	2:48.28
	39.7245.70		49.7849.10			38.6043.18		45.8840.62	
24	Besley, Freya	13	Penyrheol	3:14.90	6	Evans, Wolfgang	12	Pembs Cty	2:48.66
	44.0751.36		52.9646.51			37.2342.75		44.6544.03	
25	Owen, Charlotte	13	Penyrheol	3:15.23	7	May-John, Dylan	11	Aberystwyth	2:57.12
	47.3150.22		52.4145.29			40.4246.25		46.6043.85	
26	Felton, Gwennan	13	C Dolphins	3:24.73	8	Phillips, Ieuan	12	Fishguard	3:02.42
	44.5652.69		54.8952.59			41.7149.95		49.6141.15	
27	Coleman, Lacey	14	Hsc	3:30.87	9	Gray, Ioan	11	Fishguard	3:12.64
	46.2653.38		56.9754.26			41.5850.35		52.5248.19	
Event 602 Women 15 & Over 200 SC Meter Freestyle					10	Mills, Flynn	12	Milford Havn	3:13.64
NameAgeTeamFinals Time						44.6350.71		50.8147.49	
1	Geach, Libbie	16	Nofio S Gar	2:10.56	11	Lawrence, Rhodri	11	Fishguard	3:15.26
	30.1932.79		33.6533.93			46.7451.84		50.9745.71	
2	Clissold, Bronwyn	17	Pembs Cty	2:17.35	12	Marques-Jones, Idris	11	Carmarthen	3:18.05
	31.6535.01		36.3534.34			46.3751.38		51.7048.60	
3	Clissold, Elizabeth	19	Pembs Cty	2:18.51	13	Scourfield, Max	11	Milford Havn	3:38.96
	31.7735.17		36.3135.26			50.3156.52		57.7354.40	
4	Williams, Hollie	18	Nofio S Gar	2:19.48	14	Taylor, Kingsley C	11	Swansea Aq	3:40.49
	31.4335.30		36.6736.08			50.7758.67		56.9154.14	
5	Gilderdale, Celyn	17	Pembs Cty	2:20.33	Event 602 Boys 13-14 200 SC Meter Freestyle				
	32.4936.03		36.7235.09		NameAgeTeamFinals Time				
6	Thompson, Freya	15	Pembs Cty	2:22.26	1	Mills, Thomas	14	Llanelli	2:16.89
	31.7135.94		37.5937.02			30.5434.48		36.9634.91	
7	Bruce, Skye	16	Pembs Cty	2:22.61	2	Jones, Dafydd	13	Carmarthen	2:17.45
	33.1636.76		36.5336.16			31.5535.63		36.0634.21	
8	Coles, Sophie	15	Bridgend SC	2:32.00	3	Bowes, James F	13	Carmarthen	2:24.80
	35.7839.09		40.3636.77			33.8137.11		37.5136.37	
9	George, Eilir	15	Llanelli	2:32.61	4	Marques-Jones, Felix	13	Carmarthen	2:26.73
	32.5137.83		40.8941.38			33.1538.22		39.1036.26	
10	Mason, Phoebe	15	Pembs Cty	2:32.77	5	Higgins, Finley J	14	Swansea Aq	2:28.49
	34.5938.67		40.5139.00			34.1238.46		38.2337.68	
11	Middleton, Caitlin	15	Aberystwyth	3:11.54	6	Rines, Harri	14	Bridgend SC	2:30.03
	42.1249.25		51.2548.92			34.2138.81		39.9837.03	
12	Owen, Annabelle	15	Penyrheol	3:14.60	7	Backen, Freddie	13	Pembs Cty	2:31.89
	43.7249.22		53.1248.54			36.1538.69		38.9638.09	
13	Lewis, Megan	15	Milford Havn	3:16.75	8	Roberts, Iestyn	14	Bridgend SC	2:32.49
	40.8050.49		54.1651.30			35.4939.44		40.1637.40	
Event 602 Boys 9-10 200 SC Meter Freestyle					9	Bailey, Reuben	13	Bridgend SC	2:35.45
NameAgeTeamFinals Time						34.0038.93		42.6739.85	
1	Hearne, Logan	10	Tenby Dolphins	3:06.19	10	Jones, Dion R	14	Carmarthen	2:36.90
	41.6949.07		48.8546.58			34.5939.80		41.9140.60	
2	Boyle, Toby M	10	Carmarthen	3:14.24	11	Jones, Tomi	13	Neath	2:37.60
	41.9449.70		51.9250.68			36.1239.93		42.0939.46	
3	Arnold, Dylan	10	C Dolphins	3:22.72	12	Green, William	13	Aberystwyth	2:41.24
	46.3653.98		53.2949.09			36.7841.86		43.8338.77	
4	Hughes, Isaac W	9	Swansea Aq	3:33.56	13	Williams-Powell, Ieuan	13	C Dolphins	2:55.38
	47.8455.09		55.6754.96			38.7144.02		46.2746.38	
5	Biggs, Harri	9	Co Cardiff	3:36.23	14	Lloyd- Roberts, Harry	13	Milford Havn	3:00.40
	49.3754.60		56.9055.36			40.6747.40		47.3644.97	
Event 602 Boys 11-12 200 SC Meter Freestyle					15	Taylor, Jasper B	13	Swansea Aq	3:01.69
NameAgeTeamFinals Time						41.221:36.72		43.75	
1	Bool, Iolo	12	Pembs Cty	2:31.86	16	Williams, Isaac	13	Llanelli	3:03.50
	34.8138.49		40.1638.40			39.541:34.91		49.25	
2	Jermin, Morgan	12	Llanelli	2:33.79	17	Donnelly, Matthew	14	Llanelli	3:13.33
	35.5738.85		40.3139.06			43.3250.29		51.4948.23	
3	Munt, Oliver	12	Hsc	2:43.04					
	37.8342.54		43.6938.98						

Nofio Sir Gar Open Meet 2026 - 17/01/2026 to 18/01/2026**Results - Session 6 (Warmup 3.15 - 4.15)****Event 602 Men 15 & Over 200 SC Meter Freestyle**

	Name		Age	Team	Finals Time
1	Upton-Boorman, Liam		18	Nofio S Gar	2:01.72
	27.09	30.36		31.78 32.49	
2	Williams, Thomas		15	Nofio S Gar	2:05.62
	29.13	31.76		32.49 32.24	
3	Galbraith, Elian		16	Llanelli	2:10.42
	29.31	32.67		34.29 34.15	
4	Morgan, Ben		16	Pembs Cty	2:11.82
	30.29	33.78		34.17 33.58	
5	Gray, Gruffudd I		16	Swansea Aq	2:14.69
	31.33	35.14		34.80 33.42	
6	Lewis, Gethin		17	Bridgend SC	2:15.20
	30.52	33.86		35.10 35.72	
7	Hale, Oliver S		15	Swansea Aq	2:16.59
	31.59	35.12		35.91 33.97	
8	Thomas, Rhys		15	Pembs Cty	2:16.84
	30.78	34.85		36.29 34.92	
9	Burt, Caio		15	Llanelli	2:17.24
	30.84	34.66		36.31 35.43	
10	Cleave, Joshua		17	C Dolphins	2:19.88
	33.04	36.08		36.61 34.15	
11	Rowlands, Sion E		16	Carmarthen	2:21.42
	31.73	35.20		37.78 36.71	
12	Burton, Finnley		15	Bridgend SC	2:22.95
	31.83	37.54		38.30 35.28	

Event 602 Men 200 SC Meter Freestyle Multi-Class

	Name		Age	Team	Finals Time
1	%Read, William S14		18	Swansea Aq	2:11.28
	29.22	32.50		34.62 34.94	