

West Wales Regional LC Championships 2026 - 06/02/2026 to 08/02/2026

Meet Program - Session 1 (Warmup 4.30 - 5.20)

Event 111 Boys 11 & Over 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

1				—
2				—
3	Wickland, Jonah	11	PembrokeDist	43.63
4	Rees, Oscar	13	Llanelli	42.70
5	Treinis, Lucian	12	Tenby	42.75
6				—
7				—
8				—

Heat 2 of 8 Finals

1	May-John, Dylan	11	Aberystwyth	42.10
2	Lloyd, Vincent-Owen	13	Llanelli	40.60
3	Antwhistle, Isaac	14	Swansea Aq	38.00
4	Bool, Iolo	13	Pembs Cty	37.90
5	Monan, Euan	13	Pembs Cty	38.00
6	Lewis, Gethin	12	Neath	38.30
7	Pirmohamed, Eshan	13	Swansea Aq	41.70
8				—

Heat 3 of 8 Finals

1	Jermin, Morgan	13	Llanelli	36.90
2	Pyzer, Cyrus Alexander	13	Carmarthen	36.60
3	Jones, Dafydd	14	Carmarthen	36.30
4	Foale, Jack	16	Aberystwyth	35.20
5	Waters, Toby	15	Swansea Aq	35.55
6	Lewis, Henry	14	Neath	36.36
7	Moore, Hari	14	Pembs Cty	36.72
8	Leahy, Herbie	12	Pembs Cty	37.30

Heat 4 of 8 Finals

1	Dadswell, Harry	13	Pembs Cty	34.36
2	Grugel, Sam	16	C Dolphins	33.98
3	Lewis, Callum	17	Milford Havn	33.40
4	Hall, Ethan	17	Fishguard	33.25
5	Marques-Jones, Felix	14	Carmarthen	33.26
6	Hale, Oliver	15	Swansea Aq	33.80
7	Lewis, Cian	17	Neath	34.14
8	Williams, Lucas	12	Swansea Aq	34.80

Heat 5 of 8 Finals

1	Thomas, Tristan	16	Pembs Cty	33.02
2	King, Ethan	14	Penyrheol	32.59
3	Noden, Rory	14	Pembs Cty	32.30
4	Morgan, Cole	15	C Dolphins	31.69
5	Bevan, Driw	14	Llanelli	32.05
6	Smith, Caelan	16	Haverfordwes	32.50
7	Lerigo, Oli	16	Aberystwyth	32.60
8	Banner, Harry	14	Penyrheol	33.19

Heat 6 of 8 Finals

1	Fogarty, Oliver	14	Pembs Cty	30.09
2	McIntyre, Jonah	21	Swansea Uni	29.57
3	Jones, Lloyd	23	Swansea Uni	28.80
4	Chapman, Nathan	22	Swansea Uni	28.17
5	Thomas, Iolo	16	Neath	28.26
6	Chapman, Coby	17	Penyrheol	29.03
7	Galbraith, Elian	17	Llanelli	29.78
8	Poole, Tomos	16	Afan Valley	31.36

Heat 7 of 8 Finals

1	Major, Seb	20	Swansea Uni	27.74
2	Upton-Boorman, Liam	19	Nofio S Gar	27.52
3	Kershaw, Charles	24	Swansea Uni	26.92
4	Smith, Eamon	22	Swansea Uni	26.83
5	Hawkins, Alfie	19	Swansea Uni	26.90
6	Silverstone, Sol	17	Pembs Cty	27.27
7	West, Dexter	17	Pembs Cty	27.64
8	Helps, Jacob	20	Swansea Uni	27.84

Heat 8 of 8 Finals

1	Kamel, Yassin	17	Swansea Uni	26.47
2	Docking-Smith, Frankie	22	Swansea Uni	25.65
3	Greenway, Morgan	23	Swansea Uni	24.95
4	Armon, Jacob	23	Swansea Uni	24.80
5	Murray, Ross	21	Swansea Uni	24.95
6	Poole, Dexter	21	Swansea Uni	25.13
7	Staines, Luca	22	Swansea Uni	25.92
8	Panaretos, Pani	24	Swansea Uni	26.77

Event 112 Girls 11 & Over 1500 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

1				—
2	Morgan, Iolah	12	Haverfordwes	24:48.81
3	Roberts Mylan, Sophie	14	Swansea Aq	22:55.20
4	Fenemore, Emily Grace	14	Carmarthen	22:46.90
5	Gardner-Rolfe, Mia	14	Swansea Aq	22:51.90
6	Williams, Fay	14	Swansea Aq	24:19.10
7				—
8				—

Heat 2 of 3 Finals

1	Kurys, Millie	12	Carmarthen	22:13.10
2	Cooper, Megan	18	Neath	21:02.75
3	Hall, Isabelle	15	Pembs Cty	20:37.80
4	Moorby, Charlie	20	Swansea Uni	20:12.96
5	Powell, Nina Lily Truda	14	Carmarthen	20:37.30
6	Davies, Elizabeth	13	Pembs Cty	20:55.10
7	Jenkins, Elli	15	Swansea Aq	21:13.70
8	Williams, Eirwen	14	Neath	22:21.29

Heat 3 of 3 Finals

1	Davies, Ava-Rose	13	Nofio S Gar	20:10.06
2	Clissold, Bronwyn	18	Pembs Cty	19:29.10
3	Philpott, Ffion	17	Nofio S Gar	18:48.94
4	Johnson, Charlotte	23	Swansea Uni	17:48.56
5	Roberts, Megan	19	Swansea Uni	18:28.67
6	Clissold, Elizabeth	20	Pembs Cty	19:21.40
7	Morgan, Evelyn	15	Nofio S Gar	20:00.26
8	Hall, Ellena	15	Pembs Cty	20:10.60

Event 113 Boys 11 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

1				—
2	Fenn, William	11	Swansea Aq	49.20
3	May-John, Dylan	11	Aberystwyth	47.20
4	Taylor, Kingsley	11	Swansea Aq	46.40
5	Mills, Flynn	12	Milford Havn	46.56
6	Filmer, Owen	11	Aberystwyth	48.40
7	Moore, Freddy	11	Fishguard	49.74
8				—

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Meet Program - Session 1 (Warmup 4.30 - 5.20)

Heat 2 Finals (#113 Boys 11 & Over 50 LC Meter Backstroke)

1	Falconer, Jacob	12	Neath	45.17	___
2	Fretwell, Logan	12	Milford Havn	44.14	___
3	Pirmohamed, Eshan	13	Swansea Aq	43.30	___
4	Lewis, Gethin	12	Neath	39.50	___
5	Jones, Carter	13	Swansea Aq	40.80	___
6	Treinis, Lucian	12	Tenby	43.66	___
7	Rees, Oscar	13	Llanelli	44.20	___
8	Lewis, Ollie	12	Afan Valley	46.20	___

Heat 3 of 8 Finals

1	Abell, Ronan	14	Neath	39.18	___
2	Sursona, Mateo	13	Carmarthen	38.30	___
3	Moore, Hari	14	Pembs Cty	37.84	___
4	Jermin, Morgan	13	Llanelli	37.73	___
5	Fogarty, Oliver	14	Pembs Cty	37.80	___
6	Pyzer, Cyrus Alexander	13	Carmarthen	37.90	___
7	Leahy, Herbie	12	Pembs Cty	39.10	___
8	Lewis, Henry	14	Neath	39.40	___

Heat 4 of 8 Finals

1	Dadswell, Harry	13	Pembs Cty	37.40	___
2	Green, William	14	Aberystwyth	36.90	___
3	Lewis, Callum	17	Milford Havn	36.65	___
4	Marques-Jones, Felix	14	Carmarthen	35.80	___
5	Higgins, Finley	15	Swansea Aq	36.30	___
6	Phillips, Gethin	15	Haverfordwes	36.80	___
7	Bool, Iolo	13	Pembs Cty	37.10	___
8	Williams, Lucas	12	Swansea Aq	37.40	___

Heat 5 of 8 Finals

1	Monan, Euan	13	Pembs Cty	35.65	___
2	Waters, Toby	15	Swansea Aq	34.90	___
3	Jones, Dafydd	14	Carmarthen	34.30	___
4	Hale, Oliver	15	Swansea Aq	34.20	___
5	Bevan, Driw	14	Llanelli	34.20	___
6	Hall, Ethan	17	Fishguard	34.78	___
7	Poole, Tomos	16	Afan Valley	35.40	___
8	Banner, Harry	14	Penyrheol	35.66	___

Heat 6 of 8 Finals

1	Lerigo, Oli	16	Aberystwyth	33.70	___
2	Morgan, Cole	15	C Dolphins	32.09	___
3	Galbraith, Elian	17	Llanelli	31.40	___
4	Kamel, Yassin	17	Swansea Uni	29.70	___
5	King, Ethan	14	Penyrheol	30.33	___
6	Gray, Gruffudd	17	Swansea Aq	31.60	___
7	Noden, Rory	14	Pembs Cty	32.80	___
8	Thomas, Tristan	16	Pembs Cty	34.20	___

Heat 7 of 8 Finals

1	Thomas, Iolo	16	Neath	28.94	___
2	White, Adam	19	Swansea Uni	28.84	___
3	Jasinski, Hubert	19	Swansea Uni	28.48	___
4	Hawkins, Alfie	19	Swansea Uni	27.80	___
5	West, Dexter	17	Pembs Cty	27.90	___
6	Upton-Boorman, Liam	19	Nofio S Gar	28.83	___
7	Silverstone, Sol	17	Pembs Cty	28.90	___
8	Ryan, Sam	20	Swansea Uni	28.99	___

Heat 8 of 8 Finals

1	Nikolaou, Antonio	23	Swansea Uni	27.03	___
2	Sadberry, Jack	22	Swansea Uni	26.69	___
3	Turner, Harry	27	Swansea Uni	25.95	___
4	Barlow, Oscar	21	Swansea Uni	24.99	___
5	Hollinsky, Gideon	21	Swansea Uni	25.57	___
6	Chan, Jacky	19	Swansea Uni	26.50	___
7	Morgan, dom	21	Swansea Uni	27.01	___
8	Johnstone, Dan	19	Swansea Uni	27.44	___

Event 114 Girls 11 & Over 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 16 Finals

1					___
2					___
3	Roberts, Xyla	11	Afan Valley	49.30	___
4	Watkins, Eleanor	12	Afan Valley	46.88	___
5	Nicklin, Parker	11	Amman Valley	48.06	___
6					___
7					___
8					___

Heat 2 of 16 Finals

1	Tooze, Moli	12	Aberystwyth	46.40	___
2	Brook, Amelia	13	Aberystwyth	45.10	___
3	Dashfield, Olivia	13	Pembs Cty	44.60	___
4	Organ, Eleanor	11	Swansea Aq	43.22	___
5	Bullock, Georgia May	13	Carmarthen	44.10	___
6	Lennon, Amelia-Rose	12	Carmarthen	44.70	___
7	Gil Wood, Sofia	11	Swansea Aq	45.40	___
8					___

Heat 3 of 16 Finals

1	Roberts, Arwyn	13	Afan Valley	42.80	___
2	Prince, Edith	12	Swansea Aq	42.00	___
3	Snellgrove, Maddie	12	Neath	41.47	___
4	Morris, Ffion	14	Pembs Cty	41.16	___
5	Iturbe, Carys	13	Afan Valley	41.34	___
6	Harvey-Flinn, Ruby	13	Swansea Aq	41.50	___
7	Prosser, Mia	11	Tenby	42.05	___
8	Oseng-Rees, Eira	13	Swansea Aq	42.80	___

Heat 4 of 16 Finals

1	Arnold, Olivia	13	Milford Havn	40.85	___
2	Thomas, Eden	13	Neath	40.61	___
3	Kurys, Bonnie Phoebe	13	Carmarthen	40.50	___
4	Duncan, Ava	14	Amman Valley	40.10	___
5	Holness, Camille	12	Swansea Aq	40.30	___
6	Mason, Ezmee	13	Pembs Cty	40.60	___
7	Williams, Evie	13	Pembs Cty	40.70	___
8	Edmunds, Freya	13	Llanelli	41.10	___

Heat 5 of 16 Finals

1	Titley, Lola	14	Milford Havn	39.72	___
2	Davies, Alana	14	Neath	39.42	___
3	Williams, April	12	Swansea Aq	39.30	___
4	Baylis, Ellie	14	Penyrheol	39.20	___
5	Davies, Betsi	14	Pembs Cty	39.20	___
6	Hopkins, Darcy	13	Penyrheol	39.30	___
7	Enoch, Erin Lois	12	Carmarthen	39.50	___
8	Couzens, Sibylla	15	Pembs Cty	39.90	___

West Wales Regional LC Championships 2026 - 06/02/2026 to 08/02/2026

Meet Program - Session 1 (Warmup 4.30 - 5.20)

Heat 6 Finals (#114 Girls 11 & Over 50 LC Meter Butterfly)

1	Shelmerdine, Molly	11	Neath	39.17	_____
2	Wells, Iris	15	C Dolphins	39.02	_____
3	Pinnock, Betsan	14	Swansea Aq	38.40	_____
4	Davies, Cadi	15	C Dolphins	38.36	_____
5	Owen, Maisie	13	Neath	38.39	_____
6	Hawkins, Lottie	13	Pembs Cty	38.90	_____
7	Butcher, Freya	11	Swansea Aq	39.15	_____
8	Francis, Mia	13	Pembs Cty	39.20	_____

Heat 7 of 16 Finals

1	Gardner-Rolfe, Mia	14	Swansea Aq	37.90	_____
2	Coles, Aria	13	Neath	37.03	_____
3	Foldi, Kristina	14	Pembs Cty	36.70	_____
4	Gwenter, Isobel	12	Neath	36.52	_____
5	Jones, Alexa	13	Llanelli	36.58	_____
6	Roberts Mylan, Ffion	14	Swansea Aq	36.90	_____
7	Griffiths, Isla	13	Tenby	37.87	_____
8	Henson, Jessica	13	Pembs Cty	38.20	_____

Heat 8 of 16 Finals

1	Kasto, Evie	15	Swansea Aq	36.39	_____
2	Jones, Myla	11	Swansea Aq	36.20	_____
3	Gil Wood, Elena	14	Swansea Aq	36.20	_____
4	Harris, Chloe	14	C Dolphins	35.74	_____
5	Morris, Besi	13	Amman Valley	35.80	_____
6	Kurys, Millie	12	Carmarthen	36.20	_____
7	Kaill-Franks, Nia	15	Pembs Cty	36.21	_____
8	Kenny, Jemima	15	Pembs Cty	36.40	_____

Heat 9 of 16 Finals

1	Mason, Phoebe	16	Pembs Cty	35.20	_____
2	Mitrjaikina, Scarlet	14	Swansea Aq	35.07	_____
3	Parry, Abi	13	Nofio S Gar	34.75	_____
4	Jones, Hunydd	15	Nofio S Gar	34.61	_____
5	Griffiths, Ffion	15	Pembs Cty	34.70	_____
6	Davies, Erin	15	C Dolphins	34.87	_____
7	Pearce, Ava	15	Afan Valley	35.10	_____
8	Dyde, Pheobe	14	Pembs Cty	35.67	_____

Heat 10 of 16 Finals

1	Short, Amelia	15	Neath	34.54	_____
2	Filmer, Gwennan	14	Aberystwyth	34.20	_____
3	Goodman, Evie	15	Swansea Aq	34.15	_____
4	Beasley, Evaleigh	13	Swansea Aq	34.09	_____
5	Upton-Boorman, Isabella	16	Nofio S Gar	34.15	_____
6	Morris, Blair	13	Neath	34.18	_____
7	Patterson, Hollie May	15	Carmarthen	34.30	_____
8	George, Eilir	16	Llanelli	34.60	_____

Heat 11 of 16 Finals

1	Ostrowski, Julia	17	Pembs Cty	34.00	_____
2	Evans, Cadi	14	Penyrheol	33.80	_____
3	King, Marley	18	Penyrheol	33.60	_____
4	Richardson, Beca	16	Swansea Aq	33.20	_____
5	Miles, Megan	18	Pembs Cty	33.23	_____
6	Davies, Eva	15	Afan Valley	33.70	_____
7	Goodman, Lola	15	Swansea Aq	33.90	_____
8	Phillips, Emily	18	Neath	34.02	_____

Heat 12 of 16 Finals

1	Jenkins, Alexandra	17	Swansea Aq	33.13	_____
2	Hnoiana, Valya	14	Swansea Aq	33.00	_____
3	Williams, Hollie	19	Nofio S Gar	32.92	_____
4	Lewis, Evie	13	Pembs Cty	32.79	_____
5	Mcfarlane, Una	15	Pembs Cty	32.90	_____
6	Rowland, Scarlett	14	Neath	32.94	_____
7	Holmes, Seren	17	Afan Valley	33.07	_____
8	Summerfield, Lucy	14	Llanelli	33.15	_____

Heat 13 of 16 Finals

1	Koo, Kathryn	17	Pembs Cty	32.38	_____
2	Gilderdale, Celyn	18	Pembs Cty	32.27	_____
3	Stokes, Aimee	22	Swansea Uni	32.10	_____
4	Dash, Amelie	15	Pembs Cty	31.93	_____
5	Carter, Ava	18	Penyrheol	32.00	_____
6	Burns, Freya	15	Nofio S Gar	32.10	_____
7	Williams, Marys	17	Swansea Aq	32.31	_____
8	Knight, Cari	18	Penyrheol	32.67	_____

Heat 14 of 16 Finals

1	Owen, Kessie	18	Neath	31.46	_____
2	Davies, Rachel	21	Swansea Uni	31.22	_____
3	Berner, Iyla	13	Nofio S Gar	31.11	_____
4	Bissicks, Ella	19	Swansea Uni	30.77	_____
5	Taffetsauffer, Isabella	15	Nofio S Gar	31.04	_____
6	Davies, Isla	13	Nofio S Gar	31.14	_____
7	Goodliffe, Faith	26	C Dolphins	31.28	_____
8	Weaver, Poppy	19	Swansea Uni	31.64	_____

Heat 15 of 16 Finals

1	Griffiths, Cerys	16	Pembs Cty	30.48	_____
2	Nichols, Grace	16	Pembs Cty	30.15	_____
3	Lewis, Lowri	20	Neath	30.14	_____
4	Davis, Bethan	21	Swansea Uni	29.93	_____
5	Blanch, Janelle	19	Swansea Uni	30.10	_____
6	Smart, Charlotte	19	Swansea Uni	30.15	_____
7	Geach, Libbie	17	Nofio S Gar	30.19	_____
8	Bissicks, Cari	15	Neath	30.64	_____

Heat 16 of 16 Finals

1	Lush, Emily	24	Swansea Uni	29.66	_____
2	Willis, Hannah	21	Swansea Uni	29.24	_____
3	Dickinson, Jess	21	Swansea Uni	28.76	_____
4	Morris, Ciara	24	Swansea Uni	27.30	_____
5	Crawley, Abi	21	Swansea Uni	28.76	_____
6	McGrath, Izzy	20	Swansea Uni	29.07	_____
7	Dewsbury, Daisy	21	Swansea Uni	29.60	_____
8	Rees, Katie	28	Swansea Uni	29.78	_____

Event 115 Boys 11 & Over 1500 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1				_____
2	Phillips, Finley	16	Nofio S Gar	21:40.39
3	Burt, Caio	16	Llanelli	19:21.90
4	Evans, Sam	14	Pembs Cty	19:10.71
5	Harwood, Jack	15	Pembs Cty	19:16.10
6	Higgins, Finley	15	Swansea Aq	20:49.00
7				_____
8				_____

West Wales Regional LC Championships 2026 - 06/02/2026 to 08/02/2026

Meet Program - Session 1 (Warmup 4.30 - 5.20)

Heat 2 Finals (#115 Boys 11 & Over 1500 LC Meter Freestyle)

1	Williams, Thomas	16	Nofio S Gar	17:48.05	___
2	Bradley, Mathew Bradley	20	Swansea Uni	17:06.77	___
3	Mistry, Manav Mistry	19	Swansea Uni	16:43.03	___
4	Neaves, Archie	21	Swansea Uni	16:30.82	___
5	Twigger, Owen	17	Swansea Aq	16:42.30	___
6	Harris, Dan or Daniel	19	Swansea Uni	16:55.59	___
7	Bennett, Finley	17	Pembs Cty	17:39.99	___
8	Morgan, Ben	17	Pembs Cty	19:00.20	___

Event 116 Girls 11 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 16 Finals

1					___
2	Edmunds, Jessica S14	17	Llanelli	58.70	___
3	Raistrick, Evelyn	11	Amman Valley	51.30	___
4	Gregory, Grace	11	Amman Valley	49.30	___
5	Griffith, Ariana	11	Swansea Aq	50.40	___
6	Burley, Florence	11	Neath	51.87	___
7					___
8					___

Heat 2 of 16 Finals

1	Llewellyn, Anwen	12	Haverfordwes	48.60	___
2	Popham, Nyla	12	Swansea Aq	48.20	___
3	Phillips, Grace	11	Swansea Aq	47.00	___
4	Roberts, Xyla	11	Afan Valley	45.90	___
5	Roberts, macy	13	Afan Valley	47.00	___
6	Nicholas, Annie	12	Milford Havn	47.35	___
7	Kiernan, Emily	12	Swansea Aq	48.30	___
8	Jermin, Martha	11	Llanelli	49.10	___

Heat 3 of 16 Finals

1	Burton, Darcie	12	Swansea Aq	45.60	___
2	Antwhistle, Esme	12	Swansea Aq	45.30	___
3	Davies, Phoebe	12	Tenby	44.82	___
4	McFarlane, Mali	12	Milford Havn	44.67	___
5	Knight, Anna	13	C Dolphins	44.70	___
6	Thomas, Lili-rose	13	Neath	45.26	___
7	Cleverley, Tahlia	12	Haverfordwes	45.60	___
8	Organ, Tahnor	11	Swansea Aq	45.76	___

Heat 4 of 16 Finals

1	Bullock, Georgia May	13	Carmarthen	44.40	___
2	Roberts, Arwyn	13	Afan Valley	44.20	___
3	Joseph, Ellie	14	C Dolphins	44.05	___
4	Snellgrove, Maddie	12	Neath	43.85	___
5	Morris, Megan	13	Neath	43.98	___
6	Williams, Eva	12	Swansea Aq	44.10	___
7	Nicklin, Parker	11	Amman Valley	44.20	___
8	Madge, Brianna	12	C Dolphins	44.44	___

Heat 5 of 16 Finals

1	Monan, Hazel	11	Tenby	43.21	___
2	Iturbe, Carys	13	Afan Valley	43.20	___
3	Soul, Anna	12	Swansea Aq	42.90	___
4	Prosser, Mia	11	Tenby	42.74	___
5	Dashfield, Olivia	13	Pembs Cty	42.80	___
6	Shelmerdine, Molly	11	Neath	43.03	___
7	Edmunds, Freya	13	Llanelli	43.20	___
8	Tooze, Moli	12	Aberystwyth	43.80	___

Heat 6 of 16 Finals

1	Clement, Darcey	14	Afan Valley	42.50	___
2	Mason, Ezmee	13	Pembs Cty	42.14	___
3	Titley, Lola	14	Milford Havn	41.72	___
4	Arnold, Olivia	13	Milford Havn	41.64	___
5	Morgan, Iolah	12	Haverfordwes	41.70	___
6	Husband, Alysia	11	Haverfordwes	42.00	___
7	Hope, Brooke	12	Tenby	42.35	___
8	Brook, Amelia	13	Aberystwyth	42.50	___

Heat 7 of 16 Finals

1	Couzens, Sibylla	15	Pembs Cty	41.20	___
2	Hopkins, Darcy	13	Penyrheol	41.10	___
3	Henson, Jessica	13	Pembs Cty	40.90	___
4	Oseng-Rees, Eira	13	Swansea Aq	40.60	___
5	Rabaiotti, Orla-Rae	11	Swansea Aq	40.70	___
6	Holness, Camille	12	Swansea Aq	40.90	___
7	Lennon, Amelia-Rose	12	Carmarthen	41.20	___
8	Jenkins, Olivia	13	Swansea Aq	41.40	___

Heat 8 of 16 Finals

1	Enoch, Erin Lois	12	Carmarthen	40.30	___
2	Baylis, Ellie	14	Penyrheol	40.00	___
3	Butcher, Freya	11	Swansea Aq	39.93	___
4	Wells, Iris	15	C Dolphins	39.83	___
5	Davies, Betsi	14	Pembs Cty	39.90	___
6	Davies, Cadi	15	C Dolphins	39.95	___
7	Francis, Mia	13	Pembs Cty	40.00	___
8	Massey, Mia	14	C Dolphins	40.53	___

Heat 9 of 16 Finals

1	Thomas, Eden	13	Neath	39.26	___
2	Gardner-Rolfe, Mia	14	Swansea Aq	38.90	___
3	Roberts Mylan, Ffion	14	Swansea Aq	38.80	___
4	Kaill-Franks, Nia	15	Pembs Cty	38.70	___
5	Duncan, Ava	14	Amman Valley	38.70	___
6	Williams, Evie	13	Pembs Cty	38.85	___
7	Dyde, Pheobe	14	Pembs Cty	39.20	___
8	Williams, April	12	Swansea Aq	39.30	___

Heat 10 of 16 Finals

1	Foldi, Kristina	14	Pembs Cty	38.60	___
2	Jones, Alexa	13	Llanelli	38.50	___
3	Holloway, Olivia	17	Afan Valley	38.20	___
4	Griffiths, Isla	13	Tenby	38.10	___
5	Jones, Myla	11	Swansea Aq	38.10	___
6	Davies, Erin	15	C Dolphins	38.47	___
7	Harris, Chloe	14	C Dolphins	38.51	___
8	Mason, Phoebe	16	Pembs Cty	38.60	___

Heat 11 of 16 Finals

1	Owen, Kessie	18	Neath	37.38	___
2	Hawkins, Lottie	13	Pembs Cty	37.00	___
3	Morris, Ffion	14	Pembs Cty	36.40	___
4	Davies, Eva	15	Afan Valley	36.26	___
5	Williams, Marys	17	Swansea Aq	36.30	___
6	Pinnock, Betsan	14	Swansea Aq	36.60	___
7	Parry, Abi	13	Nofio S Gar	37.17	___
8	Kenny, Jemima	15	Pembs Cty	37.60	___

West Wales Regional LC Championships 2026 - 06/02/2026 to 08/02/2026**Meet Program - Session 1 (Warmup 4.30 - 5.20)****Heat 12 Finals (#116 Girls 11 & Over 50 LC Meter Backstroke)**

1	Short, Amelia	15	Neath	36.12	___
2	Miles, Megan	18	Pembs Cty	36.10	___
3	George, Eilir	16	Llanelli	35.80	___
4	Dash, Amelie	15	Pembs Cty	35.80	___
5	Griffiths, Ffion	15	Pembs Cty	35.80	___
6	Morris, Besi	13	Amman Valley	36.00	___
7	Evans, Cadi	14	Penyrheol	36.10	___
8	Goodman, Evie	15	Swansea Aq	36.20	___

Heat 13 of 16 Finals

1	Holmes, Seren	17	Afan Valley	35.70	___
2	Morris, Blair	13	Neath	35.45	___
3	Williams, Paige	14	Swansea Aq	35.00	___
4	Lewis, Carys	19	Swansea Uni	34.87	___
5	Williams, Hollie	19	Nofio S Gar	34.90	___
6	Koo, Kathryn	17	Pembs Cty	35.20	___
7	Ostrowski, Julia	17	Pembs Cty	35.50	___
8	Mcfarlane, Una	15	Pembs Cty	35.76	___

Heat 14 of 16 Finals

1	Beasley, Evaleigh	13	Swansea Aq	34.50	___
2	Geach, Libbie	17	Nofio S Gar	34.30	___
3	Burns, Freya	15	Nofio S Gar	34.00	___
4	Bissicks, Cari	15	Neath	33.93	___
5	Gilderdale, Celyn	18	Pembs Cty	34.00	___
6	King, Marley	18	Penyrheol	34.10	___
7	Upton-Boorman, Isabella	16	Nofio S Gar	34.45	___
8	Goodman, Lola	15	Swansea Aq	34.80	___

Heat 15 of 16 Finals

1	Goodliffe, Faith	26	C Dolphins	33.40	___
2	Jones, Hunydd	15	Nofio S Gar	33.36	___
3	Griffiths, Cerys	16	Pembs Cty	32.80	___
4	Blanch, Janelle	19	Swansea Uni	32.20	___
5	Berner, Iyla	13	Nofio S Gar	32.46	___
6	Taffetsauffer, Isabella	15	Nofio S Gar	33.28	___
7	Stokes, Aimee	22	Swansea Uni	33.40	___
8	Carter, Ava	18	Penyrheol	33.88	___

Heat 16 of 16 Finals

1	Hatton-Ellis, Izzy	18	Swansea Uni	31.60	___
2	McGrath, Izzy	20	Swansea Uni	31.03	___
3	Lush, Emily	24	Swansea Uni	30.88	___
4	Stead, Martha	21	Swansea Uni	30.15	___
5	Nichols, Grace	16	Pembs Cty	30.50	___
6	Willis, Hannah	21	Swansea Uni	30.98	___
7	Davies, Isla	13	Nofio S Gar	31.51	___
8	Smart, Charlotte	19	Swansea Uni	32.00	___