

West Wales Regional LC Champs - Feb. 2026

Confirmed Session Times

Date	Session	Warm-up	Start	Estimated Finish	Events
Fri 6th Feb	1	16.30 - 17.20	17.30	20.35	111 - 116
Sat 7th Feb	2	08.00 - 08.50	09.00	11.40	211 - 219
	3	11.55 - 12.45	12.55	15.20	221 - 228
	4	15.35 - 16.25	16.35	18.55	231 - 239
Sun 8th Feb	5	08.00 - 08.50	09.00	11.35	311 - 319
	6	11.50 - 12.40	12.50	15.20	321 - 328
	7	15.35 - 16.25	16.35	18.35	331 - 339