



## **Llanelli Open Meet 2026**

**Level 3 Meet**

**License Nos: 3WL26xxxx**

Swum under World Aquatics Rules, Swim Wales Rules and  
Llanelli Open Meet Conditions.

**SATURDAY, 14<sup>th</sup> March 2026**

**at**

**The New Pentre Awel Pool  
Canolfan Pentre Awel  
Llanelli  
Carmarthenshire.  
SA15 2EZ**

**CLOSING DATE:  
MONDAY, 23<sup>rd</sup> FEBRUARY 2026**

**EVENT INFORMATION AND ENTRY FORMS**

# Llanelli Amateur Swimming Club

## Open Meet 2026

### Level 3 Meet - License Nos: 3WL26xxxx

### Saturday, 14<sup>th</sup> March 2026

1. The meet will be swum under the following rules and conditions:

World Aquatics Rules, Swim Wales Rules and Llanelli Open Meet Conditions.

2. All entrants must be members of an Affiliated Club

3. **Age groups:**

Boys and Girls: 8 (50m events and 100 IM only), 9/10, 11/12, 13/14,15/OV

4. **Events:**

All events will be Heat Declared Winner (HDW)

50m Butterfly, Backstroke, Breaststroke & Freestyle

100m Butterfly, Backstroke, Breaststroke & Freestyle

200m Butterfly, Backstroke, Breaststroke, Freestyle

100m Individual Medley (8, 9/10 years only)

200m Individual Medley (11/Over)

5. **Entries:**

Electronic entries using Hy-Tek Team Manager or Swim Manager is the preferred method of entry. The events file for use with TM and SM is available from both the Swim Wales website and on the West Wales site under the 'Other Meets' menu item at:

[www.westwalesswim.org.uk](http://www.westwalesswim.org.uk)

Electronic entries should be emailed to:

[robwilliams1145@gmail.com](mailto:robwilliams1145@gmail.com)

Completed chaperone forms, payment summary sheets, etc should also be emailed to:

[robwilliams1145@gmail.com](mailto:robwilliams1145@gmail.com)

Entry fees may be paid by BACS:

**Name:** Llanelli Amateur Swimming and Water Polo Club

**Account No:** 04022475

**Sort Code:** 40-43-31

**Reference:** Please use "LL26" followed by your four digit team code. e.g for Llanelli the reference would be "LL26LLLY", for Swansea Aquatics it would be "LL26SWAY", etc

If payment is made via BACS then a confirmation email stating the amount and date of payment is also required to: [robwilliams1145@gmail.com](mailto:robwilliams1145@gmail.com)

Alternatively, payment may be made by a SINGLE cheque to cover all entries and coach/chaperone poolside passes. Cheques should be payable to "Llanelli ASC" and sent to Rob Williams, 12 Park Terrace, Pontarddulais, Swansea. SA4 8HS.

6. In the event of the meet being oversubscribed the meet organisers reserve the right to limit (scratch) entries. If 'scratching' is necessary priority will be given to Llanelli swimming club members. For scratching, swimmers with the **SLOWEST** times will be scratched first. Entries are not confirmed until the draft entry list is published after close of entries.

Any swimmers not accepted will have their fees returned. The club Treasurer will contact clubs to arrange any refunds.

7. No swimmers may enter events "Out of Age".
8. Enter event numbers and entry times in the appropriate boxes on the entry form. **Please note that a random selection of submitted times will be checked against the ASA Rankings Database. Entry times which cannot be confirmed in the database will be refused and NO entry fees will be refunded.**
9. All entries to be accompanied by the correct fee (£7.50 per event), a payment summary sheet, and completed coach/chaperone accreditation forms where appropriate. Please see page 2 of this document for payment details.

Please note that no refund of entry fees will be made for withdrawals after the closing date (**Monday, 23<sup>rd</sup> February 2026**) except with a doctor's note. In this situation the doctor's note will only be accepted up until mid-day on the day before the start of the meet. Notes received after this time will not be considered for refunds.

10. Closing date for entries: **Monday, 23<sup>rd</sup> February, 2026.**

11. Clubs may have a maximum of two poolside managers at each session unless by prior arrangement with the meet organisers. These will be admitted with a special pass ordered beforehand - £12.00 per person. Coaches, Team Managers etc without a pass will not be allowed onto the poolside.

All Coaches and Chaperones who will be on the poolside at any time during the competition, must have individual accreditation obtained by completing the official form enclosed in this information pack. Completed forms must be accompanied by a passport size photograph.

Applicants must have a valid DBS, safeguarding qualification, an active membership and the relevant role related qualification. E.g. Coaches qualification or a Team Manager qualification.

Passes will need to be worn at all times. Anyone without a pass will be asked to leave poolside/changing area.

The closing date for passes will be the same as the closing date for entries. Applications will not be accepted on the day.

12. Team managers must ensure that swimmers are available to the marshals two heats before their swim.
13. Awards to the first three in all events.
14. All swimmers must be amateurs as defined by Swim Wales law.

15. **Ages as at the day of the meet. i.e. 14<sup>th</sup> March 2026.**

16. Clubs will be sent confirmation of the entries entered into the computer.

17. Programmes for the meet will be published in advance showing the heat & lane allocation of each swimmer for each event. When a swimmer fails to show in the marshalling area prior to the start of the race then that lane will be left empty. No substitute swimmers will be allowed.

18. The first session will have warm up at 8.00am with start time to be confirmed. Warm up and start times for sessions 2 & 3 will be confirmed when all entries have been received and processed. Details will be returned with the confirmation of entries.

## **Health & Safety**

In addition to the above meet conditions a number of Health and Safety rules as laid down by Swim Wales must be observed:

All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times

It is the responsibility of the swimmer and/or parent/guardian to declare to the referee any disability or medical condition that could present a health or safety risk

If such a disability or medical condition exists, swimmers must produce a medical note confirming that their participation presents no health or safety problems

All swimmers, officials, volunteers, spectators, and visitors are required, at all times, to abide by the rules set out in the Pool Operating Procedures and / or the Normal Operating Procedures & Emergency Action Plan for the facility hired for the meet

## **Unacceptable Behaviour**

Behaviour becomes “unacceptable” when it is considered “Offensive” to others; this includes, but is not limited to, the following:

Theft, wilful damage to property and / or equipment, acts of vandalism, abuse of alcohol and / or drugs, bullying, offensive language, aggressive / violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions / directions, actions that bring the sport of swimming into disrepute.

## **Competitive Start Award**

Swimmers must have attained the standard of the Competitive Start Award in order to start from the blocks; (this is the responsibility of the club coach).

Swimmers who have not attained the standard of the Competitive Start Award must lower themselves into over the side into the water, on the long whistle of the Referee before starting at an appropriate place.

## **Jewellery**

“For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands).

Swim Wales will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.”

## **Video and Photography.**

Llanelli ASC will adhere to the Swim Wales Film and Photography Policy as outlined below.

### **Swim Wales Film and Photography Policy**

Please be advised that photographs and videos may be taken at this event. Swim Wales are aware of the wide range of devices including mobile telephones that have photographic and filming capabilities. This enables the capture of both static and moving images. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or identity of a child/children which may present a risk of harm to the child/children concerned. The use of such equipment is difficult to control but we can all be vigilant. If you have any concerns or safeguarding queries, please bring them to the immediate attention of the event management team. The full swim Wales Photography Guidance Policy can be found on the Swim Wales website.

19. All correspondence to:

Rob Williams, 12 Park Terrace, Pontarddulais, Swansea. SA4 8HS.

Email: [robwilliams1145@gmail.com](mailto:robwilliams1145@gmail.com)

**Llanelli Open Meet 2026**  
**SATURDAY, 14<sup>th</sup> March 2026**  
**Canolfan Pentre Awel, Llanelli. SA15 2EZ.**

**Programme of Events – All Events HDW**

Session 1				
Event No	Gender	Age Groups	Distance	Stroke
1	Boys	8, 9/10	100	IM
2	Girls	8, 9/10	100	IM
3	Boys	8, 9/10, 11/12, 13/14, 15+	50	Backstroke
4	Girls	8, 9/10, 11/12, 13/14, 15+	50	Backstroke
5	Boys	9/10, 11/12, 13/14, 15+	200	Breaststroke
6	Girls	9/10, 11/12, 13/14, 15+	200	Breaststroke
7	Boys	9/10, 11/12, 13/14, 15+	100	Butterfly
8	Girls	9/10, 11/12, 13/14, 15+	100	Butterfly
9	Boys	9/10, 11/12, 13/14, 15+	200	Freestyle
10	Girls	9/10, 11/12, 13/14, 15+	200	Freestyle

Session 2				
Event No	Gender	Age Groups	Distance	Stroke
20	Boys	11/12, 13/14, 15+	200	IM
21	Girls	9/10, 11/12, 13/14, 15+	100	Backstroke
22	Boys	9/10, 11/12, 13/14, 15+	100	Backstroke
23	Girls	8, 9/10, 11/12, 13/14, 15+	50	Breaststroke
24	Boys	8, 9/10, 11/12, 13/14, 15+	50	Breaststroke
25	Girls	9/10, 11/12, 13/14, 15+	200	Butterfly
26	Boys	9/10, 11/12, 13/14, 15+	200	Butterfly
27	Girls	9/10, 11/12, 13/14, 15+	100	Freestyle
28	Boys	9/10, 11/12, 13/14, 15+	100	Freestyle

Session 3				
Event No	Gender	Age Groups	Distance	Stroke
30	Girls	11/12, 13/14, 15+	200	IM
31	Boys	9/10, 11/12, 13/14, 15+	200	Backstroke
32	Girls	9/10, 11/12, 13/14, 15+	200	Backstroke
33	Boys	8, 9/10, 11/12, 13/14, 15+	50	Butterfly
34	Girls	8, 9/10, 11/12, 13/14, 15+	50	Butterfly
35	Boys	9/10, 11/12, 13/14, 15+	100	Breaststroke
36	Girls	9/10, 11/12, 13/14, 15+	100	Breaststroke
37	Boys	8, 9/10, 11/12, 13/14, 15+	50	Freestyle
38	Girls	8, 9/10, 11/12, 13/14, 15+	50	Freestyle

Session 1 will have warmup at 8.00am. Subsequent warmup and start times will be confirmed when all entries have been received and processed. Details will be returned with the confirmation of entries.

# Llanelli Amateur Swimming Club - Open Meet 2026 - Entry Form

For all events in this meet, age groups will be as of 14<sup>th</sup> March 2026

Name: \_\_\_\_\_

Date of Birth: DD/MM/YYYY

Gender: Male/Female (Please delete as appropriate)

Swim Wales/ASA Registration Number: \_\_\_\_\_

Club: \_\_\_\_\_ Contact Name: \_\_\_\_\_

Contact Telephone Number: \_\_\_\_\_

Contact email address: \_\_\_\_\_

**Please note that 8 year old swimmers may only enter the 50m events and the 100m IM.**

		Event No	Entry Time	LC	SC
Freestyle	50				
	100				
	200				
Backstroke	50				
	100				
	200				
Breaststroke	50				
	100				
	200				
Butterfly	50				
	100				
	200				
Individual	100 (8/10)				
Medley (IM)	200 (11/OV)				

Total number of entries on this sheet:  X £7.50 =  £

Please see page 2 of this meet pack for payment details.

**Closing date for entries: Monday 23<sup>rd</sup> February 2026**

Entries to: Rob Williams, 12 Park Terrace, Pontarddulais, Swansea. SA4 8HS  
[robwilliams1145@gmail.com](mailto:robwilliams1145@gmail.com)

**Llanelli Amateur Swimming Club  
Open Meet – 14<sup>th</sup> March 2026**

Affix passport style  
photograph here  
or  
preferably send picture via  
email to

[robwilliams1145@gmail.com](mailto:robwilliams1145@gmail.com)

**COACH/CHAPERONE ACCREDITATION FORM**

PLEASE COMPLETE THIS FORM IN BLOCK CAPITALS

FULL NAME: \_\_\_\_\_

CLUB: \_\_\_\_\_

POSITION (e.g. Club Coach) \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

POST CODE: \_\_\_\_\_

TEL. NO. \_\_\_\_\_

EMAIL: \_\_\_\_\_

SWIM WALES OR ASA REG. NO. \_\_\_\_\_

DBS NUMBER: \_\_\_\_\_

Please note that only members who. have a valid DBS, safeguarding qualification, an active membership and the relevant role related qualification e.g. coaches qualification or a team manager qualification are eligible for a coach/chaperone pass

No passes will be available on the day and must be purchased beforehand.

There will be no access to the poolside without a coach/chaperone pass.

All completed forms to be returned to Rob Williams.

**Closing Date: Monday, 23<sup>rd</sup> February 2026**



## Llanelli ASC – Open Meet 2026

### Payment Summary Sheet

Please complete the following Payment Summary Sheet and return with entries.

Club: \_\_\_\_\_

Contact Name \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

No. Coach Passes

X £12.00 = £

Total Individual Entries

X £7.50 = £

Total Amount Due: £

Please return with entries to:

Rob Williams,  
12 Park Terrace,  
Pontarddulais,  
Swansea.  
SA4 8HS

Email: [robwilliams1145@gmail.com](mailto:robwilliams1145@gmail.com)